



Iowa Girls High School Athletic Union

PO Box 10348 - Des Moines, Iowa 50306 - (515) 288-9741

Iowa High School Athletic Association

PO Box 10 - Boone, Iowa 50036 - (515) 432-2011



April 5, 2012

Dear Track and Field Coaches and Officials,

It appears that the weather is changing, but certainly not to unexpected conditions for this time of the year. In fact, cooler weather may be more beneficial to the health and safety of our students.

Rules Meeting – The online rules meeting ended on April 2. A pdf of the rules meeting is still available on our websites for review, however coaches and officials are no longer able to receive attendance credit for this year.

Order of Events – We discussed using the required order of events in our last correspondence. There is one change in the coed order of events that has been corrected on the information posted on the website. If the meet is a coed meet and there are no preliminaries, the girls' shuttle hurdle relay will run first, followed by the boys' shuttle hurdle relay. This will be the order for the state qualifying meets.

Sunglasses – Both organizations have had inquiries about the wearing of sunglasses. Neither the Boys' Association nor the Girls' Union restricts the wearing of sunglasses. There is no requirement that the sunglasses be prescription. The sunglasses may not be decorative in nature. That means simple frames with simple lenses. No Mickey Mouse frames, no flowered frames, just plain old ordinary sunglasses.

Jump Marks - Rule 3-2-4 b. reads: "The games committee may also specify the marking material, if any, and the number and location of check marks." For the state qualifying and state meet, the IHSAA and the IGHSAA are the games committee. At those events, we will allow **two check marks** no check marks may be placed immediately in front of the bar. Both the NCAA and USATF limit the number of check marks to two. That will be the limit at the qualifying meets and state meet and the IHSAA and the IGHSAA encourage local meet management to make that the limit at local meets as well.

Taping of Fingers In Throws – Rule 6-4-7 (Discus) and 6-5-7 (Shot Put) state: "Taping of any part of the throwing hand or fingers shall not be permitted unless there is an open wound that must be protected by tape." This rule does not allow fingers to be taped together to compensate for an injury to one of the fingers. In the Case Book we have the following situation. 6.4.7 Situation A: A1 appears in the discus circle with tape on his/her throwing hand. The tape is for the purpose of giving support to a sprained finger. **RULING: Illegal.**

Iowa QuikStats – Coaches are required to make certain their teams performances are entered on Iowa QuikStats. The first check date for seeing in member schools are in compliance is **Monday, April 9**. Schools, who have participated in meets, but have not posted performances will be notified by the IHSAA or IGHSAA for not being in compliance. **Please note, with the Drake Relays entry process starting soon, it needs to be fully understood that entering performances in Iowa QuikStats does not enter that performance in the Drake Relays.** There is no connection between entering performances on Iowa QuikStats and an entry into the high school division of the Drake Relays.

Wheelchair Track and Field Clinic – Iowa has long been a leader in providing opportunities to wheelchair athletes in track and field. Adaptive Sports Iowa is holding a clinic for wheelchair athletes and coaches. The clinic will be held at Waukee High School Stadium on Saturday, May 26, 2012. A flyer about the clinic has been attached to the email notifying you of the posting of this letter. The flyer is also available online.

State Qualifying Meets and State Meet – State Qualifying Meet assignments will be posted on our websites the week of April 9. The state qualifying meets will be held on Thursday, May 10, 2012 beginning at 4:00 pm. State Qualifying Meet starter/referee assignments have been completed. Those contracts should be available to officials in the next few days. We are always interested in having qualified individuals officiate at our state track and field meet. The state meet will be May 17-19 and will be held at Drake Stadium in Des Moines. Being a state meet official does not require a registration with either the IHSAA or IGHSAA. If you know of qualified people who work your regular season meets, and may be interested in helping at the state meet, have them contact David Anderson (danderson@iahsaa.org) at the IHSAA.

Please contact our office if you know of rule situations that need to be brought to the attention of coaches and officials statewide. We will include those items in future letters to coaches and officials.

Sincerely,



John Overton
Assistant Director



David Anderson
Assistant Executive Director