

2014
REGULAR SEASON SPORTS

SPRING

MANUAL

**IOWA HIGH SCHOOL
ATHLETIC ASSOCIATION
BOONE, IOWA**



INTRODUCTORY INFORMATION – All Sports

IOWA HIGH SCHOOL ATHLETIC ASSOCIATION IOWA GIRLS HIGH SCHOOL ATHLETIC UNION CONCUSSION MANAGEMENT PROTOCOL

Iowa Code Section 280.13C states, in part,

1b. "Annually, each school district and nonpublic school shall provide to the parent or guardian of each student a concussion and brain information sheet, as provided by the Iowa High School Athletic Association and Iowa Girls High School Athletic Union. The student and student's parent or guardian shall sign and return the concussion and brain injury information sheet to the student's school prior to the student's participation in any interscholastic activity for grades seven through twelve.

2. If a student's coach or contest official observes signs, symptoms, or behaviors consistent with a concussion or brain injury in an extracurricular interscholastic activity, the student shall be immediately removed for participation.

3a. A student who has been removed from participation shall not recommence such participation until the student has been evaluated by a licensed health care provider trained in the evaluation and management of concussions and other brain injuries and the student has received written clearance to return to participation from the health care provider.

3b. For the purposes of this section, a **licensed health care provider means a physician, physician's assistant, chiropractor, advanced registered nurse practitioner, nurse, physical therapist, or licensed athletic trainer** licensed by a board designated under section 147.13.

3c. For the purposes of this section, an extracurricular interscholastic activity means any extracurricular interscholastic activity, contest, or practice, including sports, dance, and cheerleading."

IHSAA/IGHSAU Recommended Protocol When a Student Has Sustained a Concussion or other Brain Injury as Defined in Iowa Code Section 280.13C

- 1. No student should return to play/competition or practice (RTP) on the same day s/he sustained a concussion or brain injury, but a licensed health care provider as defined in Iowa Code Section 280.13C makes the final decision regarding (RTP).**
- 2. A licensed health care provider as defined in Iowa Code Section 280.13C should evaluate a student suspected of having a concussion or brain injury on the same day the injury occurs.**
- 3. After receiving medical clearance by a licensed health care provider as defined in Iowa Code Section 280.13C, RTP should follow a stepwise protocol with provisions for delayed RTP based upon the return of any signs or symptoms.**
- 4. Education of contest officials, school coaches and other appropriate school personnel, contestants, parents, and licensed health care providers.**
The Iowa High School Athletic Association and Iowa Girls High School Athletic Union will provide educational materials related to concussions and brain injuries developed by the CDC and other organizations knowledgeable about concussions.

5. Removing students who exhibit signs, symptoms, & behaviors of a concussion or brain injury from participation, and their return to participation.

- **Coach Removal** - If the student's coach observes signs, symptoms, or behaviors consistent with a concussion or brain injury, during any kind of participation, i.e. practices, scrimmages, contests, etc., the student shall be immediately removed from participation and shall not return until the school's designated representative receives written clearance to return from a licensed health care provider as defined in Iowa Code 280.13C.
- **Contest Official Removal** - If a contest official observes signs, symptoms, or behaviors consistent with a concussion or brain injury, during scrimmages, contests, etc., the student shall be immediately removed from participation and a designated contest official at the contest/event must receive the written clearance to return from a licensed health care provider as defined in Iowa Code 280.13C before the student can return to participation in that contest/event, including an event that takes place over multiple days.
- Before allowing a student who has been exhibiting signs, symptoms, & behaviors of a concussion to return to participation (*practice and/or competition*), licensed health care providers as defined in Iowa Code 280.13C should follow the return to participation protocol from "Suggested Guidelines for Management of Concussion in Sports," NFHS Sports Medicine Advisory Committee 2009 and "Consensus Statement on Concussion in Sport 3rd International Conference in Sport Held in Zurich, November 2008," Clinical Journal of Sports Medicine, Volume 19, Number 3, May 2009.

6. At events where the Iowa High School Athletic Association or Iowa Girls High School Athletic Union have provided licensed health care providers as defined in Iowa Code 280.13C, those licensed health care providers have final authority regarding RTP when a student has exhibited signs, symptoms, and behaviors consistent with a concussion.

Adopted 122012

RETURN TO PARTICIPATION PROTOCOL FOLLOWING A CONCUSSION
(GUIDELINES FOR LICENSED HEALTH CARE PROVIDERS)

Return to participation following a concussion is a medical decision made on an individual basis by licensed health care providers. Medical experts in concussion believe a concussed student should meet ALL of the following criteria in order to progress to return to participation. However, these criteria are **GUIDELINES ONLY** and not required by Iowa Code Section 280.13C when licensed health care providers determine a student's return to participation.

