

River Cities Tennis High School



Coaches' Workshop

Saturday, February 16, 2019

9:00 a.m. – 2:00 p.m.

**Renewal credit for coaching authorization
available!**

River Cities Tennis & Pickleball Complex
315-4th Ave. So. Clinton, IA 52732
Contact person – Cindy Rasche
crasche333@gmail.com
563-249-3132

River Cities Tennis Coaches Workshop

Saturday, February 16, 2019

Schedule of the Day

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|-----------------------|--|
| 8:30-9:00 am | Registration/Check-in/Coffee, Juice, Rolls |
| 9:00-9:50 am | <i>Large Group Fundamental Skills Drills</i>
Presenter: Cindy Rasche |
| 10:00-10:50 am | <i>The 10 Drills Every Tennis Coach Should Know</i>
Presenter: TBA |
| 11:00-11:30 am | <i>How to Develop a Junior Team Tennis Program</i>
Presenter: John Terpkosh |
| 11:30-12:15 | Lunch provided. |
| 12:30-1:00 pm | <i>Technique.</i>
Presenter: Dave Will |
| 1:10-2:00 pm | <i>Doubles Drills</i>
Presenter: Dave Will |

This workshop is designed to provide coaches with the tools and information needed to run a successful program and season. **Attendees may be asked to participate (not required too) so dress in comfortable clothes, wear tennis shoes and bring your racquet.** Each attendee will receive a clipboard and packet with the workshop presenters and space for note taking.

COST \$75.00 (LUNCH INCLUDED)

MAKE CHECKS PAYABLE TO RIVER CITIES TENNIS

**RETURN TO: Cindy Rasche River Cities Tennis & Pickleball Complex
315-4th Avenue, South Clinton, IA 52732**

Please text or email Cindy with questions: 563-249-3132 or crasche333@gmail.com

NAME _____ **SCHOOL** _____

ADDRESS _____

PHONE _____

E-MAIL _____