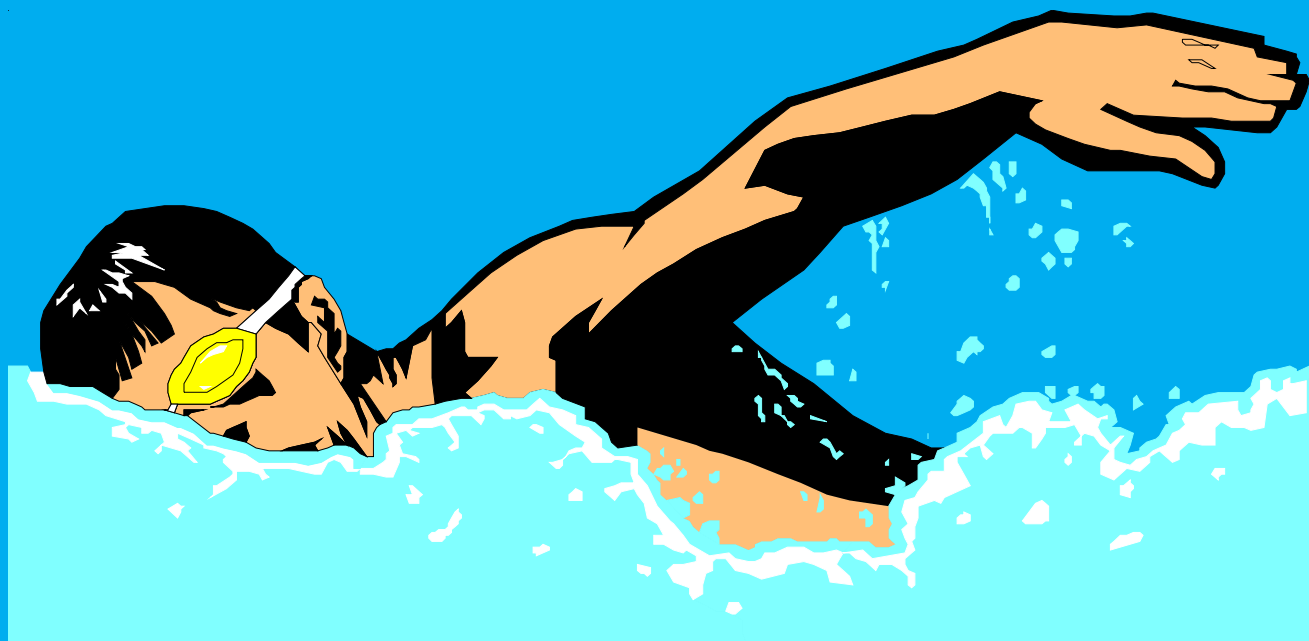


2009 SWIMMING



STAT BOOK

**Includes State Meet History, 1938-2008
Team and Individual Champions
State Meet Records
All-Time Best Lists**

**UPDATED AS OF
October 2008**



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Note: We always strive for accuracy, but errors in the spellings and omissions may occur. Unfortunately, in some places of this book we do not have the first name or the names of relay members. If you note a mistake, or can identify those “missing” swimmers, please contact Bud Legg at the IHSAA(blegg@iahsaa.org). Plan on celebrating the 71st State Meet Championships in Marshalltown, Feb. 14

MISSION STATEMENT

“The ideals of good sportsmanship, ethical behavior, and integrity permeate our culture. The values of good citizenship and high behavioral standards apply equally to all activity disciplines. In perception and practice, good sportsmanship shall be defined as those qualities of behavior which are characterized by generosity and genuine concern for others. Further, an awareness is expected of the impact of an individual’s influence on the behavior of others. Good sportsmanship is viewed by the Iowa High School Athletic Association as a concrete measure of the understanding and commitment to fair play, ethical behavior, and integrity.”

CURRENT STATE SWIM MEET RECORDS

200-YARD MEDLEY RELAY

CEDAR FALLS (*Nick Cordes-Jordan Wessels-Seth Wessels-Alex Stone*), 2006 1:33.56

200-YARD FREESTYLE

CRAIG OPPEL, Valley, West Des Moines 1985 1:36.36

200-YARD INDIVIDUAL MEDLEY

SEAN OSBORNE, Cedar Falls, 2003 1:50.29

50-YARD FREESTYLE

CHRIS ECKERMAN, Dowling Catholic, West Des Moines 1993 :20.32

100-YARD BUTTERFLY

ANDREW VANMETER, Ames, 2003 :48.58

100-YARD FREESTYLE

CHRIS ECKERMAN, Dowling Catholic, West Des Moines 1993 :44.17

500-YARD FREESTYLE

JASON LATHRUM, Indianola 1996 4:30.62

200-YARD FREESTYLE RELAY

CEDAR FALLS (*Nick Cordes-Alex Stone-Aaron Zander-Jordan Wessels*), 2006 1:24.58

100-YARD BACKSTROKE

ANDREW VANMETER, Ames, 2003 :48.83

100-YARD BREASTSTROKE

SEAN OSBORNE, Cedar Falls, 2003 55.69

400-YARD FREESTYLE RELAY

DOWLING CATHOLIC, WDM (*Adam Mitchell-Jimmer Dorweiler-Jimmy Sourbeer-Josh Otis*), 2002 .. 3:05.87

CURRENT NATIONAL SWIM RECORDS

200-YARD MEDLEY RELAY

Cincinnati St. Xavier, OH (*Jayme Cramer-Brett Burns-Scott Ransenberg-Max Leassner*)
at Canton, OH, Feb. 25, 2000 1:31.22

200-YARD FREESTYLE

Joe Hudepohl, Cincinnati St. Xavier, OH at Canton, OH, March 1, 1991 1:34.96

200-YARD INDIVIDUAL MEDLEY

Bradon Ally, St. Thomas Aquinas, Fort Lauderdale, FL at Gainesville, FL, Nov. 6, 2004 1:46.31

50-YARD FREESTYLE

Michael Cavic, Tustin, CA at Long Beach, CA, May 11, 2002 19.69

100-YARD BUTTERFLY

Nate Dusing, Covington Catholic, KY at Lexington, KY Feb. 22, 1997 :47.10

Austin Staab, Westerville Central, OH at Canton OH, Feb. 23, 2007 :47.10

100-YARD FREESTYLE

Joe Hudepohl, Cincinnati St. Xavier, OH, at Canton, OH, Feb. 15, 1992 :43.43

500-YARD FREESTYLE

Jeff Kostoff, Upland, CA, at Monterey Park, CA, May 14, 1983 4:16.39

200-YARD FREESTYLE RELAY

Birmingham Brother Rice, MI (*Karl Pawiewicz-Matt Parrish-Brian Swineteck-Mario Scussel*)
at Ypsilanti, MI, March 9, 1996 1:22.80

100-YARD BACKSTROKE

Alex Lim, Jacksonville Bolles, FL, at Orlando, FL, Nov. 11, 1999 :46.82

100-YARD BREASTSTROKE

Patrick Fowler, Seattle Preparatory, WA at Seattle, WA, Feb. 20, 1998 :53.66

400-YARD FREESTYLE RELAY

Jacksonville Bolles, FL (*Mike Salerno-Clay Kirkland-Damian Alleyne-Alex Lim*)
at Orlando, FL, Nov. 19, 1999 3:01.80

Toledo St. Francis, OH (*Brink Ciferri-James Leahy-David Fraas-Tony Kurth*)
at Canton, OH, Feb. 27, 1999 3:01.80

TEAM CHAMPIONS THROUGH THE YEARS

Year	Champion (Points)	Coach	Site
1938	Des Moines, North (44)	Jack McGuire	Des Moines
1939	Des Moines, Roosevelt (52)	Clark Munger	Ames
1940	Des Moines, Roosevelt (67)	Clark Munger	Ames
1941	Clinton (44)	Howard Judd	Boone
1942	Des Moines, North (38)	Francis Cretzmeyer	Ames
1943	Des Moines, Roosevelt (66)	Clark Munger	Ames
1944	Des Moines, Roosevelt (58)	Clark Munger	Ames
1945	Des Moines, Roosevelt (60)	Clark Munger	Des Moines
1946	Clinton (60)	Howard Judd	Iowa City
1947	Clinton (65)	Howard Judd	Iowa City
1948	Des Moines, Roosevelt (69)	Clark Munger	Ames
1949	Clinton (64)	Howard Judd	Iowa City
1950	Des Moines, Roosevelt (69)	Clark Munger	Des Moines
1951	(Tie) Clinton & DM, Roosevelt (71)	Howard Judd/Clark Munger	Iowa City
1952	Des Moines, Roosevelt (68)	Clark Munger	Ames
1953	Des Moines, Roosevelt (67)	Clark Munger	Ames
1954	Clinton (82)	Howard Judd	Iowa City
1955	Clinton (90)	Howard Judd	Iowa City
1956	Clinton (65)	Howard Judd	Des Moines
1957	Clinton (55)	Howard Judd	Des Moines
1958	Clinton (57)	Howard Judd	Des Moines
1959	Des Moines, Roosevelt (59)	Clark Munger	Cedar Rapids
1960	Muscatine (56)	Jack Janousek	Des Moines
1961	Cedar Rapids, Washington (65)	Hal Krizan	Cedar Rapids
1962	Clinton (66)	Howard Judd	Des Moines
1963	Des Moines, Roosevelt (56)	Clark Munger	Iowa City
1964	Cedar Rapids, Washington (68)	Hal Krizan	Iowa City
1965	Cedar Rapids, Washington (82)	Hal Krizan	Iowa City
1966	Cedar Rapids, Washington (260.5)	Hal Krizan	Ames
1967	Cedar Rapids, Washington (235.5)	Hal Krizan	Ames
1968	Cedar Rapids, Washington (238.5)	Hal Krizan	Ames
1969	Cedar Rapids, Washington (216)	Hal Krizan	Ames
1970	Cedar Rapids, Washington (238.5)	Hal Krizan	Ames
1971	Cedar Rapids, Washington (201)	Hal Krizan	Ames
1972	Cedar Rapids, Washington (183)	Hal Krizan	Ames
1973	Cedar Rapids, Washington (201)	Hal Krizan	Ames
1974	Cedar Rapids, Washington (194)	Jim Voss	Ames
1975	Mason City (132)	Willis Colville	Ames
1976	Cedar Rapids, Washington (202)	Jim Voss	Ames
1977	Cedar Rapids, Washington (179)	Jim Voss	Ames
1978	Bettendorf (174)	Wayne Fatchett	Ames
1979	Mason City (140)	Willis Colville	Ames
1980	Cedar Rapids, Washington (164)	Jim Voss	Ames
1981	Cedar Rapids, Kennedy (149)	Mark Onstott	Ames
1982	Ames (179)	Mike Wittmer	Fort Dodge
1983	Cedar Rapids, Washington (250)	Jim Voss	Iowa City
1984	West Des Moines, Valley (243)	Mark Wagner	Ames
1985	Cedar Rapids, Washington (241)	Jim Voss	Fort Dodge
1986	Bettendorf (277.5)	Wayne Fatchett	Iowa City
1987	Cedar Rapids, Washington (234)	Jim Voss	Iowa City
1988	Cedar Rapids, Washington (216)	Jim Voss	Iowa City
1989	Cedar Rapids, Washington (268)	Jim Voss	Iowa City
1990	Cedar Rapids, Washington (179)	Jim Voss	Iowa City
1991	Mason City (163.5)	Steve Hugo	Iowa City
1992	Cedar Rapids, Washington (173)	Jim Voss	Iowa City
1993	Cedar Falls (164)	Richard Marcussen	Iowa City
1994	Cedar Rapids, Washington (137.5)	Jim Voss	Iowa City
1995	Cedar Rapids, Washington (175)	Jim Voss	Iowa City
1996	Cedar Rapids, Washington (212)	Jim Voss	Iowa City
1997	Cedar Rapids, Washington (189.5)	Jim Voss	Iowa City

Team Champions Through the Years cont'd

Year	Champion	Coach	Site
1998	Cedar Falls (149)	Richard Marcussen	Iowa City
1999	Bettendorf (208)	Mike Ahrens	Iowa City
2000	Dowling Catholic, WDM (194)	Mark Crouch	Iowa City
2001	Dowling Catholic, WDM (173)	Mark Crouch	Iowa City
2002	Dowling Catholic, WDM (197.5)	Mark Crouch	Iowa City
2003	Dowling Catholic, WDM (192)	Mark Crouch	Iowa City
2004	Cedar Falls (214)	Richard Marcussen	Iowa City
2005	Cedar Falls (209)	Richard Marcussen	Marshalltown
2006	Cedar Falls (257.5)	Dana Peiffer	Marshalltown
2007	Bettendorf (184)	Mike Ahrens	Marshalltown
2008	Cedar Rapids Washington (171)	Chris Cruise	Marshalltown

STATE CHAMPIONSHIP COACHES

Ahrens, Mike (2)	Bettendorf 1999, 2007
Colville, Willis (2)	Mason City 1975, 79
Cretzmeyer, Francis	Des Moines, North 1942
Crouch, Mark (4)	Dowling Catholic, WDM 2000, 01, 02, 03
Cruise, Chris	Cedar Rapids Washington 2008
Fatchett, Wayne (2)	Bettendorf 1978, 86
Hugo, Steve	Mason City 1991
Janousek, Jack	Muscatine 1960
Judd, Howard (11)	Clinton 1941, 46, 47, 49, 51-tied, 54, 55, 56, 57, 58, 62
Krizan, Hal (11)	Cedar Rapids, Washington 1961, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73
Marcussen, Richard (4)	Cedar Falls 1993, 98, 2004, 05
McGuire, Jack	Des Moines, North 1938
Munger, Clark (12)	Des Moines, Roosevelt 1939, 40, 43, 44, 45, 48, 50, 51-tied, 52, 53, 59, 63
Onstott, Mark	Cedar Rapids, Kennedy 1981
Peiffer, Dana	Cedar Falls 2006
Voss, Jim (15)	Cedar Rapids, Washington 1974, 76, 77, 80, 83, 85, 87, 88, 89, 90, 92, 94, 95, 96, 97
Wagner, Mark	Valley, West Des Moines 1984
Wittmer, Mike	Ames 1982

TEAM CHAMPIONSHIPS

Cedar Rapids, Washington	27	1961, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 76, 77, 80, 83, 85, 87, 88, 89, 90, 92, 94, 95, 96, 97, 2008
Des Moines, Roosevelt	12	1939, 40, 43, 44, 45, 48, 50, 51-tie, 52, 53, 59, 63
Clinton	11	1941, 46, 47, 49, 51-tie, 54, 55, 56, 57, 58, 62
Cedar Falls	5	1993, 98, 2004, 05, 06
Dowling Catholic, WDM	4	2000, 01, 02, 03
Bettendorf	4	1978, 86, 99, 2007
Mason City	3	1975, 79, 91
Des Moines, North	2	1938, 42
One each for...		
Ames 1982		Muscatine 1960
Cedar Rapids, Kennedy 1981		West Des Moines, Valley 1984

TEAM RUNNER-UP FINISHES

Clinton	15	1938, 40, 42, 43, 45, 48, 50, 52, 53, 61, 63-tie, 64, 65, 67, 68
Des Moines, Roosevelt	9	1946, 47, 54, 55, 56, 57, 58, 62, 66
Bettendorf	8	1977, 81, 83, 84, 85, 97, 2000, 08

Championship, Runner-up Information cont'd

Cedar Rapids, Washington	8	1963-tie, 79, 82, 86, 91, 98, 2006, 07
Ames	7	1972, 74, 75, 95, 2001, 02, 03
Des Moines, North	5	1939, 41, 44, 49, 51
Mason City	4	1976, 78, 89, 90
Dowling Catholic, WDM	4	1993, 94, 96, 99
Valley, WDM	4	1980, 87, 88, 2005
Davenport, West	2	1969, 73
Sioux City, Central	2	1959, 60
One each for...		
Cedar Falls	1992	
Des Moines, Hoover	1971	
Cedar Rapids, Kennedy	1970	

COMBINED FINISHES

	<u>Titles</u>	<u>Runner-up</u>	<u>Total</u>
Cedar Rapids, Washington	27	8	35
Clinton	11	15	26
Des Moines, Roosevelt	12	9	21
Bettendorf	4	8	12
Dowling Catholic, WDM	4	4	8
Ames	1	7	8
Des Moines, North	2	5	7
Mason City	3	4	7
Cedar Falls	5	1	6
Valley, WDM	1	4	5

STATE MEET RECORD SECTION, 1938-2006
INDIVIDUALS OR RELAY TEAMS WHO HAVE BEEN STATE CHAMPIONS 3 OR MORE YEARS

EIGHT CONSECUTIVE YEARS

Cedar Rapids, Washington	200-Medley Relay	1964, 65, 66, 67, 68, 69, 70, 71
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SIX CONSECUTIVE YEARS

Clinton	160-Free Relay	1946, 47, 48, 49, 50, 51
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FIVE CONSECUTIVE YEARS

Des Moines Roosevelt	160-Free Relay	1938, 39, 40, 41, 42
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FOUR CONSECUTIVE YEARS

Individual Events

Doug Felton, Muscatine	100-Freestyle	1960, 61, 62, 63
Ian Renner-Arjes, Bettendorf	200-Freestyle	1996, 97, 98, 99
Andrew VanMeter, Ames	100 Backstroke	2000, 01, 02, 03
Andrew VanMeter, Ames	100 Butterfly	2000, 01, 02, 03
Nick Cordes, Cedar Falls	100-Backstroke	2004, 05, 06, 07

Relay Events

Des Moines, Roosevelt	160 Freestyle Relay	1939, 40, 41, 42
Des Moines, Roosevelt	160-Freestyle Relay	1952, 53, 54, 55
Cedar Rapids, Washington	200-Medley Relay	1994, 95, 96, 97
Cedar Rapids, Washington	200-Freestyle Relay	1994, 95, 96, 97
Dowling Catholic, WDM	400-Freestyle Relay	2000, 01, 02, 03

THREE CONSECUTIVE YEARS

Individual Events

Bill Freeman, Des Moines Roosevelt	100-Breaststroke	1939, 40, 41
Garrett Maris, DM, Roosevelt	50-Freestyle	1957, 58, 59
Robbie Cook, CR, Washington	100-Freestyle	1966, 67, 68
Chris Eckerman, Dowling Catholic, WDM	100-Freestyle	1991, 92, 93
Maurice LeVois, Iowa City, University	400-Freestyle	1962, 63, 64
Dave Everett, DM, Roosevelt	500-Freestyle	1975, 76, 77
Tom Evers, DM, Hoover	500-Freestyle	1985, 86, 87
Jason Lathrum, Indianola	500-Freestyle	1995, 96, 97

State Meet Record Section cont'd

Jason Snider, Valley, WDM	500-Freestyle	1998, 99, 00
Bill Freeman, DM, Roosevelt	100-Breaststroke	1939, 40, 41
Ralph Bextine, CR, Washington	100-Breaststroke	1960, 61, 62
Bob Vanderloo, Dubuque, Senior	100-Breaststroke	1972, 73, 74
Paul Graettinger, Muscatine	100-Breaststroke	1980, 81, 82
Ben Litton, Cedar Falls	100-Breaststroke	1996, 97, 98
Doug Walrod, Davenport, Central	100-Backstroke	1968, 69, 70
Bob Reinbold, Ames	100-Backstroke	1971, 72, 73
Tom Roemer, Bettendorf	100-Backstroke	1977, 78, 79
Zach Ferguson, Dowling Catholic, WDM	100-Backstroke	1997, 98, 99
Gary Longstreth, Muscatine	100-Butterfly	1958, 59, 60
Jim Halpin, CR, Washington	100-Butterfly	1964, 65, 66
Ben Taylor, CR, Washington	100-Butterfly	1971, 72, 73
Mike Johnson, Ankeny	100-Butterfly	1986, 87, 88
Justin Clossen, Linn-Mar, Marion	100-Butterfly	1992, 93, 94
Jason Lathrum, Indianola	200-Ind. Medley	1995, 96, 97
Kiel Huston, Ankeny	100 Breaststroke	2000, 01, 02
Charlie Cunnick, Davenport Central	500-Freestyle	2002, 03, 04
Nick Cordes, Cedar Falls	50-Freestyle	2005, 06, 07
Steven Brus, Davenport North	500-Freestyle	2005, 06, 07
Zack Bartolomew, Pleasant Valley	100-Butterfly	2006,07, 08

RELAY EVENTS

Clinton	180-Medley Relay	1940, 41, 42
Des Moines, Roosevelt	200-Freestyle Relay	1956, 57, 58
Cedar Rapids, Washington	200-Medley Relay	1988, 89, 90
Cedar Falls	400-Freestyle Relay	2004, 05, 06

SCHOOLS WHICH HAVE WON INDIVIDUAL STATE CHAMPIONSHIP EVENTS

Ames	33	Lewis Central, Council Bluffs	1
Ankeny	13	Linn-Mar, Marion	4
Bettendorf	33	Marshalltown	2
Boone	7	Mason City	13
Cedar Falls	22	Muscatine	24
Cedar Rapids, Jefferson	4	Newton	1
Cedar Rapids, Kennedy	13	NUH, Cedar Falls	2
Cedar Rapids, Roosevelt	2	Ottumwa	9
Cedar Rapids, Washington	66	Pleasant Valley	3
Charles City	2	Sioux City, Central	6
Clinton	56	Sioux City, East	2
Davenport-Davenport, Central	13	Sioux City, North	3
Davenport, North	6	Southeast Polk, Runnells	1
Davenport, West	5	Urbandale	1
Decorah	3	Valley, West Des Moines	9
Des Moines, East	1	Waterloo, East	1
Des Moines, Hoover	6	Waterloo, West	3
Des Moines, Lincoln	9	Waverly-Shell Rock	2
Des Moines, North	17		
Des Moines, Roosevelt	59		
Dowling Catholic, West Des Moines	21		
Dubuque, Hempstead	2		
Dubuque, Senior	12		
Fort Dodge	3		
Grinnell	1		
Indianola	6		
Iowa City, City	1		
Iowa City, University	4		
Iowa City, West	6		

SCHOOLS BOASTING RELAY TEAMS THAT HAVE WON STATE CHAMPIONSHIPS

Ames	8	Dowling Catholic, West Des Moines	6
Bettendorf	12	Dubuque, Senior	3
Boone	1	Iowa City, City High	1
Cedar Rapids, Kennedy	1	Mason City	8
Cedar Rapids, Washington	36	Muscatine	6
Cedar Falls	11	Pleasant Valley	2
Clinton	21	Sioux City, Central	2
Davenport, West	3	Urbandale	1
Des Moines, Roosevelt	27	Valley, West Des Moines	48
Des Moines, North	3	Waterloo, West	1
Des Moines, Lincoln	1		