- **Asymptomatic at rest, and with exertion (including mental exertion in school), AND have written clearance** from physician, physician's assistant, chiropractor, advanced registered nurse practitioner, nurse, physical therapist or licensed athletic trainer . ****Written clearance to return by one of these licensed health care providers is REQUIRED by Iowa Code Section 280.13C!***
- Once the criteria above are met, **the student should progress back to full activity following the stepwise process** detailed below. A licensed health care provider as defined in Iowa Code Section 280.13C, or their designee, should closely supervise this progression.
- **Progression to return is individualized and should be determined on a case-by-case basis.** Factors that may affect the rate of progression include: previous history of concussion, duration and type of symptoms, age of the student, and sport/activity in which the student participates. A student with a history of concussion, one who has had an extended duration of symptoms, or one who is participating in a collision or contact sport may progress more slowly as determined by a licensed health care provider as defined in Iowa Code Section 280.13C, or their designee.

- Step 1. Complete physical and cognitive rest.** No exertional activity until asymptomatic. This may include staying home from school or limiting school hours (and studying) for several days. Activities requiring concentration and attention may worsen symptoms and delay recovery.
- Step 2. Return to school full-time /normal cognitive daily activities, or normal cognitive functions.**
- Step 3. Low impact, light aerobic exercise.** This step should not begin until the student is no longer having concussion symptoms and is cleared by the treating licensed health care provider. At this point the student may begin brisk walking, light jogging, swimming or riding an exercise bike at less than 70% maximum performance heart rate. No weight or resistance training.
- Step 4. Basic exercise,** such as running in the gym or on the field. No helmet or other equipment.
- Step 5. Non-contact, sport-specific training drills** (dribbling, ball handling, batting, fielding, running drills, etc.) in full equipment. Weight-training can begin.
- Step 6. Following medical clearance*, full contact practice or training.**
- Step 7. Normal competition in a contest.**

NOTE: Generally, **each step should take a minimum of 24 hours.** If post concussion symptoms occur at ANY step, the student must stop the activity and their licensed health care provider as defined in Iowa Code Section 280.13C should be contacted. If any post-concussion symptoms occur during this process, the student should drop back to the previous asymptomatic level and begin the progression again after an additional 24-hour period of rest has taken place.

References: "Suggested Guidelines for Management of Concussion in Sports," NFHS Sports Medicine Advisory Committee 2009; "Consensus Statement on Concussion in Sport 3rd International Conference in Sport Held in Zurich, November 2008," *Clinical Journal of Sports Medicine*, Volume 19, Number 3, May 2009.

Updated 05/22/12

A FACT SHEET FOR PARENTS AND STUDENTS

HEADS UP: Concussion in High School Sports

The Iowa Legislature passed a new law, effective July 1, 2011, regarding students in grades 7 – 12 who participate in extracurricular interscholastic activities. Please note this important information from Iowa Code Section 280.13C, Brain Injury Policies:

- (1) A child must be immediately removed from participation (practice or competition) if his/her coach or a contest official observes signs, symptoms, or behaviors consistent with a concussion or brain injury in an extracurricular interscholastic activity.
- (2) A child may not participate again until a licensed health care provider trained in the evaluation and management of concussions and other brain injuries has evaluated him/her and the student has received written clearance from that person to return to participation.
- (3) Key definitions:
 - “Licensed health care provider” means a physician, physician assistant, chiropractor, advanced registered nurse practitioner, nurse, physical therapist, or athletic trainer licensed by a board.
 - “Extracurricular interscholastic activity” means any extracurricular interscholastic activity, contest, or practice, including sports, dance, or cheerleading.

What is a concussion?

A concussion is a brain injury. Concussions are caused by a bump, blow, or jolt to the head or body. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious.

What parents/guardians should do if they think their child has a concussion?

1. **OBEY THE NEW LAW.**
 - a. Keep your child out of participation until s/he is cleared to return by a licensed healthcare provider.
 - b. Seek medical attention right away.
2. Teach your child that it's not smart to play with a concussion.
3. Tell all of your child's coaches and the student's school nurse about ANY concussion.

What are the signs and symptoms of a concussion?

You cannot see a concussion. Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days after the injury. If your teen reports one or more symptoms of concussion listed below, or if you notice the symptoms yourself, keep your teen out of play and seek medical attention right away.

STUDENTS:

If you think you have a concussion:

- **Tell your coaches & parents** – Never ignore a bump or blow to the head, even if you feel fine. Also, tell your coach if you think one of your teammates might have a concussion.
- **Get a medical check-up** – A physician or other licensed health care provider can tell you if you have a concussion, and when it is OK to return to play.
- **Give yourself time to heal** – If you have a concussion, your brain needs time to heal. While your brain is healing, you are much more likely to have another concussion. It is important to rest and not return to play until you get the OK from your health care professional.

IT'S BETTER TO MISS ONE CONTEST THAN THE WHOLE SEASON.

Signs Reported by Students:

- Headache or “pressure” in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light or noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Just not “feeling right” or is “feeling down”

PARENTS:

How can you help your child prevent a concussion?

