



Iowa Girls High School Athletic Union

PO Box 10348 - Des Moines, Iowa 50306 - (515) 288-9741

Iowa High School Athletic Association

PO Box 10 - Boone, Iowa 50036 - (515) 432-2011



April 10, 2013

Dear Track and Field Coaches and Officials,

We are not going to make anymore comments about the weather. This week, and the forecast for next week are not the best for track and field. We understand the frustration of coaches and officials with the numerous postponements and cancellations. We can only hope that the weather improves.

Items Worn In Addition To The Uniform – The most frequent calls that we are receiving are dealing with items being worn in addition to the required uniform, particularly arm and leg sleeves. By rule (3-2-4, o.) “The games committee also may restrict the wearing of items which are worn in excess of the school uniform required by rule.” At most meets, the “games committee” which is the local athletic director or sometimes the host coach, does not designate what can be worn in addition to the uniform so there are few restrictions. The IHSAA and the IGHSAAU have limited restrictions regarding head bands and wrist bands. In essence, whatever a games committee allows still has the following restrictions in our state. The additional items must be unadorned and of a single, solid color, except for one manufacturer’s or school logo with no dimension more than 2 ¼ square inches with no dimension great than 2 ¼ inches. This interpretation does not apply to socks. We have allowed socks of various styles and colors for a long time. It does apply to all other items worn in addition to the required uniform.

Entry Into Throwing Circles – For years there has been some confusion about entering and exiting the circle for the shot and discus. All the rules states for both events is “It is a foul if the competitor does not exit the back half of the circle.” The rule book is silent on where a competitor may enter the circle. Accordingly, a competitor may enter the circle from any direction. There are occasions when the person running the event official is inexperienced and may give instructions to the competitors to enter through the back half of the circle as well. Coaches, if you hear such instructions or if your students tell you that is what they are told, you need to contact the starter/referee and have him/her correct the situation with the event official. These people are volunteers and doing the job to the best of their ability. Don’t fuel the fire by confronting the event judge. Use the protocol in the rule book for misapplication of rule and start with your starter/referee, not the event official. Starter/referees, we know you are busy. If you are unable to take the time to go to the event venue and correct the situation, send the meet director or host coach to instruct the event official.

Iowa QuikStats – Earlier this week we sent an email about a more simplified way for results from meets scored in Hy-Tek to be posted to QuikStats. That system is now in place. Instructions for this process are posted on the IHSAA website under the heading “Instructions For Importing Hy-Tek Results Directly Into QuikStats.” We hope this service is helpful. With all of the postponements and cancellations we are ignoring the first check date for QuikStats compliance. That date was last Monday, April 8. Once you have had competitions, please get your performances entered in QuikStats as required.

Scholarship Rule Ineligibility – Students who have been serving a Scholarship Rule consequence became eligible this morning (April 10) at 12:01 am.

Junior High Shuttle Hurdle – We have notified you that the order for the shuttle hurdle was changed this year so the boys now run first followed by the girls. We have been asked if the change is also applicable to the junior high order of events. The answer is yes.

Postponed / Cancelled Meets – This paragraph was in our last letter, however with the limited improvement in competition conditions, we are repeating it in this letter. We want to make certain that you understand that we have a very liberal rule regarding the re-scheduling or scheduling of new meets not previously on your schedule. We know with the Drake Relays entry date you would like to get some performances posted. You do not need to contact our offices if you are re-scheduling a meet or adding a meet to your schedule to replace a cancelled or postponed meet that you are now unable to attend. Just be careful that in doing so you do not exceed the allowed number of meets.

State Qualifying Meet Entries – As you know, the State Qualifying Meets will be held on Thursday, May 9. Entries for the meet will be done online and the entry deadline is 10:00 am on Tuesday, May 7. Information regarding entries will be sent by first class mail on Wednesday, April 24.

State Meet Information – Just a reminder that the State Track Meet will be held May 16, 17 and 18. The schedule is the same, but the performance time of the classes has rotated. A copy of the schedule can be found on our websites.

Please do not hesitate as coaches and officials to contact us if you have questions throughout the season. Many of the items brought to our attention may be shared statewide in future letters.

Sincerely,



John Overton
Assistant Director



David Anderson
Assistant Executive Director