

**2013 IHSAA**  
**CROSS COUNTRY**  
**STATE MEET HISTORY**  
**and STAT BOOK**



***INCLUDES TEAM & INDIVIDUAL CHAMPIONS,  
RUNNERS-UP & MEET RECORDS  
THRU THE 2012 STATE CHAMPIONSHIPS***

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## **84th Year for IHSAA State Cross Country**

**Notice to Coaches, Media & the Public:** This fall the IHSAA celebrates its 84th year of hosting State Cross Country Championships. Not counted in the 84 years are the meets from 1922 through 1929 that were “state open” invitationals administered and held at the University of Iowa.

Today, the IHSAA State Championship is one of the nation’s longest continuous running meets and this book, in part, pays tribute to the athletes, coaches and schools who have figured so prominently in that history.

We have attempted to improve the format of this book each year, but we continue to work on correct spellings of names. If you, the reader, finds an error or knows of an omission in this book, please contact Bud Legg (blegg@iahhsaa.org).

## **IHSAA MISSION & PURPOSE**

### **MISSION**

“The Iowa High School Athletic Association serves its member schools and students by providing leadership and support for education based interscholastic athletics that enrich the educational experience of the student athlete.”

### **PURPOSE**

“To promote, develop, direct, protect, and regulate amateur interscholastic athletic relationships between member schools and to stimulate fair play, friendly rivalry, and good sportsmanship among contestants, schools, and communities throughout the state.”

# STATE CROSS COUNTRY MEET HAS A RICH HISTORY

## Time Line

- 1922 University of Iowa hosts high school invitational meet inviting teams from surrounding states
- 1930 IHSAA conducts its own State Meet – it was an invitational meet; schools charged 25 cents per runner. Teams could enter up to 4 athletes but only their top 3 were scored, Race distance was 2 miles.
- 1935 Distance moved to 1.9 miles
- 1936 With growth and interest starting, the meet is divided into two classes based on enrollment
- 1937 State Meet conducted in three classes; teams could enter 3, 4, or 5 runners and counting their top 3 counting team scoring
- 1946 Teams could enter 4 or 5 runners with their top 4 counting in team scoring
- 1947 Excessive rain caused fewer teams and changed State Meet to individuals only – no team champions
- 1948 Four class meet begins
- 1951 Race distance is 1.8 miles
- 1957 Five class meet begins
- 1964 With increasing interest, the meet moves to six classes
- 1967 Race distance is increased to 2.0 miles
- 1969 Meet grows to a record seven classes
- 1970 Teams can run up to 5 runners with their top 4 counting toward the team's total
- 1976 District qualifying meets for the State begin – for teams and individuals; four classes contested
- 1979 Inaugural Joint State Meet held with the Iowa Girls High School Athletic Union; held at Veenker Golf Course at Iowa State University.
- 1981 District and State Meets return to 3 classes for boys and girls; State Meet attracts over 6,000 fans
- 1987 Race distance moves to 5,000 meters
- 1988 Teams allowed to enter 5, 6 or 7 athletes with their top 5 finishers being scored for team honors
- 1993 Joint State Meet moved to Lakeside Golf Course in Kennedy Park north of Fort Dodge
- 2003 Four class District and State Meet created
- 2004 Displaced team scoring started for District and State Meets
- 2011 First in the nation Wheelchair competition and crowned a champion
- 2013 84th year for IHSAA Cross Country State Meet; 48th for the IGHSAAU – both among the “oldest” in the US

Cross Country has enjoyed a prominent place in the history of the IHSAA. From a meager growth of 25-30 schools participating in invitational state meets run by the University of Iowa from 1922-29. In the decades that followed steady interest and growth occurred. From the beginning years through 1975 schools could enter the State Meet by simply registering a team or an athlete by paying a fee (usually a quarter, maximum of \$1.50 per team). In 1966 the fee was dropped and schools only had to register in advance. In 1976, the IHSAA created a District Meet format for schools to qualify teams and individuals to the State Championships.

It is a sport that has multiple measures of success – the stopwatch; weekly, season and personal improvement; and competition to name a few. The measures are valid for individuals and teams. It takes hard work and discipline to climb the ladder of success and because all on the team for the most part go through the same regime, it is a bonding sport that brings out the best in competitors. They won't all be champions or maybe varsity runners but they will personify a human characteristic that sometimes is lacking in society and that is contributing to a common cause.

## **SIGNIFICANT CHANGES**

From stop watches and judges picking place performances to television monitoring (1979) for place disputes and computer chip timing and scoring in 2004, the State Meet now functions with few delays. Individual results and team scoring are posted to the IHSAA and IGHSAAU websites minutes after the race is declared official.

Displaced scoring for teams was started with the 2004 season replacing the traditional order of finish points of all runners.

The length of the individual race has varied over the years. The University of Iowa meets, 1922-29 and the first five IHSAA Championships, 1930-1934, were each 2 miles in length. From 1935 through 1950, the distance was 1.9 miles and from 1951 through 1966 the distance was 1.8 miles. In 1967, the two-mile course was set and it stayed at that length through 1986. Starting with the 1987 season and continuing to present day, the distance of the race has been 5,000 meters. Similarly, the girls had changes, with early meets, 1965 being 1.25 miles, increasing to 1.8 in 1967 and 2 miles in 1970. In 2002 to the current time the distance was extended to 4,000 meters.

## **STATE MEET VENUES**

A number of golf courses around the state as well as specialized cross country courses are used by the state's teams. Since facilities vary in terms of layout, the IHSAA does not keep a state record list of times, but does keep a list of the top times run in state competitions.

A good number of member schools have volunteered to host the meet. In the 83 year history of the State Meet, 22 member schools have hosted the event. Some of the challenging courses that included a number of hills were Waveland Golf Course in Des Moines; Marshalltown Legion Golf Course; and the “south” course at Veenker Golf Course in Ames.

## Cross Country History cont'd

Iowa schools and communities who have hosted the State Meet follow:

1930-40	University of Iowa, campus course
1941-42	Drake University, Waveland Golf Course
1943-49	University of Iowa, campus course
1950-59	Ames, Veenker Golf Course, "South Course"
1960	University of Iowa, South Finkbine
1961-64	Drake University, Waveland Golf Course
1965-66	Des Moines, East, Grandview Golf Course
1967-72	Marshalltown, American Legion Golf Course
1973	Grinnell College, campus course
1974	Ames, Veenker Golf Course
1975	Cedar Falls, Gates Golf Course
1976	Waterloo, Byrnes Park & Golf Course
1977-78	Cedar Rapids, Noelridge Park
1979-1992	Ames, Veenker Golf Course, "North Course"
1993-present	Fort Dodge, Lakeside Golf Course, Kennedy Park

### **THE NUMBERS**

Nearly 500 boys including 15 teams in each of four classes (and a similar numbers for girls) now strive to become "The Legends of the Fall." Athletes from nearly 73 percent of the state's schools qualify for the Coed State Meet, complete with medal ceremonies. It has attracted over 6,000 fans since the early 1980s. It is generally considered the largest of its kind in America in terms of the number of competitors and fans.

Two-hundred and fifty-four athletes from 142 schools have won individual titles in the first 83 years of the meet (1930-2012). Fifty-two of those athletes have been multiple state champions in cross country and 82 have gone on to win state track titles in high school. One hundred and twenty-three schools have won at least one team title with 71 taking home the championship hardware at least twice.

Over the past five years in Iowa nearly 5,200 boys and 4,475 girls annually compete in cross country.

### **Notable Boys' Teams, Individuals, Coaches**

Because of the distances involved the sport generates a special breed of athlete. It is lonely work sometimes and the rewards are, for the most part, internal. Only one runner in the history of the sport – Mark Johnson of Mason City – has run to four State Titles (1969-72).

Eight other athletes won the State Meet three times and 42 won twice. To repeat is an honor worth savoring. The three time State Champions follow and are listed chronologically.

Three: 1938-40 Ray (Berl) Edmundson, Thornburg; 1950-52 Garold Ryan, Underwood; 1954-56 Homer Lattimer, LeClaire; 1955-57 Deryl King, West Des Moines; 1957-59 John Raveling, Saydel; 1965-67 Doug Smith, Sioux City Central; 1967-69 Rick Rourke, Villisca; and 2005-07 Isaac Wendland, Charles City.

Fifteen schools led by Decorah's 15 championships have captured five or more team titles. Marion follows with 10, while Iowa City, City High has nine. Two schools with eight championships are now closed – Iowa City University High and Sioux City Central. Regina, Iowa City has won eight titles, all since 1993.

A total of 161 coaches have directed teams to State Championships with six of the top seven leaders being deceased or retired. The late Coach Les Hipple of Marion won nine while Waukon's Harlan Heidelbauer and Decorah's George Kjome each coached seven. Cascade's Robert Davidshofer has six and is only active coach among the top seven.

Since 1980, the IHSAA has printed the State Meet Stat Book for Cross Country. It is available each year on line by going to the IHSAA web site ([www.iahsaa.org](http://www.iahsaa.org)) and clicking on cross country and scrolling to the current Stat Book. It is posted usually by August 20 each fall.

## **TEAM CHAMPIONS - YEAR-BY-YEAR**

*Note: Information listed by year is the actual year, not the school year. Example 1931 is the date of the meet run in the 1931-32 school year*

<b>1922</b>	Cedar Rapids .....	5-7-8	20
<b>1923</b>	Iowa City .....	2-3-5	10
<b>1924</b>	Shellsburg .....	3-?-?	21
<b>1925</b>	(tie) Dubuque .....	3-?-?	28
	Fort Madison .....	4-?-?	28
<b>1926</b>	Fort Madison .....	5-6-16	27
<b>1927</b>	Iowa City, University High .....	5-6-16	27
<b>1928</b>	Keokuk.....	1-4-11	16
<b>1929</b>	Muscatine .....	1-4-9	14

### **State Championships Conducted Under the Auspices of the IHSAA Started in 1930**

<b>1930</b>	Muscatine .....	T-1-2-14	17
<b>1931</b>	Ottumwa .....	4-6-13	23
<b>1932</b>	Ottumwa .....	2-6-7	15
<b>1933</b>	Ottumwa .....	2-13-18	33
<b>1934</b>	Muscatine .....	3-4-5	12
<b>1935</b>	Oskaloosa .....	2-3-4	9
<b>1936</b>	A Oskaloosa .....	2-5-9	16
	B Iowa City, University High .....	4-18-21	43
<b>1937</b>	A Des Moines, East .....	1-5-12	18
	B Iowa City, University High .....	2-4-8	14
	C Clarence .....	2-3-9	14
<b>1938</b>	A Oskaloosa .....	2-5-11	18
	B Iowa City, University High .....	4-5-11	20
	C Thornburg .....	1-5-10	16
<b>1939</b>	A Knoxville .....	1-2-9	12
	B Williamsburg .....	5-15-16	36
	C Martinsburg .....	2-25-27	54
<b>1940</b>	A Ottumwa .....	3-5-6	14
	B Iowa City, University High .....	1-2-4	7
	C LeClaire .....	2-3-4	9
<b>1941</b>	A Des Moines, East .....	3-4-5	12
	B Iowa City, University High .....	1-2-6	9
	C Minburn .....	3-5-7	15
<b>1942</b>	A Des Moines, East .....	1-4-5	10
	B Iowa City, University High .....	1-2-4	7
<b>1943</b>	A Des Moines, East .....	1-2-3	6
	B Iowa City, University High .....	2-3-5	10
	C Mechanicsville .....	1-2-3	6
<b>1944</b>	A Des Moines, North .....	3-5-6	14
	B Iowa City, University High .....	1-2-3	6
	C Mechanicsville .....	1-3-4	8
<b>1945</b>	A Des Moines, North .....	4-5-7	16
	B Marion.....	2-3-4	9
	C Mechanicsville .....	1-2-3	6

Team Champions Year-by-Year cont'd

<b>1946</b>	A	Des Moines, North .....	3-5-15	23
	B	Marion .....	1-2-5	8
	C	Mechanicsville .....	2-3-4	9
<b>1947</b>	<i>Individual Race run but no team scores in classes kept</i>			
<b>1948</b>	AA	Council Bluffs, Abraham Lincoln .....	1-3-5	9
	A	Cedar Rapids, Roosevelt .....	1-2-5	8
	B	Marion .....	2-3-5	10
	C	Napier .....	2-3-4	9
<b>1949</b>	AA	Des Moines, East .....	1-4-15	20
	A	Fairfield .....	1-3-5	9
	B	Marion .....	1-2-3	6
	C	Ollie .....	1-2-4	7
<b>1950</b>	AA	Des Moines, North .....	3-6-7	16
	A	Des Moines, Tech .....	1-3-7	11
	B	(Tie) Monroe .....	1-3-10	14
		and Marion .....	2-4-8	14
C	Fremont .....	3-4-5	12	
<b>1951</b>	AA	Davenport .....	6-7-8	21
	A	(Tie) Cedar Rapids, Roosevelt .....	3-4-5	12
		and Charles City .....	1-2-9	12
	B	Marion .....	2-5-9	16
C	Stanley .....	1-4-8	13	
<b>1952</b>	AA	Des Moines, North .....	1-3-8	12
	A	Marion .....	1-4-5	10
	B	Eldora .....	1-2-4	7
	C	Underwood .....	1-4-8	13
<b>1953</b>	AA	Des Moines, North .....	1-6-10	17
	A	Marion .....	1-3-5	9
	B	Eldora .....	1-2-3	6
	C	Underwood .....	1-2-8	11
<b>1954</b>	AA	Des Moines, Tech .....	2-8-11	21
	A	Marion .....	1-3-6	10
	B	Eldora .....	2-3-5	10
	C	Underwood .....	2-3-6	11
<b>1955</b>	AA	Des Moines, Tech .....	1-9-15	25
	A	Valley, West Des Moines .....	1-3-5	9
	B	LeClaire .....	1-3-4	8
	C	Elliott .....	5-8-10	23
<b>1956</b>	AA	Des Moines, Tech .....	7-8-10	25
	A	Clarinda .....	2-3-4	9
	B	LeClaire .....	1-2-4	7
	C	Sheffield .....	1-5-9	15
<b>1957</b>	AAA	Sioux City, Central .....	1-5-6	12
	AA	Oskaloosa .....	1-6-7	14
	A	Decorah .....	2-3-10	15
	B	Saydel .....	1-9-12	22
	C	Menlo .....	1-5-8	14
<b>1958</b>	AAA	Sioux City, Central .....	2-3-16	21
	AA	Decorah .....	1-2-8	11
	A	Marion .....	3-6-11	20
	B	Sheffield .....	3-4-7	14
	C	LuVerne .....	3-6-7	16

Team Champions Year-by-Year cont'd

<b>1959</b>	AAA	Des Moines, Tech .....	2-3-6	11
	AA	Decorah .....	1-5-9	15
	A	South Page, College Springs .....	3-8-11	22
	B	Underwood .....	1-6-10	17
	C	LuVerne .....	1-2-5	8
<b>1960</b>	AAA	Des Moines, Tech .....	2-5-6	13
	AA	Marshalltown .....	3-5-11	19
	A	Winterset .....	1-4-7	12
	B	South Page, College Springs .....	1-6-11	18
	C	LuVerne .....	1-2-9	12
<b>1961</b>	AAA	Sioux City, Central.....	1-2-7	10
	AA	Marshalltown .....	1-3-5	9
	A	West Sioux, Hawarden .....	1-2-3	6
	B	Odebolt-Arthur .....	3-7-10	20
	C	Klemme .....	1-2-3	6
<b>1962</b>	AAA	Des Moines, Tech .....	1-3-4	8
	AA	Valley, West Des Moines .....	1-4-10	15
	A	Clarinda .....	2-8-12	22
	B	(Tie) Odebolt-Arthur .....	3-6-18	27
		and Sheffield-Chapin .....	7-8-12	27
C	LuVerne .....	1-4-7	12	
<b>1963</b>	AAA	Sioux City, Central.....	1-7-8	16
	AA	Grinnell-Newburg .....	8-10-16	34
	A	Clarinda .....	2-3-5	10
	B	Anita .....	2-5-8	15
	C	Sheffield-Chapin .....	3-4-7	14
<b>1964</b>	AAAA	Sioux City, Central.....	1-2-3	6
	AAA	Marshalltown .....	1-4-5	10
	AA	Decorah .....	5-9-13	27
	A	Odebolt-Arthur .....	2-4-10	16
	B	Anita .....	1-2-12	15
C	Miles .....	2-6-12	20	
<b>1965</b>	AAAA	Sioux City, Central.....	1-2-3	6
	AAA	Marshalltown .....	1-2-3	6
	AA	Red Oak .....	1-8-13	22
	A	Aquin, Cascade.....	3-10-16	29
	B	Madrid.....	1-6-12	19
C	Charles City, Immaculate Conception .....	1-9-11	21	
<b>1966</b>	AAAA	Sioux City, Central.....	1-2-3	6
	AAA	Marshalltown .....	1-4-12	17
	AA	(tie) Red Oak.....	4-7-13	24
		and Decorah.....	5-9-10	24
	A	Aquin, Cascade.....	1-4-14	19
B	Farragut .....	1-12-19	32	
C	Lincoln Central, Gruver .....	2-8-20	30	
<b>1967</b>	AAAA	Sioux City, Central.....	1-3-4	8
	AAA	Ames.....	2-3-10	15
	AA	Red Oak .....	1-2-4	7
	A	Decorah .....	2-4-26	32
	B	Pekin, Packwood.....	2-7-8	17
C	(tie) North Winneshiek, Decorah .....	6-10-14	30	
	and Cedar Valley, Somers .....	7-11-12	30	
<b>1968</b>	AAAA	Des Moines, Lincoln .....	4-5-20	29
	AAA	Ames.....	2-3-6	11
	AA	Urbandale .....	1-3-9	13
	A	Decorah .....	1-2-5	8

Team Champions Year-by-Year cont'd

	B	Pekin, Packwood .....	4-8-10	22
	C	Miles .....	1-3-6	10
<b>1969</b>	AAAA	Cedar Falls .....	4-9-26	39
	AAA	Columbus Catholic, Waterloo .....	1-3-12	16
	AA	Ankeny .....	2-6-11	19
	A	Chariton .....	6-7-18	31
	B	Central Lyon, Rock Rapids .....	3-7-9	19
	C	Beaman-Conrad .....	2-3-13	18
	D	Miles .....	2-3-12	17
<b>1970</b>	AAAA	Waterloo, West .....	3-7-8-28	46
	AAA	Des Moines, Hoover .....	3-9-10-15	37
	AA	Urbandale .....	5-8-9-11	33
	A	Osage .....	9-14-15-32	70
	B	Aquinas, Fort Madison .....	1-8-11-13	33
	C	BGM, Brooklyn .....	4-6-16-20	46
	D	Garnavillo .....	9-11-?-?	52
<b>1971</b>	AAAA	Davenport, Central .....	2-15-21-24	62
	AAA	Columbus Catholic, Waterloo .....	1-3-9-10	23
	AA	Indianola .....	6-9-10-14	39
	A	Sheldon .....	2-5-12-36	55
	B	Aquinas, Fort Madison .....	2-5-12-14	33
	C	Johnston .....	6-7-14-15	42
	D	Notre Dame, Cresco .....	6-8-9-14	37
<b>1972</b>	AAAA	Mason City .....	1-5-6-8	20
	AAA	Columbus Catholic, Waterloo .....	1-3-5-7	16
	AA	Indianola .....	1-2-9-10	22
	A	Decorah .....	4-9-12-16	41
	B	Johnston .....	7-8-10-31	56
	C	Tri-County, Thornburg .....	8-11-18-22	59
	D	Garnavillo .....	5-7-8-16	36
<b>1973</b>	AAAA	Mason City .....	7-11-13-23	54
	AAA	Ames .....	1-6-14-24	45
	AA	Lewis Central .....	1-7-13-17	38
	A	Western Christian, Hull .....	6-9-12-13	40
	B	Johnston .....	2-4-6-20	32
	C	Milford .....	10-16-19-21	66
	D	(Tie) Garnavillo .....	4-12-23-36	75
		and Dike .....	15-16-18-26	75
<b>1974</b>	AAAA	Marshalltown .....	5-6-12-25	48
	AAA	Dowling Catholic, West Des Moines .....	4-9-10-16	39
	AA	Assumption, Davenport .....	2-3-24-27	56
	A	Decorah .....	3-11-12-32	58
	B	Shenandoah .....	2-7-13-24	46
	C	Dike .....	9-13-14-24	60
	D	Sanborn .....	4-5-13-40	62
<b>1975</b>	AAAA	Marshalltown .....	2-4-11-38	55
	AAA	Ames .....	2-3-8-20	33
	AA	Waverly-Shell Rock .....	5-9-10-13	37
	A	Shenandoah .....	1-7-14-21	43
	B	Tipton .....	1-2-8-15	26
	C	Aquin, Cascade .....	2-10-34-40	86
	D	Odebolt-Arthur .....	6-11-12-34	63
<b>1976</b>	AA	Clinton .....	4-5-22-29	60
	A	Decorah .....	8-10-16-19	53
	B	Unity Christian, Orange City .....	5-6-9-24	44
	C	Bancroft, St. John's .....	1-3-6-11	21



Team Champions Year-by-Year cont'd

<b>1977</b>	AA	Des Moines, Hoover .....	1-15-16-36	68
	A	Decorah .....	2-8-23-34	67
	B	Unity Christian, Orange City .....	3-4-12-20	39
	C	Bancroft, St. John's .....	3-4-9-25	41
<b>1978</b>	AA	Muscatine .....	6-7-12-15	40
	A	Decorah .....	6-11-19-20	56
	B	Aquinas, Fort Madison .....	8-12-13-14	47
	C	Garnavillo .....	7-12-13-19	51
<b>Joint IHSAA-IGHSAU State Championships Started in 1979</b>				
<b>1979</b>	AA	Clinton .....	2-8-14-24	48
	A	Centerville .....	19-25-27-32	103
	B	Newman Catholic, Mason City .....	2-8-16-20	46
	C	Aquinas, Fort Madison .....	3-5-6-25	39
<b>1980</b>	AA	Waverly-Shell Rock .....	8-12-23-51	94
	A	Knoxville .....	4-8-18-33	63
	B	Kee, Lansing .....	3-4-5-19	31
	C	Cardinal Stritch, Keokuk .....	2-4-15-41	62
<b>1981</b>	3-A	Clinton .....	1-21-27-39	88
	2-A	Sheldon .....	1-4-19-28	52
	1-A	Kee, Lansing .....	1-2-17-25	45
<b>1982</b>	3-A	Clinton .....	3-7-11-24	45
	2-A	Western Christian, Hull .....	1-5-15-48	69
	1-A	Kee, Lansing .....	4-12-14-22	52
<b>1983</b>	3-A	Ames .....	4-9-16-19	48
	2-A	Cascade .....	5-12-14-58	89
	1-A	Unity Christian, Orange City .....	13-16-22-24	75
<b>1984</b>	3-A	Clinton .....	4-13-15-16	48
	2-A	Eagle Grove .....	6-20-26-43	95
	1-A	Northern University High, Cedar Falls .....	1-7-17-35	60
<b>1985</b>	3-A	Dowling Catholic, West Des Moines .....	3-8-15-36	62
	2-A	Cascade .....	3-13-20-25	61
	1-A	Northern University High, Cedar Falls .....	3-7-40-48	98
<b>1986</b>	3-A	Clinton .....	1-10-16-19	46
	2-A	Cascade .....	9-10-14-18	51
	1-A	Woodbine .....	6-17-18-40	81
<b>1987</b>	3-A	Dubuque, Senior .....	13-14-16-21	64
	2-A	Eagle Grove .....	10-11-12-13	46
	1-A	Woodbine .....	5-9-22-31	62
<b>1988</b>	3-A	Iowa City, West .....	4-16-28-33-34	115
	2-A	Shenandoah .....	1-17-20-21-33	92
	1-A	Kee, Lansing .....	10-16-17-19-25	87
<b>1989</b>	3-A	Ames .....	4-6-10-27-53	100
	2-A	Shenandoah .....	3-6-7-9-26	51
	1-A	Kee, Lansing .....	3-12-15-16-19	65
<b>1990</b>	3-A	Muscatine .....	1-7-22-27-40	97
	2-A	Decorah .....	2-3-6-18-28	57
	1-A	Jesup .....	8-11-14-27-36	96
<b>1991</b>	3-A	Iowa City, City High .....	5-8-16-18-37	84
	2-A	Shenandoah .....	4-7-11-20-31	73
	1-A	Williamsburg .....	13-16-19-22-32	102

Team Champions Year-by-Year cont'd

<b>1992</b>	3-A	Iowa City, City High .....	3-9-12-16-33	73
	2-A	Decorah .....	1-7-8-32-36	84
	1-A	St. Albert, Council Bluffs .....	2-8-12-14-20	56
<b>1993</b>	3-A	Iowa City, City High .....	5-6-9-12-13	45
	2-A	Waukon .....	4-5-14-17-19	59
	1-A	Regina, Iowa City .....	2-3-6-25-36	72
<b>1994</b>	3-A	Iowa City, City High .....	7-12-21-23-24	87
	2-A	Humboldt .....	2-3-6-38-44	93
	1-A	Denver .....	1-2-9-26-29	67
<b>1995</b>	3-A	Dubuque, Senior .....	1-2-3-20-28	54
	2-A	Waukon .....	2-4-12-17-20	55
	1-A	Iowa Mennonite School, Kalona .....	9-13-20-22-31	95
<b>1996</b>	3-A	Iowa City, City High .....	4-11-12-18-25	70
	2-A	Waukon .....	2-3-5-9-10	29
	1-A	Calamus-Wheatland .....	1-8-26-34-39	108
<b>1997</b>	3-A	Iowa City, City High .....	11-16-19-20-23	89
	2-A	Waukon .....	6-9-14-17-28	74
	1-A	Regina, Iowa City .....	3-5-11-13-16	48
<b>1998</b>	3-A	Dubuque, Senior .....	11-15-16-18-33	93
	2-A	Waukon .....	3-10-14-32-39	98
	1-A	Regina, Iowa City .....	8-10-21-23-36	98
<b>1999</b>	3-A	Iowa City, City .....	11-12-13-15-18	69
	2-A	Waukon .....	7-14-24-39-40	124
	1-A	West Sioux, Hawarden .....	4-12-17-18-41	92
<b>2000</b>	3-A	Iowa City, City .....	7-15-19-23-26	90
	2-A	Central Clinton, DeWitt .....	4-10-15-19-21	69
	1-A	Wapsie Valley, Fairbank .....	12-14-19-26-36	107
<b>2001</b>	3-A	Des Moines, Roosevelt .....	2-5-14-34-47	102
	2-A	Central Clinton, DeWitt .....	4-8-11-41-47	111
	1-A	Bennett-Durant .....	18-21-22-24-26	111
<b>2002</b>	3-A	Des Moines, Roosevelt .....	4-6-7-13-21	51
	2-A	Waukon .....	3-4-11-28-78	124
	1-A	Nodaway Valley .....	13-16-26-31-38	124
<b>2003</b>	4-A	Des Moines, Roosevelt .....	1-2-4-16-22	45
	3-A	Wahlert, Dubuque .....	11-30-31-33-38	143
	2-A	Western Christian, Hull .....	4-13-20-22-26	85
	1-A	Regina, Iowa City .....	19-20-32-36-47	154
<b>2004</b>	4-A	Cedar Falls .....	8-9-10-31-33	91
	3-A	Wahlert, Dubuque .....	1-10-19-20-22	72
	2-A	Regina, Iowa City .....	12-27-28-33-36	136
	1-A	Wapsie Valley, Fairbank .....	12-24-32-36-76	180
<b>2005</b>	4-A	Cedar Falls .....	6-8-12-34-39	99
	3-A	Mount Vernon-Lisbon .....	8-10-17-24-25	84
	2-A	Western Christian, Hull .....	2-20-25-54-78	179
	1-A	Wapsie Valley, Fairbank .....	10-11-15-20-48	104
<b>2006</b>	4-A	Pleasant Valley .....	2-7-15-18-32	74
	3-A	Xavier, Cedar Rapids .....	3-11-15-17-67	113
	2-A	South Winneshiek, Calmar .....	14-34-48-51-56	203
	1-A	Regina, Iowa City .....	7-20-34-45-65	171