- Every sport is different, but there are steps your children can take to protect themselves from concussion and other injuries.
- Make sure they wear the right protective equipment for their activity. It should fit properly, be well maintained, and be worn consistently and correctly.
 - Ensure that they follow their coaches' rules for safety and the rules of the sport.
 - Encourage them to practice good sportsmanship at all times.

Signs Observed by Parents or Guardians:

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can't recall events prior to hit or fall
- Can't recall events after hit or fall

Information on concussions provided by the Centers for Disease Control and Prevention.

For more information visit: www.cdc.gov/Concussion

IMPORTANT: Students participating in interscholastic athletics, cheerleading and dance; and their parents/guardians; must annually sign the acknowledgement below and return it to their school. Students cannot practice or compete in those activities until this form is signed and returned.

We have received the information provided on the concussion fact sheet titled, “HEADS UP: Concussion in High School Sports.”

Student's Signature

Date

Student's Printed Name

Parent's/Guardian's Signature

Date

Student's Grade

Student's School

SPRING GOLF

FIRST PRACTICE DATE AND PLAYING DATES FOR 2014

First legal practice date is Monday, March 17, 2014, **first legal playing date** is Monday March 31, 2014.

Each **individual player may participate in 12 dates of competition, excluding IHSAA tournament play.**

Sectional tournaments: Class 1A, 2A & 3A will be held May 15-16, 2014, District tournaments will be held May 22-23, 2014.

Sectional and District assignments are posted on-line under golf, (IHSAA home page, www.iahhsaa.org, sport/golf)

State Tournament will be held May 30& 31 @ the following sites: **Class 1A**, American Legion Golf Course, Marshalltown;

Class 2A Spring Valley Course, Livermore; **Class 3A** Ames Golf & Country Club, Ames.

Future spring golf practice and starting dates:

2015 First legal practice date is March 16, 2015, first legal playing date is March 30, 2015

2016 First legal practice date is March 14, 2016, first legal playing date is March 28, 2016

2017 First legal practice date is March 13, 2017, first legal playing date is March 27, 2017

Please note the following IHSAA Spring Golf Rule Manual Changes and Reminders:

NEW COACHING RULE:

Here is the new coaching regulation the Board of Control approved: Permit the designated golf coach to coach a player up until the player and the player's ball are on the green. **If any part of the player's ball is on the actual green, the ball is considered on the green.** Once the player arrives at the green (no delay by the player) the team or individual designated coach can have no more communication with competing player(s) until all players in the group have holed out. Coach, if visiting with your player in the prescribed time period, be sure to **respect other participants in the group.** If a player hits a shot from 100 yards out and the ball lands on the green, the designated coach can communicate with this young man up until they reach the green (providing no delay walking to the green) once the player is on the green, coach player communication must cease. Keep in mind each team and or individual(s), are only allowed **one designated coach** to communicate with players while competition is in progress. **Assistant Coaches** are **NOT** allowed to communicate with competing player(s) while competition is in progress.

WHEN PROVIDING ADVICE, THE DESIGNATED COACH MUST NOT ENTER A BUNKER.

Designated Coaches are not to assist or instruct a player regarding any putting on the green. If no part of the player's ball is on the actual green, coach instruction is permitted. Coaches must understand that there is to be no **delaying of play** anywhere anytime when providing instruction during the prescribed coaching time frame. Designated Coach must understand this is additional time to coach player(s), but when visiting with players the **pace of play must NOT be delayed!** In fact, this also allows the designated head coach an opportunity to address **speed of play** to players who have fallen behind more than a hole and a half to two holes from the group in front of them, unless there is a valid reason.

Coaches, this is an opportunity you have been looking for, don't force the committee and the Board of Control to have to set penalties in place for violations of the rule. **Respect the rule in place for the opportunity to coach,** and I believe it will serve all of you very well.

REMINDER: GOLF SHIRT REGULATION

ALL VARSITY participants in regular season and tournament competition must wear the same (color and style) school issued or school approved **golf uniform shirt** (collared or non-collared), during competition.

Due to adverse weather conditions, if an individual VARSITY player desires to wear clothing (jacket/sweatshirt) over the top of his shirt, this jacket/sweatshirt does not need to be the same as his teammates.

All attire worn at all levels must all be school approved and have no alcohol, tobacco or any inappropriate logo signage on the clothing. Please remember the only attire that needs to be the same is the collard or non-collared shirt on each **Varsity** participant.

DISQUALIFIED PLAYER FOR UNSPORTING LIKE ACT

If a player is disqualified for any unsporting like act, he is ejected from the entire one or two day tournament. If a player is deemed disqualified from any two day tournament on day one, for a misapplication of a rule, illness/injury after he has put his ball in play/started competition (not unsportsmanlike conduct), the player is disqualified and his score will not count the day he is disqualified. This individual would be able to compete and his score would count on the second day only of a two day event. The three coaches' golf rules jury at this particular tournament site would make the final ruling pertaining to any unusual circumstances dealing with a disqualification except for unsportsmanlike behavior.