SCHOOLS WHICH HAVE WON STATE CHAMPIONSHIP DIVING TITLES

Ames	3	Des Moines, Roosevelt	11
Cedar Rapids	2	Des Moines, Tech	1
Cedar Rapids, Jefferson	2	Dubuque, Senior	1
Cedar Rapids, Kennedy	2	Dubuque, Wahlert	1
Cedar Rapids, Washington	10	Iowa City, City High	2
Davenport, West	2	Iowa City, University	1
Des Moines, Hoover	4	Sioux City, Central	1
Des Moines, Lincoln	2	Southeast Polk, Runnells	1
Des Moines, North	2		

TEAM & INDIVIDUAL STATE MEET RECORDS

Most Consecutive Team Championships 11 by Cedar Rapids, Washington, 1964-74

Most Points Scored by a Championship Team 277.5 by Bettendorf, 1986

Most Event Champions by Championship Team 8 by CR, Washington, 1966, 7 by Bettendorf, 1978; 6 by Cedar Falls, 2006; CR, Washington 1967, 1968, 1970, 1978, and 1989; Clinton, 1947 and 1954, Des Moines Roosevelt, 1952 and 1953

Fewest Event Champions by Championship Team 0 by CR, Washington, 1987

Most Gold Medals by Individual in Single State Meet4 by Ian Renner-Arjes, Bettendorf, 1999 (100 Freestyle, 200 Freestyle, 400 Freestyle Relay, 200 Freestyle Relay); Jason Snider, Valley, WDM, 2000 (500 Freestyle, 200 Individual Medley, 200 Medley Relay, 200 Freestyle Relay); Mariusz Siembida, Cedar Rapids Washington, 1992 (100 Backstroke, 200 Individual Medley, 200 Medley Relay, 400 Freestyle Relay); Nick Cordes, Cedar Falls, 2006 (50 freestyle, 100 backstroke, 200 Medley Relay, 200 Freestyle Relay)

Most Career Gold Medals in Individual Events 8 by Andrew VanMeter, Ames, 2000-03 7 by Nick Cordes, Cedar Falls, 2004-07; 7 by Ian Renner-Arjes, Bettendorf, 1996-99; 6 by Zach Ferguson, Dowling Catholic, 1997-2000; Jason Lathrum, Indianola, 1995-97; Mike Johnson, Ankeny, 1986-88; Craig Oppel, Valley, WDM, 1983-85; Robbie Cook, CR, Washington, 1966-68; Doug Felton, Muscatine, 1960-63; Gary Longstreth, Muscatine, 1957-60

Most Combined Career Gold Medals in State Meets.....11 by Nick Cordes, Cedar Falls, 2004-07 (7 individual, 4 relays); 10 by Ian Renner-Arjes, Bettendorf, 1996-99 (7 individual, 3 relays) and Andrew VanMeter, Ames, 2000-2003 (8 individual, 2 relays); 9 by Nick Cordes, Cedar Falls, 2004- present (5 individual, 4 relays); 8 by Jon Strother, Cedar Rapids Washington, 1994-97 (8 relays); Tom Roemer, Bettendorf, 1977-79 (5 individual, 3 relays); 7 by Jimmer Dorweiler, Dowling Catholic, WDM, 2000-03(2 individual, 5 relays); Jason Snider, Valley, WDM, 1998-2000(5 individual, 2 relays); Zach Ferguson, Dowling Catholic, WDM, 1997-2000 (6 individual, 1 relay); Craig Oppel, Valley, WDM, 1983-85 (6 individual, 1 relay); Ben Taylor, CR Washington, 1971-73 (5 individual, 2 relays); Doug Felton, Muscatine, 1960-63 (6 individual, 1 relay); 6 by Jason Lathrum, Indianola, 1995-97 (6 individual); Mike Johnson, Ankeny, 1986-88 (6 individual); Robbie Cook, CR Washington; 1966-68 (6 individual); Gary Longstreth, Muscatine, 1957-60 (6 individual);Chris Eckerman, Dowling Catholic, WDM, 1991-93 (5 individual, 1 relay); Jack Powell, Mason City, 2000-02 (4 individual, 2 relays); Dan Ross, Cedar Falls, 1990-93 (4 individual, 2 relays); Dave Everett, DM Roosevelt, 1975-77 (4 individual, 2 relays); and Jim Halpin, CR Washington, 1964-66 (3 individual, 3 relays).

TOP SIX TEAMS YEAR-BY-YEAR

1938	DES MOINES, NORTH	44	Newton	7
	Clinton	24	(Tie) Des Moines, Lincoln	6
	Fort Dodge	13	Traer	6
1939	Des Moines Roosevelt	52	Davenport	12
	Des Moines North	49	(Tie) Des Moines Lincoln	9
	Fort Dodge	19	Clinton	9
1940	DES MOINES, ROOSEVELT	67	Fort Dodge	11
	Clinton	37	Des Moines, Lincoln	10
	Des Moines, North	25	Boone	4
1941	CLINTON	44	Fort Dodge	17
	Des Moines, North	36	Marshalltown	15.5
	Des Moines, Roosevelt	33.5	Des Moines, East	6
1942	DES MOINES, NORTH	38	Marshalltown	15
	Clinton	35	Fort Dodge	13
	Des Moines, Roosevelt	29	Cedar Rapids, Roosevelt	12
1943	DES MOINES, ROOSEVELT	66	Boone	13
	Clinton	33	Des Moines, Lincoln	8
	Des Moines, North	32	No other scoring	
1944	DES MOINES, ROOSEVELT	58	Des Moines, Lincoln	13
	Des Moines, North	40	Boone	12
	Clinton	29	No other scoring	
1945	DES MOINES, ROOSEVELT	60	Des Moines, Lincoln	21
	Clinton	36	Des Moines, East	6
	Des Moines, North	28	Cedar Falls	5
1946	CLINTON	60	Cedar Falls	9
	Des Moines, Roosevelt	39	Boone	8
	Des Moines, North	35	Des Moines, East	3
1947	CLINTON	65	Des Moines, North	16
	Des Moines, Roosevelt	43	Des Moines, Lincoln	8
	Boone	17	Des Moines, East	7
1948	DES MOINES, ROOSEVELT	58	Des Moines, North	20
	Clinton	42	Des Moines, Lincoln	6
	Boone	22	(Tie) Des Moines, East/Davenport	4
1949	CLINTON	64	Boone	14
	Des Moines, North	57	Des Moines, Lincoln	9
	Des Moines, Roosevelt	17	Davenport	6
1950	DES MOINES, ROOSEVELT	69	Boone	15
	Clinton	49	Des Moines, Lincoln	12
	Des Moines, North	31	No other scoring	
1951	(Tie) CLINTON	71	Des Moines, Lincoln	26
	DES MOINES, ROOSEVELT	71	Iowa City, University High	12
	Des Moines, North	47	Boone	5
1952	DES MOINES, ROOSEVELT	68	Des Moines, North	15
	Clinton	57	Davenport	6
	Des Moines, Lincoln	16	Ames	4

Top Six Team Finishers - Year-by-Year cont'd

1953	DES MOINES, ROOSEVELT	67	Des Moines, Lincoln	16
	Clinton	48	(Tie) Iowa City	4
	Des Moines, North	18	Ames	4
1954	CLINTON	82	Des Moines, Lincoln	19
	Des Moines, Roosevelt	73	(Tie) Muscatine/Iowa City/Sioux City, Central/Des Moines, East	6
	Des Moines, North	33		
1955	CLINTON	90	(Tie) Des Moines, North	14
	Des Moines, Roosevelt	63	Muscatine	14
	Ottumwa	16	Des Moines, Lincoln	14
1956	CLINTON	65	Des Moines, Lincoln	27
	Des Moines, Roosevelt	55.5	Ottumwa	21
	Des Moines, North	28	Burlington	11
1957	CLINTON	55	Des Moines, Lincoln	23
	Des Moines, Roosevelt	54	Burlington	20
	Muscatine	25	Sioux City Central	18
1958	CLINTON	57	Cedar Rapids, Washington	29
	Des Moines, Roosevelt	53	Des Moines, Lincoln	23
	Sioux City, Central	32	Burlington	22
1959	DES MOINES, ROOSEVELT	59	Muscatine	31
	Sioux City, Central	53	Cedar Rapids, Washington	29.5
	Ottumwa	31	Fort Dodge	26
1960	MUSCATINE	56	Des Moines, Roosevelt	33
	Sioux City, Central	54	Clinton	28
	Cedar Rapids, Washington	34	Fort Dodge	19
1961	CEDAR RAPIDS, WASHINGTON	65	Sioux City, Central	30
	Clinton	44	(Tie) Muscatine	17
	Des Moines, Roosevelt	32	Marshalltown	17
1962	CLINTON	66	Sioux City, Central	29
	Des Moines, Roosevelt	56	Cedar Rapids, Washington	23
	(tie) Des Moines, Lincoln	29	Muscatine	21
1963	DES MOINES, ROOSEVELT	56	Davenport, West	21.5
	(tie) Clinton	42	Muscatine	21
	Cedar Rapids, Washington	42	Sioux City, Central	18
1964	CEDAR RAPIDS, WASHINGTON	68	Cedar Rapids, Jefferson	37
	Clinton	66.5	(tie) Iowa City, University High	20
	Des Moines, Roosevelt	38	Sioux City, Central	20
1965	CEDAR RAPIDS, WASHINGTON	82	Sioux City, Central	21
	Clinton	75	Cedar Rapids, Jefferson	19
	Des Moines, Roosevelt	31	Davenport, West	14
1966	CEDAR RAPIDS, WASHINGTON	260.5	Clinton	109
	Des Moines, Roosevelt	168.5	Davenport, West	81.5
	Sioux City, Central	117	Iowa City	65.5
1967	CEDAR RAPIDS, WASHINGTON	235.5	Iowa City, University High	100.5
	Clinton	200	Davenport, West	80.5
	Sioux City, Central	104	Des Moines, Roosevelt	75

Top Six Team Finishers - Year-by-Year cont'd

1968 CEDAR RAPIDS, WASHINGTON	238.5	Davenport, Central	110
Clinton	125	Cedar Rapids, Kennedy	86
Davenport, West	122.5	Des Moines, Roosevelt	79
1969 CEDAR RAPIDS, WASHINGTON	216	Des Moines, Roosevelt	89.5
Davenport, West	115	Clinton	65
Cedar Rapids, Kennedy	107	Muscatine	64
1970 CEDAR RAPIDS, WASHINGTON	236	Davenport, West	76
Cedar Rapids, Kennedy	113	Sioux City, Central	69
Muscatine	97	Des Moines, Roosevelt	66
1971 CEDAR RAPIDS, WASHINGTON	201	Muscatine	96
Des Moines, Hoover	134	Cedar Rapids, Kennedy	88
Ames	98	Cedar Falls.....	75
1972 CEDAR RAPIDS, WASHINGTON	183	Des Moines, Roosevelt	117
Ames	151	Des Moines, Hoover	105
Davenport, West	126	Clinton	60
1973 CEDAR RAPIDS, WASHINGTON	201	Des Moines, Roosevelt	97
Davenport, West	144	Davenport, Central	83
Ames	125	Cedar Falls	74
1974 CEDAR RAPIDS, WASHINGTON	194	Muscatine	73
Ames	128	Valley, West Des Moines	72
Mason City	86	Davenport, Central	70
1975 MASON CITY	132	Des Moines, Roosevelt	114
Ames	127	Davenport, Central	110
Des Moines, Hoover	121	Cedar Rapids, Washington	90
1976 CEDAR RAPIDS, WASHINGTON	202	Ames	125
Mason City	155	Bettendorf	99
Des Moines, Roosevelt	134	Valley, WDM.....	67
1977 CEDAR RAPIDS, WASHINGTON	179	Des Moines, Roosevelt	95
Bettendorf	114	Mason City	92
Ames	97	Muscatine	89
1978 BETTENDORF	174	Muscatine	105
Mason City	162	Des Moines, Hoover	95
Cedar Rapids, Washington	117	Fort Dodge	81
1979 MASON CITY	140	Cedar Rapids, Kennedy	98
Cedar Rapids, Washington	134	Valley, West Des Moines	84
Bettendorf	101	Ames	76
1980 CEDAR RAPIDS, WASHINGTON	164	Cedar Rapids, Kennedy	119
Valley, West Des Moines	149.5	Bettendorf	107
Ames	142.5	Fort Dodge	93
1981 CEDAR RAPIDS, KENNEDY	149	Ames	106
Bettendorf	141	Valley, West Des Moines	96
Cedar Rapids, Washington	138	Davenport, Central	92
1982 AMES	179	Valley, West Des Moines	87
Cedar Rapids, Washington	158	Muscatine	64
Bettendorf	116	Mason City	63

Top Six Team Finishers - Year-by-Year cont'd

1983 CEDAR RAPIDS, WASHINGTON	250	Dubuque, Senior	163
Bettendorf	220	Muscatine	141
Valley, West Des Moines	188	Sioux City, East	125
1984 VALLEY, WEST DES MOINES	243	Cedar Rapids, Washington	167
Bettendorf	214	Dubuque, Senior	153
Muscatine	205	Cedar Rapids, Kennedy	129
1985 CEDAR RAPIDS, WASHINGTON	241	Burlington	145
Bettendorf	229	Des Moines, Hoover	118
Valley, West Des Moines	149	Dubuque, Senior	115
1986 BETTENDORF	277.5	Dubuque, Senior	108
Cedar Rapids, Washington	204	Cedar Falls, NUH	94
Des Moines, Hoover	166	Valley, West Des Moines	93
1987 CEDAR RAPIDS, WASHINGTON	234	Dubuque, Senior	131
Valley, West Des Moines	220	Bettendorf	130
Des Moines, Hoover	132	Mason City	108.5
1988 CEDAR RAPIDS, WASHINGTON	216	Ames	72
Valley, West Des Moines	142	Dubuque, Senior	63
Des Moines, Roosevelt	108	Muscatine	61
1989 CEDAR RAPIDS, WASHINGTON	268	Iowa City, West	77.5
Mason City	130	Davenport, West	63
Des Moines, Roosevelt	78	Dubuque, Senior	58
1990 CEDAR RAPIDS, WASHINGTON	179	(tie) Cedar Falls	100
Mason City	113	Valley, West Des Moines	100
Iowa City, City	111	Dowling Catholic, WDM	76
1991 MASON CITY	163.5	Cedar Falls	118
Cedar Rapids, Washington	155	Iowa City, City High	111
Valley, West Des Moines	124	Fort Dodge	92
1992 CEDAR RAPIDS, WASHINGTON	173	Pleasant Valley	93
Cedar Falls	125	Dubuque, Senior	91.5
Dowling Catholic, WDM	112	Iowa City, City High	89
1993 CEDAR FALLS	164	Ames	99
Dowling Catholic, WDM	139	Cedar Rapids, Washington	93
Iowa City, City High	104	Waterloo, West	92
1994 CEDAR RAPIDS, WASHINGTON	137.5	Waterloo, West	90.5
Dowling Catholic, WDM	131	(Tie) Cedar Rapids, Kennedy	82
Iowa City, City High	93.5	Ames	82
1995 CEDAR RAPIDS, WASHINGTON	175	Cedar Rapids, Kennedy	76
Ames	122	Dubuque, Senior	69
Dowling Catholic, WDM	103.5	Cedar Falls	66.5
1996 CEDAR RAPIDS, WASHINGTON	212	Bettendorf	109
Dowling Catholic, WDM	144	Cedar Rapids, Kennedy	93
Ames	142	Dubuque, Senior	82
1997 CEDAR RAPIDS, WASHINGTON	189.5	Mason City	89
Bettendorf	155	Urbandale	84.5
Dowling Catholic, WDM	149.5	Cedar Falls	84
1998 CEDAR FALLS	149	Bettendorf	120
Cedar Rapids, Washington	145	Dowling Catholic, WDM	117
Muscatine	140	Ankeny	110.5

Top Six Team Finishers - Year-by-Year cont'd

1999	BETTENDORF	208	Valley, West Des Moines	118
	Dowling Catholic, WDM	150	Ottumwa	88
	Ankeny	144.5	Muscatine	85
2000	Dowling Catholic, WDM	194	Ottumwa	122
	Bettendorf	189	Mason City	98
	Valley, West Des Moines	150	Ankeny	70
2001	Dowling Catholic, WDM	173	Bettendorf	153
	Ames	168	Mason City	144
	Valley, West Des Moines	167	Ottumwa	92
2002	Dowling Catholic, WDM	197.5	Mason City	137
	Ames	188.5	Valley, WDM	130
	Ottumwa	164.5	Ankeny	90
2003	Dowling Catholic, WDM	192	Ottumwa	110
	Ames	176	Cedar Falls	96
	Valley, WDM	137	Ankeny	83
2004	Cedar Falls	214	Valley, WDM	99
	Dowling Catholic, WDM	159	Ames	93
	Cedar Rapids, Washington	127	Ankeny	90
2005	Cedar Falls	209	Cedar Rapids Washington	125
	Valley, WDM	137.50	Ankeny	98
	Ames	136	Waterloo West	90.50
2006	Cedar Falls	257.5	Ames	117
	Cedar Rapids Washington	164.5	Bettendorf	93.5
	Valley, WDM	128	Pleasant Valley	87
2007	Bettendorf	184	Valley, WDM	110
	Cedar Rapids Washington	151	Cedar Falls	103
	Muscatine	130	Pleasant Valley	9
2008	Cedar Rapids Washington	171	Pleasant Valley	116
	Bettendorf	144	Ames	110
	Cedar Falls	129	Dubuque Senior	94.50

STATE CHAMPIONS

40-YARD FREESTYLE CHAMPIONS

1937	Seig, Davenport	:19.5
1938	Clarence Moore, Clinton	:20.1
1939	Richard Wunchel, Davenport	:20.4
1940	Sid Craiger, Des Moines, Roosevelt	:19.5
1941	Jim Piatt, Clinton	:19.7
1942	Ken Marsh, Cedar Rapids, Roosevelt	:19.4
1943	Jack Jowett, Clinton	:19.1
	Bob Anderson, Boone, set NATIONAL RECORD (:17.9) in prelims in 1943.	
	In 1944, during regular season, Anderson tied his NATIONAL RECORD.	
1944	Bob Anderson, Boone	:18.2
1945	Al Machael, Clinton	:19.7
1946	Bob Brown, Cedar Falls	:19.0
1947	Al Machael, Clinton	:18.8
1948	Nicholson, Des Moines, Roosevelt	:19.3
1949	Paul Johnson, Des Moines, North	:19.6
1950	John Kruse, Des Moines, Roosevelt	:19.5
1951	John Kruse, Des Moines, Roosevelt	:19.1
1952	Gus Johnson, Des Moines, Roosevelt	:19.0

40-Yard Freestyle Champions, cont'd

1953	Al Maris, Des Moines, Roosevelt	:19.9
1954	Al Maris, Des Moines, Roosevelt	:18.8
1955	Gary Morris, Clinton	:17.8

50-YARD FREESTYLE CHAMPIONS

1956	Bob Holleran, Clinton	:25.2
1957	Garrett Maris, Des Moines, Roosevelt	:24.0
1958	Garrett Maris, Des Moines, Roosevelt	:23.1
1959	Garrett Maris, Des Moines, Roosevelt	:22.8
1960	Dave Dismer, Davenport	:23.8
1961	Doug Felton, Muscatine	:23.5
1962	Ron Gabrielson, Sioux City, Central	:23.1
1963	Dave Strief, Des Moines, Roosevelt	:23.3
1964	(tie) Marty Morris, Clinton/Ron David, Cedar Rapids, Jefferson	:22.8
1965	Jim Nichols, Clinton	:23.1
1966	Robbie Cook, Cedar Rapids, Washington	:22.5
1967	Eric Holtze, Sioux City, Central	:22.8
1968	Tim Krizan, Cedar Rapids, Washington	:22.4
1969	Steve Hartkemeyer, Cedar Rapids, Kennedy	:22.4
1970	Terry Callahan, Des Moines, Lincoln	:22.41
1971	Rod Oberhaus, Muscatine	:22.72
1972	Ralph Mundt, Davenport, West	:22.56
1973	Jeff Jutte, Muscatine	:22.2
1974	Jeff Henry, Cedar Rapids, Washington	:22.47
1975	Rick Ver Huel, Cedar Falls	:22.43
1976	Kam Smith, Sioux City, North	:22.22
1977	Charlie Roberts, Bettendorf	:21.87
1978	Charlie Roberts, Bettendorf	:21.51
1979	Dan Bartlett, Des Moines, Roosevelt	:21.87
1980	Vince Dahl, Boone	:22.10
1981	Joe Ehlers, Davenport, Central	:21.63
1982	Vince Dahl, Boone	:21.58
1983	Evan Johnston, Des Moines, Lincoln	:21.70
1984	Craig Oppel, Valley, West Des Moines	:21.23
1985	Joe Barger, Cedar Rapids, Kennedy	:21.66
1986	Ken Atkinson, Bettendorf	:21.50
1987	Rob Strauch, Dubuque, Hempstead	:21.60
1988	Jeff Lovell, Waverly, Waverly-Shell Rock	:21.02
1989	J.P. Bickel, Cedar Rapids, Washington	:21.60
1990	Eric Lemen, Davenport, West	:21.36
1991	Tory Hartwig, Bettendorf	:21.57
1992	Chris Eckerman, Dowling Catholic, WDM	:20.70
1993	Chris Eckerman, Dowling Catholic, WDM	:20.32
1994	Seth Shepard, Waterloo, West	:21.28
1995	Chris Pollock, Mason City	:21.57
1996	Andy Kyser, Davenport, North	:21.33
1997	John Lonergan, Bettendorf	:21.30
1998	Mike Hicklin, Urbandale	:20.88
1999	Ryan Fitzgerald, Dowling Catholic, WDM	:21.44
2000	Grant Parrish, Bettendorf	:21.14
2001	Jack Powell, Mason City	:21.42
2002	Jack Powell, Mason City	:21.58
2003	Michael Burke, Valley, WDM	:21.51
2004	B. J. Kolsrud, Cedar Rapids Washington	:20.90
2005	Nick Cordes, Cedar Falls	:20.73
2006	Nick Cordes, Cedar Falls	:20.62
2007	Nick Cordes, Cedar Falls	:20.56
2008	Ryan Phelan, Cedar Falls	:20.81

