

2013 TRACK & FIELD **STATE MEET STAT BOOK**

UP TO AND INCLUDING PERFORMANCES FROM THE
2012 STATE MEET

Book lists team champions and runner-up, plus all
event champions, 1906-2012



**IOWA HIGH SCHOOL
ATHLETIC ASSOCIATION
BOONE, IOWA**

PREFACE

For the past 39 years, the IHSAA has published this book. It represents the research and organization of many people who have been at the forefront and behind-the-scenes of Iowa prep track and field. A special thanks to Mo Kelley, former IHSAA Publications Director for his efforts from 1980-2001.

While this book identifies mainly the past team and event champions, it also represents the IHSAA's admiration and respect for all of the athletes, coaches, officials, and administrators who have nurtured our track and field program to the status it currently enjoys.

We hope that as you read the names you will past Olympians - including champions and medal winners, collegiate champions, All-Americans, American and world record holders, collegiate and professional athletes in other sports, and a countless number of successful individuals in all walks of life each who has breathed life into the IHSAA credo of "Sportsmanship and Citizenship." To no one's surprise the same is true of the near champions, other place winners and participants who are not found on the following pages, but share in the ltradition of greatness known as Iowa high school track and field. Each remains a hometown champion and hero because of his sacrifice and dedication.

That is the legacy that in 2013 celebrates its 108th year and serves as a strong testimonial of the wonderful experience of being a high school athlete.

A THANK YOU TO ALL

Our gratitude is expressed to **Terry Hersom** of the *Sioux City Journal*, **JR Ogden** of the *Cedar Rapids Gazette sports department*, **Matt Coss** of the *Quad City Times*, **Dennis Johnson** and **Ric Powell** of the Des Moines Schools, **Mark Hurley** of Mingo and **Paul Morrison** of Drake University for their assistance in securing the names of the event champions. Also, orchids to many coaches, athletic directors, and administrators in our schools, fans, and our great friend - the late **Mike Henderson**, who taught me well in formatting track and field information. We also invite you to review other information in the Archives Section on the IHSAA Track & Field page. We are indebted to former Waterloo West track star **Jim Young** and his wife for considerable information on the Indoor State Meets. Their volume of information will be formatted in the style of this book and will be included in the future.

This year's edition is our most complete history of team and event champions. The 1915 and 1917 team and event champions are different due to some detective work. Our original information on those two years was not always from the IHSAA State Meet, rather it got confused with a meet at Grinnell College called the State High School and College Meet. In addition, many of the names of the event champions have been resolved with only seven first names now missing. Those who read this book know that we always welcome corrections. We are continuing our research for the names of the runners of winning relays teams.

We invite you also to review the information contained on the track page of our website <www.iahsaa.org>. The archives contain an all-time best list of performances. We welcome corrections and additions in that list. As we receive verification of performances we may have missed they are added. Times that appear in hundreths are fully-automatic as they are in this book. Other performances are rounded up to the nearest tenth in accordance with official track and field timing procedures.

This State Meet Stat Book, like many others we produce, is updated annually and available in PDF format on our website. We try and improve the quality and accuracy of the information each year. However, with nearly 7,500 names of athletes and schools plus performances, an error(s) in spelling, a typo or an inaccuracy can occur. If you discover any please contact Bud Legg at the IHSAA by e-mail at blegg@iahsaa.org or by regular mail: Bud Legg; IHSAA; PO Box 10; Boone, IA 50036-0010.

IHSAA MISSION & PURPOSE

MISSION

"The Iowa High School Athletic Association serves its member schools and students by providing leadership and support for education based interscholastic athletics that enrich the educational experience of the student athlete."

PURPOSE

"To promote, develop, direct, protect, and regulate amateur interscholastic athletic relationships between member schools and to stimulate fair play, friendly rivalry, and good sportsmanship among contestants, schools, and communities throughout the state."

