2008 IHSAA CROSS COUNTRY STATE MEET HISTORY and STAT BOOK

IHSAA
IOWA HIGH SCHOOL
ATHLETIC ASSOCIATION

INCLUDES TEAM & INDIVIDUAL CHAMPIONS,
RUNNERS-UP & MEET RECORDS
THRU 2007 STATE CHAMPIONSHIPS

TABLE OF CONTENTS

79th Year for IHSAA State Cross Country

Notice to Coaches, Media & the Public: *This fall the IHSAA celebrates its 79h Annual State Cross Country Championship Meet on Novenmber 1. Whjile it does not include the 7 years (1922-1929) an invitational was held at the University of Iowa , the meet is one of the nation's longest continous running meets and this book in part pays tribute to the athletes, coaches and schools who have figured so prominetly in that history. We have attempted to improve the information in this book each year, and the past three years we have pared the list of missing runners' names down to only the first names of 1939 Thornburg runners - Geyer and Rogers and the first and last names of the Mechanicsville team that finished 1-2-3 in 1943. Hopefully, someone may be able to help.*

As you review the information presented, if you detect an error or know the names of the above runners please contact Bud Legg in our office (email: blegg@iahsaa.org).

MISSION STATEMENT

"The ideals of good sportsmanship, ethical behavior, and integrity permeate our culture. The values of good citizenship and high behavioral standards apply equally to all activity disciplines. In perception and practice, good sportsmanship shall be defined as those qualities of behavior which are characterized by generosity and genuine concern for others. Further, an awareness is expected of the impact of an individual's influence on the behavior of others. Good sportsmanship is viewed by the Iowa High School Athletic Association as a concrete measure of the understanding and commitment to fair play, ethical behavior, and integrity."

TEAM CHAMPIONS - YEAR-BY-YEAR

Note: Information listed by year is the actual yea, not the school year. Example 1931
is the date of the meet run in teh 1931-32 school year

1922		Cedar Rapids	5-7-8	20
1923		Iowa City	2-3-5	10
1924		Shellsburg	3-?-?	21
1925		(tie) Dubuque	3-?-?	28
		Fort Madison	4-?-?	28
1926		Fort Madison	5-6-16	27
1927		Iowa City, University High	5-6-16	27
1928		Keokuk	1-4-11	16
1929		Muscatine	1-4-9	14

State Championships Conducted Under the Auspices of the IHSAA Started in 1930

1930		Muscatine	T-1 & 2-l4	17
1931		Ottumwa	4-?-?	23
1932		Ottumwa	2-6-7	15
1933		Ottumwa	2-13-18	33
1934		Muscatine	3-4-5	12
1935		Oskaloosa	2-3-4	9
1936	A	Oskaloosa	2-5-9	16
	B	Iowa City, University High	4-18-21	43
1937	A	Des Moines, East	1-5-12	18
	B	Iowa City, University High	2-4-8	14
	C	Clarence	2-3-9	14
1938	A	Oskaloosa	2-5-11	18
	B	Iowa City, University High	4-5-11	20
	C	Thornburg	1-5-10	16
1939	A	Knoxville	2-4-9	15
	B	Williamsburg	5-15-16	36
	C	Martinsburg	20-25-27	72
1940	A	Ottumwa	3-5-6	14
	B	Iowa City, University High	1-2-4	7
	C	LeClaire	2-3-4	9
1941	A	Des Moines, East	3-4-5	12
	B	Iowa City, University High	1-2-6	9
	C	Minburn	3-5-7	15
1942	A	Des Moines, East	1-4-5	10
	B	Iowa City, University High	1-2-4	7
1943	A	Des Moines, East	1-2-3	6
	B	Iowa City, University High	2-3-5	10
	C	Mechanicsville	1-2-3	6
1944	A	Des Moines, North	3-5-6	14
	B	Iowa City, University High	1-2-3	6
	C	Mechanicsville	1-3-4	8
1945	A	Des Moines, North	4-5-7	16
	B	Marion	2-3-4	9
	C	Mechanicsville	1-2-3	6

more...

1946	A	Des Moines, North	3-5-15	23
	B	Marion	1-2-5	8
	C	Mechanicsville	2-3-4	9

1947		***Individual Race run but no team scores in classes kept***		

1948	AA	Council Bluffs, Abraham Lincoln	1-3-5	9
	A	Cedar Rapids, Roosevelt	1-2-5	8
	B	Marion	2-3-5	10
	C	Napier	2-3-4	9

1949	AA	Des Moines, East	1-4-15	20
	A	Fairfield	1-3-5	9
	B	Marion	1-2-3	6
	C	Ollie	1-2-4	7

1950	AA	Des Moines, North	3-6-7	16
	A	Des Moines, Tech	1-3-7	11
	B	(Tie) Monroe	1-3-l0	14
		and Marion	2-4-8	14
	C	Fremont	3-4-5	12

1951	AA	Davenport	6-7-8	21
	A	(Tie) Cedar Rapids, Roosevelt	3-4-5	12
		and Charles City	1-2-9	12
	B	Marion	2-5-9	16
	C	Stanley	1-4-8	13

1952	AA	Des Moines, North	1-3-8	12
	A	Marion	1-4-5	10
	B	Eldora	1-2-4	7
	C	Underwood	1-4-8	13

1953	AA	Des Moines, North	1-6-10	17
	A	Marion	1-3-5	9
	B	Eldora	1-2-3	6
	C	Underwood	1-2-8	11

1954	AA	Des Moines, Tech	2-8-11	21
	A	Marion	1-3-6	10
	B	Eldora	2-3-5	10
	C	Underwood	2-3-6	11

1955	AA	Des Moines, Tech	1-9-15	25
	A	Valley, West Des Moines	1-3-5	9
	B	LeClaire	1-3-4	8
	C	Elliott	5-8-10	23

1956	AA	Des Moines, Tech	7-8-10	25
	A	Clarinda	2-3-4	9
	B	LeClaire	1-2-4	7
	C	Sheffield	1-5-9	15

1957	AAA	Sioux City, Central	1-5-6	12
	AA	Oskaloosa	1-6-7	14
	A	Decorah	2-3-10	15
	B	Saydel	1-9-l2	22
	C	Menlo	1-5-8	14

1958	AAA	Sioux City, Central	2-3-16	21
	AA	Decorah	1-2-8	11
	A	Marion	3-6-11	20
	B	Sheffield	3-4-7	14
	C	LuVerne	3-6-7	16

1959	AAA	Des Moines, Tech	2-3-6	1l
	AA	Decorah	1-5-9	15
	A	College Springs, South Page	3-8-11	22
	B	Underwood	1-6-l0	17
	C	LuVerne	1-2-5	8
1960	AAA	Des Moines, Tech	2-5-6	13
	AA	Marshalltown	3-5-11	19
	A	Winterset	1-4-7	12
	B	College Springs, South Page	1-6-11	18
	C	LuVerne	1-2-9	12
1961	AAA	Sioux City, Central	1-2-7	10
	AA	Marshalltown	1-3-5	9
	A	West Sioux, Hawarden	1-2-3	6
	B	Odebolt-Arthur	3-7-10	20
	C	Klemme	1-2-3	6
1962	AAA	Des Moines, Tech	1-3-4	8
	AA	Valley, West Des Moines	1-4-10	15
	A	Clarinda	2-8-12	22
	B	(Tie) Odebolt-Arthur	3-6-18	27
		and Sheffield-Chapin	7-8-12	27
	C	LuVerne	1-4-7	12
1963	AAA	Sioux City, Central	1-7-8	16
	AA	Grinnell-Newburg	8-10-16	34
	A	Clarinda	2-3-5	10
	B	Anita	2-5-8	15
	C	Sheffield-Chapin	3-4-7	14
1964	AAAA	Sioux City, Central	1-2-3	6
	AAA	Marshalltown	1-4-5	10
	AA	Decorah	5-9-13	27
	A	Odebolt-Arthur	2-4-10	16
	B	Anita	1-2-l2	15
	C	Miles	2-6-12	20
1965	AAAA	Sioux City, Central	1-2-3	6
	AAA	Marshalltown	1-2-3	6
	AA	Red Oak	1-8-13	22
	A	Aquin, Cascade	3-10-16	29
	B	Madrid	1-6-12	19
	C	Charles City, Immaculate Conception	1-9-11	21
1966	AAAA	Sioux City, Central	1-2-3	6
	AAA	Marshalltown	1-4-12	17
	AA	(tie) Red Oak	4-7-13	24
		and Decorah	5-9-10	24
	A	Aquin, Cascade	1-4-14	19
	B	Farragut	1-12-19	32
	C	Lincoln Centra1, Gruver	2-8-20	30
1967	AAAA	Sioux City, Central	1-3-4	8
	AAA	Ames	2-3-10	15
	AA	Red Oak	1-2-4	7
	A	Decorah	2-4-26	32
	B	Pekin, Packwood	2-7-8	17
	C	(tie) North Winneshiek, Decorah	6-10-14	30
		and Cedar Valley, Somers	7-11-12	30
1968	AAAA	Des Moines, Lincoln	4-5-20	29
	AAA	Ames	2-3-6	11
	AA	Urbandale	1-3-9	13

more...

	A	Decorah	1-2-5	8
	B	Pekin, Packwood	4-8-10	22
	C	Miles	1-3-6	10
1969	AAAA	Cedar Falls	4-9-26	39
	AAA	Columbus, Waterloo	1-3-12	16
	AA	Ankeny	2-6-11	19
	A	Chariton	6-7-18	31
	B	Central Lyon, Rock Rapids	3-7-9	19
	C	BCL, Conrad	2-3-13	18
	D	Miles	2-3-12	17
1970	AAAA	Waterloo, West	3-7-8-28	46
	AAA	Des Moines, Hoover	3-9-10-15	37
	AA	Urbandale	5-8-9-11	33
	A	Osage	9-14-15-32	70
	B	Aquinas, Fort Madison	1-8-11-13	33
	C	BGM, Brooklyn	4-6-16-20	46
	D	Garnavillo	9-11-?-?	52
1971	AAAA	Davenport, Central	2-15-21 24	62
	AAA	Columbus, Waterloo	1-3-9-10	23
	AA	Indianola	6-9-10-14	39
	A	Sheldon	2-5-12-36	55
	B	Aquinas, Fort Madison	2-5-12-14	33
	C	Johnston	6-7-14-15	42
	D	Notre Dame, Cresco	6-8-9-14	37
1972	AAAA	Mason City	1-5-6-8	20
	AAA	Columbus, Waterloo	1-3-5-7	16
	AA	Indianola	1-2-9-I0	22
	A	Decorah	4-9-12-16	41
	B	Johnston	7-8-10-31	56
	C	Tri-County, Thornburg	8-11-18-22	59
	D	Garnavillo	5-7-8-16	36
1973	AAAA	Mason City	7-11-13-23	54
	AAA	Ames	1-6-14-24	45
	AA	Lewis Central, Council Bluffs	1-7-13-17	38
	A	Western Christian, Hull	6-9-12-13	40
	B	Johnston	2-4-6-20	32
	C	Milford	10-16-19-21	66
	D	(Tie) Garnavillo	4-12-23-36	75
		and Dike	15-16-18-26	75
1974	AAAA	Marshalltown	5-6-12-25	48
	AAA	Dowling, West Des Moines	4-9-10-16	39
	AA	Assumption, Davenport	2-3-24-27	56
	A	Decorah	3-11-12-32	58
	B	Shenandoah	2-7-13-24	46
	C	Dike	9-13-14-24	60
	D	Sanborn	4-5-13-40	62
1975	AAAA	Marshalltown	2-4-11-38	55
	AAA	Ames	2-3-8-20	33
	AA	Waverly-Shell Rock	5-9-10-13	37
	A	Shenandoah	1-7-14-21	43
	B	Tipton	1-2-8-15	26
	C	Aquin, Cascade	2-10-34-40	86
	D	Odebolt-Arthur	6-11-12-34	63
1976	AA	Clinton	4-5-22-29	60
	A	Decorah	8-10-16-19	53
	B	Unity Christian, Orange City	5-6-9-24	44
	C	Bancroft, St. John	1-3-6-11	21

more...

1977	AA	Des Moines, Hoover	1-15-16-36	68
	A	Decorah	2-8-23-34	67
	B	Unity Christian, Orange City	3-4-12-20	39
	C	Bancroft, St. John	3-4-9-25	41
1978	AA	Muscatine	6-7-12-15	40
	A	Decorah	6-11-19-20	56
	B	Aquinas, Fort Madison	8-12-13-14	47
	C	Garnavillo	7-12-13-19	51

Joint IHSAA-IGHSAU State Championships Started in 1979

1979	AA	Clinton	2-8-14-24	48
	A	Centerville	19-25-27-32	103
	B	Newman Catholic, Mason City	2-8-16-20	46
	C	Aquinas, Fort Madison	3-5-6-25	39
1980	AA	Waverly-Shell Rock	8-12-23-51	94
	A	Knoxville	4-8-18-33	63
	B	Kee, Lansing	3-4-5-19	31
	C	Cardinal Stritch, Keokuk	2-4-15-41	62
1981	3-A	Clinton	1-21-27-39	88
	2-A	Sheldon	1-4-19-28	52
	1-A	Kee, Lansing	1-2-17-25	45
1982	3-A	Clinton	3-7-11-24	45
	2-A	Western Christian, Hull	1-5-15-48	69
	1-A	Kee, Lansing	4-12-14-22	52
1983	3-A	Ames	4-9-16-19	48
	2-A	Cascade	5-12-14-58	89
	1-A	Unity Christian, Orange City	13-16-22-24	75
1984	3-A	Clinton	4-13-15-16	48
	2-A	Eagle Grove	6-20-26-43	95
	I-A	NUH, Cedar Falls	1-7-17-35	60
1985	3-A	Dowling, West Des Moines	3-8-15-36	62
	2-A	Cascade	3-13-20-25	61
	1-A	NUH, Cedar Falls	3-7-40-48	98
1986	3-A	Clinton	1-10-l6-19	46
	2-A	Cascade	9-10-14-18	51
	1-A	Woodbine	6-17-18-40	81
1987	3-A	Dubuque, Senior	13-14-16-21	64
	2-A	Eagle Grove	10-11-12-13	46
	1-A	Woodbine	5-9-22-31	62
1988	3-A	Iowa City, West	4-16-28-33-34	115
	2-A	Shenandoah	1-17-20-21-33	92
	1-A	Kee, Lansing	10-16-17-19-25	87
1989	3-A	Ames	4-6-10-27-53	100
	2-A	Shenandoah	3-6-7-9-26	51
	1-A	Kee, Lansing	3-12-15-16-19	70
1990	3-A	Muscatine	1-7-22-27-40	97
	2-A	Decorah	2-3-6-18-28	57
	1-A	Jesup	8-11-14-27-36	96
1991	3-A	Iowa City, City High	5-8-16-18-37	84
	2-A	Shenandoah	4-7-11-20-31	73
	1-A	Williamsburg	13-16-19-22-32	102

more...

1992	3-A	Iowa City, City High	3-9-12-16-33	73
	2-A	Decorah	1-7-8-32-36	84
	1-A	St. Albert, Council Bluffs	2-8-12-14-20	56
1993	3-A	Iowa City, City High	5-6-9-12-13	45
	2-A	Waukon	4-5-14-17-19	59
	1-A	Regina, Iowa City	2-3-6-25-36	72
1994	3-A	Iowa City, City High	7-12-21-23-24	87
	2-A	Humboldt	2-3-6-38-44	93
	1-A	Denver	1-2-9-26-29	67
1995	3-A	Dubuque, Senior	1-2-3-20-28	54
	2-A	Waukon	2-4-12-17-20	55
	1-A	Iowa Mennonite, Kalona	9-13-20-22-31	95
1996	3-A	Iowa City, City High	4-11-12-18-25	70
	2-A	Waukon	2-3-5-9-10	29
	1-A	Calamus-Wheatland	1-8-26-34-39	108
1997	3-A	Iowa City, City High	11-16-19 20-23	89
	2-A	Waukon	6-9-14-17-28	74
	1-A	Regina, Iowa City	3-5-11-13-16	48
1998	3-A	Dubuque, Senior	11-15-16-18-33	93
	2-A	Waukon	3-10-14-32-39	98
	1-A	Regina, Iowa City	8-10-21-23-36	98
1999	3-A	Iowa City, City	11-12-13-15-18	69
	2-A	Waukon	7-14-24-39-40	124
	1-A	West Sioux, Hawarden	4-12-17-18-41	92
2000	3-A	Iowa City, City	7-15-19-23-26	90
	2-A	Central Clinton, DeWitt	4-10-15-19-21	69
	1-A	Wapsie Valley, Fairbank	12-14-19-26-36	107
2001	3-A	Des Moines Roosevelt	2-5-14-34-47	102
	2-A	Central Clinton, DeWitt	4-8-11-41-47	111
	1-A	Bennett-Durant	18-21-22-24-26	111
2002	3-A	Des Moines Roosevelt	4-6-7-13-21	51
	2-A	Waukon	3-4-11-28-78	124
	1-A	Nodaway Valley, Greenfield	13-16-26-31-38	124
2003	4-A	Des Moines Roosevelt	1-2-4-16-22	45
	3-A	Wahlert, Dubuque	11-30-31-33-38	143
	2-A	Western Christian, Hull	4-13-20-22-26	85
	1-A	Regina, Iowa City	19-20-32-36-47	154
2004	4-A	Cedar Falls	8-9-10-31-33	91
	3-A	Wahlert, Dubuque	1-10-19-20-22	72
	2-A	Regina, Iowa City	12-27-28-33-36	136
	1-A	Wapsie Valley, Fairbank	12-24-32-36-76	180
2005	4-A	Cedar Falls	6-8-12-34-39	99
	3-A	Mount Vernon-Lisbon	8-10-17-24-25	84
	2-A	Western Christian, Hull	2-20-25-54-78	179
	1-A	Wapsie Valley, Fairbank	10-11-15-20-48	104
2006	4-A	Pleasant Valley	2-7-15-18-32	74
	3-A	Xavier, Cedar Rapids	3-11-15-17-67	113
	2-A	South Winneshiek, Calmar	14-34-48-51-56	203
	1-A	Regina, Iowa City	7-20-34-45-65	171
2007	4-A	Pleasant Valley	1-5-9-26-42	83

more...

3-A	Xavier, Cedar Rapids	2-4-14-21-28	69
2-A	Monticello	1-14-21-31-33	100
1-A	Regina, Iowa City	3-6-9-16-21	55

IHSAA STATE CHAMPIONSHIP TEAMS - Alphabetical

Ames	1967, 68, 73, 75, 83, 89	6
Anita	1963, 64	2
Ankeny	1969	1
Aquin, Cascade	1965, 66, 75	3
Aquinas, Fort Madison	1970, 71, 78, 79	4
Assumption, Davenport	1974	1
Bancroft, St. John	1976, 77	2
BCL, Conrad	1969	1
Bennett-Durant	2001	1
BGM, Brooklyn	1970	1
Calamus-Wheatland	1996	1
Cardinal Stritch, Keokuk	1980	1
Cascade	1983, 85, 86	3
Cedar Falls	1969, 2004, 05	3
Cedar Rapids, Roosevelt	1948, 51	2
Cedar Valley, Somers	1967	1
Centerville	1979	1
Central Clinton, DeWitt	2000, 2001	2
Central Lyon, Rock Rapids	1969	1
Chariton	1969	1
Charles City, Immaculate Conception	1965	1
Clarence	1937	1
Clarinda	1956, 62, 63	3
Clinton	1976, 79, 81, 82, 84, 86	6
College Springs, South Page	1959, 60	2
Columbus, Waterloo	1969, 71, 72	3
Council Bluffs, Abraham Lincoln	1948	1
Davenport, Central	1951, 71	2
Decorah	1957, 58, 59, 64, 66, 67, 68, 72, 74, 76, 77, 78, 90, 92	14
Denver	1994	1
Des Moines, East	1937, 41, 42, 43, 49	5
Des Moines, Hoover	1970, 77	2
Des Moines, Lincoln	1968	1
Des Moines, North	1944, 45, 46, 50, 52, 53	6
Des Moines, Roosevelt	2001, 02, 03	3
Des Moines, Tech	1950, 54, 55, 56, 59, 60, 62	7
Dike	1973, 74	2
Dowling, West Des Moines	1974, 85	2
Dubuque, Senior	1987, 95, 98	3
Eagle Grove	1984, 87	2
Eldora	1952, 53, 54	3
Elliott	1955	1
Fairfield	1949	1
Farragut	1966	1
Fremont	1950	1
Garnavillo	1970, 72, 73, 78	4
Grinnell	1963	1
Humboldt	1994	1
Indianola	1971, 72	2

Iowa City, City High	1923, 1991, 92, 93, 94, 96, 97, 99, 2000	9
Iowa City, University High	1936, 37, 38, 40, 41, 42, 43, 44	8
Iowa City, West	1988	1
Iowa Mennonite, Kalona	1995	1
Jesup	1990	1
Johnston	1971, 72, 73	3
Kee, Lansing	1980, 81, 82, 88, 89	5
Klemme	1961	1
Knoxville	1939, 80	2
LeClaire	1940, 55, 56	3
Lewis Central, Council Bluffs	1973	1
Lincoln Central, Gruver	1966	1
LuVerne	1958, 59, 60, 62	4
Madrid	1965	1
Marion	1945, 46, 48, 49, 50, 51, 52, 53, 54, 58	10
Marshalltown	1960, 61, 64, 65, 66, 74, 75	7
Martinsburg	1939	1
Mason City	1972, 73	2
Mechanicsville	1943, 44, 45, 46	4
Menlo	1957	1
Miles	1964, 68, 69	3
Milford	1973	1
Minburn	1941	1
Monroe	1950	1
Monticeloo	2007	1
Mount Vernon-Lisbon	2005	1
Muscatine	1930, 34, 78, 90	4
Napier	1948	1
Newman Catholic, Mason City	1979	1
Nodaway Valley, Greenfield	2002	1
North Winneshiek, Decorah	1967	1
Notre Dame, Cresco	1971	1
NUH, Cedar Falls	1984, 85	2
Odebolt-Arthur	1961, 62, 64, 75	4
Ollie	1949	1
Osage	1970	1
Oskaloosa	1935, 36, 38, 57	4
Ottumwa	1931, 32, 33, 40	4
Pekin, Packwood	1967, 68	2
Pleasant Valley	2006, 07	2
Red Oak	1965, 66, 67	3
Regina, Iowa City	1993, 97, 98, 2003, 04, 06, 07	7
Saint Albert, Council Bluffs	1992	1
Sanborn	1974	1
Saydel	1957	1
Sheffield-Chapin	1956, 58, 62, 63	4
Sheldon	1971, 81	2
Shenandoah	1974, 75, 88, 89, 91	5
Sioux City, Central	1957, 58, 61, 63, 64, 65, 66, 67	8
South Winneshiek, Calmar	2006	1
Stanley	1951	1
Tipton	1975	1
Tri-County, Thornburg	1938, 72	2
Underwood	1952, 53, 54, 59	4

Unity Christian, Orange City 1976, 77, 83 3
Urbandale 1968, 70 2

Valley, West Des Moines 1955, 62 2

Wahlert, Dubuque.. 2003, 04 2
Wapsie Valley, Fairbank 2000, 04, 05 3
Waterloo, West 1970 1
Waukon 1993, 95, 96, 97, 98, 99, 2002 7
Waverly-Shell Rock.. 1975, 80 2
West Sioux, Hawarden 1961, 99 2
Western Christian, Hull 1973, 82, 2003, 05 4
Williamsburg 1939, 91 2
Winterset... 1960 1
Woodbine.. 1986, 87 2

Xavier, Cedar Rapids 2006, 07 2

CHAMPIONSHIP TEAM RUNNERS IN IHSAA STATE MEET
(Runners who scored for champions listed in order of finish)
Note: Information listed by year is the actual yea, not the school year. Example 1931
is the date of the meet run in teh 1931-32 school year

1930   Muscatine (John Garnes - Bob McElroy - John Wilson)

1931   Ottumwa (John Schmidt - ??-??)

1932   Ottumwa (Richard Beebe - John Schmidt - Harold Kinsinger)

1933   Ottumwa (John Schmidt - John Beebe - Clifford Gardner)

1934   Muscatine (Bernard Berger - Gerald Wyman - Clark Brown)

1935   Oskaloosa (Ray Davis - Glenn Lee - Eugene Henson)

1936   A   Oskaloosa (Neal Hamilton - Wayne Allgood - Glenn Sparks)
         B   Iowa City, University High (Edwin Myers - Charles Robbins - Donald Spencer)

1937   A   Des Moines, East (Carl Gustafson - Hoskins - Hansen)
         B   Iowa City, University High (Donald Spencer - Don Welt - Hager)
         C   Clarence (Dale Winey - Leroy Preuss - Ed Winey)

1938   A   Oskaloosa (Stanley McCarger - Rex Lee - Warren McCaulley)
         B   Iowa City, University High (Lynn Frazier - Don Welt - Van Martin)
         C   Thornburg (Raymond (Berl) Edmundson - Geyer - Rogers)

1939   A   Knoxville (Harold Goebel - Howard Goebel - Bill Hanna)
         B   Williamsburg (Charles Fetzer - Robert Mahan - Owen Jones)
         C   Martinsburg (Ralph Zepp - Willis Knaak - Gary Hollingsworth)

1940   A   Ottumwa (Danny Smith - Charles Sedore - Joe Lord)
         B   Iowa City, University High (Lynn Frazier - Fred Zollar - Frank Zollar)
         C   LeClaire (Kenneth McFate - Lewis Randolph - Russell Jaynes)

1941   A   Des Moines, East (Ben Mills, Charles Harban, Martin Grandquist)
         B   Iowa City, University High (Fred Zollar-Frank Zollar-Ed Smith)
         C   Minburn (Bill Jackson-Dee Thompson-Gene Waters)

1942   A   Des Moines, East (Martin Grandquist-William Chappell-Vance Walters)
         B   Iowa City, University High (Ed Smith-Robert Hartsock-Richard Terrill)

1943   A   Des Moines, East (Vance Walters-Harold Williams-Wesley Redhead)
         B   Iowa City, University High (Dick Terrill-Robert Hartsock-Francis Harney)

       more...