100-YARD FREESTYLE CHAMPIONS

1937	Seig, Davenport	:55.2
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100-Yard Freestyle Champions cont'd

1938	Clarence Moore, Clinton	:58.0
1939	Dick Misner, Des Moines, Roosevelt	:58.4
1940	Sid Craiger, Des Moines, Roosevelt	:55.5
1941	Jim Piatt, Clinton	:56.2
1942	Ken Marsh, Cedar Rapids, Roosevelt	:54.6
1943	Bob Anderson, Boone	:52.9
1944	Bob Anderson, Boone	:52.3
	Anderson set NATIONAL RECORD (:52.4) during season of 1943.	
	His championship time (:52.3) in 1944 set a NATIONAL RECORD.	
1945	Larry Larimore, Des Moines, Roosevelt	:53.6
1946	Roger Watts, Des Moines, North	:54.03
1947	A1 Machael, Clinton	:54.02
1948	Nicholson, Des Moines, Roosevelt	:54.7
1949	Bob Joegensen, Clinton	:56.9
1950	John Kruse, Des Moines, Roosevelt	:57.2
1951	Maurie McCullen, Clinton	:54.5
1952	Maurie McCullen, Clinton	:56.3
1953	Pete Janss, Des Moines, Roosevelt	:54.8
1954	Gary Morris, Clinton	:53.2
1955	Gary Morris, Clinton	:49.8
1956	Keith Zastrow, Clinton	:56.4
1957	Ronald McDevitt, Clinton	:54.5
1958	Ronald McDevitt, Clinton	:51.9
1959	Joe Weir, Sioux City, Central	:53.5
1960	Doug Felton, Muscatine	:53.5
1961	Doug Felton, Muscatine	:51.3
1962	Doug Felton, Muscatine	:50.8
1963	Doug Felton, Muscatine	:50.7
1964	Ray Kearney, Clinton	:50.3
1965	Jim Nichols, Clinton	:51.2
1966	Robbie Cook, Cedar Rapids, Washington	:49.6
1967	Robbie Cook, Cedar Rapids, Washington	:49.4
1968	Robbie Cook, Cedar Rapids, Washington	:48.0
1969	Steve Hartkemeyer Cedar Rapids, Kennedy	:49.5
1970	Dave Carrithers, Cedar Rapids, Washington	:48.54
1971	Rod Oberhaus, Muscatine	:48.96
1972	Dexter MacBride, Ames	:48.96
1973	Dexter MacBride, Ames	:48.3
1974	Mark Barnett, Ames	:48.95
1975	Maury Johnson, Ames	:48.95
1976	Eric Johnson, Ames	:47.70
1977	Jeff Henry, Cedar Rapids, Washington	:48.67
1978	Mark Stanley, Fort Dodge	:47.51
1979	Chris Williams, Cedar Rapids, Washington	:47.35
1980	Vince Dahl, Boone	:48.10
1981	Joe Ehlers, Davenport, Central	:47.86
1982	Scott McCadam, Waterloo, West	:47.66
1983	Chris Richard, Ames	:45.89
1984	Craig Oppel, Valley, West Des Moines	:45.62
1985	Chris Reedy, Sioux City, North	:46.50
1986	Ken Atkinson, Bettendorf	:46.98
1987	Todd Trappe, Mason City	:47.69
1988	Jeff Lovell, Waverly-Shell Rock	:46.91
1989	Rich Mitvalsky, Cedar Rapids, Washington	:46.79
1990	Eric Lemen, Davenport, West	:46.15
1991	Chris Eckerman, Dowling Catholic, WDM	:46.48
1992	Chris Eckerman, Dowling Catholic, WDM	:44.43
1993	Chris Eckerman, Dowling Catholic, WDM	:44.17
1994	Seth Shepard, Waterloo, West	:46.49
1995	Joe Fisher, Ames	:46.35
1996	Thad Hackney, Cedar Rapids, Kennedy	:45.47
1997	John Lonergan, Bettendorf	:46.22

100-Yard Freestyle Champions cont'd

1998	Zach Ferguson, Dowling Catholic, WDM	:46.66
1999	Ian Renner-Arjes, Bettendorf	:46.06
2000	Zach Ferguson, Dowling Catholic, WDM	:45.79
2001	Jack Powell, Mason City	:46.52
2002	Jack Powell, Mason City	:46.75
2003	Jeff Bratten, Ottumwa	:46.20
2004	Jimmy Sourbeer, Dowling Catholic, WDM	:46.87
2005	Matt Dahlke, Marshalltown	:46.95
2006	Joe Wiedemeier, Ames	:46.57
2007	Jordan Huff, Dubuque Senior	:45.97
2008	Jordan Huff, Dubuque Senior	:45.28

220-YARD FREESTYLE CHAMPIONS

1937	Macielewski, CVedar Rapids	2:30.6
1938	Carl Ahlgren, Des Moines, North	2:25.9
1939	Dean Darby, Des Moines, Roosevelt	2:25.6
1940	Hubert Norman, Clinton	2:25.1
1941	Floyd Hartzler, Des Moines, East	2:26.6
1942	Jim Piatt, Clinton	2:24.3
1943	Larry Larimore, Des Moines, Roosevelt	2:25.1
1944	Bill Crispin, Des Moines, Roosevelt	2:28.7
1945	Roger Watts, Des Moines, North	2:24.3
1946	Roger Watts, Des Moines, North	2:38.0
1947	Bert Doyne, Clinton	2:26.5
1948	Watkins, Des Moines, Roosevelt	2:28.7

200-YARD FREESTYLE CHAMPIONS

1949	Paul Slack, Des Moines, North	2:10.0
1950	Loren Braught, Des Moines, Roosevelt	2:06.2
1951	Loren Braught, Des Moines, Roosevelt	2:04.6
1952	Pete Janss, Des Moines, Roosevelt	2:03.8
1953	Pete Janss, Des Moines, Roosevelt	2:03.5

Established NATIONAL RECORD (1:58.5) during regular season.

1954	Gary Morris, Clinton	2:00.1
1955	Keith Zastrow, Clinton	2:06.3
1956	Keith Zastrow, Clinton	2:11.1
1957	Tom Hickerson, Des Moines, Roosevelt	2:02.0
1958	Clark Raney, Ottumwa	2:06.1
1959	Bruce Nelson, Fort Dodge	2:01.2
1960	Dave McGregor, Ottumwa	2:04.9
1961	Wylie Griffith, Clinton	1:58.7
1962	Brian Percival, Des Moines, Lincoln	2:00.1
1963	Doug Felton, Muscatine	1:56.8
1964	Ray Kearney, Clinton	1:54.8
1965	Rick Carter, Cedar Rapids, Washington	1:55.7
1966	Jeff Smith, Cedar Rapids, Washington	1:52.3
1967	Robbie Cook, Cedar Rapids, Washington	1:50.4
1968	Don Torrey, Clinton	1:53.1
1969	Dave Carrithers, Cedar Rapids, Washington	1:47.3
1970	Dave Carrithers, Cedar Rapids, Washington	1:47.87
1971	Bill Fowler, Cedar Rapids, Kennedy	1:49.38
1972	John Little, Cedar Rapids, Washington	1:49.53
1973	Dexter MacBride, Ames	1:44.7
1974	Dexter MacBride, Ames	1:46.45
1975	Eric Johnson, Ames	1:47.53
1976	Eric Johnson, Ames	1:44.52
1977	David Everett, Des Moines, Roosevelt	1:42.25
1978	Chris Williams, Cedar Rapids, Washington	1:44.30
1979	Chris Williams, Cedar Rapids, Washington	1:43.62
1980	Dave Symons, Ames	1:42.70
1981	Kurt Benson, Cedar Rapids, Washington	1:44.62
1982	Chris Richard, Ames	1:42.31

200-Yard Freestyle Champions cont'd

1983	Craig Oppel, Valley, West Des Moines	1:40.03
1984	John Sayles, Muscatine	1:44.86
1985	Craig Oppel, Valley, West Des Moines *NATIONAL RECORD*	1:36.36
1986	Mike Johnson, Ankeny	1:41.53
1987	Tom Evers, Des Moines, Hoover	1:42.58
1988	Mike Johnson, Ankeny	1:38.20
1989	Scott Paulson, Des Moines, Roosevelt	1:42.00
1990	Dan Ross, Cedar Falls	1:43.10
1991	Chris Meyer, Valley, West Des Moines	1:42.25
1992	Chris Meyer, Valley, West Des Moines	1:43.20
1993	Andy Eckerman, Dowling Catholic, WDM	1:42.71
1994	Andy Eckerman, Dowling Catholic, WDM	1:41.60
1995	Joe Fisher, Ames	1:41.58
1996	Ian Renner-Arjes, Bettendorf	1:39.82
1997	Ian Renner-Arjes, Bettendorf	1:39.01
1998	Ian Renner-Arjes, Bettendorf	1:40.29
1999	Ian Renner-Arjes, Bettendorf	1:39.75
2000	Zach Ferguson, Dowling Catholic, WDM	1:41.05
2001	Jimmer Dorweiler, Dowling Catholic, WDM	1:43.36
2002	Jimmer Dorweiler, Dowling Catholic, WDM	1:40.30
2003	Jeff Bratten, Ottumwa	1:40.35
2004	Jimmy Sourbeer, Dowling Catholic, WDM	1:41.44
2005	Steven Brus, Davenport North	1:42.15
2006	Steven Brus, Davenport North	1:41.63
2007	Jordan Huff, Dubuque Senior	1:39.83
2008	Jordan Huff, Dubuque Senior	1:39.66

400-YARD FREESTYLE CHAMPIONS

1958	Glover Wadington, Cedar Rapids, Washington	4:19.4
1959	Clark Raney, Ottumwa	4:31.6
1960	Ed Longstreth, Muscatine	4:37.5
1961	Rich Collins, Des Moines, Roosevelt	4:30.7
1962	Maurice LeVois, Iowa City, University	4:18.9
1963	Maurice LeVois, Iowa City, University	4:14.1
1964	Maurice LeVois, Iowa City, University	4:19.0
1965	Ken Smith, Clinton	4:15.0
1966	Jeff Smith, Cedar Rapids, Washington	4:12.5
1967	Doug Herman, Clinton	4:13.2
1968	Harvey Birky, Cedar Rapids, Washington	4:06.0
1969	Dave Carrithers, Cedar Rapids, Washington	3:54.9
1970	Bill Fowler, Cedar Rapids, Kennedy	4:02.70
1971	Bill Fowler, Cedar Rapids, Kennedy	3:58.27
1972	Rick Adrianse, Des Moines, Roosevelt	3:58.23
1973	John Huston, Cedar Rapids, Washington	3:50.4

500-YARD FREESTYLE CHAMPIONS

1974	John Huston, Cedar Rapids, Washington	4:50.25
1975	Dave Everett, Des Moines, Roosevelt	4:50.94
1976	Dave Everett, Des Moines, Roosevelt	4:47.37
1977	Dave Everett, Des Moines, Roosevelt	4:41.11
1978	Scott Wisner, Bettendorf	4:44.53
1979	David Symons, Ames	4:43.76
1980	David Symons, Ames	4:46.99
1981	Rick Gilbertson, Cedar Rapids, Kennedy	4:36.93
1982	Chris Richard, Ames	4:38.64
1983	Craig Oppel, Valley, West Des Moines	4:34.23
1984	Chris Reedy, Sioux City, North	4:45.28
1985	Tom Evers, Des Moines, Hoover	4:42.22
1986	Tom Evers, Des Moines, Hoover	4:41.35
1987	Tom Evers, Des Moines, Hoover	4:40.34
1988	Scott Paulson, Des Moines, Roosevelt	4:40.30
1989	Scott Paulson, Des Moines, Roosevelt	4:38.91

500-Yard Freestyle Champions cont'd

1990	Dan Ross, Cedar Falls	4:40.60
1991	Chris Meyer, Valley, West Des Moines	4:37.21
1992	Dan Ross, Cedar Falls	4:33.74
1993	Dan Ross, Cedar Falls	4:33.16
1994	Andy Eckerman, Dowling Catholic, WDM	4:31.28
1995	Jason Lathrum, Indianola	4:32.94
1996	Jason Lathrum, Indianola	4:30.62
1997	Jason Lathrum, Indianola	4:31.32
1998	Jason Snider, Valley, West Des Moines	4:39.21
1999	Jason Snider, Valley, West Des Moines	4:40.53
2000	Jason Snider, Valley, West Des Moines	4:40.78
2001	Adam Lehenbauer, Bettendorf	4:43.04
2002	Charlie Cunnick, Davenport, Central	4:35.90
2003	Charlie Cunnick, Davenport Central	4:33.66
2004	Charlie Cunnick, Davenport Central	4:31.02
2005	Steven Brus, Davenport North	4:35.89
2006	Steven Brus, Davenport North	4:34.00
2007	Steve Brus, Davenport North	4:35.22
2008	Brian Verink, Cedar Falls	4:39.92

100-YARD BREASTSTROKE CHAMPIONS

1937	Seig, Davenport	1:05.6
1938	Dwight Johnson, Des Moines, North	1:15.9
1939	Bill Freeman, Des Moines, Roosevelt	1:09.2
1940	Bill Freeman, Des Moines, Roosevelt	1:06.6
1941	Bill Freeman, Des Moines, Roosevelt	1:06.7
1942	Delmer Norman, Clinton	1:05.4

Norman set NATIONAL RECORD (1:03.8) during regular season.

1943	Dick Maine, Des Moines, Roosevelt	1:05.7
1944	Dick Keith, Des Moines, North	1:05.0
1945	Larry Larimore, Des Moines, Roosevelt *NATIONAL RECORD*	1:01.9
1946	Dick Lake, Clinton	1:03.1
1947	Chuck Cownie, Des Moines, Roosevelt	1:04.8
1948	Eldon Dahl, Boone	1:08.7
1949	Paul Bosley, Des Moines, North	1:07.1
1950	(Tie) Bud Higgins, Clinton/Mike LaMair, Des Moines, Roosevelt	1:04.6
1951	Bob Sharp, Des Moines, North	1:03.2
1952	Tom Hoffman, Des Moines, Roosevelt	1:07.8
1953	Ed Brown, Clinton	1:07.9
1954	John Fenlon, Clinton	1:05.8
1955	Charles Mitchell, Ottumwa	1:05.5
1956	Charles Mitchell, Ottumwa	1:03.1

Mitchell set NATIONAL RECORD (1:00.3) during regular season.

1957	Gary Longstreth, Muscatine	1:03.2
1958	Dave Sever, Des Moines, Lincoln	1:12.3
1959	Scott Reichardt, Des Moines, Roosevelt	1:11.6
1960	Ralph Bextine, Cedar Rapids, Washington	1:10.7
1961	Ralph Bextine, Cedar Rapids, Washington	1:07.2
1962	Ralph Bextine, Cedar Rapids, Washington	1:05.5
1963	Dennis Shippey, Davenport, West	1:04.8
1964	Bob Synhorst, Des Moines, Roosevelt	1:05.3
1965	Larry Stover, Clinton	1:03.1
1966	Frank Cownie, Des Moines, Roosevelt	1:07.0
1967	Bill Bergman, Cedar Rapids, Washington	1:04.6
1968	Dirk Hanson, Des Moines, Lincoln	1:03.8
1969	Dirk Hanson, Des Moines, Lincoln	1:01.90
1970	Chris Wilson, Cedar Rapids, Washington	1:01.90
1971	Steve Davis, Des Moines, Roosevelt	1:04.43
1972	Bob Vanderloo, Dubuque, Senior	1:03.67
1973	Bob Vanderloo, Dubuque, Senior	1:02.60
1974	Bob Vanderloo, Dubuque, Senior	1:02.21
1975	Steve Hugo, Mason City	1:00.34

100-Yard Breaststroke Champions cont'd

1976	Steve Hugo, Mason City	1:00.44
1977	Dean Neff, Mason City	1:01.63
1978	Rich Rodenbeck, Bettendorf	1:02.55
1979	Rick Gilbertson, Cedar Rapids, Kennedy	1:00.94
1980	Paul Graettinger, Muscatine	:59.38
1981	Paul Graettinger, Muscatine	:59.26
1982	Paul Graettinger, Muscatine	:58.96
1983	Kurt Benson, Cedar Rapids, Washington	:58.69
1984	Tom Castro, Bettendorf	1:00.65
1985	Mike Lin, Iowa City, West	:59.82
1986	Mike Lin, Iowa City, West	:59.28
1987	Rick Hoffman, Dubuque, Senior	1:01.07
1988	Chris Cruise, Cedar Rapids, Washington	1:00.02
1989	Chris Cruise, Cedar Rapids, Washington	:57.26
1990	Tim Teeter, Charles City	1:01.21
1991	Tim Teeter, Charles City	:59.12
1992	Jeremy Meyer, Grinnell	1:00.34
1993	Tim Hansen, Des Moines, Hoover	:59.28
1994	Colin Luth, Lewis Central, Council Bluffs	:58.76
1995	Matt Hamer, Iowa City, City High	:59.59
1996	Ben Litton, Cedar Falls	:57.75
1997	Ben Litton, Cedar Falls	:58.28
1998	Ben Litton, Cedar Falls	:56.38
1999	Jon Koenig, Dubuque, Senior	:58.38
2000	Kiel Huston, Ankeny	:56.82
2001	Kiel Huston, Ankeny	:56.03
2002	Kiel Huston, Ankeny	:56.16
2003	Sean Osborne, Cedar Falls	:55.69
2004	Dan Harty, Ankeny	:58.36
2005	Dan Harty, Ankeny	:58.66
2006	Logan Frederick, Marshalltown	:59.31
2007	Alex Dragon, Muscatine	:57.86
2008	Andy White, Bettendorf	:58.83

100-YARD BACKSTROKE CHAMPIONS

1937	Westerfiled, Cedar Rapids	1:02.1
1938	Jack Nichols, Newton	1:15.9
1939	Bob Newborn, Des Moines, North	1:09.4
1940	Bob Brumer, Clinton	1:06.9
1941	Doug Robison, Des Moines, North	1:06.2
1942	Doug Robison, Des Moines, North	1:05.0
1943	Al Stanley, Clinton	1:03.7
1944	Dick Maine, Des Moines, Roosevelt	1:04.9
1945	Dick Maine, Des Moines, Roosevelt	1:00.4
1946	Al Machael, Clinton	1:15.9
1947	Pat Cormick, Clinton	1:06.4
1948	Charles Hein, Clinton	1:07.9
1949	Dan Reece, Des Moines, North	1:05.2
1950	Carl Stonecipher, Des Moines, Roosevelt	1:08.3
1951	Mullahey, Des Moines, Roosevelt	1:04.5
1952	Loren Braught, Des Moines, Roosevelt	1:02.6
1953	Bob Goodwin, Des Moines, Roosevelt	1:03.0
1954	Bob Goodwin, Des Moines, Roosevelt	1:01.0
1955	Herman Dierks, Clinton	1:04.8
1956	Herman Dierks, Clinton	1:06.3
1957	Homer Saltz, Muscatine	1:06.1
1958	Bill Lanning, Clinton	1:01.8
1959	Jeff Amsler, Sioux City, Central	1:02.2
1960	Cremin Benson, Sioux City, Central	1:01.0
1961	Joe Weir, Sioux City, Central	1:03.5
1962	Tom Throckmorton, DesMoines, Roosevelt	1:01.6
1963	Skip Jensen, Iowa City, University	:59.3

100-Yard Backstroke Champions cont'd

1964	Fred Hahn, Cedar Rapids, Washington	:58.4
1965	Steve Strauss, Cedar Rapids, Jefferson	:57.5
1966	Tom Proctor, Cedar Rapids, Washington	1:00.7
1967	Bob Morrison, Clinton	:58.5
1968	Doug Walrod, Davenport, Central	:58.9
1969	Doug Walrod, Davenport, Central	:57.2
1970	Doug Walrod, Davenport, Central	:56.74
1971	Bob Reinbold, Ames	:56.66
1972	Bob Reinbold, Ames	:55.54
1973	Bob Reinbold, Ames	:56.0
1974	Tom Lucas, Cedar Rapids, Washington	:57.60
1975	Doug Bovard, Mason City	:57.07
1976	Ron Perrington, Des Moines, Hoover	:57.24
1977	Tom Roemer, Bettendorf	:55.19
1978	Tom Roemer, Bettendorf	:52.75
1979	Tom Roemer, Bettendorf	:51.85
1980	Dave Ross, Waterloo, East	:54.40
1981	Scott Etnyre, Cedar Rapids, Kennedy	:54.23
1982	John Kimber, Cedar Rapids, Washington	:54.48
1983	Mark Stori, Bettendorf	:54.91
1984	Eric Hansen, Sioux City, East	:54.16
1985	Peter Gruben, Dubuque, Senior	:53.10
1986	Peter Gruben, Dubuque, Senior	:53.32
1987	Mike Johnson, Ankeny	:53.47
1988	Chip Reed, Dubuque, Hempstead	:54.59
1989	Tim De Boom, Cedar Rapids, Washington	:55.28
1990	Mark McDermott, Cedar Rapids, Washington	:54.50
1991	Jory Blauer, Decorah	:52.70
1992	Mariusz Siembida, Cedar Rapids, Washington	:51.60
1993	Jory Blauer, Decorah	:51.11
1994	Justin Clossen, Linn-Mar, Marion	:51.33
1995	Tyler Lucht, Dowling, West Des Moines	:54.47
1996	Cody Dakan, Ames	:53.63
1997	Zach Ferguson, Dowling Catholic, WDM	:53.39
1998	Zach Ferguson, Dowling Catholic, WDM	:51.47
1999	Zach Ferguson, Dowling Catholic, WDM	:50.65
2000	Andrew VanMeter, Ames	:50.78
2001	Andrew VanMeter, Ames	:49.71
2002	Andrew VanMeter, Ames	:49.18
2003	Andrew VanMeter, Ames	:48.83
2004	Nick Cordes, Cedar Falls	:52.60
2005	Nick Cordes, Cedar Falls	:51.29
2006	Nick Cordes, Cedar Falls	:50.28
2007	Nick Cordes, Cedar Falls	:49.90
2008	John Gayton, Bettendorf	:53.25

100-YARD BUTTERFLY CHAMPIONS

1958	Gary Longstreth, Muscatine	1:02.2
1959	Gary Longstreth, Muscatine	:59.5
1960	Gary Longstreth, Muscatine	:57.7
1961	Ed Burkhalter, Cedar Rapids, Washington	:59.4
1962	Dan Jeffries, Clinton	:58.3
1963	Phil Schrader, Des Moines, Roosevelt	:58.8
1964	Jim Halpin, Cedar Rapids, Washington	:57.0
1965	Jim Halpin, Cedar Rapids, Washington	:53.6
1966	Jim Halpin, Cedar Rapids, Washington	:53.5
1967	Jim Vining, Clinton	:54.5
1968	Dave Carrithers, Cedar Rapids, Washington	:55.7
1969	Jim Bell, Cedar Rapids, Washington	:54.3
1970	Jim Bell, Cedar Rapids, Washington	:52.58
1971	Ben Taylor, Cedar Rapids, Washington	:53.40
1972	Ben Taylor, Cedar Rapids, Washington	:52.63
1973	Ben Taylor, Cedar Rapids, Washington	:53.0

