

2007 CLASS 3A DISTRICT/REGIONAL CROSS COUNTRY ASSIGNMENTS

ATLANTIC

Mgr: Bob Sweeney, AD

A-D-M, Adel
Atlantic
Ballard, Huxley
Clarke, Osceola
Creston
Dallas Center-Grimes
Denison-Schleswig
Glenwood
Harlan
Norwalk
Perry
Shenandoah/Essex/Farragut (Girls Only)
Webster City
Winterset

ESTHERVILLE-LINCOLN CENTRAL

Mgr: Brian DeJong, AD

Algona
Bishop Heelan Catholic, Sioux City
Clear Lake
Estherville Lincoln Central
Forest City
Garner-Hayfield
Iowa Falls-Alden
LeMars
Sergeant Bluff-Luton
Spencer
Spirit Lake
Storm Lake

FAIRFIELD

Mgr: Brad Rose, AD

Anamosa
Central Clinton, DeWitt
Clear Creek-Amana
Davis County, Bloomfield (Boys Only)
Fairfield
Fort Madison
Keokuk
Maquoketa
Marion
Mount Pleasant
Mount Vernon
Washington
Xavier, Cedar Rapids

OELWEIN

Mgr: Larry Wolfe, AD

Charles City
Columbus Catholic, Waterloo
Crestwood, Cresco
Decorah
Denver
Epworth, Western Dubuque
Independence
New Hampton
Oelwein
Wahlert, Dubuque
Waukon
Waverly-Shell Rock
West Delaware, Manchester

PELLA

Mgr: Bill Van Horn, AD

Benton, Van Horne
Carlisle
Centerville
Chariton
Grinnell
Knoxville
Nevada
Oskaloosa
Pella
Saydel
South Tama County, Tama
Vinton-Shellsburg
Williamsburg