       C   Mechanicsville (???-??-??)

1944   A   Des Moines, North (Jack Copeland-Mac Baty-Eluis Kirkpatrick)
        B   Iowa City, University High (Richard Terrill-Stanley Murray-Robert Hartsock)
        C   Mechanicsville (Calvin Robinson-Don Gemberling-Casper Robinson)

1945   A   Des Moines, North (Tom Moore-John Kemble-Mac Baty)
        B   Marion (Russell Benedict-Raymond Petersen-Neil Woods)
        C   Mechanicsville (Calvin Robinson-Casper Robinson-Glen Svoboda)

1946   A   Des Moines, North (Tom Moore-Leland Graves-M.L. Kerr)
        B   Marion (Raymond Petersen-Eugene Hastings-Neil Wood)
        C   Mechanicsville (Vernon Svoboda-Glen Svoboda-Howard Nicoll)

1947   ***Individual Race Run but no team scores in classes kept***

1948   AA Co Bluffs, Abraham Lincoln (Charles Whitaker-Galen Hassen-Bernard Lainson)
        A   Cedar Rapids, Roosevelt (Ocie Trimble-Stan Petrick-Richard Wise)
        B   Marion (Allen Mally-Jack Edmunds-Don Dean)
        C   Napier (Arthur Trumbower-Phillip Anderson-Darrell Erickson)

1949   AA Des Moines, East (Don Murray-Eugene Hart-Richard Larson)
        A   Fairfield (Larry Manary-Wayne Davis-James Hilleary)
        B   Marion (Richard Hotz-Allen Mally-Jack Edmunds)
        C   Ollie (Neal Bottger-Eugene Kessell-Charles Scearcy)

1950   AA Des Moines, North (Larry Graves-Jay LaVine-Dean Gates)
        A   Des Moines, Tech (Tom Burch-Ben Prewitt-Jerry Greenwell)
        B   TIE - Monroe (Dick Rupert-Harold Wagner-Harold Boyer)
            and Marion (Richard Hotz-Jack Edmunds-John Kassler)
        C   Fremont (Paul Roquet-Paul Abernathey-Lawrence Schmitz)

1951   AA Davenport (Loren Wulf-Ira Dunsworth-Dick Kerr)
       AA TIE - Cedar Rapids, Roosevelt (Eldon Hasley-George Johnson-Dave Anderson)
            and Charles City (Bill Fleuher-Roy Bever-Stanley Tolliver)
        B   Marion (Gerald Walker-Ernie Gates-Eugene Gonsales)
        C   Stanley (Burton Moore-Tommy Doyle-Dewey Geary)

1952   AA Des Moines, North (Caesar Smith-Dan Marin-Oscar Maldonado)
        A   Marion (Jerry Walker-Leo Corporon-Eugene Gonsales)
        B   Eldora (Jerry Crosser-Clyde Callahan-Jerry Cleveland)
        C   Underwood (Garold Ryan-George Lee-Paul Ryan)

1953   AA Des Moines, North (Caesar Smith-Oscar Maldonado-Jerry Hawkins)
        A   Marion (Jerry Walker-Leo Corporan-Bob Fernow)
        B   Eldora (Dan Munson-Kenny Brock-Art Berg)
        C   Underwood (Paul Ryan-George Lee-Ed Turk)

1954   AA Des Moines, Tech (Brian Travis-Jim Black-Jim Jones)
        A   Marion (Dick Jacobs-Ron Franklin-Vince Holt)
        B   Eldora (Ken Brock-Art Berg-Dan Munson)
        C   Underwood (George Lee-Paul Ryan-Bob Hough)

1955   AA Des Moines, Tech (Brian Travis-Fred Keller-Dale McDaniel)
        A   Valley, WDM (Deryl King-Gary Crow-Jon Ingraham)
        B   LeClaire (Homer Lattimer-Tom Tilton-Jimmy Bremmer)
        C   Elliott (Lyle Shires-Dale Elwood-Jerry Thompson)

1956   AA Des Moines, Tech (Fred Keller-Jim Bell-Dave Murray)
        A   Clarinda (John Woolson-Ken Hughes-Jerry Carlson)
        B   LeClaire (Homer Lattimer-Tom Tilton-Jim Bremmer)
        C   Sheffield (Bill Eno-Don Wearda-Marv Corporon)

1957 AAA Sioux City, Central (Tom Rivers-Dave Pettit-Bob Carley)
       AA Oskaloosa (Konrad Billhardt-Ivan Ancell-John Quarton)

                                more...

	A	Decorah (Ronnie Olson-Wayne Benzing-Paul Estrem)
	B	Saydel (John Raveling-Bob Lowe-Jack Kyle)
	C	Menlo (Raymond Miller-Brian Stemm-Tom Adamson)

1958 AAA Sioux City, Central (Eugene Rave-Dave Pettit-John Peters)
    AA Decorah (Ron Olson-Wayne Benzing-Don Roney)
    A Marion (Dick Stickney-Don Grant-Robert McDowell)
    B Sheffield (Bill Taylor-Marvin Corporon-Dennis Blankenship)
    C LuVerne (Earl Hanselman-Kenny Wilhelm-Charles Weber)

1959 AAA Des Moines, Tech (David Brown-Gregory Leaper-Richard Helm)
    AA Decorah (Ron Olson-Don Roney-Gary Hall)
    A College Springs, South Page (Joe Henderson-Norman Johnston-Jim Ripley)
    B Underwood (Ron Hough-Kenneth Cahrs-Larry Barganquast)
    C LuVerne (Earl Hanselman-Paul Gilligan-John Schade)

1960 AAA Des Moines, Tech (Richard Helm-David Lee-Bruce Adair)
    AA Marshalltown (John Readout-Bill Perry-George Bell)
    A Winterset (Tom Good-Dennis Cline-Steven Cline)
    B College Springs, South Page (Joe Henderson-Roger Hamm-Dennis McMillen)
    C LuVerne (John Schade-Paul Gilligan-Bernard Schade)

1961 AAA Sioux City, Central (Don Rivers-Jim Wilson-Dennis Thomsen)
    AA Marshalltown (John Readout-Steve Brintnall-Merrill Moore)
    A West Sioux, Hawarden (Ed Eneboe-Tim White-Rodney Vellinga)
    B Odebolt-Arthur (Dennis Anderson-Larry Johnson-Dennis Dinges)
    C Klemme (Art Hoffman-Jerry Murray-Bill McCollaugh)

1962 AAA Des Moines, Tech (David Lee-Darryl Green-Bruce Adair)
    AA Valley, WDM (Ron Griffith-Roger Hansen-Pat Redden)
    A Clarinda (Merlin Lewis-Curtis Meier-Ronald Taylor)
    B (TIE) Odebolt-Arthur (Dennis Dinges-Larry Johnson-Ben Buehler)
       and Sheffield-Chapin (Lester Corporon-Ron Zickefoose-John LaRoque)
    C LuVerne (Bernard Schade-George Hanselman-Ray Welter)

1963 AAA Sioux City, Central (Dave Compton-Steve Gerkin-Ed Jensen)
    AA Grinnell-Newburg (Ed Humphrey-Gary Lawson-Dennis Palmer)
    A Clarinda (Ronald Taylor-Galen Lininger-John Scrivner)
    B Anita (Dennis Reed-Tom Denny-Larry Ruggles)
    C Sheffield-Chapin (Charles Schmalbeck-Bill Loeffelhardt-Les Corporon)

1964 AAAA Sioux City, Central (Dave Compton-Steve Gerkin-Doug Smith)
    AAA Marshalltown (Ken Gallagher-Ted Fulk-Jack Koerber)
    AA Decorah (Greg Gilbertson-John Sheridan-Tom Sheridan)
    A Odebolt-Arthur (Tom Halboth-Steve Thayer-Don Anderson)
    B Anita (Tom Denny-Larry Ruggles-Brad Reed)
    C Miles (Gorden Hansen-Charles Bales-George Ackerman)

1965 AAAA Sioux City, Central (Doug Smith-Steve Gerkin-John Samore)
    AAA Marshalltown (Joe Rohach-Ted Fulk-Duane Berger)
    AA Red Oak (Paul Fish-Don Jenkins-Steve Bowman)
    A Aquin, Cascade (Calvin Coohey-Daniel Manternach-Mark Ressler)
    B Madrid (Dick Jensen-Danny Woodlund-Kenny Woodlund)
    C Charles City, Immaculate Conception (Joseph Byrne-Pat Regan-Steve Kuhn)

1966 AAAA Sioux City, Central (Doug Smith-Greg Coons-Ken Bern)
    AAA Marshalltown (Joe Rohach-Ted Fulk-Steve Beatty)
    AA (TIE) Red Oak (Bob Wilson-Paul Werts-Lynn Ellis)
       and Decorah (Mark Aschim-David Morstad-Arvi Rebasso)
    A Cascade, Aquin (Calvin Coohey-Dan Manternach-John Althoff)
    B Farragut (Bernie Hughes-George Hughes-Tom Shull)
    C Lincoln Central, Gruver (Mike Origer-Mike Nichols-Torval Eide)

1967 AAAA Sioux City, Central (Doug Smith-Rich Wilson-Steve Koson)

    more...

    AAA   Ames (Greg Denler-Dave Powell-Chuck Maurer)
     AA   Red Oak (Bob Wilson-Lynn Ellis-Paul Werts)
      A   Decorah (Mark Aschim-Dennis Ellingson-Arvi Rebasso)
      B   Pekin, Packwood (Larry Greiner-Vern Wonderlich-Randy Lowenberg)
      C   (TIE) North Winneshiek (Mark Quandahl-Norbert Lovstuen-Harold Rosendahl)
            Cedar Valley, Somers(John Turner-Bob Carlson-Paul Welter)

1968 AAAA   Des Moines,Lincoln (John McDonald-Steve Nordenson-Phil Valgarino)
    AAA   Ames (Dave Powell-Hugh Collins-Tom Montay)
     AA   Urbandale (Tom Kielty-Ron Keller-Dave Meshek)
      A   Decorah (Mark Aschim-Dennis Ellingson-Jim Ziegelmaier)
      B   Pekin, Packwood (Randy Lowenberg-Joe Adam-Vern Wonderlich)
      C   Miles (Mike Cassaday-Steve Seamer-Pat Cassaday)

1969 AAAA   Cedar Falls (Dan Alderman-Mike Wilson-Mike Hankins)
    AAA   Columbus, Waterloo (Dave Krantz-Mark Borich-Mike Burke)
     AA   Ankeny (Lee Schreurs-Mark Trusty-Dan Marquardt)
      A   Chariton (Gary Mason-Greg Lewis-Mike Patterson)
      B   Central Lyon, Rock Rapids (Stan Timmer-Roy Lubbers-Doug Dunn)
      C   BCL, Conrad (Bob Schleisman-Brad Stevens-David Juchems)
      D   Miles (Steve Seamer-Pat Cassday-Gary Wilcke)

1970 AAAA   Waterloo, West (Ron Peters-Larry Carter-Chip Meier-Dave Narveson)
    AAA   Des Moines, Hoover (Bob Hughes-Frank Willborne-Rich Hall-Tom Howland)
     AA   Urbandale (Mark Davis-Dave Steffen-Larry Moore-Bruce Bornman)
      A   Osage (Lawrence Indra-Loran Erdman-Pete Indra-Kevin Hanson)
      B   Aquinas, Ft. Madison (Charley Rump-Bill Wagner-Randy Bohl-Kurt Rump)
      C   BGM, Brooklyn (Ron Longnecker-Dave Bazyn-Garland Roth-Don Longnecker)
      D   Garnavillo (Gary Werger-Alan Werger-Rick Allyn-Russ Tindell)

1971 AAAA   Davenport, Central (Gregg Newell-Frosty Borland-Tim Cornish-Mark Olson)
    AAA   Waterloo, Columbus (Bob Connell-Mike Powers-Dave Riley-Dale Hansen)
     AA   Indianola (Mike Burns-Jeff Allsup-Sean McGuire-John Essick)
      A   Sheldon (Rex Madsen-Dan Castle-Jeff Hesebeck-Pat Cappes)
      B   Aquinas, Ft Madison(Charles Rump-Bill Wagner-Dennis Beach-Mike Huffman)
      C   Johnston (John Trier-Darrell Cox-Ron Gomis-Dan Heithoff)
      D   Notre Dame, Cresco(Jeff Fraser-Stan Potter-Bill Ferrie-Mark Montague)

1972 AAAA   Mason City (Mark Johnson-Dave Runge-John Dunn-Barry Brandt)
    AAA   Waterloo, Columbus (Dale Hansen-Mike Duncan-Phil Schaffer-Dave Schmidt)
     AA   Indianola (Mark Bishop-Mike Burns-Shawn McGuire-Jeff Allsup)
      A   Decorah (Mike Nelson-Jeff Seim-Fred Schultz-Mike Sloan)
      B   Johnston (John Trier-Ron Comis-Darrell Cox-Steve Wickner)
      C   Thornburg, Tri-Co (Dave Briggs-Chuck Moore-Den Green-Jeff Goldsmith)
      D   Garnavillo (Gary Werger-Bob Rodenberg-Lon Kuehl-Russ Tindell)

1973 AAAA   Mason City (Barry Brandt-John Dunn-Mike Jones-Mark Young)
    AAA   Ames (Mark Grover-Greg Prestemon-Dick Bailey-Dean Dass)
     AA   Lewis Central, CB (Boyd Nansel-Ed Croson-Don Wood-Andy Everson)
      A   Western Christian, Hull (Randy Grevengoed-Bernie Haan-Carl DeJongh-Evan Blom)
      B   Johnston (Ron Gomis-Darrell Cox-John Trier-Steve Wilener)
      C   Milford (Rod Stevenson-Bob Fitzpatrick-Don Bonney-Bruce Boles)
      D   (TIE) Garnavillo (Lon Kuehl-Bob Rodenberg-Jeff Portwine-Neil Davis)
            Dike (Steve Bernhardt-Dan Nagel-Tim Nagel-Pat Murphy)

1974 AAAA   Marshalltown (John Mulvihill-Mike Mattox-Jamie Hutcheson-W Chizek)
    AAA   Dowling, WDM (Tom Farrell-John McMichael-Paul Pappas-Marty Scaglione)
     AA   Assumption, Davenport(Gene McGivern-Dave Nix-Tony Valainis-Steve High)
      A   Decorah (Keith Ellingson-Jon Nelson-Randy Fitzgerald-Mark Williams)
      B   Shenandoah (Blair Renfro-Ray Shaw-Tom Fichter-Bob Warnemunde)
      C   Dike (Pat Murphy-Steve Bernhardt-Jim Hansen-Tim Nagel)
      D   Sanborn (Dwayne Camarigg-Alan Camarigg-Mark Remme-Jeff Lymer)

1975 AAAA   Marshalltown (Jamie Hutcheson-Mike Mattox-Matt McCright-Kelley Lacina)
    AAA   Ames (Jon Mathiason-Chuck Gratto-John Aurand-Mitch Delaney)

more...

        AA   Waverly-SR (Paul Franken-Tim Smith-Dennis Huston-Jim Thompson)
         A   Shenandoah (Blair Renfro-Wally Duffy-Tom Fichter-Dennis Scharp)
         B   Tipton (Brett Eggert-Joe Pelzer-Tom Weih-Ed Pelser)
         C   Aquin, Cascade (Pat Hayes-Jerry Decker-Phil Kauder-Jim Trumm)
         D   Odebolt-Arthur (Nate Kitterman-Randy Lundberg-Brad Gehrke-John Simpson)

1976 AA   Clinton (Paul Rickerl-Mike Schall-Mike Holle-Bob Emmons)
         A   Decorah (Dave Averill-Lyle Klotzbach-Derek Loeb-Randy Fitzgerald)
         B   Unity Christian, Orange City(Greg Kuiper-Stanton Visser-Dan Kroeze-Dan Kuiper)
         C   Bancroft, St John (Larry Hellman-Al Brandenburg-Tony Marlow-Ron Studer)

1977 AA   DM, Hoover (Mike Diment-Marty Wiedemann-Dale Jankovitz-Tim Hall)
         A   Decorah (Randy Fitzgerald-Lyle Klotzbach-Tom Hasvold-Eric Henrikson)
         B   Unity Christian, Orange City (Stanton Visser-Dan Kroege-Mark Pluion-Dan Kuiper)
         C   Bancroft, St John(Larry Hellman-Al Brandenburg-Ron Studer-Mark Bradley)

1978 AA   Muscatine (Jeff Fick-Chris Ales-Tony Shellabarger-Mike Allbee)
         A   Decorah (Dave Averill-Brian Tjelta-Jon Estren-Tom Hasvold)
         B   Aquinas, Fort Madison (J McGee-S Welding-Randy Biemhorst-Bob McGee)
         C   Garnavillo (Brian Brase-Tom Berns-Art Gomez-Tracy Werges)

1979 AA   Clinton (Jeff Jacobs-Shawn Spooner-Lorne Burgess-Rob Ebensberger)
         A   Centerville (Henry Moritz-Randy Felkner-Dwayne Johnson-Bill Weideman)
         B   Newman Catholic, MC (Mike Karamitros-John Cahalan-Chuck Knapp-Dan Cahalan)
         C   Aquinas, Fort Madison (Jim McGee-Bob McGee-Glenn Steffensmeier-Steve Welding)

1980 AA   Waverly-SR (Tom Cornish-Dan Huston-Joel Alexander-Mike Zrostlik)
         A   Knoxville (T.K.Wignall-Rick Kaster-Stacy Washington-Mike Ritter)
         B   Kee, Lansing (Mike Hawes-Brian Hawes-Shawn Connor-Keith Moore)
         C   Cardinal Strtch, Keokuk (Dan Schreck-Andrew Harsch-Jeff Bohnet-Mark Inman)

1981 3-A   Clinton (Jeff Jacobs-Jon Menges-Loran Storts-Tom Bentley)
         2-A   Sheldon (Bill Kerkeart-Steve Drenkow-Steve Tolk-Scott Engelhardt)
         1-A   Kee, Lansing (Brian Hawes-Shawn Connor-Dave Gruber-Keith Moore)

1982 3-A   Clinton (Loran Storts-Mike Asmus-Jon Menges-Jim Jungjohann)
         2-A   Western Christian (Mike Grevengoed-Mike Kooistra-Greg Van'kamp-Morry Horstmann)
         1-A   Lansing, Kee (Brian Hawes-Shawn Connor-Dave Gruber-Blll Wilkins)

1983 3-A   Ames (Jeff Burris-Dave Voss-Jim Thomas-Scott Whigham)
         2-A   Cascade (Kyle Kauder-Phil Decker-Brian Annis-Dave Hoffmann)
         1-A   Unity Christian (Henry Byl-Dennis Dokter-Randy Rowenhorst-Marlin Schoenhoven)

1984 3-A   Clinton (Jim Jungjohann-Mike Walker-Brad Wall-Russell Johnson)
         2-A   Eagle Grove (Tim Coltvet-Mark Sampson-Jeff Pickering-Rick Coltvet)
         1-A   Cedar Falls, Northern (Trent Timson-Steve Budlong-Kyle Christianson-Per Ove Berg)

1985 3-A   Dowling, WDM (John Schuster-Steve Schweizer-Kev Miller-Doug Biorger)
         2-A   Cascade (Doug Hunt-Phil Lindauer-Kevin Kearney-Matt Nauman)
         1-A   NUH,C Falls(Trent Timson--Kyle Christiason-Jon Klinkowitz-Jackson Lounsberry)