100-Yard Butterfly Champions cont'd

1974	Drew Walden, Cedar Falls, Northern	:53.04
1975	Drew Walden, Cedar Falls, Northern	:51.81
1976	Phil Lenzen, Cedar Rapids, Washington	:52.94
1977	Charlie Roberts, Bettendorf	:52.49
1978	Charlie Roberts, Bettendorf	:51.40
1979	Gary Peterson Mason City	:52.67
1980	John Kimber, Cedar Rapids, Washington	:52.92
1981	Scott Etnyre, Cedar Rapids, Kennedy	:52.34
1982	John Kimber, Cedar Rapids, Washington	:50.92
1983	Kim Patrick, Dubuque, Senior	:52.00
1984	Tad Calkins, Valley, West Des Moines	:51.74
1985	Craig Oppel, Valley, West Des Moines	:49.13
1986	Mike Johnson, Ankeny	:51.26
1987	Mike Johnson, Ankeny	:50.40
1988	Mike Johnson, Ankeny	:49.63
1989	Boris Bachmann, Ames	:50.89
1990	Jim Lin, Iowa City, West	:52.36
1991	Tory Hartwig, Bettendorf	:52.31
1992	Justin Clossen, Linn-Mar, Marion	:51.92
1993	Justin Clossen, Linn-Mar, Marion	:50.82
1994	Justin Clossen, Linn-Mar, Marion	:50.72
1995	Matt Hudson, Davenport, West	:51.97
1996	Lovrenco Franicevic, Ames	:51.64
1997	Ian Renner-Arjes, Bettendorf	:50.29
1998	Ian Renner-Arjes, Bettendorf	:51.09
1999	Nate Billups, Bettendorf	:51.26
2000	Andrew VanMeter, Ames	:50.11
2001	Andrew VanMeter, Ames	:48.83
2002	Andrew VanMeter, Ames	:49.00
2003	Andrew VanMeter, Ames	:48.58
2004	Charlie Cunnick, Davenport Central	:48.96
2005	James Dragon, Muscatine	:50.63
2006	Zack Bartholomew, Pleasant Valley	:50.23
2007	Zack Bartholomew, Pleasant Valley	:49.78
2008	Zack Bartolomew, Pleasant Valley	:49.72

120-YARD INDIVIDUAL MEDLEY CHAMPIONS

1949	Paul Slack, Des Moines, North	1:19.2
1950	Paul Slack, Des Moines, North	1:16.4
<i>Slack set national mark of 1:15.8 during the regular season.</i>		
1951	Dale Lucas, Des Moines, North	1:17.1
1952	Loren Braught, Des Moines, Roosevelt	1:15.3
1953	Ed Brown, Clinton	1:18.7
1954	Ed Brown, Clinton	1:14.3
1955	Charles Mitchell, Ottumwa	1:15.8

150-YARD INDIVIDUAL MEDLEY CHAMPIONS

1956	Charles Mitchell, Ottumwa	1:37.9
1957	Ronald McDevitt, Clinton	1:38.0
1958	Ronald McDevitt, Clinton	1:33.4
1959	Gary Longstreth, Clinton	1:34.8

200-YARD INDIVIDUAL MEDLEY CHAMPIONS

1960	Gary Longstreth, Clinton	2:17.1
1961	Ralph Bextine, Cedar Rapids, Washington	2:16.4
1962	Brian Percival, Des Moines, Lincoln	2:13.4
1963	Brian Percival, Des Moines, Lincoln	2:13.6
1964	Steve Strauss, Cedar Rapids, Jefferson	2:09.0
1965	Steve Strauss, Cedar Rapids, Jefferson	2:11.3
1966	Marty Strasburger, Cedar Rapids, Washington	2:11.1
1967	Mike Sandy, Cedar Rapids, Washington	2:09.7
1968	Robbie Cook, Cedar Rapids, Washington	2:05.3
1969	Dirk Hanson, Des Moines, Lincoln	2:03.8

200-Yard Individual Medley Champions cont'd

1970	Chris Wilson, Cedar Rapids, Washington	2:03.91
1971	Ben Taylor, Cedar Rapids, Washington	2:05.26
1972	Ben Taylor, Cedar Rapids, Washington	2:02.69
1973	Bob Reinbold, Ames	2:00.6
1974	Dan Schmidt, Davenport, Central	2:10.44
1975	Dan Schmidt, Davenport, Central	2:03.86
1976	Steve Hugo, Mason City	2:00.90
1977	Tom LeBuhn, Cedar Rapids, Washington	2:01.43
1978	Tom Roemer, Bettendorf	1:53.85
1979	Tom Roemer, Bettendorf	1:52.92
1980	Rick Gilbertson, Cedar Rapids, Kennedy	1:55.49
1981	Rick Gilbertson, Cedar Rapids, Kennedy	1:54.18
1982	Dan Carlson, Mason City	1:56.68
1983	Kurt Benson, Cedar Rapids, Washington	1:54.78
1984	Tad Calkins, Valley, West Des Moines	1:54.59
1985	Brad Axel, Muscatine	1:56.38
1986	Mike Lin, Iowa City, West	1:54.61
1987	Chris Beckwith, Bettendorf	1:55.80
1988	Scott Paulson, Des Moines, Roosevelt	1:57.16
1989	Brad Gaeth, Southeast Polk, Runnells	1:57.05
1990	Jim Lin, Iowa City, West	1:57.58
1991	Matt Brown, Fort Dodge	1:55.76
1992	Mariusz Siembida, Cedar Rapids, Washington	1:55.23
1993	Jory Blauer, Decorah	1:53.62
1994	Mike Zimmerman, Iowa City, West	1:53.96
1995	Jason Lathrum, Indianola	1:54.78
1996	Jason Lathrum, Indianola	1:52.35
1997	Jason Lathrum, Indianola	1:51.35
1998	Dan Patee, Sioux City, East	1:53.73
1999	Jason Snider, Valley, West Des Moines	1:51.43
2000	Jason Snider, Valley, West Des Moines	1:50.84
2001	Kiel Huston, Ankeny	1:52.86
2002	Kiel Huston, Ankeny	1:52.33
2003	Sean Osborne, Cedar Falls	1:50.29
2004	Seth Wessels, Cedar Falls	1:53.73
2005	James Dragon, Muscatine	1:53.85
2006	Seth Wessels, Cedar Falls	1:52.80
2007	Alex Dragon, Muscatine	1:53.22
2008	John Gayton, Bettendorf	1:56.93

160-YARD FREESTYLE RELAY CHAMPIONS

1937	<i>Event not contested</i>	
1938	DM North (<i>swimmers names not taken</i>)	1:24.6
1939	DM Roosevelt (<i>Fred Gilbert-Bill Widdup-Sid Craiger-Dick Misner</i>)	1:22.0
1940	DM Roosevelt (<i>Elmer Younger-Jack Baker-Al Rawson-Ray Mulhern</i>)	1:20.3
1941	DM Roosevelt (<i>Jack Baker-Al Rawson-Dutton-McCoy</i>)	1:21.3
1942	DM Roosevelt (<i>Jack Wooden-Jim Alexander-Ralph Katz-Ed Hunter</i>)	1:22.9
1943	Clinton (<i>Chester Cole-Russ McCreery-Wayne Cady-William Olson</i>)	1:20.2
1944	DM Roosevelt (<i>Ralph Katz-Wayne Humphrey-Bruce Bennett-Jim Dickerson</i>)	1:17.0
	Set NATIONAL RECORD (1:15.0) during regular season.	
1945	DM Roosevelt (<i>Bob Coffman-Harold Stevens-Bill Hornaday-Tom Moore</i>)	1:21.4
1946	Clinton (<i>Pat Cormick-Gene Hood-Ken Lahm-Paul Brieske</i>)	1:20.0
1947	Clinton (<i>Gene Hood-Paul Brieske-Pat Cormick-Ken Lahm</i>)	1:19.6
1948	Clinton (<i>Bert Doyne-Gene Hood-Dave Holleran-Robert Joegensen</i>)	1:20.1
1949	Clinton (<i>Dave Holleran-James McComb-Maurie McCullen-Bob Purcell</i>)	1:19.7
1950	Clinton (<i>Dave Holleran-Maurie McCullen-Bert Winterbottem-Bud Higgins</i>)	1:20.1
1951	Clinton (<i>Bob Hollowell-Maurie McCullen-Bill Bughee-Bert Winterbottem</i>)	1:19.3
1952	DM Roosevelt (<i>Alan Maris-McConachie-Johnson-Berry</i>)	1:18.1
1953	DM Roosevelt (<i>Bob Mercer-John Bridgeman-Scott Smith-Alan Maris</i>)	1:21.2
1954	DM Roosevelt (<i>John Bridgeman-Scott Smith-Jim Schnell-Harrie Shearer</i>)	1:19.2
1955	DM Roosevelt (<i>Fred Bookey-Bill Niemann-Tom Lucan-Jim Ballou</i>)	1:17.2

200-Yard Freestyle Relay Champions cont'd

200-YARD FREESTYLE RELAY CHAMPIONS

1956	(Tie) DM, Lincoln (Bob Lozier-Pete Abbott-Don Freeman-Charles Abbott) & DM, Roosevelt (Dick Shepler-Hopkins-Mort Bookey-Jim Ballou).....	1:42.6
1957	DM, Roosevelt (Dave Dwyer-Dick Shepler-Tom Hickerson-Garrett Maris)	1:40.6
1958	DM, Roosevelt (John Galloway-Dave Dwyer-Dick Shepler-Tom Hickerson)	1:39.1
1959	SC, Central (Neal Hyink-Larry Boe-Cremin Benson-Joe Weir).....	1:36.7
1960	Muscatine (Dave Glidden-Homer Saltz-Doug Felton-Ron Schmarje).....	1:37.1
1961	Sioux City, Central (Ron Wayman-Randy Bricker-Joe Weir-Ron Gabrielson).....	1:35.3
1962	Clinton (Myron Sander-Doug Dawson-Ed Kearney-Charles Lentz)	1:35.8
1963	Clinton (Marty Morris-Trainor Critz-Tom Meyer-Charles Lentz)	1:33.3
1964	CR, Washington (Ken Krizan-Tom Sage-Marty Strasburger-Greg Sieh)	1:32.1
1965	CR, Washington (Ken Krizan-A1 Carr-Jim Halpin-Marty Strassburger)	1:30.4

1966-90 Event Not Contested

1991	Mason City (Bill Toelke-Erik Harris-Gus Skarlis-Matthew Root).....	1:27.94
1992	Pleasant Valley (Shawn Dassie-Justin Lane-Kirk Moeller-Mike Griggs).....	1:26.81
1993	Dowling, WDM (Billy Roth-Andy Eckerman-Marc Willis-Chris Eckerman)	1:28.17
1994	CR, Washington (Brian Aiels-Jon Strother-Brennan Cleveland-Ryan Strauss).....	1:28.29
1995	CR, Washington (Jon Strother-Brian Aiels-Luke Grafft-Ryan Strauss)	1:27.65
1996	CR, Washington (Jon Strother-Brent Morgan-Luke Grafft-Allyn Secor)	1:26.06
1997	CR, Washington (Allyn Secor-Colin Hanrahan-Mack Jilek-Jon Strother).....	1:25.29
1998	Urbandale (Doug Owen-Jared Jablonski-Matt Kroeger-Mike Hicklin)	1:26.87
1999	Bettendorf (Grant Parrish-Ryan McAnally-Martin Stonebreaker-Ian Renner-Arjes)	1:26.87
2000	Valley, West Des Moines (Jason Snider-Bryan Rowland-Richard Wolf-Nate Zittergruen)	1:25.51
2001	Valley, West Des Moines (Bryan Rowland-Nate Welling-Peter Mercuris-Richard Wolf)	1:25.67
2002	Mason City (Tom Hardy-Derek-Duffy-Mark-Guetzko-Jack-Powell)	1:25.53
2003	Dowling Catholic, WDM (Jimmy Sourbeer-Ted Riesenber-Jeff Kubat-Jimmer Dorweiler)	1:27.23
2004	Cedar Falls (Nick Cordes-Alex Stone-Sam Backstrom-Jordan Wessels)	1:26.17
2005	Cedar Falls (Nick Cordes-Alex Stone-Aaron Zander-Jordan Wessels)	1:26.03
2006	Cedar Falls (Nick Cordes-Alex Stone-Aaron Zander-Jordan Wessels)	1:24.58
2007	Bettendorf (Alex Clark-John Alves-Jacob Hemberger-Kyle Green)	1:26.32
2008	Cedar Rapids Washington (Christopher Emery-Banning Young-John Sevier-Ryan Phelan)	1:26.47

400-YARD FREESTYLE RELAY CHAMPIONS

1966	Clinton (Steve Joens-Matt Wolfe-Jim Vining-Dave Dean)	3:26.4
1967	CR, Washington (John Beusch-Doug Barr-Mike Sandy-Tim Krizan)	3:27.0
1968	Davenport, West (Blaine Kock-Dan Matheson-John Rogers-Ken Martens)	3:31.5
1969	Davenport, West (Warren Wilson-John Rogers-Blaine Kock-Ken Martens)	3:26.2
1970	Muscatine (Dave Reusswig-Brad Titus-Chuck Havemann-Den Blackwood)	3:26.11
1971	Cedar Falls (Jeff Eaton-Steve Rowe-Jeff Webb-Jon Mixdorf)	3:25.08
1972	CR, Washington (John Koch-Stu Lenzen-John Little-Ben Taylor).....	3:19.77
1973	CR, Washington (Stu Lenzen-Steve Shean-Jon Huston-Ben Taylor)	3:19.40
1974	Ames (Mark Barnett-Steve Pier-Maury Johnson-Dexter MacBride).....	3:19.38
1975	Ames (Maury Johnson-Mike Stoops-Randy Fitzgerald-Eric Johnson)	3:17.49
1976	DM, Roosevelt (Tim Hoffman-Dan McBride-David Lynch-Dave Everett)	3:15.58
1977	DM, Roosevelt (Tim Hoffman-Tom Barr-Dan Bartlett-Dave Everett)	3:15.58
1978	Mason City (Bob Peterson-Dave Weber-Charlie Hugo-Mike Brown)	3:18.06
1979	Bettendorf (Steve Rodenbeck-Warren Tunwall-Eric Syverud-Tom Roemer)	3:17.60
1980	Bettendorf (Steve Rodenbeck-Joe Picchiotti-Eric Syverud-Scott Allen)	3:16.35
1981	CR, Kennedy (Scott Etnyre-Scott Irish-Ritch Madlom-Rick Gilbertson)	3:13.26
1982	Ames (Scott Robinson-Robert Burger-Brad Danofsky-Chris Richard).....	3:12.83
1983	Muscatine (Brad Axel-Fred Colony-Alan McKillip-John Sayles).....	3:14.16
1984	Muscatine (Fred Colony-Ward Massey-Alan McKillip-John Sayles)	3:13.57
1985	WDM, Valley (Steve Nelson-Tom Delay-Jeb Barmish-Craig Oppel)	3:15.49
1986	Bettendorf (Chris Beckwith-Mark Amyette-Mike Gottlieb-Ken Atkinson)	3:13.84
1987	Valley, WDM (Steve Nelson-Steve Smits-Drew Smith-Mike Harris)	3:13.78
1988	Valley, WDM (John Weber-Steve Smits-Drew Smith-Mike Harris).....	3:11.87
1989	CR, Washington (J.P. Bickel-Anthony Johnson-Jemahl Roland-Rich Mitvalsky)	3:11.36
1990	Mason City (Matt Johnson-Gus Skarlis-Bill Toelke-Matt Root)	3:13.83
1991	Cedar Falls (David Mason-Joe Mason-Jeff Whitt-Dan Ross)	3:16.85
1992	CR, Washington (Karl Lippisch-Tomasz Piotrowski-John Olinger-Mariusz Siembida)	3:14.55
1993	Cedar Falls (Joe Mason-Jed Fogdall-Dan Ross-Chris Courts).....	3:12.50
1994	Iowa City, City (Kamden Draper-John Herr-Victor Sosa-Jacob Everhart)	3:13.38

400-Yard Freestyle Relay Champions cont'd

1995	Ames (Joe Fisher-Cody Dakan-Nathan Terry-Jeff Fisher)	3:12.54
1996	Ames (Nathan Terry-Cody Dakan-Jeff Fisher-Lovrenco Franicevic)	3:11.54
1997	Bettendorf (Ian Renner-Arjes-Josh Morehouse-Osmar Godoi-John Lonergan)	3:10.17
1998	Muscatine (Travis Lee-Josh Havemann-Brian Radtke-Pat Fuller)	3:10.58
1999	Bettendorf (Mike Lonergan-Nate Billups-Martin Stonebreaker-Ian Renner-Arjes)	3:10.47
2000	Dowling Catholic, WDM (Josh Otis-Jimmer Dorweiler-Johnny Sourbeer-Zach Ferguson)	3:09.56
2001	Dowling Catholic, WDM (Matt Bzdega-Jimmer Dorweiler-Adam Mitchell-Josh Otis)	3:08.11
2002	Dowling Catholic, WDM (Adam Mitchell-Jimmer-Dorweiler-Johnny Sourbeer-Josh Otis)	3:05.87
2003	Dowling Catholic, WDM (Jimmy Sourbeer-Fred Nesbit-Jeff Kubat-Jimmer Dorweiler)	3:09.13
2004	Cedar Falls (Seth Wessels-Sam Backstrom-Raymond Holz-Jordan Wessels)	3:12.29
2005	Cedar Falls (Seth Wessells-Aaron Zander-Raymond Holz-Jordan Wessels)	3:13.19
2006	Cedar Falls (Seth Wessels-Tyler Verink-Aaron Zander-Alex Stone)	3:11.38
2007	Bettendorf (Alex Clark-James Barber-John Gayton-Kyle Green)	3:12.49
2008	Pleasant Valley (Will Horvat-John Beck-Jared Damman-Zack Bartolomew)	3:11.98

180-YARD MEDLEY RELAY CHAMPIONS

1937	Cedar Rapids (names of swimmers not available)	1:48.3
1938	DM, North (names of swimmers not available)	1:48.3
1939	DM Roosevelt (Tom O'Connor-Bill Freeman-Dick Darby)	1:48.5
1940	Clinton (Bob Brumer-Hubert Norman-Jim Piatt)	1:44.8
1941	Clinton (Bob Brumer-Hubert Norman-Del Norman)	1:46.3
Same trio established a NATIONAL RECORD (1:40.7) during regular season.		
1942	Clinton (Al Stanley-Del Norman-Jim Piatt)	1:43.4
1943	Des Moines, Roosevelt (names of swimmers not available)	1:45.0
1944	Des Moines, North (Don Paul-Dick Keith-Dick Bloomberg)	1:42.3
1945	Des Moines, Roosevelt (Bob Wyant-Chuck Cownie-Terry Williams)	1:46.8
Same trio established a NATIONAL RECORD (1:37.3) during regular season.		
1946	Clinton (Albert Machael-Richard Lake-Ken Lahm)	1:47.3
1947	Des Moines, Roosevelt (names of swimmers not available)	1:48.4
1948	Clinton (Robert Niebuhr-Charles Hein-Willard Foster)	1:49.0
1949	Clinton (Richard Coe-Merle Ruch-Norbert Jurgensen)	1:45.7
1950	Boone (Jerry Smith-Bob Dahl-Bob Jensen)	1:45.9
1951	Des Moines, North (Don Werner-Bob Sharp-Dale Lucas)	1:44.0
1952	Clinton (Gene Guidebeck-Howard Judd-Bill Bugbee)	1:44.9
1953	Des Moines, Roosevelt (Jay Ryan-Tom Hoffman-Dave White)	1:43.7
1954	Clinton (Gene Guidebeck-John Fenlon-Dave Zentner)	1:42.6
1955	Clinton (Herman Dierks-Bill Limbrecht-Bob Holleran)	1:46.7

200-YARD MEDLEY RELAY CHAMPIONS

1956	DM, Roosevelt (Dean Ellis-Mike Graham-Tyler Marshall-Tom Thayer)	1:55.5
1957	DM, Roosevelt (Mike McBride-Tyler Marshall-Tom Thayer-Bill White)	1:54.0
1958	Clinton (Bill Lanning-Bill Limbrecht-Bill Gorman-Jack Miller)	1:52.9
1959	DM, Roosevelt (John Brown-Scott Reichardt-Chuck Corwin-Garritt Maris)	1:51.0
1960	CR, Washington (Dave Topinka-Bob Gates-Ed Burkhalter-John Ruml)	1:52.5
1961	CR, Washington (Jim Peterson-Dennis Krizan-Ed Burkhalter-John Ruml)	1:51.9
1962	(tie)DM, Roosevelt (Tom Throckmorton-Don Tesdell-Jeff Gallagher-Ken Hickerson) & Clinton (John Hamstra-Mike Eckman-Trainor Critz-Ron Huelse)	1:50.0
1963	DM, Roosevelt (Tom Throckmorton-Bob Synhorst-Bill Schroeder-Dave Scott)	1:46.8
1964	CR, Washington (Fred Hahn-Tom Owens-Jim Halpin-Greg Sieh)	1:44.5
1965	CR, Washington (Fred Hahn-Tom Owens-Ted Welch-Al Carr)	1:42.4
1966	CR, Washington (Tom Proctor-Bill Bergman-Jim Halpin-Tim Krizan)	1:43.4
1967	CR, Washington (Tom Proctor-Bill Bergman-Scott Thompson-Doug Barr)	1:43.9
1968	CR, Washington (Tom Proctor-Jim Bell-Chris Wilson-Bruce Dixon)	1:43.2
1969	CR, Washington (Robbie McKay-Steve Reeder-Jim Bell-Nick Gearhart)	1:45.0
1970	CR, Washington (Robbie McKay-Steve Reeder-Jim Bell-Kevin Spratt)	1:42.92
1971	CR, Washington (Robbie McKay-Warren Smith-Mike Stodola-John Hunting)	1:44.62
1972	Davenport, West (Brad Porter-Joe Burbridge-Ralph Mundt-Mark Christensen)	1:43.11
1973	DM, Roosevelt (Randy Atess-Ward Klein-Randy Jones-Jim Crispon)	1:43.0
1974	CR, Washington (Dave Crites-Brian Mykleby-Jim Williams-Jeff Henry)	1:44.18
1975	Mason City (Doug Bovard-Scott Bovard-Dean Neff-Don Wilson)	1:42.82
1976	Mason City (Gary Peterson-Dean Neff-Steve Bovard-Don Wilson)	1:42.50
1977	Bettendorf (Tom Roemer-Rich Rodenbeck-Charlie Roberts-Tom Waterman)	1:40.54

