

2008 CLASS 3A DISTRICT/REGIONAL CROSS COUNTRY ASSIGNMENTS

ALGONA

Mgr: Brad Heitland, AD

Algona
Ballard, Huxley
Bishop Heelan Catholic, Sioux City
Charles City
Clear Lake
Estherville Lincoln Central-AR
Forest City
Garner-Hayfield
Iowa Falls-Alden (Boys Only)
LeMars
MOC-Floyd Valley
Spencer
Storm Lake

ATLANTIC

Mgr: Paul Croghan, AD

A-D-M, Adel
Atlantic
Boone
Creston
Dallas Center-Grimes
Denison-Schleswig
Glenwood
Harlan
Norwalk
Perry
Sergeant Bluff-Luton
Shenandoah-Essex-Farragut (Girls Only)
Winterset

DECORAH

Mgr: Adam Riley, AD

Anamosa
Columbus Catholic, Waterloo
Crestwood, Cresco
Decorah
Denver
Epworth, Western Dubuque
Independence
New Hampton
Oelwein
Wahlert, Dubuque
Waukon
Waverly-Shell Rock
West Delaware, Manchester

FAIRFIELD

Mgr: Brad Rose, AD

Assumption, Davenport
Central Clinton, DeWitt
Clear Creek-Amana
Fairfield
Fort Madison
Keokuk
Maquoketa
Marion
Mount Pleasant
Mount Vernon
Vinton-Shellsburg
Washington
Williamsburg

PELLA / KNOXVILLE

Mgr: Bill Van Horn, AD

Benton, Van Horne
Carlisle
Centerville
Chariton
Clarke, Osceola
Grinnell
Knoxville
Nevada
Oskaloosa
Pella
Saydel
South Tama County, Tama
Webster City