Team Champions Year-by-Year cont'd

<b>2007</b>	4-A	Pleasant Valley .....	1-5-9-26-42	83
	3-A	Xavier, Cedar Rapids .....	2-4-14-21-28	69
	2-A	Monticello .....	1-14-21-31-33	100
	1-A	Regina, Iowa City .....	3-6-9-16-21	55
<b>2008</b>	4-A	Pleasant Valley .....	4-6-12-23-31	76
	3-A	Algona .....	2-3-24-28-31	88
	2-A	Spirit Lake .....	3-8-11-13-20	55
	1-A	South Winneshiek, Calmar .....	4-11-14-33-41	103
<b>2009</b>	4-A	Burlington .....	1-6-22-23-54	106
	3-A	Pella .....	6-11-12-16-50	95
	2-A	Spirit Lake .....	2-6-8-18-26	60
	1-A	Iowa Mennonite School, Kalona .....	1-4-20-22-24	71
<b>2010</b>	4-A	Prairie, Cedar Rapids .....	5-6-16-17-21	65
	3-A	Wahlert, Dubuque .....	4-15-32-33-34	118
	2-A	Regina, Iowa City .....	8-16-23-27-32	106
	1-A	Northern University High, Cedar Falls .....	11-12-21-30-33	107
<b>2011</b>	4-A	Dowling Catholic, WDM .....	3-6-12-18-31	70
	3-A	Pella .....	1-11-17-26-30	85
	2-A	Monticello .....	5-12-15-17-24	73
	1-A	St. Albert, Council Bluffs .....	4-11-15-23-25	78
<b>2012</b>	4-A	Dowling Catholic, WDM .....	1-6-8-18-27	60
	3-A	Decorah .....	5-10-11-12-24	62
	2-A	Monticello .....	3-8-10-13-18	52
	1-A	St. Albert, Council Bluffs .....	1-5-9-25-28	68

**IHSAA STATE CHAMPIONSHIP TEAMS - Alphabetical**

Algona .....	2008 .....	1
Ames .....	1967, 68, 73, 75, 83, 89 .....	6
Anita .....	1963, 64 .....	2
Ankeny .....	1969 .....	1
Aquin, Cascade .....	1965, 66, 75 .....	3
Aquinas, Fort Madison .....	1970, 71, 78, 79 .....	4
Assumption, Davenport .....	1974 .....	1
Bancroft, St. John's .....	1976, 77 .....	2
Beaman-Conrad .....	1969 .....	1
Bennett-Durant .....	2001 .....	1
BGM, Brooklyn .....	1970 .....	1
Burlington .....	2009 .....	1
Calamus-Wheatland .....	1996 .....	1
Cardinal Stritch, Keokuk .....	1980 .....	1
Cascade .....	1983, 85, 86 .....	3
Cedar Falls .....	1969, 2004, 05 .....	3
Cedar Rapids, Roosevelt .....	1948, 51 .....	2
Cedar Valley, Somers .....	1967 .....	1
Centerville .....	1979 .....	1
Central Clinton, DeWitt .....	2000, 2001 .....	2
Central Lyon, Rock Rapids .....	1969 .....	1
Chariton .....	1969 .....	1
Charles City, Immaculate Conception .....	1965 .....	1
Clarence .....	1937 .....	1
Clarinda .....	1956, 62, 63 .....	3
Clinton .....	1976, 79, 81, 82, 84, 86 .....	6
Columbus Catholic, Waterloo .....	1969, 71, 72 .....	3

State Championship Teams - Alphabetical cont'd

Council Bluffs, Abraham Lincoln .....	1948 .....	1
Davenport, Central .....	1951, 71 .....	2
Decorah .....	1957, 58, 59, 64, 66, 67, 68, 72, 74, 76, 77, 78, 90, 92, 2012 .....	15
Denver .....	1994 .....	1
Des Moines, East .....	1937, 41, 42, 43, 49 .....	5
Des Moines, Hoover .....	1970, 77 .....	2
Des Moines, Lincoln .....	1968 .....	1
Des Moines, North .....	1944, 45, 46, 50, 52, 53 .....	6
Des Moines, Roosevelt .....	2001, 02, 03 .....	3
Des Moines, Tech .....	1950, 54, 55, 56, 59, 60, 62 .....	7
Dike .....	1973, 74 .....	2
Dowling Catholic, West Des Moines .....	1974, 85, 2011, 12 .....	4
Dubuque, Senior .....	1987, 95, 98 .....	3
Eagle Grove .....	1984, 87 .....	2
Eldora .....	1952, 53, 54 .....	3
Elliott .....	1955 .....	1
Fairfield .....	1949 .....	1
Farragut .....	1966 .....	1
Fremont .....	1950 .....	1
Garnavillo .....	1970, 72, 73, 78 .....	4
Grinnell .....	1963 .....	1
Humboldt .....	1994 .....	1
Indianola .....	1971, 72 .....	2
Iowa City, City High .....	1923, 1991, 92, 93, 94, 96, 97, 99, 2000 .....	9
Iowa City, University High .....	1936, 37, 38, 40, 41, 42, 43, 44 .....	8
Iowa City, West .....	1988 .....	1
Iowa Mennonite School, Kalona .....	1995, 2009 .....	2
Jesup .....	1990 .....	1
Johnston .....	1971, 72, 73 .....	3
Kee, Lansing .....	1980, 81, 82, 88, 89 .....	5
Klemme .....	1961 .....	1
Knoxville .....	1939, 80 .....	2
LeClaire .....	1940, 55, 56 .....	3
Lewis Central .....	1973 .....	1
Lincoln Central, Gruver .....	1966 .....	1
LuVerne .....	1958, 59, 60, 62 .....	4
Madrid .....	1965 .....	1
Marion .....	1945, 46, 48, 49, 50, 51, 52, 53, 54, 58 .....	10
Marshalltown .....	1960, 61, 64, 65, 66, 74, 75 .....	7
Martinsburg .....	1939 .....	1
Mason City .....	1972, 73 .....	2
Mechanicsville .....	1943, 44, 45, 46 .....	4
Menlo .....	1957 .....	1
Miles .....	1964, 68, 69 .....	3
Milford .....	1973 .....	1
Minburn .....	1941 .....	1
Monroe .....	1950 .....	1
Monticello .....	2007, 11, 12 .....	3
Mount Vernon-Lisbon .....	2005 .....	1
Muscatine .....	1930, 34, 78, 90 .....	4
Napier .....	1948 .....	1
Newman Catholic, Mason City .....	1979 .....	1

State Championship Teams - Alphabetical cont'd

Nodaway Valley .....	2002 .....	1
North Winneshiek, Decorah .....	1967 .....	1
Notre Dame, Cresco .....	1971 .....	1
Northern University High, Cedar Falls .....	1984, 85, 2010 .....	3
Odebolt-Arthur .....	1961, 62, 64, 75 .....	4
Ollie .....	1949 .....	1
Osage .....	1970 .....	1
Oskaloosa .....	1935, 36, 38, 57 .....	4
Ottumwa .....	1931, 32, 33, 40 .....	4
Pekin, Packwood .....	1967, 68 .....	2
Pella .....	2009, 11 .....	2
Pleasant Valley .....	2006, 07, 08 .....	3
Prairie, Cedar Rapids .....	2010 .....	1
Red Oak .....	1965, 66, 67 .....	3
Regina, Iowa City .....	1993, 97, 98, 2003, 04, 06, 07, 10 .....	8
Sanborn .....	1974 .....	1
Saydel .....	1957 .....	1
Sheffield-Chapin .....	1956, 58, 62, 63 .....	4
Sheldon .....	1971, 81 .....	2
Shenandoah .....	1974, 75, 88, 89, 91 .....	5
Sioux City, Central .....	1957, 58, 61, 63, 64, 65, 66, 67 .....	8
South Page, College Springs .....	1959, 60 .....	2
South Winneshiek, Calmar .....	2006, 08 .....	2
Spirit Lake .....	2008, 09 .....	2
St. Albert, Council Bluffs .....	1992, 2011, 12 .....	3
Stanley .....	1951 .....	1
Tipton .....	1975 .....	1
Tri-County, Thornburg .....	1938, 72 .....	2
Underwood .....	1952, 53, 54, 59 .....	4
Unity Christian, Orange City .....	1976, 77, 83 .....	3
Urbandale .....	1968, 70 .....	2
Valley, West Des Moines .....	1955, 62 .....	2
Wahlert, Dubuque .....	2003, 04, 10 .....	3
Wapsie Valley, Fairbank .....	2000, 04, 05 .....	3
Waterloo, West .....	1970 .....	1
Waukon .....	1993, 95, 96, 97, 98, 99, 2002 .....	7
Waverly-Shell Rock .....	1975, 80 .....	2
West Sioux, Hawarden .....	1961, 99 .....	2
Western Christian, Hull .....	1973, 82, 2003, 05 .....	4
Williamsburg .....	1939, 91 .....	2
Winterset .....	1960 .....	1
Woodbine .....	1986, 87 .....	2
Xavier, Cedar Rapids .....	2006, 07 .....	2

## **CHAMPIONSHIP TEAM RUNNERS IN IHSAA STATE MEET**

*(Runners who scored for champions listed in order of finish)*

*Note: Information listed by year is the actual year the meet was run. Example 1931 is the date of the meet run in the 1931-32 school year*

- 1930** Muscatine (John Garnes-Bob McElroy-John Wilson)
- 1931** Ottumwa (John Schmidt-Richard Beebe-Harold Kisinger)
- 1932** Ottumwa (Richard Beebe-John Schmidt-Harold Kinsinger)
- 1933** Ottumwa (John Schmidt-John Beebe-Clifford Gardner)
- 1934** Muscatine (Bernard Berger-Gerald Wyman-Clark Brown)
- 1935** Oskaloosa (Ray Davis-Glenn Lee-Eugene Henson)
- 1936** A Oskaloosa (Neal Hamilton-Wayne Allgood-Glenn Sparks)  
B Iowa City, University High (Edwin Myers-Charles Robbins-Donald Spencer)
- 1937** A Des Moines, East (Carl Gustafson-Ben Huckins-Walter Hansen)  
B Iowa City, University High (Donald Spencer-Don Welt-Berdell Hager)  
C Clarence (Dale Winey-Leroy Preuss-Ed Winey)
- 1938** A Oskaloosa (Stanley McCarger-Rex Lee-Warren McCaulley)  
B Iowa City, University High (Lynn Frazier- Don Welt-Van Martin)  
C Thornburg (Raymond (Berl) Edmundson-Kenneth Geyer-Richard Rogers)
- 1939** A Knoxville (Harold Goebel-Howard Goebel-Bill Hanna)  
B Williamsburg (Charles Fetzer-Robert Mahan-Owen Jones)  
C Martinsburg (Ralph Zepp-Willis Knaak-Gary Hollingsworth)
- 1940** A Ottumwa (Danny Smith-Charles Sedore-Joe Lord)  
B Iowa City, University High (Lynn Frazier-Fred Zollar-Frank Zollar)  
C LeClaire (Kenneth McFate-Lewis Randolph-Russell Jaynes)
- 1941** A Des Moines, East (Ben Mills-Charles Harban-Martin Grandquist)  
B Iowa City, University High (Fred Zollar-Frank Zollar-Ed Smith)  
C Minburn (Bill Jackson-Dee Thompson-Gene Waters)
- 1942** A Des Moines, East (Martin Grandquist-William Chappell-Vance Walters)  
B Iowa City, University High (Edward Smith-Robert Hartsock-Richard Terrell)
- 1943** A Des Moines, East (Vance Walters-Harold Williams-Wesley Redhead)  
B Iowa City, University High (Richard Terrell-Robert Hartsock-Francis Harney)  
C Mechanicsville (Don Gemberling-Kelvin-Robinson-Casper Robinson)
- 1944** A Des Moines, North (Jack Copeland-Mac Baty-Eluis Kirkpatrick)  
B Iowa City, University High (Richard Terrell-Stanley Murray-Robert Hartsock)  
C Mechanicsville (Kelvin Robinson-Don Gemberling-Casper Robinson)
- 1945** A Des Moines, North (Tom Moore-John Kemble-Mac Baty)  
B Marion (Russell Benedict-Raymond Peterson-Neil Woods)  
C Mechanicsville (Kelvin Robinson-Casper Robinson-Len Svoboda)
- 1946** A Des Moines, North (Tom Moore-Leland Graves-Millard Lee Kerr)  
B Marion (Raymond Petersen-Eugene Hastings-Neil Woods)  
C Mechanicsville (Vernon Svoboda-Len Svoboda-Howard Nicoll)
- 1947** *Individual Race Run but no team scores in classes kept*
- 1948** AA Council Bluffs, Abraham Lincoln (Charles Whitaker-Galen Hassen-Bernard Lainson)  
A Cedar Rapids, Roosevelt (Ocie Trimble-Stan Petrick-Richard Wise)  
B Marion (Allen Mally-Jack Edmunds-Don Dean)  
C Napier (Arthur Trumbower-Phillip Anderson-Darrell Erickson)

Championship Team Runners cont'd

- 1949** AA Des Moines, East (Don Murray-Eugene Hart-Richard Larson)  
A Fairfield (Larry Manary-Wayne Davis-James Hilleary)  
B Marion (Richard Hotz-Allen Mally-Jack Edmunds)  
C Ollie (Neal Bottger-Eugene Kessell-Charles Searcy)
- 1950** AA Des Moines, North (Larry Graves-Jay LaVine-Dean Gates)  
A Des Moines, Tech (Tom Burch-Ben Prewitt-Jerry Greenwell)  
B TIE - Monroe (Dick Rupert-Harold Wagner-Harold Boyer)  
and Marion (Richard Hotz-Jack Edmunds-John Kassler)  
C Fremont (Paul Roquet-Paul Abernathey-Lawrence Schmitz)
- 1951** AA Davenport (Loren Wulf-Ira Dunsworth-Dick Kerr)  
A TIE - Cedar Rapids, Roosevelt (Eldon Hasley-George Johnson-Dave Anderson)  
and Charles City (Bill Fleuher-Roy Bever-Stanley Tolliver)  
B Marion (Gerald Walker-Ernie Gates-Eugene Gonsales)  
C Stanley (Burton Moore-Tommy Doyle-Dewey Geary)
- 1952** AA Des Moines, North (Caesar Smith-Dan Marin-Oscar Maldonado)  
A Marion (Gerald Walker-Leo Corporon-Eugene Gonsales)  
B Eldora (Jerry Crosser-Clyde Callahan-Jerry Cleveland)  
C Underwood (Garold Ryan-George Lee-Paul Ryan)
- 1953** AA Des Moines, North (Caesar Smith-Oscar Maldonado-Jerry Hawkins)  
A Marion (Gerald Walker-Leo Corporan-Bob Fernow)  
B Eldora (Dan Munson-Kenny Brock-Art Berg)  
C Underwood (Paul Ryan-George Lee-Ed Turk)
- 1954** AA Des Moines, Tech (Brian Travis-Jim Black-Jim Jones)  
A Marion (Dick Jacobs-Ron Franklin-Vince Holt)  
B Eldora (Ken Brock-Art Berg-Dan Munson)  
C Underwood (George Lee-Paul Ryan-Bob Hough)
- 1955** AA Des Moines, Tech (Brian Travis-Fred Keller-Dale McDaniel)  
A Valley, WDM (Deryl King-Gary Crow-Jon Ingraham)  
B LeClaire (Homer Lattimer-Tom Tilton-Jimmy Bremmer)  
C Elliott (Lyle Shires-Dale Elwood-Jerry Thompson)
- 1956** AA Des Moines, Tech (Fred Keller-Jim Bell-Dave Murray)  
A Clarinda (John Woolson-Ken Hughes-Jerry Carlson)  
B LeClaire (Homer Lattimer-Tom Tilton-Jim Bremmer)  
C Sheffield (Bill Eno-Don Wearda-Marv Corporon)
- 1957** AAA Sioux City, Central (Tom Rivers-Dave Pettit-Bob Carley)  
AA Oskaloosa (Konrad Billhardt-Ivan Ancell-John Quarton)  
A Decorah (Ron Olson-Wayne Benzing-Paul Estrem)  
B Saydel (John Raveling-Bob Lowe-Jack Kyle)  
C Menlo (Raymond Miller-Brian Stemm-Tom Adamson)
- 1958** AAA Sioux City, Central (Eugene Rave-Dave Pettit-John Peters)  
AA Decorah (Ron Olson-Wayne Benzing-Don Roney)  
A Marion (Dick Stickney-Don Grant-Robert McDowell)  
B Sheffield (Bill Taylor-Marvin Corporon-Dennis Blankenship)  
C LuVerne (Earl Hanselman-Kenny Wilhelm-Charles Weber)
- 1959** AAA Des Moines, Tech (David Brown-Gregary Leaper-Richard Helm)  
AA Decorah (Ron Olson-Don Roney-Gary Hall)  
A South Page, College Springs (Joe Henderson-Norman Johnston-Jim Ripley)  
B Underwood (Ron Hough-Kenneth Cahrs-Larry Barganquast)  
C LuVerne (Earl Hanselman-Paul Gilligan-John Schade)
- 1960** AAA Des Moines, Tech (Richard Helm-David Lee-Bruce Adair)  
AA Marshalltown (John Readout-Bill Perry-George Bell)  
A Winterset (Tom Good-Dennis Cline-Steven Cline)  
B South Page, College Springs (Joe Henderson-Roger Hamm-Dennis McMillen)

Championship Team Runners cont'd

- C LuVerne (John Schade-Paul Gilligan-Bernard Schade)
- 1961** AAA Sioux City, Central (Don Rivers-Jim Wilson-Dennis Thomsen)  
AA Marshalltown (John Readout-Steve Brintnall-Merrill Moore)  
A West Sioux, Hawarden (Ed Eneboe-Tim White-Rodney Vellinga)  
B Odebolt-Arthur (Dennis Anderson-Larry Johnson-Dennis Dinges)  
C Klemme (Art Hoffman-Jerry Murray-Bill McCollaugh)
- 1962** AAA Des Moines, Tech (David Lee-Darryl Green-Bruce Adair)  
AA Valley, West Des Moines (Ron Griffith-Roger Hansen-Pat Redden)  
A Clarinda (Merlin Lewis-Curtis Meier-Ronald Taylor)  
B (TIE) Odebolt-Arthur (Dennis Dinges-Larry Johnson-Ben Buehler)  
and Sheffield-Chapin (Lester Corporon-Ron Zickefoose-John LaRoque)  
C LuVerne (Bernard Schade-George Hanselman-Ray Welter)
- 1963** AAA Sioux City, Central (Dave Compton-Steve Gerkin-Ed Jensen)  
AA Grinnell-Newburg (Ed Humphrey-Gary Lawson-Dennis Palmer)  
A Clarinda (Ronald Taylor-Galen Lininger-John Scrivner)  
B Anita (Dennis Reed-Tom Denny-Larry Ruggles)  
C Sheffield-Chapin (Charles Schmalbeck-Bill Loeffelhardt-Les Corporon)
- 1964** AAAA Sioux City, Central (Dave Compton-Steve Gerkin-Doug Smith)  
AAA Marshalltown (Ken Gallagher-Ted Fulk-Jack Koerber)  
AA Decorah (Greg Gilbertson-John Sheridan-Tom Sheridan)  
A Odebolt-Arthur (Tom Halboth-Steve Thayer-Don Anderson)  
B Anita (Tom Denny-Larry Ruggles-Brad Reed)  
C Miles (Gorden Hansen-Charles Bales-George Ackerman)
- 1965** AAAA Sioux City, Central (Doug Smith-Steve Gerkin-John Samore)  
AAA Marshalltown (Joe Rohach-Ted Fulk-Duane Berger)  
AA Red Oak (Paul Fish-Don Jenkins-Steve Bowman)  
A Aquin, Cascade (Calvin Coohy-Daniel Manternach-Mark Ressler)  
B Madrid (Dick Jensen-Danny Woodlund-Kenny Woodlund)  
C Charles City, Immaculate Conception (Joseph Byrne-Pat Regan-Steve Kuhn)
- 1966** AAAA Sioux City, Central (Doug Smith-Greg Coons-Ken Bern)  
AAA Marshalltown (Joe Rohach-Ted Fulk-Steve Beatty)  
AA (TIE) Red Oak (Bob Wilson-Paul Werts-Lynn Ellis)  
and Decorah (Mark Aschim-David Morstad-Arvi Rebasso)  
A Cascade, Aquin (Calvin Coohy-Dan Manternach-John Althoff)  
B Farragut (Bernie Hughes-George Hughes-Tom Shull)  
C Lincoln Central, Gruver (Mike Origer-Mike Nichols-Torval Eide)
- 1967** AAAA Sioux City, Central (Doug Smith-Rich Wilson-Steve Koson)  
AAA Ames (Greg Dengler-Dave Powell-Chuck Maurer)  
AA Red Oak (Bob Wilson-Lynn Ellis-Paul Werts)  
A Decorah (Mark Aschim-Dennis Ellingson-Arvi Rebasso)  
B Pekin, Packwood (Larry Greiner-Vern Wonderlich-Randy Lowenberg)  
C (TIE) North Winneshiek (Mark Quandahl-Norbert Lovstuen-Harold Rosendahl)  
Cedar Valley, Somers(John Turner-Bob Carlson-Paul Welter)
- 1968** AAAA Des Moines, Lincoln (John McDonald-Steve Nordenson-Phil Valgarino)  
AAA Ames (Dave Powell-Hugh Collins-Tom Montag)  
AA Urbandale (Tom Kilty-Ron Keller-Dave Meshek)  
A Decorah (Mark Aschim-Dennis Ellingson-Jim Ziegelmaier)  
B Pekin, Packwood (Randy Lowenberg-Joe Adam-Vern Wonderlich)  
C Miles (Mike Cassaday-Steve Seamer-Pat Cassaday)
- 1969** AAAA Cedar Falls (Dan Alderman-Mike Wilson-Mike Hankins)  
AAA Columbus Catholic, Waterloo (Dave Krantz-Mark Borich-Mike Burke)  
AA Ankeny (Lee Schreurs-Mark Trusty-Dan Marquardt)  
A Chariton (Gary Mason-Greg Lewis-Mike Patterson)  
B Central Lyon, Rock Rapids (Stan Timmer-Roy Lubbers-Doug Dunn)  
C Beaman-Conrad (Bob Schleisman-Brad Stevens-David Juchems)  
D Miles (Steve Seamer-Pat Cassday-Gary Wilcke)



Championship Team Runners cont'd

- 1970** AAAA Waterloo, West (Ron Peters-Larry Carter-Chip Meier-Dave Narveson)  
AAA Des Moines, Hoover (Bob Hughes-Frank Willborne-Rich Hall-Tom Howland)  
AA Urbandale (Mark Davis-Dave Steffen-Larry Moore-Bruce Bornman)  
A Osage (Lawrence Indra-Loran Erdman-Pete Indra-Kevin Hanson)  
B Aquinas, Fort Madison (Charley Rump-Bill Wagner-Randy Bohl-Kurt Rump)  
C BGM, Brooklyn (Ron Longnecker-Dave Bazyn-Garland Roth-Don Longnecker)  
D Garnavillo (Gary Werger-Alan Werger-Rick Allyn-Russ Tindell)
- 1971** AAAA Davenport, Central (Gregg Newell-Frosty Borland-Tim Cornish-Mark Olson)  
AAA Columbus Catholic, Waterloo (Bob Connell-Mike Powers-Dave Riley-Dale Hansen)  
AA Indianola (Mike Burns-Jeff Allsup-Sean McGuire-John Essick)  
A Sheldon (Rex Madsen-Dan Castle-Jeff Hesebeck-Pat Cappes)  
B Aquinas, Fort Madison (Charles Rump-Bill Wagner-Dennis Beach-Mike Huffman)  
C Johnston (John Trier-Darrell Cox-Ron Gomis-Dan Heithoff)  
D Notre Dame, Cresco (Jeff Fraser-Stan Potter-Bill Ferrie-Mark Montague)
- 1972** AAAA Mason City (Mark Johnson-Dave Runge-John Dunn-Barry Brandt)  
AAA Columbus Catholic, Waterloo (Dale Hansen-Mike Duncan-Phil Schaffer-Dave Schmidt)  
AA Indianola (Mark Bishop-Mike Burns-Shawn McGuire-Jeff Allsup)  
A Decorah (Mike Nelson-Jeff Seim-Fred Schultz-Mike Sloan)  
B Johnston (John Trier-Ron Gomis-Darrell Cox-Steve Wickner)  
C Tri-County, Thornburg (Dave Briggs-Chuck Moore-Den Green-Jeff Goldsmith)  
D Garnavillo (Gary Werger-Bob Rodenberg-Lon Kuehl-Russ Tindell)
- 1973** AAAA Mason City (Barry Brandt-John Dunn-Mike Jones-Mark Young)  
AAA Ames (Mark Grover-Greg Prestemon-Dick Bailey-Dean Dass)  
AA Lewis Central (Boyd Nansel-Ed Croson-Don Wood-Andy Everson)  
A Western Christian, Hull (Randy Grevengoed-Bernie Haan-Carl DeJongh-Evan Blom)  
B Johnston (Ron Gomis-Darrell Cox-John Trier-Steve Wilener)  
C Milford (Rod Stevenson-Bob Fitzpatrick-Don Bonney-Bruce Boles)  
D (TIE) Garnavillo (Lon Kuehl-Bob Rodenberg-Jeff Portwine-Neil Davis)  
Dike (Steve Bernhardt-Dan Nagel-Tim Nagel-Pat Murphy)
- 1974** AAAA Marshalltown (John Mulvihill-Mike Mattox-Jamie Hutcheson-William Chizek)  
AAA Dowling Catholic, WDM (Tom Farrell-John McMichael-Paul Pappas-Marty Scaglione)  
AA Assumption, Davenport (Gene McGivern-Dave Nix-Tony Valainis-Steve High)  
A Decorah (Keith Ellingson-Jon Nelson-Randy Fitzgerald-Mark Williams)  
B Shenandoah (Blair Renfro-Ray Shaw-Tom Fichter-Bob Warnemunde)  
C Dike (Pat Murphy-Steve Bernhardt-Jim Hansen-Tim Nagel)  
D Sanborn (Dwayne Camarigg-Alan Camarigg-Mark Remme-Jeff Lymer)
- 1975** AAAA Marshalltown (Jamie Hutcheson-Mike Mattox-Matt McCright-Kelley Lacina)  
AAA Ames (Jon Mathiason-Chuck Gratto-John Aurand-Mitch Delaney)  
AA Waverly-Shell Rock (Paul Franken-Tim Smith-Dennis Huston-Jim Thompson)  
A Shenandoah (Blair Renfro-Wally Duffy-Tom Fichter-Dennis Scharp)  
B Tipton (Brett Eggert-Joe Pelzer-Tom Weih-Ed Pelser)  
C Aquin, Cascade (Pat Hayes-Jerry Decker-Phil Kauder-Jim Trumm)  
D Odebolt-Arthur (Nate Kitterman-Randy Lundberg-Brad Gehrke-John Simpson)
- 1976** AA Clinton (Paul Rickerl-Mike Schall-Mike Holle-Bob Emmons)  
A Decorah (Dave Averill-Lyle Klotzbach-Derek Loeb-Randy Fitzgerald)  
B Unity Christian, Orange City (Greg Kuiper-Stanton Visser-Dan Kroeze-Dan Kuiper)  
C Bancroft, St John's (Larry Hellman-Al Brandenburg-Tony Marlow-Ron Studer)
- 1977** AA Des Moines, Hoover (Mike Diment-Marty Wiedemann-Dale Jankovitz-Tim Hall)  
A Decorah (Randy Fitzgerald-Lyle Klotzbach-Tom Hasvold-Eric Henrikson)  
B Unity Christian, Orange City (Stanton Visser-Dan Kroege-Mark Pluion-Dan Kuiper)  
C Bancroft, St John's (Larry Hellman-Al Brandenburg-Ron Studer-Mark Bradley)
- 1978** AA Muscatine (Jeff Fick-Chris Ales-Tony Shellabarger-Mike Allbee)  
A Decorah (Dave Averill-Brian Tjelta-Jon Estren-Tom Hasvold)  
B Aquinas, Fort Madison (Jim McGee-Steve Welding-Randy Biemhorst-Bob McGee)  
C Garnavillo (Brian Brase-Tom Berns-Art Gomez-Tracy Werges)

