#### 2008 Pre-Season Practice Schedule

### Monday, August 11<sup>th</sup>-First Legal Day of Practice

- ➤ Regular Practice Facility Only
- ➤ No Contact
- > Sleds, dummies, shields, and ropes are permitted
- > Helmets are permitted
- ➤ More than one practice per day is permitted

### Thursday, August 14th-

- > First day of pads and contact
- ➤ More than one practice per day is permitted

### Saturday, August 16<sup>th</sup>-

➤ No Practice allowed, can be used as a press/photo day

# Monday, August 18<sup>th</sup>-Friday, August 22<sup>nd</sup>-

- ➤ One (1) practice per day
- ➤ Recommended-Normal length and time of day of practice

### Saturday, August 23<sup>rd</sup>-

> Practice permitted on this day

# Thursday, August 28th-

> First Legal Playing Date

# No Practice on Saturday, August 16th, Sunday, August 17th.