200-Yard Medley Freestyle Relay Champions cont'd

(The foursome swam 1:39.90 in prelims)

1978	Bettendorf (Tom Roemer-Rich Rodenbeck-Scott White-Tony Scott)	1:40.83
1979	Mason City (Troy Blodgett-Stu Nelson-Gary Peterson-Mike Clough)	1:41.22
1980	Valley, WDM(Feisal Sayeed-Paul Hibbs-Todd Rogers-Brian Clark)	1:41.17
1981	Bettendorf (Kelly Allen-Steve Castro-Jim Waterman-Eric Evans)	1:40.23
1982	CR, Washington (George Purdie-Kurt Benson-John Kimber-Steve Fleischer)	1:38.69
1983	CR, Washington (Bruce LeBuhn-Kurt Benson-John Fogarty-Brad Danielson)	1:37.72
1984	Dubuque, Sr (Peter Gruben-Doug Christiansen-Den Bennett-Brian Hanner)	1:38.45
1985	CR, Washington (Bruce LeBuhn-Sean McGowan-David Murray-David Glandon)	1:40.09
1986	CR, Washington (Tony DeBoom-Sean McGowan-David Murray-Andy McIntosh)	1:37.65
1987	Dubuque, Senior (Mike Moes-Rick Hoffman-Ryan Gill-Tom Forsyth)	1:38.64
1988	CR, Washington (Mark McDermott-Chris Cruise-Jemahl Roland-Anthony Johnson)	1:37.60
1989	CR, Washington (Tim DeBoom-Chris Cruise-Jemahl Roland-Rich Mitvalsky)	1:34.57
1990	CR, Washington (Mark McDermott-Carter Meredith-Robb Rudd-Eric Brown)	1:39.38
1991	Mason City (Erik Harris-Ben Buren-Matthew Root-Jim Skarlis)	1:40.51
1992	CR, Washington (Mariusz Siembida-Karl Lippisch-Darin Harden-Mark Aiels)	1:38.31
1993	Waterloo, West (Seth Shepard-Ian River-Marc River-Michael Dierks)	1:38.15
1994	CR, Washington (Ty Olson-Luke Grafft-Jon Strother-Ryan Strauss)	1:37.98
1995	CR, Washington (Mack Jilek-Luke Grafft-Jon Strother-Ryan Strauss)	1:37.25
1996	CR, Washington (Mack Jilek-Luke Grafft-Jon Strother-Allyn Secor)	1:36.36
1997	CR, Washington (Mack Jilek-Clay Grafft-Jon Strother-Colin Hanrahan)	1:35.97
1998	Cedar Falls (Seth Bockes-Adam Noelting-Ben Litton-Nick Jorgensen)	1:34.62
1999	Dubuque, Senior (Chris Oberhoffer-Luke Johnson-Jon Koenig-Ryan Gavin)	1:36.23
2000	Valley, WDM (Jason Snider-Nathan Welling-Mike Mosher-Nate Zittergruen)	1:36.55
2001	Mason City (Derek Duffy-Paul Murray-Jack Powell-Tom Hardy)	1:36.21
2002	Ames (Andrew VanMeter-Michael Eggert-Michael Peterson-Tony Borich)	1:34.68
2003	Ames (Andrew VanMeter-Bobby Sundvold-Michael Eggert-Tommy Strehlow)	1:35.44
2004	Cedar Rapids Washington (Nick Basile-B. J. Kolsrud-Joe Taylor-Andrew Visser)	1:36.24
2005	Ames (Bobby Sundvold-Josh Peterson-Joe Wiedemeier-Tommy Strehlow)	1:36.01
2006	Cedar Falls (Nick Cordes-Jordan Wessels-Seth Wessels-Alex Stone)	1:33.56
2007	Muscatine (Max Dittmer-Alex Dragon-David Mead-Bart Howard)	1:35.04
2008	Bettendorf (John Gayton-Jon Alves-Andy White-Jake Hemberger)	1:36.60

STATE MEET CHAMPIONS - Year by Year

Some high schools gathered for a State Swim Meet in 1937 (the 1936-37 school year). The first IHSAA sponsored State Meet was held September 18, 1937, as part of the 1937-38 school year. It was then decided to hold the State Meet in the winter months rather than the fall. As a result, the second IHSAA-sponsored State meet was held February 4, 1939.

1937	NO TEAM SCORING KEPT	
40-Freestyle	Seig, Davenport	:19.5
100-Freestyle	Seig, Davenport	:55.2
220-Freestyle	Macielewski, Cedar Rapids	2:30.6
100-Breaststroke	Seig, Davenport	1:05.6
100-Backstroke	Westerfield, Cedar Rapids	1:02.1
180-Medley Relay	Cedar Rapids (names not available)	1:49.8
1938	DES MOINES, NORTH - 44	Coach Jack McGuire
40-Freestyle	Clarence Moore, Clinton	:20.1
100-Freestyle	Clarence Moore, Clinton	:58.0
220-Freestyle	Carl Ahlgren, Des Moines, North	2:25.9
100-Breaststroke	Dwight Johnson, Des Moines, North	1:15.9
100-Backstroke	Jack Nichols, Newton	1:15.9
Diving	Bob Tuthill, Clinton	67.05
180-Medley Relay	Des Moines, North (names not available)	1:48.3
160-Freestyle Relay	Des Moines, Roosevelt (names not available)	1:24.6
1939	DES MOINES, ROOSEVELT - 52	Coach Clark Munger
40-Freestyle	Richard Wunchel, Davenport	:20.4
100-Freestyle	Dick Misner, Des Moines, Roosevelt	:58.4

State Meet Champions - Year-by-Year cont'd

220-Freestyle	Dean Darby, Des Moines, Roosevelt	2:25.6
100-Breaststroke	Bill Freeman, Des Moines, Roosevelt	1:09.2
100-Backstroke	Bob Newborn, Des Moines, North	1:09.4
Diving	John Shiffler, Des Moines, North	76.60
180-Medley Relay	Des Moines, Roosevelt (<i>Tom O'Connor-Bill Freeman-Dick Darby</i>)	1:48.5
160-Freestyle Relay	Des Moines, Roosevelt <i>Fred Gilbert-Bill Widdup-Sid Craiger-Dick Misner</i>	1:22.0

1940	DES MOINES, ROOSEVELT - 67	Coach Clark Munger
40-Freestyle	Sid Craiger, Des Moines, Roosevelt	:19.5
100-Freestyle	Sid Craiger, Des Moines, Roosevelt	:55.5
220-Freestyle	Hubert Norman, Clinton	2:25.1
100-Breaststroke	Bill Freeman, Des Moines, Roosevelt	1:06.6
100-Backstroke	Bob Brumer, Clinton	1:06.9
Diving	Max Munger, Des Moines, Lincoln	77.93
180-Medley Relay	Clinton (<i>Bob Brumer-Hubert Norman-Jim Piatt</i>)	1:44.8
160-Freestyle Relay	Des Moines, Roosevelt <i>Elmer Younger-Jack Baker-Al Rawson-Ray Mulhern</i>	1:20.3

1941	CLINTON - 44	Coach Howard Judd
40-Freestyle	Jim Piatt, Clinton	:19.7
100-Freestyle	Jim Piatt, Clinton	:56.2
220-Freestyle	Floyd Hartzler, Des Moines, East	2:26.6
100-Breaststroke	Bill Freeman, Des Moines, Roosevelt	1:06.7
100-Backstroke	Doug Robison, Des Moines, North	1:06.2
Diving	David Brockway, Cedar Rapids	
180-Medley Relay	Clinton (<i>Bob Brumer-Hubert Norman-Del Norman</i>)	1:46.3
160-Freestyle Relay	Des Moines, Roosevelt (<i>Jack Baker-Al Rawson-Dutton-McCoy</i>)	1:21.3

1942	DES MOINES, NORTH - 38	Coach Francis Cretzmeyer
40-Freestyle	Ken Marsh, Cedar Rapids, Roosevelt	:19.4
100-Freestyle	Ken Marsh, Cedar Rapids, Roosevelt	:54.6
220-Freestyle	Jim Piatt, Clinton	2:24.3
100-Breaststroke	Delmer Norman, Clinton	1:05.4
100-Backstroke	Doug Robison, Des Moines, North	1:05.0
Diving	David Brockway, Cedar Rapids	
180-Medley Relay	Clinton (<i>Al Stanley-Del Norman-Jim Piatt</i>)	1:43.4
160-Freestyle Relay	Des Moines, Roosevelt <i>Jack Wooden-Jim Alexander-Ralph Katz-Ed Hunter</i>	1:22.9

1943	DES MOINES, ROOSEVELT - 66	Coach Clark Munger
40-Freestyle	Jack Jowett, Clinton	:19.1
	<i>Bob Anderson, Boone, set *NATIONAL RECORD* (:17.9) in prelims.</i>	
100-Freestyle	Bob Anderson, Boone	:52.9
220-Freestyle	Larry Larimore, Des Moines, Roosevelt	2:25.1
100-Breaststroke	Dick Maine, Des Moines, Roosevelt	1:05.7
100-Backstroke	A1 Stanley, Clinton	1:03.7
Diving	Jack Wickman, Des Moines, North	
180-Medley Relay	Des Moines, Roosevelt (<i>names not available</i>)	1:45.0
160-Freestyle Relay	Clinton <i>Chester Cole-Russell McCreevy-Wayne Cady-William Olson</i>	1:20.2

1944	DES MOINES, ROOSEVELT - 58	Coach Clark Munger
40-Freestyle	Bob Anderson, Boone	:18.2
100-Freestyle	Bob Anderson, Boone *NATIONAL RECORD*	:52.3
220-Freestyle	Bill Crispin, Des Moines, Roosevelt	2:28.7
100-Breaststroke	Dick Keith, Des Moines, North	1:05.0
100-Backstroke	Dick Maine, Des Moines, Roosevelt	1:04.9
Diving	Dick Maine, Des Moines, Roosevelt	222.60
180-Medley Relay	Des Moines, North (<i>Don Paul-Dick Keith-Dick Bloomberg</i>)	1:42.3
160-Freestyle Relay	Des Moines, Roosevelt <i>Ralph Katz-Wayne Humphrey-Bryce Bennett-Jim Dickerson</i>	1:17.0

State Meet Champions - Year-by-Year cont'd

1945	DES MOINES, ROOSEVELT - 60	Coach Clark Munger
40-Freestyle	Al Machael, Clinton	:19.7
100-Freestyle	Larry Larimore, Des Moines, Roosevelt	:53.6
220-Freestyle	Roger Watts, Des Moines, North	2:24.3
100-Breaststroke	Larry Larimore, DM, Roosevelt *NATIONAL RECORD*	1:01.9
100-Backstroke	Dick Maine, Des Moines, Roosevelt	1:00.3
Diving	Dick Maine, Des Moines, Roosevelt	277.00
180-Medley Relay	Des Moines, Roosevelt (<i>Bob Wyant-Chuck Cownie-Terry Williams</i>)	1:46.8
160-Freestyle Relay	Clinton (<i>Pat Cormick-Gene Hood-Ken Lahm-Paul Brieske</i>)	120.0
1946	CLINTON - 60	Coach Howard Judd
40-Freestyle	Bob Brown, Cedar Falls	:19.0
100-Freestyle	Roger Watts, Des Moines, North	:54.3
220-Freestyle	Roger Watts, Des Moines, North	2:38.0
100-Breaststroke	Dick Lake, Clinton	1:03.1
100-Backstroke	A1 Machael, Clinton	1:15.9
Diving	Jim Hudelson, Des Moines, Roosevelt	386.70
180-Medley Relay	Clinton (<i>Albert Machael-Dick Lake-Ken Lahm</i>)	1:47.3
160-Freestyle Relay	Clinton (<i>Pat Cormick-Gene Hood-Ken Lahm-Paul Brieske</i>)	1:20.0
1947	CLINTON - 65	Coach Howard Judd
40-Freestyle	Al Machael, Clinton	:18.8
100-Freestyle	Al Machael, Clinton	:54.2
220-Freestyle	Bert Doyne, Clinton	2:26.5
100-Breaststroke	Chuck Cownie, Des Moines, Roosevelt	1:04.8
100-Backstroke	Pat Cormick, Clinton	1:06.4
Diving	Dave Bonebrake, Clinton	136.06
180-Medley Relay	Des Moines, Roosevelt (names not available)	1:48.4
160-Freestyle Relay	Clinton (<i>Gene Hood-Paul Brieske-Pat Cormick-Ken Lahm</i>)	1:19.6
1948	DES MOINES, ROOSEVELT - 58	Coach Clark Munger
40-Freestyle	Nicholson, Des Moines, Roosevelt	:19.3
100-Freestyle	Nicholson, Des Moines, Roosevelt	:54.7
220-Freestyle	Watkins, Des Moines, Roosevelt	2:28.7
100-Breaststroke	Eldon Dahl, Boone	1:08.7
100-Backstroke	Charles Hein, Clinton	1:07.9
Diving	Jim Hudelson, Des Moines, Roosevelt	139.53
180-Medley Relay	Clinton (<i>Robert Niebuhr-Charles Hein-Willard Foster</i>)	1:49.0
160-Freestyle Relay	Clinton (<i>Bert Doyne-Gene Hood-Dave Holleran-Robert Jorgensen</i>)	1:20.1
1949	CLINTON - 64	Coach Howard Judd
40-Freestyle	Paul Johnson, Des Moines, North	:19.6
100-Freestyle	Bob Joegensen, Clinton	:56.9
200-Freestyle	Paul Slack, Des Moines, North	2:10.0
100-Breaststroke	Paul Bosley, Des Moines, North	1:07.1
100-Backstroke	Dan Reece, Des Moines, North	1:05.2
120-Individual Medley	Paul Slack, Des Moines, North	1:19.2
Diving	Jake Quick, Clinton	195.20
180-Medley Relay	Clinton (<i>Richard Coe-Merle Ruch-Norbert Jurgensen</i>)	1:45.7
160-Freestyle Relay	Clinton (<i>Dave Holleran-James McComb-Maurie McCullen-Bob Purcell</i>)	1:19.7
1950	DES MOINES, ROOSEVELT - 69	Coach Clark Munger
40-Freestyle	John Kruse, Des Moines, Roosevelt	:19.5
100-Freestyle	John Kruse, Des Moines, Roosevelt	:57.2
200-Freestyle	Loren Braught, Des Moines, Roosevelt	2:06.2
100-Breaststroke	(Tie) Bud Higgins, Clinton, and Mike LaMair, DM Roosevelt	1:04.6
100-Backstroke	Carl Stonecipher, Des Moines, Roosevelt	1:08.3
120-Individual Medley	Paul Slack, Des Moines, North	1:16.4
Diving	Jake Quick, Clinton	253.60

State Meet Champions - Year-by-Year cont'd

180-Medley Relay	Boone (<i>Jerry Smith-Bob Dahl-Bob Jensen</i>)	1:45.9
160-Freestyle Relay	Clinton (<i>Dave Holleran-Maurie McCullen-Bert Winterbottem-Bud Higgins</i>) ...	1:20.1
1951	(Tie) CLINTON - 71	Coach Howard Judd
	DES MOINES, ROOSEVELT - 71	Coach Clark Munger
40-Freestyle	John Kruse, Des Moines, Roosevelt	:19.1
100-Freestyle	Maurie McCullen, Clinton	:54.5
200-Freestyle	Loren Braught, Des Moines, Roosevelt	2:04.6
100-Breaststroke	Bob Sharp, Des Moines, North	1:03.2
100-Backstroke	Mullahey, Des Moines, Roosevelt	1:04.5
120-Individual Medley	Dale Lucas, Des Moines, North	1:17.1
180-Medley Relay	Des Moines, North (<i>Don Werner-Bob Sharp-Dale Lucas</i>)	1:44.0
160-Freestyle Relay	Clinton (<i>Bob Hollowell-Maurie McCullen-Bill Bugbee-Bert Winterbottem</i>)	1:19.3
1952	DES MOINES, ROOSEVELT - 68	Coach Clark Munger
40-Freestyle	Gus Johnson, Des Moines, Roosevelt	:19.0
100-Freestyle	Maurie McCullen, Clinton	:56.3
200-Freestyle	Pete Janss, Des Moines, Roosevelt	2:03.8
100-Breaststroke	Tom Hoffman, Des Moines, Roosevelt	1:07.8
100-Backstroke	Loren Braught, Des Moines, Roosevelt	1:02.6
120-Individual Medley	Loren Braught, Des Moines, Roosevelt	1:15.3
Diving	Jim McCullough, Clinton	202.10
180-Medley Relay	Clinton (<i>Gene Guidebeck-Howard Judd-Bill Bugbee</i>)	1:44.9
160-Freestyle Relay	Des Moines, Roosevelt (<i>Al Maris-Gus McConachie-Johnson-Berry</i>)	1:18.1
1953	DES MOINES, ROOSEVELT - 67	Coach Clark Munger
40-Freestyle	A1 Maris, Des Moines, Roosevelt	:19.9
100-Freestyle	Pete Janss, Des Moines, Roosevelt	:54.8
200-Freestyle	Pete Janss, Des Moines, Roosevelt	2:03.5
100-Breaststroke	Ed Brown, Clinton	1:07.9
100-Backstroke	Bob Goodwin, Des Moines, Roosevelt	1:03.0
120-Individual Medley	Ed Brown, Clinton	1:18.7
Diving	Ken Miner, Clinton	370.15
180-Medley Relay	Des Moines, Roosevelt (<i>Jay Ryan-Tom Hoffman-Dave White</i>)	1:43.7
160-Freestyle Relay	Des Moines, Roosevelt (<i>Bob Mercer-John Bridgeman-Scott Smith-Alan Maris</i>)	1:21.2
1954	CLINTON - 82	Coach Howard Judd
40-Freestyle	A1 Maris, Des Moines, Roosevelt	:18.8
100-Freestyle	Gary Morris, Clinton	:53.2
200-Freestyle	Gary Morris, Clinton	2:00.1
100-Breaststroke	John Fenlon, Clinton	1:05.8
100-Backstroke	Bob Goodwin, Des Moines, Roosevelt	1:01.0
120-Individual Medley	Ed Brown, Clinton	1:14.3
Diving	Ken Miner, Clinton	209.60
180-Medley Relay	Clinton (<i>Gene Guidebeck-John Fenlon-Dave Zentner</i>)	1:42.6
160-Freestyle Relay	Des Moines, Roosevelt (<i>John Bridgeman-Scott Smith-Jim Schnell-Harrie Shearer</i>)	1:19.2
1955	CLINTON - 90	Coach Howard Judd
40-Freestyle	Gary Morris, Clinton	:17.8
100-Freestyle	Gary Morris, Clinton	:49.8
200-Freestyle	Keith Zastrow, Clinton	2:06.3
100-Breaststroke	Charles Mitchell, Ottumwa	1:05.5
100-Backstroke	Herman Dierks, Clinton	1:04.8
120-Individual Medley	Charles Mitchell, Ottumwa	1:15.8
Diving	John Bridgeman, Des Moines, Roosevelt	187.00
180-Medley Relay	Clinton (<i>Herman Dierks-Bill Limbrecht-Bob Holleran</i>)	1:46.7

State Meet Champions - Year-by-Year cont'd

160-Freestyle Relay	Des Moines, Roosevelt (Fred Bookey-Bill Niemann-Tom Lucas-Jim Ballou)	1:17.2
1956	CLINTON - 65	Coach Howard Judd
50-Freestyle	Bob Holleran, Clinton	:25.2
100-Freestyle	Keith Zastrow, Clinton	:56.4
200-Freestyle	Keith Zastrow, Clinton	2:11.1
100-Breaststroke	Charles Mitchell, Ottumwa	1:03.1
100-Backstroke	Herman Dierks, Clinton	1:06.3
150-Individual Medley	Charles Mitchell, Ottumwa	1:37.9
Diving	Fritz Fisher, Cedar Rapids, Washington	193.95
200-Medley Relay	Des Moines, Roosevelt (Dean Ellis-Mike Graham-Tyler Marshall-Tom Thayer)	1:55.5
200-Freestyle Relay	(Tie) Des Moines, Lincoln (Bob Lozier-Pete Abbott-Don Freeman-Charles Abbott) & Des Moines, Roosevelt (Dick Shepler-Hopkins-Mort Bookey-Jim Ballou)	1:42.6
1957	CLINTON - 55	Coach Howard Judd
50-Freestyle	Garrett Maris, Des Moines, Roosevelt	:24.0
100-Freestyle	Ronald McDevitt, Clinton	:54.5
200-Freestyle	Tom Hickerson, Des Moines, Roosevelt	2:02.0
100-Breaststroke	Gary Longstreth, Muscatine	1:03.2
100-Backstroke	Homer Saltz, Muscatine	1:06.1
150-Individual Medley	Ronald McDevitt, Clinton	1:38.0
Diving	Bill Nessen, Des Moines, Lincoln	188.10
200-Medley Relay	Des Moines, Roosevelt Mike McBride-Tyler Marshall-Tom Thayer-Bill White	1:54.0
200-Freestyle Relay	Des Moines, Roosevelt Dave Dwyer-Dick Shepler-Tom Hickerson-Garrett Maris	1:40.6
1958	CLINTON - 57	Coach Howard Judd
50-Freestyle	Garrett Maris, Des Moines, Roosevelt	:23.1
100-Freestyle	Ron McDevitt, Clinton	:51.9
200-Freestyle	Clark Raney, Ottumwa	2:06.1
400-Freestyle	Glover Wadington, Cedar Rapids, Washington	4:19.4
100-Breaststroke	Dave Sever, Des Moines, Lincoln	1:12.3
100-Backstroke	Bill Lanning, Clinton	1:01.8
100-Butterfly	Gary Longstreth, Muscatine	1:02.2
150-Individual	Ron McDevitt, Clinton	1:33.4
Diving	Fritz Fisher, Cedar Rapids, Washington	209.40
200-Medley Relay	Clinton (Bill Gorman-Bill Limbrecht-Jack Miller-Bill Lanning)	1:52.9
200-Freestyle Relay	Des Moines, Roosevelt John Galloway-Dave Dwyer-Dick Shepler-Tom Hickerson	
1959	DES MOINES, ROOSEVELT - 59	Coach Clark Munger
50-Freestyle	Garrett Maris, Des Moines, Roosevelt	:22.8
100-Freestyle	Joe Weir, Sioux City, Central	:53.5
200-Freestyle	Bruce Nelson, Fort Dodge	2:01.2
400-Freestyle	Clark Raney, Ottumwa	4:31.6
100-Breaststroke	Scott Reichardt, Des Moines, Roosevelt	1:11.9
100-Backstroke	Jeff Amsler, Sioux City, Central	1:02.2
100-Butterfly	Gary Longstreth, Muscatine	:59.5
150-Individual Medley	Gary Longstreth, Muscatine	1:34.8
Diving	Dan Suits, Cedar Rapids, Jefferson	355.40
200-Medley Relay	Des Moines, Roosevelt John Brown-Scott Reichardt-Chuck Corwin-Garrett Maris	1:51.0
200-Freestyle Relay	Sioux City, Central Neal Hyink-Larry Boe-Cremin Benson-Joe Weir	1:36.7
1960	MUSCATINE - 56	Coach Jack Janousek
50-Freestyle	Dave Dismer, Davenport	:23.8