Championship Team Runners cont'd

- 1979** AA Clinton (Jeff Jacobs-Shawn Spooner-Lorne Burgess-Rob Ebensberger)  
A Centerville (Henry Moritz-Randy Felkner-Dwayne Johnson-Bill Weideman)  
B Newman Catholic, Mason City (Mike Karamitros-John Cahalan-Chuck Knapp-Dan Cahalan)  
C Aquinas, Fort Madison (Jim McGee-Bob McGee-Glenn Steffensmeier-Steve Welding)
- 1980** AA Waverly-Shell Rock (Tom Cornish-Dan Huston-Joel Alexander-Mike Zrostlik)  
A Knoxville (T.K.Wignall-Rick Kaster-Stacy Washington-Mike Ritter)  
B Kee, Lansing (Mike Hawes-Brian Hawes-Shawn Connor-Keith Moore)  
C Cardinal Stritch, Keokuk (Dan Schreck-Andrew Harsch-Jeff Bohnet-Mark Inman)
- 1981** 3-A Clinton (Jeff Jacobs-Jon Menges-Loran Storts-Tom Bentley)  
2-A Sheldon (Bill Kerkeart-Steve Drenkow-Steve Tolk-Scott Engelhardt)  
1-A Kee, Lansing (Brian Hawes-Shawn Connor-Dave Gruber-Keith Moore)
- 1982** 3-A Clinton (Loran Storts-Mike Asmus-Jon Menges-Jim Jungjohann)  
2-A Western Christian (Mike Grevengoed-Mike Kooistra-Greg Van'kamp-Morry Horstmann)  
1-A Kee, Lansing (Brian Hawes-Shawn Connor-Dave Gruber-Bill Wilkins)
- 1983** 3-A Ames (Jeff Burris-Dave Voss-Jim Thomas-Scott Whigham)  
2-A Cascade (Kyle Kauder-Phil Decker-Brian Annis-Dave Hoffmann)  
1-A Unity Christian, Orange City (Henry Byl-Dennis Dokter-Randy Rowenhorst-Marlin Schoenhoven)
- 1984** 3-A Clinton (Jim Jungjohann-Mike Walker-Brad Wall-Russell Johnson)  
2-A Eagle Grove (Tim Coltvvet-Mark Sampson-Jeff Pickering-Rick Coltvvet)  
1-A Northern University High, Cedar Falls (Trent Timson-Steve Budlong-Kyle Christianson-Per Ove Berg)
- 1985** 3-A Dowling Catholic Catholic, WDM (John Schuster-Steve Schweizer-Kev Miller-Doug Biorger)  
2-A Cascade (Doug Hunt-Phil Lindauer-Kevin Kearney-Matt Nauman)  
1-A NUH, Cedar Falls (Trent Timson-Kyle Christiason-Jon Klinkowitz-Jackson Lounsberry)
- 1986** 3-A Clinton (Brad Wall-Dave Ladehoff-Craig Andresen-Brian Wall)  
2-A Cascade (Steve Kremer-Doug Hunt-Kevin Kearney-Pat Henneberry)  
1-A Woodbine (Rich Barry-Rex Baxter-Jason Barry-Bill Stephany)
- 1987** 3-A Dubuque, Senior (Tory Tepp-Eric Walsh-Greg Hughes-Joe Marshall)  
2-A Eagle Grove (Mark Sampson-Chris Tofteberg-Pat Wieth-Rick Coltvvet)  
1-A Woodbine (Jason Barry-Rex Baxter-Scott Tucker-Bill Stephany)
- 1988** 3-A Iowa City, West (Dean Colony-Brian Mildenstein-Sean Boyle-Damian Savarino-Todd Lane)  
2-A Shenandoah (Brian Hornbuckle-Mike Falk-Jason Armstrong-Andy Campbell-Pat McDermott)  
1-A Kee, Lansing (Max Flack-Jesse Delaney-Mike Mitchell-Andy Wagner-Paul Manning)
- 1989** 3-A Ames (Damon Hawn-Brian Campbell-Guy Willey-Steve Beaudry-Jon Ramsey)  
2-A Shenandoah (Chris Willeman-Jason Armstrong-Pat McDermott-Andy Campbell-Brian Hornbuckle)  
1-A Kee, Lansing (Jesse Delaney-Andy Wagner-Max Flack-Paul Manning-Eric Van Brocklin)
- 1990** 3-A Muscatine (Jonathan Estabrook-Ryan Willits-Ahren Gross-Chad Hanna-Steve Leach)  
2-A Decorah (Brent McGrew-Chris Olson-Niels Anderson-Tobin Laursen-David Tollefson)  
1-A Jesup (Chad Weber-Darin Kite-Matt Jones-Clint Even-Matt Erpelding)
- 1991** 3-A Iowa City, City High (Dave Novotny-Erik Frank-Steve Kurth-Josh Briggs-Mike Robinson)  
2-A Shenandoah-Essex (Chris Willeman-Aaron Widger-Neil Shull-Brian Lee-Mick Sederburg)  
1-A Williamsburg (Brad Dubbels-Shane Sandersfeld-Tony Folkmann-Brian Fetzer-Tyson Greiner)
- 1992** 3-A Iowa City, City High (Erik Frank-Steve Kurth-Jason Keese-Nile Heefner-Sam Argall)  
2-A Decorah (Brent McGrew-Lynnfered Begay-Greg Suhr-Matt Svenson-Terry Hageman)  
1-A St. Albert, Council Bluffs (Corey Stock-Phil Hasenkamp-Shawn Jones-Danny Stock-Jason Smith)
- 1993** 3-A Iowa City, City High (Steve Kurth-Mike Robinson-Sam Argall-Ryan Slebos-A.J. Johnson)  
2-A Waukon (Adam Kolsrud-Mike Cunningham-Kevin Egan-Chris Hoisington-Joey Zimmerli)  
1-A Regina, Iowa City (T.J. Craig-Brett Jondle-Brian Donohoe-Marty Nozena-Matt Bielicke)
- 1994** 3-A Iowa City, City High (Ross Conklin-Jesse Ammerman-Ryan Slebos-Tim Ocheltree-John McMurray)  
2-A Humboldt (Jon Lindaman-Chris Taylor-Mike Staver-Michael Carlson-Trent Biederman)  
1-A Denver (Josh Illian-Clint Coberly-Aaron Homan-Jeff Brettman-Dave Hansen)

Championship Team Runners cont'd

- 1995** 3-A Dubuque, Senior (Rob Brock-Trent Corey-David Repass-Nate Smith-Christian Borgwardt)  
2-A Waukon (Nick Nordheim-Chris Hoisington-Mike Cunningham-Abe Regan-Brad Peter)  
1-A Iowa Mennonite School, Kalona (J.J. Roetlin-Brian Miller-Randy Ho-Joel Beachy-David Huerta)
- 1996** 3-A Iowa City, City High (Mark McPherson-John Hensley-T.J. Elbert-Luke Young-Jacob Smith)  
2-A Waukon (Nick Nordheim-Mike Cunningham-Chris Hoisington-Brad Peter-Abe Regan)  
1-A Calamus-Wheatland (Tait Steines-Josh Maxwell-Kerry Burzlaff-Camden Bousset-Jeff Leinen)
- 1997** 3-A Iowa City, City High (Bob Moreno-John Farlinger-David Rogers-John Hensley-Eric Mittman)  
2-A Waukon (Justin Larson-Eddie Frick-Steve Winters-Joe Johnson-Chris Beardmore)  
1-A Regina, Iowa City (Justin Kron-Cam Messier-Tony Bothell-Matt McCue-Jason Figg)
- 1998** 3-A Dubuque, Senior (Tim Orris-Chris Borgwardt-Jim Rang-Chris Coffey-Tyler Borgwardt)  
2-A Waukon (Eddie Frick-Cody Kammeyer-Kirk Deal-Ben Stamper-Josh Tweedy)  
1-A Regina, Iowa City (Cam Messier-Tony Bothell-Masashi Shiokawa-Matt McCue-Spencer Kathol)
- 1999** 3-A Iowa City, City High (Eric Mittman-Bob Moreno-Paul Kresowik-Quincy Ely-Cate-Jeff Spence)  
2-A Waukon (Eddie Frick-Kirk Deal-Ben Stamper-Cody Kammeyer-Justin Lyons)  
1-A West Sioux, Hawarden (Jerod Bruget-Dan Huitink-Ryan Koopmans-Derek Bockelman-Greg Schouten)
- 2000** 3-A Iowa City, City High (Jeremy Mims-Jon Lamb-Quincy Ely-Cate-Mark Kresowik-Bo Rydze)  
2-A Central Clinton (Matt Niemann-Shawn Dunnegan-Kevin Hansen-Tyler Mueller-Mitch Hansen)  
1-A Wapsie Valley (Andrew Westendorf-Ryan Cox-Josh Moen-Keith Brunscheon-Mike Leehey)
- 2001** 3-A Des Moines, Roosevelt (Andy Johnson-Austin Williamson-Dave Deng-Thom Waters-Pat Tonka)  
2-A Central Clinton, DeWitt (Tyler Mueller-Shawn Dunnegan-Mitch Hanson-Zach Betz-Ben Hall)  
1-A Bennett-Durant (Justin Buesing-Kaylon Spengler-Chad August-Adam Price-Jack Flack)
- 2002** 3-A Des Moines, Roosevelt (Austin Williamson-Kiel Uhl-Jon Thomas-Yawusa Kinda-Jeremiah Donga)  
2-A Waukon (Junior Swart-Andy Schon-Tom Cunningham-Eric Osterhaus-Corbett Grimstad)  
1-A Nodaway Valley (Mark Holan-Micah Holan-Heath Brown-Lance Queck-Alan Miller)
- 2003** 4-A Des Moines, Roosevelt (Jon Thomas-Kiel Uhl-Austin Williamson-Thom Walters-Jeremiah Donga)  
3-A Wahlert, Dubuque (Ryan Dolan-John Page-Brian Kocj-Matt Ross-Andrew Weber)  
2-A Western Christian, Hull (Brett Kroeze, Derek Kraayenbrink-Zach VanGinkel-Aaron Teerink-Darin Keizer)  
1-A Regina, Iowa City (Tom Ries-Matt Larew-Michael Sinkey-John Dwyer-Chase Wombacher)
- 2004** 4-A Cedar Falls (Brian Chenoweth-Steve Arntson-Dan Chenoweth-Jason Mitchell-D.J. Gillrett)  
3-A Wahlert, Dubuque (Ryan Dolan-Scott Breifelder-Jacob Bahl-Tyler Meyer-Brian Koch)  
2-A Regina, Iowa City (Robert Ingram-Michale Sinkey-John Dwyer-Jeff Ross-Tom Ries)  
1-A Wapsie Valley, Fairbank (Corey Happel-Chris Moen-Ethan Conner-Kory Heineman-Lee Schnedier)
- 2005** 4-A Cedar Falls (Steve Arntson,-Jason Mitchell-Alex Mark-Patrick Davis-Jason Knox)  
3-A Mount Vernon-Lisbon (Jake Vozenilek-Eyasu Russell-Keeghan Kuhn-Fitsum Russell-Aaron Schmidt)  
2-A Western Christian, Hull (Dalton Lems-Zach Van Ginkel-Jon Bierma-Darin Keizer-Josh Van Grouw)  
1-A Wapsie Valley, Fairbank (Keith Ryan- Kory Heineman,-Corey Happel,-Ethan Conner-John Schmitz)
- 2006** 4-A Pleasant Valley (Devin Allbaugh-Blake Irwin-Jordan Lang-Charlie Paul-Mike Hemming)  
3-A Xavier, Cedar Rapids (Aaron May-Bryan Washburn-Ryan Knapp-Dan McDermott-Phil Anton)  
2-A South Winneshiek, Calmar (Sam Hogenson-Ian Lienau-Adam Hageman-Brett Losen-Mike Schwan)  
1-A Regina, Iowa City (Bob Ingram-Jeff Ross-Nick Synan-Shawn Sexton-Bryan McGivern)
- 2007** 4-A Pleasant Valley (Devin Allbaugh-Charlie Paul-Austin O'Brien-Blake Irwin-Jacob Barker)  
3-A Xavier, Cedar Rapids (Aaron May-Dan McDermott-Brennan McAllister-Austin Steil-Phil Anton)  
2-A Monticello (Nate Dotterweich-Jud Schnieder-Tim Peters-Devin Spensley-Jamie Cooper)  
1-A Regina, Iowa City (Nick Synan-Jeff Ross-Shawn Sexton-Daniel Bonthius-Grant Luense)
- 2008** 4-A Pleasant Valley (Austin O'Brien-Zach Bozman-Matt Rubins-Tyler Meske-Cody Doughman)  
3-A Algona (Chad Rutledge-Ryan McMahon-Mitchell Davis-Kyle Walker-Alex Kenne)  
2-A Spirit Lake (Alec Baldwin-Keith Byers-Tyler Gustafson-Jesse Baldwin-Mitchell O'Neill)  
1-A South Winneshiek, Calmar (Brett Losen-John Ameling-Ian Lienau-Easton Kuboushek-Tim Baldwin)
- 2009** 4-A Burlington (Marshall Moyer-JT McCarthy-Kaleb Sterler-Ben Witt-Josh Minard)  
3-A Pella (Zach Buchheit-Jon Klein-Zach Wittenberg-Nathan Buchheit-Jon Verhoef)

Championship Team Runners cont'd

	2-A	Spirit Lake (Alec Baldwin-Will Norris-Brandon Griffin-Mitchell O'Neill-Keith Byers)
	1-A	Iowa Mennonite School, Kalona (Bill Spencer-Truman Shetler-Seth Miller-Ben Wyse-Drew Powell)
<b>2010</b>	4-A	Prairie, Cedar Rapids (Matt Stocker-Kyle Stocker-Jordan Burns-Justin Burns-Jacob Aune)
	3-A	Wahlert, Dubuque (Brien Nugent-Mike Lieb-Peter Herber-Danny May-Buddy Franson)
	2-A	Regina, Iowa City (Brennan Bogert-David Crompton-Liam Hartley-Matt Edeker-Alex Kumor)
	1-A	Northern University High, Cedar Falls (Terry Nielsen-Trai O'Connell-Brandon Culmore-Riley Garcia-Tad Klenske)
<b>2011</b>	4-A	Dowling Catholic, WDM (Cole Decker-Jason Thomas-Jeff DeRocher-Brian Wahlig-Spencer Clark)
	3-A	Pella (Zach Buchheit-Evan Jones-Alex Ropes-Wade Pingel-Tucker Bogaard)
	2-A	Monticello (Michael Melchert-Ben Ahlrichs-JJ Frawley-Tiler Streets-Dallas Lumpa)
	1-A	St. Albert, Council Bluffs (Josh Sindelar-George Doll-Scott Thuelen-Pat Martin-Gus Doll)
<b>2012</b>	4-A	Dowling Catholic, WDM (Jason Thomas-Jeff DeRocher-Spencer Clark-Lukas Steffensmeier-Brian Wahlig)
	3-A	Decorah (Kyle Hosting-Patrick Larson-Ethan Pankow-Thomas Knobbe-Isaac Marquardt)
	2-A	Monticello (Michael Melchert-Nick Meyers-JJ Frawley-Dallas Lumpa-Tiler Streets)
	1-A	St. Albert, Council Bluffs (Josh Sindelar-Scott Thuelen-Evan Siegrist-Adam Christensen-Gus Doll)

**INDIVIDUAL CHAMPIONS - YEAR-BY-YEAR**

Note: Some year's times and first names were not available  
 Note: Information listed by year is the actual year. Example 1931 is the date of the meet run in the 1931-32 school year

			<b>2 miles</b>
<b>1922</b>		Gerald Vincent, Ottumwa .....	NT
<b>1923</b>		Gerald Vincent, Ottumwa .....	NT
<b>1924</b>		Ralph Cozine, Iowa City, University High .....	NT
<b>1925</b>		Ralph Cozine, Iowa City, University High .....	NT
<b>1926</b>		Ralph Cozine, Iowa City, University High .....	NT
<b>1927</b>		Van Epps, Iowa City, University High .....	NT
<b>1928</b>		John Garnes, Muscatine .....	NT
<b>1929</b>		John Garnes, Muscatine .....	NT

**First Official IHSAA Meet in 1930**

			<b>1.9 miles</b>
<b>1930</b>		(tie) John Garnes & Bob McElroy, Muscatine .....	11:00.5
<b>1931</b>		Warren King, Muscatine .....	11:12.3
<b>1932</b>		Matthew Bolsem, Oskaloosa .....	10:40.6
<b>1933</b>		Dale Wood, Mechanicsville .....	10:55.7
<b>1934</b>		John Beebe, Ottumwa .....	10:44.4
<b>1935</b>		Vernon (Mike) Evans, Des Moines, East .....	NT
<b>1936</b>		Vernon (Mike) Evans, Des Moines, East .....	10:40.4
<b>1937</b>	A	Carl Gustafson, Des Moines, East .....	10:51.5
	B	Marvin Davis, Lamont .....	NT
	C	Paul Hammill, LeClaire .....	NT
<b>1938</b>	A	Vernon Matsen, Ames .....	11:19.3
	B	George Vacik, West Branch .....	11:15.0
	C	Raymond (Berl) Edmundson, Thornburg .....	12:07.4
<b>1939</b>	A	Harold Goebel, Knoxville .....	10:29.8
	B	Richard Wilson, Adel .....	10:20.6
	C	Raymond (Berl) Edmundson, Thornburg .....	10:34.3
<b>1940</b>	A	Louis Loper, Council Bluffs, Abraham Lincoln .....	10:35.2
	B	Lynn Frazier, Iowa City, University High .....	10:42.4
	C	Raymond (Berl) Edmundson, Thornburg .....	10:45.0
<b>1941</b>	A	William McLennon, Dubuque .....	11:17.2
	B	Fred Zoller, Iowa City, University High .....	11:37.6
	C	William Jackson, Minburn .....	12:06.7
<b>1942</b>	A	Martin Grandquist, Des Moines, East .....	11:33.2
	B	Edward Smith, Iowa City, University High .....	12:54.0
	C	No Race Contested	

Individual Champions - Year-by-Year cont'd

1943	A	Vance Walters, Des Moines, East .....	11:13.5
	B	John Oxley, Marion .....	11:26.7
	C	Don Gemberling, Mechanicsville .....	11:38.4
1944	A	Paul Sloan, Des Moines, East .....	10:58.0
	B	Richard Terrell, Iowa City, University High .....	10:58.0
	C	Kelvin Robinson, Mechanicsville .....	10:59.0
1945	A	Paul Sloan, Des Moines, East .....	10:26.4
	B	Richard Terrell, Iowa City, University High .....	11:19.5
	C	Kelvin Robinson, Mechanicsville .....	11:29.8
1946	A	Jack Davis, Iowa City .....	10:32.7
	B	Raymond Petersen, Marion .....	10:57.5
	C	Jack O'Meara, Delmar .....	11:07.0
1947	A	Jack Davis, Iowa City .....	NT
	B	<i>Not contested due to weather</i>	
	C	<i>Not contested due to weather</i>	
1948	AA	Charles Whitaker, Council Bluffs, Abraham Lincoln .....	10:51.4
	A	Ocie Trimble, Cedar Rapids, Roosevelt .....	10:13.0
	B	Dick McConnell, Nevada .....	11:17.6
	C	Bill Lamp, Charlotte .....	12:06.8
1949	AA	Don Murray, Des Moines, East .....	10:44.0
	A	Larry Manary, Fairfield .....	11:14.6
	B	Richard Hotz, Marion .....	12:22.8
	C	Neal Bottger, Ollie .....	12:30.0
1950	AA	Don Murray, Des Moines, East .....	10:05.7
	A	Tom Burch, Des Moines, Tech .....	10:26.9
	B	Dick Rupert, Monroe .....	10:13.0
	C	Garold Ryan, Underwood .....	10:43.5
1951	AA	John Aller, Dowling Catholic, Des Moines .....	<b>1.8 miles</b> 9:46.2
	A	Bill Fleuher, Charles City .....	10:39.6
	B	Garold Ryan, Underwood .....	9:50.1
	C	Burton Moore, Stanley .....	10:41.2
1952	AA	Caesar Smith, Des Moines, North .....	9:27.5
	A	Jerry Walker, Marion .....	10:04.0
	B	Jerry Crosser, Eldora .....	11:49.8
	C	Garold Ryan, Underwood .....	10:06.5
1953	AA	Caesar Smith, Des Moines, North .....	9:31.1
	A	Jerry Walker, Marion .....	9:27.2
	B	Dan Munson, Eldora .....	10:29.6
	C	Paul Ryan, Underwood .....	10:16.7
1954	AA	Bruce Trimble, Cedar Rapids, Roosevelt .....	9:38.1
	A	Dick Jacobs, Marion .....	10:39.6
	B	Homer Lattimer, LeClaire .....	10:13.2
	C	Delos Swanson, Sheffield .....	9:56.9
1955	AA	Brian Travis, Des Moines, Tech .....	9:21.9
	A	Deryl King, West Des Moines .....	9:58.6
	B	Homer Lattimer, LeClaire .....	9:30.6
	C	Bob Hough, Underwood .....	10:02.2
1956	AA	Harry Olson, Decorah .....	9:13.7
	A	Deryl King, West Des Moines .....	9:48.2
	B	Homer Lattimer, LeClaire .....	9:35.5
	C	Bill Eno, Sheffield .....	10:10.9

*Individual Champions - Year-by-Year cont'd*

<b>1957</b>	AAA	Tom Rivers, Sioux City, Central .....	9:10.3
	AA	Jessie Fitch, Council Bluffs, Abraham Lincoln .....	9:32.7
	A	Deryl King, West Des Moines .....	9:32.5
	B	John Raveling, Saydel .....	10:03.0
	C	Richard Beaver, Cedar .....	10:05.1
<b>1958</b>	AAA	Ralph Trimble, Cedar Rapids, Jefferson .....	9:06.7
	AA	Ron Olson, Decorah .....	9:14.6
	A	John Raveling, Saydel .....	9:29.1
	B	Arvene Bradley, Hedrick .....	9:48.9
	C	Loren Jasper, Fremont .....	9:49.1
<b>1959</b>	AAA	Clark Betts, Des Moines, East .....	9:17.5
	AA	Ron Olson, Decorah .....	9:25.3
	A	John Raveling, Saydel .....	9:29.5
	B	Ron Hough, Underwood .....	9:51.3
	C	Earl Hanselman, LuVerne .....	9:55.9
<b>1960</b>	AAA	Don Rivers, Sioux City, Central .....	9:10.0
	AA	Larry Ancell, Oskaloosa .....	9:06.5
	A	Tom Good, Winterset .....	9:44.5
	B	Joe Henderson, South Page, College Springs .....	9:08.6
	C	John Schade, LuVerne .....	10:41.5
<b>1961</b>	AAA	Don Rivers, Sioux City, Central .....	9:18.2
	AA	John Readout, Marshalltown .....	9:27.7
	A	Ed Eneboe, West Sioux, Hawarden .....	9:39.5
	B	Obie Thompson, Lamoni .....	9:40.7
	C	Art Hoffman, Klemme .....	10:13.9
<b>1962</b>	AAA	David Lee, Des Moines, Tech .....	9:02.5
	AA	Ron Griffith, Valley, West Des Moines .....	9:03.7
	A	Curtis LaBond, Ankeny .....	9:42.8
	B	Dennis Reed, Anita .....	9:40.1
	C	Bernard Schade, LuVerne .....	9:44.0
<b>1963</b>	AAA	Dave Compton, Sioux City, Central .....	9:11.1
	AA	Ron Griffith, Valley, West Des Moines .....	8:56.0
	A	Curtis LaBond, Ankeny .....	9:35.1
	B	Dan Bolin, South Page, College Springs .....	9:39.6
	C	John Parker, Bayard .....	9:46.1
<b>1964</b>	AAAA	Dave Compton, Sioux City, Central .....	9:10.7
	AAA	Ken Gallagher, Marshalltown .....	9:16.9
	AA	James Bowerman, Sheldon .....	9:39.3
	A	Don Greiner, Pekin, Packwood .....	9:33.3
	B	Tom Denny, Anita .....	9:16.4
C	Larry Sellers, Russell .....	9:51.5	
<b>1965</b>	AAAA	Doug Smith, Sioux City, Central .....	8:51.8
	AAA	Joe Rohach, Marshalltown .....	9:13.7
	AA	Paul Fish, Red Oak .....	9:25.1
	A	Daryl Rockey, Urbandale .....	9:31.1
	B	Richard Jensen, Madrid .....	9:33.1
C	Joseph Byrne, Charles City, Immaculate Conception .....	9:56.2	
<b>1966</b>	AAAA	Doug Smith, Sioux City, Central .....	9:02.2
	AAA	Joe Rohach, Marshalltown .....	9:13.6
	AA	Dan Sanders, Humboldt .....	9:05.3
	A	Calvin Coohy, Aquin, Cascade .....	9:43.2
	B	Bernie Hughes, Farragut .....	9:42.8
C	Doug Beck, Preston .....	9:45.1	

*Individual Champions - Year-by-Year cont'd*

**2 miles**

<b>1967</b>	AAAA	Doug Smith, Sioux City, Central .....	9:52.1
	AAA	Chuck Schneider, Columbus Catholic, Waterloo .....	10:07.4
	AA	Bob Wilson, Red Oak .....	10:30.0
	A	Dan Sanders, Humboldt .....	10:13.3
	B	Rick O'Rourke, Villisca .....	10:30.0
	C	Mike Cassidy, Miles .....	10:36.1
<b>1968</b>	AAAA	Tom Carrizales, Des Moines, Tech .....	10:04.5
	AAA	Dave Krantz, Columbus Catholic, Waterloo .....	9:58.6
	AA	Tom Kiely, Urbandale .....	10:16.7
	A	Mark Aschim, Decorah .....	10:05.3
	B	Rick O'Rourke, Villisca .....	10:15.4
	C	Mike Cassidy, Miles .....	10:18.6
<b>1969</b>	AAAA	Mark Johnson, Mason City .....	10:00.0
	AAA	Dave Krantz, Columbus Catholic, Waterloo .....	9:42.2
	AA	Dennis Schultz, West Delaware, Manchester .....	10:03.1
	A	Chuck Cassell, Bishop Garrigan, Algona .....	10:06.7
	B	Steve Sundell, Odebolt-Arthur .....	10:18.6
	C	Rick O'Rourke, Villisca .....	10:19.9
	D	Curt Hoegh, Elk Horn-Kimballton .....	10:13.6
<b>1970</b>	AAAA	Mark Johnson, Mason City .....	9:53.3
	AAA	Tom Schoberg, Bishop Heelan, Sioux City .....	9:56.0
	AA	Paul Hanson, Indianola .....	10:26.9
	A	Dave Bell, Eagle Grove .....	10:06.8
	B	Charley Rump, Aquinas, Fort Madison .....	10:25.3
	C	Mark Skahill, Villisca .....	10:18.3
	D	Art Milliken, Hedrick .....	10:55.2
<b>1971</b>	AAAA	Mark Johnson, Mason City .....	9:33.9
	AAA	Bob Connell, Columbus, Waterloo .....	9:40.1
	AA	Larry Moore, Urbandale .....	10:14.9
	A	David Bell, Eagle Grove .....	9:53.0
	B	Steve MacTaggart, Starmont, Strawberry Point .....	10:14.1
	C	Mark Skahill, Villisca .....	10:21.3
	D	Phil Coppess, Oxford Junction .....	10:19.4
<b>1972</b>	AAAA	Mark Johnson, Mason City .....	9:40.8
	AAA	Dale Hanen, Columbus Catholic, Waterloo .....	9:57.6
	AA	Mark Bishop, Indianola .....	10:10.2
	A	Leo Meade, Mount Pleasant .....	10:03.1
	B	Steve MacTaggart, Starmont, Strawberry Point .....	10:03.0
	C	Brian Tindall, Pleasantville .....	10:18.0
	D	Mike Arey, Preston .....	10:28.9
<b>1973</b>	AAAA	Jim Eicken, Davenport, Central .....	9:42.0
	AAA	Mark Grover, Ames .....	10:00.1
	AA	Boyd Nansel, Lewis Central .....	10:03.0
	A	Randy Wilson, Knoxville .....	9:59.5
	B	Mike Cregeen, Clarinda .....	10:25.0
	C	Doug Grave, Boyden-Hull .....	10:23.9
	D	Mark Hughes, Delwood, Elwood .....	10:17.9
<b>1974</b>	AAAA	Jim Eicken, Davenport, Central .....	9:28.0
	AAA	Joe Burke, Columbus Catholic, Waterloo .....	9:30.5
	AA	Mark Bishop, Indianola .....	9:46.1
	A	Steve Ostwinkle, Algona .....	9:55.7
	B	Dan Owen, Adel-DeSoto .....	10:04.0
	C	Joe Strohmman, English Valleys, North English .....	10:09.5
	D	Mark Hughes, Delwood, Elwood .....	10:04.0
<b>1975</b>	AAAA	Rich Fuller, Davenport, Central .....	9:29.0
	AAA	Randy Jackson, Iowa City, City High .....	9:30.0