COACHES CELL PHONE

If a coach/spectator cell phone rings while a player's swing is in progress, the player may take his original shot or hit a second ball. If the player elects to hit a second shot, the player must take the second shot regardless of the outcome. Understand, if a **player's cell phone** rings during competition the player is disqualified.

FOOD AND DRINKS AT GOLF SITES

Coaches may provide water, or sport drink for the players throughout the one or two day event. Coaches will be permitted to provide a sandwich or energy bar for the players. Golf courses are hosting this event for a minimal green fee and we need to respect these people and their opportunity to sell food and drink at their snack shop. **Coaches are not to place coolers out on the course**, they are to keep them in their car or on their cart and provide food to their players only as they see fit. Coaches are not to provide food for spectators nor will spectators be allowed to bring food or drink on the premises. We appreciate your cooperation pertaining to this regulation. **Please notify your spectators in advance of this regulation.**

SPECTATORS

Spectators are not to interfere in any way, should not communicate with players, should keep their distance from the players, and have no influence on the results. If any interference occurs, spectators may be asked to leave.

COACHES MAKING RULINGS

Coaches must understand that they are **not** rules consultants. **Coaches are not to rule on something they see, even if you feel it may have been a rules infraction.** Let the players play and if any questions arise, players should notify a member in their group and resolve the problem or hit a second ball and get a ruling when competition is completed, before any member in the group signs off on his scorecard. We appreciate coaches wanting to assist in making rulings, but there are times when a wrong ruling is provided and there is no recourse. Once all scores are posted and approved at the end of that day's competition by coaches/players, all scores for that day are final.

PRACTICE DEPARTURE TIME

TEAM OR INDIVIDUAL PRACTICE ROUND DEPARTURE TIME RULE: When a golf team or individual desires to go to an IHSAA tournament site for a practice round during school time, the coach needs to have **local school administrations approval**, in accordance with the IHSAA Handbook Practice Regulation (page 11). If you desire to practice during school time, this practice round policy is now a local school administration decision.

SCHOOLS WHO MAKE EXCEPTIONS TO USGA RULES DURING THE SEASON

***NOTE:** Prior to the event, schools that make **exceptions to USGA rules** during the regular season must have them in writing and agreed upon by all the schools involved, otherwise USGA rules apply except for IHSAA manual differences during the regular season and tournament play. All IHSAA sanctioned tournaments will follow USGA playing rules unless otherwise specified in the IHSAA spring golf manual.

***During regular season or IHSAA sanctioned tournament play (sectional, district or state meet), players are not allowed to chip or putt on any hole on the course (before competition begins), this also applies once competition play begins regardless if you have completed the hole in tournament competition, excluding the practice green(s). In regular season, check with meet management pertaining to the opportunity for a player to chip or putt on a completed competition green.**

HOLE BY HOLE SCORE

Coaches, individual hole by hole score is what counts on a player's scorecard. Even if the score is added incorrectly, the hole by hole score is the player's score for that round. Most scoring computer programs total the score once all the hole by hole scores have been entered.

MEDAL PLAY

COACH AND PLAYERS INFORMATION

For all regular season and post-season tournament play, USGA playing rules will be followed unless modified by the local course management or IHSAA manual. All golf matches shall be played in accordance with the USGA Rules of Golf in accordance with rule 13-1 of the USGA Rules of Golf Book: The ball shall be played as it lies, except as otherwise provided in the rules.

USGA does allow for areas of the golf course to be marked and defined as Ground under Repair (rule 25-1). If it is determined that areas of the golf course are unsuitable for play, the committee shall define these areas as Ground under Repair. The ground under repair shall be marked and defined accordingly so no questions will arise as to the boundaries of said areas. Poor turf conditions do not necessarily equate to ground under repair. Ground under repair is defined as abnormal ground conditions. If an area is abnormal in relation to the entire golf course, then it should be defined as ground under repair.

Any errors or **discrepancies** that take place during medal play are to be corrected **PRIOR to signing the scorecard** and turning it in. **The round begins with the first tee of the competition and ends when the scorecard has been attested to, signed, and turned in**, then it is too late to make corrections and all scores stand as turned in. Coaches should verify with the

tournament manager the scores are correct when posted, by verifying this individually following the posting of the scores. If the head coach elects not to attend the posting of the scores and verifying his team score(s) are posted correctly, player(s) scores stand as posted. This will not preclude circling a given hole(s) score for the committee or jury of coaches to review at the conclusion of play, but it would permit a correctable situation at the completion of play, prior to signing the scorecard and turning it in for recording. **Coaches**, remind your golfers to record the score after completion of each hole (all players involved). **If there is any discrepancy, players should make every effort to resolve this discrepancy before playing the next hole. If the discrepancy can't be resolved, circle the hole/score and when you finish the round the player involved should not sign his card, nor turn it in, until the jury has made a ruling. At the completion of his round, the player should inform the scorer he has a ruling that needs to be resolved before all members in his group, including the player with the rule question, signs and turns in his scorecard.**

At the conclusion of play (each day, one or two day tournament) every player in the group needs to verify that all scores are correct, attested to, and **signed by each member in that group**. This procedure will allow all members in your group at the conclusion of play that day, to verify and agree on what each individual shot that day. If there is any discrepancy, it should go to the rules jury (appointed by the tournament manager) to rule on before any group member signs or turns in a scorecard.