TABLE OF CONTENTS

State Meet History & Record Information	4
<i>Includes 4 and 3 individual event winners in a single meet; all-time best by event; schools with three or more relay wins in a single meet; & individuals, schools winning the same event more than 3 consecutive years</i>	
State Team Champions	16
State Team Championship Finishes - total by school	21
State Team Runners-up	23
State Runner-up Finishes - total by school	26
Combined Championship & Runner-up Team Finishes	27
State Championship Coaches	27
100-Yard Dash Champions	31
100-Meter Dash Champions	32
220-Yard Dash Champions	33
200-Meter Dash Champions	34
440-Yard Dash Champions	35
400-Meter Dash Champions	36
880-Yard Run Champions	37
800-Meter Run Champions	39
One-Mile Run Champions	40
1600-Meter Run Champions	41
Two-Mile Run Champions	42
3200-Meter Run Champions	42
120-Yard High Hurdles Champions	44
110-Meter High Hurdles Champions	45
220-Yard Low Hurdles Champions	46
200-Yard Low Hurdles Champions	46
180-Yard Low Hurdles	46
165-Meter Low Hurdles	47
400-Meter Low Hurdles	47
Individual Running Event State Champions Per School	49
High Jump Champions	53
Long Jump Champions	55
Shot Put Champions	57
State Discus Champions	60
Discontinued Field Event Champions (Hammer Throw, Javelin, Pole Vault, Football Throw)	62
Field Events Champions Per School	65
Wheelchair Event Champions & Champions Per School	68
440-Yard Relay Champions	70
4 x 100 Relay Champions	71
880-Yard Relay Champions	72
4 x 200 Relay Champions	73
One-Mile Relay Champions	74
4 x 400 Relay Champions	75
Two-Mile Relay Champions	76
4 x 800 Relay Champions	77
One-Mile Medley Relay Champions	78
1600-Meter Medley Relay Champions	79
Shuttle Hurdle Relay Champions	80
Relay Events Champions Per School	81
National High School Records	84

Overview and Brief History of the IHSAA's Oldest Sport

OVERVIEW: In May 1906 track and field was the very first competition for the fledging Iowa High School Athletic Association approved for a State Meet. Now with the first century tucked away in history, Iowa preps target this spring tradition that has grown significantly in the number of participants and fans.

The information found in this book is the most updated information the IHSAA archives. It includes the team champions and runner-up for each year, and is revised annually. If you find a spelling error or an error in performance, please contact Bud Legg at the IHSAA (515-432-2011) or email <blegg@iahsaa.org>. In addition, please contact us if you know the first name of any champion that is listed by last name only.

In order to understand the context of record keeping please consider the following:

A State Meet Record (overall and by class) can be established only in the IHSAA State Meet and in running events that are contested in meters. Following are those records with the ones for comparable yardage events listed in italics.

Comparisons between the two are difficult because of the variables that come into play. We have listed both plus the best state meet and all-time performance as matter of legacy and respect. A more detailed all-time best list is located on the track page of the IHSAA website under "Archives." Effective in 2013, the yardage and metric all-time bests were separated so that the performance listed is what was run. There are no conversions not is the plus/minus .24 calibration used. ***The all-time bests are performances recorded in any high school competition sanctioned by the IHSAA or the NFHS. It is not to be confused with the State Meet Record, which is set only in that meet. An all-time best established outside of Iowa is noted with the date and sight followed by the best all-time performance in Iowa.***

Performances appearing in tenths of seconds are hand-timed and rounded up; those in hundredths are fully automatic. Starting in April 2013, the IHSAA retired yardage events in the all-time best list and preserved them in a separate category rather than use standard conversions. Thus running performances on the All Time Best List is the actual performance recorded at the time it was run in yards or meters. No plus or minus .24 has been applied to any of the times, since such a variable blurs the performance. Field event marks are listed according to the reporting rules at the time they were achieved.