1986 3-A   Clinton (Brad Wall-Dave Ladehoff-Craig Andresen-Brian Wall)
         2-A   Cascade (Steve Kremer-Doug Hunt-Kevin Kearney-Pat Henneberry)
         1-A   Woodbine (Rich Barry-Rex Baxter-Jason Barry-Bill Stephany)
1987 3-A   Dubuque, Senior (Tory Tepp-Eric Walsh-Greg Hughes-Joe Marshall)
         2-A   Eagle Grove (Mark Sampson-Chris Tofteberg-Pat Wieth-Rick Coltvet)
         1-A   Woodbine (Jason Barry-Rex Baxter-Scott Tucker-Bill Stephany)

1988 3-A   Iowa City, West (Dean Colony-Brian Mildenstein-Sean Boyle-Damian Savarino-Todd Lane)
         2-A   Shenandoah (Brian Hornbuckle-Mike Falk-Jason Armstrong-Andy Campbell-Pat McDermott)
         1-A   Kee, Lansing (Max Flack-Jesse Delaney-Mike Mitchell-Andy Wagner-Paul Manning)

1989 3-A   Ames (Damon Hawn-Brian Campbell-Guy Willey-Steve Beaudry-Jon Ramsey)
         2-A   Shenandoah (Chris Willeman-Jason Armstrong-Pat McDermott-Andy Campbell-Brian Hornbuckle)

more...

| | 1-A | Kee, Lansing (Jesse Delaney-Andy Wagner-Max Flack-Paul Manning-Eric Van Brocklin) |

1990 3-A Muscatine (Jonathan Estabrook-Ryan Willits-Ahren Gross-Chad Hanna-Steve Leach)
     2-A Decorah (Brent McGrew-Chris Olson-Niels Anderson-Tobin Laursen-David Tollefson)
     1-A Jesup (Chad Weber-Darin Kite-Matt Jones-Clint Even-Matt Erpelding}

1991 3-A Iowa City, City High (Dave Novotny-Erik Frank-Steve Kurth-Josh Briggs-Mike Robinson)
     2-A Shenandoah-Essex (Chris Willeman-Aaron Widger-Neil Shull-Brian Lee-Mick Sederburg)
     1-A Williamsburg (Brad Dubbels-Shane Sandersfeld-Tony Folkmann-Brian Fetzer-Tyson Greiner)

1992 3-A Iowa City, City High (Erik Frank-Steve Kurth-Jason Keese-Nile Heefner-Sam Argall)
     2-A Decorah (Brent McGrew-Lynnfered Begay-Greg Suhr-Matt Svenson-Terry Hageman)
     1-A St. Albert, Council (Corey Stock-Phil Hasenkamp-Shawn Jones-Danny Stock-Jason Smith)

1993 3-A Iowa City, City High (Steve Kurth-Mike Robinson-Sam Argall-Ryan Slebos-A.J. Johnson)
     2-A Waukon (Adam Kolsrud-Mike Cunningham-Kevin Egan-Chris Hoisington-Joey Zimmerli)
     1-A Regina, Iowa City (T.J. Craig-Brett Jondle-Brian Donohoe-Marty Nozena-Matt Bielicke)

1994 3-A Iowa City, City (Ross Conklin-Jesse Ammerman-Ryan Slebos-Tim Ocheltree-John McMurray)
     2-A Humboldt (Jon Lindaman-Chris Taylor-Mike Staver-Michael Carlson-Trent Biederman)
     1-A Denver (Josh Illian-Clint Coberly-Aaron Homan-Jeff Brettman-Dave Hansen)

1995 3-A Dubuque, Senior (Rob Brock-Trent Corey-David Repass-Nate Smith-Christian Borgwardt)
     2-A Waukon (Nick Nordheim-Chris Hoisington-Mike Cunningham-Abe Regan-Brad Peter)
     1-A Iowa Mennonite, Kalona (J.J. Roetlin-Brian Miller-Randy Ho-Joel Beachy-David Huerta)

1996 3-A Iowa City, City High (Mark McPherson-John Hensley-T.J. Elbert-Luke Young-Jacob Smith)
     2-A Waukon (Nick Nordheim-Mike Cunningham-Chris Hoisington-Brad Peter-Abe Regan)
     1-A Calamus-Wheatland (Tait Steines-Josh Maxwell-Kerry Burzlaff-Camden Bousselot-Jeff Leinen)

1997 3-A Iowa City, City High (Bob Moreno-John Farlinger-David Rogers-John Hensley-Eric Mittman)
     2-A Waukon (Justin Larson-Eddie Frick-Steve Winters-Joe Johnson-Chris Beardmore)
     1-A Regina, Iowa City (Justin Kron-Cam Messier-Tony Bothell-Matt McCue-Jason Figg)

1998 3-A Dubuque, Senior (Tim Orris-Chris Borgwardt-Jim Rang-Chris Coffey-Tyler Borgwardt)
     2-A Waukon (Eddie Frick-Cody Kammeyer-Kirk Deal-Ben Stamper-Josh Tweedy)
     1-A Regina, Iowa City (Cam Messier-Tony Bothell-Masashi Shiokawa-Matt McCue-Spencer Kathol)

1999 3-A Iowa City, City (Eric Mittman-Bob Moreno-Paul Kresowik-Quincy Ely-Cate-Jeff Spence)
     2-A Waukon (Eddie Frick-Kirk Deal-Ben Stamper-Cody Kammeyer-Justin Lyons)
     1-A West Sioux, Hawarden (Jerod Bruget-Dan Huitink-Ryan Koopmans-Derek Bockelman-Greg Schouten)

2000 3-A Iowa City, City (Jeremy Mims-Jon Lamb-Quincy Ely-Cate-Mark Kresowik-Bo Rydze)
     2-A Central Clinton (Matt Niemann-Shawn Dunnegan-Kevin Hansen-Tyler Mueller-Mitch Hansen)
     1-A Wapsie Valley (Andrew Westendorf-Ryan Cox-Josh Moen-Keith Brunscheon-Mike Leehey)

2001 3-A Des Moines, Roosevelt (Andy Johnson-Autin Williamson-Dave Deng-Thom Waters-Pat Tonka)
     2-A Central Clinton, DeWitt (Tyler Mueller-Shawn Dunnegan-Mitch Hanson-Zach Betz-Ben Hall)
     1-A Bennett-Durant (Justin Buesing-Kaylon Spengler-Chad August-Adam Price-Jack Flack)

2002 3-A Des Moines, Roosevelt (Austin Williamson-Kiel Uhl-Jon Thomas-Yawusa Kinda-Jeremiah Donga)
     2-A Waukon (Junior Swart-Andy Schon-Tom Cunningham-Eric Osterhaus-Corbett Grimstad)
     1-A Nodaway Valley, Greenfield (Mark Holan-Micah Holan-Heath Brown-Lance Queck-Alan Miller)

2003 4-A Des Moines Roosevelt (Jon Thomas-Kiel Uhl-Austin Williamson-Thom Walters-Jeremiah Donga)
     3-A Wahlert, Dubuque (Ryan Dolan-John Page-Brian Kocj-Matt Ross-Andrew Weber)
     2-A Western Christian, Hull (Brett Kroeze, Derek Kraayenbrink-Zach VanGinkel-Aaron Teerink-Darin Keizer)
     1-A Regina, Iowa City (Tom Ries-Matt Larew-Michael Sinkey-John Dwyer-Chase Wombacher)

2004 4-A Cedar Falls (Brian Chenoweth-Steve Arntson-Dan Chenoweth-Jason Mitchell-D.J. Gillrett)
     3-A Wahlert, Dubuque (Ryan Dolan-Scott Breitfelder-Jacob Bahl-Tyler Meyer-Brian Koch
     2-A Regina, Iowa City (Robert Ingram-Michale Sinkey-John Dwyer-Jeff Ross-Tom Ries)
     1-A Wapsie Valley, Fairbank (Corey Happel-Chris Moen-Ethan Conner-Kory Heineman-Lee Schnedier)

2005 4-A Cedar Falls (Steve Arntson,-Jason Mitchell-Alex Mark-Patrick Davis-Jason Knox)
     3-A Mount Vernon-Lisbon (Jake Vozenilek-Eyasu Russell-Keeghan Kuhn-Fitsum Russell-Aaron Schmidt)

more...

Championship Team Runners cont'd

    2-A   Western Christian, Hull (Dalton Lems-Zach Van Ginkel-Jon Bierma-Darin Keizer-Josh Van Grouw)
    1-A   Wapsie Valley, Fairbank (Keith Ryan- Kory Heineman,-Corey Happel,-Ethan Conner-John Schmitz)

2006   4-A   Pleasant Valley (Devin Allbaugh-Blake Irwin-Jordan Lang-Charlie Paul-Mike Hemming)
            3-A   Xavier, Cedar Rapids (Aaron May-Bryan Washburn-Ryan Knapp-Dan McDermott-Phil Anton)
            2-A   South Winneshiek, Calmar (Sam Hogenson-Ian Lienau-Adam Hageman-Brett Losen-Mike Schwan)
            1-A   Regina, Iowa City (Bob Ingram-Jeff Ross-Nick Synan-Shawn Sexton-Bryan McGivern)

2007   4-A   Pleasant Valley (Devin Allbaugh-Charlie Paul-Austin O'Brien-Blake Irwin-Jacob Barker)
            3-A   Xavier, Cedar Rapids (Aaron May-Dan McDermott-Brennan McAllister-Austin Steil-Phil Anton)
            2-A   Monticello (Nate Dotterweich-Jud Schnieder-Tim Peters-Devin Spensley-Jamie Cooper)
            1-A   Regina, Iowa City (Nick Synan-Jeff Ross-Shawn Sexton-Daniel Bonthius-Grant Luense)

INDIVIDUAL CHAMPIONS - YEAR-BY-YEAR

Note: Some year's times and first names were not available
Note: Information listed by year is the actual yea, not the school year. Example 1931
is the date of the meet run in teh 1931-32 school year

2 miles

1922		Gerald Vincent, Ottumwa	
1923		Gerald Vincent, Ottumwa	
1924		Ralph Cozine, Iowa City, University High	
1925		Ralph Cozine, Iowa City, University High	
1926		Ralph Cozine, Iowa City, University High	
1927		Van Epps, Iowa City, University High	
1928		John Garnes, Muscatine	
1929		John Garnes, Muscatine	

First Official IHSAA Meet in 1930

1930		(tie) John Garnes & Bob McElroy, Muscatine	11:00.5
1931		Warren King, Muscatine	11:12.3
1932		Matthew Bolsem, Oskaloosa	10:40.6
1933		Dale Wood, Mechanicsville	10:55.7
1934		John Beebe, Ottumwa	

1.9 miles

1935		Vernon (Mike) Evans, Des Moines, East	
1936		Vernon (Mike) Evans, Des Moines, East	10:40.4
1937	A	Carl Gustafson, Des Moines, East	10:51.5
	B	Marvin Davis, Lamont	NT
	C	Paul Hammill, LeClaire	NT
1938	A	Vernon Matsen, Ames	11:19.3
	B	George Vacik, West Branch	11:15.0
	C	Raymond (Berl) Edmundson, Thornburg	12:07.4
1939	A	Harold Goebel, Knoxville	10.29.8
	B	Richard Wilson, Adel	10:20.6
	C	Raymond (Berl) Edmundson, Thornburg	10:34.3
1940	A	Louis Loper, Council Bluffs, Abraham Lincoln	10:35.2
	B	Lynn Frazier, Iowa City, University High	10:42.4
	C	Raymond (Berl) Edmundson, Thornburg	10:45.0
1941	A	William McLennon, Dubuque	11:17.2
	B	Fred Zoller, Iowa City, University High	11:37.6
	C	William Jackson, Minburn	12:06.7
1942	A	Martin Grandquist, Des Moines, East	11:33.2
	B	Edward Smith, Iowa City, University High	12:54.0
	C	*No Race Contested*	
1943	A	Vance Walters, Des Moines, East	11:13.5
	B	John Oxley, Marion	11:26.7
	C	, Mechanicsville	11:38.4

more...

1944   A   Paul Sloan, Des Moines, East 10:52.5
           B   Richard Terrill, Iowa City, University High 10:58.0
           C   Calvin Robinson, Mechanicsville 10:59.0

1945   A   Paul Sloan, Des Moines, East 10:26.4
           B   Richard Terrill, Iowa City, University High 11:19.5
           C   Calvin Robinson, Mechanicsville 11:29.8

1946   A   Jack Davis, Iowa City 10:32.7
           B   Raymond Petersen, Marion 10:57.5
           C   Jack O'Meara, Delmar 11:07.0

1947   A   Jack Davis, Iowa City .... NT
           B   *Not contested due to weather*
           C   *Not contested due to weather*

1948   AA Charles Whiteaker, Council Bluffs, Abraham Lincoln 10:51.4
           A   Ocie Trimble, Cedar Rapids, Roosevelt 10:13.0
           B   Dick McConnell, Nevada 11:17.6
           C   Bill Lamp, Charlotte 12:06.8

1949   AA Don Murray, Des Moines, East 10:44.0
           A   Larry Manary, Fairfield 11:14.6
           B   Richard Hotz, Marion 12:22.8
           C   Neal Bottger, Ollie 12:30.0

1950   AA Don Murray, Des Moines, East 10:05.7
           A   Tom Burch, Des Moines, Tech 10:26.9
           B   Dick Rupert, Monroe 10:13.0
           C   Garold Ryan, Underwood 10:43.5

1.8 miles
1951   AA John Aller, Dowling, West Des Moines 9:46.2
           A   Bill Fleuher, Charles City 10:39.6
           B   Garold Ryan, Underwood 9:50.1
           C   Burton Moore, Stanley 10:41.2

1952   AA Caesar Smith, Des Moines, North 9:27.5
           A   Jerry Walker, Marion 10:04.0
           B   Jerry Crosser, Eldora 11:49.8
           C   Garold Ryan, Underwood 10:06.5

1953   AA Caesar Smith, Des Moines, North 9:31.1
           A   Jerry Walker, Marion 9:27.2
           B   Dan Munson, Eldora 10:29.6
           C   Paul Ryan, Underwood 10:16.7

1954   AA Bruce Trimble, Cedar Rapids, Roosevelt 9:38.1
           A   Dick Jacobs, Marion 10:39.6
           B   Homer Lattimer, LeClaire 10:13.2
           C   Delos Swanson, Sheffield 9:56.9

1955   AA Brian Travis, Des Moines, Tech 9:21.9
           A   Deryl King, West Des Moines 9:58.6
           B   Homer Lattimer, LeClaire 9:30.6
           C   Bob Hough, Underwood 10:02.2

1956   AA Harry Olson, Decorah 9:13.7
           A   Deryl King, West Des Moines 9:48.2
           B   Homer Lattimer, LeClaire 9:35.5
           C   Bill Eno, Sheffield 10:10.9

1957 AAA Tom Rivers, Sioux City, Central 9:10.3
       AA Jessie Fitch, Council Bluffs, Abraham Lincoln 9:32.7

         more...

	A	Deryl King, West Des Moines	9:32.5
	B	John Raveling, Saydel	10:03.0
	C	Richard Beaver, Cedar	10:05.1
1958	AAA	Ralph Trimble, Cedar Rapids, Jefferson	9:06.7
	AA	Ron Olson, Decorah	9:14.6
	A	John Raveling, Saydel	9:29.1
	B	Arvene Bradley, Hedrick	9:48.9
	C	Loren Jasper, Fremont	9:49.1
1959	AAA	Clark Betts, Des Moines, East	9:17.5
	AA	Ron Olson, Decorah	9:25.3
	A	John Raveling, Saydel	9:29.5
	B	Ron Hough, Underwood	9:51.3
	C	Earl Hanselman, LuVerne	9:55.9
1960	AAA	Don Rivers, Sioux City, Central	9:10.0
	AA	Larry Ancell, Oskaloosa	9:06.5
	A	Tom Good, Winterset	9:44.5
	B	Joe Henderson, College Springs, South Page	9:08.6
	C	John Schade, LuVerne	10:41.5
1961	AAA	Don Rivers, Sioux City, Central	9:18.2
	AA	John Readout, Marshalltown	9:27.7
	A	Ed Eneboe, West Sioux, Hawarden	9:39.5
	B	Obie Thompson, Lamoni	9:40.7
	C	Art Hoffman, Klemme	10:13.9
1962	AAA	David Lee, Des Moines, Tech	9:02.5
	AA	Ron Griffith, West Des Moines, Valley	9:03.7
	A	Curtis LaBond, Ankeny	9:42.8
	B	Dennis Reed, Anita	9:40.1
	C	Bernard Schade, LuVerne	9:44.0
1963	AAA	Dave Compton, Sioux City, Central	9:11.1
	AA	Ron Griffith, West Des Moines	8:56.0
	A	Curtis LaBond, Ankeny	9:35.1
	B	Dan Bolin, College Springs, South Page	9:39.6
	C	John Parker, Bayard	9:46.1
1964	AAAA	Dave Compton, Sioux City, Central	9:10.7
	AAA	Ken Gallagher, Marshalltown	9:16.9
	AA	James Bowerman, Sheldon	9:39.3
	A	Don Greiner, Pekin, Packwood	9:33.3
	B	Tom Denny, Anita	9:16.4
	C	Larry Sellars, Russell	9:51.5
1965	AAAA	Doug Smith, Sioux City, Central	8:51.8
	AAA	Joe Rohach, Marshalltown	9:13.7
	AA	Paul Fish, Red Oak	9:25.1
	A	Daryl Rockey, Urbandale	9:31.1
	B	Richard Jensen, Madrid	9:33.1
	C	Joseph Byrne, Charles City, Immaculate Conception	9:56.2
1966	AAAA	Doug Smith, Sioux City, Central	9:02.2
	AAA	Joe Rohach, Marshalltown	9:13.6
	AA	Dan Sanders, Humboldt	9:05.3
	A	Calvin Coohey, Cascade, Aquin	9:43.2
	B	Bernie Hughes, Farragut	9:42.8
	C	Doug Beck, Preston	9:45.1

2 miles

1967	AAAA	Doug Smith, Sioux City, Central	9:52.1
	AAA	Chuck Schneider, Columbus, Waterloo	10:07.4
	AA	Bob Wilson, Red Oak	10:30.0

more...

Individual Champions - Year-by-Year cont'd

	A	Dan Sanders, Humboldt	10:13.3
	B	Rick O'Rourke, Villisca	10:30.0
	C	Mike Cassiday, Miles	10:36.1
1968	AAAA	Tom Carrizales, Des Moines, Tech	10:04.5
	AAA	Dave Krantz, Columbus, Waterloo	9:58.6
	AA	Tom Kielty, Urbandale	10:16.7
	A	Mark Aschim, Decorah	10:05.3
	B	Rick O'Rourke, Villisca	10:15.4
	C	Mike Cassiday, Miles	10:18.6
1969	AAAA	Mark Johnson, Mason City	10:00.0
	AAA	Dave Krantz, Columbus, Waterloo	9:42.2
	AA	Dennis Schultz, West Delaware, Manchester	10:03.1
	A	Chuck Cassell, Bishop Garrigan, Algona	10:06.7
	B	Steve Sundell, Odebolt-Arthur	10:18.6
	C	Rick O'Rourke, Villisca	10:19.9
	D	Curt Hoegh, Elk Horn-Kimballton	10:13.6
1970	AAAA	Mark Johnson, Mason City	9:53.3
	AAA	Tom Schoberg, Bishop Heelan, Sioux City	9:56.0
	AA	Paul Hanson, Indianola	10:26.9
	A	Dave Bell, Eagle Grove	10:06.8
	B	Charley Rump, Aquinas, Fort Madison	10:25.3
	C	Mark Skahill, Villisca	10:18.3
	D	Art Milliken, Hedrick	10:55.2
1971	AAAA	Mark Johnson, Mason City	9:33.9
	AAA	Bob Connell, Columbus, Waterloo	9:40.1
	AA	Larry Moore, Urbandale	10:14.9
	A	David Bell, Eagle Grove	9:53.0
	B	Steve MacTaggart, Starmont, Strawberry Point	10:14.1
	C	Mark Skahill, Villisca	10:21.3
	D	Phil Coppess, Oxford Junction	10:19.4
1972	AAAA	Mark Johnson, Mason City	9:40.8
	AAA	Dale Hanen, Columbus, Waterloo	9:57.6
	AA	Mark Bishop, Indianola	10:10.2
	A	Leo Meade, Mount Pleasant	10:03.1
	B	Steve MacTaggart, Starmont, Strawberry Point	10:03.0
	C	Brian Tindall, Pleasantville	10:18.0
	D	Mike Arey, Preston	10:28.9
1973	AAAA	Jim Eicken, Davenport, Central	9:42.0
	AAA	Mark Grover, Ames	10:00.1
	AA	Boyd Nansel, Lewis Central, Council Bluffs	10:03.0
	A	Randy Wilson, Knoxville	9:59.5
	B	Mike Cregeen, Clarinda	10:25.0
	C	Doug Grave, Boyden-Hull	10:23.9
	D	Mark Hughes, Delwood, Elwood	10:17.9
1974	AAAA	Jim Eicken, Davenport, Central	9:28.0
	AAA	Joe Burke, Columbus, Waterloo	9:30.5
	AA	Mark Bishop, Indianola	9:46.1
	A	Steve Ostwinkle, Algona	9:55.7
	B	Dan Owen, Adel-DeSoto	10:04.0
	C	Joe Strohman, English Valleys, North English	10:09.5
	D	Mark Hughes, Delwood, Elwood	10:04.0
1975	AAAA	Rich Fuller, Davenport, Central	9:29.0
	AAA	Randy Jackson, Iowa City, City High	9:30.0
	AA	Gene McGivern, Assumption, Davenport	9:48.0
	A	Blair Renfro, Shenandoah	9:46.0
	B	Brett Eggert, Tipton	9:54.0
	C	Jim Hansen, Dike	9:52.0

more...

| | | D   Dwayne Camarigg, Sanborn .... 10:13.0 |

1976 AA Jim McCauley, Bishop Heelan, Sioux City 9:44.0
    A Rick McKean, Missouri Valley 9:58.0
    B Jim Hansen, Dike 10:01.0
    C Larry Hellman, Bancroft, St. John 10:38.0

1977 AA Mike Diment, Des Moines, Hoover 10:05.2
    A Jim Zinnel, Algona 10:10.6
    B Jon Betz, North Polk, Alleman 10:16.3
    C Tom Peacher, Keokuk, Cardinal Stritch 10:29.6

1978 AA Kirk Anderson, Mason City 9:50.0
    A Wally Duffy, Shenandoah 9:38.0
    B Steve Greiner, Pekin, Packwood 9:57.0
    C Tom Peacher, Keokuk, Cardinal Stritch 10:07.0

The First IHSAA-IGHSAU Joint State Championships Was in 1979

1979 AA Bill Thiesen, West Des Moines, Dowling 9:46.7
    A Tim Wilson, Osceola, Clarke 9:36.0
    B Mike Martin, Sac City 10:02.5
    C Dan Schreck, Cardinal Stritch, Keokuk 10:11.2

1980 AA Bill Thiesen, Dowling, West Des Moines 9:36.0
    A Tim Wilson, Clarke, Osceola 9:40.0
    B Danny Bauer, English Valleys, North English 10:09.6
    C Marty Gingerich, Iowa Mennonite, Kalona 10:19.2

1981 3-A Jeff Jacobs, Clinton 9:33.0
    2-A Bill Kerkeart, Sheldon 9:48.8
    1-A Brian Hawes, Kee, Lansing 10:08.7

1982 3-A Bob Soule, Bishop Heelan, Sioux City 9:40.8
    2-A Mike Grevengoed, Western Christian, Hull 9:57.6
    1-A David Juhl, Dike 10:08.2

1983 3-A Jerry Anderson, Valley, West Des Moines 9:42.6
    2-A Mike Kooistra, Western Christian, Hull 9:48.7
    1-A Trent Timson, Northern University High, Cedar Falls 9:52.6

1984 3-A Mike Holms, Valley, West Des Moines 9:47.4
    2-A Paul Bunnell, Central Lee, Argyle 10:04.2
    1-A Trent Timson, Northern University High, Cedar Falls 9:54.6

1985 3-A Mike Holms, Valley, West Des Moines 9:56.5
    2-A Dwaine Heppler, Sheldon 10:15.1
    1-A Jeff Hammons, Iowa Valley, Marengo 9:47.4

1986 3-A Brad Wall, Clinton 9:57.2
    2-A Mark Brown, Grinnell 10:13.1
    1-A Dan Krall, West Branch 10:07.5

5,000 meters

1987 3-A Dave Ladehoff, Clinton 15:37.1
    2-A Greg Brower, Red Oak 16:09.5
    1-A Dan Krall, West Branch 16:06.3

1988 3-A Kurt Lightner, Des Moines, East 15:59.8
    2-A Stacey Detar, Albia 16:06.6
    1-A Mark Hammons, Iowa Valley, Marengo 16:14.0

1989 3-A Dean Colony, Iowa City, West 16:01.9
    2-A Jeremy Carter, Sheldon 16:15.9
    1-A Denny Halligan, West Sioux, Hawarden 16:18.3

more...