The competitor is responsible for the correctness of the score recorded for each hole on his scorecard. If the participant returns a score for any hole lower than actually taken, he is disqualified. If the participant turns a score for any hole higher than actually taken, the score turned in stands.

Coaches, **scorecards** are to be turned into the official scorer immediately following the round, once signed and attested to. **Coaches may view a player's scorecard immediately following that player's round, but are not to hold on to this team members scorecards while waiting for other team members to finish.**

COACHES PLAYING AT AN IHSAA TOURNAMENT SITE

It is against the rules for coaches to play golf on the course the day of the sectional, district or state meet. If this takes place, the team will be **disqualified** due to the coaches' actions, even if the tournament manager has given permission for the coach to play. Coaches are not to leave the premises while his/her player(s) are competing. Coaches may be asked to assist the host school with regular season, sectional or district competition, please do your best to honor that request.

IHSAA TOURNAMENT GOLF ENTRY FORM

Make sure you fill out the on-line sectional, district & state team golf entry form (www.iahsaa.org under sport/golf, top of home page) and fax/email the form to the designated host school at least four days before the scheduled sectional, district or state meet. This will permit the meet manager to set up tee times according to your player ranking, via your entry form. A coach may substitute a **team** player(s) before teeing off in the sectional, district or state meet. In the sectional, district or state meet, no substitution will be allowed once a player has teed off on his first hole, regardless of injury, illness or DQ. You will eliminate that individual and count only the four best scores of the remaining four or five players.

SUBSTITUTION FOR INDIVIDUAL DISTRICT OR STATE QUALIFIERS

Individual qualifiers for the district or state meet may NOT be substituted for, nor will another non qualifying golfer from that district be allowed to take this individuals place, regardless of the circumstance.

RULES FOR PLAYERS/COACHES

The following rules will govern all interscholastic golf in Iowa.

1. In case of gambling during matches, the players involved are disqualified in that particular meet.
2. **Cheating** would be reason for disqualification.
3. The players will keep score; no player keeping his own score. Coaches may be asked to help monitor certain holes on the course. **Coaches are not to make rulings on the course**, let all players in the threesome or foursome decide and if they can't agree and have the player involved play a second ball and let the rules committee make a ruling when he finishes the round (before any member in the group signs the scorecard. We now have Iowa Section Certified PGA staff members on hand at our state sites to assist in rulings on the course.
4. Any player who uses tobacco (including smokeless) on the course is disqualified.
5. Disputes on rules at the sectional or district meets: The coaches' jury selected from the assembled coach's will decide on all disputes.
6. In the state meet, the Iowa Section Certified PGA and or Club Pro will make all final USGA golf rule decisions.
7. Any player who fails to finish play in the sectional, district or state tournament competition is considered to have withdrawn from the tournament and his score(s) will not count (see above exceptions). **If this should occur during the state tournament on day one, he will not be able to participate on day two.** His scores, either day, would not count if he fails to finish play on day two.

NOTE: See additional information under substitutions earlier in the handbook.

8. In regular season, sectional, district and state competition, **no caddies are allowed. No motorized golf carts will be allowed except for disability reasons and must be pre-approved in writing by the IHSAA. Non motorized pull carts** are permitted, individuals desiring to use pull carts must supply their own non motorized pull cart at each meet. This rule applies to regular season or tournament play.

9. There shall be no coaching of golfers by parents, or spectators. Spectators are to remain a reasonable distance behind the golfers while watching so as not to hinder play. Should there be any interference by spectators with play in any way, shape or form the spectator(s) are subject to being asked to leave the premises by the management. Spectators should remain approximately 30 yards behind the golfers on the course or on the cart path when observing play other than to cross fairways

without interfering with players. No spectator may instruct or advise a player about any shot selection a player is going to make. Once the players reach the green area, spectators should move over to the cart path, even with the green, to allow the next group of players to continue play.

10. In the state meet, second day pairings are to be based on first-round team scores. No players from the same school should be assigned to the same group, threesomes or foursomes.
11. In the sectional & district meets the tournament manager should make every effort to avoid the necessity of having players from the same town, even though from different schools, play in the same threesomes and foursomes. This is impossible in some cases, but wherever it is possible to avoid this, it should be done.
12. All schools are expected to start play as scheduled.
13. At the conclusion of the sectional, district, & state meets, coaches should verify the scores posted. When the Teams/individual leave the course and the team standings have been posted there will be no changing the results of play.
14. All golf coaches will be notified on-line where their meets and tournaments will be held.
15. Any player who plays without a shirt is automatically disqualified.
16. In the state meet, if a player is injured or becomes ill, there can be no **substitute** for him.
17. The use of **cell phones is prohibited during regular season and all tournament play**. Penalty will result in disqualification of that player. Coach, I would encourage you to collect the cell phones before the competition begins and once all competition is completed give the phones back to your players. This may save you a disqualification.
18. A player disqualified from a tournament for unsportsmanlike conduct is disqualified for the entire event (rest of the tournament or multiple day event), whether it is a one day or two day event.
19. **Golf range finders and any electronic devices will not be allowed during regular season or tournament play.**
20. Coaches, during regular season and tournament play, players are required to walk or be transported with no more than **two players riding in the cart (plus a driver)**. If carts are used as a means of transportation from green to tee, players must be **seated inside the cart. Players may be transported to their starting holes by car, van or golf carts.**

