



***Iowa Girls High School Athletic Union***

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***Iowa High School Athletic Association***

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April 19, 2013

Dear Track and Field Coaches and Officials,

Next week will be the Drake Relays and followed shortly by our State Qualifying Meets and the State Meet. Hopefully there will be more track and field in the next three weeks than we have had so far this season. Just a few items we need to mention.

**National Federation Track and Field Questionnaire** – Below is the information received from the NFHS regarding the track and field questionnaire. It is important for Iowa officials and coaches to participate in this process. Please take a few moments and complete the questionnaire.

**You have been invited to take part in the NFHS rules-writing process by taking the annual track and field rules questionnaire. This questionnaire is provided so the opinions of a national sampling of coaches and registered officials will be considered by the NFHS Track and Field Rules Committee.**

**THE QUESTIONNAIRE WILL CLOSE ON MAY 13, 2013**

**To participate in the questionnaire process, please follow the link below to the Questionnaire menu and select your appropriate sport link to complete the rules questionnaire. You are NOT required to log in to take this questionnaire. We thank you in advance for your participation.**

➤ <http://www.nfhs.org/questionnaire/>

**State Qualifying Meet Entries** – The next most important task for coaches will be the proper and timely submission of your State Qualifying Meet entries. Each track and field school will receive a first class mailing that is being sent from the IHSAA office on next Wednesday, April 24. There will be multiple copies of the letter so one is available for the athletic administrator, the boys' coach and the girls' coach. All of the instructions, requirements and passwords necessary to submit your entries are included. As you know, the State Qualifying Meets will be held on Thursday, May 9. Entries for the meet will be done online and the entry deadline is 10:00 am on Tuesday, May 7. As the letter states, don't wait until the last minute to complete your entry. Also try to make the entry as close to your competitors at the meet as possible. We are having too many changes at the coaches' meetings and the governing bodies do not want to tighten the entry process for a few coaches who continue with "gamesmanship" in their entries.

**Iowa QuikStats** – The importance of having your performances entered on Iowa QuikStats grows as we near the entries for the State Qualifying Meets. The posted performances will be the verification of your State Qualifying Meet entry. There seems to be some confusion about how to enter your results. You should be entering results exactly as they appear of the meet results provided to you. When you enter the results, you must properly indicate if the meet used FAT or manual timing. If the meet used FAT, the times you enter will

not change. If the meet used manual times, your time will be converted to FAT by having .24 seconds added to the time. **DO NOT CONVERT TIMES BEFORE ENTERING!** The next check for schools complying with the QuikStats requirement will be next Monday, April 22. We understand that there still may be some schools that have not competed by that date.

**Undergarments** – We continue to get calls about illegal uniforms, particularly with undergarments. Officials tell us that the students' response is that I have worn these before. Coaches and officials, as we near the date of many conference meets and the State Qualifying Meet the stakes get higher. Coaches, make certain that your students are wearing legal uniforms, particularly in the relays where matching undergarments have been a problem. Officials, make certain you are taking a look at the competitors and are making sure what they are wearing is legal.

**Jewelry and Uniform Rule Enforcement** – There seems to be some misunderstanding about how the uniform and jewelry rule penalty is enforced. A competitor wearing an illegal uniform or jewelry does have the opportunity to make the uniform legal or remove the jewelry before further competition if this can be done without delay. If the illegal uniform or jewelry is worn during competition, the individual is warned. Any further violation would result in event disqualification. Here is where the confusion exists. The warning given is an **individual** warning **not** a **team** warning. As absurd as it may be, every competitor in the competition could receive both a uniform and jewelry warning before any disqualification would occur.

**State Meet Information** – Just a reminder that the State Track Meet will be held May 16, 17 and 18 at Drake Stadium in Des Moines. We will soon start posting additional information on our websites. The schedule is the same, but the performance time of the classes has rotated. A copy of the schedule can be found on our websites. State meet packets will be sent to qualifying schools by United Parcel Service after the State Qualifying Meets.

Please do not hesitate as coaches and officials to contact us if you have questions throughout the season. Many of the items brought to our attention may be shared statewide in future letters.

Sincerely,



John Overton  
Assistant Director



David Anderson  
Assistant Executive Director