1990 3-A Jonathan Estabrook, Muscatine 16:26.0
2-A Jeff Joiner, Waukon 16:38.0
1-A Andy Goodman, West Marshall 16:46.0

1991 3-A Simeon Wright, Dubuque, Senior 16:15.0
2-A Brent McGrew, Decorah 16:36.7
1-A Bill Blay, Griswold 16:35.6

1992 3-A Simeon Wright, Dubuque, Senior 15:25.7
2-A Brent McGrew, Decorah 16:09.3
1-A Bill Blay, Griswold 16:16.2

1993 3-A Jason Carpenter, Dubuque, Senior 15:29.0
2-A Gary Flugum, Forest City 15:56.1
1-A Marty Dalton, Tri-Center, Neola 15:57.2

1994 3-A Rob Brock, Dubuque, Senior.. 15:34.8
2-A Jesse Sand, Cedar Rapids, Regis 15:55.2
1-A Chris Schaefer, Lincoln/Clarence-Lowden, Stanwood 15:56.9

1995 3-A Rob Brock, Dubuque, Senior.. 15:36.0
2-A Dan Reis, Turkey Valley, Jackson Junction 15:53.0
1-A Scott Stanley, Malvern 16:10.0

1996 3-A Trent Corey, Dubuque, Senior 15:14.0
2-A Dan Reis, Turkey Valley, Jackson Junction 15:45.0
1-A Tait Steines, Calamus-Wheatland.. 16:02.0

1997 3-A Chris Francois, Davenport, North... 15:05.0
2-A Nick Herman, Ballard, Huxley 15:43.0
1-A Ryan Pence, Eldora-New Providence 15:56.0

1998 3-A Chris Francois, Davenport, North... 15:31.0
2-A Joe Hughes, South Tama County 16:06.0
1-A Adam Sundall, Bishop Garrigan, Algona 15:58.0

1999 3-A Grant Shadden, Marshalltown 15:05.0
2-A Dan Van Engen, Unity Christian, Orange City 15:39.0
1-A Nick Rubel, Marquette, Bellevue 16:13.0

2000 3-A Ben Glaser, Dowling, West Des Moines 15:22.0
2-A Aaron Hamilton, Eagle Grove 16:04.0
1-A Dan Van Engen, Unity Christian, Orange City 15:46.0

2001 3-A Dan Taylor, Fort Dodge 15:25.0
2-A Dylan Davis, A-D-M, Adel... 15:49.0
1-A Jon Ries, Turkey Valley, Jackson Junction 15:57.0

2002 3-A Ryan McCurnin, Mason City 15:21.0
2-A Dylan Davis, A-D-M, Adel... 15:47.0
1-A Aaron Hamilton, Eagle Grove 16:05.0

2003 4-A Jon Thomas, Des Moines Roosevelt 15:18.0
3-A Ben Grant, Epworth, Western Dubuque 15:29.0
2-A Jacob Berns, MFL, MarMac 16:15.0
1-A Eric Sink, Corning 15:57.0

2004 4-A Kiel Uhl, Des Moines Roosevelt... 15:26.0
3-A Ryan Dolan, Wahlert, Dubuque.. 16:16.0
2-A Dan Mayer, West Central Valley, Stuart 16:42.0
1-A Tim McKenna, NUH, Cedar Falls 16:50.0

2005 4-A Stephen Dak, Marshalltown 15:32.0
3-A Isaac Wendland, Charles City 16:31.0

more...

	2-A	Dan Mayer, West Central Valley, Stuart	16:31.0
	1-A	Nathan Petesch, Marquette Catholic, Bellevue	16:36.0
2006	4-A	Stephen Dak, Marshalltown	15:05.0
	3-A	Isaac Wendland, Charles City	16:06.0
	2-A	Nate Dotterweich, Monticello	16:22.0
	1-A	Nick Gallagher, Bedford	16:04.0
2007	4-A	Devin Allbaugh, Pleasant Valley	15:39.0
	3-A	Isaac Wendland, Charles City	15:47.0
	2-A	Nate Dotterweich, Monticello	15:43.0
	1-A	Aaron Vocberg, Prairie Valley, Gowrie	15:56.0

IHSAA INDIVIDUAL CHAMPIONS - Alphabetical

Allbaugh, Devin	Pleasant Valley 2007
Aller, John	Dowling, Des Moines 1951
Ancell, Larry	Oskaloosa 1960
Anderson, Jerry	Valley, West Des Moines 1983
Anderson, Kirk	Mason City 1978
Arey, Mike	Preston 1972
Aschim Mark	Decorah 1968
Bauer, Danny	English Valleys, North English 1980
Beaver, Richard	Cedar 1957
Beck, Doug	Preston 1966
Beebe, John	Ottumwa 1934
Bell, David (2)	Eagle Grove 1970, 71
Berns, Jacob	MFL, MarMac 2003
Betts, Clark	Des Moines, East 1959
Betz, Jon	North Polk, Alleman 1977
Bishop, Mark (2)	Indianola 1972, 74
Blay, Bill (2)	Griswold 1991, 92
Bolin, Dan	College Springs, South Page 1963
Bolsem, Matthew	Oskaloosa 1932
Bottger, Neal	Ollie 1949
Bowerman, James	Sheldon 1964
Bradley, Arvene	Hedrick 1958
Brock, Rob (2)	Dubuque Senior 1994, 95
Brower, Greg	Red Oak 1987
Brown, Mark	Grinnell 1986
Bunnell, Paul	Central Lee, Argyle 1984
Burch, Tom	Des Moines, Tech 1950
Burke, Joe	Columbus, Waterloo 1974
Byrne, Joseph	Charles City, Immaculate Conception 1965
Camarigg, Dwayne	Sanborn 1975
Carpenter, Jason	Dubuque, Senior 1993
Carrizales, Tom	Des Moines, Tech 1968
Carter, Jeremy	Sheldon 1989
Cassell, Chuck	Bishop Garrigan, Algona 1969
Cassiday, Mike (2)	Miles 1967, 68
Colony, Dean	Iowa City, West 1989
Compton, Dave (2)	Sioux City, Central 1963, 64
Connell, Bob	Columbus, Waterloo 1971
Coohey, Calvin	Aquin, Cascade 1966
Coppess, Phil	Oxford Junction 1971
Corey, Trent	Dubuque, Senior 1996
Cregeen, Mike	Clarinda 1973
Crosser, Jerry	Eldora 1952
Dak, Stephen (2)	Marshalltown 2005, 2006
Dalton, Marty	Tri-Center, Neola 1993
Davis, Dylan (2)	A-D-M, Adel, 2001, 02

more...

Davis, Jack (2) .... Iowa City 1946, 47
Davis, Marvin .... Lamont 1937
Denny, Tom .... Anita 1964
Detar, Stacey .... Albia 1988
Diment, Mike .... Des Moines, Hoover 1977
Dolan, Ryan .... Wahlert, Dubuque, 2004
Dotterweich, Nate (2) .... Monticello 2006, 07
Duffy, Wally .... Shenandoah 1978

Edmundson, Raymond (Berl) (3) .... Thornburg 1938, 39, 40
Eggert, Brett .... Tipton 1975
Eicken, Jim (2) .... Davenport, Central 1973, 74
Eneboe, Ed .... West Sioux, Hawarden 1961
Eno, Bill .... Sheffield 1956
Estabrook, Jonathan .... Muscatine 1990
Evans, Vernon (Mike) (2) .... Des Moines, East 1935, 36

Fish, Paul .... Red Oak 1965
Fitch, Jessie .... Council Bluffs, Abraham Lincoln 1957
Fleuher, Bill .... Charles City 1951
Flugum, Gary .... Forest City 1993
Francois, Chris (2) .... Davenport, North 1997, 98
Frazier, Lynn .... Iowa City, University High 1940
Fuller, Rich .... Davenport, Central 1975

Gallagher, Ken .... Marshalltown 1964
Gallagher, Nick .... Bedford 2006
Garnes, John .... Muscatine 1930 (tie with teammate Bob McElroy)
Gingerich, Marty .... Iowa Mennonite, Kalona 1980
Glaser, Ben .... Dowling, West Des Moines 2000
Goebel, Harold .... Knoxville 1939
Good, Tom .... Winterset 1960
Goodman, Andy .... West Marshall, State Center 1990
Grandquist, Martin .... Des Moines, East 1942
Grant, Ben .... Epworth, Western Dubuque 2003
Grave, Doug .... Boyden-Hull 1973
Greiner, Don .... Pekin, Packwood 1964
Greiner, Steve .... Pekin, Packwood 1978
Grevengoed, Mike .... Western Christian, Hull 1982
Griffith, Ron (2) .... West Des Moines 1962,63
Grover, Mark .... Ames 1973
Gustafson, Carl .... Des Moines, East 1937

Halligan, Denny .... West Sioux, Hawarden 1989
Hamilton, Aaron (2) .... Eagle Grove 2000, 2002
Hammill, Paul .... LeClaire 1937
Hammons, Jeff .... Iowa Valley, Marengo 1985
Hammons, Mark .... Iowa Valley, Marengo 1988
Hanen, Dale .... Columbus, Waterloo 1972
Hanselman, Earl .... LuVerne 1959
Hansen, Jim (2) .... Dike 1975, 76
Hanson, Paul .... Indianola 1970
Hawes, Brian .... Kee, Lansing 1981
Hellman, Larry .... Bancroft, St John 1976
Henderson, Joe .... College Springs, South Page 1960
Heppler, Dwaine .... Sheldon 1985
Herman, Nick .... Ballard, Huxley 1997
Hoegh, Curt .... Elk Horn-Kimballton 1969
Hoffman, Art .... Klemme 1961
Holms, Mike (2) .... Valley, West Des Moines 1984,85
Hotz, Richard .... Marion 1949
Hough, Bob .... Underwood 1955
Hough, Ron .... Underwood 1959
Hughes, Bernie .... Farragut 1966
Hughes, Joe .... South Tama County 1998

more...

Hughes, Mark (2) .... Delwood, Elwood 1973,74

Jackson, William .... Minburn 1941
Jackson, Randy .... Iowa City, City High 1975
Jacobs, Dick .... Marion 1954
Jacobs, Jeff .... Clinton 1981
Jasper, Loren .... Fremont 1958
Jensen, Richard .... Madrid 1965
Johnson, Mark (4) .... Mason City 1969, 70, 71, 72
Joiner, Jeff .... Waukon 1990
Juhl, David .... Dike 1982

Kerkeart, Bill .... Sheldon 1981
Kielty, Tom .... Urbandale 1969
King, ... Muscatine 1931
King, Deryl (3) .... West Des Moines 1955, 56, 57
Kooistra, Mike .... Western Christian, Hull 1983
Krall, Dan (2) .... West Branch 1986, 87
Krantz, Dave (2) .... Columbus, Waterloo 1968, 69

LaBond, Curtis (2) .... Ankeny 1962, 63
Ladehoff, Dave .... Clinton 1987
Lamp, Bill .... Charlotte 1948
Lattimer, Homer (3) .... LeClaire 1954, 55, 56
Lee, David .... Des Moines, Tech 1962
Lightner, Kurt .... Des Moines, East 1988
Loper, Louis .... Council Bluffs, Abraham Lincoln 1940
Ludeen, John .... Vinton 1936

MacTaggart, Steve (2) .... Starmont, Strawberry Point 1971, 72
Manary, Larry .... Fairfield 1949
Martin, Mike .... Sac City 1979
Matsen, Vernon .... Ames 1938
Mayer, Dan (2) .... West Central Valley, Stuart 2004, 05
McCauley, Jim .... Bishop Heelan, Sioux City 1976
McConnell, Dick .... Nevada 1948
McCurnin, Ryan .... Mason City 2002
McElroy, Bob .... Muscatine 1930 (tie with teammate John Garnes)
McGivern, Gene .... Assumption, Davenport 1975
McGrew, Brent (2) .... Decorah 1991, 92
McKean, Rick .... Missouri Valley 1976
McKenna, Tim .... NUH, Cedar Falls 2004
McLennon, William .... Dubuque 1941
Meade, Leo .... Mount Pleasant 1972
Milliken, Art .... Hedrick 1970
Moore, Burton .... Stanley 1951
Moore, Larry .... Urbandale 1971
Munson, Dan .... Eldora 1953
Murray, Don (2) .... Des Moines, East 1949, 50

Nansel, Boyd .... Lewis Central, Council Bluffs 1973

Olson, Harry .... Decorah 1956
Olson, Ron (2) .... Decorah 1958, 59
O'Meara, Jack .... Delmar 1946
Ostwinkle, Steve .... Algona 1974
O'Rourke, Rick (3) .... Villisca 1967, 68, 69
Owen, Dan .... Adel-DeSoto 1974
Oxley, John .... Marion 1943

Parker, John .... Bayard 1963
Peacher, Tom (2) .... Cardinal Stritch, Keokuk 1977, 78
Pence, Ryan .... Eldora-New Providence 1997
Petersen, Raymond .... Marion 1946
Petesch, Nathan .... Marquette Catholic, Bellevue 2005

more...

Raveling, John (3) .... Saydel 1957, 58, 59
Readout, John .... Marshalltown 1961
Reed, Dennis .... Anita 1962
Reis, Dan (2) .... Turkey Valley, Jackson Jct 1995, 96
Reis, Jon .... Turkey Valley, Jackson Jct. 2001
Renfro, Blair .... Shenandoah 1975
Rivers, Don (2) .... Sioux City, Central 1960, 61
Rivers, Tom .... Sioux City, Central 1957
Robinson, Calvin (2) .... Mechanicsville 1944, 45
Rockey, Daryl .... Urbandale 1965
Rohach, Joe (2) .... Marshalltown 1965, 66
Rubel, Nick .... Marquette, Bellevue 1999
Rump, Charley .... Aquinas, Fort Madison 1970
Rupert, Dick .... Monroe 1950
Ryan, Garold (3) .... Underwood 1950, 51, 52
Ryan, Paul .... Underwood 1953

Sand, Jesse .... Cedar Rapids, Regis 1994
Sanders, Dan (2) .... Humboldt 1966, 67
Schade, Bernard .... LuVerne 1962
Schade, John .... LuVerne 1960
Schaefer, Chris .... Lincoln/Clarence-Lowden 1994
Schneider, Chuck .... Columbus, Waterloo 1967
Schoberg, Tom .... Bishop Heelan. Sioux City 1970
Schreck, Dave .... Cardinal Stritch, Keokuk 1979
Schultz, Dennis .... West Delaware, Manchester 1969
Sellars, Larry .... Russell 1964
Shadden. Grant .... Marshalltown 1999
Sink, Eric .... Corning 2003
Skahill, Mark (2) .... Villisca 1970, 71
Sloan, Paul (2) .... Des Moines, East 1944, 45
Smith, Edward .... Iowa City, University High 1942
Smith, Caesar (2) .... Des Moines, North 1952, 53
Smith, Doug (3).. Sioux City, Central 1965, 66, 67
Soule, Bob .... Bishop Heelan, Sioux City 1982
Stanley, Scott .... Malvern 1995
Steines, Tait .... Calamus-Wheatland 1996
Strohman, Joe .... English Valleys, North English 1974
Sundall, Adam .... Bishop Garrigan, Algona 1998
Sundell, Steve .... Odebolt-Arthur 1969
Swanson, Delos .... Sheffield 1954

Taylor, Dan.. Fort Dodge 2001
Terrell, Richard (2)... Iowa City, University High 1944, 45
Thiesen, Bill (2) .... Dowling, West Des Moines 1979, 80
Thomas, Jon .... Des Moines Roosevelt 2003
Thompson, Obie .... Lamoni 1961
Timson, Trent (2) .... NUH, Cedar Falls 1983, 84
Tindall, Brian .... Pleasantville 1972
Travis, Brian .... Des Moines, Tech 1955
Trimble, Bruce .... Cedar Rapids, Roosevelt 1954
Trimble, Ocie .... Cedar Rapids, Roosevelt 1948
Trimble, Ralph .... Cedar Rapids, Jefferson 1958

Uhl, Kiel .... Des Moines Roosevelt 2004

Vacik, George .... West Branch 1938
Van Engen, Dan... Unity Christian, Orange City 1999, 2000
Vosberg, Aaron .... Prairie Valley, Gowrie 2007

Walker, Jerry (2)... Marion 1952, 53
Wall, Brad.. Clinton 1986
Walters, Vance .... Des Moines, East 1943
Wendland, Isaac (2) .... Charles City 2005, 2006

more...

Whitaker, Charles .... Council Bluffs, Abraham Lincoln 1948
Wilson, Bob .... Red Oak 1967
Wilson, Randy .... Knoxville 1973
Wilson, Richard .... Adel 1939
Wilson, Tim (2) .... Clarke, Osceola 1979, 80
Wood, Dale .... Mechanicsville 1933
Wright, Simeon (2) .... Dubuque, Senior 1991, 92

Zinnel, Jim .... Algona 1977
Zollar, Frank .... Iowa City, University High 1941

COACHES OF STATE CHAMPIONSHIP TEAMS

Altena, Alden .... Western Christian, Hull 1973
Altfillisch, John (2) .... Clarinda 1962, 63
Arens, Jerry .... Cresco, Notre Dame 1971
Augustine, Mike (5) .... Des Moines, East 1937, 41, 42, 43, 49

Becker, Jerry (2) .... Eagle Grove 1984, 87
Becker, Troy (2) .... Cedar Falls 2004, 05
Belby, Erik (2) .... Pleasant Valley 2006, 07
Bergan, Bill .... Columbus, Waterloo 1969
Bjorkgren, Paul (2) .... Underwood 1953, 54
Bottorff, Gary (5) .... Kee, Lansing 1980, 81, 82, 88, 89
Boughton, Jim (3) .... Dubuque, Senior 1987, 95, 98
Bouma, Glenn (2) .... Unity Christian, Orange City 1977, 83
Boyle, George (4) .... Aquinas, Fort Madison 1970, 71, 78, 79
Brechler, Paul .... Iowa City, University High 1942
Brown, Bob (5) .... Iowa City, Regina 1993, 97, 98, 2003, 04
Brown, David .... Lincoln Central, Gruver 1966
Brown, Steve (3) .... Des Moines, Roosevelt, 2001, 02, 03
Brown, Victor .... Napier 1948
Buelt, Ron .... Cardinal Stritch, Keokuk 1980
Burmeister, Darrell .... Nodaway Valley, Greenfield 2002

Carpenter, Dr. M.F. (3) .... Iowa City, University High 1940, 41, 43
Caviness, D.W. .... Clarinda 1956
Chew, Fee .... Council Bluffs, Abraham Lincoln 1948
Clefisch, Dale .... Sheldon 1981
Coberly, Curt .... Denver 1994
Collinge, Cole .... Cedar Falls 1969
Conway, Scott .... South Winneshiek, Calmar 2006 (co-coach)
Cretzmeyer, F.X. (3) .... Des Moines, North 1944, 45, 46

Davidshofer, Robert (6) .... Cascade, Aquin 1965, 66, 75; Cascade 83,85, 86
Day, Jesse .... Davenport 1951
Dean, Ken (5) .... Marshalltown 1960, 61, 64, 65, 66
Dennison, Steve .... Calamus-Wheatland 1996
DeVault, Dale (4) .... Eldora 1952, 53, 54; BCL, Conrad 1969
Dollar, Ambrose .... Underwood 1952
Dotson, Dick .... Waterloo, West 1970
Dunsworth, Ira .... Davenport, Central 1971

Eidahl, Davis (3) .... Anita 1963; Pekin, Packwood 1967, 68
Elinger, I.A. .... Cedar Rapids, Roosevelt 1951
Elslager, Vern .... Mechanicsville 1945
Exline, Dan .... Menlo 1957
Fiete, James .... Garnavillo 1970
Fitzgerald, Mike (5) .... Decorah 1972, 74, 76, 77, 78
Fitzpatrick, Jim .... Newman Catholic, Mason City 1979
Freeze, Jim .... Tri-County, Thornburg 1972

Geery, Henry .... Saydel 1957
Gemberling, D.C. (2) .... Mechanicsville 1943, 44
Graves, Ray (5) .... Shenandoah 1974, 75, 88, 89, 91

Halligan, Steve .... West Sioux, Hawarden 1999
Heidelbauer, Harlan (7) .... Waukon 1993, 95, 96, 97, 98, 99, 2002
Henningsen, Roger (3) .... Odebolt-Arthur 1961, 62, 64
Hetrick, Jim (2) .... Central Clinton, DeWitt 2000, 2001
Hipple, Les (9) .... Marion 1945, 46, 48, 49, 50, 51, 52, 53, 54
Holsclaw, Bill (6) .... Clinton 1976, 79, 81, 82, 84, 86
Horton, Tom (2) .... Wahlert, Dubuque 2003, 04
Hospers, Eugene .... Western Christian, Hull 1982
Hostetler, Mark .... Iowa Mennonite, Kalona 1995
Hummel, Phil (2) .... Woodbine 1986, 87
Hunn, Leonard .... Muscatine 1930
Hyke, Charles (2) .... LeClaire 1955, 56