CODE OF CONDUCT FOR PLAYERS

1. In meets or tournaments sponsored by the IHSAA, a **two-stroke penalty** shall be assessed for conduct unbecoming high school players. Such conduct shall include, but not be limited to:
 - a.) **Club throwing**, defined as releasing the club in a manner to cause harm to any person or the course. **Ball throwing** defined as could cause harm to another participant, spectator, course or means of releasing frustration.
 - b.) **Use of abusive language.**
 - c.) **Willful acts which damage property or equipment on the course.**
 - d.) Other **unbecoming conduct as determined by the Golf Rules Committee**. This rule will be strictly enforced by the rules committee. **Second offense, the player is automatically disqualified.**
2. Any player who uses **tobacco** (to include smokeless) or gambles on the course is automatically disqualified.
3. **Eligibility Rule 36.14(2) Penalties.** Any student disqualified from an interscholastic contest by game officials for flagrant, violent, or verbal misconduct will be ineligible for the next regular scheduled game/meet at the level of competition and all other games/meets in the interim at any level in addition to any other penalties the IHSAA or school may assess. The second violation carries a four games/meets automatic ineligibility. It will be the responsibility of the host school meet manager to report any disqualification(s) to the IHSAA the day following the meet, if the meet is held on a Friday or Saturday, then on the Monday following the meet. It is the coach's responsibility to inform his/her administrator of any disqualification(s). The administrator will file an official report form with the IHSAA on-line.
4. The IHSAA and the Golf Coaches Advisory Committee feel the code of conduct rules are appropriate, but a concern remains when the players themselves are unwilling to enforce the rule against another player in the group. **If a code of conduct violation is observed** (not heard about later) **by a HEAD GOLF COACH and the group involved does not enforce the rule, the HEAD GOLF Coach observing this inappropriate action should get the players together at the conclusion of play at that particular hole, and have the players discuss the situation and enforce the proper ruling.** If a code of conduct rule has been violated, a two stroke penalty should be assessed the individual(s) responsible. **If a HEAD GOLF COACH observes any behavior that could lead up to a code of conduct violation, the coach should professionally warn the player of his inappropriate action and inform the players coach and notify a rules jury member.** Coaches make sure your players are aware of this rule, so your team is not penalized by one of your player's inappropriate actions.

BREAKING OF TIES

TEAM TIEBREAKER, SECTIONAL, DISTRICT AND STATE COMPETITION: Breaking of all **team ties** will be decided by using the **fifth player's score of that day**, and if the tie is not broken with the fifth player's score, use the **sixth player's score**. In the event a given team has only four players and the team they are tied with has five players, the team with five players would break the tie and be declared the winner. If a team has only five players and a team tie still exists after using each team's fifth players' score, the team with six players would break the tie and be declared the winner. This makes the fifth and sixth player's score more meaningful in the team concept. If the team tie remains after using the fifth and sixth players score, a three-hole play-off will take place, using only the players' scores who counted that day. If the three-hole play-off does not break the team tie, we will go to sudden death.

INDIVIDUAL SECTIONAL & DISTRICT TIEBREAKER SYSTEM: If ties take place to determine the four individual qualifiers (qualifying or non qualifying teams), a SUDDEN DEATH playoff will take place with only players involved in the tie to determine the individual medal winners. **All fourth place ties will qualify for district and state competition and remain as ties.** The pro and/or rules jury, if no golf pro available, will determine before the tournament starts, what play-off hole(s) will be

used for any team or individual play-offs required. **Reminder, for individual qualifiers (regardless if they're on a qualifying team or not) we must determine a medalist, runner-up medalist and third place individual.** All fourth place individual ties stand and duplicate medals will be provided the fourth place individuals who did not receive a medal the day of sectional or district competition.