HISTORY: Prior to 1906 Grinnell College and the University of Iowa held "open state meets" in the 1890s. The meets tended to be "regional" in nature and results are difficult to find. Even after the first IHSAA sanctioned state meet, the University of Iowa continued to hold their meet for a number of years. In addition, Grinnell College also host an Iowa State Championship Meet for high schools and colleges from 1895 through 1925. In previous editions of this book, some of the performances were included in our "champions list", which has now been rectified. The information in this book records only the team champion, runner-up and event champions **of the IHSAA Sanctioned State Meet.**

From 1906 through 1925 the state meet was an "open meet." Starting in 1926 district competition was initiated to determine the state qualifiers in each event.

From 1906-1947 the State Meet was contested in one class. Classification started with the 1948 meet.

A brief synopsis of the history of classification in IHSAA track follows: 1906-1947 – one class; 1948-52 - two classes (A; B); 1953-81 four classes (AA, A, B, C), and 1982 to the present four classes (4-A, 3-A, 2-A, 1-A). Since 1926, the smallest schools (Class 1-A) have used the district meet as their state qualifying method. Starting in 1983, Class 4-A voted to use season performances to determine their state qualifiers. The Class 3-A and 2-A schools voted for season performance qualifying in 1990. **Effective in 2004 all four classes used a district/state qualifying meet. In 2005 the State Meet went co-ed.**

The events with the exception of two--the Discus and the 120 yd. High Hurdles--were unchanged until the meet went metric. From 1906 through 1938 the Discus was contested using the collegiate implement, weighing 4 lbs., 7 oz. In 1939, the 3 lbs., 9 oz implement was made standard. Likewise, from 1906 through 1934 the high hurdles were contested over 42 inch barriers (college height). In 1935 the hurdles went to 39 inches to conform with NFHS.

State Meet scoring and medal winners has changed throughout the years. A summary of the changes follow.

Years	Places	Individual	Relays
1906-1909	3	5-3-1	5-3-1
1910-1927	4	5-3-2-1	5-3-2-1
1928-1934	5	5-4-3-2-1	5-4-3-2-1
1935-1970	5	6-4-3-2-1	10-8-6-4-2
1971-1976	6	6-5-4-3-2-1	10-8-6-4-2-1
1977-2002	6	7-5-4-3-2-1	10-8-6-4-2-1
2003-2004	8	8-7-6-5-4-3-2-1	10-8-6-5-4-3-2-1
2005-current	8	10-8-6-5-4-3-2-1	10-8-6-5-4-3-2-1

Iowa went metric in running events in 1978. The inclusive dates for comparable events ran in yards are as follows: 100 yd. dash, 220 yd. dash, 440 yd. dash, 880 yd. run, mile run, and 120 yd. high hurdles: 1906-1977 each; two mile run – 1968-1977; 880 yd. relay and mile relay, 1906-1977; 440 yd relay, mile medley relay, and two-mile relay, 1935-1977 each. The field events of shot put, discus, long jump and high jump have been contested from 1906 to the present. The 400 meter hurdles started in 1979. Discontinued running and field events from state competitions are included in a special section that follows.

State Meet Record Information

Corrected and updated April 1, 2013

Performances recorded in tenths are hand-timed rounded to the next nearest tenth per timing regulations.

Those performances in hundredths are fully automatic.

Converted yardage time to a metric time appears in parenthesis for meets prior to the 1978 State Meet (metric)

State Meet Records & Class Records are those established at the State Meet.

An all-time best can be set in any sanctioned meet, from the student's first eligibility thru the summer of his senior year or college entry whichever is first. If an All-Time Best is set in such a meet outside of Iowa it is listed followed by the best performance recorded in Iowa.

100 METER DASH

Iowa State Meet Record: 10.5, Treye Jackson, Newton, 1981 prelims

100 Yd. Dash: 09.5 (10.4), Clyde Duncan, Des Moines North, 1964; James Kirby, Des Moines, North, 1967

Iowa All-time Best: 10.1, Adam Haluska, Carroll, 2002

100 Yd. Dash: 09.3, Clyde Duncan, Des Moines North, 1964

Class 4-A Record: 10.5, Treye Jackson, Newton, 1981 prelims

100 Yd. Dash: 09.5 (10.4), Clyde Duncan, Des Moines North, 1964; James Kirby, Des Moines, North, 1967

Class 3-A Record: 10.76, Adam Haluska, Carroll, 2002 prelims

100 Yd. Dash: 09.9 (10.8), Ron Davis, Perry, 1965; Jerry Lenz, Cherokee, 1966; Steve Wolpert, West Monona, 1970; Mike Shaw, Nevada, 1975 prelims

