



Iowa Girls High School Athletic Union
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Iowa High School Athletic Association
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January 29, 2014

TO: Athletic Directors, Track and Field Coaches, and Track and Field Officials
SUBJECT: 2014 Preseason Track and Field Information

The 2014 Track and Field season will begin on Monday, February 17, 2014 which is the first day for practice and competition. We want to share some information with you as athletic administrators, coaches and officials.

COACH NAMES AND EMAILS – Special attention to the AD's - We currently have 21 boys' coaches and 13 girls' coaches who are not listed in the IHSAA Directory or have no email address. Please understand that correspondence like this is not being sent to your coach and it is your responsibility to make certain they are properly informed. Please use your Member School Login at the IHSAA site and make certain you track and field coach information is current. Use this site for both boys and girls coaches.

RULE BOOKS – As you know, the IHSAA and the IGHSAA now provide rule books in all of our sports on an every other year basis. Schools and officials received Track and Field Rule Books last year so rule books will not be sent in 2014. Please find attached on a separate sheet the rule changes that appear in the 2014 Track and Field and Cross Country Rules Books and any Iowa adaptations. We have made a few comments about those changes.

ONLINE RULES MEETING - The online track and field rules meeting will be available for viewing on Monday, March 10, 2014. The rules meeting will be available until April 3, 2014. Please remember that all head coaches are required to view this online rules meeting. Failure to do so will result in consequences for the coach failing to meet this requirement. **Officials** – You are also required to view this meeting as part of your registration. You will be receiving, or may have already received a combined mailing from the Officials' Departments of both organizations regarding the online rules meeting and other requirements required of officials.

CONCUSSION EDUCATION REQUIREMENT – By legislative action all head coaches are required to receive concussion education before the first day of practice. This requirement has been in place for all of our fall and winter sports and head coaches have done an excellent job meeting this requirement. Information has already been sent to your schools regarding how to meet this requirement. In fact, reminder notifications have already been sent to your athletic director by the IHSAA if you have not met this requirement. It is very important that you get this taken care of before the first day of practice. Just a reminder, this is a requirement for all head track and field coaches, boys and girls. Please find below the instructions for meeting this requirement. **Officials** – Although you are not required to view this meeting, the IHSAA and IGHSAA would strongly suggest you view this online video if you have not already done so. Rule 4-4-2 places some responsibility on officials for recognizing the signs and symptoms of concussion. Watching this video can be to your advantage.

1. Go to the IHSAA website www.iahsaa.org
2. Near the bottom of the home page click on the link that says "FREE SPORTS CONCUSSION COURSE" or use this direct link - <http://www.nfhslearn.com/electiveDetail.aspx?courseID=38000>

3. The coach will be directed to the NFHS Learning Center where they will need to click on the link that says 'Please order the new "Concussion in Sports - What You Need to Know" course here'.
4. Select "PLEASE LOGIN TO ORDER" that is in the grey box.
5. A box will then appear where they will need to login if they already have an account or select "REGISTER NOW" if they have not yet created an account. If they already have an account, they need to login in and select "Edit My Profile" under 'Quick Links' to BE SURE THEIR NAME IS LISTED EXACTLY THE SAME AS IT IS ON YOUR SCHOOL'S ONLINE IHSAA DIRECTORY. Here is a link where the coach can enter their school name to compare spellings - <https://www.iahsaa.org/secure/dirpublic.php>
6. If they select "REGISTER NOW" they will need to complete the registration process. They need to BE SURE THEIR NAME IS LISTED EXACTLY THE SAME AS IT IS ON YOUR SCHOOL'S ONLINE IHSAA DIRECTORY. Please see the link above to check the spelling of your name as it was entered into the online directory.
7. Once they have logged in or completed the registration process they need to select the "Concussion in Sports - What You Need to Know" course from the 'Free / Elective Courses' and click the "Order Now" button and complete the ordering process:
 - a. Select "I am ordering a course for myself" and then "Continue"
 - b. Select "Save" under the drop down box where "Iowa" should appear, and then "Checkout"
 - c. Select "Complete Purchase"
8. Once this process is complete they will be directed to their NFHS Learn homepage where they will find the course they have available to view.
9. Select the "Begin" button to the left of the course to start the video.
10. Once the course is complete, they will need to go to "My Homepage/Courses" and select the "My Completed Courses" tab where they can print their certificate of completion to keep for their records.

STATE QUALIFY MEETS & STATE MEET – The State Qualifying Meets will be held on Thursday, May 15, 2014. The State Qualifying Meet sites will be posted soon on our websites. The State Meet will be held Thursday-Saturday, May 22- 24, 2014. The State Meet schedule does not change this year. Class 1A and Class 4A will compete in the morning and Class 2A and Class 3A will compete in the afternoon.

POLICY REGARDING COOPERATIVE PROGRAMS - In the sport of track and field, member schools that are placed in different classes due to cooperative agreement decisions made by other member schools, shall remain in the same class. The member school will be placed in the lower of the two split classifications. Member schools placed in different classes, based on the member school's decision to have different cooperative programs for each gender or cooperative programs with different schools, will remain in different classifications and be assigned to state qualifying events as classified. Member schools will not be allowed the choice to participate in a higher classification. In order for classifications to be determined in a timely manner, no new cooperative program will be accepted, nor will any existing cooperative program be allowed to dissolve after 5:00 pm Friday, March 21, 2014 for track and field.

There will be more information provided to you as we get closer to the start of the track and field season and the season progress. Please do not hesitate to contact us if you have questions or concerns.



David Anderson
Assistant Executive Director



John Overton
Assistant Director