

# SOME PEOPLE ARE CONTENT WITH DREAMING OF BEING THE BEST, CHAMPIONS COMMIT TO DOING SOMETHING ABOUT IT!

Maquoketa High School, 1992-1996

- FOUR-TIME STATE WRESTLING CHAMPION, 93, 94, 95, 96
- FOUR-TIME conference & district wrestling champion, 93, 94, 95, 96
- Career Record 144-0, with 100 pins, 92-96
- Only the 5th Iowa High School wrestler to complete his career undefeated.
- Amateur Wrestling News All-American at 125#, 96
- Quad City Times Male Athlete of the Year, 96
- Recipient of National Wrestling Hall of Fame High School Excellence Award for athletic & academic success and exemplary citizenship, 96
- Student coach for youth wrestling program, 93-96
- Football Letterman, 93 & 94
- Honor Roll Student, 92-96
- Spanish Club, 93 & 94
- Active in Future Farmers Association, 93-96
- Active in Agriculture Occupations Employment Experience, 95-96
- Member of Future Business Leaders of America, 95-96

ERIC JUERGENS

role model  
practice  
focus

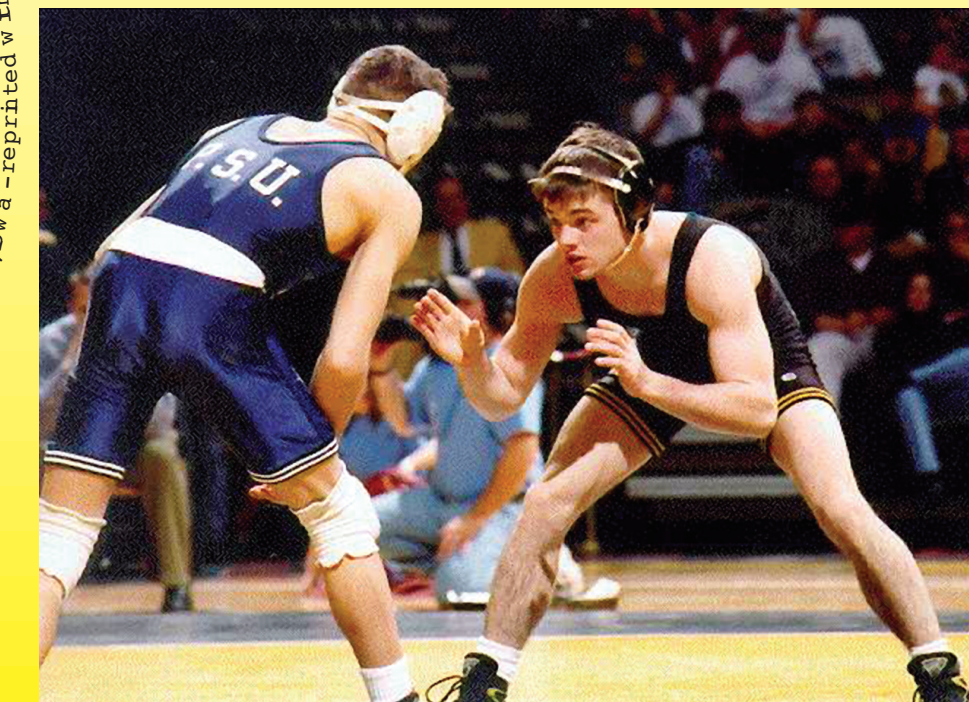
hard work  
commitment  
dedication

The University of Iowa, 1997-2001

- TWO-TIME NCAA & BIG TEN WRESTLING CHAMPION, 2000 & 01
- FOUR-TIME NCAA ALL-AMERICAN, 98, 99, 00, 01  
(Only 16th University of Iowa wrestler to achieve this honor)
- Career Record 120-13, 97-01
- NCAA Freshman Wrestler of the Year, 97-98
- Member of three NCAA Championship Teams, 98, 99, 00
- The University of Iowa Male Athlete of the Year, 2000
- The University of Iowa co-male Athlete of the Year, 2001
- English Major, received degree 2001



IOWA  
HIGH SCHOOL  
ATHLETIC  
ASSOCIATION



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IHSAA State Wrestling Tournament, Veteran's Memorial Auditorium

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