Jankovitz, Robert .... Des Moines, Hoover 1977
Johanson, Roger .... Mount Vernon-Lisbon 2005
Johnson, Doug .... Anita 1964
Joslin, Doug (2) .... Marshalltown 1974, 75
Juhl, Richard (2) .... Dike 1973, 74

Karpan, Tom (2) .... West Des Moines 1955, 62
Kauder, Andrew (2) .... Xavier, Cedar Rapids 2006. 07
Kearney, Kevin .... South Winneshiek, Calmar 2006 (co-coach)
Kellenberger, Bill .... Assumption, Davenport 1974
Kjome, George (7) .... Decorah 1957, 58, 59, 64, 66, 67, 68
Koenigsfeld, Lou .... Charles City,Immaculate Conception 1965
Kroeze, Dan (2) .... Western Christian, Hull 2003, 05
Kruger, Arlen (2) .... Miles 1968, 69
Kruse, Bill .... Sheldon 1971
Kurth, E.A. .... LeClaire 1940

Landas, Darryl (2) .... Decorah 1990, 92
Larsen, Buck .... Chariton 1969
Lee, Robert (5) .... Garnavillo 1972, 73, 78; NUH, Cedar Falls 1984, 85
Lindaman, Rich .... Humboldt 1994
Linder, Dave .... Des Moines, Hoover 1970
Long, Dave (4) .... Sheffield-Chapin 1962, 63; Mason City 1972, 73
Lyle, Jim (3) .... Des Moines, North 1950, 52, 53

Manship, Truman .... Charles City 1951
Maresh, Steve (2) .... Iowa City, City High 1997, 99
Masche, Robert .... North Winneshiek, Decorah 1967
Matthaidess, Troy .... Wapsie Valley 2005
McClure, Robert .... Elliott 1955
McCord, Jim .... Centerville 1979
McCormick, Eugene .... Fremont 1950
McGaffin, Charles .... Winterset 1960
McVicker, D. .... Farragut 1966
Millikin, Harlan (2) .... Ames 1967, 68
Mitts, Ron (3) .... Johnston 1971, 72, 73
Morris, Mary .... Bennett-Durant 2001
Morrison, Dick .... Red Oak 1966
Mortimer, Randall .... Minburn 1941
Murtle, Rodney .... Madrid 1965

Neill, Craig .... Lewis Central, Council Bluffs 1973
Nelson, Irving .... Mechanicsville 1946
Newell, Don .... Ottumwa 1940
Noll, Don .... Sanborn 1974
Norris, Bill (2) .... Ollie 1949; Oskaloosa 1957

Obermiller, Ray (6) .... Sioux City, Central 1957, 58, 61, 63, 64, 65
Ormston, Bill .... Ankeny 1969

Palmer, Gayle (2) .... Urbandale 1968, 70

Peterson, Duane .... West Sioux, Hawarden 1961
Peterson, Roger .... Odebolt-Arthur 1975
Phelan, Steve (2) .... Wapsie Valley, Fairbank 2000, o4
Pollitt, Richard .... BGM, Brooklyn 1970
Provorse, Bob (2) .... Sioux City, Central 1966, 67
Prussman, Noel .... Muscatine 1990

Rannals, Al .... Klemme 1961
Ray, David .... Miles 1964
Reifenrath, Darrell .... Central Lyon, Rock Rapids 1969
Reis, Mike .... Red Oak 1967
Rogers, Mel .... Underwood 1959

Sage, Dave (2) .... Waverly-Shell Rock 1975, 80
Salberg, Chris .... South Page, College Springs 1960
Sauser, Dan .... Monticello 2007
Schafer, Roy .... Fairfield 1949
Schippers, John .... Marion 1958
Schroeder, Don .... Muscatine 1978
Schweizer, Frank (2) .... Dowling, West Des Moines 1974, 85
Shadle, Fred .... Osage 1970
Shaffer, Clayton (2) .... Bancroft, St. John 1976, 77
Shorey, John .... St. Albert, Council Bluffs 1992
Silvey, Chuck (6) .... Des Moines, Tech 1954, 55, 56, 59, 60, 62
Sinram, Mike .... Jesup 1990
Skay, Jayme (3) .... Iowa City High 1997, 99, 2000
Sletten, John (4) .... Ames 1973, 75, 83, 89
Snell, Leland .... Des Moines, Tech 1950
Stanton, Walt (2) .... College Springs,So. Page 1959; Red Oak 65
Stidolph, Robert .... Monroe 1950
Stolze, Greg .... Williamsburg 1991
Stoppels, Paul .... Grinnell 1963
Stults, Greg .... Knoxville 1980
Swails, Sara .... Iowa City, West 1988
Swope, Chad (2) .... Regina, Iowa City 2006, 07

Tassell, Dennis .... Cedar Valley, Somers 1967
Tuttle, Vaughn .... Stanley 1951

VanderBerg, Rich .... Unity Christian, Orange City 1976
VanderLinden, Bob .... Des Moines, Lincoln 1968
Voqelqesanq, Dave .... Tipton 1975

Wedemeyer, Ross .... Iowa City, University High 1944
Wehrkamp, Glen (2) .... Sheffield-Chapin 1956, 58
Werling, Ron (2) .... Indianola 1971, 72
Wessels, Wayne (2) .... Columbus, Waterloo 1971, 72
Whitmore, Tom .... Milford 1973
Wickett, Bryce (4) .... LuVerne 1958, 59, 60, 62
Williams, A.L. (Bud) (5) .... Iowa City, City High 1991, 92, 93, 94, 96
Wolfe, Don .... Cedar Rapids, Roosevelt 1948

more...

SCHOOLS BOASTING IHSAA INDIVIDUAL STATE CHAMPIONS

A-D-M, Adel; Adel-DeSoto	3	Immaculate Conception, Charles City	1
Albia	1	Indianola	3
Algona	2	Iowa City	2
Ames	2	Iowa City, University High	5
Anita	2	Iowa City, West	1
Ankeny	2	Iowa Mennonite, Kalona	1
Aquin, Cascade	1	Iowa Valley, Marengo	1
Aquinas, Fort Madison	1		
Assumption, Davenport	1	Kee, Lansing	1
		Klemme	1
Ballard, Huxley	1	Knoxville	1
Bayard	1		
Bedford	1	Lamoni	1
Bishop Garrigan, Algona	2	Lamont	1
Bishop Heelan, Sioux City	3	LeClaire	4
Boyden-Hull	1	Lewis Central, Co. Bluffs	1
		LuVerne	3
Calamus-Wheatland	1		
Cardinal Stritch, Keokuk	3	Madrid	1
Cedar Falls	1	Malvern	1
Cedar Rapids, Jefferson	1	Marion	5
Cedar Rapids, Regis	1	Marquette, Bellevue	2
Cedar Rapids, Roosevelt	2	Marshalltown	7
Central Lee, Argyle	1	Mason City	6
Charles City	3	Mechanicsville	2
Charlotte	1	MFL, MarMac	1
Clarke, Clarke	2	Miles	2
Clarinda	1	Minburn	1
Clinton	3	Missouri Valley	1
Columbus, Waterloo	6	Monroe	1
Corning	1	Monticello	2
Council Bluffs, Abraham Lincoln	3	Mount Pleasant	1
		Muscatine	2
Davenport, Central	3		
Davenport, North	1	Nevada	1
Decorah	6	Northern Univ. High, Cedar Falls	2
Delmar	1	North Polk, Alleman	1
Delwood, Elwood	2		
Des Moines, East	11	Odebolt-Arthur	1
Des Moines, Hoover	1	Ollie	1
Des Moines, North	2	Oskaloosa	1
Des Moines Roosevelt	1	Ottumwa	1
Des Moines, Tech	4	Oxford Junction	1
Dike	3		
Dowling Catholic, DM & West Des Moines	5	Pekin, Packwood	2
Dubuque, Senior	7	Pleasant Valley	1
		Pleasantville	1
Eagle Grove	4	Preston	2
Eldora	3	Prairie Valley, Gowrie	1
Elk Horn-Kimballton	1		
English Valleys, North English	2	Red Oak	3
Epworth, Western Dubuque	1	Russell	1
Fairfield	1	Sac City	1
Farragut	1	Sanborn	1
Forest City	1	Saydel	3
Fremont	1	Sheffield	2
		Sheldon	4
Grinnell	1	Shenandoah	2
Griswold	2	Sioux City, Central	8
		South Page, College Springs	2
Hedrick	2	South Tama County, Tama	1
Humboldt	2	Stanley	1

more...

TEAM RUNNER-UP YEAR BY YEAR
* runner-up even though two teams tied for first

1922		Fort Dodge
1923		Ottumwa
1924		Cedar Rapids, Washington
1925		Iowa City, University High
1926		Ottumwa
1927		Knoxville
1928		Muscatine
1929		Des Moines, East

First IHSAA State Meet in 1930

1930		Maquoketa
1931		Muscatine
1932		Muscatine
1933		Cedar Rapids, Grant
1934		(Tie)Ottumwa & Des Moines East
1935		Ottumwa
1936	A	Ottumwa
	B	Janesville (Finchford Cons.)
1937	A	Ames
	B	Vinton
	C	LeClaire
1938	A	Ottumwa
	B	Vinton
	C	Buffalo Center
1939	A	Ottumwa
	B	Adel
	C	Thornburg
1940	A	Fort Madison
	B	Williamsburg
	C	Thornburg
1941	A	Knoxville
	B	No Team
	C	No Team
1942	A	Cedar Rapids, Franklin
	B	(Tie) Redfield; Iowa Falls
1943	A	Keokuk
	B	None
	C	None

1944	A	Des Moines, East
	B	Washington
	C	Zearing
1945	A	Des Moines, East
	B	Iowa City, University High
	C	Dayton
1946	A	Iowa City
	B	Nevada
	C	Delmar
1947		**No team scores kept in classes;**
1948	AA	Des Moines, East
	A	Iowa City
	B	Nevada
	C	Charlotte
1949	AA	Des Moines, North
	A	Cedar Rapids, Roosevelt
	B	*Iowa City, University High
	C	None
1950	AA	Des Moines, East
	A	Cedar Rapids, Roosevelt
	B	Iowa City, University
	C	Ollie
1951	AA	(tie) DM, Dowling; DM, North
	A	*Cedar Rapids, McKinley
	B	Grinnell
	C	(tie) Fremont; Oxford
1952	AA	Cedar Falls
	A	Grinnell
	B	Garner
	C	Stanley
1953	AA	Des Moines, East
	A	Grinnell
	B	Osage
	C	Stanley
1954	AA	Des Moines, North
	A	West Des Moines
	B	LeClaire
	C	Sheffield

more...

1955	AA	Des Moines, Lincoln
	A	Grinnell
	B	Mount Vernon
	C	Gibson

1956	AA	Des Moines, Lincoln
	A	West Des Moines
	B	Griswold
	C	Grand Junction

1957	AAA	(tie) DM, East; DM, Roosevelt
	AA	Des Moines, North
	A	Cedar Falls
	B	Sheffield
	C	College Springs

1958	AAA	Cedar Rapids, Jefferson
	AA	Cedar Falls
	A	Odebolt-Arthur
	B	Eldon
	C	Gowrie

1959	AAA	Sioux City, Central
	AA	Oskaloosa
	A	Clarinda
	B	Sheffield
	C	Agency

1960	AAA	Sioux City, Central
	AA	Oskaloosa
	A	West Des Moines
	B	Underwood
	C	(tie)Linn-Mar; So Hamilton, Randall

1961	AAA	Des Moines, Tech
	AA	Decorah
	A	Clarinda
	B	Linn-Mar, Marion
	C	LuVerne

1962	AAA	Sioux City, Central
	AA	Marshalltown
	A	Grinnell
	B	*Underwood
	C	Bayard

1963	AAA	Dubuque
	AA	Oskaloosa
	A	Red Oak
	B	Odebolt-Arthur
	C	Bayard

1964	AAAA	Des Moines, Tech
	AAA	Ames
	AA	Red Oak
	A	West Sioux, Hawarden
	B	Alta
	C	Bayard

1965	AAAA	Davenport, West
	AAA	Sioux City, East
	AA	Grinnell
	A	West Sioux, Hawarden
	B	Fredericksburg
	C	Elwood

1966	AAAA	Des Moines, Tech
	AAA	Ames
	AA	*Nevada
	A	West Sioux, Hawarden
	B	Madrid
	C	Bellevue

1967	AAAA	Des Moines, Tech
	AAA	Columbus, Waterloo
	AA	Eagle Grove
	A	Aquin, Cascade
	B	Prairie, Gowrie
	C	*Miles

1968	AAAA	Davenport, West
	AAA	Des Moines, Hoover
	AA	Eagle Grove
	A	Prairie, Cedar Rapids
	B	BCL, Conrad
	C	Elk Horn-Kimballton

1969	AAAA	Davenport, West
	AAA	Des Moines, Hoover
	AA	West Delaware, Manchester
	A	(tie) Prairie, CR;Eagle Grove
	B	Odebolt-Arthur
	C	Montezuma
	D	Pocahontas, Catholic

1970	AAAA	Cedar Falls
	AAA	Sioux City, East
	AA	Indianola
	A	Vinton, Washington
	B	Aquin, Cascade
	C	Villisca
	D	Hedrick

1971	AAAA	(tie) Mason City; Dowling,WDM
	AAA	(tie) SC,East; Bishop Heelan,SC
	AA	Grinnell
	A	Eagle Grove
	B	North Fayette, West Union
	C	Villisca
	D	Garnavillo

1972	AAAA	Marshalltown
	AAA	Ames
	AA	Assumption, Davenport
	A	Western Christian, Hull
	B	Tipton
	C	Aquinas, Fort Madison
	D	MarMac, McGregor

1973	AAAA	Davenport, West
	AAA	(tie)Columbus, W'loo; Dowling
	AA	Marion
	A	Knoxville
	B	Tipton
	C	Thornburg
	D	*MarMac, McGregor

1974	AAAA	Davenport, Central
	AAA	Ames
	AA	Charles City
	A	Algona

more...

	B	Tipton
	C	Unity Christian, Orange City
	D	Goldfield
1975	AAAA	Waterloo, West
	AAA	Dowling, WDM
	AA	Boone
	A	Decorah
	B	West Sioux, Hawarden
	C	Unity Christian, Orange City
	D	Clinton, St. Mary's
1976	2-A	Marshalltown
	1-A	(tie) Centerville; Cherokee
	B	Lake City
	C	North Winneshiek, Decorah
1977	2-A	Muscatine
	1-A	Clarke, Osceola
	B	Cascade
	C	Cardinal Stritch, Keokuk
1978	AA	Columbus, Waterloo
	A	Cascade
	B	Newman Catholic, Mason City
	C	Bancroft, St. John
1979	2-A	Muscatine
	1-A	Pella Christian
	B	Kee, Lansing
	C	Cardinal Stritch, Keokuk
1980	2-A	(tie)Clinton; Oelwein
	1-A	Glenwood
	B	Belle Plaine
	C	Cresco, Notre Dame
1981	3-A	Waverly-Shell Rock
	2-A	Knoxville
	1-A	BGM, Brooklyn
1982	3-A	Ames
	2-A	Cascade
	1-A	Gilbert
1983	3-A	Clinton
	2-A	Grinnell
	1-A	NUH, Cedar Falls
1984	3-A	Marshalltown
	2-A	Glenwood
	1-A	Unity Christian, Orange City
1985	3-A	Clinton
	2-A	Eagle Grove
	1-A	Unity Christian, Orange City
1986	3-A	Dubuque, Senior
	2-A	Clear Lake
	1-A	Brooklyn, BGM
1987	3-A	Indianola
	2-A	Cascade
	1-A	Eldora-New Providence

1988	3-A	Clinton
	2-A	Centerville
	1-A	South Hamilton, Jewell
1989	3-A	Muscatine
	2-A	Waukon
	1-A	Belmond
1990	3-A	Des Moines, East
	2-A	Waukon
	1-A	NUH, Cedar Falls
1991	3-A	Iowa City, West
	2-A	St. Albert, Co. Bluffs
	1-A	Clinton, Mater Dei
1992	3-A	Dubuque, Senior
	2-A	Waukon
	1-A	Calamus-Wheatland
1993	3-A	Dubuque, Senior
	2-A	Western Christian, Hull
	1-A	Gilbert
1994	3-A	Wahlert, Dubuque
	2-A	Waukon
	1-A	Eagle Grove
1995	3-A	Cedar Falls
	2-A	Humboldt
	1-A	Woodbine
1996	3-A	Cedar Falls
	2-A	Nevada
	1-A	Iowa Mennonite, Kalona
1997	3-A	Dubuque, Senior
	2-A	Unity Christian
	1-A	Eldora-New Providence
1998	3-A	Iowa City, City High
	2-A	Webster City
	1-A	Collins-Maxwell-Baxter
1999	3-A	Marshalltown
	2-A	Unity Christian, Orange City
	1-A	Dike-New Hartford
2000	3-A	Des Moines, Roosevelt
	2-A	Waukon
	1-A	Regina, Iowa City
2001	3-A	Iowa City, City
	2-A	Mount Vernon-Lisbon
	1-A	Wapsie Valley
2002	3-A	Valley, WDM
	2-A	Monticello
	1-A	Marquette Catholic, Bellevue
2003	4-A	Iowa City, City High
	3-A	Mount Vernon-Lisbon
	2-A	Nodaway Valley, Greenfield
	1-A	Midland, Wyoming

more...

Team Runners-up - Year-by-Year cont'd

2004 4-A Des Moines Roosevelt
         3-A Mount Vernon-Lisbon
         2-A Western Christian, Hull
         1-A Central Elkader

2005 4-A Cedar Rapids Kennedy
         3-A Wahlert Catholic, Dubuque
         2-A Clarinda
         1-A Regina, Iowa City

2006 4-A Marshalltown
         3-A Wahlert Catholic, Dubuque
         2-A Monticello
         1-A Griswold

2007 4-A Des Moines Roosevelt
         3-A Pella
         2-A Wilton
         1-A South Winneshiek, Calmar

IHSAA TEAM RUNNERS-UP - Alphabetically

Adel	1939	1
Agency	1959	1
Algona	1974	1
Alta	1964	1
Ames	1937, 64, 66, 72, 74, 82	6
Aquin, Cascade	1967, 70	2
Aquinas, Fort Madison	1972	1
Assumption, Davenport	1972	1
Bancroft, St. John	1978	1
Bayard	1962, 63, 64	3
BCL, Conrad	1968	1
Belle Plaine	1980	1
Bellevue	1966	1
Belmond	1989	1
BGM, Brooklyn	1981, 86	2
Bishop Heelan, Sioux City	1971	1
Boone	1975	1
Buffalo Center	1938	1
Calamus-Wheatland	1992	1
Cardinal Stritch, Keokuk	1977, 79	2
Cascade	1977, 78, 82, 87	4
Cedar Falls	1952, 57, 58, 70, 95, 96	6
Cedar Rapids, Franklin	1942	1
Cedar Rapids, Grant	1933	1
Cedar Rapids, Jefferson	1958	1
Cedar Rapids, Kennedy	2005	1
Cedar Rapids, McKinley	1951	1
Cedar Rapids, Roosevelt	1949, 50	2
Centerville	1976, 88	2
Central, Elkader	2004	1
Charles City	1974	1
Charlotte	1948	1
Cherokee, Washington	1976	1
Clarinda	1959, 61, 2005	3
Clarke, Osceola	1977	1
Clear Lake	1986	1
Clinton	1980, 83, 85, 88	4
Clinton, St. Mary's; Mater Dei	1975, 91	2
CMB, Baxter	1998	1
Cresco, Notre Dame	1980	1
Davenport, Central	1974	1
Davenport, West	1965, 68, 69, 73	4
Dayton	1945	1
Decorah	1961, 75	2

[34]

more...

Delmar	1946	1
Des Moines, East	1934, 44, 45, 48, 50, 53, 57, 90	8
Des Moines, Hoover	1968, 69	2
Des Moines, Lincoln	1955, 56	2
Des Moines, North	1949, 51, 54, 57	4
Des Moines, Roosevelt	1957, 2000, 04, 07	4
Des Moines, Tech	1961, 64, 66, 67	4
Dike-New Hartford	1999	1
Dowling Catholic, West Des Moines	1951, 71, 73, 75	4
Dubuque, Senior	1963, 86, 92, 93, 97	5
Eagle Grove	1967, 68, 69, 71, 85, 94	6
Eldon	1958	1
Eldora-New Providence	1987, 97	2
Elk Horn-Kimballton	1968	1
Elwood	1965	1
Fredericksburg	1965	1
Fremont	1951	1
Fort Madison	1940	1
Garnavillo	1971	1
Garner	1952	1
Gibson	1955	1
Gilbert	1982, 93	2
Glenwood	1980, 84	2
Goldfield	1974	1
Grand Junction	1956	1
Grinnell	1951, 52, 53, 55, 62, 65, 71, 83	8
Griswold	1956, 2006	2
Hedrick	1970	1
Humboldt	1995	1
Indianola	1970, 87	2
Iowa City; Iowa City, City High	1946, 48, 98, 2001, 03	5
Iowa City, University High	1945, 49, 50	3
Iowa City, West	1991	1
Iowa Falls	1942	1
Iowa Mennonite, Kalona	1996	1
Janesville (Finchford Consolidated)	1936	1
Kee, Lansing	1979	1
Keokuk	1943	1
Knoxville	1941, 73, 81	3
Lake City	1976	1
LeClaire	1937, 54	2
Linn-Mar, Marion	1960, 61	2
LuVerne	1961	1
Madrid	1966	1
Maquoketa	1930	1
Marion	1973	1
Mar-Mac, McGregor	1972, 73	2
Marquette, Bellevue	2002	1
Marshalltown	1962, 72, 76, 84, 99, 2006	6
Mason City	1971	1
Midland, Wyoming	2003	1
Miles	1967	1
Montezuma	1969	1
Monticello	2002, 06	2
Mount Vernon	1955	1
Mount Vernon-Lisbon	2001, 03, 04	3

more...

