

Student-Athletes' Return to Athletic Participation After Seeking Medical Attention for an Injury

(Sample Guidelines)

When a student-athlete seeks medical attention for an athletic injury, it will be necessary for the attending physician to sign a medical release allowing that student-athlete to return to participation. Coaches may communicate with the physician to find out the extent of the injury, the expected time of recovery and return, and any follow-up therapy, if necessary, to rehabilitate said injury. **Student-athletes seeking medical attention for an athletic injury will not be allowed to return to participation without a signed release from the attending physician.** If a student-athlete seeks medical attention for an athletic injury, **a parent or guardian of the student-athlete must also sign a permission slip allowing his or her return to participation.**

These guidelines do not prevent student-athletes or coaches from communicating with the attending physician regarding reevaluation of an injury. This reevaluation may allow the student-athlete to return to participation earlier than previously diagnosed, if the physician signs an updated medical release.