STATE COMPETITION

Individual ties in state competition for **first place only (medalist)**, will be broken using the Sudden-death play-off. If the tie is not broken after the first sudden death play-off hole, play will continue on a sudden death schedule until the tie is resolved. **In state tournament competition only, all individual ties pertaining to second place through seventh place will result in duplicate medals being awarded.**

TEAM QUALIFICATIONS FOR DISTRICT OR STATE COMPETITION

The sectional/district team champion and runner-up will advance to the district/state competition. If a host school (sectional/district **HOST TEAM ONLY**, play the majority of their regular season matches or regularly practice on this course) finish first or second, the third-place team will also advance to the district or state tournament. There are times when multiple schools use the same golf course and we have a sectional or district tournament at this particular golf course, **the designated HOST SCHOOL by the Iowa High School Athletic Association must finish first or second in order for a third place team to advance.** The maximum number of teams that could possibly advance from sectional to district competition would be three. At no time would a fourth team advance to district competition.

The lowest four individual scores (regardless if they are on qualifying or non-qualifying team), qualify for the state tournament, **including all fourth place ties.** The medalist and medalist runner-up are included in the four low scores. If your school has qualified a team four or more members for the state meet, they need **not** be the same contestants who comprised your team in the sectional/district meet. If your school has qualified a team, up to six contestants in your school who are eligible to represent your school in interscholastic athletics may compete in the district/state meet as a member of your team. **In the event your school has qualified individual(s) and not a team, then only that individual(s) would be eligible to compete in the state meet. You can't substitute for individual qualifier(s).**

RULES PERSONNEL AT STATE COMPETITION

The Iowa High School Athletic Association will be using certified Iowa Golf Association personnel as rules personnel at our state tournament. Proper golf etiquette and professionalism will be a priority.
The state meet will begin at NOON on Friday and 8:00 AM on Saturday, weather permitting.

NUMBER OF PLAYERS FOR SECTIONAL COMPETITION

Each member school is entitled to enter six players in the sectional meet. The four best scores will count to determine the total score for the school. If a **team tie** exists, we will use the 5th player's score and if the **team tie** remains we will use the 6th player's scores, **NOTE:** See team tiebreaker for all team and individual tiebreaker information. **A school entering less than four players in the sectional meet may compete for individual honors, but not team honors.**

PRACTICE ROUNDS & GREEN FEES

Please keep in mind anyone who wants to play a practice round (player/coach) at a sectional, district or state site must pay green fees, and coaches, if the parents take a senior athlete to a practice site, explain to them they are guests at the golf course and will pay green fees, and not attempt to evaluate the golf course or complain about paying green fees. **Prior to the sectional or district tournaments,** teams/individuals may play/practice at a sectional or district site **The course on which the STATE TOURNAMENT is to be played is closed for any practice rounds to all teams and individual(s) once sectional tournament play starts for classes 1A, 2A and 3A.** Exception: If a team is hosting the state meet and this is their home course, practice is permitted throughout the sectional and district play on this course by the host school only.

WALKING THE COURSE

There is no rule against a team/individual arriving at the sectional or district site to walk the course provided they do not cause any confusion with regard to people who may be playing the course.

Players who walk the course are not to have any clubs with them while they are walking the course, nor are they permitted to role balls on the course playing greens. Any violation of this rule will result in player disqualification of the entire one or two day tournament.

Players may use the practice driving range, chipping green and putting green at the sectional, district or state site, if available. Teams traveling to the state site the night before the state meet, may use the practice driving range and chip or putt on the practice greens only, if available, with host/course permission. Coaches/players who walk the course the night before or the morning of the sectional, district or state tournament are permitted to use rangefinders/electronic devices.

SECTIONAL AND DISTRICT & STATE TOURNAMENT GREEN FEES

A **\$10** per boy green fee is assessed for participation in all sectional & district tournaments, paid directly to the course management by the participating schools up to a total of **\$60** green fees per school per tournament. Please have a **check made out directly to the course** where you will be participating in the sectional or district tournament in advance of your participation and present it to the host school management upon arrival. The host school management will present the green fees check for all participating teams to the course management.

State tournament green fees will be paid directly to the host golf course by the IHSAA.

TOURNAMENT TEE TIMES

SECTIONAL, DISTRICT & STATE TOURNAMENT TEE OFF TIMES

Sectional and District tournaments will be determined by the host school within reason.

The sectional or district hosts should notify all participating school Athletic Directors.

The State Tournament will start at 12:00 Noon on Friday and 8:00AM on Saturday, weather permitting.

STARTING METHOD

A “Shotgun start” is the best method to start tournament play. Match up the number one golfers with other schools number one golfers. Individual qualifying golfers should play with the other individual qualifiers in district and state competition.

WEATHER ISSUES/POSTPONEMENTS DURING COMPETITION

If sectional or district tournaments are postponed once competition has started, play will continue from the last completed hole by every player in their group. If three of the four players have holed out and the players are called off the course, all players will be required to play the hole over.

In districts, if you are required to return the second day because of postponement, and you are postponed the second time, if you have finished nine holes that will determine the district champion. Individual qualifiers will be determined from these 9 hole scores. Remember, this is only true on the second time you return. **Example 1:** Districts were scheduled for Friday and you are postponed. You come back on Saturday and you are postponed, but everyone gets at least nine holes played. Those nine holes on the second day will determine the teams and individuals that advance to the next level of competition.