State Meet Champions - Year-by-Year cont'd

100-Freestyle	Doug Felton, Muscatine	:53.5
200-Freestyle	Dave McGregor, Ottumwa	2:04.9
400-Freestyle	Ed Longstreth, Muscatine	4:37.5
100-Breaststroke	Ralph Bextine, Cedar Rapids, Washington	1:10.7
100-Backstroke	Cremin Benson, Sioux City, Central	1:01.0
100-Butterfly	Gary Longstreth, Muscatine	:57.7
200-Individual Medley	Gary Longstreth, Muscatine	2:17.1
Diving	Dennis Wuster, Sioux City, Central	329.50
200-Medley Relay	Cedar Rapids, Washington <i>Dave Topinka-Bob Gates-Ed Burkhalter-John Ruml</i>	1:52.5
200-Freestyle Relay	Muscatine <i>Dave Glidden-Homer Saltz-Doug Felton-Ron Schmarje</i>	1:37.1

1961 **CEDAR RAPIDS, WASHINGTON - 65** **Coach Hal Krizan**

50-Freestyle	Doug Felton, Muscatine	:23.5
100-Freestyle	Doug Felton, Muscatine	:51.3
200-Freestyle	Wylie Griffith, Clinton	1:58.7
400-Freestyle	Rich Collins, Des Moines, Roosevelt	4:30.7
100-Breaststroke	Ralph Bextine, Cedar Rapids, Washington	1:07.2
100-Backstroke	Joe Weir, Sioux City, Central	1:03.5
100-Butterfly	Ed Burkhalter, Cedar Rapids, Washington	:59.4
200-Individual Medley	Ralph Bextine, Cedar Rapids, Washington	2:16.4
Diving	Michael LeVois, Iowa City, University	354.90
200-Medley Relay	Cedar Rapids, Washington <i>Jim Peterson-Dennis Krizan-Ed Burkhalter-John Ruml</i>	1:51.9
200-Freestyle Relay	Sioux City, Central <i>Ron Wayman-Randy Bricker-Joe Weir-Ron Gabrielson</i>	1:35.3

1962 **CLINTON - 66** **Coach Howard Judd**

50-Freestyle	Ron Gabrielson, Sioux City, Central	:23.1
100-Freestyle	Doug Felton, Muscatine	:50.8
200-Freestyle	Brian Percival, Des Moines, Lincoln	2:00.1
400-Freestyle	Maurice LeVois, Iowa City, University	4:18.9
100-Breaststroke	Ralph Bextine, Cedar Rapids, Washington	1:05.5
100-Backstroke	Tom Throckmorton, Des Moines, Roosevelt	1:01.6
100-Butterfly	Dan Jeffries, Clinton	:58.3
200-Individual Medley	Brian Percival, Des Moines, Lincoln	2:13.4
Diving	Randy Miller, Cedar Rapids, Jefferson	277.15
200-Medley Relay	(Tie) Des Moines, Roosevelt <i>Tom Throckmorton-Don Tesdell-Jeff Gallagher-Ken Hickerson</i> & Clinton <i>John Hamstra-Mike Eckman-Trainor Critz-Ron Huelse</i>	1:50.0
200-Freestyle Relay	Clinton <i>Mylon Sander-Doug Dawson-Ed Kearney-Charles Lentz</i>	1:35.8

1963 **DES MOINES, ROOSEVELT - 56** **Coach Clark Munger**

50-Freestyle	Dave Strief, Des Moines, Roosevelt	:23.3
100-Freestyle	Doug Felton, Muscatine	:50.7
200-Freestyle	Doug Felton, Muscatine	1:56.8
400-Freestyle	Maurice LeVois, Iowa City, University	4:14.1
100-Breaststroke	Dennis Shippey, Davenport, West	1:04.8
100-Backstroke	Skip Jensen, Iowa City, University	:59.3
100-Butterfly	Phil Schrader, Des Moines, Roosevelt	:58.8
200-Individual Medley	Brian Percival, Des Moines, Lincoln	2:13.6
Diving	Bill Dean, Des Moines, Roosevelt	277.00
200-Medley Relay	Des Moines, Roosevelt <i>Tom Throckmorton-Bob Synhorst-Bill Schroeder-Dave Scott</i>	1:46.8
200-Freestyle Relay	Clinton (<i>Marty Morris-Trainor Critz-Tom Meyer-Chuck Lentz</i>)	1:33.3

1964 **CEDAR RAPIDS, WASHINGTON - 68** **Coach Hal Krizan**

50-Freestyle	(Tie) Marty Morris, Clinton and Ron David, Cedar Rapids, Jefferson	:22.8
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State Meet Champions - Year-by-Year cont'd

100-Freestyle	Ray Kearney, Clinton	:50.3
200-Freestyle	Ray Kearney, Clinton	1:54.8
400-Freestyle	Maurice LeVois, Iowa City, University	4:19.0
100-Breaststroke	Bob Synhorst, Des Moines, Roosevelt	1:05.3
100-Backstroke	Fred Hahn, Cedar Rapids, Washington	:58.4
100-Butterfly	Jim Halpin, Cedar Rapids, Washington	:57.0
200-Individual Medley	Steve Strauss, Cedar Rapids, Jefferson	2:09.0
Diving	Dave Schafer, Clinton	274.50
200-Medley Relay	Cedar Rapids, Washington <i>Fred Hahn-Tom Owens-Jim Halpin-Greg Sieh</i>	1:44.5
200-Freestyle Relay	Cedar Rapids, Washington <i>Ken Krizan-Tom Sage-Marty Strasburger-Greg Sieh</i>	1:32.1

1965 **CEDAR RAPIDS, WASHINGTON - 82** **Coach Hal Krizan**

50-Freestyle	Jim Nichols, Clinton	:23.1
100-Freestyle	Jim Nichols, Clinton	:51.2
200-Freestyle	Rick Carter, Cedar Rapids, Washington	1:55.7
400-Freestyle	Ken Smith, Clinton	4:15.0
100-Breaststroke	Larry Stover, Clinton	1:03.1
100-Backstroke	Steve Strauss, Cedar Rapids, Jefferson	:57.5
100-Butterfly	Jim Halpin, Cedar Rapids, Washington	:53.6
200-Individual Medley	Steve Strauss, Cedar Rapids, Jefferson	2:11.3
Diving	Dave Schafer, Clinton	293.60
200-Medley Relay	Cedar Rapids, Washington <i>Fred Hahn-Tom Owens-Ted Welch-Al Carr</i>	1:42.4
200-Freestyle Relay	Cedar Rapids, Washington <i>Ken Krizan-Al Carr-Jim Halpin-Marty Strasburger</i>	1:30.4

1966 **CEDAR RAPIDS, WASHINGTON - 260.5** **Coach Hal Krizan**

50-Freestyle	Robbie Cook, Cedar Rapids, Washington	:22.5
100-Freestyle	Robbie Cook, Cedar Rapids, Washington	:49.6
200-Freestyle	Jeff Smith, Cedar Rapids, Washington	1:52.3
400-Freestyle	Jeff Smith, Cedar Rapids, Washington	4:12.5
100-Breaststroke	Frank Cownie, Des Moines, Roosevelt	1:07.0
100-Backstroke	Tom Proctor, Cedar Rapids, Washington	1:00.7
100-Butterfly	Jim Halpin, Cedar Rapids, Washington	:53.5
200-Individual Medley	Marty Strasburger, Cedar Rapids, Washington	2:11.1
Diving	Jerry Logston, Des Moines, Tech	290.10
200-Medley Relay	Cedar Rapids, Washington <i>Tom Proctor-Bill Bergman-Jim Halpin-Tim Krizan</i>	1:43.4
400-Freestyle Relay	Clinton (<i>Steve Joens-Matt Wolfe-Jim Vining-Dave Dean</i>)	3:26.4

1967 **CEDAR RAPIDS, WASHINGTON - 235.5** **Coach Hal Krizan**

50-Freestyle	Eric Holtze, Sioux City, Central	:22.8
100-Freestyle	Robbie Cook, Cedar Rapids, Washington	:49.4
200-Freestyle	Robbie Cook, Cedar Rapids, Washington	1:50.4
400-Freestyle	Doug Herman, Clinton	4:13.2
100-Breaststroke	Bill Bergman, Cedar Rapids, Washington	1:04.6
100-Backstroke	Bob Morrison, Clinton	:58.5
100-Butterfly	Jim Vining, Clinton	:54.5
200-Individual Medley	Mike Sandy, Cedar Rapids, Washington	2:09.7
Diving	Steve Spikes, Des Moines, Roosevelt	306.40
200-Medley Relay	Cedar Rapids, Washington <i>Tom Proctor-Bill Bergman-Scott Thompson-Doug Barr</i>	1:43.9
400-Freestyle Relay	Cedar Rapids, Washington <i>John Beusch-Doug Barr-Mike Sandy-Tim Krizan</i>	3:27.0

1968 **CEDAR RAPIDS, WASHINGTON - 238.5** **Coach Hal Krizan**

50-Freestyle	Tim Krizan, Cedar Rapids, Washington	:22.4
100-Freestyle	Robbie Cook, Cedar Rapids, Washington	:48.0
200-Freestyle	Don Torrey, Clinton	1:53.1
400-Freestyle	Harvey Birky, Cedar Rapids, Washington	4:06.0

State Meet Champions - Year-by-Year cont'd

100-Breaststroke	Dirk Hanson, Des Moines, Lincoln	1:03.8
100-Backstroke	Doug Walrod, Davenport, Central	:58.9
100-Butterfly	Dave Carrithers, Cedar Rapids, Washington	:55.7
200-Individual Medley	Robbie Cook, Cedar Rapids, Washington	2:05.3
Diving	Steve Spikes, Des Moines, Hoover	362.95
200-Medley Relay	Cedar Rapids, Washington <i>Tom Proctor-Jim Bell-Chris Wilson-Bruce Dixon</i>	1:43.2
400-Freestyle Relay	Davenport, West <i>Blaine Koch-Dan Matheson-John Rogers-Ken Martens</i>	3:31.5
1969	CEDAR RAPIDS, WASHINGTON - 216	Coach Hal Krizan
50-Freestyle	Steve Hartkemeyer, Cedar Rapids, Kennedy	:22.4
100-Freestyle	Steve Hartkemeyer, Cedar Rapids, Kennedy	:49.5
200-Freestyle	Dave Carrithers, Cedar Rapids, Washington	1:47.3
400-Freestyle	Dave Carrithers, Cedar Rapids, Washington	3:54.9
100-Breaststroke	Dirk Hanson, Des Moines, Lincoln	1:01.9
100-Backstroke	Doug Walrod, Davenport, Central	:57.2
100-Butterfly	Jim Bell, Cedar Rapids, Washington	:54.3
200-Individual Medley	Dirk Hanson, Des Moines, Lincoln	2:03.8
Diving	Steve Spikes, Des Moines, Hoover	413.80
200-Medley Relay	Cedar Rapids, Washington <i>Robbie McKay-Steve Reeder-Jim Bell-Nick Gearhart</i>	1:45.0
400-Freestyle Relay	Davenport, West <i>Warren Wilson-John Rogers-Blaine Koch-Ken Martens</i>	3:26.2
1970	CEDAR RAPIDS, WASHINGTON - 238.5	Coach Hal Krizan
50-Freestyle	Terry Callahan, Des Moines, Lincoln	:22.41
100-Freestyle	Dave Carrithers, Cedar Rapids, Washington	:48.54
200-Freestyle	Dave Carrithers, Cedar Rapids, Washington	1:47.87
400-Freestyle	Bill Fowler, Cedar Rapids, Kennedy	4:02.70
100-Breaststroke	Chris Wilson, Cedar Rapids, Washington	1:03.43
100-Backstroke	Doug Walrod, Davenport, Central	:56.74
100-Butterfly	Jim Bell, Cedar Rapids, Washington	:52.58
200-Individual Medley	Chris Wilson, Cedar Rapids, Washington	2:03.91
Diving	Mark Johnson, Des Moines, Roosevelt	475.90
200-Medley Relay	Cedar Rapids, Washington <i>Rob McKay-Steve Reeder-Jim Bell-Kevin Spratt</i>	1:42.92
400-Freestyle Relay	Muscatine <i>Dave Reusswig-Brad Titus-Chuck Havemann-Dennis Blackwood</i>	3:26.11
1971	CEDAR RAPIDS, WASHINGTON - 201	Coach Hal Krizan
50-Freestyle	Rod Oberhaus, Muscatine	:22.72
100-Freestyle	Rod Oberhaus, Muscatine	:48.96
200-Freestyle	Bill Fowler, Cedar Rapids, Kennedy	1:49.38
400-Freestyle	Bill Fowler, Cedar Rapids, Kennedy	3:58.27
100-Breaststroke	Steve Davis, Des Moines, Roosevelt	1:04.43
100-Backstroke	Bob Reinbold, Ames	:56.66
100-Butterfly	Ben Taylor, Cedar Rapids, Washington	:53.40
200-Individual Medley	Ben Taylor, Cedar Rapids, Washington	2:05.26
Diving	Joe Watts, Des Moines, Hoover	388.45
200-Medley Relay	Cedar Rapids, Washington <i>Rob McKay-Warren Smith-Mike Stodola-John Hunting</i>	1:44.62
400-Freestyle Relay	Cedar Falls (<i>Jeff Eaton-Steve Rowe-Jeff Webb-Jon Mixdorf</i>)	3:25.08
1972	CEDAR RAPIDS, WASHINGTON - 183	Coach Hal Krizan
50-Freestyle	Ralph Mundt, Davenport, West	:22.56
100-Freestyle	Dexter MacBride, Ames	:48.96
200-Freestyle	John Little, Cedar Rapids, Washington	1:49.53
400-Freestyle	Rick Adrianse, Des Moines, Roosevelt	3:58.23
100-Breaststroke	Bob Vanderloo, Dubuque, Senior	1:03.67
100-Backstroke	Bob Reinbold, Ames	:55.54
100-Butterfly	Ben Taylor, Cedar Rapids, Washington	:52.63

State Meet Champions - Year-by-Year cont'd

200-Individual Medley	Ben Taylor, Cedar Rapids, Washington	2:02.69
Diving	Stoney Turley, Cedar Rapids, Kennedy	416.10
200-Medley Relay	Davenport, West <i>Brad Porter-Joe Burbridge-Ralph Mundt-Mark Christensen</i>	1:43.11
400-Freestyle Relay	Cedar Rapids, Washington <i>John Koch-Stu Lenzen-John Little-Ben Taylor</i>	3:19.77

1973	CEDAR RAPIDS, WASHINGTON - 201	Coach Hal Krizan
50-Freestyle	Jeff Jutte, Muscatine	:22.2
100-Freestyle	Dexter MacBride, Ames	:48.3
200-Freestyle	Dexter MacBride, Ames	1:44.7
400-Freestyle	John Huston, Cedar Rapids, Washington	3:50.4
100-Breaststroke	Bob Vanderloo, Dubuque, Senior	1:02.6
100-Backstroke	Bob Reinbold, Ames	:56.0
100-Butterfly	Ben Taylor, Cedar Rapids, Washington	:53.0
200-Individual Medley	Bob Reinbold, Ames	2:00.6
Diving	Rick Anglin, Dubuque, Wahlert	477.66
200-Medley Relay	Des Moines, Roosevelt <i>Randy Atess-Ward Klein-Randy Jones-Jim Crispon</i>	1:43.0
400-Freestyle Relay	Cedar Rapids, Washington <i>Stu Lenzen-Steve Shean-John Huston-Ben Taylor</i>	3:19.4

1974	CEDAR RAPIDS, WASHINGTON - 194	Coach Jim Voss
50-Freestyle	Jeff Henry, Cedar Rapids, Washington	:22.47
100-Freestyle	Mark Barnett, Ames	:48.95
200-Freestyle	Dexter MacBride, Ames	1:46.45
500-Freestyle	John Huston, Cedar Rapids, Washington	4:50.25
100-Breaststroke	Bob Vanderloo, Dubuque, Senior	1:02.21
100-Backstroke	Tom Lucas, Cedar Rapids, Washington	:57.60
100-Butterfly	Drew Walden, Cedar Falls, Northern	:53.04
200-Individual Medley	Dan Schmidt, Davenport, Central	2:10.44
Diving	Doug Buchheister, Cedar Rapids, Washington	463.74
200-Medley Relay	Cedar Rapids, Washington <i>Dave Crites-Brian Mykleby-Jim Williams-Jeff Henry</i>	1:44.18
400-Freestyle Relay	Ames (<i>Mark Barnett-Steve Pier-Maury Johnson-Dexter MacBride</i>)	3:19.38

1975	MASON CITY - 132	Coach Bill Colville
50-Freestyle	Rick Ver Huel, Cedar Falls	:22.43
100-Freestyle	Maury Johnson, Ames	:48.95
200-Freestyle	Eric Johnson, Ames	1:47.53
500-Freestyle	Dave Everett, Des Moines, Roosevelt	4:50.94
100-Breaststroke	Steve Hugo, Mason City	1:00.34
100-Backstroke	Doug Bovard, Mason City	:57.07
100-Butterfly	Drew Walden, Cedar Falls, Northern	:51.81
200-Individual Medley	Dan Schmidt, Davenport, Central	2:03.86
Diving	Steve Gordon, Dubuque, Senior	475.32
200-Medley Relay	Mason City (<i>Doug Bovard-Scott Bovard-Dean Neff-Don Wilson</i>)	1:42.82
400-Freestyle Relay	Ames <i>Maury Johnson-Mike Stoops-Randy Fitzgerald-Eric Johnson</i>	3:17.49

1976	CEDAR RAPIDS, WASHINGTON - 202	Coach Jim Voss
50-Freestyle	Kam Smith, Sioux City, North	:22.22
100-Freestyle	Eric Johnson, Ames	:47.70
200-Freestyle	Eric Johnson, Ames	1:44.52
500-Freestyle	David Everett, Des Moines, Roosevelt	4:47.37
100-Breaststroke	Steve Hugo, Mason City	1:00.44
100-Backstroke	Ron Perrington, Des Moines, Hoover	:57.24
100-Butterfly	Phil Lenzen, Cedar Rapids, Washington	:52.94
200-Individual Medley	Steve Hugo, Mason City	2:00.90
Diving	Randy Ableman, Cedar Rapids, Washington	476.38
200-Medley Relay	Mason City (<i>Gary Peterson-Dean Neff-Steve Bovard-Don Wilson</i>)	1:42.50

State Meet Champions - Year-by-Year cont'd

400-Freestyle Relay	Des Moines, Roosevelt <i>Tim Hoffman-Dan McBride-David Lynch-David Everett</i>	3:15.58
1977	CEDAR RAPIDS, WASHINGTON - 179	Coach Jim Voss
50-Freestyle	Charlie Roberts, Bettendorf	:21.87
100-Freestyle	Jeff Henry, Cedar Rapids, Washington	:48.67
200-Freestyle	David Everett, Des Moines, Roosevelt	1:42.25
500-Freestyle	David Everett, Des Moines, Roosevelt	4:41.11
100-Breaststroke	Dean Neff, Mason City	1:01.63
100-Backstroke	Tom Roemer, Bettendorf	:55.19
100-Butterfly	Charlie Roberts, Bettendorf	:52.49
200-Individual Medley	Tom LeBuhn, Cedar Rapids, Washington	2:01.43
Diving	Randy Ableman, Cedar Rapids, Washington	470.34
200-Medley Relay	Bettendorf <i>Tom Roemer-Rich Rodenbeck-Charlie Roberts-Tom Waterman</i>	1:40.54
400-Freestyle Relay	Des Moines, Roosevelt <i>Tim Hoffman-Tom Barr-Dan Bartlett-David Everett</i>	3:15.58
1978	BETTENDORF - 174	Coach Wayne Fatchett
50-Freestyle	Charlie Roberts, Bettendorf	:21.51
100-Freestyle	Mark Stanley, Fort Dodge	:47.51
200-Freestyle	Chris Williams, Cedar Rapids, Washington	1:44.30
500-Freestyle	Scott Wisner, Bettendorf	4:44.53
100-Breaststroke	Rich Rodenbeck, Bettendorf	1:02.55
100-Backstroke	Tom Roemer, Bettendorf	:52.75
100-Butterfly	Charlie Roberts, Bettendorf	:51.40
200-Individual Medley	Tom Roemer, Bettendorf	1:53.85
Diving	Kent Ferguson, Cedar Rapids, Washington	451.90
200-Medley Relay	Bettendorf <i>Tom Roemer-Rich Rodenbeck-Scott White-Tony Scott</i>	1:40.83
400-Freestyle Relay	Mason City <i>Bob Peterson-Dave Weber-Charlie Hugo-Mike Brown</i>	3:18.06
1979	MASON CITY - 140	Coach Willis Colville
50-Freestyle	Dan Bartlett, Des Moines, Roosevelt	:21.87
100-Freestyle	Chris Williams, Cedar Rapids, Washington	:47.35
200-Freestyle	Chris Williams, Cedar Rapids, Washington	1:43.62
500-Freestyle	David Symons, Ames	4:43.76
100-Breaststroke	Rick Gilbertson, Cedar Rapids, Kennedy	1:00.94
100-Backstroke	Tom Roemer, Bettendorf	:51.85
100-Butterfly	Gary Peterson, Mason City	:52.67
200-Individual Medley	Tom Roemer, Bettendorf	1:52.92
Diving	Kent Ferguson, Cedar Rapids, Washington	494.40
200-Medley Relay	Mason City <i>Troy Blodgett-Stuart Nelson-Gary Peterson-Mike Clough</i>	1:41.22
400-Freestyle Relay	Bettendorf <i>Steve Rodenbeck-Warren Tunwall-Eric Syverud-Tom Roemer</i>	3:17.60
1980	CEDAR RAPIDS, WASHINGTON - 164	Coach Jim Voss
50-Freestyle	Vince Dahl, Boone	:22.10
100-Freestyle	Vince Dahl, Boone	:48.10
200-Freestyle	Dave Symons, Ames	1:42.70
500-Freestyle	Dave Symons, Ames	4:46.99
100-Breaststroke	Paul Graettinger, Muscatine	:59.38
100-Backstroke	Dave Ross, Waterloo, East	:54.40
100-Butterfly	John Kimber, Cedar Rapids, Washington	:52.92
200-Individual Medley	Rick Gilbertson, Cedar Rapids, Kennedy	1:55.49
Diving	Kent Ferguson, Cedar Rapids, Washington	588.90
200-Medley Relay	Valley, West Des Moines <i>Feisal Sayeed-Paul Hibbs-Todd Rogers-Brian Clark</i>	1:41.17
400-Freestyle Relay	Bettendorf <i>Steve Rodenbeck-Joe Picchiotti-Eric Syverud-Scott Allen</i>	3:16.35