Individual Champions - Year-by-Year cont'd

	AA	Gene McGivern, Assumption, Davenport .....	9:48.0
	A	Blair Renfro, Shenandoah .....	9:46.0
	B	Brett Eggert, Tipton .....	9:54.0
	C	Jim Hansen, Dike .....	9:52.0
	D	Dwayne Camarigg, Sanborn .....	10:13.0
<b>1976</b>	AA	Jim McCauley, Bishop Heelan, Sioux City .....	9:44.0
	A	Rick McKean, Missouri Valley .....	9:58.0
	B	Jim Hansen, Dike .....	10:01.0
	C	Larry Hellman, Bancroft, St. John's .....	10:38.0
<b>1977</b>	AA	Mike Diment, Des Moines, Hoover .....	10:05.2
	A	Jim Zinnel, Algona .....	10:10.6
	B	Jon Betz, North Polk, Alleman .....	10:16.3
	C	Tom Peacher, Cardinal Stritch, Keokuk .....	10:29.6
<b>1978</b>	AA	Kirk Anderson, Mason City .....	9:50.0
	A	Wally Duffy, Shenandoah .....	9:38.0
	B	Steve Greiner, Pekin, Packwood .....	9:57.0
	C	Tom Peacher, Cardinal Stritch, Keokuk .....	10:07.0

The First IHSAA-IGSAU Joint State Championships Was in 1979

<b>1979</b>	AA	Bill Thiesen, Dowling Catholic, West Des Moines .....	9:46.7
	A	Tim Wilson, Osceola, Clarke .....	9:36.0
	B	Mike Martin, Sac City .....	10:02.5
	C	Dan Schreck, Cardinal Stritch, Keokuk .....	10:11.2
<b>1980</b>	AA	Bill Thiesen, Dowling, West Des Moines .....	9:36.0
	A	Tim Wilson, Clarke, Osceola .....	9:40.0
	B	Danny Bauer, English Valleys, North English .....	10:09.6
	C	Marty Gingerich, Iowa Mennonite School, Kalona .....	10:19.2
<b>1981</b>	3-A	Jeff Jacobs, Clinton .....	9:33.0
	2-A	Bill Kerkeart, Sheldon .....	9:48.8
	1-A	Brian Hawes, Kee, Lansing .....	10:08.7
<b>1982</b>	3-A	Bob Soule, Bishop Heelan, Sioux City .....	9:40.8
	2-A	Mike Grevengoed, Western Christian, Hull .....	9:57.6
	1-A	David Juhl, Dike .....	10:08.2
<b>1983</b>	3-A	Jerry Anderson, Valley, West Des Moines .....	9:42.6
	2-A	Mike Kooistra, Western Christian, Hull .....	9:48.7
	1-A	Trent Timson, Northern University High, Cedar Falls .....	9:52.6
<b>1984</b>	3-A	Mike Holms, Valley, West Des Moines .....	9:47.4
	2-A	Paul Bunnell, Central Lee, Argyle .....	10:04.2
	1-A	Trent Timson, Northern University High, Cedar Falls .....	9:54.6
<b>1985</b>	3-A	Mike Holms, Valley, West Des Moines .....	9:56.5
	2-A	Dwaine Heppler, Sheldon .....	10:15.1
	1-A	Jeff Hammons, Iowa Valley, Marengo .....	9:47.4
<b>1986</b>	3-A	Brad Wall, Clinton .....	9:57.2
	2-A	Mark Brown, Grinnell .....	10:13.1
	1-A	Dan Krall, West Branch .....	10:07.5
<b>1987</b>			<b>5,000 meters</b>
	3-A	Dave Ladehoff, Clinton .....	15:37.1
	2-A	Greg Brower, Red Oak .....	16:09.5
	1-A	Dan Krall, West Branch .....	16:06.3
<b>1988</b>	3-A	Kurt Lightner, Des Moines, East .....	15:59.8
	2-A	Stacey Detar, Albia .....	16:06.6
	1-A	Mark Hammons, Iowa Valley, Marengo .....	16:14.0



Individual Champions - Year-by-Year cont'd

<b>1989</b>	3-A	Dean Colony, Iowa City, West .....	16:01.9
	2-A	Jeremy Carter, Sheldon .....	16:15.9
	1-A	Denny Halligan, West Sioux, Hawarden .....	16:18.3
<b>1990</b>	3-A	Jonathan Estabrook, Muscatine .....	16:26.0
	2-A	Jeff Joiner, Waukon .....	16:38.0
	1-A	Andy Goodman, West Marshall, State Center .....	16:46.0
<b>1991</b>	3-A	Simeon Wright, Dubuque, Senior .....	16:15.0
	2-A	Brent McGrew, Decorah .....	16:36.7
	1-A	Bill Blay, Griswold .....	16:35.6
<b>1992</b>	3-A	Simeon Wright, Dubuque, Senior .....	15:25.7
	2-A	Brent McGrew, Decorah .....	16:09.3
	1-A	Bill Blay, Griswold .....	16:16.2
<b>1993</b>	3-A	Jason Carpenter, Dubuque, Senior .....	15:29.0
	2-A	Gary Flugum, Forest City .....	15:56.1
	1-A	Marty Dalton, Tri-Center, Neola .....	15:57.2
<b>1994</b>	3-A	Rob Brock, Dubuque, Senior .....	15:34.8
	2-A	Jesse Sand, Cedar Rapids, Regis .....	15:55.2
	1-A	Chris Schaefer, Lincoln, Stanwood/Clarence-Lowden .....	15:56.9
<b>1995</b>	3-A	Rob Brock, Dubuque, Senior .....	15:36.0
	2-A	Dan Reis, Turkey Valley, Jackson Junction .....	15:53.0
	1-A	Scott Stanley, Malvern .....	16:10.0
<b>1996</b>	3-A	Trent Corey, Dubuque, Senior .....	15:14.0
	2-A	Dan Reis, Turkey Valley, Jackson Junction .....	15:45.0
	1-A	Tait Steines, Calamus-Wheatland .....	16:02.0
<b>1997</b>	3-A	Chris Francois, Davenport, North .....	15:05.0
	2-A	Nick Herman, Ballard, Huxley .....	15:43.0
	1-A	Ryan Pence, Eldora-New Providence .....	15:56.0
<b>1998</b>	3-A	Chris Francois, Davenport, North .....	15:31.0
	2-A	Joe Hughes, South Tama County, Tama .....	16:06.0
	1-A	Adam Sundall, Bishop Garrigan, Algona .....	15:58.0
<b>1999</b>	3-A	Grant Shadden, Marshalltown .....	15:05.0
	2-A	Dan Van Engen, Unity Christian, Orange City .....	15:39.0
	1-A	Nick Rubel, Marquette, Bellevue .....	16:13.0
<b>2000</b>	3-A	Ben Glaser, Dowling Catholic, West Des Moines .....	15:22.0
	2-A	Aaron Hamilton, Eagle Grove .....	16:04.0
	1-A	Dan Van Engen, Unity Christian, Orange City .....	15:46.0
<b>2001</b>	3-A	Dan Taylor, Fort Dodge .....	15:25.0
	2-A	Dylan Davis, A-D-M, Adel .....	15:49.0
	1-A	Jon Ries, Turkey Valley, Jackson Junction .....	15:57.0
<b>2002</b>	3-A	Ryan McCurnin, Mason City .....	15:21.0
	2-A	Dylan Davis, A-D-M, Adel .....	15:47.0
	1-A	Aaron Hamilton, Eagle Grove .....	16:05.0
<b>2003</b>	4-A	Jon Thomas, Des Moines, Roosevelt .....	15:18.0
	3-A	Ben Grant, Epworth, Western Dubuque .....	15:29.0
	2-A	Jacob Berns, MFL, MarMac .....	16:15.0
	1-A	Eric Sink, Corning .....	15:57.0
<b>2004</b>	4-A	Kiel Uhl, Des Moines, Roosevelt .....	15:26.0
	3-A	Ryan Dolan, Wahlert, Dubuque .....	16:16.0
	2-A	Dan Mayer, West Central Valley, Stuart .....	16:42.0

*Individual Champions - Year-by-Year cont'd*

	1-A	Tim McKenna, NUH, Cedar Falls .....	16:50.0
<b>2005</b>	4-A	Stephen Dak, Marshalltown .....	15:32.0
	3-A	Isaac Wendland, Charles City .....	16:31.0
	2-A	Dan Mayer, West Central Valley, Stuart .....	16:31.0
	1-A	Nathan Petesch, Marquette Catholic, Bellevue .....	16:36.0
<b>2006</b>	4-A	Stephen Dak, Marshalltown .....	15:05.0
	3-A	Isaac Wendland, Charles City .....	16:06.0
	2-A	Nate Dotterweich, Monticello.....	16:22.0
	1-A	Nick Gallagher, Bedford .....	16:04.0
<b>2007</b>	4-A	Devin Allbaugh, Pleasant Valley .....	15:39.0
	3-A	Isaac Wendland, Charles City .....	15:47.0
	2-A	Nate Dotterweich, Monticello.....	15:43.0
	1-A	Aaron Vosberg, Prairie Valley, Gowrie .....	15:56.0
<b>2008</b>	4-A	J.T. McCarthy, Burlington .....	15:21.0
	3-A	Evan Selsor, Winterset .....	15:30.0
	2-A	Eric Thien, Tipton .....	16:17.0
	1-A	Drew Sikkema, Prince of Peace, Clinton.....	15:58.0
<b>2009</b>	4-A	Marshall Moyer, Burlington .....	15:48.0
	3-A	Brogan Austin, Boone.....	15:35.0
	2-A	Garret Ehlers, OA-BCIG .....	16:08.0
	1-A	Bill Spencer, Iowa Mennonite School, Kalona .....	16:26.0
<b>2010</b>	4-A	Kevin Lewis, Ottumwa.....	15:20.0
	3-A	Johnny Fuller, Glenwood.....	15:26.0
	2-A	Alex Baldwin, Spirit Lake .....	16:12.0
	1-A	Bill Spencer, Iowa Mennonite School, Kalona .....	15:54.0
<b>2011</b>	4-A	Ben Anderson, Valley, West Des Moines .....	15:02.0
	3-A	Zach Buchheit, Pella.....	15:09.9
	2-A	Keith Byers, Spirit Lake .....	15:36.0
	1-A	Levi Störjohann, BCLUW, Conrad.....	15:57.0
	WC	Jordan Houdeshell, Linn-Mar, Marion .....	17:04.0
<b>2012</b>	4-A	Jason Thomas, Dowling Catholic, WDM .....	15:02.0
	3-A	Chandler Austin, Boone.....	15:24.0
	2-A	Will Norris, Spirit Lake .....	15:25.0
	1-A	Josh Sindelar, St. Albert, Council Bluffs .....	16:15.0
	WC	Jordan Houdeshell, Linn-Mar, Marion .....	18:26.0

**ALPHABETICAL LIST OF PAST INDIVIDUAL CHAMPIONS**

Allbaugh, Devin .....	Pleasant Valley 2007
Aller, John .....	Dowling, Des Moines 1951
Ancell, Larry .....	Oskaloosa 1960
Anderson, Ben .....	Valley, West Des Moines 2011
Anderson, Jerry .....	Valley, West Des Moines 1983
Anderson, Kirk.....	Mason City 1978
Arey, Mike .....	Preston 1972
Aschim Mark .....	Decorah 1968
Austin, Brogan.....	Boone 2009
Austin, Chandler.....	Boone 2012
Baldwin, Alec.....	Spirit Lake 2010
Bauer, Danny.....	English Valleys, North English 1980
Beaver, Richard.....	Cedar 1957
Beck, Doug .....	Preston 1966
Beebe, John .....	Ottumwa 1934
Bell, David (2).....	Eagle Grove 1970, 71

Individual Champions - Year-by-Year cont'd

Berns, Jacob .....	MFL, MarMac 2003
Betts, Clark .....	Des Moines, East 1959
Betz, Jon .....	North Polk, Alleman 1977
Bishop, Mark (2) .....	Indianola 1972, 74
Blay, Bill (2) .....	Griswold 1991, 92
Bolin, Dan .....	South Page, College Springs 1963
Bolsem, Matthew .....	Oskaloosa 1932
Bottger, Neal .....	Ollie 1949
Bowerman, James .....	Sheldon 1964
Bradley, Arvene .....	Hedrick 1958
Brock, Rob (2) .....	Dubuque Senior 1994, 95
Brower, Greg .....	Red Oak 1987
Brown, Mark .....	Grinnell 1986
Buchheit, Zach .....	Pella 2011
Bunnell, Paul .....	Central Lee, Argyle 1984
Burch, Tom .....	Des Moines, Tech 1950
Burke, Joe .....	Columbus, Waterloo 1974
Byers, Keith .....	Spirit Lake 2011
Byrne, Joseph .....	Charles City, Immaculate Conception 1965
Camarigg, Dwayne .....	Sanborn 1975
Carpenter, Jason .....	Dubuque, Senior 1993
Carrizales, Tom .....	Des Moines, Tech 1968
Carter, Jeremy .....	Sheldon 1989
Cassell, Chuck .....	Bishop Garrigan, Algona 1969
Cassiday, Mike (2) .....	Miles 1967, 68
Colony, Dean .....	Iowa City, West 1989
Compton, Dave (2) .....	Sioux City, Central 1963, 64
Connell, Bob .....	Columbus, Waterloo 1971
Coohy, Calvin .....	Aquin, Cascade 1966
Coppess, Phil .....	Oxford Junction 1971
Corey, Trent .....	Dubuque, Senior 1996
Cregeen, Mike .....	Clarinda 1973
Crosser, Jerry .....	Eldora 1952
Dak, Stephen (2) .....	Marshalltown 2005, 2006
Dalton, Marty .....	Tri-Center, Neola 1993
Davis, Dylan (2) .....	A-D-M, Adel 2001, 02
Davis, Jack (2) .....	Iowa City, University High 1946, 47
Davis, Marvin .....	Lamont 1937
Denny, Tom .....	Anita 1964
Detar, Stacey .....	Albia 1988
Diment, Mike .....	Des Moines, Hoover 1977
Dolan, Ryan .....	Wahlert, Dubuque, 2004
Dotterweich, Nate (2) .....	Monticello 2006, 07
Duffy, Wally .....	Shenandoah 1978
Edmundson, Raymond (Berl) (3) .....	Thornburg 1938, 39, 40
Eggert, Brett .....	Tipton 1975
Ehlers, Garret .....	OA-BCIG 2009
Eicken, Jim (2) .....	Davenport, Central 1973, 74
Eneboe, Ed .....	West Sioux, Hawarden 1961
Eno, Bill .....	Sheffield 1956
Estabrook, Jonathan .....	Muscatine 1990
Evans, Vernon (Mike) (2) .....	Des Moines, East 1935, 36
Fish, Paul .....	Red Oak 1965
Fitch, Jessie .....	Council Bluffs, Abraham Lincoln 1957
Fleuher, Bill .....	Charles City 1951
Flugum, Gary .....	Forest City 1993
Francois, Chris (2) .....	Davenport, North 1997, 98
Frazier, Lynn .....	Iowa City, University High 1940
Fuller, Johnny .....	Glenwood 2010
Fuller, Rich .....	Davenport, Central 1975

Individual Champions - Alphabetical cont'd

Gallagher, Ken .....	Marshalltown 1964
Gallagher, Nick .....	Bedford 2006
Garnes, John .....	Muscatine 1930 (tie with teammate Bob McElroy)
Gemberling, Don .....	Mechanicsville 1943
Gingerich, Marty .....	Iowa Mennonite, Kalona 1980
Glaser, Ben .....	Dowling Catholic, West Des Moines 2000
Goebel, Harold .....	Knoxville 1939
Good, Tom .....	Winterset 1960
Goodman, Andy .....	West Marshall, State Center 1990
Grandquist, Martin .....	Des Moines, East 1942
Grant, Ben .....	Epworth, Western Dubuque 2003
Grave, Doug .....	Boyden-Hull 1973
Greiner, Don .....	Pekin, Packwood 1964
Greiner, Steve .....	Pekin, Packwood 1978
Grevengoed, Mike .....	Western Christian, Hull 1982
Griffith, Ron (2) .....	Valley, West Des Moines 1962,63
Grover, Mark .....	Ames 1973
Gustafson, Carl .....	Des Moines, East 1937
Halligan, Denny .....	West Sioux, Hawarden 1989
Hamilton, Aaron (2) .....	Eagle Grove 2000, 2002
Hammill, Paul .....	LeClaire 1937
Hammons, Jeff .....	Iowa Valley, Marengo 1985
Hammons, Mark .....	Iowa Valley, Marengo 1988
Hansen, Dale .....	Columbus, Waterloo 1972
Hanselman, Earl .....	LuVerne 1959
Hansen, Jim (2) .....	Dike 1975, 76
Hanson, Paul .....	Indianola 1970
Hawes, Brian .....	Kee, Lansing 1981
Hellman, Larry .....	Bancroft, St John 1976
Henderson, Joe .....	South Page, College Springs 1960
Heppler, Dwaine .....	Sheldon 1985
Herman, Nick .....	Ballard, Huxley 1997
Hoegh, Curt .....	Elk Horn-Kimballton 1969
Hoffman, Art .....	Klemme 1961
Holms, Mike (2) .....	Valley, West Des Moines 1984, 85
Hotz, Richard .....	Marion 1949
Hough, Bob .....	Underwood 1955
Hough, Ron .....	Underwood 1959
Hughes, Bernie .....	Farragut 1966
Hughes, Joe .....	South Tama County, Tama 1998
Hughes, Mark (2) .....	Delwood, Elwood 1973, 74
Jackson, William .....	Minburn 1941
Jackson, Randy .....	Iowa City, City High 1975
Jacobs, Dick .....	Marion 1954
Jacobs, Jeff .....	Clinton 1981
Jasper, Loren .....	Fremont 1958
Jensen, Richard .....	Madrid 1965
Johnson, Mark (4) .....	Mason City 1969, 70, 71, 72
Joiner, Jeff .....	Waukon 1990
Juhl, David .....	Dike 1982
Kerkeart, Bill .....	Sheldon 1981
Kielty, Tom .....	Urbandale 1969
King, Warren .....	Muscatine 1931
King, Deryl (3) .....	Valley, West Des Moines 1955, 56, 57
Kooistra, Mike .....	Western Christian, Hull 1983
Krall, Dan (2) .....	West Branch 1986, 87
Krantz, Dave (2) .....	Columbus, Waterloo 1968, 69
LaBond, Curtis (2) .....	Ankeny 1962, 63
Ladehoff, Dave .....	Clinton 1987
Lamp, Bill .....	Charlotte 1948
Lattimer, Homer (3) .....	LeClaire 1954, 55, 56

Individual Champions - Alphabetical cont'd

Lee, David .....	Des Moines, Tech 1962
Lewis, Kevin .....	Ottumwa 2010
Lightner, Kurt .....	Des Moines, East 1988
Loper, Louis .....	Council Bluffs, Abraham Lincoln 1940
Ludeen, John .....	Vinton 1936
MacTaggart, Steve (2) .....	Starmont, Strawberry Point 1971, 72
Manary, Larry .....	Fairfield 1949
Martin, Mike .....	Sac City 1979
Matsen, Vernon .....	Ames 1938
Mayer, Dan (2) .....	West Central Valley, Stuart 2004, 05
McCarthy, J.T. ....	Burlington 2008
McCaughey, Jim .....	Bishop Heelan, Sioux City 1976
McConnell, Dick .....	Nevada 1948
McCurnin, Ryan .....	Mason City 2002
McElroy, Bob .....	Muscatine 1930 (tie with teammate John Garnes)
McGivern, Gene .....	Assumption, Davenport 1975
McGrew, Brent (2) .....	Decorah 1991, 92
McKean, Rick .....	Missouri Valley 1976
McKenna, Tim .....	NUH, Cedar Falls 2004
McLennon, William .....	Dubuque 1941
Meade, Leo .....	Mount Pleasant 1972
Milliken, Art .....	Hedrick 1970
Moore, Burton .....	Stanley 1951
Moore, Larry .....	Urbandale 1971
Moyer, Marshall .....	Burlington 2009
Munson, Dan .....	Eldora 1953
Murray, Don (2) .....	Des Moines, East 1949, 50
Nansel, Boyd .....	Lewis Central 1973
Norris, Will .....	Spirit Lake 2012
Olson, Harry .....	Decorah 1956
Olson, Ron (2) .....	Decorah 1958, 59
O'Meara, Jack .....	Delmar 1946
Ostwinkle, Steve .....	Algona 1974
O'Rourke, Rick (3) .....	Villisca 1967, 68, 69
Owen, Dan .....	Adel-DeSoto 1974
Oxley, John .....	Marion 1943
Parker, John .....	Bayard 1963
Peacher, Tom (2) .....	Cardinal Stritch, Keokuk 1977, 78
Pence, Ryan .....	Eldora-New Providence 1997
Petersen, Raymond .....	Marion 1946
Peteschn, Nathan .....	Marquette Catholic, Bellevue 2005
Raveling, John (3) .....	Saydel 1957, 58, 59
Readout, John .....	Marshalltown 1961
Reed, Dennis .....	Anita 1962
Reis, Dan (2) .....	Turkey Valley, Jackson Jct 1995, 96
Reis, Jon .....	Turkey Valley, Jackson Jct. 2001
Renfro, Blair .....	Shenandoah 1975
Rivers, Don (2) .....	Sioux City, Central 1960, 61
Rivers, Tom .....	Sioux City, Central 1957
Robinson, Kelvin (2) .....	Mechanicsville 1944, 45
Rockey, Daryl .....	Urbandale 1965
Rohach, Joe (2) .....	Marshalltown 1965, 66
Rubel, Nick .....	Marquette, Bellevue 1999
Rump, Charley .....	Aquinas, Fort Madison 1970
Rupert, Dick .....	Monroe 1950
Ryan, Garold (3) .....	Underwood 1950, 51, 52
Ryan, Paul .....	Underwood 1953
Sand, Jesse .....	Cedar Rapids, Regis 1994
Sanders, Dan (2) .....	Humboldt 1966, 67
Schade, Bernard .....	LuVerne 1962

Individual Champions - Alphabetical cont'd

Schade, John .....	LuVerne 1960
Schaefer, Chris .....	Lincoln, Stanwood/Clarence-Lowden 1994
Schneider, Chuck .....	Columbus, Waterloo 1967
Schoberg, Tom .....	Bishop Heelan, Sioux City 1970
Schreck, Dave .....	Cardinal Stritch, Keokuk 1979
Schultz, Dennis .....	West Delaware, Manchester 1969
Sellers, Larry .....	Russell 1964
Selsor, Evan .....	Winterset 2008
Shadden, Grant .....	Marshalltown 1999
Sikkema, Drew .....	Prince of Peace, Clinton 2008
Sindelar, Josh .....	St. Albert, Council Bluffs 2012
Sink, Eric .....	Corning 2003
Skahill, Mark (2) .....	Villisca 1970, 71
Sloan, Paul (2) .....	Des Moines, East 1944, 45
Smith, Edward .....	Iowa City, University High 1942
Smith, Caesar (2) .....	Des Moines, North 1952, 53
Smith, Doug (3) .....	Sioux City, Central 1965, 66, 67
Soule, Bob .....	Bishop Heelan, Sioux City 1982
Spencer, Bill (2) .....	Iowa Mennonite School, Kalona 2009, 10
Stanley, Scott .....	Malvern 1995
Steines, Tait .....	Calamus-Wheatland 1996
Storjohann, Levi .....	BCLUW, Conrad 2011
Strohman, Joe .....	English Valleys, North English 1974
Sundall, Adam .....	Bishop Garrigan, Algona 1998
Sundell, Steve .....	Odebolt-Arthur 1969
Swanson, Delos .....	Sheffield 1954
Taylor, Dan .....	Fort Dodge 2001
Terrell, Richard (2) .....	Iowa City, University High 1944, 45
Thiesen, Bill (2) .....	Dowling Catholic, West Des Moines 1979, 80
Thomas, Jason .....	Dowling Catholic, West Des Moines 2012
Thomas, Jon .....	Des Moines Roosevelt 2003
Thompson, Obie .....	Lamoni 1961
Timson, Trent (2) .....	NUH, Cedar Falls 1983, 84
Tindall, Brian .....	Pleasantville 1972
Travis, Brian .....	Des Moines, Tech 1955
Trimble, Bruce .....	Cedar Rapids, Roosevelt 1954
Trimble, Ocie .....	Cedar Rapids, Roosevelt 1948
Trimble, Ralph .....	Cedar Rapids, Jefferson 1958
Uhl, Kiel .....	Des Moines Roosevelt 2004
Vacik, George .....	West Branch 1938
Van Engen, Dan (2) .....	Unity Christian, Orange City 1999, 2000
Vosberg, Aaron .....	Prairie Valley, Gowrie 2007
Walker, Gerald (Jerry) (2) .....	Marion 1952, 53
Wall, Brad .....	Clinton 1986
Walters, Vance .....	Des Moines, East 1943
Wendland, Isaac (3) .....	Charles City 2005, 2006, 2007
Whitaker, Charles .....	Council Bluffs, Abraham Lincoln 1948
Wilson, Bob .....	Red Oak 1967
Wilson, Randy .....	Knoxville 1973
Wilson, Richard .....	Adel 1939
Wilson, Tim (2) .....	Clarke, Osceola 1979, 80
Wood, Dale .....	Mechanicsville 1933
Wright, Simeon (2) .....	Dubuque, Senior 1991, 92
Zinnel, Jim .....	Algona 1977
Zollar, Frank .....	Iowa City, University High 1941

**INDIVIDUAL WHEELCHAIR CHAMPIONS**

Jordan Houdeshell (2)..... Linn-Mar 2011, 12

## Coaches of State Championship Teams

Altfillisch, John (2) .....	Clarinda 1962, 63
Arens, Jerry .....	Cresco, Notre Dame 1971
Augustine, Mike (5) .....	Des Moines, East 1937, 41, 42, 43, 49
Becker, Jerry (2) .....	Eagle Grove 1984, 87
Becker, Troy (2) .....	Cedar Falls 2004, 05
Belby, Erik (3) .....	Pleasant Valley 2006, 07, 08
Bergan, Bill .....	Columbus Catholic, Waterloo 1969
Bjorkgren, Paul (2) .....	Underwood 1953, 54
Bottorff, Gary (5) .....	Kee, Lansing 19809, 81, 82, 88, 89
Boughton, Jim (3) .....	Dubuque, Senior 1987, 95, 98
Bouma, Glenn (2) .....	Unity Christian, Orange City 1977, 83
Boyle, George (4) .....	Aquinas, Fort Madison 1970, 71, 78, 79
Brechler, Paul .....	Iowa City, University High 1942
Brown, Bob (5) .....	Regina, Iowa City 1993, 97, 98, 2003, 04
Brown, David .....	Lincoln Central, Gruver 1966
Brown, Steve (3) .....	Des Moines, Roosevelt 2001, 02, 03
Brown, Victor .....	Napier 1948
Buelt, Ron .....	Cardinal Stritch, Keokuk 1980
Burmeister, Darrell .....	Nodaway Valley 2002
Carpenter, Dr. M.F. (3) .....	Iowa City, University High 1940, 41, 43
Caviness, D.W. ....	Clarinda 1956
Chew, Fee .....	Council Bluffs, Abraham Lincoln 1948
Clefish, Dale .....	Sheldon 1981
Coberly, Curt .....	Denver 1994
Collinge, Cole .....	Cedar Falls 1969
Conway, Scott (2) .....	South Winneshiek, Calmar 2006, 08 (co-coach)
Cretzmeyer, F.X. (3) .....	Des Moines, North 1944, 45, 46
Cutler, Douglas (2) .....	Pella 2009, 11
Davidshofer, Robert (6) .....	Aquin, Cascade 1965, 66, 75; Cascade 83, 85, 86
Day, Jesse .....	Davenport 1951
Dean, Ken (5) .....	Marshalltown 1960, 61, 64, 65, 66
Dennison, Steve .....	Calamus-Wheatland 1996
DeVault, Dale (4) .....	Eldora 1952, 53, 54; BCL, Conrad 1969
Dollar, Ambrose .....	Underwood 1952
Dotson, Dick .....	Waterloo, West 1970
Dunsworth, Ira .....	Davenport, Central 1971
Eidahl, Davis (3) .....	Anita 1963; Pekin, Packwood 1967, 68
Elinger, I.A. ....	Cedar Rapids, Roosevelt 1951
Elslager, Vern .....	Mechanicsville 1945
Evelzizer, Dennis .....	Decorah 2012
Exline, Dan .....	Menlo 1957
Fiete, James .....	Garnavillo 1970
Fitzgerald, Mike (5) .....	Decorah 1972, 74, 76, 77, 78
Fitzpatrick, Jim .....	Newman Catholic, Mason City 1979
Freeze, Jim .....	Tri-County, Thornburg 1972
Geery, Henry .....	Saydel 1957
Gemberling, D.C. (2) .....	Mechanicsville 1943, 44
Gingerich, Marty .....	Iowa Mennonite School, Kalona 2009
Graves, Ray (5) .....	Shenandoah 1974, 75, 88, 89, 91
Halligan, Steve .....	West Sioux, Hawarden 1999
Heidelbauer, Harlan (7) .....	Waukon 1993, 95, 96, 97, 98, 99, 2002
Heinitz, Tim (2) .....	Spirit Lake 2008, 09
Henningsen, Roger (3) .....	Odebolt-Arthur 1961, 62, 64
Hetrick, Jim (2) .....	Central Clinton, DeWitt 2000, 2001
Hipple, Les (9) .....	Marion 1945, 46, 48, 49, 50, 51, 52, 53, 54
Hofman, Jim .....	Burlington 2009
Holsclaw, Bill (6) .....	Clinton 1976, 79, 81, 82, 84, 86