Muscatine 1931, 32, 77, 79, 89 5

Nevada 1946, 48, 66, 96 4
Newman Catholic, Mason City 1978 1
Nodaway Valley, Greenfield 2003 1
North Fayette, West Union 1971 1
North Winneshiek, Decorah 1976 1
NUH, Cedar Falls 1983, 90 2

Odebolt-Arthur 1958, 63, 69 3
Oelwein 1980 1
Ollie 1950 1
Osage 1953 1
Oskaloosa 1959, 60, 63 3
Ottumwa 1934, 35, 36, 38, 39 5
Oxford 1951 1

Pella 2007
Pella Christian 1979 1
Pocahontas Catholic 1969 1
Prairie, Gowrie 1958, 67, 68, 69 4

Red Oak 1963, 64 2
Redfield 1942 1
Regina, Iowa City 2000, 05 2

Sheffield 1954, 57, 59 3
Sioux City, Central 1959, 60, 62 3
Sioux City, East 1965, 70, 71 3
South Hamilton, Jewell 1988 1
South Hamilton, Randall 1960 1
South Page, College Springs 1957 1
South Winneshiek, Calmar 2007 1
St. Albert, Council Bluffs 1991 1
Stanley 1952, 53 2

Thornburg 1939, 40, 73 3
Tipton 1972, 73, 74 3

Underwood 1960, 62 2
Unity Christian, Orange City 1974, 75, 84, 85, 97, 99 6
Valley, West Des Moines 1954, 56, 60, 2002 4
Villisca 1970, 71 2
Vinton, Washington 1937, 38, 70 3

Wahlert, Dubuque 1994, 2005, 06 3
Wapsie Valley, Fairbank 2001 1
Washington 1944 1
Waterloo, Columbus 1967, 73, 78 3
Waterloo, West 1975 1
Waukon 1989, 90, 92, 94, 2000 5
Waverly-Shell Rock 1981 1
Webster City 1998 1
West Delaware, Manchester 1969 1
West Sioux, Hawarden 1964, 65, 66, 75 4
Western Christian, Hull 1972, 73, 2004 3
Williamsburg 1940 1
Wilton 2007 1
Woodbine 1995 1

Zearing 1944 1

INDIVIDUAL RUNNERS-UP - YEAR-BY-YEAR
Note: Some years only the winning time was recorded

1922	Shipman, Fort Dodge
1922	Shipman, Fort Dodge
1923	Wallace Elliott, Iowa City
1924	McBaine, Fort Dodge
1925	Smith, Cedar Rapids, Grant
1926	Thomas Kelly, Parnell
1927	Ralph Cozine, Iowa City, University High
1928	Milo Wilson, Des Moines, East
1929	Holmes, Des Moines, East

(First Official IHSAA Meet, 1930)

1930	John Garnes & Bob McElroy Muscatine tied 1-2	11:00.5
1931	Teach, Grafton	NT
1932	Richard Beebe, Ottumwa	NT
1933	John Schmidt, Ottumwa	NT
1934	Frank Silver, Des Moines, East	NT

1.9 Miles

1935		Ray Davis, Oskaloosa	NT
1936	A	Neal Hamilton, Oskaloosa	NT
	B	Edwin Meyers, Iowa City, University High	NT
1937	A	Laurence Inman, Oelwein	NT
	B	Donald Spencer, Iowa City, University High	NT
	C	Dale Winey, Clarence	NT
1938	A	Stanley McCargar, Oskaloosa	NT
	B	Charles Wright, Monticello	NT
	C	Walter Maytag, Laurel	NT
1939	A	Howard Goebel, Knoxville	NT
	B	Charles Fetzer, Williamsburg	NT
	C	Ralph Zepp, Martinsburg	NT
1940	A	Albert Slater, Fort Madison	NT
	B	Fred Zollar, Iowa City, University High	NT
	C	Kenneth McFate, LeClaire	NT
1941	A	Louis Loper, Council Bluffs, Abraham Lincoln	11:19.4
	B	Frank Zollar, Iowa City, University High	11:58.5
	C	Dee Thompson, Minburn	NT
1942	A	Howard Cole, Cedar Rapids, Franklin	NT
	B	Bob Hartsock, Iowa City, University High	NT
1943	A	Harold Williams, Des Moines, East	NT
	B	Dick Terrill, Iowa City University	NT
	C	(name is missing) Mechanicsville	NT
1944	A	Smith, Ottumwa	10:54.5
	B	Stanley Murray, Iowa City, University High	11:02.5
	C	Smith Oakes, Zearing	11:30.1
1945	A	Keith Sanford, Cedar Rapids, Franklin	NT
	B	Russell Benedict, Marion	NT
	C	Casper Robinson, Mechanicsville	NT
1946	A	Bob Hoak, Des Moines, Roosevelt	NT
	B	Eugene Hastings, Marion	NT
	C	Vernon Svoboda, Mechanicsville	NT

more...

1947   ***One race run for all classes due to weather - no runner-up reported***

1948   AA   George Sullivan, Des Moines, East .... NT
      A   Stan Petrick, Cedar Rapids, Roosevelt .... NT
      B   Allen Mally, Marion .... NT
      C   Arthur Trumbower, Napier .... NT

1949   AA   John Williams, Cedar Rapids, Franklin .... NT
      A   Donald Jones, Cedar Rapids, Roosevelt .... NT
      B   Allen Mally, Marion .... NT
      C   Eugene Kessell, Ollie .... NT

<div align="right"><u>**2 Mile**</u></div>

1950   AA   Galen Hassen, Council Bluffs, Abraham Lincoln .... NT
      A   Charles Bauserman, Cedar Rapids, Roosevelt .... NT
      B   Richard Hotz, Marion .... NT
      C   Roger Runkle, Ollie .... NT

<div align="right"><u>**1.8 Miles**</u></div>

1951   AA   Carl Zimerman, Waterloo, West 9:48.4
      A   Roy Bever, Charles City 10:45.4
      B   Gerald Walker, Marion 10:11.1
      C   Harold Crowe, Fremont 10:43.1

1952   AA   John Aller, Dowling, DM .... NT
      A   Charles DeLong, Grinnell .... NT
      B   Clyde Callahan, Eldora .... NT
      C   Ronny DeMuth, Stanley .... NT

1953   AA   Ray Phares, Des Moines, Tech .... NT
      A   Charles DeLong, Grinnell .... NT
      B   Kenny Brock, Eldora .... NT
      C   George Lee, Underwood .... NT

1954   AA   Brian Travis, Des Moines, Tech 9:41.5
      A   Jim Hollis, West Des Moines 10:44.2
      B   Kenny Brock, Eldora 10:37.3
      C   George Lee, Underwood 10:05.7

1955   AA   Jim McFadden, Des Moines, North 9:.38.0
      A   Laverne Latchem, Grinnell 10:06.0
      B   Gary Haltmeyer, Postville 9:58.0
      C   Tommy Sentman, Ollie .... NT

1956   AA   Tom Rivers, Sioux City, Central .... NT
      A   John Woolson, Clarinda .... NT
      B   Tom Tilton, LeClaire .... NT
      C   Tommy Sentman, Ollie .... NT

1957   AAAA   Ralph Trimble, Cedar Rapids, Jefferson 9:19.4
      AA   Konrad Billhardt, Oskaloosa 9:49.5
      A   Ronnie Olson, Decorah 9:34.7
      B   Don Storjhann, Underwood 10:19.0
      C   Raymond Miller, Menlo 10:33.0

1958   AAA   Eugene Rave, Sioux City, Central .... NT
      AA   Wayne Benzing, Decorah .... NT
      A   Bill Lynn, West Des Moines .... NT
      B   Jim Batterson, Eldon .... NT
      C   Robert Powers, Norwalk 10:36.5

1959   AAA   David Brown, Des Moines, Tech .... NT
      AA   Rich Corso, Iowa City .... NT
      A   Larry Kramer, Belmond .... NT
      B   Bill Taylor, Sheffield-Chapin .... NT

         more...

	C	Paul Gilligan, LuVerne	NT
1960	AAA	Richard Helm, Des Moines, Tech	NT
	AA	Don Bergan, Columbus, Waterloo	NT
	A	Roger McCay, Creston	NT
	B	Bill Taylor, Sheffield-Chapin	NT
	C	Paul Gilligan, LuVerne	NT
1961	AAA	Jim Wilson, Sioux City, Central	9:19.7
	AA	Don Bergan, Columbus, Waterloo	9:30.0
	A	Tim White, West Sioux, Hawarden	NT
	B	Danny Achenbach, Fremont-Mills, Tabor	NT
	C	Jerry Murray, Klemme	NT
1962	AAA	Kenny Messer, Des Moines, Roosevelt	NT
	AA	Don Bergan, Columbus, Waterloo	NT
	A	Merlin Lewis, Clarinda	NT
	B	Paul Wright, Iowa City, University High	NT
	C	Bob Coons, Linn-Mar, Marion	NT
1963	AAA	Ken Gallagher, Marshalltown	NT
	AA	Rollie Kitt, Kuemper, Carroll	NT
	A	Ronald Taylor, Clarinda	NT
	B	Dennis Reed, Anita	NT
	C	Bruce Penney, Preston	NT
1964	AAAA	Steve Gerkin, Sioux City, Central	9:19.1
	AAA	Rollie Kitt, Kuemper, Carroll	9:23.0
	AA	Galen Lininger, Clarinda	NT
	A	Tom Halboth, Odebolt-Arthur	NT
	B	Larry Ruggles, Anita	NT
	C	Gorden Hansen, Miles	NT
1965	AAAA	Steve Gerkin, Sioux City, Central	9:02.0
	AAA	Ted Fulk, Marshalltown	9:15.0
	AA	Stan Visser, Western Christian, Hull	9:26.0
	A	Keith Allen, Cardinal, Eldon	9:31.2
	B	Larry Ruggles, Anita	9:39.0
	C	Larry Sellers, Russell	10.00.0
1966	AAAA	Greg Coons, Sioux City, Central	9:12.0
	AAA	Denny McGuire, Columbus, Waterloo	9:18.5
	AA	Dean Twedt, Nevada	9:11.9
	A	Larry Bockelman, West Sioux, Hawarden	9:46.5
	B	Jerry Lundquist, Sutherland	9:45.9
	C	Mike Origer, Lincoln Central, Gruver	9:47.8

2 Miles

1967	AAAA	Lynn Lee, Mason City	10:09.5
	AAA	Greg Denler, Ames	10:08.5
	AA	Lynn Ellis, Red Oak	10:34.2
	A	Mark Aschim, Decorah	10:19.8
	B	Larry Greiner, Pekin, Packwood	10:34.8
	C	Greg Wood, Meservey-Thornton	10:59.5
1968	AAAA	Arnold DeAnda, Davenport, Central	10:13.2
	AAA	Dave Powell, Ames	10:00.8
	AA	Bob Stauffer, Eagle Grove	10:19.0
	A	Dennis Ellingson, Decorah	10:15.9
	B	Roger Villers, Montezuma	10:29.6
	C	Curt Hoegh, Elk Horn-Kimballton	10:20.2
1969	AAAA	Pat Yochum, Dowling, Des Moines	10:04.9
	AAA	Rich Twedt, Des Moines, Hoover	9:48.9
	AA	Lee Schreurs, Ankeny	10:03.9

more...

	A	Bob Stauffer, Eagle Grove	10:08.5
	B	Tim Williamson, Grundy Center	10:20.6
	C	Bob Schlieseman, BCL, Conrad	10:36.9
	D	Steve Seamer, Miles	10:14.2
1970	AAAA	Gene Bluedon, Davenport, West	10:03.2
	AAA	Don Akir, Sioux City, East	10:05.1
	AA	Dave Hanson, Grinnell	10:27.8
	A	Chuck Cassel, Bishop Garrigan, Algona	10:26.5
	B	Tim Williamson, Grundy Center	10:29.3
	C	Wayne Hammitt, Woodbine	10:52.6
	D	Dennis Capps, Hedrick	10:55.2
1971	AAAA	Gregg Newell, Davenport, Central	9:46.4
	AAA	Tom Schoberg, Bishop Heelan, Sioux City	9:44.2
	AA	Dave Hanson, Grinnell	10:21.7
	A	Rex Madsen, Sheldon	10:14.8
	B	Charles Rump, Aquinas, Fort Madison	10:15.4
	C	Don Longnecker, BGM, Brooklyn	10:29.1
	D	Dan Gingerich, MarMac, McGregor	10:42.4
1972	AAAA	Jeff Myers, Davenport, West	10:01.9
	AAA	Shane Dooley, Des Moines, Hoover	9:57.8
	AA	Mike Burns, Indianola	10:14.8
	A	Craig Hoden, Linn-Mar, Marion	10:03.7
	B	Brian Kenyon, Bishop Garrigan, Algona	10:12.6
	C	Chuck Baker, Dike	10:34.7
	D	Mark Hughes, Elwood	10:34.1
1973	AAAA	Edward Moreno, Davenport, Central	9:51.0
	AAA	Ed Newell, Sioux City, North	10:10.0
	AA	Mark Bishop, Indianola	10:17.0
	A	Mark Adamson, Cherokee, Washington	10:00.0
	B	Ron Gomis, Johnston	10:32.0
	C	Dan Stice, Aquinas, Fort Madison	10:42.0
	D	Wade Pestka, Oxford Junction	
1974	AAAA	David Korir, Cedar Rapids, Washington	9:40.0
	AAA	Mike Duncan, Columbus, Waterloo	9:33.3
	AA	Gene McGivern, Assumption, Davenport	10:02.0
	A	Tim Holton, Cherokee, Washington	10:02.0
	B	Blair Renfro, Shenandoah	10:11.0
	C	Pat Hayes, Aquin, Cascade	10:17.0
	D	Pete Stevenson, Meriden-Cleghorn	10:05.0
1975	AAAA	Jamie Hutcheson, Marshalltown	9:44.0
	AAA	Jon Mathiason, Ames	9:35.0
	AA	Ed Croson, Lewis Central, Council Bluffs	9:51.0
	A	Kevin Ubbelohde, Clear Lake	10:01.0
	B	Joe Pelser, Tipton	9:56.0
	C	Pat Hayes, Aquin, Cascade	9:55.0
	D	Tom Ries, Clinton, St. Mary's	10:27.0
1976	AA	Jamie Hutcheson, Marshalltown	9:45.0
	A	Tim Holton, Cherokee, Washington	9:59.0
	B	Jon Betz, North Polk, Alleman	10:02.0
	C	Tom Peacher, Cardinal Stritch, Keokuk	10:42.0
1977	AA	Jim McCauley, Bishop Heelan, Sioux City	NT
	A	Randy Fitzgerald, Decorah	NT
	B	Steve Greiner, Pekin, Packwood	NT
	C	Tim Henricksen, Lincoln Central, Gruver	NT
1978	AA	Matt Trimble, Iowa City, City High	NT
	A	Tim Mueting, Denison	NT

more...

| | B | Dan Kroeze, Unity Christian, Orange City | NT |
| | C | Tim Henricksen, Lincoln Central, Gruver | NT |

1979 AA Jeff Jacobs, Clinton 9:49.0
A Bill Kerkaert, Sheldon 9:46.0
B Mike Karamitros, Newman Catholic, Mason City 10:05.0
C Roger Tiarks, Treynor 10:20.0

1980 AA Jeff Jacobs, Clinton 9:36.0
A Bill Kerkaert, Sheldon 9:46.0
B Randy Canaan, Maurice-Orange City 10:18.0
C Dan Schreck, Cardinal Stritch, Keokuk 10:23.0

1981 3-A Mike Lee, Council Bluffs, Abraham Lincoln 9:48.4
2-A Mike Grevengoed, Western Christian, Hull 9:51.8
1-A Shawn Connor, Kee, Lansing 10:15.3

1982 3-A Mike Lee, Council Bluffs, Abraham Lincoln 9:46.4
2-A Chris Shehan, Red Oak 10:00.6
1-A Lonnie Minor, BGM, Brooklyn 10:11.4

1983 3-A Mark Block, Fort Dodge 9:45.3
2-A Tom Penningroth, Tipton 9:50.7
1-A Brian Hawes, Kee, Lansing 9:53.8

1984 3-A Jeff Burris, Ames 9:55.3
2-A Dan Hostager, Audubon 10:04.5
1-A Paul Barnhart, Gehlen Catholic, LeMars 10:11.5

1985 3-A Jason Maxson, Cedar Rapids, Washington 10:04.1
2-A Dave Halferty, Chariton 10:16.5
1-A Paul Barnhart, Gehlen Catholic, LeMars 9:53.2

1986 3-A Tory Tepp, Dubuque, Senior 9:59.6
2-A Dwaine Heppler, Sheldon 10:17.8
1-A Kent Keith, Cedar Valley 10:32.1

5,000 Meters

1987 3-A Jason Maxson, Cedar Rapids, Washington 15:46.9
2-A Matt Lindaman, Humboldt 16:12.6
1-A Shawn Lansing, Holy Cross, Leo 16:12.0

1988 3-A Brian Runyan, Indianola 16:06.4
2-A Brian Hornbuckle, Shenandoah 16:10.9
1-A Lance Elliott, Montezuma 16:15.0

1989 3-A Doug Birk, Sioux City, East 16:20.1
2-A Andy Kauder, Cascade, Western Dubuque 16:28.3
1-A Mike Penningroth, Tipton 16:19.3

1990 3-A Albert Hayton, Clinton 16:33.0
2-A Brent McGrew, Decorah 16:40.0
1-A Nathan Smith, East Union, Afton 16:52.0

1991 3-A Roba Bati, Iowa City, West 16:18.8
2-A Daron DeJong, MOC-Floyd Valley 16:38.6
1-A Chris Stone, Clinton, Mater Dei 16:54.7

1992 3-A Ambo Bati, Iowa City, West 15:33.0
2-A Daron DeJong, MOC-Floyd Valley 16:15.2
1-A Corey Stock, St. Albert, Council Bluffs 16:24.8

1993 3-A Sam Burkett, Urbandale 15:36.9
2-A Jesse Sand, Cedar Rapids, Regis 16:08.9
1-A Dan Reis, Turkey Valley, Jackson Junction 16:19.7

more...

1994	3-A	Charley Kelly, Marshalltown	15:48.6
	2-A	Mike Stults, Knoxville	15:55.4
	1-A	Tavis Cummings, Van Buren, Keosauqua	16:01.3
1995	3-A	Trent Corey, Dubuque, Senior	15:44.0
	2-A	Peter Hollatz, Centerville	16:01.0
	1-A	Jason Probasco, Woodbine	16:17.0
1996	3-A	Shaun Allen, Fort Madison	15:41.0
	2-A	Peter Hollatz, Centerville	15:50.0
	1-A	David Baldwin, Jesup	16:20.0
1997	3-A	Shaun Allen, Fort Madison	15:16.0
	2-A	Matt Cook, Monticello	15:45.0
	1-A	Adam Sundall, Bishop Garrigan, Algona	15:59.0
1998	3-A	Grant Shadden, Marshalltown	15:32.0
	2-A	Dan Van Engen, Unity Christian, Orange City	16:07.0
	1-A	Tad Stolley, Woodbine	16:07.0
1999	3-A	Trent Graham, Des Moines Roosevelt	15:17.0
	2-A	Robby Weber, Perry	15:52.0
	1-A	Justin Pieper, Aquinas, Fort Madison	16:15.0
2000	3-A	Chris Jones, Iowa City West	15:39.0
	2-A	Dylan Davis, ADM, Adel	16:09.0
	1-A	Jason Flogel, Marquette Bellevue	16:09.0
2001	3-A	Andy Johnson, Des Moines, Roosevelt	15:46.0
	2-A	Chris Legore, Mount Vernon-Lisbon	15:59.0
	1-A	Adam Bohach, South Winneshiek, Calmar	16:14.0
2002	3-A	Joe Morgan, Clinton	15:27.0
	2-A	Brett Adams, Assumption, Davenport	15:53.0
	1-A	Dan Mayer, West Central Valley, Stuart	16:16.0
2003	4-A	Kiel Uhl, Des Moines Roosevelt	15:19.0
	3-A	Nick Murphy, Bishop Heelan, Sioux City	15:39.0
	2-A	Dan Mayer, West Central Valley, Stuart	16:26.0
	1-A	Tim McKenna, NUH, Cedar Falls	16:12.0
2004	4-A	Jon Thomas, Des Moines Roosevelt	15:34.0
	3-A	Tony Fischels, Webster City	16:22.0
	2-A	Danny Owens, Clarinda	16:45.0
	1-A	Nate Petesch, Marquette Catholic, Bellevue`	16:58.0
2005	4-A	Jordan Anderson, Mason City	15:58.0
	3-A	Tyler Meyer, Wahlert, Dubuque	16:32.0
	2-A	Dalton Lems, Western Christian, Hull	16:32.0
	1-A	Cody Dreyer, Central Elkader	16:44.0
2006	4-A	Devin Allbaugh, Pleasant Valley	16:03.0
	3-A	Brian Koch, Wahlert, Dubuque	16:09.0
	2-A	Brian Gesink, Sioux Center	16:26.0
	1-A	Dana Schmidt, Grundy Center	16:26.0
2007	4-A	Obsa Taddese, Iowa City West	15:40.0
	3-A	Aaron May, Xavier, Cedar Rapids	15:50.0
	2-A	Casey Robertson, Columbus Community, Columbus Junction	15:51.0
	1-A	Josh Mellman, Rockwell-Swaledale/SCMT	16:07.0

INDIVIDUAL IHSAA RUNNERS-UP - Alphabetically

Achenbach, Danny .... Fremont-Mills 1961
Adams, Brett .... Assumption, Davenport 2002
Adamson, Mark .... Cherokee, Washington 1973
Akir, Don .... Sioux City, East 1970
Allbaugh, Devin... Pleasant Valley 2006
Allen, Keith .... Cardinal, Eldon 1965
Allen, Shaun (2) .... Fort Madison 1996, 97
Aller, John .... Dowling, Des Moines 1952
Anderson, Jordan .... Mason City 2005
Aschim, Mark .... Decorah 1967

Baker, Chuck .... Dike 1972
Baldwin, David .... Jesup 1996
Barnhart, Paul (2) .... Gehlen Catholic, LeMars 1984, 85
Bati, Ambo .... Iowa City, West 1992
Bati, Roba .... Iowa City, West 1991
Batterson, Jim .... Eldon 1958
Bauserman, Charles .... Cedar Rapids, Roosevelt 1950
Beebe, Richard .... Ottumwa 1932
Benedict, Russell .... Marion 1945
Benzing, Wayne .... Decorah 1958
Bergan, Don (3) .... Columbus, Waterloo 1960, 61, 62
Betz, Jon .... North Polk, Alleman 1976
Bever, Roy .... Charles City 1951
Billhardt, Konrad .... Oskaloosa 1957
Birk, Doug .... Sioux City, East 1989
Bishop, Mark .... Indianola 1973
Block, Mark .... Fort Dodge 1983
Bluedon, Gene... Davenport, West 1970
Bockelman, Larry .... West Sioux, Hawarden 1966
Bohach, Adam .... South Winneshiek, Calmar 2001
Brock, Kenny (2) .... Eldora 1953, 54
Brown, David... Des Moines, Tech 1959
Burkett, Sam .... Urbandale 1993
Burns, Mike .... Indianola 1972
Burris, Jeff .... Ames 1984

Callahan, Clyde .... Eldora 1952
Canaan, Randy... Maurice-Orange City 1980
Capps, Dennis .... Hedrick 1970
Cassell, Chuck... Bishop Garrigan, Algona 1970
Cole, Howard .... Cedar Rapids, Franklin 1942
Connor, Shawn .... Kee, Lansing 1981
Cook, Matt... Monticello 1997
Coons, Bob .... Linn-Mar, Marion 1962
Coons, Greg .... Sioux City, Central 1966
Corey, Trent .... Dubuque, Senior 1995
Corso, Rich .... Iowa City 1959
Croson, Ed .... Lewis Central, Council Bluffs 1975
Crowe, Harold .... Fremont 1951
Cummings, Tavis .... Van Buren, Keosauqua 1994