State Meet Champions - Year-by-Year cont'd

1981	CEDAR RAPIDS, KENNEDY - 149	Coach Mark Onstott
50-Freestyle	Joe Ehlers, Davenport, Central	:21.63
100-Freestyle	Joe Ehlers, Davenport, Central	:47.86
200-Freestyle	Kurt Benson, Cedar Rapids, Washington	1:44.62
500-Freestyle	Rick Gilbertson, Cedar Rapids, Kennedy	4:36.93
100-Breaststroke	Paul Graettinger, Muscatine	:59.26
100-Backstroke	Scott Etnyre, Cedar Rapids, Kennedy	:54.23
100-Butterfly	Scott Etnyre, Cedar Rapids, Kennedy	:52.34
200-Individual Medley	Rick Gilbertson, Cedar Rapids, Kennedy	1:54.18
Diving	Kent Ferguson, Cedar Rapids, Washington	573.70
200-Medley Relay	Bettendorf <i>Kelly Allen-Steve Castro-Jim Waterman-Eric Evans</i>	1:40.23
400-Freestyle Relay	Cedar Rapids, Kennedy <i>Scott Etnyre-Scott Irish-Rotcj Madlom-Rick Gilbertson</i>	3:13.26

1982	AMES - 179	Coach Mike Wittmer
50-Freestyle	Vince Dahl, Boone	:21.58
100-Freestyle	Scott McCadam, Waterloo, West	:47.66
200-Freestyle	Chris Richard, Ames	1:42.31
500-Freestyle	Chris Richard, Ames	4:38.64
100-Breaststroke	Paul Graettinger, Muscatine	:58.96
100-Backstroke	John Kimber, Cedar Rapids, Washington	:54.48
100-Butterfly	John Kimber, Cedar Rapids, Washington	:50.92
200-Individual Medley	Dan Carlson, Mason City	1:56.68
Diving	Jeff Symons, Ames	594.85
200-Medley Relay	Cedar Rapids, Washington <i>George Purdie-Kurt Benson-John Kimber-Steve Fleischer</i>	1:38.69
400-Freestyle Relay	Ames <i>Scott Robinson-Robert Burger-Brad Danofsky-Chris Richard</i>	3:12.83

1983	CEDAR RAPIDS, WASHINGTON - 250	Coach Jim Voss
50-Freestyle	Evan Johnston, Des Moines, Lincoln	:21.70
100-Freestyle	Chris Richard, Ames	:45.89
200-Freestyle	Craig Oppel, Valley, West Des Moines	1:40.03
500-Freestyle	Craig Oppel, Valley, West Des Moines	4:34.23
100-Breaststroke	Kurt Benson, Cedar Rapids, Washington	:58.69
100-Backstroke	Mark Stori, Bettendorf	:54.91
100-Butterfly	Kim Patrick, Dubuque, Senior	:52.00
200-Individual Medley	Kurt Benson, Cedar Rapids, Washington	1:54.78
Diving	Jeff Johnson, Des Moines, Roosevelt	500.40
200-Medley Relay	Cedar Rapids, Washington <i>Bruce LeBuhn-Kurt Benson-John Fogarty-Brad Danielson</i>	1:37.72
400-Freestyle Relay	Muscatine <i>Brad Axel-Fred Colony-Alan McKillip-John Sayles</i>	3:14.16

1984	WEST DES MOINES, VALLEY - 243	Coach Mark Wagner
50-Freestyle	Craig Oppel, Valley, West Des Moines	:21.23
100-Freestyle	Craig Oppel, Valley, West Des Moines	:45.62
200-Freestyle	John Sayles, Muscatine	1:44.86
500-Freestyle	Chris Reedy, Sioux City, North	4:45.28
100-Breaststroke	Tom Castro, Bettendorf	1:00.65
100-Backstroke	Eric Hansen, Sioux City, East	:54.16
100-Butterfly	Tad Calkins, Valley, West Des Moines	:51.74
200-Individual Medley	Tad Calkins, Valley, West Des Moines	1:54.59
Diving	Pat Clark, Des Moines, Hoover	434.85
200-Medley Relay	Dubuque, Senior <i>Peter Gruben-Doug Christiansen-Dennis Bennett-Brian Hanner</i>	1:38.45
400-Freestyle Relay	Muscatine <i>Fred Colony-Ward Massey-Alan McKillip-John Sayles</i>	3:13.57

State Meet Champions - Year-by-Year cont'd

1985	CEDAR RAPIDS, WASHINGTON - 241	Coach Jim Voss
50-Freestyle	Joe Barger, Cedar Rapids, Kennedy	:21.66
100-Freestyle	Chris Reedy, Sioux City, North	:46.50
200-Freestyle	Craig Oppel, Valley, WDM *NATIONAL RECORD*	1:36.36
500-Freestyle	Tom Evers, Des Moines, Hoover	4:42.22
100-Breaststroke	Mike Lin, Iowa City, West	:59.82
100-Backstroke	Peter Gruben, Dubuque, Senior	:53.10
100-Butterfly	Craig Oppel, Valley, West Des Moines	:49.13
200-Individual Medley	Brad Axel, Muscatine	1:56.38
Diving	Phil Bishop, Ames	477.25
200-Medley Relay	Cedar Rapids, Washington <i>Bruce LeBuhn-Sean McGowan-David Murray-David Glandon</i>	1:40.09
400-Freestyle Relay	Valley, West Des Moines <i>Steve Nelson-Tom Delay-Jeb Barmish-Craig Oppel</i>	3:15.49
1986	BETTENDORF - 277.5	Coach Wayne Fatchett
50-Freestyle	Ken Atkinson, Bettendorf	:21.50
100-Freestyle	Ken Atkinson, Bettendorf	:46.98
200-Freestyle	Mike Johnson, Ankeny	1:41.53
500-Freestyle	Tom Evers, Des Moines, Hoover	4:41.35
100-Breaststroke	Mike Lin, Iowa City, West	:59.28
100-Backstroke	Peter Gruben, Dubuque, Senior	:53.32
100-Butterfly	Mike Johnson, Ankeny	:51.26
200-Individual Medley	Mike Lin, Iowa City, West	1:54.61
Diving	Phil Bishop, Ames	494.15
200-Medley Relay	Cedar Rapids, Washington <i>Tony DeBoom-Sean McGowan-David Murray-Andy McIntosh</i>	1:37.65
400-Freestyle Relay	Bettendorf <i>Chris Beckwith-Mark Amyette-Mike Gottlieb-Ken Atkinson</i>	3:13.84
1987	CEDAR RAPIDS, WASHINGTON - 234	Coach Jim Voss
50-Freestyle	Rob Strauch, Dubuque, Hempstead	:21.60
100-Freestyle	Todd Trappe, Mason City	:47.69
200-Freestyle	Tom Evers, Des Moines, Hoover	1:42.58
500-Freestyle	Tom Evers, Des Moines, Hoover	4:40.34
100-Breaststroke	Rick Hoffman, Dubuque, Senior	1:01.07
100-Backstroke	Mike Johnson, Ankeny	:53.47
100-Butterfly	Mike Johnson, Ankeny	:50.44
200-Individual Medley	Chris Beckwith, Bettendorf	1:55.80
Diving	Brad McNamee, Des Moines, Roosevelt	463.75
200-Medley Relay	Dubuque, Senior <i>Mike Moes-Rick Hoffman-Ryan Gill-Tom Forsyth</i>	1:38.64
400-Freestyle Relay	Valley, West Des Moines <i>Steve Nelson-Steve Smits-Drew Smith-Mike Harris</i>	3:13.78
1988	CEDAR RAPIDS, WASHINGTON - 216	Coach Jim Voss
50-Freestyle	Jeff Lovell, Waverly-Shell Rock	:21.02
100-Freestyle	Jeff Lovell, Waverly-Shell Rock	:46.91
200-Freestyle	Mike Johnson, Ankeny	1:38.20
500-Freestyle	Scott Paulson, Des Moines, Roosevelt	4:40.30
100-Breaststroke	Chris Cruise, Cedar Rapids, Washington	1:00.02
100-Backstroke	Chip Reed, Dubuque, Hempstead	:54.59
100-Butterfly	Mike Johnson, Ankeny	:49.63
200-Individual Medley	Scott Paulson, Des Moines, Roosevelt	1:57.16
Diving	Donnie Bear, Cedar Rapids, Washington	447.00
200-Medley Relay	Cedar Rapids, Washington <i>Mark McDermott-Chris Cruise-Jamahl Roland-Anthony Johnson</i>	1:37.60
400-Freestyle Relay	Valley, West Des Moines <i>John Weber-Steve Smits-Drew Smith-Mike Harris</i>	3:11.87
1989	CEDAR RAPIDS, WASHINGTON - 268	Coach Jim Voss
50-Freestyle	J.P. Bickel, Cedar Rapids, Washington	:21.60

State Meet Champions - Year-by-Year cont'd

100-Freestyle	Rich Mitvalsky, Cedar Rapids, Washington	:46.79
200-Freestyle	Scott Paulson, Des Moines, Roosevelt	1:42.00
500-Freestyle	Scott Paulson, Des Moines, Roosevelt	4:38.91
100-Breaststroke	Chris Cruise, Cedar Rapids, Washington	:57.26
100-Backstroke	Tim DeBoom, Cedar Rapids, Washington	:55.28
100-Butterfly	Boris Bachmann, Ames	:50.89
200-Individual Medley	Brad Gaeth, Southeast Polk, Runnells	1:57.05
Diving	Jeff Warrick, Davenport, West	433.40
200-Medley Relay	Cedar Rapids, Washington <i>Tim De Boom-Chris Cruise-Jamahl Roland-Rich Mitvalsky</i>	1:34.57
400-Freestyle Relay	Cedar Rapids, Washington <i>J.P. Bickel-Anthony Johnson-Jamahl Roland-Rich Mitvalsky</i>	3:11.36
1990	CEDAR RAPIDS, WASHINGTON - 179	Coach Jim Voss
50-Freestyle	Eric Lemen, Davenport, West	:21.36
100-Freestyle	Eric Lemen, Davenport, West	:46.15
200-Freestyle	Dan Ross, Cedar Falls	1:43.10
500-Freestyle	Dan Ross, Cedar Falls	4:40.60
100-Breaststroke	Tim Teeter, Charles City	1:01.21
100-Backstroke	Mark McDermott, Cedar Rapids, Washington	:54.50
100-Butterfly	Jim Lin, Iowa City, West	:52.36
200-Individual Medley	Jim Lin, Iowa City, West	1:57.58
Diving	Jose Hidalgo, Iowa City, City	510.40
200-Medley Relay	Cedar Rapids, Washington <i>Mark McDermott-Carter Meredith-Robb Rudd-Eric Brown</i>	1:39.38
400-Free Relay	Mason City (<i>Matt Johnson-Gus Skarlis-Bill Toelke-Matt Root</i>)	3:13.83
1991	MASON CITY - 163.5	Coach Steve Hugo
50-Freestyle	Tory Hartwig, Bettendorf	:21.57
100-Freestyle	Chrs Eckerman, Dowling Catholic, WDM	:46.48
200-Freestyle	Chris Meyer, Valley West Des Moines	1:42.25
500-Freestyle	Chris Meyer, Valley, West Des Moines	4:37.21
100-Breaststroke	Tim Teeter, Charles City	:59.12
100-Backstroke	Jory Blauer, Decorah	:52.70
100-Butterfly	Tory Hartwig, Bettendorf	:52.31
200-Individual Medley	Matt Brown, Fort Dodge	1:55.76
Diving	Jose Hidalgo, Iowa City, City High	496.70
200-Medley Relay	Mason City (<i>Erik Harris-Ben Buren-Matt Root-Jim Skarlis</i>)	1:40.51
200-Freestyle Relay	Mason City (<i>Bill Toelke-Erik Harris-Gus Skarlis-Matthew Root</i>)	1:27.94
400-Freestyle Relay	Cedar Falls (<i>David Mason-Joe Mason-Jeff Whitt-Dan Ross</i>)	3:16.85
1992	CEDAR RAPIDS, WASHINGTON - 173	Coach Jim Voss
50-Freestyle	Chris Eckerman, Dowling Catholic, WDM	:20.70
100-Freestyle	Chris Eckerman, Dowling Catholic, WDM	:44.43
200-Freestyle	Chris Meyer, Valley, West Des Moines	1:43.20
500-Freestyle	Dan Ross, Cedar Falls	4:33.74
100-Breaststroke	Jeremy Meyer, Grinnell	1:00.34
100-Backstroke	Mariusz Siembida, Cedar Rapids, Washington	:51.60
100-Butterfly	Justin Clossen, Linn-Mar, Marion	:51.92
200-Individual Medley	Mariusz Siembida, Cedar Rapids, Washington	1:55.23
Diving	Jeff Stein, Davenport, West	462.75
200-Medley Relay	Cedar Rapids, Washington <i>Mariusz Siembida-Karl Lippisch-Darin Harden-Mark Aiels</i>	1:38.31
200-Free Relay	Pleasant Valley <i>Shawn Dassie-Justin Lane-Kirk Moeller-Mike Griggs</i>	1:26.81
400-Free Relay	Cedar Rapids, Washington <i>Karl Lippisch-Toma z Piotrowski-John Olinger-Mariusz Siembida</i>	3:14.55
1993	CEDAR FALLS - 164	Coach Richard Marcussen
50-Freestyle	Chris Eckerman, Dowling Catholic, WDM	:20.32
100-Freestyle	Chris Eckerman, Dowling Catholic, WDM	:44.17
200-Freestyle	Andy Eckerman, Dowling Catholic, WDM	1:42.71
500-Freestyle	Dan Ross, Cedar Falls	4:33.16

State Meet Champions - Year-by-Year cont'd

100-Breaststroke	Tim Hansen, Des Moines, Hoover	:59.28
100-Backstroke	Jory Blauer, Decorah	:51.11
100-Butterfly	Justin Clossen, Linn-Mar, Marion	:50.82
200-Individual Medley	Jory Blauer, Decorah	1:53.62
Diving	Chad Gardemann, Cedar Rapids, Kennedy	406.50
200-Medley Relay	Waterloo, West <i>Seth Shepard-Ian River-Marc River-Michael Dierks</i>	1:38.15
200-Free Relay	Dowling Catholic, WDM <i>Billy Roth-Andy Eckerman-Marc Willis-Chris Eckerman</i>	1:28.17
400-Free Relay	Cedar Falls (<i>Joe Mason-Jed Fogdall-Dan Ross-Chris Courts</i>)	3:12.50
1994	CEDAR RAPIDS, WASHINGTON - 137.5	Coach Jim Voss
50-Freestyle	Seth Shepard, Waterloo, West	:21.28
100-Freestyle	Seth Shepard, Waterloo, West	:46.49
200-Freestyle	Andy Eckerman, Dowling Catholic, WDM	1:41.60
500-Freestyle	Andy Eckerman, Dowling Catholic, WDM	4:31.28
100-Breaststroke	Colin Luth, Lewis Central, Council Bluffs	:58.76
100-Backstroke	Justin Clossen, Linn-Mar, Marion	:51.33
100-Butterfly	Justin Clossen, Linn-Mar, Marion	:50.72
200-Individual Medley	Mike Zimmerman, Iowa City, West	1:53.96
Diving	Jaimey Shilling, Southeast Polk, Runnells	424.50
200-Medley Relay	Cedar Rapids, Washington <i>Ty Olson-Luke Grafft-Jon Strother-Ryan Strauss</i>	1:37.98
200-Free Relay	Cedar Rapids, Washington <i>Brian Aiels-Jon Strother-Brennan Cleveland-Ryan Strauss</i>	1:28.29
400-Free Relay	Iowa City, City High <i>Kamden Draper-John Herr-Victor Sosa-Jacob Everhart</i>	3:13.38
1995	CEDAR RAPIDS, WASHINGTON - 175	Coach Jim Voss
50-Freestyle	Chris Pollock, Mason City	:21.57
100-Freestyle	Joe Fisher, Ames	:46.35
200-Freestyle	Joe Fisher, Ames	1:41.58
500-Freestyle	Jason Lathrum, Indianola	4:32.94
100-Breaststroke	Matt Hamer, Iowa City, City High	:59.59
100-Backstroke	Tyler Lucht, Dowling, West Des Moines	:54.47
100-Butterfly	Matt Hudson, Davenport, West	:51.97
200-Individual Medley	Jason Lathrum, Indianola	1:54.78
200-Medley Relay	Cedar Rapids, Washington <i>Mack Jilek-Luke Grafft-Jon Strother-Ryan Strauss</i>	1:37.25
200-Free Relay	Cedar Rapids, Washington <i>Jon Strother-Brian Aiels-Luke Grafft-Ryan Strauss</i>	1:27.65
400-Free Relay	Ames (<i>Joe Fisher-Cody Dakan-Nathan Terry-Jeff Fisher</i>)	3:12.54
1996	CEDAR RAPIDS, WASHINGTON - 212	Coach Jim Voss
50-Freestyle	Andy Kyser, Davenport, North	:21.33
100-Freestyle	Thad Hackney, Cedar Rapids, Kennedy	:45.47
200-Freestyle	Ian Renner-Arjes, Bettendorf	1:39.82
500-Freestyle	Jason Lathrum, Indianola	4:30.62
100-Breaststroke	Ben Litton, Cedar Falls	:57.75
100-Backstroke	Cody Dakan, Ames	:53.63
100-Butterfly	Lovrenco Franicevic, Ames	:51.64
200-Individual Medley	Jason Lathrum, Indianola	1:52.35
200-Medley Relay	Cedar Rapids, Washington <i>Mack Jilek-Luke Grafft-Jon Strother-Allyn Secor</i>	1:36.36
200-Free Relay	Cedar Rapids, Washington <i>Jon Strother-Brent Morgan-Luke Grafft-Allyn Secor</i>	1:26.06
400-Free Relay	Ames <i>Nathan Terry-Cody Dakan-Jeff Fisher-Lovrenco Franicevic</i>	3:11.54
1997	CEDAR RAPIDS, WASHINGTON - 189.5	Jim Voss
50-Freestyle	John Lonergan, Bettendorf	:21.30
100-Freestyle	John Lonergan, Bettendorf	:46.22

State Meet Champions - Year-by-Year cont'd

200-Freestyle	Ian Renner-Arjes, Bettendorf	1:39.01
500-Freestyle	Jason Lathrum, Indianola	4:31.32
100-Breaststroke	Ben Litton, Cedar Falls	:58.28
100-Backstroke	Zach Ferguson, Dowling Catholic, WDM	:53.39
100-Butterfly	Ian Renner-Arjes, Bettendorf	:50.29
200-Individual Medley	Jason Lathrum, Indianola	1:51.35
200-Medley Relay	Cedar Rapids, Washington <i>Mack Jilek-Clay Grafft-Jon Strother-Colin Hanrahan</i>	1:35.97
200-Free Relay	Cedar Rapids, Washington <i>Allyn Secor-Colin Hanrahan-Mack Jilek-Jon Strother</i>	1:25.29
400-Free Relay	Bettendorf <i>Ian Renner-Arjes-Josh Morehouse-Osmar Godoi-John Lonergan</i>	3:10.17

1998	CEDAR FALLS-149	Richard Marcussen
50-Freestyle	Mike Hicklin, Urbandale	:20.88
100-Freestyle	Zach Ferguson, Dowling Catholic, WDM	:46.66
200-Freestyle	Ian Renner-Arjes, Bettendorf	1:40.29
500-Freestyle	Jason Snider, Valley, West Des Moines	4:39.21
100-Breaststroke	Ben Litton, Cedar Falls	:56.38
100-Backstroke	Zach Ferguson, Dowling Catholic, WDM	:51.47
100-Butterfly	Ian Renner-Arjes, Bettendorf	:51.09
200-Individual Medley	Dan Patee, Sioux City, East	1:53.73
200-Medley Relay	Cedar Falls <i>Seth Bockes-Adam Noelting-Ben Litton-Nick Jorgensen</i>	1:34.62
200-Free Relay	Urbandale <i>Doug Owen-Jared Jablonski-Matt Kroeger-Mike Hicklin</i>	1:26.87
400-Free Relay	Muscatine (<i>Travis Lee-Josh Havemann-Brian Radtke-Pat Fuller</i>)	3:10.58

1999	BETTENDORF-208	Mike Ahrens
50-Freestyle	Ryan Fitzgerald, Dowling Catholic, WDM	:21.44
100-Freestyle	Ian Renner-Arjes, Bettendorf	:46.06
200-Freestyle	Ian Renner-Arjes, Bettendorf	1:39.75
500-Freestyle	Jason Snider, Valley, WDM	4:40.53
100-Breaststroke	Jon Koenig, Dubuque, Senior	:58.38
100-Backstroke	Zach Ferguson, Dowling Catholic, WDM	:50.65
100-Butterfly	Nate Billups, Bettendorf	:51.26
200-Individual Medley	Jason Snider, Valley, WDM	1:51.43
200-Medley Relay	Dubuque, Senior <i>Chris Oberhoffer-Luke Johnson-Jon Koenig-Ryan Gavin</i>	1:36.23
200-Free Relay	Bettendorf <i>Grant Parrish-Ryan McAnally-Martin Stonebraker-Ian Renner-Arjes</i>	1:26.87
400-Free Relay	Bettendorf <i>Mike Lonergan-Nate Billips-Martin Stonebraker-Ian Renner-Arjes</i>	3:10.47