Coaches of Championship Teams - Alphabetical cont'd

Horton, Tom (3) .....	Wahlert, Dubuque 2003, 04, 10
Hospers, Eugene .....	Western Christian, Hull 1982
Hostetler, Mark .....	Iowa Mennonite, Kalona 1995
Hummel, Phil (2) .....	Woodbine 1986, 87
Hunn, Leonard .....	Muscatine 1930
Hyke, Charles (2) .....	LeClaire 1955, 56
Ives, Tim (2) .....	Dowling Catholic, WDM 2011, 12
Jankovitz, Robert .....	Des Moines, Hoover 1977
Johanson, Roger .....	Mount Vernon-Lisbon 2005
Johnson, Doug .....	Anita 1964
Joslin, Doug (2) .....	Marshalltown 1974, 75
Juhl, Richard (2) .....	Dike 1973, 74
Karpan, Tom (2) .....	Valley, West Des Moines 1955, 62
Kauder, Andrew (2) .....	Xavier, Cedar Rapids 2006, 07
Kearney, Kevin (2) .....	South Winneshiek, Calmar 2006, 08 (co-coach)
Kellenberger, Bill .....	Assumption, Davenport 1974
Kjome, George (7) .....	Decorah 1957, 58, 59, 64, 66, 67, 68
Koenigsfeld, Lou .....	Charles City, Immaculate Conception 1965
Kroeze, Dan (2) .....	Western Christian, Hull 2003, 05
Kruger, Arlen (2) .....	Miles 1968, 69
Kruse, Bill .....	Sheldon 1971
Kurth, E.A. ....	LeClaire 1940
Landas, Darryl (2) .....	Decorah 1990, 92
Larsen, Buck .....	Chariton 1969
Lee, Robert (5) .....	Garnavillo 1972, 73, 78; NUH, Cedar Falls 1984, 85
Lindaman, Rich .....	Humboldt 1994
Linder, Dave .....	Des Moines, Hoover 1970
Long, Dave (4) .....	Sheffield-Chapin 1962, 63; Mason City 1972, 73
Lyle, Jim (3) .....	Des Moines, North 1950, 52, 53
Manship, Truman .....	Charles City 1951
Maresh, Steve (2) .....	Iowa City, City High 1997, 99
Masche, Robert .....	North Winneshiek, Decorah 1967
Matthaidess, Troy .....	Wapsie Valley 2005
McClure, Robert .....	Elliott 1955
McCord, Jim .....	Centerville 1979
McCormick, Eugene .....	Fremont 1950
McGaffin, Charles .....	Winterset 1960
McVicker, Doug .....	Farragut 1966
Millikin, Harlan (2) .....	Ames 1967, 68
Mitts, Ron (3) .....	Johnston 1971, 72, 73
Morris, Mary .....	Bennett-Durant 2001
Morrison, Dick .....	Red Oak 1966
Mortimer, Randall .....	Minburn 1941
Murtle, Rodney .....	Madrid 1965
Neill, Craig .....	Lewis Central, Council Bluffs 1973
Nelson, Irving .....	Mechanicsville 1946
Newell, Don .....	Ottumwa 1940
Noll, Don .....	Sanborn 1974
Norris, Bill (2) .....	Ollie 1949; Oskaloosa 1957
Obermiller, Ray (6) .....	Sioux City, Central 1957, 58, 61, 63, 64, 65
Ormston, Bill .....	Ankeny 1969
Palmer, Gayle (2) .....	Urbandale 1968, 70
Peterson, Duane .....	West Sioux, Hawarden 1961
Peterson, Roger .....	Odebolt-Arthur 1975
Phelan, Steve (2) .....	Wapsie Valley, Fairbank 2000, 04
Pollitt, Richard .....	BGM, Brooklyn 1970
Provorse, Bob (2) .....	Sioux City, Central 1966, 67



Coaches of State Championship Teams Alphabetical cont'd

Prussman, Noel .....	Muscatine 1990
Rannals, Al .....	Klemme 1961
Ray, David .....	Miles 1964
Reifenrath, Darrell .....	Central Lyon, Rock Rapids 1969
Reingardt, Will .....	Northern University High, Cedar Falls 2010
Reis, Mike .....	Red Oak 1967
Rogers, Mel .....	Underwood 1959
Sage, Dave (2) .....	Waverly-Shell Rock 1975, 80
Salberg, Chris .....	South Page, College Springs 1960
Sausser, Dan (3) .....	Monticello 2007, 11, 12
Schafer, Roy .....	Fairfield 1949
Schippers, John .....	Marion 1958
Schroeder, Don .....	Muscatine 1978
Schwarz, Bill .....	Prairie, Cedar Rapids 2010
Schweizer, Frank (2) .....	Dowling, West Des Moines 1974, 85
Shadle, Fred .....	Osage 1970
Shaffer, Clayton (2) .....	Bancroft, St. John's 1976, 77
Shorey, John .....	St. Albert, Council Bluffs 1992
Silvey, Chuck (6) .....	Des Moines, Tech 1954, 55, 56, 59, 60, 62
Sinram, Mike .....	Jesup 1990
Skay, Jayme (3) .....	Iowa City High 1997, 99, 2000
Sletten, John (4) .....	Ames 1973, 75, 83, 89
Snell, Leland .....	Des Moines, Tech 1950
Stanton, Walt (2) .....	South Page, College Springs 1959; Red Oak 65
Stidolph, Robert .....	Monroe 1950
Stolze, Greg .....	Williamsburg 1991
Stoppels, Paul .....	Grinnell 1963
Stults, Greg .....	Knoxville 1980
Swails, Sara .....	Iowa City, West 1988
Swope, Chad (3) .....	Regina, Iowa City 2006, 07, 10
Tassell, Dennis .....	Cedar Valley, Somers 1967
Tuttle, Vaughn .....	Stanley 1951
VanderBerg, Rich .....	Unity Christian, Orange City 1976
VanderLinden, Bob .....	Des Moines, Lincoln 1968
Vogelgesang, Dave .....	Tipton 1975
Wedemeyer, Ross .....	Iowa City, University High 1944
Wehrkamp, Glen (2) .....	Sheffield-Chapin 1956, 58
Weidman, Bob (2) .....	St. Albert, Council Bluffs 2011, 12
Werling, Ron (2) .....	Indianola 1971, 72
Wessels, Wayne (2) .....	Columbus, Waterloo 1971, 72
Whitmore, Tom .....	Milford 1973
Wickett, Bryce (4) .....	LuVerne 1958, 59, 60, 62
Williams, A.L. (Bud) (5) .....	Iowa City, City High 1991, 92, 93, 94, 96
Wolfe, Don .....	Cedar Rapids, Roosevelt 1948

## SCHOOLS BOASTING IHSAA INDIVIDUAL STATE CHAMPIONS

ADM, Adel .....	3	Hedrick .....	2
Albia .....	1	Humboldt .....	2
Algona .....	2	Immaculate Conception, Charles City .....	1
Ames .....	2	Indianola .....	3
Anita .....	2	Iowa City, City High .....	2
Ankeny .....	2	Iowa City, University High .....	5
Aquin, Cascade .....	1	Iowa City, West .....	1
Aquinas, Fort Madison .....	1	Iowa Mennonite School, Kalona .....	3
Assumption, Davenport .....	1	Iowa Valley, Marengo .....	1
Ballard, Huxley .....	1	Kee, Lansing .....	1
Bayard .....	1	Klemme .....	1
BCLUW, Conrad .....	1	Knoxville .....	2
Bedford .....	1	Lamoni .....	1
Bishop Garrigan, Algona .....	2	Lamont .....	1
Bishop Heelan, Sioux City .....	3	LeClaire .....	4
Boone .....	2	Lewis Central .....	1
Boyden-Hull .....	1	LuVerne .....	3
Burlington .....	2	Madrid .....	1
Calamus-Wheatland .....	1	Malvern .....	1
Cardinal Stritch, Keokuk .....	3	Marion .....	5
Cedar Falls .....	1	Marquette, Bellevue .....	2
Cedar Rapids, Jefferson .....	1	Marshalltown .....	7
Cedar Rapids, Regis .....	1	Mason City .....	6
Cedar Rapids, Roosevelt .....	2	Mechanicsville .....	3
Central Lee, Argyle .....	1	MFL, MarMac .....	1
Cedar Valley, Somers .....	1	Miles .....	2
Charles City .....	3	Minburn .....	1
Charlotte .....	1	Missouri Valley .....	1
Clarke, Osceola .....	2	Monroe .....	1
Clarinda .....	1	Monticello .....	2
Clinton .....	3	Mount Pleasant .....	1
Columbus Catholic, Waterloo .....	6	Muscatine .....	2
Corning .....	1	Nevada .....	1
Council Bluffs, Abraham Lincoln .....	3	Northern University High, Cedar Falls .....	2
Davenport, Central .....	3	North Polk, Alleman .....	1
Davenport, North .....	1	OA-BCIG .....	1
Decorah .....	6	Odebolt-Arthur .....	1
Delmar .....	1	Ollie .....	1
Delwood, Elwood .....	2	Oskaloosa .....	1
Des Moines, East .....	11	Ottumwa .....	2
Des Moines, Hoover .....	1	Oxford Junction .....	1
Des Moines, North .....	2	Pekin .....	2
Des Moines Roosevelt .....	1	Pella .....	1
Des Moines, Tech .....	4	Pleasant Valley .....	1
Dike .....	3	Pleasantville .....	1
Dowling Catholic, DM/West Des Moines .....	6	Preston .....	1
Dubuque, Senior .....	7	Prince of Peace, Clinton .....	1
Eagle Grove .....	4	Red Oak .....	3
Eldora .....	3	Russell .....	1
Elk Horn-Kimballton .....	1	Sac City .....	1
English Valleys, North English .....	2	Sanborn .....	1
Epworth, Western Dubuque .....	1	Saydel .....	3
Fairfield .....	1	Sheffield .....	2
Farragut .....	1	Sheldon .....	4
Forest City .....	1	Shenandoah .....	2
Fremont .....	1		
Glenwood .....	1		
Grinnell .....	1		
Griswold .....	2		

Schools Boasting Individual Champions cont'd

Sioux City, Central .....	8	Underwood .....	6
South Page, College Springs .....	2	Unity Christian, Orange City .....	2
South Tama County, Tama .....	1	Urbandale .....	3
Spirit Lake .....	3		
Stanley .....	1	Valley, West Des Moines) .....	9
Stanwood, Lincoln/Clarence-Lowden .....	1	Villisca .....	5
Starmont, Strawberry Point .....	2	Vinton .....	1
St. Albert, Council Bluffs .....	1		
St. John's, Bancroft .....	1	West Branch .....	3
		West Central Valley, Stuart .....	2
Thornburg .....	3	West Delaware, Manchester .....	1
Tipton .....	2	West Sioux, Hawarden .....	2
Tri-Center, Neola .....	1	Western Christian, Hull .....	2
Turkey Valley, Jackson Jct. ....	2	Wahlert, Dubuque .....	1
		Winterset .....	2

**TEAM RUNNER-UP YEAR BY YEAR**

\* runner-up even though two teams tied for first

<b>1922</b>	Fort Dodge		B None
<b>1923</b>	Ottumwa		C None
<b>1924</b>	Cedar Rapids, Washington		
<b>1925</b>	Iowa City, University High	<b>1944</b>	A Des Moines, East
<b>1926</b>	Ottumwa		B Washington
<b>1927</b>	Knoxville		C Zearing
<b>1928</b>	Muscatine	<b>1945</b>	A Des Moines, East
<b>1929</b>	Des Moines, East		B Iowa City, University High
			C Dayton
	<b>First IHSAA State Meet in 1930</b>	<b>1946</b>	A Iowa City
<b>1930</b>	Maquoketa		B Nevada
<b>1931</b>	Muscatine		C Delmar
<b>1932</b>	Muscatine	<b>1947</b>	<b>No team scores kept in classes</b>
<b>1933</b>	Cedar Rapids, Grant	<b>1948</b>	AA Des Moines, East
<b>1934</b>	(Tie) Ottumwa & Des Moines East		A Iowa City
<b>1935</b>	Ottumwa		B Nevada
<b>1936</b>	A Ottumwa		C Charlotte
	B Janesville (Finchford Cons.)	<b>1949</b>	AA Des Moines, North
<b>1937</b>	A Ames		A Cedar Rapids, Roosevelt
	B Vinton		B *Iowa City, University High
	C LeClaire		C None
<b>1938</b>	A Ottumwa	<b>1950</b>	AA Des Moines, East
	B Vinton		A Cedar Rapids, Roosevelt
	C Buffalo Center		B Iowa City, University
<b>1939</b>	A Ottumwa		C Ollie
	B Adel	<b>1951</b>	AA (T) DM, Dowling; DM, North
	C Thornburg		A *Cedar Rapids, McKinley
<b>1940</b>	A Fort Madison		B Grinnell
	B Williamsburg		C (T) Fremont; Oxford
	C Thornburg	<b>1952</b>	AA Cedar Falls
<b>1941</b>	A Knoxville		A Grinnell
	B No Team		B Garner
	C No Team		C Stanley
<b>1942</b>	A Cedar Rapids, Franklin		
	B (Tie) Redfield; Iowa Falls		
<b>1943</b>	A Keokuk		

Team Runners-up - Year-to-Year cont'd

<b>1953</b>	AA	Des Moines, East	B	Alta	
	A	Grinnell	C	Bayard	
	B	Osage			
	C	Stanley			
<b>1954</b>	AA	Des Moines, North	<b>1965</b>	AAAA	Davenport, West
	A	West Des Moines		AAA	Sioux City, East
	B	LeClaire		AA	Grinnell
	C	Sheffield		A	West Sioux, Hawarden
<b>1955</b>	AA	Des Moines, Lincoln		B	Fredericksburg
	A	Grinnell		C	Elwood
	B	Mount Vernon	<b>1966</b>	AAAA	Des Moines, Tech
	C	Gibson		AAA	Ames
<b>1956</b>	AA	Des Moines, Lincoln		AA	*Nevada
	A	West Des Moines		A	West Sioux, Hawarden
	B	Griswold		B	Madrid
	C	Grand Junction		C	Bellevue
<b>1957</b>	AAA	(T) DM, East; DM, Roosevelt	<b>1967</b>	AAAA	Des Moines, Tech
	AA	Des Moines, North		AAA	Columbus Catholic, Waterloo
	A	Cedar Falls		AA	Eagle Grove
	B	Sheffield		A	Aquin, Cascade
	C	South Page, College Springs		B	Prairie, Gowrie
<b>1958</b>	AAA	Cedar Rapids, Jefferson		C	*Miles
	AA	Cedar Falls	<b>1968</b>	AAAA	Davenport, West
	A	Odebolt-Arthur		AAA	Des Moines, Hoover
	B	Eldon		AA	Eagle Grove
	C	Gowrie		A	Prairie, Cedar Rapids
<b>1959</b>	AAA	Sioux City, Central		B	Beaman-Conrad
	AA	Oskaloosa		C	Elk Horn-Kimballton
	A	Clarinda	<b>1969</b>	AAAA	Davenport, West
	B	Sheffield		AAA	Des Moines, Hoover
	C	Agency		AA	West Delaware, Manchester
<b>1960</b>	AAA	Sioux City, Central		A	(T) Prairie, CR; Eagle Grove
	AA	Oskaloosa		B	Odebolt-Arthur
	A	West Des Moines		C	Montezuma
	B	Underwood		D	Pocahontas Catholic
	C	(T)Linn-Mar; So Hamilton, Randall	<b>1970</b>	AAAA	Cedar Falls
<b>1961</b>	AAA	Des Moines, Tech		AAA	Sioux City, East
	AA	Decorah		AA	Indianola
	A	Clarinda		A	Vinton, Washington
	B	Linn-Mar, Marion		B	Aquin, Cascade
	C	LuVerne		C	Villisca
<b>1962</b>	AAA	Sioux City, Central		D	Hedrick
	AA	Marshalltown	<b>1971</b>	AAAA	(T) Mason City; Dowling Catholic, WDM
	A	Grinnell		AAA	(T) Sx City, East; Bishop Heelan, Sx City
	B	*Underwood		AA	Grinnell
	C	Bayard		A	Eagle Grove
<b>1963</b>	AAA	Dubuque		B	North Fayette, West Union
	AA	Oskaloosa		C	Villisca
	A	Red Oak		D	Garnavillo
	B	Odebolt-Arthur	<b>1972</b>	AAAA	Marshalltown
	C	Bayard		AAA	Ames
<b>1964</b>	AAAA	Des Moines, Tech		AA	Assumption, Davenport
	AAA	Ames		A	Western Christian, Hull
	AA	Red Oak		B	Tipton
	A	West Sioux, Hawarden		C	Aquinas, Fort Madison
				D	MarMac, McGregor
			<b>1973</b>	AAAA	Davenport, West
				AAA	(T) Columbus Catholic, Waterloo;
					Dowling Catholic, WDM

Team Runners-up - Year-by-Year cont'd

	AA	Marion		<b>1986</b>	3-A	Dubuque, Senior
	A	Knoxville			2-A	Clear Lake
	B	Tipton			1-A	Brooklyn, BGM
	C	Thornburg				
	D	*MarMac, McGregor				
<b>1974</b>	AAAA	Davenport, Central		<b>1987</b>	3-A	Indianola
	AAA	Ames			2-A	Cascade
	AA	Charles City			1-A	Eldora-New Providence
	A	Algona		<b>1988</b>	3-A	Clinton
	B	Tipton			2-A	Centerville
	C	Unity Christian, Orange City			1-A	South Hamilton, Jewell
	D	Goldfield		<b>1989</b>	3-A	Muscatine
<b>1975</b>	AAAA	Waterloo, West			2-A	Waukon
	AAA	Dowling Catholic, WDM			1-A	Belmond
	AA	Boone		<b>1990</b>	3-A	Des Moines, East
	A	Decorah			2-A	Waukon
	B	West Sioux, Hawarden			1-A	No. University High, Cedar Falls
	C	Unity Christian, Orange City		<b>1991</b>	3-A	Iowa City, West
	D	Clinton, St. Mary's			2-A	St. Albert, Co. Bluffs
<b>1976</b>	2-A	Marshalltown			1-A	Clinton, Mater Dei
	1-A	(T) Centerville; Cherokee		<b>1992</b>	3-A	Dubuque, Senior
	B	Lake City			2-A	Waukon
	C	North Winneshiek, Decorah			1-A	Calamus-Wheatland
<b>1977</b>	2-A	Muscatine		<b>1993</b>	3-A	Dubuque, Senior
	1-A	Clarke, Osceola			2-A	Western Christian, Hull
	B	Cascade			1-A	Gilbert
	C	Cardinal Stritch, Keokuk		<b>1994</b>	3-A	Wahlert, Dubuque
<b>1978</b>	AA	Columbus Catholic, Waterloo			2-A	Waukon
	A	Cascade			1-A	Eagle Grove
	B	Newman Catholic, Mason City		<b>1995</b>	3-A	Cedar Falls
	C	Bancroft, St. John's			2-A	Humboldt
<b>1979</b>	2-A	Muscatine			1-A	Woodbine
	1-A	Pella Christian		<b>1996</b>	3-A	Cedar Falls
	B	Kee, Lansing			2-A	Nevada
	C	Cardinal Stritch, Keokuk			1-A	Iowa Mennonite School, Kalona
<b>1980</b>	2-A	(T)Clinton; Oelwein		<b>1997</b>	3-A	Dubuque, Senior
	1-A	Glenwood			2-A	Unity Christian
	B	Belle Plaine			1-A	Eldora-New Providence
	C	Cresco, Notre Dame		<b>1998</b>	3-A	Iowa City, City High
<b>1981</b>	3-A	Waverly-Shell Rock			2-A	Webster City
	2-A	Knoxville			1-A	Collins-Maxwell-Baxter
	1-A	BGM, Brooklyn		<b>1999</b>	3-A	Marshalltown
<b>1982</b>	3-A	Ames			2-A	Unity Christian, Orange City
	2-A	Cascade			1-A	Dike-New Hartford
	1-A	Gilbert		<b>2000</b>	3-A	Des Moines, Roosevelt
<b>1983</b>	3-A	Clinton			2-A	Waukon
	2-A	Grinnell			1-A	Regina, Iowa City
	1-A	No. University High, Cedar Falls		<b>2001</b>	3-A	Iowa City, City High
<b>1984</b>	3-A	Marshalltown			2-A	Mount Vernon-Lisbon
	2-A	Glenwood			1-A	Wapsie Valley
	1-A	Unity Christian, Orange City		<b>2002</b>	3-A	Valley, West Des Moines
<b>1985</b>	3-A	Clinton			2-A	Monticello
	2-A	Eagle Grove				
	1-A	Unity Christian, Orange City				

Team Runners-up - Year-by-Year cont'd

	1-A	Marquette Catholic, Bellevue		<b>2009</b>	4-A	Prairie, Cedar Rapids
					3-A	Boone
<b>2003</b>	4-A	Iowa City, City High			2-A	South Winneshiek, Calmar
	3-A	Mount Vernon-Lisbon			1-A	BCLUW, Conrad
	2-A	Nodaway Valley		<b>2010</b>	4-A	Dowling Catholic, WDM
	1-A	Midland, Wyoming			3-A	Knoxville
<b>2004</b>	4-A	Des Moines, Roosevelt			2-A	Spirit Lake
	3-A	Mount Vernon-Lisbon			1-A	Central, Elkader
	2-A	Western Christian, Hull		<b>2011</b>	4-A	Cedar Falls
	1-A	Central Elkader			3-A	Decorah
<b>2005</b>	4-A	Cedar Rapids, Kennedy			2-A	Gilbert
	3-A	Wahlert Catholic, Dubuque			1-A	West Lyon
	2-A	Clarinda		<b>2012</b>	4-A	Pleasant Valley
	1-A	Regina, Iowa City			3-A	Pella
<b>2006</b>	4-A	Marshalltown			2-A	North Polk
	3-A	Wahlert Catholic, Dubuque			1-A	Denver
	2-A	Monticello				
	1-A	Griswold				
<b>2007</b>	4-A	Des Moines, Roosevelt				
	3-A	Pella				
	2-A	Wilton				
	1-A	South Winneshiek, Calmar				
<b>2008</b>	4-A	Iowa City, City High				
	3-A	Pella				
	2-A	PCM, Monroe				
	1-A	Iowa Mennonite School, Kalona				

**IHSAA TEAM RUNNERS-UP - Alphabetically**

Adel .....	1939 .....	1
Agency .....	1959 .....	1
Algona .....	1974 .....	1
Alta .....	1964 .....	1
Ames .....	1937, 64, 66, 72, 74, 82 .....	6
Aquin, Cascade .....	1967, 70 .....	2
Aquinas, Fort Madison .....	1972 .....	1
Assumption, Davenport .....	1972 .....	1
Bancroft, St. John .....	1978 .....	1
Bayard .....	1962, 63, 64 .....	3
Beaman-Conrad .....	1968 .....	1
BCLUW, Conrad .....	2009 .....	1
Belle Plaine .....	1980 .....	1
Bellevue .....	1966 .....	1
Belmond .....	1989 .....	1
BGM, Brooklyn .....	1981, 86 .....	2
Bishop Heelan, Sioux City .....	1971 .....	1
Boone .....	1975, 2009 .....	2
Buffalo Center .....	1938 .....	1
Calamus-Wheatland .....	1992 .....	1
Cardinal Stritch, Keokuk .....	1977, 79 .....	2
Cascade .....	1977, 78, 82, 87 .....	4
Cedar Falls .....	1952, 57, 58, 70, 95, 96, 2011 .....	7
Cedar Rapids, Franklin .....	1942 .....	1
Cedar Rapids, Grant .....	1933 .....	1
Cedar Rapids, Jefferson .....	1958 .....	1
Cedar Rapids, Kennedy .....	2005 .....	1
Cedar Rapids, McKinley .....	1951 .....	1

Team Runners-up - Alphabetically cont'd

Cedar Rapids, Roosevelt .....	1949, 50 .....	2
Centerville .....	1976, 88 .....	2
Central, Elkader .....	2004, 10 .....	2
Charles City .....	1974 .....	1
Charlotte .....	1948 .....	1
Cherokee, Washington .....	1976 .....	1
Clarinda .....	1959, 61, 2005 .....	3
Clarke, Osceola .....	1977 .....	1
Clear Lake .....	1986 .....	1
Clinton .....	1980, 83, 85, 88 .....	4
Clinton, St. Mary's; Mater Dei .....	1975, 91 .....	2
CMB, Baxter .....	1998 .....	1
Columbus Catholic, Waterloo .....	1967, 73, 78 .....	3
Cresco, Notre Dame .....	1980 .....	1
Davenport, Central .....	1974 .....	1
Davenport, West .....	1965, 68, 69, 73 .....	4
Dayton .....	1945 .....	1
Decorah .....	1961, 75, 2011 .....	3
Delmar .....	1946 .....	1
Denver .....	2012 .....	1
Des Moines, East .....	1934, 44, 45, 48, 50, 53, 57, 90 .....	8
Des Moines, Hoover .....	1968, 69 .....	2
Des Moines, Lincoln .....	1955, 56 .....	2
Des Moines, North .....	1949, 51, 54, 57 .....	4
Des Moines, Roosevelt .....	1957, 2000, 04, 07 .....	4
Des Moines, Tech .....	1961, 64, 66, 67 .....	4
Dike-New Hartford .....	1999 .....	1
Dowling Catholic, West Des Moines .....	1951, 71, 73, 75, 2010 .....	5
Dubuque, Senior .....	1963, 86, 92, 93, 97 .....	5
Eagle Grove .....	1967, 68, 69, 71, 85, 94 .....	6
Eldon .....	1958 .....	1
Eldora-New Providence .....	1987, 97 .....	2
Elk Horn-Kimballton .....	1968 .....	1
Elwood .....	1965 .....	1
Fredericksburg .....	1965 .....	1
Fremont .....	1951 .....	1
Fort Madison .....	1940 .....	1
Garnavillo .....	1971 .....	1
Garner .....	1952 .....	1
Gibson .....	1955 .....	1
Gilbert .....	1982, 93, 2011 .....	3
Glenwood .....	1980, 84 .....	2
Goldfield .....	1974 .....	1
Grand Junction .....	1956 .....	1
Grinnell .....	1951, 52, 53, 55, 62, 65, 71, 83 .....	8
Griswold .....	1956, 2006 .....	2
Hedrick .....	1970 .....	1
Humboldt .....	1995 .....	1
Indianola .....	1970, 87 .....	2
Iowa City; Iowa City, City High .....	1946, 48, 98, 2001, 03, 08 .....	5
Iowa City, University High .....	1945, 49, 50 .....	3
Iowa City, West .....	1991 .....	1
Iowa Falls .....	1942 .....	1
Iowa Mennonite, Kalona .....	1996, 2008 .....	1
Janesville (Finchford Consolidated) .....	1936 .....	1
Kee, Lansing .....	1979 .....	1
Keokuk .....	1943 .....	1