Example 2: District play has begun, groups finish at least nine holes and are postponed, everyone returns the next day and begins play from the last completed hole by everyone in your group. If postponement again forces competition to end for that day and everyone has not completed competition (nine holes), the first days nine holes will determine the teams and individuals that advance to the next level of competition.

In **state tournament competition**, if eighteen holes are played on Friday and it is impossible to play Saturday due to weather, **the first eighteen holes will determine the champion.** Likewise, if Friday competition is postponed and you are able to play 18 holes on Saturday, those eighteen holes on Saturday will determine a winner. Under no conditions will competition be held on Sunday. If both Friday and Saturday are postponed, then the tournament will be reset by the tournament manager and each school will be notified accordingly. When the tournament is rescheduled, competition will be eighteen holes.

If play is halted and players are called off the course, players should mark their ball and if play continues that day, players would resume play at their marked spot.

SPRING GOLF EXPENSES

The IHSAA will pay \$.48 per mile for every school in Sectional & District Golf.

The IHSAA will pay \$.48 per mile for schools who qualify individual(s) for State Golf.

The IHSAA will pay \$1.20 per mile for schools who qualify a team for State Golf.

AWARDS

Sectional Meet: There will be a total of 16 medals awarded; six medals for the team winning first place, six medals for the team winning second place; one medal for the medalist and runner up, and third and fourth place individuals and all fourth place ties.

District Meet: There will be a total of 16 medals awarded: six medals for the team winning first; six medals for the team winning second place; one medal for the medalist; one medal for the runner-up medalist, and third and fourth place individuals & all fourth place ties. State team qualifiers will receive an IHSAA state golf tournament qualifier banner.

State Meet: Medals will be awarded to the first four teams, six medals per team. There will also be a medalist and runner-up; plus medals for the third-, fourth-, fifth-, sixth-, and seventh-place players. In all individual ties, other than for medalist, duplicate medals will be presented as the individual ties will remain ties. If a tie should occur for medalist honors, a sudden death play-off will take place.

In the state meet, a championship, runner-up and third place trophy will be presented and an IHSAA banner will be presented to the state champion and runner-up. The coach of the championship team will receive a plaque.

STATE TOURNAMENT PARTICIPANTS PICTURE PLAQUE

Teams and individuals who qualify for the state meet will have their pictures taken with their coach when they arrive at the State Golf Meet site. Individuals in the picture will be identified after the meet by each school and then made into a picture plaque to be presented to each of the participating team member(s) and head coach, compliments of the IHSAA. An online picture identification and order form will be sent to each school/A.D. following the state meet. **Please make sure your Athletic Director verifies the player(s)/coach in a timely manner and purchases any additional plaques needed.**

STATE MEET PIN PLACEMENT

No practice is permitted by a host school on the state golf meet site, once pin placements have been made for the first day's competition. Meet management should, in coordination with greens superintendent, make the determination as to how late they might wait prior to making pin placements for the first day's competition.

SCORING FOR THE STATE MEET

In determining the winner at the state meet, the first-day scores will be the four best scores recorded for the **team**. The next day will be a new day and the four best scores on that day will be recorded. The total of the two days will determine team winners. If a team tie exists at the end of the second day, and **the team tiebreaker rule does not resolve the tie**, the four members whose scores counted the last 18 holes will be the four players involved in the play-off. Please review the team tiebreaker procedure elsewhere in this manual.

HIGH SCHOOL GOLFERS MAY NEVER ACCEPT MONEY AS A PRIZE: NON-SCHOOL TEAM/INDIVIDUAL PARTICIPATION/AWARDS RULES

DURING THE SCHOOL YEAR:

From the first day of school through the last day of school, you may *not* accept any award or prize which has a value in excess of \$50.00, **NEVER MONEY**. Golfers may participate in non-school events during the year, **if allowed by local school policy**. Check with your Athletic Director.

EXAMPLE: *Ben Jones is allowed by his school to play in a four team best ball tournament in late March. Ben is playing with three individuals who are out of school, Ben being the only High School student. Ben's team wins \$400.00. Each of the three out-of-school individuals could accept \$100.00 cash. Ben could receive a gift certificate for \$50.00. Ben should ask the golf course to document what Ben received and have the course sign that document stating he only received a \$50.00 gift certificate and provide a copy of the document to his Athletic Director, stating what Ben accepted. That way if someone reads/hears about his tournament success, the school has proof that Ben accepted only a \$50.00 in a gift certificate. An individual could receive up to \$50.00 in gift certificates, per tournament.*

SUMMER MONTHS:

During the summer months, you may accept any award or prize any amateur golfer is permitted under USGA rules, \$750.00---**NEVER CASH/MONEY**.

EXAMPLE: *Same scenario as above, but since school is no longer in session Ben could receive \$100.00 gift certificate, but should again document his winnings and provide a copy for the Athletic Director. A player could receive up to \$750.00 in gift certificates per tournament.*

REMINDER: *Summer ends the day after Labor Day, as it pertains to non-school competition.*