Class 2-A Record: 10.84, Jeff Nielsen, Britt, 1980

100 Yd. Dash: 09.9 (10.8), Jack Bintz, Sutherland, 1964; Ron Miller, English Valleys, 1965; Warren Johnson, West Lyon, 1967; Dave Harskamp, Sioux Center, 1968

Class 1-A Record: 10.84, Jeff Adam, Cardinal, Eldon, 1996

100 Yd. Dash: 09.7 (10.6), Jim Cave, Dexfield, Redfield, 1964

200 METER DASH

Iowa State Meet Record: 21.16, James Harrington, Cedar Falls, 2011

220 Yd. Dash: 21.4 (21.3), James Kirby, Des Moines, North, 1966; Dick Eisenlauer, Des Moines, East, 1971

Chute Start: 21.3 (21.2) Carl Nelson, Clinton, 1933; Gary Scott, Des Moines, North, 1949

Iowa All-time Best: 20.8, Tim Dwight, Iowa City, City, 1994; Tom Jennings, Marshalltown, 1955 (y)

Class 4-A Record: 21.16, James Harrington, Cedar Falls, 2011

220 Yd. Dash: 21.4 (21.3), James Kirby, Des Moines, North, 1966; Dick Eisenlauer, Des Moines, East, 1971

Class 3-A Record: 21.56, Adam Haluska, Carroll, 2002

220 Yd. Dash: 21.7 (21.6), Mike Shaw, Nevada, 1976

Class 2-A Record: 21.78, Jeff Nielsen, Britt, 1980

220 Yd. Dash: 22.1 (22.0), Steve Hodges, Laurens, 1966

Chute Start: 21.8 (21.7), Gary Snow, Marcus, 1967

Class 1-A Record: 21.80, Lee Elbert, Bishop Garrigan, Algona, 2003

220 Yd. Dash: 22.2 (22.1), Bruce McDonald, Scranton, 1964; Vic Lochman, Alden, 1976

Chute Start: 22.0 (21.9), Fran Long, Irwin, 1967

400 METER DASH

Iowa State Meet Record: 47.33, Yawusa Kinda, Des Moines Roosevelt, 2004

440 Yd. Dash: 48.0 (47.7), Roger Colglazier, Davenport, Central, 1968; Chuck Curtis, Clinton, 1970

Iowa All-time Best: 47.01, Calvin Davis, Iowa City, City, 2002 (6-16-02, Raleigh, NC); 47.1, Ryan Kedley, North Cedar, 2000

Class 4-A Record: 47.33, Yawusa Kinda, Des Moines Roosevelt, 2004

440 Yd. Dash: 48.0 (47.7), Roger Colglazier, Davenport, Central, 1968; Chuck Curtis, Clinton, 1970

Class 3-A Record: 48.11, Greg Offerman, Charles City, 2005

440 Yd. Dash: 49.0 (48.7), Tom Dovel, Red Oak, 1973; Mike Norton, Anamosa, 1976

Class 2-A Record: 47.43, Ryan Kedley, North Cedar, Stanwood, 2000

440 Yd. Dash: 49.0 (48.7), Gary Hollingsworth, English Valleys, 1960

Class 1-A Record: 48.32, Jordan Cornilsen, Preston-East Central, 2007

440 Yd. Dash: 49.7 (49.4), John Pollock, Havelock-Plover, 1965

800 METER RUN

Iowa State Meet Record: 1:50.97, Joseph Kiptanui, Indianola, 1990

880 Yd. Run: 1:52.1 (1:51.4), David Korir, Cedar Rapids, Washington, 1975

Iowa All-time Best: 1:49.3, David Korir, Cedar Rapids, Washington, 1975 (y)