Team Runners-up - Alphabetically cont'd

Knoxville .....	1941, 73, 81, 2010 .....	4
Lake City .....	1976 .....	1
LeClaire .....	1937, 54 .....	2
Linn-Mar, Marion .....	1960, 61 .....	2
LuVerne .....	1961 .....	1
Madrid .....	1966 .....	1
Maquoketa .....	1930 .....	1
Marion .....	1973 .....	1
Mar-Mac, McGregor .....	1972, 73 .....	2
Marquette, Bellevue .....	2002 .....	1
Marshalltown .....	1962, 72, 76, 84, 99, 2006 .....	6
Mason City .....	1971 .....	1
Midland, Wyoming .....	2003 .....	1
Miles .....	1967 .....	1
Montezuma .....	1969 .....	1
Monticello .....	2002, 06 .....	2
Mount Vernon .....	1955 .....	1
Mount Vernon-Lisbon .....	2001, 03, 04 .....	3
Muscatine .....	1931, 32, 77, 79, 89 .....	5
Nevada .....	1946, 48, 66, 96 .....	4
Newman Catholic, Mason City .....	1978 .....	1
Nodaway Valley .....	2003 .....	1
North Fayette, West Union .....	1971 .....	1
North Winneshiek, Decorah .....	1976 .....	1
North Polk .....	2012 .....	1
NUH, Cedar Falls .....	1983, 90 .....	2
Odebolt-Arthur .....	1958, 63, 69 .....	3
Oelwein .....	1980 .....	1
Ollie .....	1950 .....	1
Osage .....	1953 .....	1
Oskaloosa .....	1959, 60, 63 .....	3
Ottumwa .....	1934, 35, 36, 38, 39 .....	5
Oxford .....	1951 .....	1
PCM, Monroe .....	2008 .....	1
Pella .....	2007, 08, 12 .....	3
Pella Christian .....	1979 .....	1
Pleasant Valley .....	2012 .....	1
Pocahontas Catholic .....	1969 .....	1
Prairie, Cedar Rapids .....	2009 .....	1
Prairie, Gowrie .....	1958, 67, 68, 69 .....	4
Red Oak .....	1963, 64 .....	2
Redfield .....	1942 .....	1
Regina, Iowa City .....	2000, 05 .....	2
Sheffield .....	1954, 57, 59 .....	3
Sioux City, Central .....	1959, 60, 62 .....	3
Sioux City, East .....	1965, 70, 71 .....	3
South Hamilton, Jewell .....	1988 .....	1
South Hamilton, Randall .....	1960 .....	1
South Page, College Springs .....	1957 .....	1
South Winneshiek, Calmar .....	2007, 2009 .....	2
Spirit Lake .....	2010 .....	1
St. Albert, Council Bluffs .....	1991 .....	1
Stanley .....	1952, 53 .....	2
Thornburg .....	1939, 40, 73 .....	3
Tipton .....	1972, 73, 74 .....	3
Underwood .....	1960, 62 .....	2



Team Runners-up - Alphabetically cont'd

Unity Christian, Orange City .....	1974, 75, 84, 85, 97, 99 .....	6
Valley, West Des Moines .....	1954, 56, 60, 2002 .....	4
Villisca .....	1970, 71 .....	2
Vinton, Washington .....	1937, 38, 70 .....	3
Wahlert, Dubuque .....	1994, 2005, 06 .....	3
Wapsie Valley, Fairbank .....	2001 .....	1
Washington .....	1944 .....	1
Waterloo, West .....	1975 .....	1
Waukon .....	1989, 90, 92, 94, 2000 .....	5
Waverly-Shell Rock .....	1981 .....	1
Webster City .....	1998 .....	1
West Delaware, Manchester .....	1969 .....	1
West Lyon, Inwood .....	2011 .....	1
West Sioux, Hawarden .....	1964, 65, 66, 75 .....	4
Western Christian, Hull .....	1972, 73, 2004 .....	3
Williamsburg .....	1940 .....	1
Wilton .....	2007 .....	1
Woodbine .....	1995 .....	1
Zearing .....	1944 .....	1

**INDIVIDUAL RUNNERS-UP - YEAR-BY-YEAR**  
*Note: Some years only the winning time was recorded*

**2 Miles**

<b>1922</b>	Shipman, Fort Dodge
<b>1923</b>	Wallace Elliott, Iowa City
<b>1924</b>	McBaine, Fort Dodge
<b>1925</b>	Smith, Cedar Rapids, Grant
<b>1926</b>	Thomas Kelly, Parnell
<b>1927</b>	Ralph Cozine, Iowa City, University High
<b>1928</b>	Milo Wilson, Des Moines, East
<b>1929</b>	George Holmes, Des Moines, East

**(First Official IHSAA Meet, 1930)**

<b>1930</b>	John Garnes & Bob McElroy Muscatine (tied 1-2) .....	11:00.5
<b>1931</b>	Clarence Tesch, Grafton .....	NT
<b>1932</b>	Richard Beebe, Ottumwa .....	NT
<b>1933</b>	John Schmidt, Ottumwa .....	NT
<b>1934</b>	Frank Silver, Des Moines, East .....	NT

**1.9 Miles**

<b>1935</b>	Ray Davis, Oskaloosa .....	NT
<b>1936</b>	A Neal Hamilton, Oskaloosa .....	NT
	B Edwin Meyers, Iowa City, University High .....	NT
<b>1937</b>	A Laurence Inman, Oelwein .....	NT
	B Donald Spencer, Iowa City, University High .....	NT
	C Dale Winey, Clarence .....	NT
<b>1938</b>	A Stanley McCargar, Oskaloosa .....	NT
	B Charles Wright, Monticello .....	NT
	C Walter Maytag, Laurel .....	NT
<b>1939</b>	A Howard Goebel, Knoxville .....	NT
	B Charles Fetzer, Williamsburg .....	NT
	C Ralph Zepp, Martinsburg .....	NT
<b>1940</b>	A Albert Slater, Fort Madison .....	NT
	B Fred Zollar, Iowa City, University High .....	NT
	C Kenneth McFate, LeClaire .....	NT

*Individual Runners-up - Year-by-Year cont'd*

1941	A	Louis Loper, Council Bluffs, Abraham Lincoln .....	11:19.4
	B	Frank Zollar, Iowa City, University High .....	11:58.5
	C	Dee Thompson, Minburn .....	NT
1942	A	Howard Cole, Cedar Rapids, Franklin .....	NT
	B	Bob Hartsock, Iowa City, University High .....	NT
1943	A	Harold Williams, Des Moines, East .....	NT
	B	Richard Terrell, Iowa City University High .....	NT
	C	Kelvin Robinson, Mechanicsville .....	NT
1944	A	LawrenceSmith, Ottumwa .....	10:54.5
	B	Stanley Murray, Iowa City, University High .....	11:02.5
	C	Smith Oakes, Zeoring .....	11:30.1
1945	A	Keith Sanford, Cedar Rapids, Franklin .....	NT
	B	Russell Benedict, Marion .....	NT
	C	Casper Robinson, Mechanicsville .....	NT
1946	A	Bob Hoak, Des Moines, Roosevelt .....	NT
	B	Eugene Hastings, Marion .....	NT
	C	Vernon Svoboda, Mechanicsville .....	NT
1947		<b>One race run for all classes due to weather - no runner-up reported</b>	
1948	AA	George Sullivan, Des Moines, East .....	NT
	A	Stan Petrick, Cedar Rapids, Roosevelt .....	NT
	B	Allen Mally, Marion .....	NT
	C	Arthur Trumbower, Napier .....	NT
1949	AA	John Williams, Cedar Rapids, Franklin .....	NT
	A	Donald Jones, Cedar Rapids, Roosevelt .....	NT
	B	Allen Mally, Marion .....	NT
	C	Eugene Kessell, Ollie .....	NT
1950	AA	Galen Hassen, Council Bluffs, Abraham Lincoln .....	<b>2 Mile</b> NT
	A	Charles Bauserman, Cedar Rapids, Roosevelt .....	NT
	B	Richard Hotz, Marion .....	NT
	C	Roger Runkle, Ollie .....	NT
1951	AA	Carl Zimerman, Waterloo, West .....	<b>1.8 Miles</b> 9:48.4
	A	Roy Bever, Charles City .....	10:45.4
	B	Gerald Walker, Marion .....	10:11.1
	C	Harold Crowe, Fremont .....	10:43.1
1952	AA	John Aller, Dowling Catholic, DM .....	NT
	A	Charles DeLong, Grinnell .....	NT
	B	Clyde Callahan, Eldora .....	NT
	C	Ronny DeMuth, Stanley .....	NT
1953	AA	Ray Phares, Des Moines, Tech .....	NT
	A	Charles DeLong, Grinnell .....	NT
	B	Kenny Brock, Eldora .....	NT
	C	George Lee, Underwood .....	NT
1954	AA	Brian Travis, Des Moines, Tech .....	9:41.5
	A	Jim Hollis, West Des Moines .....	10:44.2
	B	Kenny Brock, Eldora .....	10:37.3
	C	George Lee, Underwood .....	10:05.7
1955	AA	Jim McFadden, Des Moines, North .....	9:38.0
	A	Laverne Latchem, Grinnell .....	10:06.0
	B	Gary Haltmeyer, Postville .....	9:58.0

Individual Runners-up - Year-by-Year cont'd

	C	Tommy Sentman, Ollie .....	NT
<b>1956</b>	AA	Tom Rivers, Sioux City, Central .....	NT
	A	John Woolson, Clarinda .....	NT
	B	Tom Tilton, LeClaire .....	NT
	C	Tommy Sentman, Ollie .....	NT
<b>1957</b>	AAAA	Ralph Trimble, Cedar Rapids, Jefferson .....	9:19.4
	AA	Konrad Billhardt, Oskaloosa .....	9:49.5
	A	Ronnie Olson, Decorah .....	9:34.7
	B	Don Storjahn, Underwood .....	10:19.0
	C	Raymond Miller, Menlo .....	10:33.0
<b>1958</b>	AAA	Eugene Rave, Sioux City, Central .....	NT
	AA	Wayne Benzinger, Decorah .....	NT
	A	Bill Lynn, West Des Moines .....	NT
	B	Jim Batterson, Eldon .....	NT
	C	Robert Powers, Norwalk .....	10:36.5
<b>1959</b>	AAA	David Brown, Des Moines, Tech .....	NT
	AA	Rich Corso, Iowa City High .....	NT
	A	Larry Kramer, Belmond .....	NT
	B	Bill Taylor, Sheffield-Chapin .....	NT
	C	Paul Gilligan, LuVerne .....	NT
<b>1960</b>	AAA	Richard Helm, Des Moines, Tech .....	NT
	AA	Don Bergan, Columbus Catholic, Waterloo .....	NT
	A	Roger McCay, Creston .....	NT
	B	Bill Taylor, Sheffield-Chapin .....	NT
	C	Paul Gilligan, LuVerne .....	NT
<b>1961</b>	AAA	Jim Wilson, Sioux City, Central .....	9:19.7
	AA	Don Bergan, Columbus Catholic, Waterloo .....	9:30.0
	A	Tim White, West Sioux, Hawarden .....	NT
	B	Danny Achenbach, Fremont-Mills, Tabor .....	NT
	C	Jerry Murray, Klemme .....	NT
<b>1962</b>	AAA	Kenny Messer, Des Moines, Roosevelt .....	NT
	AA	Don Bergan, Columbus Catholic, Waterloo .....	NT
	A	Merlin Lewis, Clarinda .....	NT
	B	Paul Wright, Iowa City, University High .....	NT
	C	Bob Coons, Linn-Mar, Marion .....	NT
<b>1963</b>	AAA	Ken Gallagher, Marshalltown .....	NT
	AA	Rollie Kitt, Kuemper Catholic, Carroll .....	NT
	A	Ronald Taylor, Clarinda .....	NT
	B	Dennis Reed, Anita .....	NT
	C	Bruce Penney, Preston .....	NT
<b>1964</b>	AAAA	Steve Gerkin, Sioux City, Central .....	9:19.1
	AAA	Rollie Kitt, Kuemper, Carroll .....	9:23.0
	AA	Galen Lininger, Clarinda .....	NT
	A	Tom Halboth, Odebolt-Arthur .....	NT
	B	Larry Ruggles, Anita .....	NT
	C	Gorden Hansen, Miles .....	NT
<b>1965</b>	AAAA	Steve Gerkin, Sioux City, Central .....	9:02.0
	AAA	Ted Fulk, Marshalltown .....	9:15.0
	AA	Stan Visser, Western Christian, Hull .....	9:26.0
	A	Keith Allen, Cardinal, Eldon .....	9:31.2
	B	Larry Ruggles, Anita .....	9:39.0
	C	Larry Sellers, Russell .....	10:00.0
<b>1966</b>	AAAA	Greg Coons, Sioux City, Central .....	9:12.0
	AAA	Denny McGuire, Columbus Catholic, Waterloo .....	9:18.5

Individual Runners-up - Year-by-Year cont'd

	AA	Dean Twedt, Nevada .....	9:11.9
	A	Larry Bockelman, West Sioux, Hawarden .....	9:46.5
	B	Jerry Lundquist, Sutherland .....	9:45.9
	C	Mike Origer, Lincoln Central, Gruver .....	9:47.8
			<b>2 Miles</b>
<b>1967</b>	AAAA	Lynn Lee, Mason City .....	10:09.5
	AAA	Greg Dengler, Ames .....	10:08.5
	AA	Lynn Ellis, Red Oak .....	10:34.2
	A	Mark Aschim, Decorah .....	10:19.8
	B	Larry Greiner, Pekin, Packwood .....	10:34.8
	C	Greg Wood, Meservey-Thornton .....	10:59.5
<b>1968</b>	AAAA	Arnold DeAnda, Davenport, Central .....	10:13.2
	AAA	Dave Powell, Ames .....	10:00.8
	AA	Bob Stauffer, Eagle Grove .....	10:19.0
	A	Dennis Ellingson, Decorah .....	10:15.9
	B	Roger Villers, Montezuma .....	10:29.6
	C	Curt Hoegh, Elk Horn-Kimballton .....	10:20.2
<b>1969</b>	AAAA	Pat Yochum, Dowling Catholic, Des Moines .....	10:04.9
	AAA	Rich Twedt, Des Moines, Hoover .....	9:48.9
	AA	Lee Schreurs, Ankeny .....	10:03.9
	A	Bob Stauffer, Eagle Grove .....	10:08.5
	B	Tim Williamson, Grundy Center .....	10:20.6
	C	Bob Schlieseman, BCL, Conrad .....	10:36.9
	D	Steve Seamer, Miles .....	10:14.2
<b>1970</b>	AAAA	Gene Bluedon, Davenport, West .....	10:03.2
	AAA	Don Akir, Sioux City, East .....	10:05.1
	AA	Dave Hanson, Grinnell .....	10:27.8
	A	Chuck Cassel, Bishop Garrigan, Algona .....	10:26.5
	B	Tim Williamson, Grundy Center .....	10:29.3
	C	Wayne Hammitt, Woodbine .....	10:52.6
	D	Dennis Capps, Hedrick .....	10:55.2
<b>1971</b>	AAAA	Gregg Newell, Davenport, Central .....	9:46.4
	AAA	Tom Schoberg, Bishop Heelan, Sioux City .....	9:44.2
	AA	Dave Hanson, Grinnell .....	10:21.7
	A	Rex Madsen, Sheldon .....	10:14.8
	B	Charles Rump, Aquinas, Fort Madison .....	10:15.4
	C	Don Longnecker, BGM, Brooklyn .....	10:29.1
	D	Dan Gingerich, MarMac, McGregor .....	10:42.4
<b>1972</b>	AAAA	Jeff Myers, Davenport, West .....	10:01.9
	AAA	Shane Dooley, Des Moines, Hoover .....	9:57.8
	AA	Mike Burns, Indianola .....	10:14.8
	A	Craig Hoden, Linn-Mar, Marion .....	10:03.7
	B	Brian Kenyon, Bishop Garrigan, Algona .....	10:12.6
	C	Chuck Baker, Dike .....	10:34.7
	D	Mark Hughes, Elwood .....	10:34.1
<b>1973</b>	AAAA	Edward Moreno, Davenport, Central .....	9:51.0
	AAA	Ed Newell, Sioux City, North .....	10:10.0
	AA	Mark Bishop, Indianola .....	10:17.0
	A	Mark Adamson, Cherokee, Washington .....	10:00.0
	B	Ron Gomis, Johnston .....	10:32.0
	C	Dan Stice, Aquinas, Fort Madison .....	10:42.0
	D	Wade Pestka, Oxford Juntion .....	10:33.0
<b>1974</b>	AAAA	David Korir, Cedar Rapids, Washington .....	9:40.0
	AAA	Mike Duncan, Columbus Catholic, Waterloo .....	9:33.3
	AA	Gene McGivern, Assumption, Davenport .....	10:02.0
	A	Tim Holton, Cherokee, Washington .....	10:02.0
	B	Blair Renfro, Shenandoah .....	10:11.0

Individual Runners-up - Year-by-Year cont'd

	C	Pat Hayes, Aquin, Cascade .....	10:17.0
	D	Pete Stevenson, Meriden-Cleghorn .....	10:05.0
<b>1975</b>	AAAA	Jamie Hutcheson, Marshalltown .....	9:44.0
	AAA	Jon Mathiason, Ames .....	9:35.0
	AA	Ed Croson, Lewis Central .....	9:51.0
	A	Kevin Ubbelohde, Clear Lake .....	10:01.0
	B	Joe Pelser, Tipton .....	9:56.0
	C	Pat Hayes, Aquin, Cascade .....	9:55.0
	D	Tom Ries, Clinton, St. Mary's .....	10:27.0
<b>1976</b>	AA	Jamie Hutcheson, Marshalltown .....	9:45.0
	A	Tim Holton, Cherokee, Washington .....	9:59.0
	B	Jon Betz, North Polk, Alleman .....	10:02.0
	C	Tom Peacher, Cardinal Stritch, Keokuk .....	10:42.0
<b>1977</b>	AA	Jim McCauley, Bishop Heelan, Sioux City .....	NT
	A	Randy Fitzgerald, Decorah .....	NT
	B	Steve Greiner, Pekin, Packwood .....	NT
	C	Tim Henricksen, Lincoln Central, Gruver .....	NT
<b>1978</b>	AA	Matt Trimble, Iowa City, City High .....	NT
	A	Tim Mueting, Denison .....	NT
	B	Dan Kroeze, Unity Christian, Orange City .....	NT
	C	Tim Henricksen, Lincoln Central, Gruver .....	NT
<b>1979</b>	AA	Jeff Jacobs, Clinton .....	9:49.0
	A	Bill Kerkaert, Sheldon .....	9:46.0
	B	Mike Karamitros, Newman Catholic, Mason City .....	10:05.0
	C	Roger Tiarks, Treynor .....	10:20.0
<b>1980</b>	AA	Jeff Jacobs, Clinton .....	9:36.0
	A	Bill Kerkaert, Sheldon .....	9:46.0
	B	Randy Canaan, Maurice-Orange City .....	10:18.0
	C	Dan Schreck, Cardinal Stritch, Keokuk .....	10:23.0
<b>1981</b>	3-A	Mike Lee, Council Bluffs, Abraham Lincoln .....	9:48.4
	2-A	Mike Grevengoed, Western Christian, Hull .....	9:51.8
	1-A	Shawn Connor, Kee, Lansing .....	10:15.3
<b>1982</b>	3-A	Mike Lee, Council Bluffs, Abraham Lincoln .....	9:46.4
	2-A	Chris Shehan, Red Oak .....	10:00.6
	1-A	Lonnie Minor, BGM, Brooklyn .....	10:11.4
<b>1983</b>	3-A	Mark Block, Fort Dodge .....	9:45.3
	2-A	Tom Penningroth, Tipton .....	9:50.7
	1-A	Brian Hawes, Kee, Lansing .....	9:53.8
<b>1984</b>	3-A	Jeff Burris, Ames .....	9:55.3
	2-A	Dan Hostager, Audubon .....	10:04.5
	1-A	Paul Barnhart, Gehlen Catholic, LeMars .....	10:11.5
<b>1985</b>	3-A	Jason Maxson, Cedar Rapids, Washington .....	10:04.1
	2-A	Dave Halferty, Chariton .....	10:16.5
	1-A	Paul Barnhart, Gehlen Catholic, LeMars .....	9:53.2
<b>1986</b>	3-A	Tory Tepp, Dubuque, Senior .....	9:59.6
	2-A	Dwaine Heppler, Sheldon .....	10:17.8
	1-A	Kent Keith, Cedar Valley, Farnhamville .....	10:32.1
			<b>5,000 Meters</b>
<b>1987</b>	3-A	Jason Maxson, Cedar Rapids, Washington .....	15:46.9
	2-A	Matt Lindaman, Humboldt .....	16:12.6
	1-A	Shawn Lansing, Holy Cross, Leo .....	16:12.0

Individual Runners-up - Year-by-Year cont'd

<b>1988</b>	3-A	Brian Runyan, Indianola .....	16:06.4
	2-A	Brian Hornbuckle, Shenandoah .....	16:10.9
	1-A	Lance Elliott, Montezuma .....	16:15.0
<b>1989</b>	3-A	Doug Birk, Sioux City, East .....	16:20.1
	2-A	Andy Kauder, Cascade, Western Dubuque .....	16:28.3
	1-A	Mike Penningroth, Tipton .....	16:19.3
<b>1990</b>	3-A	Albert Hayton, Clinton .....	16:33.0
	2-A	Brent McGrew, Decorah .....	16:40.0
	1-A	Nathan Smith, East Union, Afton .....	16:52.0
<b>1991</b>	3-A	Roba Bati, Iowa City, West .....	16:18.8
	2-A	Daron DeJong, MOC-Floyd Valley .....	16:38.6
	1-A	Chris Stone, Clinton, Mater Dei .....	16:54.7
<b>1992</b>	3-A	Ambo Bati, Iowa City, West .....	15:33.0
	2-A	Daron DeJong, MOC-Floyd Valley .....	16:15.2
	1-A	Corey Stock, St. Albert, Council Bluffs .....	16:24.8
<b>1993</b>	3-A	Sam Burkett, Urbandale .....	15:36.9
	2-A	Jesse Sand, Cedar Rapids, Regis .....	16:08.9
	1-A	Dan Reis, Turkey Valley, Jackson Junction .....	16:19.7
<b>1994</b>	3-A	Charley Kelly, Marshalltown .....	15:48.6
	2-A	Mike Stults, Knoxville .....	15:55.4
	1-A	Tavis Cummings, Van Buren, Keosauqua .....	16:01.3
<b>1995</b>	3-A	Trent Corey, Dubuque, Senior .....	15:44.0
	2-A	Peter Hollatz, Centerville .....	16:01.0
	1-A	Jason Probasco, Woodbine .....	16:17.0
<b>1996</b>	3-A	Shaun Allen, Fort Madison .....	15:41.0
	2-A	Peter Hollatz, Centerville .....	15:50.0
	1-A	David Baldwin, Jesup .....	16:20.0
<b>1997</b>	3-A	Shaun Allen, Fort Madison .....	15:16.0
	2-A	Matt Cook, Monticello .....	15:45.0
	1-A	Adam Sundall, Bishop Garrigan, Algona .....	15:59.0
<b>1998</b>	3-A	Grant Shadden, Marshalltown .....	15:32.0
	2-A	Dan Van Engen, Unity Christian, Orange City .....	16:07.0
	1-A	Tad Stolley, Woodbine .....	16:07.0
<b>1999</b>	3-A	Trent Graham, Des Moines, Roosevelt .....	15:17.0
	2-A	Robby Weber, Perry .....	15:52.0
	1-A	Justin Pieper, Aquinas, Fort Madison .....	16:15.0
<b>2000</b>	3-A	Chris Jones, Iowa City West .....	15:39.0
	2-A	Dylan Davis, ADM, Adel .....	16:09.0
	1-A	Jason Flogel, Marquette Catholic, Bellevue .....	16:09.0
<b>2001</b>	3-A	Andy Johnson, Des Moines, Roosevelt .....	15:46.0
	2-A	Chris Legore, Mount Vernon-Lisbon .....	15:59.0
	1-A	Adam Bohach, South Winneshiek, Calmar .....	16:14.0
<b>2002</b>	3-A	Joe Morgan, Clinton .....	15:27.0
	2-A	Brett Adams, Assumption, Davenport .....	15:53.0
	1-A	Dan Mayer, West Central Valley, Stuart .....	16:16.0
<b>2003</b>	4-A	Kiel Uhl, Des Moines, Roosevelt .....	15:19.0
	3-A	Nick Murphy, Bishop Heelan, Sioux City .....	15:39.0
	2-A	Dan Mayer, West Central Valley, Stuart .....	16:26.0
	1-A	Tim McKenna, Northern University High, Cedar Falls .....	16:12.0

Individual Runners-up - Year-by-Year cont'd

<b>2004</b>	4-A	Jon Thomas, Des Moines, Roosevelt .....	15:34.0
	3-A	Tony Fischels, Webster City .....	16:22.0
	2-A	Danny Owens, Clarinda .....	16:45.0
	1-A	Nate Petesch, Marquette Catholic, Bellevue .....	16:58.0
<b>2005</b>	4-A	Jordan Anderson, Mason City .....	15:58.0
	3-A	Tyler Meyer, Wahlert, Dubuque .....	16:32.0
	2-A	Dalton Lems, Western Christian, Hull .....	16:32.0
	1-A	Cody Dreyer, Central, Elkader .....	16:44.0
<b>2006</b>	4-A	Devin Allbaugh, Pleasant Valley .....	16:03.0
	3-A	Brian Koch, Wahlert, Dubuque .....	16:09.0
	2-A	Brian Gesink, Sioux Center .....	16:26.0
	1-A	Dana Schmidt, Grundy Center .....	16:26.0
<b>2007</b>	4-A	Obsa Taddese, Iowa City, West .....	15:40.0
	3-A	Aaron May, Xavier, Cedar Rapids .....	15:50.0
	2-A	Casey Robertson, Columbus Community, Columbus Junction .....	15:51.0
	1-A	Josh Mellman, Rockwell-Swaledale/SCMT .....	16:07.0
<b>2008</b>	4-A	Marshall Moyer, Burlington .....	15:27.0
	3-A	Chad Rutledge, Algona .....	15:46.0
	2-A	Brett Castek, Osage .....	16:18.0
	1-A	Jamie Meek, Griswold .....	16:02.0
<b>2009</b>	4-A	Tyler Meseke, Pleasant Valley .....	15:52.0
	3-A	Conner Smock, Mount Vernon-Lisbon .....	15:39.0
	2-A	Alec Baldwin, Spirit Lake .....	16:22.0
	1-A	Dan McDonald, BCLUW, Conrad .....	16:43.0
<b>2010</b>	4-A	Marshall Moyer, Burlington .....	15:25.0
	3-A	Ryan McMahan, Algona .....	15:31.0
	2-A	Keith Byers, Spirit Lake .....	16:15.0
	1-A	Taylor Huseman, Manson Northwest Webster .....	16:04.0
<b>2011</b>	4-A	Josh Evans, Linn-Mar, Marion .....	15:10.0
	3-A	Conner Smock, Mount Vernon-Lisbon .....	15:32.5
	2-A	Will Norris, Spirit Lake .....	15:48.0
	1-A	Cade Cleaveland, Riverside, Oakland .....	16:05.0
<b>2012</b>	4-A	Dylan Eigenberger, Dubuque, Senior .....	15:07.0
	3-A	Albert Meier, Boone .....	15:35.0
	2-A	Thomas Pollard, Gilbert .....	15:36.0
	1-A	John Crew, Dike-New Hartford .....	16:26.0

**INDIVIDUAL IHSAA RUNNERS-UP - Alphabetically**

Achenbach, Danny .....	Fremont-Mills 1961
Adams, Brett .....	Assumption, Davenport 2002
Adamson, Mark .....	Cherokee, Washington 1973
Akir, Don .....	Sioux City, East 1970
Allbaugh, Devin .....	Pleasant Valley 2006
Allen, Keith .....	Cardinal, Eldon 1965
Allen, Shaun (2) .....	Fort Madison 1996, 97
Aller, John .....	Dowling, Des Moines 1952
Anderson, Jordan .....	Mason City 2005
Aschim, Mark .....	Decorah 1967
Baker, Chuck .....	Dike 1972
Baldwin, Alec .....	Spirit Lake 2009
Baldwin, David .....	Jesup 1996
Barnhart, Paul (2) .....	Gehlen Catholic, LeMars 1984, 85
Bati, Ambo .....	Iowa City, West 1992
Bati, Roba .....	Iowa City, West 1991

