TO: ATHLETIC DIRECTORS & BASEBALL COACHES

**RE: BASEBALL INJURY SURVEY** 

Dear Athletic Director and Baseball Coach:

In an effort to compile comprehensive injury statistics for high school sports in Iowa, the Iowa High School Athletic Association, Iowa Medical Society, and, Iowa Girls High School Athletic Union, are jointly sponsoring annual athletic injury surveys. This year, we will be collecting information on baseball and softball injuries.

The purpose of the baseball injury survey is to collect information on injuries occurring during the 2008 regular high school (grades 9-12) baseball season. INJURIES OCCURRING IN PRACTICE OR COMPETITION WHICH RESULT IN A PLAYER MISSING ONE OR MORE COMPETITION DATES (GAME-LOSS INJURIES) SHOULD BE INCLUDED IN THE SURVEY.

We have attached a Baseball/Softball Injury Summary Sheet for use in recording injuries. Please make additional copies so there are enough sheets for each of your high school baseball coaches (grades 9-12) to keep in their score book. We encourage coaches to keep this form in their score book and assign someone to record any game-loss injuries. After each game-loss injury is recorded on this form, and the coach has checked the entry for accuracy, the information should be entered into the on-line injury survey. Simply go to the following link on the IHSAA web site:

<a href="https://www.formrouter.net/forms@IHSAA/2008\_Baseball\_Softball\_Injury.html">https://www.formrouter.net/forms@IHSAA/2008\_Baseball\_Softball\_Injury.html</a>

When you click on the link, you will go directly to the survey.

It is very important to complete all information on the summary sheet for each injured player so it can be accurately entered into the on-line system. AT THE END OF THE SEASON, IF YOUR SCHOOL DID NOT HAVE ANY PLAYERS INJURED SERIOUSLY ENOUGH TO MISS AT LEAST ONE PLAYING DATE, PLEASE COMPLETE THE NON-INJURY INFORMATION IN THE ON-LINE SURVEY USING THE LINK ABOVE.

If you have any questions about the survey please don't hesitate to contact me. Sincerely,

Alan Beste Assistant Executive Director <abeste@iahsaa.org>

## IHSAA/IGHSAU BASEBALL/SOFTBALL INJURY SURVEY SUMMARY SHEET

**COACHES:** During the regular season, use this form to keep track of any injuries serious enough to require a player to miss one, or more, games whether the injury occurs in practice or competition. Please make enough copies of this form for all your high school (9-12) squads. We encourage you to keep this form in your score book and assign someone to keep it updated. After each game-loss injury is recorded on this form, and you have checked the entry for accuracy, the information should be entered into the on-line injury survey at this web site:

<a href="mailto:right-net/forms@IHSAA/2008\_Baseball\_Softball\_Injury.html">https://www.formrouter.net/forms@IHSAA/2008\_Baseball\_Softball\_Injury.html</a>

PLAYER'S NAME	Grade Level (9-12)	Injured in Game or Practice (G, P)		Medical	Bone	Hospital (ER only or # of nights)	If injury was the result of contact, name the object	what base)	Was this an overuse injury? (Yes, No)