2000	DOWLING, WEST DES MOINES - 194	Mark Crouch
50-Freestyle	Grant Parrish, Bettendorf	:21.14
100-Freestyle	Zach Ferguson, Dowling Catholic, WDM	:45.79
200-Freestyle	Zach Ferguson, Dowling Catholic, WDM	1:41.05
500-Freestyle	Jason Snider, Valley, WDM	4:40.78
100-Breaststroke	Kiel Huston, Ankeny	:56.82
100-Backstroke	Andrew Van Meter, Ames	:50.78
100-Butterfly	Andrew Van Meter, Ames	:50.11
200-Individual Medley	Jason Snider, Valley, WDM	1:50.84
200-Medley Relay	Valley, WDM <i>Jason Snider-Nathan Welling-Mike Mosher-Nate Zittergruen</i>	1:36.55
200-Free Relay	Valley, WDM <i>Jason Snider-Brad Rowland-Richard Wolf-Nate Zittergruen</i>	1:25.51
400-Free Relay	Dowling Catholic, WDM <i>Josh Otis-Jimmer Dorweiler-Johnny Sourbeer-Zach Ferguson</i>	3:09.56

2001	DOWLING, WEST DES MOINES-173	Mark Crouch
50-Freestyle	Jack Powell, Mason City	:21.58

State Meet Champions - Year-by-Year cont'd

100-Freestyle	Jack Powell, Mason City	:46.75
200-Freestyle	Jimmer Dorweiler, Dowling Catholic, WDM	1:43.36
500-Freestyle	Adam Lehenbauer, Bettendorf	4:43.04
100-Breaststroke	Kiel Huston, Ankeny	:56.03
100-Backstroke	Andrew Van Meter, Ames	:49.71
100-Butterfly	Andrew Van Meter, Ames	:48.83
200-Individual Medley	Kiel Huston, Ankeny	1:52.86
200-Medley Relay	Mason City (<i>Derek Duffy-Paul Murray-Jack Powell-Tom Hardy</i>)	1:36.21
200-Free Relay	Valley, West Des Moines <i>Bryan Rowland-Nate Welling-Peter Mercuris-Richard Wolf</i>	1:25.67
400-Free Relay	Dowling Catholic, WDM <i>Matt Bzdega-Jimmer Dorweiler-Adam Mitchell-Josh Otis</i>	3:08.11

2002 **DOWLING Catholic, WDM-197.5** **Mark Crouch**

50-Freestyle	Jack Powell, Mason City	:21.42
100-Freestyle	Jack Powell, Mason City	:46.52
200-Freestyle	Jimmer Dorweiler, Dowling Catholic, WDM	1:40.30
500-Freestyle	Charlie Cunnick, Davenport, Central	4:35.90
100-Breaststroke	Kiel Huston, Ankeny	:56.16
100-Backstroke	Andrew Van Meter, Ames	:49.18
100-Butterfly	Andrew Van Meter, Ames	:49.00
200-Individual Medley	Kiel Huston, Ankeny	1:52.33
200-Medley Relay	Ames <i>Andrew VanMeter-Michael Eggert-Michael Peterson-Tony Borich</i>	1:34.68
200-Free Relay	Mason City (<i>Tom Hardy-Derek Duffy-Mark Guetzko-Jack Powell</i>)	1:25.57
400-Free Relay	Dowling Catholic, WDM <i>Adam Mitchell-Jimmer Dorweiler-Jimmy Sourbeer-Josh Otis</i>	3:05.87

2003 **DOWLING CATHOLIC, WDM-192** **Mark Crouch**

50-Freestyle	Michael Burke, Valley, WDM	:21.51
100-Freestyle	Jeff Bratten, Ottumwa	:46.20
200-Freestyle	Jeff Bratten, Ottumwa	1:40.35
500-Freestyle	Charlie Cunnick, Davenport Central	4:33.66
100-Breaststroke	Sean Osborne, Cedar Falls	:55.69
100-Backstroke	Andrew Van Meter, Ames	:48.83
100-Butterfly	Andrew Van Meter, Ames	:48.58
200-Individual Medley	Sean Osborne, Cedar Falls	1:50.29
200-Medley Relay	Ames <i>Andrew VanMeter-Michael Eggert-Bobby Sundvold-Tommy Strehlow</i>	1:35.44
200-Free Relay	Dowling Catholic, WDM <i>Jimmy Sourbeer-Jeff Kubat-Ted Riesenberg-Jimmer Dorweiler</i>	1:27.23
400-Free Relay	Dowling Catholic, WDM <i>Jimmy Sourbeer-Jeff Kubat-Fred Nesbit-Jimmer Dorweiler</i>	3:09.56

2004 **CEDAR FALLS - 214** **Richard Marcussen**

50-Freestyle	B. J. Kolsrud, Cedar Falls	:20.90
100-Freestyle	Jimmy Sourbeer, Dowling Catholic, WDM	:46.87
200-Freestyle	Jimmy Sourbeer, Dowling Catholic, WDM	1:41.44
500-Freestyle	Charlie Cunnick, Davenport Central	4:31.02
100-Breaststroke	Dan Harty, Ankeny	:58.36
100-Backstroke	Nick Cordes, Cedar Falls	:52.60
100-Butterfly	Charlie Cunnick, Davenport Central	:48.96
200-Individual Medley	Seth Wessels, Cedar Falls	1:53.73
200-Medley Relay	Cedar Rapids Washington <i>Nick Basile-B.J. Kolsrud-Joe Taylor-Andrew Visser</i>	1:36.24
200-Free Relay	Cedar Falls <i>Nick Cordes-Alex Stone-Sam Backstrom-Jordan Wessels</i>	1:26.17
400-Free Relay	Cedar Falls <i>Seth Wessels-Sam Backstrom-Raymond Holz-Jordan Wessels</i>	3:12.29

2005 **CEDAR FALLS - 209** **Richard Marcussen**

50-Freestyle	Nick Cordes, Cedar Falls	:20.73
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State Meet Champions - Year-by-Year cont'd

100-Freestyle	Matt Dahlke, Marshalltown	:46.94
200-Freestyle	Steven Brus, Davenport North	1:42.15
500-Freestyle	Steven Brus, Davenport North	4:35.89
100-Breaststroke	Dan Harty, Ankeny	:58.66
100-Backstroke	Nick Cordes, Cedar Falls	:51.29
100-Butterfly	James Dragon, Muscatine	:50.63
200-Individual Medley	James Dragon, Muscatine	1:53.85
200-Medley Relay	Ames <i>Bobby Sundvold-Josh Peterson-Joe Wiedemeier-Tommy Strehlow</i>	1:36.01
200-Freestyle Relay	Cedar Falls <i>Nick Cordes-Alex Stone-Aaron Zander-Jordan Wessels.....</i>	1:26.03
400-Freestyle Relay	Cedar Falls <i>Seth Wessels-Aaron Zander-Raymond Holz-Jordan Wessels</i>	3:13.19

2006 **CEDAR FALLS - 257.5** **Dana Peiffer**

50-Freestyle	Nick Cordes, Cedar Falls	:20.62
100-Freestyle	Joe Wiedemeier, Ames	:46.57
200-Freestyle	Steven Brus, Davenport North	1:41.63
500-Freestyle	Steven Brus, Davenport North	4:34.00
100-Breaststroke	Logan Frederick, Marshalltown	:59.31
100-Backstroke	Nick Cordes, Cedar Falls	:50.23
100-Butterfly	Zack Bartholomew, Pleasant Valley	:50.63
200-Individual Medley	Seth Wessels, Cedar Falls	1:52.80
200-Medley Relay	Cedar Falls <i>Nick Cordes-Jordan Wessels-Seth Wessels-Alex Stone</i>	1:33.56
200-Freestyle Relay	Cedar Falls <i>Nick Cordes-Alex Stone-Aaron Zander-Jordan Wessels.....</i>	1:24.58
400-Freestyle Relay	Cedar Falls <i>Seth Wessels-Tyler Verink-Aaron Zander-Alex Stone</i>	3:11.38

2007 **BETTENDORF 184** **Mike Ahrens**

50-Freestyle	Nick Cordes, Cedar Falls	:20.56
100-Freestyle	Jordan Huff, Dubuque Senior	:45.97
200-Freestyle	Jordan Huff, Dubuque Senior	1:39.83
500-Freestyle	Steven Brus, Davenport North	4:35.22
100-Breaststroke	Alex Dragon, Muscatine	:57.86
100-Backstroke	Nick Cordes, Cedar Falls	:49.90
100-Butterfly	Zack Bartholomew, Pleasant Valley	:49.78
200-Individual Medley	Alex Dragon, Muscatine	1:53.22
200-Medley Relay	Muscatine <i>Max Dittmer-Alex Dragon-David Mead-Bart Howard</i>	1:35.04
200-Freestyle Relay	Bettendorf <i>Alex Clark-Jon Alves-Jacob Hemberger-Kyle Green</i>	1:26.32
400-Freestyle Relay	Bettendorf <i>Alex Clark-James Barber-John Gayton-Kyle Green</i>	3:12.49

2008 **CEDAR RAPIDS WASHINGTON 171** **Chris Cruise**

50-Freestyle	Ryan Phelan, Cedar Rapids Washington	:20.81
100-Freestyle	Jordan Huff, Dubuque Senior	45.28
200-Freestyle	Jordan Huff, Dubuque Senior	1:39.66
500-Freestyle	Brian Verink, Cedar Falls	4:39.92
100-Breaststroke	Andy White, Bettendorf	58.83
100-Backstroke	John Gayton, Bettendorf	53.25
100-Butterfly	Zack Bartolomew, Pleasant Valley	49.72
200 Individual Medley	John Gayton, Bettendorf	1:56.93
200 Medley Relay	Bettendorf <i>John Gayton-Jon Alves-Andy White-Jake Hemberg</i>	1:36.60
200-Freestyle Relay	Cedar Rapids Washington <i>Christopher Emery-Banning Young-John Sevier-Ryan Phelan.....</i>	1:26.47
400-Freestyle Relay	Pleasant Valley <i>Will Horvet-John Beck-Jared Damman-Zack Bartolomew</i>	3>11.98

TOP 12 STATE MEET ALL-TIME BESTS PRIOR TO 2007-08 SEASON

The following performances are only those from the State Meets

200-Yard Medley Relay

1. Cedar Falls	2006	1:33.56
<i>Nick Cordes-Jordan Wessels-Seth Wessels-Alex Stone</i>		
2. Cedar Rapids Washington	2006	1:33.95
<i>Peter Visser-B.J. Kolsrud-Joe Tayler-Ryan Phelan</i>		
3. Cedar Rapids, Washington	1989	1:34.57
<i>Tim De Boom-Chris Cruise-Jemahl Roland-Rich Mitvalsky</i>		
4. Cedar Falls	1998	1:34.62
<i>Seth Bockes-Adam Noelting-Ben Litton-Nick Jorgensen</i>		
5. Ames	2002	1:34.68
<i>Andrew VanMeter-Michael Eggert-Michael Peterson-Tony Borich</i>		
6. Muscatine	2007	1:35.04
<i>Max Dittmer-Alex Dragon-David Mead-Bart Howard</i>		
7. Mason City	2002	1:35.24
<i>Derek Duffy-Tom Hardy-Jack Powell-Mark Guetzko</i>		
8. Ames	2003	1:35.44
<i>Andrew VanMeter-Michael Eggert-Bobby Sundvold-Tommy Strehlow</i>		
9. Valley, WDM	2003	1:35.88
<i>Ed Lichinsky-Greg Temple-Brendan Burke-Michael Burke</i>		
10. Cedar Rapids, Washington	1997	1:35.97
<i>Mack Jilek-Clay Grafft-Jon Strother-Colin Hanrahan</i>		
11. Ames	2005	1:36.01
<i>BobbySundvold-Josh Peterson-Joe Wiedemeier-Tommy Strehlow</i>		
12. Mason City	2001	1:36.21
<i>Derek Duffy-Paul Murray-Jack Powell-Tom Hardy</i>		

200-Yard Freestyle

1. Craig Oppel, Valley, West Des Moines	1985	1:36.36
2. Mike Johnson, Ankeny	1988	1:38.20
3. Ian Renner-Arjes, Bettendorf	1997	1:39.01
4. Jordan Huff, Dubuque Senior	2008	1:39.66
5. Ian Renner-Arjes, Bettendorf	1999	1:39.75
6. Ian Renner-Arjes, Bettendorf	1996	1:39.82
7. Jordan Huff, Dubuque Senior	2007	1:39.83
8. Craig Oppel, Valley, West Des Moines	1983	1:40.03
9. Chris Reedy, Sioux City, North	1985	1:40.13
10. Ian Renner-Arjes, Bettendorf	1998	1:40.29
11. Jimmer Dorweiler, Dowling Catholic, WDM	2002	1:40.30
12. Jeff Bratten, Ottumwa	2003	1:40.35

200-Yard Individual Medley

1. Sean Osborne, Cedar Falls	2003	1:50.29
2. Jason Snider, Valley, West Des Moines	2000	1:50.84
3. Jason Lathrum, Indianola	1997	1:51.35
4. Jason Snider, Valley, West Des Moines	1999	1:51.43
5. Kiel Huston, Ankeny	2002	1:52.33
6. Jason Lathrum, Indianola	1996	1:52.35
7. Seth Wessels, Cedar Falls	2006	1:52.80
8. Kiel Huston, Ankeny	2001	1:52.86
9. Tom Roemer, Bettendorf	1979	1:52.92
9. Alex Dragon, Muscatine	2007	1:53.22
10. Jordan Wessels, Cedar Falls	2007	1:53.30
11. Joe Gevock, Ottumwa	2000	1:53.50
12. Sean Osborne, Cedar Falls	2002	1:53.58

50-Yard Freestyle

1. Chris Eckerman, Dowling Catholic, WDM	1993	:20.32
2. Nick Cordes, Cedar Falls	2007	:20.56
3. Nick Cordes, Cedar Falls	2006	:20.62

Top 12 All-Time Bests cont'd

4. Chris Eckerman, Dowling Catholic, WDM	1992	:20.70
5. Nick Cordes, Cedar Falls	2005	:20.73
6. Ryan Phelan, Cedar Rapids Washington	2008	:20.81
7. Mike Hicklin, Urbandale	1998	:20.88
8. B. J. Kolsrud, Cedar Rapids Washington	2004	:20.90
9. Jeff Lovell, Waverly-Shell Rock	1988	:21.02
10. Evan Johnston, Des Moines, Lincoln	1984	:21.07
Travis Lee, Muscatine	1998	:21.07
12. Joe Wiedemeier, Ames	2006	:21.14
Grant Parrish, Bettendorf	2000	:21.14

100-Yard Butterfly

1. Andrew Van Meter, Ames	2003	:48.58
2. Andrew VanMeter, Ames	2001	:48.83
3. Charlie Cunnick, Davenport Central	2004	:48.96
4. Andrew VanMeter, Ames	2002	:49.00
5. Craig Oppel, Valley, West Des Moines	1985	:49.13
6. Charlie Cunnick, Davenport Central	2003	:49.55
7. Mike Johnson, Ankeny	1988	:49.63
8. Zack Bartolomew, Pleasant Valley	2008	:49.72
9. Zack Bartolomew, Pleasant Valley	2007	:49.78
10. James Dragon, Muscatine	2004	:49.79
11. Andrew Van Meter, Ames	2000	:50.11
12. Zack Bartholomew, Pleasant Valley	2006	:50.23

100-Yard Freestyle

1. Chris Eckerman, Dowling Catholic, WDM	1993	:44.17
2. Chris Eckerman, Dowling Catholic, WDM	1992	:44.43
3. Jordan Huff, Dubuque Senior	2008	:45.28
4. Craig Oppel, Valley, West Des Moines	1985	:45.46
5. Thad Hackney, Cedar Rapids, Kennedy	1996	:45.47
6. Craig Oppel, Valley, West Des Moines	1984	:45.62
7. Zach Ferguson, Dowling Catholic, WDM	2000	:45.79
8. Chris Richard, Ames	1983	:45.89
9. Jordan Huff, Dubuque Senior	2007	:45.97
10. Ian Renner-Arjes, Bettendorf	1999	:46.06
11. Ryan Phelan, Cedar Rapids Washington	2008	:46.07
12. Eric Lemen, Davenport, West	1990	:46.15

500-Yard Freestyle

1. Craig Oppel, Valley, West Des Moines	1985	4:30.08
2. Jason Lathrum, Indianola	1996	4:30.62
3. Charlie Cunnick, Davenport Central	2004	4:31.02
4. Andy Eckerman, Dowling Catholic, WDM	1994	4:31.28
5. Jason Lathrum, Indianola	1997	4:31.32
6. Jason Lathrum, Indianola	1995	4:32.94
7. Dan Ross, Cedar Falls	1993	4:33.16
8. Ian Renner-Arjes, Bettendorf	1996	4:33.36
9. Charlie Cunnick, Davenport Central	2003	4:33.66
10. Dan Ross, Cedar Falls	1992	4:33.74
11. Steven Brus, Davenport North	2006	4:34.00
12. Craig Oppel, Valley, West Des Moines	1983	4:34.23

100-Yard Backstroke

1. Andrew VanMeter, Ames	2003	48.83
2. Andrew VanMeter, Ames	2002	49.18
3. Andrew VanMeter, Ames	2001	49.71
4. Nick Cordes, Cedar Falls	2007	49.90
5. Nick Cordes, Cedar Falls	2006	50.28
6. Zach Ferguson, Dowling Catholic, WDM	1999	50.65
7. Andrew Van Meter, Ames	2000	50.78
8. Max Dittmer, Muscatine	2007	50.86

Top 12 All-Time Bests cont'd

9. Jory Blauer, Decorah	1993	:51.11
10. Justin Clossen, Linn-Mar, Marion	1993	:51.22
11. Nick Cordes, Cedar Falls	2005	51.29
12. Adam Mitchell, Dowling Catholic, WDM	2002	51.32

100-Yard Breaststroke

1. Sean Osborne, Cedar Falls	2003	55.69
2. Kiel Huston, Ankeny	2001	:56.03
3. Kiel Huston, Ankeny	2002	56.16
4. Ben Litton, Cedar Falls	1998	:56.38
5. Kiel Huston, Ankeny	2000	:56.82
6. Chris Cruise, Cedar Rapids, Washington	1989	:57.26
7. Sean Osborne, Cedar Falls	2002	:57.31
8. Ben Litton, Cedar Falls	1996	:57.75
9. Tom Hardy, Mason City	2002	:57.77
10. Alex Dragon, Muscatine	2007	:57.86
10. Brad Gaeth, Southeast Polk, Runnells	1989	:57.86
12. Sean Osborne, Cedar Falls	2000	:58.25

400-Yard Freestyle Relay

1. Dowling Catholic, WDM Adam Mitchell-Jimmer Dorweiler-Jimmy Sourbeer-Josh Otis	2002	3:05.87
2. Ames Joe Herriges-Michael Peterson-Jon Saxton-Andrew VanMeter	2002	3:06.04
3. Dowling Catholic, WDM Matt Bzdega-Jimmer Dorweiler-Adam Mitchell-Josh Otis	2001	3:08.11
4. Ames Joe Herridges-Michael Peterson-Jon Saxton-Andrew Van Meter	2001	3:08.36
5. Dowling Catholic, WDM Jimmy Sourbeer-Jeff Kubat-Fred Nesbit-Jimmer Dorweiler	2003	3:09.13
6. Dowling Catholic, WDM Josh Otis-Jimmer Dorweiler-Johnny Sourbeer-Zach Ferguson	2000	3:09.56
7. Bettendorf Ian Renner-Arjes-Josh Morehouse-Osmar Godoi-John Lonergan	1997	3:10.17
8. Bettendorf Mike Lonergan-Nate Billups-Brett Stonebreaker-Ian Renner-Arjes	1999	3:10.47
9. Muscatine Travis Lee-Josh Havemann-Brian Radtke-Pat Fuller	1998	3:10.58
10. Bettendorf Adam Lehenbauer-Scott Sampson-Ryan McAnally-Nate Billups	2001	3:10.84
11. Dowling Catholic, WDM Zach Ferguson-Eric Kubat-Soren Heilskov-Adam Nosbisch	1997	3:10.87
12. Cedar Rapids, Washington J.P.Bickel-Anthony Johnson-Jemahl Roland-Rich Mitvalsky	1989	3:11.36

200-Yard Freestyle Relay

1. Cedar Falls	2006	1:24.58
<i>Nick Cordes-Alex Stone-Aaron Zander-Jordan Wessels</i>		
2. Cedar Rapids Washington	2006	1:24.65
<i>B.J. Kolsrud-Joe Taylor-Ryan Phelan-Peter Visser</i>		
3. Cedar Rapids, Washington	1997	1:25.29
<i>Allyn Secor-Colin Hanrahan-Mack Jilek-Jon Strother</i>		
4. Valley, West Des Moines	2000	1:25.51
<i>Jason Snider-Bryan Rowland-Ryan Wolf-Nate Zittergruen</i>		
5. Mason City	2002	1:25.53
<i>Tom Hardy-Derek Duffy-Mark Guetzko-Jack Powell</i>		
6. Ottumwa	2002	1:25.69
<i>Jonathan Landon-Drew Sodey-Jeff Harned-Jeff Bratten</i>		
7. Valley, West Des Moines	2001	1:25.67
<i>Bryan Rowland-Nate Welling-Peter Mercuris-Richard Wolf</i>		
8. Cedar Falls	2005	1:26.03
<i>Nick Cordes-Alex Stone-Aaron Zander-Jordan Wessels</i>		

Top 12 All-Time Bests cont'd

9. Cedar Rapids, Washington Jon Strother-Brent Morgan-Luke Grafft-Allyn Secor	1996	1:26.06
10. Bettendorf Ian Renner-Arjes-Austin Kerns-Osmar Godoi-John Lonergan	1997	1:26.06
11. Cedar Falls Nick Cordes-Alex Stone-Sam Backstrom-Jordan Wessels	2004	1:26.17
12. Cedar Rapids Washington Ryan Phelan-Andrew Visser-Joe Taylor-B.J. Kolsrud	2005	1:26.24

ONE METER DIVING

(discontinued after 1994 meet)

1. Jeff Symons, Ames	1982	594.85
2. Kent Ferguson, Cedar Rapids, Washington	1981	590.85
3. Tom Moore, Southeast Polk, Runnells	1980	553.90
4. Jeff Symons, Ames	1981	538.00
5. Pat Clark, Des Moines, Hoover	1984	535.35
6. Tom Neunsinger, Des Moines, Hoover	1981	534.25
7. Phil Bishop, Ames	1986	526.70
8. Randy Abelman, Cedar Rapids, Washington	1976	517.10
9. Jose Hidalgo, Iowa City, City High	1990	510.40
10. Phil Bishop, Ames	1985	506.70
11. Jeff Johnson, Des Moines, Roosevelt	1983	500.40
12. Jose Hidalgo, Iowa City, City High	1991	496.70