Individual Runners-up - Alphabetically cont'd

Batterson, Jim .....	Eldon 1958
Bauserman, Charles .....	Cedar Rapids, Roosevelt 1950
Beebe, Richard .....	Ottumwa 1932
Benedict, Russell .....	Marion 1945
Benzing, Wayne .....	Decorah 1958
Bergan, Don (3) .....	Columbus, Waterloo 1960, 61, 62
Betz, Jon .....	North Polk, Alleman 1976
Bever, Roy .....	Charles City 1951
Billhardt, Konrad .....	Oskaloosa 1957
Birk, Doug .....	Sioux City, East 1989
Bishop, Mark .....	Indianola 1973
Block, Mark .....	Fort Dodge 1983
Bluedon, Gene .....	Davenport, West 1970
Bockelman, Larry .....	West Sioux, Hawarden 1966
Bohach, Adam .....	South Winneshiek, Calmar 2001
Brock, Kenny (2) .....	Eldora 1953, 54
Brown, David .....	Des Moines, Tech 1959
Burkett, Sam .....	Urbandale 1993
Burns, Mike .....	Indianola 1972
Burris, Jeff .....	Ames 1984
Byers, Keith .....	Spirit Lake 2010
Callahan, Clyde .....	Eldora 1952
Canaan, Randy .....	Maurice-Orange City 1980
Capps, Dennis .....	Hedrick 1970
Cassell, Chuck .....	Bishop Garrigan, Algona 1970
Castek, Brett .....	Osage 2008
Cleaveland, Cade .....	Riverside, Oakland 2011
Cole, Howard .....	Cedar Rapids, Franklin 1942
Connor, Shawn .....	Kee, Lansing 1981
Cook, Matt .....	Monticello 1997
Coons, Bob .....	Linn-Mar, Marion 1962
Coons, Greg .....	Sioux City, Central 1966
Corey, Trent .....	Dubuque, Senior 1995
Corso, Rich .....	Iowa City 1959
Crew, John .....	Dike-New Hartford 2012
Croson, Ed .....	Lewis Central 1975
Crowe, Harold .....	Fremont 1951
Cummings, Tavis .....	Van Buren, Keosauqua 1994
Davis, Dylan .....	ADM, Adel 2000
Davis, Ray .....	Oskaloosa 1935
DeAnda, Arnold .....	Davenport, Central 1968
DeJong, Daron (2) .....	MOC-Floyd Valley 1991, 92
DeLong, Charles (2) .....	Grinnell 1952, 53
DeMuth, Ronny .....	Stanley 1952
Denlger, Greg .....	Ames 1967
Dooley, Shane .....	Des Moines, Hoover 1972
Dreyer, Cody .....	Central Elkader 2005
Duncan, Mike .....	Columbus, Waterloo 1974
Eigenberger, Dylan .....	Dubuque, Senior 2012
Ellingson, Dennis .....	Decorah 1968
Elliott, Lance .....	Montezuma 1988
Ellis, Lynn .....	Red Oak 1967
Evans, Josh .....	Linn-Mar, Marion 2011
Fetzer, Charles .....	Williamsburg 1939
Fischels, Tony .....	Webster City 2004
Fitzgerald, Randy .....	Decorah 1977
Flogel, Jason .....	Marquette Catholic, Bellevue 2000
Fulk, Ted .....	Marshalltown 1965
Gallagher, Ken .....	Marshalltown 1963
Gerkin, Steve (2) .....	Sioux City, Central 1964, 65
Gesink, Brian .....	Sioux Center 2006



Individual Runners-up - Alphabetically cont'd

Gilligan, Paul (2)	LuVerne 1959, 60
Gingerich, Dan	Mar-Mac, McGregor 1971
Goebel, Howard	Knoxville 1939
Gomis, Ron	Johnston 1973
Graham, Trent	Des Moines, Roosevelt 1999
Greiner, Larry	Pekin, Packwood 1967
Greiner, Steve	Pekin, Packwood 1977
Grevengoed, Mike	Western Christian, Hull 1981
Halboth, Tom	Odebolt-Arthur 1964
Halferty, Dave	Chariton 1985
Haltmeyer, Gary	Postville 1955
Hamilton, Neal	Oskaloosa 1936
Hammitt, Wayne	Woodbine 1970
Hansen, Gorden	Miles 1964
Hanson, Dave (2)	Grinnell 1970,71
Hartsock, Bob	Iowa City, University High 1942
Hassen, Galen	Council Bluffs, Abraham Lincoln 1950
Hastings, Eugene	Marion 1946
Hawes, Brian	Kee, Lansing 1983
Hayes, Pat (2)	Aquin, Cascade 1974, 75
Hayton, Albert	Clinton 1990
Helm, Richard	Des Moines, Tech 1960
Henricksen, Tim (2)	Lincoln Central, Gruver 1977, 78
Heppler, Dwaine	Sheldon 1986
Hoak, Bob	Des Moines, Roosevelt 1946
Hoden, Craig	Linn-Mar, Marion 1972
Hoegh, Curt	Elk Horn-Kimballton 1968
Hollatz, Peter (2)	Centerville 1995, 96
Hollis, Jim	West Des Moines 1954
Holton, Tim (2)	Cherokee, Washington 1974, 76
Hornbuckle, Brian	Shenandoah 1988
Hostager, Dan	Audubon 1984
Hotz, Richard	Marion 1950
Hughes, Mark	Elwood 1972
Huseman, Taylor	Manson Northwest Webster 2010
Hutcheson, Jamie (2)	Marshalltown 1975, 76
Inman, Laurence	Oelwein 1937
Jacobs, Jeff (2)	Clinton 1979, 80
Johnson, Andy	Des Moines, Roosevelt 2001
Jones, Chris	Iowa City, West 2000
Jones, Donald	Cedar Rapids, Roosevelt 1949
Karamitros, Mike	Newman Catholic, Mason City 1979
Kauder, Andy	Cascade, Western Dubuque 1989
Keith, Kent	Cedar Valley, Farnhamville 1986
Kelly, Charley	Marshalltown 1994
Kenyon, Brian	Bishop Garrigan, Algona 1972
Kerkaert, Bill (2)	Sheldon 1979, 80
Kessell, Eugene	Ollie 1949
Kitt, Rollie (2)	Kuemper Catholic, Carroll 1963, 64
Koch, Brian	Wahlert, Dubuque 2006
Korir, David	Cedar Rapids, Washington 1974
Kramer, Larry	Belmond 1959
Kroeze, Dan	Unity Christian, Orange City 1978
Lansing, Shawn	Holy Cross, Leo 1987
Latchem, Laverne	Grinnell 1955
Lee, George (2)	Underwood 1953, 54
Lee, Lynn	Mason City 1967
Lee, Mike (2)	Council Bluffs, Abraham Lincoln 1981, 82
Legore, Chris	Mount Vernon-Lisbon 2001
Lems, Dalton	Western Christian, Hull 2005
Lewis, Merlin	Clarinda 1962

Individual Runners-up - Alphabetically cont'd

Lindaman, Matt .....	Humboldt 1987
Lininger, Galen .....	Clarinda 1964
Longnecker, Don .....	BGM, Brooklyn 1971
Loper, Louis .....	Council Bluffs, Abraham Lincoln 1941
Lundquist, Jerry .....	Sutherland 1966
Lynn, Bill .....	West Des Moines 1958
Madsen, Rex .....	Sheldon 1971
Mally, Allen (2) .....	Marion 1948, 49
Mathiason, Jon .....	Ames 1975
Maxson, Jason (2) .....	Cedar Rapids, Washington 1985, 87
May, Aaron .....	Xavier, Cedar Rapids 2007
Mayer, Dan (2) .....	West Central Valley, Stuart 2002, 03
Maytag, Walter .....	Laurel 1938
McCargar, Stanley .....	Oskaloosa 1938
McCauley, Jim .....	Bishop Heelan, Sioux City 1977
McCay, Roger .....	Creston 1960
McDonald, Donald .....	BCLUW, Conrad 2009
McFadden, Jim .....	Des Moines, North 1955
McFate, Kenneth .....	LeClaire 1940
McGivern, Gene .....	Assumption, Davenport 1974
McGrew, Brent .....	Decorah 1990
McGuire, Denny .....	Columbus, Waterloo 1966
McKenna, Tim .....	Northern University High, Cedar Falls 2003
McMahon, Ryan .....	Algona 2010
Meek, Jaime .....	Griswold 2008
Meier, Albert .....	Boone 2012
Mellman, Josh .....	Rockwell-Swaledale/SCMT 2007
Meseke, Taylor .....	Pleasant Valley 2009
Messer, Kenny .....	Des Moines, Roosevelt 1962
Meyer, Tyler .....	Wahlert, Dubuque 2005
Miller, Raymond .....	Menlo 1957
Minor, Lonnie .....	BGM, Brooklyn 1982
Moreno, Edward .....	Davenport, Central 1973
Morgan, Joe .....	Clinton 2002
Moyer, Marshall (2) .....	Burlington 2008, 2010
Mueting, Tim .....	Denison 1978
Murphy, Nick .....	Bishop Heelan, Sioux City 2003
Murray, Jerry .....	Klemme 1961
Murray, Stanley .....	Iowa City, University High 1944
Myers, Edwin .....	Iowa City, University High 1936
Myers, Jeff .....	Davenport, West 1972
Newell, Ed .....	Sioux City, North 1973
Newell, Gregg .....	Davenport, Central 1971
Norris, Will .....	Spirit Lake 2011
Oakes, Smith .....	Zearing 1944
Olson, Ronnie .....	Decorah 1957
Origer, Mike .....	Lincoln Central, Gruver 1966
Owens, Danny .....	Clarinda 2004
Peacher, Tom .....	Cardinal Stritch, Keokuk 1976
Pelzer, Joe .....	Tipton 1975
Penney, Bruce .....	Preston 1963
Pestka, Wade .....	Oxford Junction 1973
Petes, Nate .....	Marquette Catholic, Bellevue 2004
Petrick, Stan .....	Cedar Rapids, Roosevelt 1948
Penningroth, Mike .....	Tipton 1989
Penningroth, Tom .....	Tipton 1983
Phares, Ray .....	Des Moines, Tech 1953
Pieper, Justin .....	Aquinas, Fort Madison 1999
Pollard, Thomas .....	Gilbert 2012
Powell, Dave .....	Ames 1968

Individual Runners-up - Alphabetically cont'd

Powers, Robert.....	Norwalk 1958
Probasco, Jason.....	Woodbine 1995
Rave, Eugene .....	Sioux City, Central 1958
Reed, Dennis.....	Anita 1963
Reis, Dan .....	Turkey Valley, Jackson Junction 1993
Renfro, Blair .....	Shenandoah 1974
Ries, Tom .....	Clinton, St. Mary's 1975
Rivers, Tom.....	Sioux City, Central 1956
Robertson, Casey .....	Columbus Community, Columbus Jct. 2007
Robinson, Kelvin .....	Mechanicsville 1943
Robinson, Casper .....	Mechanicsville 1945
Ruggles, Larry (2) .....	Anita 1964, 65
Rump, Charles .....	Aquinas, Fort Madison 1971
Runkle, Roger .....	Ollie 1950
Runyan, Brian .....	Indianola 1988
Rutledge, Chad .....	Algona 2008
Sand, Jesse .....	Cedar Rapids, Regis 1993
Sanford, Keith .....	Cedar Rapids, Franklin 1945
Schlieseman, Bob .....	BCL, Conrad 1969
Schmidt, Dana .....	Grundy Center 2006
Schmidt, John .....	Ottumwa 1933
Schoberg, Tom .....	Bishop Heelan, Sioux City 1971
Schreck, Dan .....	Cardinal Stritch, Keokuk 1980
Schreurs, Lee .....	Ankeny 1969
Seamer, Steve .....	Miles 1969
Sellers, Larry .....	Russell 1965
Sentman, Tommy (2) .....	Ollie 1955, 56
Shadden, Grant.....	Marshalltown 1998
Shehan, Chris .....	Red Oak 1982
Silver, Frank .....	Des Moines, East 1934
Slater, Albert .....	Fort Madison 1940
Smith, .....	Ottumwa 1944
Smith, Nathan .....	East Union, Afton 1990
Smock, Conner (2) .....	Mount Vernon-Lisbon 2009, 11
Spencer, Donald .....	Iowa City, University High 1937
Stauffer, Bob (2) .....	Eagle Grove 1968, 69
Stevenson, Pete .....	Meriden-Cleghorn 1974
Stice, Dan .....	Aquinas, Fort Madison 1973
Stock, Corey .....	St. Albert, Council Bluffs 1992
Stone, Chris .....	Clinton, Mater Dei 1991
Stolley, Tad .....	Woodbine 1998
Storjmann, Don .....	Underwood 1957
Stults, Mike .....	Knoxville 1994
Sullivan, George.....	Des Moines, East 1948
Sundall, Adam .....	Bishop Garrigan, Algona 1997
Svoboda, Vernon .....	Mechanicsville 1946
Taddese, Obsa .....	Iowa City West 2007
Taylor, Bill (2) .....	Sheffield-Chapin 1959, 60
Taylor, Ronald .....	Clarinda 1963
Tepp, Tory .....	Dubuque, Senior 1986
Terrill, Richard .....	Iowa City, University 1943
Tesch, Clarence .....	Grafton 1931
Thomas, Jon .....	Des Moines Roosevelt, 2004
Thompson, D. ....	Minburn 1941
Tiarks, Roger .....	Treynor 1979
Tilton, Tom .....	LeClaire 1956
Travis, Brian .....	Des Moines, Tech 1954
Trimble, Matt .....	Iowa City, City High 1978
Trimble, Ralph .....	Cedar Rapids, Jefferson 1957
Trumbower, Arthur .....	Napier 1948
Twedt, Dean .....	Nevada 1966
Twedt, Rich .....	Des Moines, Hoover 1969

Individual Runners-up - Alphabetically cont'd

Ubbelohde, Kevin .....	Clear Lake 1975
Uhl, Kiel .....	Des Moines, Roosevelt 2003
Van Engen, Dan .....	Unity Christian, Orange City 1998
Villers, Roger .....	Montezuma 1968
Visser, Stan .....	Western Christian, Hull 1965
Walker, Gerald .....	Marion 1951
Weber, Robby .....	Perry 1999
White, Tim .....	West Sioux, Hawarden 1961
Williams, Harold .....	Des Moines East 1943
Williams, John .....	Cedar Rapids, Franklin 1949
Williamson, Tim (2) .....	Grundy Center 1969, 70
Wilson, Jim .....	Sioux City, Central 1961
Winey, Dale .....	Clarence 1937
Wood, Greg .....	Meservey-Thornton 1967
Woolson, John .....	Clarinda 1956
Wright, Charles .....	Monticello 1938
Wright, Paul .....	Iowa City, University High 1962
Yochum, Pat .....	Dowling Catholic, Des Moines 1969
Zepp, Ralph .....	Martinsburg 1939
Zimerman, Carl .....	Waterloo, West 1951
Zollar, Fred .....	Iowa City, University High 1940
Zollar, Frank .....	Iowa City, University High 1941

**SCHOOLS BOASTING IHSAA INDIVIDUAL RUNNER-UP**

A-D-M, Adel .....	1	Clear Lake .....	1
Algona .....	2	Clinton .....	4
Ames .....	4	Clinton, St. Mary's; Mater Dei .....	2
Anita .....	3	Columbus Community, Coumbus Jct. ....	1
Ankeny .....	1	Columbus, Waterloo .....	5
Aquin, Cascade .....	2	Council Bluffs, Abraham Lincoln .....	4
Aquinas, Fort Madison .....	3	Creston .....	1
Assumption, Davenport .....	2	Davenport, Central .....	3
Audubon .....	1	Davenport, West .....	2
BCL, Conrad .....	1	Decorah .....	6
BCLUW, Conrad .....	1	Denison .....	1
Belmond .....	1	Des Moines, East .....	3
BGM, Brooklyn .....	2	Des Moines, Hoover .....	2
Bishop Garrigan, Algona .....	3	Des Moines, North .....	1
Bishop Heelan, Sioux City .....	3	Des Moines, Roosevelt .....	5
Boone .....	1	Des Moines, Tech .....	4
Burlington .....	2	Dike .....	1
Cardinal, Eldon .....	1	Dike-New Hartford .....	1
Cardinal Stritch, Keokuk .....	2	Dowling Catholic, Des Moines & WDM .....	2
Cascade (Western Dubuque) .....	1	Dubuque, Senior .....	3
Cedar Rapids, Franklin .....	3	Eagle Grove .....	2
Cedar Rapids, Jefferson .....	1	East Union, Afton .....	1
Cedar Rapids, Regis .....	1	Eldon .....	1
Cedar Rapids, Roosevelt .....	3	Eldora .....	3
Cedar Rapids, Washington .....	3	Elk Horn-Kimballton .....	1
Cedar Valley, Somers .....	1	Elwood .....	1
Centerville .....	2	Fort Dodge .....	1
Central Elkader .....	1	Fort Madison .....	3
Chariton .....	1	Fremont .....	1
Charles City .....	1	Fremont-Mills, Tabor .....	1
Cherokee .....	3	Gehlen Catholic, LeMars .....	2
Clarence .....	1	Gilbert .....	1
Clarinda .....	3		

Schools Boasting Individual Runner-up cont'd

Grafton .....	1	Postville .....	1
Grinnell .....	5	Preston .....	1
Griswold .....	1	Red Oak .....	2
Grundy Center .....	3	Riverside, Oakland .....	1
Hedrick .....	1	Rockwell-Swaledale/SCMT (West Fork) .....	1
Holy Cross, Leo .....	1	Russell .....	1
Humboldt .....	1	St. Albert, Council Bluffs .....	1
Indianola .....	3	Sheffield-Chapin .....	2
Iowa City, City High .....	2	Sheldon .....	4
Iowa City, University High .....	7	Shenandoah .....	2
Iowa City, West .....	3	Sioux Center .....	1
Jesup .....	1	Sioux City, Central .....	6
Johnston .....	1	Sioux City, East .....	2
Kee, Lansing .....	2	Sioux City, North .....	1
Klemme .....	1	South Winneshiek, Calmar .....	1
Knoxville .....	2	Spirit Lake .....	3
Kuemper, Carroll .....	2	Stanley .....	1
Laurel .....	1	Sutherland .....	1
LeClaire .....	2	Tipton .....	3
Lewis Central .....	1	Treynor .....	1
Lincoln Central, Gruver .....	3	Turkey Valley, Jackson Junction .....	1
Linn-Mar, Marion .....	3	Underwood .....	3
LuVerne .....	2	Unity Christian, Orange City .....	2
Manson Northwest Webster .....	1	Urbandale .....	1
Marion .....	6	Valley, WDM & West Des Moines .....	2
MarMac, MacGregor .....	1	Van Buren, Keosauqua .....	1
Marquette Catholic, Bellevue .....	1	Wahlert, Dubuque .....	2
Marshalltown .....	6	West Central Valley, Stuart .....	2
Martinsburg .....	1	Western Christian, Hull .....	3
Mason City .....	2	West Sioux, Hawarden .....	2
Maurice-Orange City .....	1	Williamsburg .....	1
Mechanicsville .....	3	Woodbine .....	3
Menlo .....	1	Xavier, Cedar Rapids .....	1
Meriden-Cleghorn .....	1	Zearing .....	1
Meservey-Thornton .....	1		
Miles .....	2		
Minburn .....	1		
MOC-Floyd Valley .....	1		
Montezuma .....	2		
Monticello .....	2		
Mount Vernon-Lisbon .....	3		
Muscatine .....	1		
Napier .....	1		
Nevada .....	1		
Newman Catholic, Mason City .....	1		
North Polk, Alleman .....	1		
Norwalk .....	1		
NUH, Cedar Falls .....	1		
Odebolt-Arthur .....	1		
Oelwein .....	1		
Ollie .....	4		
Osage .....	1		
Oskaloosa .....	4		
Ottumwa .....	3		
Oxford Juntion .....	1		
Pekin, Packwood .....	2		
Perry .....	1		
Pleasant Valley .....	2		

**STATE MEET RECORDS & BEST PERFORMANCES**  
(since 1930 sanctioning by the IHSAA)

**SCHOOLS WITH THE MOST STATE CHAMPIONSHIP TEAMS**

Decorah .....	15	Ames .....	6
Marion .....	10	Clinton .....	6
Iowa City, City High .....	9	Des Moines, North .....	6
Iowa City, University High* .....	8	Des Moines, East .....	5
Regina, Iowa City .....	8	Kee, Lansing .....	5
Sioux City, Central* .....	8	Shenandoah .....	5
Des Moines, Tech* .....	7		
Marshalltown .....	7		
Waukon .....	7		

**SCHOOLS WITH THE MOST CONSECUTIVE STATE CHAMPIONSHIP TEAMS**

Marion (9) .....	1945, 46, 48, 49, 50, 51, 52, 53, 54	(Note - 1947 meet called off due to weather)
Iowa City, University (5)....	1940, 41, 43, 43, 44	
Sioux City, Central (5) .....	1963, 64, 65, 66, 67	
Waukon (5) .....	1995, 96, 97, 98, 99	
Mechanicsville (4) .....	1943, 44, 45, 46	
Iowa City, City High (4) ....	1991, 92, 93, 94	

**INDIVIDUALS FINISHING FIRST OR SECOND FOUR CONSECUTIVE YEARS**

Mark Johnson, Mason City (1969-72)	1st 1969, 70, 71, 72
Dan Mayer, West Central Valley, Stuart (2002-05)	2nd 2002, 03; 1st 2004, 05

**WINNERS OF FOUR OR THREE IHSAA INDIVIDUAL TITLES, 1930-2012**

Mark Johnson, Mason City (1969-72) .....	4	John Raveling, Saydel (1957-59) .....	3
Ray (Berl) Edmundson, Thornburg (1938-40) .....	3	Garold Ryan, Underwood (1950-52) .....	3
Deryl King, West Des Moines (1955-57) .....	3	Doug Smith, Sioux City, Central (1965-67) .....	3
Homer Lattimer, LeClaire (1954-56) .....	3	Isaac Wendland, Charles City (2005-07) .....	3
Rick O'Rourke, Villisca (1967-69) .....	3		

**TWO-TIME IHSAA INDIVIDUAL CHAMPIONS**

David Bell .....	Eagle Grove	1970, 71	Steve McTaggart .....	Starmont	1971, 72
Mark Bishop .....	Indianola	1972, 74	Brent McGrew .....	Decorah	1991, 92
Bill Blay .....	Griswold	1991, 92	Don Murray .....	Des Moines, East	1949, 50
Rob Brock .....	Dubuque, Senior	1994, 95	Ron Olson .....	Decorah	1958, 59
Mike Cassidy .....	Miles	1967, 68	Tom Peacher .....	Cardinal Stritch, Keokuk	1977, 78
Dave Compton .....	Sioux City, Central	1963, 64	Dan Reis .....	Turkey Valley, Jackson Jct.	1995, 96
Stephen Dak .....	Marshalltown	2005, 06	Don Rivers .....	Sioux City, Central	1960, 61
Dylan Davis .....	ADM, Adel	2001, 02	Kelvin Robinson .....	Mechanicsville	1944, 45
Jack Davis .....	Iowa City, City	1946, 47	Joe Rohach .....	Marshalltown	1965, 66
Nate Dotterweich .....	Monticello	2006, 07	Dan Sanders .....	Humboldt	1966, 67
Jim Eicken .....	Davenport Central	1973, 74	Mark Skahill .....	Villisca	1970, 71
Vernon (Mike) Evans .....	Des Moines, East	1935, 36	Paul Sloan .....	Des Moines, East	1944, 45
Chris Francois .....	Davenport North	1997, 98	Caesar Smith .....	Des Moines, North	1952, 53
Ron Griffith .....	West Des Moines	1962, 63	Bill Spencer ...	Iowa Mennonite School, Kalona,	2009, 10
Jim Hansen .....	Dike	1975, 76	Richard Terrell .....	Iowa City, University	1944, 45
Mike Holms .....	Valley, WDM	1984, 85	Bill Thiesen .....	Dowling Catholic, WDM	1979, 80
Mark Hughes .....	Delwood, Elwood	1973, 74	Trent Timson .....	NUH, Cedar Falls	1983, 84
Dan Krall .....	West Branch	1986, 87	Dan Van Engen ...	Unity Christian, Org. City	1999, 2000
Dave Krantz .....	Columbus, Waterloo	1968, 69	Jerry Walker .....	Marion	1952, 53
Curtis LaBond .....	Ankeny	1962, 63	Tim Wilson .....	Clarke, Osceola	1979, 80
Dan Mayer .....	West Central Valley, Stuart	2004, 05	Simeon Wright .....	Dubuque, Senior	1991, 92

**RUNNERS ON FOUR OR THREE STATE CHAMPION TEAMS, 1930-2012**

4 - Doug Smith, Sioux City Central, ..... 1964-67	3 - Mark Aschim, Decorah ..... 1966-68
3 - Richard Terrell, Iowa City, University High ... 1942-44	3 - John Trier, Johnston ..... 1971-73
3 - Casper Robinson, Mechanicsville ..... 1943-45	3 - Ron Gomis, Johnston ..... 1971-73
3 - Jack Edmunds, Marion ..... 1948-50	3 - Steve Kurth, Iowa City, City High ..... 1991-93
3 - Gerlad Walker, Marion ..... 1951-53	3 - Eddie Frick, Waukon ..... 1997-99
3 - Ron Olson, Decorah ..... 1957-59	3 - Austin Williamson, Des Moines, Roosevelt .. 2001-03
3 - Steve Gerkin, Sioux City, Central ..... 1963-95	
3 - Ted Fulk, Marshalltown ..... 1964-66	

**COACHES WHO HAVE WON THE MOST STATE TEAM TITLES**

Les Hipple, Marion ..... 9	Ken Dean, Marshalltown ..... 5
Harlan Heidelbauer, Waukon ..... 7	Mike Fitzgerald, Decorah ..... 5
George Kjome, Decorah ..... 7	Ray Graves, Shenandoah ..... 5
Robert Davidshofer, Aquin; Cascade ..... 6	Robert Lee, Garnavillo; NUH, Cedar Falls ..... 5
Bill Holsclaw, Clinton ..... 6	A.L.(Bud) Williams, Iowa City, City ..... 5
Ray Obermiller, Sioux City, Central ..... 6	Bryce Wickett, LuVerne ..... 4
Chuck Silvey, Des Moines, Tech ..... 6	George Boyle, Aquinas, Ft. Madison ..... 4
Bob Brown, Regina, Iowa City ..... 5	Dale DeVault, Eldora; BCL, Conrad ..... 4
Mike Augustine, Des Moines, East ..... 5	Dave Long, Sheffield-Chapin; Mason City ..... 4
Gary Bottorff, Kee, Lansing ..... 5	John Sletten, Ames ..... 4

**SCHOOLS WITH THE MOST INDIVIDUAL STATE CHAMPIONS**

Des Moines, East ..... 11	Columbus Catholic, Waterloo ..... 6
West Des Moines & Valley, WDM ..... 9	Decorah ..... 6
Sioux City, Central ..... 8	Underwood ..... 6
Dubuque, Senior ..... 7	Iowa City, University High ..... 5
Marshalltown ..... 6	Marion ..... 5
Mason City ..... 6	Villisca ..... 5

**Champions Running for Champions**

Since 1930 a total of 294 teams that have won State Championships (counting ties). 108 times the individual champion has run on the championship squad, with the last 10 being 2012 - Josh Sindelar, St. Albert, Council Bluffs; Jason Thomas, Dowling Catholic; 2011 - Zach Buchheit (Pella); 2009 - Marshall Moyer (Burlington), Bill Spencer (Iowa Mennonite School, Kalona), 2007 - Devin Allbaugh (Pleasant Valley), Nate Dotterweich (Monticello), 2004 - Ryan Dolan (Wahlert, Dubuque); 2003 - Jon Thomas, (Des Moines, Roosevelt); and 1996 - Tait Steines, (Calamus-Wheatland). **Thirty-six times the team champion has featured the top two individual finishers.** However, only four times since scoring four or more runners (1970) has this occurred -- Indianola in 1972 with Mark Bishop and Mike Burns; Tipton in 1975 with Brett Eggert and John Pelser; Kee, Lansing in 1981 with Brian Hawes and Shawn Connor; and Des Moines, Roosevelt in 2003 (Jon Thomas and Kiel Uhl).