Davis, Dylan... ADM, Adel 2000
Davis, Ray... Oskaloosa 1935
DeAnda, Arnold.. Davenport, Central 1968
DeJong, Daron (2) .... MOC-Floyd Valley 1991, 92
DeLong, Charles (2) .... Grinnell 1952, 53
DeMuth, Ronny .... Stanley 1952
Denler, Greg .... Ames 1967
Dooley, Shane .... Des Moines, Hoover 1972
Dreyer, Cody .... Central Elkader 2005
Duncan, Mike .... Columbus, Waterloo 1974

Ellingson, Dennis .... Decorah 1968

Elliott, Lance .... Montezuma 1988
Ellis, Lynn .... Red Oak 1967

Fetzer, Charles .... Williamsburg 1939
Fischels, Tony .... Webster City 2004
Fitzgerald, Randy .... Decorah 1977
Flogel, Jason .... Marquette, Bellevue 2000
Fulk, Ted .... Marshalltown 1965

Gallagher, Ken .... Marshalltown 1963
Gerkin, Steve (2) .... Sioux City, Central 1964, 65
Gesink, Brian .... Sioux Center 2006
Gilligan, Paul (2) .... LuVerne 1959, 60
Gingerich, Dan .... Mar-Mac, McGregor 1971
Goebel, Howard .... Knoxville 1939
Gomis, Ron .... Johnston 1973
Graham, Trent .... Des Moines, Roosevelt 1999
Greiner, Larry .... Pekin, Packwood 1967
Greiner, Steve .... Pekin, Packwood 1977
Grevengoed, Mike .... Western Christian, Hull 1981

Halboth, Tom .... Odebolt-Arthur 1964
Halferty, Dave .... Chariton 1985
Haltmeyer, Gary .... Postville 1955
Hamilton, Neal .... Oskaloosa 1936
Hammitt, Wayne .... Woodbine 1970
Hansen, Gorden .... Miles 1964
Hanson, Dave (2) .... Grinnell 1970,71
Hartsock, Bob .... Iowa City, University High 1942
Hassen, Galen .... Council Bluffs, Abraham Lincoln 1950
Hastings, Eugene .... Marion 1946
Hawes, Brian .... Kee, Lansing 1983
Hayes, Pat (2) .... Aquin, Cascade 1974, 75
Hayton, Albert .... Clinton 1990
Helm, Richard .... Des Moines, Tech 1960
Henricksen, Tim (2) .... Lincoln Central, Gruver 1977, 78
Heppler, Dwaine .... Sheldon 1986
Hoak, Bob .... Des Moines, Roosevelt 1946
Hoden, Craig .... Linn-Mar, Marion 1972
Hoegh, Curt .... Elk Horn-Kimballton 1968
Hollatz, Peter (2) .... Centerville 1995, 96
Hollis, Jim .... West Des Moines 1954
Holton, Tim (2) .... Cherokee, Washington 1974, 76
Hornbuckle, Brian .... Shenandoah 1988
Hostager, Dan .... Audubon 1984
Hotz, Richard .... Marion 1950
Hughes, Mark .... Elwood 1972
Hutcheson, Jamie (2) .... Marshalltown 1975, 76

Inman, Laurence .... Oelwein 1937

Jacobs, Jeff (2) .... Clinton 1979, 80
Johnson, Andy .... Des Moines, Roosevelt 2001
Jones, Chris .... Iowa City, West 2000
Jones, Donald .... Cedar Rapids, Roosevelt 1949

Karamitros, Mike .... Newman Catholic, Mason City 1979
Kauder, Andy .... Cascade, Western Dubuque 1989
Keith, Kent .... Cedar Valley 1986
Kelly, Charley .... Marshalltown 1994
Kenyon, Brian .... Bishop Garrigan, Algona 1972
Kerkaert, Bill (2) .... Sheldon 1979, 80
Kessell, Eugene .... Ollie 1949
Kitt, Rollie (2) .... Kuemper, Carroll 1963, 64
Koch, Brian .... Wahlert, Dubuque 2006

more...

Korir, David .... Cedar Rapids, Washington 1974
Kramer, Larry .... Belmond 1959
Krooze, Dan .... Unity Christian, Orange City 1978

Lansing, Shawn .... Holy Cross, Leo 1987
Latchem, Laverne .... Grinnell 1955
Lee, George (2) .... Underwood 1953, 54
Lee, Lynn .... Mason City 1967
Lee, Mike (2) .... Co. Bluffs, Abraham Lincoln 1981, 82
Legore, Chris .... Mount Vernon-Lisbon 2001
Lems, Dalton .... Western Christian, Hull 2005
Lewis, Merlin .... Clarinda 1962
Lindaman, Matt .... Humboldt 1987
Lininger, Galen .... Clarinda 1964
Longnecker, Don .... BGM, Brooklyn 1971
Loper, Louis .... Co. Bluffs, Abraham Lincoln 1941
Lundquist, Jerry .... Sutherland 1966
Lynn, Bill.. West Des Moines 1958

Madsen, Rex .... Sheldon 1971
Mally, Allen (2) .... Marion 1948, 49
Mathiason, Jon.. Ames 1975
Maxson, Jason (2) .... Cedar Rapids, Washington 1985, 87
May, Aaron .... Xavier, Cedar Rapids 2007
Mayer, Dan (2) .... West Central Valley, Stuart 2002, 03
Maytag, Walter .... Laurel 1938
McCargar, Stanley .... Oskaloosa 1938
McCauley, Jim .... Bishop Heelan, Sioux City 1977
McCay, Roger .... Creston 1960
McFadden, Jim.. Des Moines, North 1955
McFate, Kenneth .... LeClaire 1940
McGivern, Gene... Assumption, Dvenport 1974
McGrew, Brent .... Decorah 1990
McGuire, Denny .... Columbus, Waterloo 1966
McKenna, Tim .... NUH, Cedqar Falls 2003
Mellman, Josh .... Rockwell-swaledale/SCMT 2007
Messer, Kenny .... Des Moines, Roosevelt 1962
Meyer, Tyler .... Wahlert, Dubuque 2005
Miller, Raymond .... Menlo 1957
Minor, Lonnie .... BGM, Brooklyn 1982
Moreno, Edward.. Davenport, Central 1973
Morgan, Joe .... Clinton 2002
Mueting, Tim .... Denison 1978
Murphy, Nick .... Bishop Heelan, Sioux City 2003
Murray, Jerry .... Klemme 1961
Murray, Stanley .... Iowa City, University High 1944
Myers, Edwin.. Iowa City, University High 1936
Myers, Jeff... Davenport, West 1972

Newell, Ed .... Sioux City, North 1973
Newell, Gregg .... Davenport, Central 1971

Oakes, Smith .... Zearing 1944
Olson, Ronnie .... Decorah 1957
Origer, Mike .... Lincoln Central, Gruver 1966
Owens, Danny .... Clarinda 2004

Peacher, Tom .... Cardinal Stritch, Keokuk 1976
Pelzer, Joe... Tipton 1975
Penney, Bruce .... Preston 1963
Pestka, Wade.. Oxford Junction 1973
Petesch, Nate .... Marquette Catholic, Bellevue 2004
Petrick, Stan .... Cedar Rapids, Roosevelt 1948
Penningroth, Mike .... Tipton 1989
Penningroth, Tom .... Tipton 1983

more...

Phares, Ray .... Des Moines, Tech 1953
Pieper, Justin .... Aquinas, Fort Madison 1999
Powell, Dave .... Ames 1968
Powers, Robert .... Norwalk 1958
Probasco, Jason .... Woodbine 1995

Rave, Eugene .... Sioux City, Central 1958
Reed, Denis .... Anita 1963
Reis, Dan .... Turkey Valley, Jackson Junction 1993
Renfro, Blair .... Shenandoah 1974
Ries, Tom .... Clinton, St. Mary's 1975
Rivers, Tom .... Sioux City, Central 1956
Roberrtson, Casey .... Columbus Community, Columbus Jct. 2007
Robinson, Casper .... Mechanicsville 1945
Ruggles, Larry (2) .... Anita 1964, 65
Rump, Charles .... Aquinas, Fort Madison 1971
Runkle, Roger .... Ollie 1950
Runyan, Brian .... Indianola 1988

Sand, Jesse .... Cedar Rapids, Regis 1993
Sanford, Keith .... Cedar Rapids, Franklin 1945
Schlieseman, Bob .... BCL, Conrad 1969
Schmidt, Dana .... Grundy Center 2006
Schmidt, John .... Ottumwa 1933
Schoberg, Tom .... Bishop Heelan, Sioux City 1971
Schreck, Dan .... Cardinal Stritch, Keokuk 1980
Schreurs, Lee .... Ankeny 1969
Seamer, Steve .... Miles 1969
Sellers, Larry .... Russell 1965
Sentman, Tommy (2) .... Ollie 1955, 56
Shadden, Grant .... Marshalltown 1998
Shehan, Chris .... Red Oak 1982
Silver, Frank .... Des Moines, East 1934
Slater, Albert .... Fort Madison 1940
Smith, ... Ottumwa 1944
Smith, Nathan .... East Union, Afton 1990
Spencer, Donald .... Iowa City, University High 1937
Stauffer, Bob (2) .... Eagle Grove 1968, 69
Stevenson, Pete .... Meriden-Cleghorn 1974
Stice, Dan .... Aquinas, Fort Madison 1973
Stock, Corey .... St. Albert, Council Bluffs 1992
Stone, Chris .... Clinton, Mater Dei 1991
Stolley, Tad .... Woodbine 1998
Storjhann, Don .... Underwood 1957
Stults, Mike .... Knoxville 1994
Sullivan, George .... Des Moines, East 1948
Sundall, Adam .... Bishop Garrigan, Algona 1997
Svoboda, Vernon .... Mechanicsville 1946

Taddese. Obsa .... Iowa City West 2007
Taylor, Bill (2) .... Sheffield-Chapin 1959, 60
Taylor, Ronald .... Clarinda 1963
Teach, ... Grafton 1931
Tepp, Tory .... Dubuque, Senior 1986
Terrill, Dick .... Iowa City, University 1943
Thomas, Jon .... Des Moines Roosevelt, 2004
Thompson, D. .... Minburn 1941
Tiarks, Roger .... Treynor 1979
Tilton, Tom .... LeClaire 1956
Travis, Brian .... Des Moines, Tech 1954
Trimble, Matt .... Iowa City, City High 1978
Trimble, Ralph .... Cedar Rapids, Jefferson 1957
Trumbower, Arthur .... Napier 1948
Twedt, Dean .... Nevada 1966

more...

Twedt, Rich .... Des Moines, Hoover 1969

Ubbelohde, Kevin .... Clear Lake 1975
Uhl, Kiel .... Des Moines Roosevelt 2003

Van Engen, Dan .... Unity Christian, Orange City 1998
Villers, Roger .... Montezuma 1968
Visser, Stan .... Western Christian, Hull 1965

Walker, Gerald .... Marion 1951
Weber, Robby .... Perry 1999
White, Tim .... West Sioux, Hawarden 1961
Harold Williams .... Des Moines East 1943
Williams, John .... Cedar Rapids, Franklin 1949
Williamson, Tim (2) .... Grundy Center 1969, 70
Wilson, Jim .... Sioux City, Central 1961
Winey, Dale .... Clarence 1937
Wood, Greg .... Meservey-Thornton 1967
Woolson, John .... Clarinda 1956
Wright, Charles .... Monticello 1938
Wright, Paul .... Iowa City, University High 1962

Yochum, Pat .... Dowling, Des Moines 1969

Zepp, ... Martinsburg 1939
Zimerman, Carl .... Waterloo, West 1951
Zollar, Fred .... Iowa City, University High 1940
Zollar, Frank .... Iowa City, University High 1941

SCHOOLS BOASTING IHSAA INDIVIDUAL RUNNER-UP

A-D-M, Adel 1
Ames 4
Anita 3
Ankeny 1
Aquin, Cascade 2
Aquinas, Fort Madison 3
Assumption, Davenport 2
Audubon 1

BCL, Conrad 1
Belmond 1
BGM, Brooklyn 2
Bishop Garrigan, Algona 3
Bishop Heelan, Sioux City 3

Cardinal, Eldon 1
Cardinal Stritch, Keokuk 2
Cascade (Western Dubuque) 1
Cedar Rapids, Franklin 3
Cedar Rapids, Jefferson 1
Cedar Rapids, Regis 1
Cedar Rapids, Roosevelt 3
Cedar Rapids, Washington 3
Cedar Valley, Somers 1
Centerville 2
Central Elkader 1
Chariton 1
Charles City 1
Cherokee 3
Clarence 1
Clarinda 3
Clear Lake 1

Clinton 4
Clinton, St. Mary's; Mater Dei 2
Columbus Community, Coumbus Jct. .... `1
Columbus, Waterloo 5
Council Bluffs, Abraham Lincoln 4
Creston 1

Davenport Central 3
Davenport, West 2
Decorah 6
Denison 1
Des Moines, East 2
Des Moines, Hoover 2
Des Moines, North 1
Des Moines, Roosevelt 5
Des Moines, Tech 4
Dike 1
Dowling Catholic, Des Moines & WDM 2
Dubuque, Senior 2
Eagle Grove 2
East Union, Afton 1
Eldon 1
Eldora 3
Elk Horn-Kimballton 1
Elwood 1

Fort Dodge 1
Fort Madison 3
Fremont 1
Fremont-Mills, Tabor 1

Gehlen Catholic, LeMars 2

more...

Schools Boasting Individual Runner-up cont'd

Grafton 1
Grinnell 5
Grundy Center 3

Hedrick 1
Holy Cross, Leo 1
Humboldt 1

Indianola 3
Iowa City, City 2
Iowa City, University High 7
Iowa City, West 3

Jesup 1
Johnston 1

Kee, Lansing 2
Klemme 1
Knoxville 2
Kuemper, Carroll 2

Laurel 1
LeClaire 2
Lewis Central, Co. Bulffs 1
Lincoln Central, Gruver 3
Linn-Mar, Marion 2
LuVerne 2

Marion 6
MarMac, MacGregor 1
Marquette, Bellevue 1
Marshalltown 6
Martinsburg 1
Mason City 2
Maurice-Orange City 1
Mechanicsville 2
Menlo 1
Meriden-Cleghorn 1
Meservey-Thornton 1
Miles 2
Minburn 1
MOC-Floyd Valley 1
Montezuma 2
Monticello 2
Mount Vernon-Lisbon 1
Muscatine 1

Napier 1
Nevada 1
Newman Catholic, Mason City 1
North Polk, Alleman 1
Norwalk 1
NUH, Cedar Falls 1

Odebolt-Arthur 1
Oelwein 1
Ollie 4
Oskaloosa 4
Ottumwa 3
Oxford Juntion 1

Pekin, Packwood 2
Perry 1

Pleasant Valley 1
Postville 1
Preston 1

Red Oak 2
Rockwell-Swaledale/SCMT 1
Russell 1

St. Albert, Council Bluffs 1
Sheffield-Chapin 2
Sheldon 4
Shenandoah 2
Sioux Center ....`1
Sioux City, Central 6
Sioux City, East 2
Sioux City, North 1
South Winneshiek, Calmar 1
Stanley 1
Sutherland 1

Tipton 3
Treynor 1
Turkey Valley, Jackson Junction 1

Underwood 3
Unity Christian, Orange City 2
Urbandale 1

Valley, WDM & West Des Moines 2
Van Buren, Keosauqua 1

Wahlert, Dubuque 2
West Central Valley, Stuart 2
Western Christian, Hull 3
West Sioux, Hawarden 2
Williamsburg 1
Woodbine 3

Xavier, Cedar Rapids 1

Zearing 1

STATE MEET RECORDS & BEST PERFORMANCES
(since 1930 sanctioning by the IHSAA)
SCHOOLS WITH THE MOST STATE CHAMPIONSHIP TEAMS

Decorah	14	Waukon	7
Marion	10	Ames	6
Iowa City, City High	9	Clinton	6
Iowa City, University High*	8	Des Moines, North	6
Sioux City, Central*	8	Des Moines, East	5
Des Moines, Tech*	7	Kee, Lansing	5
Marshalltown	7	Shenandoah	5
Regina, Iowa City	7		

* school no longer open

MOST CONSECUTIVE TEAM TITLES

9 .... Marion 1945, 46, 48, 49, 50, 51, 52, 53, 54 (Meet called off, 1947..weather)
5 .... Iowa City, University 1940, 41, 42, 43, 44
5 .... Sioux City, Central 1963, 64, 65, 66, 67
5 .... Waukon 1995, 96, 97, 98, 99
4 .... Mechanicsville 1943, 44, 45, 46
4 .... Iowa City, City High 1991, 92, 93, 94

INDIVIDUALS FINISHING FIRST OR SECOND FOUR CONSECUTIVE YEARS

Mark Johnson, Mason City 1st: 1969, 70, 71, 72
Dan Mayer, West Central Valley, Stuart: 2nd: 2002, 03; 1st: 2004, 05

WINNERS OF THREE OR MORE IHSAA INDIVIDUAL TITLES, 1930-2007

Mark Johnson, Mason City (1969-72)	4	Rick O'Rourke, Villisca (1967-69)	3
Ray (Berl) Edmundson,Thornburg (1938-40)	3	John Raveling, Saydel (1957-59)	3
Deryl King, West Des Moines (1955-57)	3	Garold Ryan, Underwood (1950-52)	3
Homer Lattimer, LeClaire (1954-56)	3	Doug Smith, Sx City, Central (1965-67)	3
		Isaac Wendland, Charles City (2005-07)	3

TWO-TIME IHSAA INDIVIDUAL CHAMPIONS

David Bell	Eagle Grove 1970, 71	Dan Mayer	West Central Valley, Stuart 2004, 05
Mark Bishop	Indianola 1972, 74	Steve McTaggart	Starmont 1971, 72
Bill Blay	Griswold 1991, 92	Brent McGrew	Decorah 1991, 92
Rob Brock	Dubuque, Senior 1994, 95	Don Murray	Des Moines, East 1949, 50
Mike Cassidy	Miles 1967, 68	Ron Olson	Decorah 1958, 59
Dave Compton	Sioux City, Central 1963, 64	Tom Peacher	Cardinal Stritch, Keokuk 1977, 78
Stephen Dak	Marshalltown 2005, 06	Dan Reis	Turkey Valley 1995, 96
Dylan Davis	ADM, Adel 2001, 02	Don Rivers	Sioux City, Central 1960, 61
Jack Davis	Iowa City, City 1946, 47	Calvin Robinson	Mechanicsville 1944, 45
Nate Dotterweich	Monticello 2006, 07	Joe Rohach	Marshalltown 1965, 66
Jim Eicken	Davenport Central 1973, 74	Dan Sanders	Humboldt 1966, 67
Vernon (Mike) Evans	Des Moines, East 1935, 36	Mark Skahill	Villisca 1970, 71
Chris Francois	Davenport North 1997, 98	Paul Sloan	Des Moines, East 1944, 45
Ron Griffith	West Des Moines 1962, 63	Caesar Smith	Des Moines, North 1952, 53
Jim Hansen	Dike 1975, 76	Richard Terrill	Iowa City, University 1944, 45
Mike Holms	Valley, WDM 1984, 85	Bill Thiesen	Dowling Catholic, WDM 1979, 80
Mark Hughes	Delwood, Elwood 1973, 74	Trent Timson	NUH, Cedar Falls 1983, 84
Dan Krall	West Branch 1986, 87	Jerry Walker	Marion 1952, 53
Dave Krantz	Columbus, Waterloo 1968, 69	Tim Wilson	Clarke, Osceola 1979, 80
Curtis LaBond	Ankeny 1962, 63	Simeon Wright	Dubuque, Senior 1991, 92

Champions Running for Champions

Since 1930 a total of 282 teams that have won State Championships (counting ties). 101 times the individual champion has run on the championship squad, with the last five being Devin Allbaugh (Pleasant Valley), 2007, Nate Dotterweich (Monticello), 2007, Ryan Dolan (Wahlert, Dubuque), 2004,Jon Thomas, (Des Moines

more...

Roosevelt), 2003 and Tait Steines, (Calamus-Wheatland), 1996. Thirty-six times the team champion has featured the top two individual finishers. However, only 5 times since scoring four or more runners (1970) has this occurred -- Tipton in 1975; Kee, Lansing in 1981; Denver in 1985; Dubuque Senior in 1986; and Des Moines Roosevelt in 2003 (Jon Thomas and Kiel Uhl).

COACHES WHO HAVE WON THE MOST STATE TEAM TITLES

Les Hipple, Marion	9	Mike Fitzgerald, Decorah	5
Harlan Heidelbauer, Waukon	7	Ray Graves, Shenandoah	5
George Kjome, Decorah	7	Robert Lee, Garnavillo; NUH, C. Falls	5
Robert Davidshofer, Aquin; Cascade	6	A.L.(Bud) Williams, Iowa City, City	5
Bill Holsclaw, Clinton	6	Bryce Wickett, LuVerne	4
Ray Obermiller, Sioux City, Central	6	George Boyle, Aquinas, Ft. Madison	4
Chuck Silvey, Des Moines, Tech	6	Dale DeVault, Eldora; BCL, Conrad	4
Bob Brown, Regina, Iowa City	5	Dave Long, Sheffield-C; Mason City	4
Mike Augustine, Des Moines, East	5	John Sletten, Ames	4
Gary Bottorff, Kee, Lansing	5		
Ken Dean, Marshalltown	5		

SCHOOLS WITH THE MOST INDIVIDUAL STATE CHAMPIONS

Des Moines, East	11	Columbus Catholic, Waterloo	6
Sioux City, Central	8	Decorah	6
West Des Moines & Valley, WDM	8	Underwood	6
Dubuque, Senior	7	Iowa City, University High	5
Marshalltown	6	Marion	5
Mason City	6	Villisca	5

COMBINED TEAM FINISHES-TITLES & RUNNER-UP SINCE 1930

School	Titles	Runners-up	Total
Decorah	14	2	16
Iowa City, City	9	5	14
Des Moines, East	5	8	13
Marshalltown	7	6	13
Waukon	7	5	12
Ames	6	5	11
Des Moines, Tech	7	4	11
Marion	10	1	11
Sioux City, Central	8	3	11

Best State Meet Times Recorded Over 5,000 Meters (3.1 miles)

15:05.0	Stephen Dak, Marshalltown, 2006
15:05.0	Chris Francois, Davenport, North 1997
15:05.0	Grant Shadden, Marshalltown 1999
15:14.0	Trent Corey, Dubuque, Senior 1996
15:16.0	Shaun Allen, Fort Madison 1997
15:17.0	Trent Graham, Des Moines Roosevelt, 1999
15:18.0	John Thomas, Des Moines Roosevelt, 2003 (15:34 in '04)
15:19.0	Kiel Uhl, Des Moines Roosevelt, 2003 (15:26 in 2004)
15:21.0	Ryan McCurnin, Mason City, 2002
15:22.0	Ben Glaser, Dowling, WDM 2000
15:23.0	Joe Welter, North Scott, Eldridge 1997
15:25.0	Dan Taylor, Fort Dodge 2001
15:25.0	Eric Goff, Bettendorf, 1999
15:25.7	Simeon Wright, Dubuque, Senior 1992
15:27.0	Joe Morgan, Clinton, 2003 & 2003
15:27.0	Ben Lloyd, Davenport Central, 1999
15:28.0	Nick Roberts, Ames, 1999
15:28.0	Ruach Joklow, Urbandale 1997
15:28.0	Ben Grant, Epworth, Western Dubuque, 2003
15:29.0	Jason Carpenter, Dubuque, Senior 1993
15:29.0	Phil Fanning, Sioux City, East 1997

more...