**COMBINED TEAM TITLE & RUNNER-UP FINISHES SINCE 1930**

<b><u>School</u></b>	<b><u>Titles</u></b>	<b><u>Runners-up</u></b>	<b><u>Total</u></b>
Decorah .....	15	3 .....	18
Iowa City, City .....	9	5 .....	14
Des Moines, East .....	5	8 .....	13
Marshalltown .....	7	6 .....	13
Waukon .....	7	5 .....	12
Ames .....	6	5 .....	11
Des Moines, Tech .....	7	4 .....	11
Marion .....	10	1 .....	11
Sioux City, Central .....	8	3 .....	11
Iowa City, University High .....	8	3 .....	11
Regina, Iowa City .....	8	2 .....	10
Cedar Falls .....	3	7 .....	10
Unity Christian, Orange City .....	3	6 .....	9
Dowling Catholic, WDM .....	4	5 .....	9

State Meet Records & Best Performances cont'd

**Best State Meet Times Recorded Over 5,000 Meters (3.1 miles)**

15:02.0	Jason Thomas, Dowling Catholic, WDM, 2012 (15:28.0 IN 2011)
15:02.0	Ben Anderson, Valley, WDM 2011 (15:19.0 in 2012)
15:05.0	Stephen Dak, Marshalltown, 2006 (15:32.0 in 2005)
15:05.0	Chris Francois, Davenport, North 1997 (15:31.0 in 1998)
15:05.0	Grant Shadden, Marshalltown 1999
15:07.0	Dylan Eigenberger, Dubuque, Senior, 2012
15:07.0	Caleb Drake, Pleasant Valley, 2012 (15:30.0 in 2011)
15:09.9	Zach Buchheit, Pella 2011 (15:34.0 in 2010)
15:10.0	Josh Evans, Linn-Mar, Marion 2011 (15:22.0 in 2012)
15:13.0	Brook Price, Iowa City, City High, 2012 (15:28.0 in 2011)
15:14.0	Trent Corey, Dubuque, Senior 1996
15:16.0	Shaun Allen, Fort Madison 1997
15:17.0	Isaac Jensen, Iowa City, West 2012 (15:33.0 in 2011)
15:17.0	Trent Graham, Des Moines, Roosevelt, 1999
15:18.0	Jeff DeRocher, Dowling Catholic, WDM 2012
15:18.0	John Thomas, Des Moines, Roosevelt, 2003 (15:34 in '04)
15:19.0	Kiel Uhl, Des Moines, Roosevelt, 2003 (15:26 in 2004)
15:20.0	Kevin Lewis, Ottumwa, 2010
15:21.0	Spencer Clark, Dowling Catholic, WDM 2012
15:21.0	Cole Decker, Dowling Catholic, WDM 2011 (15:34.0 in 2010)
15:21.0	J.T. McCarthy, Burlington, 2008
15:21.0	Ryan McCurnin, Mason City, 2002
15:22.0	Ben Glaser, Dowling, WDM 2000
15:23.0	Joe Welter, North Scott, Eldridge 1997
15:24.0	Chandler Austin, Boone 2012
15:25.0	Will Norris, Spirit Lake 2012
15:25.0	Marshall Moyer, Burlington, 2010 (15:27.0 in 2008)
15:25.0	Ben Witt, Burlington 2010
15:25.0	Dan Taylor, Fort Dodge 2001
15:25.0	Eric Goff, Bettendorf, 1999
15:25.7	Simeon Wright, Dubuque, Senior 1992
15:26.0	Johnny Fuller, Glenwood 2010
15:26.0	Tyler Meseke, Pleasant Valley 2010
15:27.0	Joe Morgan, Clinton, 2003
15:27.0	Ben Lloyd, Davenport Central, 1999
15:28.0	Jacob Aune, Prairie, Cedar Rapids, 2011
15:28.0	Nick Roberts, Ames, 1999
15:28.0	Ruach Joklow, Urbandale 1997
15:28.0	Ben Grant, Epworth, Western Dubuque, 2003
15:29.0	Tyson Wieland, Johnston 2012
15:29.0	Frank Canady, Iowa City, West 2008
15:29.0	Jason Carpenter, Dubuque, Senior 1993
15:29.0	Phil Fanning, Sioux City, East 1997
15:30.0	Evan Selsor, Winterest, 2008
15:30.0	Craig Cartier, Marshalltown, 1999
15:31.0	Ryan McMahon, Algona, 2010
15:32.0	Adam Streicher, Cedar Falls 2011
15:32.0	Grant Shadden, Marshalltown 1998
15:32.5	Conner Smock, Mt. Vernon-Lisbon (15:35.0 in 2009)
15:32.9	Chandler Austin, Boone 2011
15:33.0	Jordan Schulze, Indianola 2011
15:33.0	Austin Williamson, DM, Roosevelt, 2003
15:33.0	Justin Vaught, Valley, WDM 2002
15:33.2	Nathan Carr, Grinnell 2011
15:34.8	Rob Brock, Dubuque, Senior 1994 (15:36.0 in 1995)
15:34.8	Patrick Larson, Decorah 2011
15:35.0	Albert Meier, Boone 2012

**Note:** Except for the 15:25.7 by Simeon Wright, the above performances were run at Lakeside Golf Course in Fort Dodge. Wright's time was at Veenker Golf Course in Ames.



State Meet Records & Best Performances cont'd

**Leading State Meet Times Recorded Over the Two-Mile Distance**

9:28.0 .....	Jim Eicken, Davenport, Central 1974
9:29.0 .....	Rich Fuller, Davenport, Central 1975
9:30.0 .....	Randy Jackson, Iowa City, City High 1975
9:30.5 .....	Joe Burke, Columbus, Waterloo 1974
9:33.0 .....	Jeff Jacobs, Clinton 1981
9:33.3 .....	Mike Duncan, Columbus, Waterloo 1974
9:33.9 .....	Mark Johnson, Mason City 1971
9:35.0 .....	Jon Mathiason, Ames 1975
9:36.0 .....	Tim Wilson, Clarke, Osceola 1979
9:36.0 .....	Bill Thiesen, Dowling Catholic, WDM 1980

**TOP WINNING TEAM POINT TOTALS - SCORING 5 RUNNERS (15 is perfect)**

29 -	Waukon, 1996
45 -	Des Moines, Roosevelt, 2003
45 -	Iowa City, City High 1993
48 -	Regina, Iowa City 1997

**Top Winning Performance - Scoring 4 Runners (10 is perfect)**

16 -	Columbus, Waterloo 1972
20 -	Mason City, 1972
21 -	Bancroft, St. John's 1976
23 -	Columbus, Waterloo 1971

**Top Winning Performance - Scoring 3 Runners (6 is perfect)**

6 - Des Moines, East 1943; Mechnicsville 1943; Iowa City, University 1944; Marion 1945, 1949; Eldora 1953; West Sioux, Hawarden 1961; Klemme 1961; Sioux City, Central 1964, 1965, 1966

**STATE QUALIFYING TEAMS FROM DISTRICTS TO STATE MEET**

*(District qualifying started in 1976; State Meet was an "open" competition prior to 1976)*

<b>Team</b>	<b>Years Qualified for State</b>
Adel-DeSoto(3) .....	1980, 81, 91
ADM, Adel(6).....	1996, 98, 99, 2001, 02, 06
Albia (2)	2009, 12
Algona (10).....	1976, 77, 79, 80, 90, 91, 92, 2007, 08, 09
Alta (1).....	2004
Alta/Aurelia (2) ....	2011, 12
Ames (32).....	1976, 77, 78, 79, 80, 81, 82, 83, 84, 86, 87, 88, 89, 90, 91, 92, 93, 95, 96, 97, 98, 99, 2001, 02, 03, 04, 06, 07, 08, 10, 11, 12
Anamosa (2) .....	1977, 78
Andrew (3) .....	1979, 90, 92
Ankeny (25) .....	1982, 83, 85, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 09, 10, 11
Aquinas, Fort Madison (11)	1976, 77, 78, 79, 80, 81, 82, 83, 97, 98, 99
Ar-We-Va, Westside (2)	2006, 07
Assumption, Davenport (13)	1989, 90, 94, 96, 97, 98, 2000, 01, 02, 03, 04, 05, 07
Atlantic (14).....	1977, 79, 80, 84, 94, 95, 96, 97, 98, 2002, 03, 05, 06, 07
Audubon (1).....	1988
Audubon-Exira (1)....	1989
Ballard (10) .....	1993, 88, 93, 94, 95, 96, 97, 2010, 11, 12
Bancroft St. John's (6)	1976, 77, 78, 79, 80, 85
Battle Creek-Ida Grove (1) ...	2008
BCLUW, Conrad (9).....	2003, 04, 06, 07, 08, 09, 10, 11, 12
Belle Plaine (5) .....	1980, 81, 82, 84, 2005
Belmond (4).....	1983, 85, 88, 89
Belmond-Klemme (4) ..	1990, 91, 93, 94
Benton Community (4)....	1981, 86, 2000, 06
Bettendorf (23).....	1978, 80, 83, 84, 85, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 02, 03, 04, 05, 06, 07, 09
BGM, Brooklyn (17) ....	1980, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 96, 97
Bishop Garrigan, Algona (3)	1984, 2002, 03

State Qualifiers from Districts - cont'd

Bishop Heelan, Sx City (17)	1976, 79, 81, 82, 84, 88, 92, 93, 94, 98, 99, 2003, 05, 06, 2010, 11, 12
Blakeburg (1).....	1980
Boone (7) .....	1991, 2006, 08, 09, 10, 11, 12
Burlington (5) .....	2008, 09, 10, 11, 12
Calamus-Wheatland (7) .....	1991, 92, 94, 96, 97, 98, 99
CAL-Dows, Latimer (1) .....	2002
Cardinal Stritch, Keokuk (5) .....	1976, 77, 78, 79, 80
Cardinal, Eldon (2).....	1977, 80
Carlisle (1) .....	1983
Cascade (15) .....	1976, 77, 78, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 80, 2003
Cedar Falls (28).....	1983, 84, 85, 86, 87, 88, 90, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12
Cedar Rapids, Jefferson (4)	1984, 85, 86, 2000
Cedar Rapids, Kennedy (12)	1976, 79, 90, 91, 92, 95, 96, 2001, 03, 04, 05, 06
Cedar Rapids, LaSalle-Regis (1)	1997
Cedar Rapids, Washington (11)	1977, 81, 82, 87, 98, 2006, 07, 08, 09, 10, 11
Cedar Valley, Farnhamville (3)	1980, 83, 84
Center Point-Urbana (1) .....	2012
Centerville (7).....	1976, 77, 78, 79, 84, 87, 88
Central Clinton, DeWitt (15)	1982, 84, 92, 93, 97, 98, 99, 2000, 01, 03, 04, 07, 08, 09, 10
Central, Elkader (8)....	2000, 02, 03, 04, 05, 09, 10, 12
Chariton (6).....	1985, 91, 92, 97, 2001, 03
Charles City (8).....	1982, 97, 2005, 06, 07, 09, 11, 12
Cherokee, Washington (4) .....	1976, 1992, 2002, 03
Clarinda (8).....	1986, 1995, 2001, 02, 03, 04, 05, 06
Clarke, Osceola (4)....	1976, 77, 78, 80
Clinton (13) .....	1976, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89
Co. Bluffs, Abraham Lincoln (8)...	1981, 82, 86, 87, 88, 89, 90, 91
Co. Bluffs, Thomas Jefferson (1)...	2002
Colfax-Mingo (1).....	1993
Collins-Maxwell-Baxter (7) .....	1997, 98, 2000, 01, 02, 07, 08
Colo-Nesco (1).....	1996
Columbus, Columbus Jct (3)	1985, 2003, 04, 05
Columbus Catholic, Waterloo (5).	1976, 78, 79, 2002, 04
Coon Rapids (1).....	1985
Coon Rapids-Bayard (2)	1988, 89
Corning (4) .....	1997, 2001, 02, 03
Creston (4) .....	1985, 86, 87, 88
Crestwood, Cresco (4) .	1976, 77, 82, 85
Dallas Center-Grimes (2) ...	2009, 10
Danville (5) .....	1984, 86, 87, 94, 95
Danville/New London .(3)	2002, 03, 04
Davenport Central (8)..	1981, 82, 89, 90, 93, 94, 98, 99
Davenport West (3).....	1976, 77, 79
Davis County, Bloomfield(2)	1981, 86
Decorah (29).....	1976, 77, 78, 79, 80, 81, 82, 86, 87, 88, 89, 90, 91, 92, 93, 94, 96, 97, 99, 2001, 04, 05, 06, 07, 08, 09, 10, 11, 12
Denison (8).....	1976, 77, 78, 79, 80, 81, 82, 86
Denison-Schleswig (4)	1995, 96, 2000, 03
Denver (4).....	1992, 93, 94, 2012
Denver-Tripoli (2) .....	2010, 11
Des Moines Christian (1)	1998
Des Moines, East (7)....	1977, 88, 89, 90, 91, 92, 97
Des Moines, Hoover (11)	1976, 77, 78, 83, 84, 85, 86, 87, 88, 94, 95
Des Moines, Lincoln (3)	1978, 80, 2004
Des Moines, Roosevelt (12)	1982, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07
Des Moines, Technical (1)	1979
Dike (9).....	1977, 78, 79, 80, 82, 83, 84, 85, 86
Dike-New Hartford (12)	1992, 93, 97, 98, 99, 2001, 02, 05, 08, 10, 11, 12
Don Bosco, Gilbertville(1)	1982
Dowling Catholic, WDM (22)	1976, 77, 78, 79, 80, 81, 84, 85, 86, 87, 91, 95, 96, 97, 98, 99, 2000, 05, 09, 10, 11, 12

State Qualifiers from Districts - cont'd

Dubuque Hempstead (7)..	1978, 79, 88, 89, 90, 93, 94
Dubuque Senior (26) ...	1980, 81, 82, 83, 85, 86, 87, 88, 89, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 09, 11, 12
Durant-Bennett (8).....	2000, 01, 03, 04, 05, 07, 08, 10
Eagle Grove (26).....	1981, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07
Earlham (4) .....	1983, 84, 85, 2011
East Central, Miles (2)	1987, 95
East Marshall, LeGrand (6)	1999, 2003, 04, 08, 09, 12
Eldora (2) .....	1978, 79
Eldora-New Providence(12)	1981, 82, 85, 86, 87, 88, 96, 97, 98, 99, 2000, 01
Epworth, Western Dubuque (2)	1988, 2007
Estherville (5).....	1983, 91, 92, 93, 96
Fairfield (5).....	2000, 01, 02, 03, 04
Forest City (6).....	1998, 99, 2000, 01, 02, 03
Fort Dodge (7).....	1976, 77, 99, 2000, 01, 03, 05
Fort Madison (14) .....	1977, 79, 81, 82, 83, 84, 85, 86, 87, 88, 95, 96, 2011, 12
Galva-Holstein (4) ....	1992, 93, 94, 97
Garnavillo (6).....	1976, 78, 79, 80, 81, 91
Garnavillo-Central Elkader (1)	1992
Garner-Hayfield (3)	2005, 08, 09
Garner-Hayf'd-Ventura-W Hancock (2)	2010, 12
Gehlen Catholic, LeMars (13)	1977, 79, 80, 81, 83, 84, 94, 2000, 01, 02, 03, 04, 05
George (1).....	1987
George-Little Rock/Central Lyon (3)	2005, 06, 10
Gilbert (18) .....	1981, 82, 83, 86, 87, 89, 92, 93, 94, 95, 96, 99, 2003, 05, 07, 10, 11, 12
Gilbert-United (2) ..	1990, 91
Gladbrook-Reinbeck (2).	1989, 92
Glenwood (13) .....	1978, 79, 89, 81, 82, 84, 85, 87, 2000, 08, 09, 10, 11
Glidden-Ralston (3)....	1996, 97, 99
Grand Community, Boxholm (1)	1976
Grinnell (15).....	1980, 83, 84, 85, 87, 89, 90, 93, 96, 2007, 08, 09, 10, 11, 12
Griswold (9) .....	1985, 90, 91, 92, 93, 2005, 06, 07, 08
Grundy Center (5).....	2004, 05, 06, 08, 09
Guthrie Center (1) .....	2011
Hampton-Dumont (3) .....	1978, 98, 2000
Harlan Community (2) .....	1980, 83
Hedrick (1).....	1979
Highland, Riverside (2) .....	2011, 12
HMS, Hartley (1).....	1988
Hudson (5) .....	1982, 2006, 07, 09, 12
Humboldt (6) .....	1986, 87, 93, 94, 95, 2004
Independence (1) .....	1981
Indianola (21) .....	1976, 83, 85, 86, 87, 88, 89, 90, 94, 95, 96, 97, 98, 2003, 05, 07, 08, 09, 10, 11, 12
Iowa City, City (26)...	1984, 85, 86, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 07, 08, 09, 10, 11, 12
Iowa City, West (14) ..	1987, 88, 89, 90, 91, 92, 97, 2000, 01, 02, 06, 07, 11, 12
Iowa Falls (4) .....	1976, 77, 78, 84
Iowa Mennonite School, Kalona (16)	1977, 83, 88, 90, 91, 92, 93, 95, 96, 97, 2001, 04, 06, 08, 09, 10
Iowa Valley, Marengo (2)	1976, 89
Jefferson (2).....	1981, 85
Jesup (9).....	1983, 84, 89, 90, 91, 94, 95, 96, 97
Johnston (9).....	1976, 97, 2002, 03, 04, 05, 06, 10, 12
Kee, Lansing (10).....	1977, 78, 79, 80, 81, 82, 83, 87, 88, 89
Knoxville (20) .....	1976, 78, 79, 80, 81, 82, 83, 89, 90, 92, 93, 94, 95, 97, 2005, 06, 09, 10, 11, 12
Kuemper Catholic, Carroll (2)	1976, 2009

State Qualifiers from Districts - cont'd

Lake City (8).....	1976, 77, 78, 79, 80, 82, 84, 85
Laurens-Marathon (5) ..	1980, 86, 87, 2008, 09
Laurens-Marathon/AC-T(1)	2001
LeMars (3) .....	1989, 90, 2009
Lenox (2) .....	1988, 89
Lewis Central (3).....	1976, 84, 2002
Lincoln, Stanwood (2)..	1983, 84
Linn-Mar, Marion (7) ..	1979, 2001, 02, 03, 10, 11, 12
Logan-Magnolia (3) .....	2008, 09, 12
Lone Tree (1) .....	2009
Lost Nation (2).....	1980, 81
Lynnville-Sully (2)....	1994, 95
Madrid (2) .....	1987, 88
Manson-NW Webster (2)..	1995, 2010
Maquoketa (2) .....	1986, 99
Maquoketa Valley, Delhi (3)	1993, 94, 95
Marion (7) .....	1984, 85, 87, 2005, 09, 10, 11
MarMac, McGregor (1) ..	1977
Marquette Catholic, Bellevue (12)	1998, 99, 2000, 01, 02, 03, 04, 05, 06, 08, 11, 12
Marshalltown (30).....	1976, 77, 78, 79, 80, 81, 82, 84, 86, 87, 89, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 10
Mason City (12).....	1976, 77, 78, 79, 85, 89, 97, 98, 99, 2001, 04, 05
Mater Dei, Clinton (1).	1991
Maurice-Orange City (6)	1980, 81, 82, 87, 88, 89
MOC-Floyd Valley (5)....	1990, 2007, 08, 10, 11
Mediapolis (1) .....	2006
Meriden-Cleghorn (1)...	1979
Mid-Prairie, Wellman (4) ...	2007, 08, 09, 12
Midland, Wyoming (3)...	1977, 2002, 03
Milford (1) .....	1979
Missouri Valley (6)....	1982, 83, 84, 91, 92, 2007
Monroe (1).....	1980
Montezuma (3).....	1985, 87, 88
Monticello (18).....	1984, 88, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12
Moulton-Udell (2).....	1986, 87
Mount Ayr (5).....	1988, 90, 91, 99, 2001
Mount Pleasant (3).....	1985, 99, 2006
Mount Vernon (3) .....	1988, 89, 92
Mount Vernon-Lisbon (13)	1999, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 09, 11, 12
Muscataine (15).....	1976, 77, 78, 79, 80, 82, 86, 89, 90, 91, 92, 93, 94, 2005, 06
Nashua-Plainfield (2) ...	2009, 2011
Nevada (14) .....	1980, 86, 89, 90, 91, 92, 94, 95, 96, 97, 2001, 02, 04, 08
New Hampton (4).....	1984, 96, 97, 98
New Hartford (1) .....	1978
Newman Catholic, Mason City (6)	1976, 77, 78, 79, 81, 2005
Newton (2).....	1979, 81
Nodaway Valley (10) .....	1997, 98, 99, 2000, 01, 02, 03, 04, 06, 10
North Fayette, West Union (5)	1976, 79, 80, 84, 85
North Iowa, Buffalo Center	2011
North Linn, Troy Mills(4)	1983, 84, 86, 88
North Polk, Alleman (4) .....	2008, 10, 11, 12
North Scott, Eldridge (2)	1988, 96
North Winneshiek, Burr Oak (1)	1976
Northeast, Goose Lake (4)	1986, 91, 2010, 11
Norwalk (1).....	1993
Notre Dame, Cresco (2).....	1976, 80
No. University, Cedar Falls (17)..	1982, 83, 84, 85, 86, 87, 88, 89, 90, 91, 95, 96, 97, 98, 2001, 04, 10
OA-BCIG (3) .....	2009, 10, 11
Oelwein (3) .....	1980, 91, 99
Ogden (3) .....	1990, 2004, 05
Okoboji, Milford (5)...	2000, 01, 03, 11, 12
Orient-Macksburg (5) ..	1998, 2000, 03, 04, 05
Osage (8).....	1980, 2005, 06, 07, 08, 09, 10, 12

State Qualifiers from Districts - cont'd

Oskaloosa (1).....	1978
Panora-Linden (9).....	1979, 80, 81, 82, 83, 84, 86, 87, 89
Panorama	2010
PCM, Monroe (4).....	2005, 06, 07, 08
Pekin, Packwood (18) ..	1976, 78, 80, 82, 88, 89, 90, 91, 92, 95, 96, 97, 98, 2002, 04, 05, 06, 11, 12
Pella (15) .....	1988, 91, 92, 93, 99, 2000, 01, 05, 06, 07, 08, 09, 10, 11, 12
Pella Christian (9) ...	1979, 81, 82, 83, 86, 88, 2007, 09, 10
Perry (7) .....	1985, 90, 98, 99, 2001, 03, 04
Pleasant Valley (14)....	1995, 98, 2000, 01, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12
Prairie Valley, Gowrie (2) ....	1992, 2007
Prairie, Cedar Rapids (7).....	1983, 85, 2008, 09, 10, 11, 12
Prince of Peace, Clinton (5) ...	2003, 06, 07, 08, 10
Red Oak (4).....	1981, 82, 87, 89
Regina, Iowa City (20).	1993, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12
Riverside, Oakland (2) ....	2011, 12
Roland-Story (4) .....	1992, 99, 2001, 09
Sanborn (1) .....	1976
Saydel (3) .....	1977, 93, 94
Sheldon (17) .....	1976, 77, 79, 80, 81, 82, 88, 89, 90, 91, 94, 95, 97, 98, 99, 2000, 04
Shellsburg (1) .....	1985
Shenandoah (8).....	1976, 77, 78, 84, 87, 88, 89, 90
Shenandoah-Essex (13).....	1991, 93, 84, 95, 98, 99, 2000, 02, 03, 04, 05, 10, 12
Sigourney (1) .....	1984
Sioux Center (2).....	2006, 07
South Central Calhoun	2011
Sioux Central, Sioux Rapids (4)	1997, 98, 99, 2005
Sioux City East (13)...	1977, 79, 83, 84, 87, 88, 89, 92, 93, 94, 95, 97, 98
Sioux City North (9)...	1977, 78, 82, 83, 85, 86, 87, 2002, 04
Sioux City West (7)....	1978, 79, 80, 99, 2000, 01, 03
Solon (4) .....	2006, 08, 09, 10
South Central Calhoun (1).....	2012
South Clay, Gillette Grove (1)	1977
South Hamilton, Jewell (8)	1986, 87, 88, 95, 96, 2004, 09, 10
South O'Brien, Paullina (5)	1999, 2002, 03, 07, 09
South Winneshiek, Calmar (10)	2002, 03, 04, 05, 06, 07, 08, 09, 10, 11
Southeast Polk (7).....	1976, 2000, 01, 02, 07, 08, 09
Spalding Catholic, Granville (5)	1976, 77, 78, 79, 82
Spencer (9).....	1980, 81, 89, 92, 93, 2000, 06, 07, 12
Spirit Lake Park (6) .....	2003, 04, 05, 06, 07
Spirit Lake (4).....	2008, 09, 10, 11, 12
St. Albert, Co. Bluffs (24)	1981, 83, 86, 89, 90, 91, 92, 93, 94, 95, 96, 99, 2000, 01, 02, 03, 04, 06, 07, 08, 09, 10, 11, 12
St. Edmond, Ft. Dodge (12)	1978, 79, 2000, 01, 03, 04, 06, 07, 09, 10, 11, 12
St. Mary's, Remsen (6).	1976, 77, 78, 79, 80, 98
Starmont (3) .....	1990, 98, 99
Storm Lake (2).....	1987, 88
Stratford (1) .....	1978
Stuart-Menlo (1) .....	1982
Tipton (21).....	1976, 77, 78, 79, 80, 81, 87, 89, 93, 94, 99, 2000, 02, 03, 05, 06, 07, 08, 09, 11, 12
Treynor (2) .....	1979, 2000
Trinity Christian, Hull (2) ....	2011, 12
Tri-Center, Neola (2) .	1988, 98
Turkey Valley, Jackson Jct (3)	1995, 2007, 08
Turkey Valley-So. Winn (1)	1996
Underwood (3) .....	1981, 84, 85
Union Community, LaPorte City (1)	2002
Unity Christian, Orange City (27)	1976, 77, 78, 79, 80, 81, 83, 84, 85, 89, 90, 91, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 04, 05, 08, 09, 10, 11

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Urbana (2).....	1978, 80
Urbandale (4).....	1994, 96, 2008, 09
Valley, WDM (26).....	1976, 77, 78, 80, 83, 84, 85, 87, 88, 89, 90, 91, 92, 93, 2000, 01, 02, 04, 05, 06, 07, 08, 09, 10, 11, 12
Vinton (2) .....	1979, 89
Vinton-Shellsburg (4)	1990, 2007, 08, 12
Wahlert, Dubuque (22)..	1980, 81, 83, 84, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 08 09, 10, 11
Wapello (4) .....	2004, 09, 10, 11
Wapsie Valey, Fairbank (7)	1999, 2000, 01, 03, 04, 05, 06
Washington (1) .....	1998
Waterloo West (9).....	1977, 82, 83, 92, 98, 99, 2000, 07, 12
Waukee (9) .....	1979, 81, 83 2006, 07, 08, 10, 11, 12
Waukon (21).....	1979, 83, 87, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 08
Waverly (1) .....	1976
Waverly-Shell Rock (5).	1977, 80, 81, 82, 85
Webster City (15).....	1990, 91, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 11
West Branch (2).....	1985, 86
West Central Valley, Stuart (2)	1997, 98
West Delaware, Manchester (1)	1985
West Lyon, Inwood (4)..	1990, 2010, 11, 12
West Sioux, Hawarden (18)	1976, 86, 88, 89, 90, 91, 92, 93, 94, 95, 97, 98, 99, 2000, 01, 02, 05, 06
Western Christian, Hull (26)	1977, 78, 79, 80, 81, 82, 83, 84, 85, 91, 92, 93, 95, 96, 97, 98, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 12
Williamsburg (20).....	1976, 77, 78, 80, 82, 83, 86, 87, 90, 91, 92, 93, 94, 95, 96, 2000, 02, 03, 04, 11
Wilton (7) .....	1984, 85, 2006, 07, 08, 09, 12
Winterset (7).....	1995, 96, 97, 98, 99, 2007, 08
Woodbine (21).....	1982, 84, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 2000, 04, 05, 06, 07, 08, 09
Woodward Academy (3) ...	2006, 07, 12
Xavier, Cedar Rapids (5)...	2005, 06, 07, 08, 12

**MISCELLANEOUS TEAM STATE QUALIFIERS FROM DISTRICT MEETS SINCE 1976**

**Most State Qualifying Teams**

Ames - 32	Dubuque, Senior - 26	St. Albert, Council Bluffs - 24
Marshalltown - 30	Iowa City, City High - 26	Bettendorf - 23
Decorah - 29	Valley, WDM - 26	Dowling Catholic, WDM - 22
Cedar Falls- 28	Western Christian - 26	Tipton, Waukon, Indianola, Woodbine - 21
Unity Christian - 27	Ankeny - 25	

**Longest Consecutive State Qualifying Streaks (\* active)**

22 - Ankeny (1990-2011)	17 - Iowa City, City High (1989-2005)
*21 - Cedar Falls (1992-2012)	*16 - Monticello (1997-2012)
*20 - Regina, Iowa City (1993-2011)	15 - Eagle Grove (1993-2007)
18 - Marshalltown (1991-2008)	15 - B-G-M, Brooklyn (1993-2007)
17 - Waukon (1989-2005)	

**Boys & Girls Team to Win Team Titles in the Same Year**

1967 - Somers	1993 - Waukon	2012 - Decorah
1970 - B-G-M, Brooklyn	1993 - Iowa City, City High	
1976 - Decorah	1999 - Iowa City, City High	
1983 - Cascade	2006 - Xavier, Cedar Rapids	
1985 - Cascade	2010 - Wahlert, Dubuque	
1991 - Iowa City, City High	2011 - Dowling Catholic, WDM	
1992 - Iowa City, City High		
4 by Iowa City, City High	2 by Decorah	2 by Cascade