15:30.0 .... Craig Cartier, Marshalltown, 1999
15:31.0 .... Chris Francois, Davenport, North 1998
15:32.0 .... Stephen Dak, Marshalltown
15:32.0 .... Grant Shadden, Marshalltown 1998
15:33.0 .... Austin Williamson, DM, Roosevelt, 2003
15:33.0 .... Justin Vaught, Valley, WDM 2002
15:34.8 .... Rob Brock, Dubuque, Senior 1994
15:36.0 .... Rob Brock, Dubuque, Senior 1995
15:36.9 .... Sam Burkett, Urbandale 1993
15:37.1 .... Dave Ladehoff, Clinton 1987

Note: *Except for the 15:25.7 by Simeon Wright and 15:37.1 by Dave Ladehoff, the above performances were run at Lakeside Golf Course in Fort Dodge. Wright and Ladehoff turned in their times at Veenker Golf Course in Ames.*

Top 10 State Meet Times Recorded Over the Two-Mile Distance

9:28.0 .... Jim Eicken, Davenport, Central 1974
9:29.0 .... Rich Fuller, Davenport, Central 1975
9:30.0 .... Randy Jackson, Iowa City, City High 1975
9:30.5 .... Joe Burke, Columbus, Waterloo 1974
9:33.0 .... Jeff Jacobs, Clinton 1981
9:33.3 .... Mike Duncan, Columbus, Waterloo 1974
9:33.9 .... Mark Johnson, Mason City 1971
9:35.0 .... Jon Mathiason, Ames 1975
9:36.0 .... Tim Wilson, Clarke, Osceola 1979
9:36.0 .... Bill Thiesen, Dowling, WDM 1980

TOP 10 WINNING TEAM POINT TOTALS - SCORING 5 RUNNERS (15 is perfect)

29 - Waukon, 1996
45 - Des Moines Roosevelt, 2003
45 - Iowa City, City High 1993
48 - Regina, Iowa City 1997
51 - Des Moines, Roosevelt 2002
51 - Shenandoah 1989
54 - Dubuque, Sr. 1995
55 - Regina, Iowa City 2007
55 - Waukon 1995
56 - St. Albert, Co. Bluffs 1992

Top Winning Performance - Scoring 4 Runners (10 is perfect)

16 - Columbus, Waterloo 1972
20 - Mason City, 1972
21 - Bancroft, St. John's 1976
23 - Columbus, Waterloo 1971
26 - Tipton 1975

Top Winning Performance - Scoring 3 Runners (6 is perfect)

6 - Des Moines, East 1943
6 - Mechnicsville 1943
6 - Iowa City, University 1944
6 - Marion 1945, 1949
6 - Eldora 1953
6 - West Sioux, Hawarden 1961
6 - Klemme 1961
6 - Sioux City, Central 1964, 1965, 1966
6 - Marshalltown 1965

more...

STATE QUALIFYING TEAMS FROM DISTRICTS TO STATE MEET

(District qualifying started in 1976; State Meet was an "open" competition prior to 1976)

Teams	Years Qualified for State
Adel-DeSoto(3)	1980, 81, 91
ADM, Adel(6).........	1996, 98, 99, 2001, 02, 06
Algona (8).............	1976, 77, 79, 80, 90, 91, 92, 2007
Alta......................	2004
Ames (28)..............	1976, 77, 78, 79, 80, 81, 82, 83, 84, 86, 87, 88, 89, 90, 91, 92, 93, 95, 96, 97, 98, 99, 2001, 02, 03, 04, 06, 07
Anamosa (2)	1977, 78
Andrew (3)	1979, 90, 92
Ankeny (21)	1982, 83, 85, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07
Aquinas, Fort Madison (11)	1976, 77, 78, 79, 80, 81, 82, 83, 97, 98, 99
Ar-We-Va, Westside (2)	2006, 07
Assumption, Davenport (13)	1989, 90, 94, 96, 97, 98, 2000, 01, 02, 03, 04, 05, 07
Atlantic (14)..........	1977, 79, 80, 84, 94, 95, 96, 97, 98, 2002, 03, 05, 06, 07
Audubon (1)............	1988
Audubon-Exira (1)....	1989
Ballard, Huxley (7) ...	1993, 88, 93, 94, 95, 96, 97
Bancroft St. John's (6)	1976, 77, 78, 79, 80, 85
BCLUW, Conrad (4).......	2003, 04, 06, 07
Belle Plaine (5)	1980, 81, 82, 84, 2005
Belmond (4)............	1983, 85, 88, 89
Belmond-Klemme (4) ..	1990, 91, 93, 94
Benton Community, Van Horne (4)..	1981, 86, 2000, 06
Bettendorf (22)........	1978, 80, 83, 84, 85, 90, 91, 92, 93, 94, 95, 96,97, 98, 99, 2000, 02, 03, 04, 05, 06, 07
BGM, Brooklyn (17)	1980, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 96, 97
Bishop Garrigan, Algona (3)	1984, 2002, 03
Bishop Heelan, Sx City (14)	1976, 79, 81, 82, 84, 88, 92, 93, 94, 98, 99, 2003, 05, 06
Blakeburg (1)..........	1980
Boone (2)	1991, 2006
Calamus-Wheatland (7)	1991, 92, 94, 96, 97, 98, 99
CAL-Dows, Latimer (1)	2002
Cardinal Stritch, Keokuk (5)	1976, 77, 78, 79, 80
Cardinal, Eldon (2)......	1977, 80
Carlisle (1)	1983
Cascade (15)	1976, 77, 78, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 80, 2003
Cedar Falls (23).......	1983, 84, 85, 86, 87, 88, 90, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07
Cedar Rapids, Jefferson (4)	1984, 85, 86, 2000
Cedar Rapids, Kennedy (12)	1976, 79, 90, 91, 92, 95, 96, 2001, 03, 04, 05, 06
Cedar Rapids, LaSalle-Regis (1)	1997
Cedar Rapids, Washington (7)	1977, 81, 82, 87, 98, 2006, 07
Cedar Valley, Farnhamville (3)	1980, 83, 84
Centerville (7)........	1976, 77, 78, 79, 84, 87, 88
Central Clinton, DeWitt (12)	1982, 84, 92, 93, 97, 98, 99, 2000, 01, 03, 04, 07
Central Elkader (5)....	2000, 02, 03, 04, 05
Chariton (6)...........	1985, 91, 92, 97, 2001, 03
Charles City (5).......	1982, 97, 2005, 06, 07
Cherokee (4)	1976, 1992, 2002, 03
Clarinda (8)...........	1986, 1995, 2001, 02, 03, 04, 05, 06
Clarke, Osceola (4)....	1976, 77, 78, 80
Clinton (13)	1976, 78, 79, 81, 81, 82, 83, 84, 85, 86, 87, 88, 89
Co. Bluffs, Abraham Lincoln (8)...	1981, 82, 86, 87, 88, 89, 90, 91
Co. Bluffs, Thomas Jefferson (1)...	2002
Colfax-Mingo (1).......	1993
Collins-Maxwell-Baxter (6)	1997, 98, 2000, 01, 02, 07
Colo-Nesco (1)........	1996
Columbus, Columbus Jct (3)	1985, 2003, 05

Columbus Catholic, Waterloo (5).	1976, 78, 79, 2002, 04
Coon Rapids (1)........	1985
Coon Rapids-Bayard (2)	1988, 89
Corning (4)	1997, 2001, 02, 03
Creston (4)	1985, 86, 87, 88
Crestwood, Cresco (4) .	1976, 77, 82, 85
Danville (5)	1984, 86, 87, 94, 95
Danville/New London .(3)	2002, 03, 04
Davenport Central (8)..	1981, 82, 89, 90, 93, 94, 98, 99
Davenport West (3).....	1976, 77, 79
Davis County, Bloomfield(2)	1981, 86
Decorah (24)..........	1976, 77, 78, 79, 80, 81, 82, 86, 87, 88, 89, 90, 91, 92, 94, 94, 96, 97, 99, 2001, 04, 05, 06, 07
Denison (8)............	1976, 77, 78, 79, 80, 81, 82, 86
Denison-Schleswig (4)	1995, 96, 2000, 03
Denver (3).............	1992, 93, 94
Des Moines Christian (1)	1998
Des Moines East (7)....	1977, 88, 89, 90, 91, 92, 97
Des Moines Hoover (11).	1976, 77, 78, 83, 84, 85, 86, 87, 88, 94, 95
Des Moines Lincoln (3).	1978, 80, 2004
Des Moines Roosevelt (12)	1982, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07
Des Moines Technical (1)	1979
Dike (9)...............	1977, 78, 79, 80, 82, 83, 84, 85, 86
Dike-New Hartford (8)	1992, 93, 97, 98, 99, 2001, 02, 05
Don Bosco,Gilbertville(1)	1982
Dowling Catholic, WDM (18)	1976, 77, 78, 79, 80, 81, 84, 85, 86, 87, 91, 95, 96, 97, 98, 99, 2000, 05
Dubuque Hempstead (7)..	1978, 79, 88, 89, 90, 93, 94
Dubuque Senior (23) ...	1980, 81, 82, 83, 85, 86, 87, 88, 89, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04
Durant-Bennett (6).....	2000, 01, 03, 04, 05, 07
Eagle Grove (26).......	1981, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07
Earlham (3)	1983, 84, 85
East Central, Miles (2)	1987, 95
East Marshall, LeGrand (3)	1999, 2003, 04
Eldora (2)	1978, 79
Eldora-New Providence(12)	1981, 82, 85, 86, 87, 88, 96, 97, 98, 99, 2000, 01
Epworth, Western Dubuque (2)	1988, 2007
Estherville (4)........	1983, 91, 92, 93, 96
Fairfield (5)..........	2000, 01, 02, 03, 04
Forest City (6)........	1998, 99, 2000, 01, 02, 03
Fort Dodge (7).........	1976, 77, 99, 2000, 01, 03, 05
Fort Madison (12)	1977, 79, 81, 82, 83, 84, 85, 86, 87, 88, 95, 96
Galva-Holstein (4)	1992, 93, 94, 97
Garnavillo (6).........	1976, 78, 79, 80, 81, 91
Garnavillo-Elkader Central (1)	1992
Garner-Hayfield (1)	2005
Gehlen Catholic, LeMars (13)	1977, 79, 80, 81, 83, 84, 94, 2000, 01, 02, 03, 04, 05
George (1).............	1987
George-Little Rock/Central Lyon (2)	2005, 06
Gilbert (15)	1981, 82, 83, 86, 87, 89, 92, 93, 94, 95, 96, 99, 2003, 05, 07
Gilbert-United (2) ..	1990, 91
Gladbrook-Reinbeck (2).	1989, 92
Glenwood (9)	1978, 79, 89, 81, 82, 84, 85, 87, 2000
Glidden-Ralston (3)....	1996, 97, 99
Grand Community, Boxholm (1)	1976
Grinnell (10)..........	1980, 83, 84, 85, 87, 89, 90, 93, 96, 2007
Griswold (8)	1985, 90, 91, 92, 93, 2005, 06, 07
Grundy Center (3)........	2004, 05, 06
Hampton-Dumont(3)	1978, 98, 2000

Harlan (2)	1980, 83
Hedrick (1)............	1979
HMS, Hartley (1).......	1988
Hudson (3)	1982, 2006, 07
Humboldt (6)	1986, 87, 93, 94, 95, 2004
Independence (1)	1981
Indianola (16)	1976, 83, 85, 86, 87, 88, 89, 90, 94, 95, 96, 97, 98, 2003, 05, 07
Iowa City, City (21)...	1984, 85, 86, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 07
Iowa City, West (12) ..	1987, 88, 89, 90, 91, 92, 97, 2000, 01, 02, 06, 07
Iowa Falls (4)	1976, 77, 78, 84
Iowa Mennonite School, Kalona (13)	1977, 83, 88, 90, 91, 92, 93, 95, 96, 97, 2001, 04, 06
Iowa Valley, Marengo (2)	1976, 89
Jefferson (2)..........	1981, 85
Jesup (9)..............	1983, 84, 89, 90, 91, 94, 95, 96, 97
Johnston (7)...........	1976, 97, 2002, 03, 04, 05, 06
Kee, Lansing (10)......	1977, 78, 79, 80, 81, 82, 83, 87, 88, 89
Knoxville (16)	1976, 78, 79, 80, 81, 82, 83, 89, 90, 92, 93, 94, 95, 97, 2005, 06
Kuemper Catholic, Carroll (1)	1976
Lake City (8)..........	1976, 77, 78, 79, 80, 82, 84, 85
Laurens-Marathon (3) ..	1980, 86, 87
Laurens-Marathon/AC-T(1)	2001
LeMars (2)	1989, 90
Lenox (2)	1988, 89
Lewis Central (3)......	1976, 84, 2002
Lincoln, Stanwood (2)..	1983, 84
Linn-Mar, Marion (4) ..	1979, 2001, 02, 03
Lost Nation (2)........	1980, 81
Lynnville-Sully (2)....	1994, 95
Madrid (2)	1987, 88
Manson-NW Webster (1)..	1995
Maquoketa (2)	1986, 99
Maquoketa Valley, Delhi (3)	1993, 94, 95
Marion (4)	1984, 85, 87, 2005
MarMac, McGregor (1) ..	1977
Marquette Catholic, Bellevue (9)	1998, 99, 2000, 01, 02, 03, 04, 05, 06
Marshalltown (28)......	1976, 77, 78, 79, 80, 81, 82, 84, 86, 87, 89, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07
Mason City (12)........	1976, 77, 78, 79, 85, 89, 97, 98, 99, 2001, 04, 05
Mater Dei, Clinton (1).	1991
Maurice-Orange City (6)	1980, 81, 82, 87, 88, 89
MOC-Floyd Valley (2)...	1990, 2007
Mediapolis (1)	2006
Meriden-Cleghorn (1)...	1979
Mid-Prairie, Wellman (1) ...	2007
Midland, Wyoming (3)...	1977, 2002, 03
Milford (1)	1979
Missouri Valley (6)....	1982, 83, 84, 91, 92, 2007
Monroe (1).............	1980
Montezuma (3)..........	1985, 87, 88
Monticello (13)........	1984, 88, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07
Moulton-Udell (2)......	1986, 87
Mount Ayr (5)..........	1988, 90, 91, 99, 2001
Mount Pleasant (3).....	1985, 99, 2006
Mount Vernon (3)	1988, 89, 92
Mount Vernon-Lisbon (9)	1999, 2000, 01, 02, 03, 04, 05, 06, 07
Muscatine (15).........	1976, 77, 78, 79, 80, 82, 86, 89, 90, 91, 92, 93, 94, 2005, 06
Nevada (13)	1980, 86, 89, 90, 91, 92, 94. 95, 96, 97, 2001, 02, 04
New Hampton (4)........	1984, 96, 97, 98

more...

New Hartford (1)	1978
Newman Catholic, Mason City (6)	1976, 77, 78, 79, 81, 2005
Newton (2).............	1979, 81
Nodaway Valley, Greenfield (9)	1997, 98, 99, 2000, 01, 02, 03, 04, 06
North Fayette, West Union (5)	1976, 79, 80, 84, 85
North Linn, Troy Mills(4)	1983, 84, 86, 88
North Scott, Eldridge (2)	1988, 96
North Winneshiek, Burr Oak (1)	1976
Northeast, Goose Lake (2)	1986, 91
Norwalk (1)............	1993
Notre Dame, Cresco (2).	1976, 80
NUH, Cedar Falls (16)..	1982, 83, 84, 85, 86, 87, 88, 89, 90, 91, 95, 96, 97, 98, 2001, 04
Oelwein (3)	1980, 91, 99
Ogden (3)	1990, 2004, 05
Okoboji, Milford (3)...	2000, 01, 03
Orient-Macksburg (5) ..	1998, 2000, 03, 04, 05
Osage (4)..............	1980, 2005, 06, 07
Oskaloosa (1)..........	1978
Panora-Linden (9)......	1979, 80, 81, 82, 83, 84, 86, 87, 89
PCM, Monroe (3)........	2005, 06, 07
Pekin, Packwood (17) ..	1976, 78, 80, 82, 88, 89, 90, 91, 92, 95, 96, 97, 98, 2002, 04, 05, 06
Pella (10)	1988, 91, 92, 93, 99, 2000, 01, 05, 06, 07
Pella Christian (7) ...	1979, 81, 82, 83, 86, 88, 2007
Perry (7)	1985, 90, 98, 99, 2001, 03, 04
Pleasant Valley (9)....	1995, 98, 2000, 01, 03, 04, 05, 06, 07
Prairie Valley, Gowrie (2)	1992, 2007
Prairie, Cedar Rapids (2).....	1983, 85
Prince of Peace, Clinton (3) ...	2003, 06, 07
Red Oak (4)............	1981, 82, 87, 89
Regina, Iowa City (15).	1993, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07
Roland-Story (3)	1992, 99, 2001
Saint Albert, Co. Bluffs (19)	1981, 83, 86, 89, 90, 91, 92, 93, 94, 95, 96, 99, 2000, 01, 02, 03, 04, 06, 07
Saint Edmond, Ft. Dodge (8)	1978, 79, 2000, 01, 03, 04, 06, 07
Saint Mary's, Remsen (6).	1976, 77, 78, 79, 80, 98
Sanborn (1)	1976
Saydel (3)	1977, 93, 94
Sheldon (17)	1976, 77, 79, 80, 81, 82, 88, 89, 90, 91, 94, 95, 97, 98, 99, 2000, 04
Shellsburg (1)	1985
Shenandoah (8).........	1976, 77, 78, 84, 87, 88, 89, 90
Shenandoah-Essex (11).	1991, 93, 84, 95, 98, 99, 2000, 02, 03, 04, 05
Sigourney (1)	1984
Sioux Center (2)..............	2006, 07
Sioux Central, Sioux Rapids (4)	1997, 98, 99, 2005
Sioux City East (13)...	1977, 79, 83, 84, 87, 88, 89, 92, 93, 94, 95, 97, 98
Sioux City North (9)...	1977, 78, 82, 83, 85, 86, 87, 2002, 04
Sioux City West (7)....	1978, 79, 80, 99, 2000, 01, 03
Solon (1)	2006
South Clay, Gillette Grove (1)	1977
South Hamilton, Jewell (5)	1986, 87, 88. 95, 96, 2004
South O'Brien, Paullina (5)	1999, 2002, 03, 07
South Winneshiek, Calmar (6)	2002, 03, 04, 05, 06, 07
Southeast Polk (4).....	1976, 2000, 01, 02, 07
Spalding Catholic, Granville (5)	1976, 77, 78, 79, 82
Spencer (8)............	1980, 81, 89, 92, 93, 2000, 06, 07
Spirit Lake Park (5)	2003, 04, 05, 06, 07
Starmont, Strb.Pt, Arlington (3)	1990, 98, 99
Storm Lake (2)........	1987, 88
Stratford (1)	1978
Stuart-Menlo (1)	1982

more...

Tipton (17)............	1976, 77, 78, 79, 80, 81, 87, 89, 93, 94, 99, 2000, 02, 03, 05, 06, 07
Treynor (2)	1979, 2000
Tri-Center, Neola (2) .	1988, 98
Turkey Valley, Jackson Jct (2)	1995, 2007
Turkey Valley-So. Winn (1)	1996
Underwood (3)	1981, 84, 85
Union Community, LaPorte City (1)	2002
Unity Christian, Orange City (24)	1976, 77, 78, 79, 80, 81, 83, 84, 85, 89, 90, 91, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 04, 05
Urbana (2).............	1978, 80
Urbandale (2)..........	1994, 96
Valley, WDM (21).......	1976, 77, 78, 80, 83, 84, 85, 87, 88, 89, 90, 91, 92, 93, 2000, 01, 02, 04, 05, 06, 07
Vinton (2)	1979, 89
Vinton-Shellsburg (2)	1990, 2007
Wahlert, Dubuque (18)..	1980, 81, 83, 84, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06
Wapello (1)	2004
Wapsie Valey, Fairbank (7)	1999, 2000, 01, 03, 04, 05, 06
Washington (1)	1998
Waterloo West (8)......	1977, 82, 83, 92, 98, 99, 2000, 2007
Waukee (3)	1981, 2006, 07
Waukon (20)............	1979, 83, 87, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05
Waverly (1)	1976
Waverly-Shell Rock (5).	1977, 80, 81, 82, 85
Webster City (14).......	1990, 91, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07
West Branch (2)........	1985, 86
West Central Valley, Stuart (2)	1997, 98
West Delaware, Manchester (1)	1985
West Lyon, Inwood (1)..	1990
West Sioux, Hawarden (18)	1976, 86, 88, 89, 90, 91, 92, 93, 94, 95, 97, 98, 99, 2000, 01, 02, 05, 06
Western Christian, Hull (24)	1977, 78, 79, 80, 81, 82, 83, 84, 85, 91, 92, 93, 95, 96, 97, 98, 2000, 01, 02, 03, 04, 05, 06, 07
Williamsburg (19)......	1976, 77, 78, 80, 82, 83, 86, 87, 90, 91, 92, 93, 94, 95, 96, 2000, 02, 03, 04
Wilton (4)	1984, 85, 2006, 07
Winterset (6)..........	1995, 96, 97, 98, 99, 2007
Woodbine (19)..........	1982, 84, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 2000, 04, 05, 06, 07
Woodward Academy (2) ...	2006, 07
Xavier, Cedar Rapids (3)...	2005, 06, 07

MISCELLANEOUS TEAM STATE QUALIFIERS FROM DISTRICT MEETS SINCE 1976

Most State Qualifying Teams

Ames - 28	Dubuque Senior - 23
Marshaltown - 28	Ankeny - 21
Unity Christian - 24	Ankeny - 21
Western Christian - 24	

Longest Consecutive State Qualifyin Streaks

18 - Ankeny (1990-2007)	16 - Cedar Falls (1992-2007)
17 - Marshalltown (1991- 2007)	15 - Regina, Iowa City (1993-2007)
17 - Waukon (1989-2005)	15 - Eagle Grove (1993-2007)
17 - Iowa City, City High (1989-2005)	15 - BGM, Brooklyn (1980-1994)

Current Longest Consecutive Qualifying Streak

18 - Ankeny (1990-2007)	15 - Regina, Iowa City (1993-2007)
17 - Marshalltown (1991-2007)	15 - Eagle Grove (1993-2007)
16 - Cedar Falls (1992-2007)	