Class 4-A Record: 1:50.97, Joseph Kiptanui, Indianola, 1990

880 Yd. Run: 1:52.1 (1:51.4), David Korir, Cedar Rapids, Washington, 1975

Class 3-A Record: 1:53.74, Isaac Wendland, Charles City, 2008

880 Yd. Run: 1:55.2 (1:54.5), Jim McGuire, Centerville, 1976

STATE MEET RECORDS, ALL-TIME BESTS cont'd

Class 2-A Record: 1:51.17, Aaron Stockstell, Mid-Prairie, Wellman, 2008

880 Yd. Run: 1:55.4 (1:54.7), Mike Elliott, West Branch, 1977

Class 1-A Record: 1:54.04, Beau Dielschneider, BCLUW, Conrad, 2007

880 Yd. Run: 1:57.2 (1:56.5), Tom Christensen, Ventura, 1975

1,600 METER RUN

Iowa State Meet Record: 4:13.65, Todd Peverill, Waterloo, East, 1979

Mile Run: 4:13.8 (4:12.2), Joe Burke, Columbus, Waterloo, 1975

Iowa All-time Best: 4:05.6, Ed DeLashmutt, Fort Madison, 1976 (y)

Class 4-A Record: 4:13.65, Todd Peverill, Waterloo, East, 1979

Mile Run: 4:13.8 (4:12.2), Joe Burke, Columbus Catholic, Waterloo, 1975

Class 3-A Record: 4:15.99, Brett Adams, Assumption, Davenport, 2004

Mile Run: 4:18.6 (4:17.0), Dennis Modracek, Prairie, Cedar Rapids, 1967

Class 2-A Record: 4:16.99, Lance Elliott, Montezuma, 1989

Mile Run: 4:20.1 (4:18.5), Dennis Reed, Anita; Rex Karamitros, Newman Catholic, Mason City, 1977

Class 1-A Record: 4:20.35, Paul Barnhart, Gehlen Catholic, LeMars, 1986

Mile Run: 4:21.9 (4:20.3), Jerome Howe, Treynor, 1967

3,200 METER RUN

Iowa State Meet Record: 9:05.25, Kevin Lewis, Ottumwa, 2011

Two Mile Run: 8:58.8 (8:55.4), Jim Eicken, Davenport, Central, 1974

Iowa All-time Best: 8:52.0, Jim Eicken, Davenport, Central, 1975 (y)

Class 4-A Record: 9:05.25, Kevin Lewis, Ottumwa, 2011

Two Mile Run: 8:58.8 (8:55.4), Jim Eicken, Davenport, Central, 1974

Class 3-A Record: 9:07.06, Wally Duffy, Shenandoah, 1979

Two Mile Run: 9:20.3 (9:16.9), Mike Cregen, Clarinda, 1974

Class 2-A Record: 9:20.42, Mark Hammons, Iowa Valley, Marengo, 1989

Two Mile Run: 9:36.3 (9:32.9), Jim Hansen, Dike, 1976

Class 1-A Record: 9:18.22, Paul Barnhart, Gehlen Catholic, LeMars, 1986

Two Mile Run: 9:36.8 (9:33.4), Mark Hughes, Delwood, Elwood, 1974

110 METER HIGH HURDLES

Iowa State Meet Record: 14.09, Jordan Mullen, Atlantic, 2009

120 Yd. High Hurdles: 14.0 (nc), Greg Rumple, Urbandale, 1974

Iowa All-time Best: 13.6, Randy Elliott, Charles City, 1977 (y)

Class 4-A Record: 14.1, Chris Wycoff, Ames, 1993

120 Yd. High Hurdles: 14.0 (nc), Greg Rumple, Urbandale, 1974

Class 3-A Record: 14.09, Jordan Mullen, Atlantic, 2009

120 Yd. High Hurdles: 14.2 (nc), Steve Casey, Cherokee, Washington, 1971

Class 2-A Record: 14.1 Matt Zuber, Iowa Valley, Marengo, 1985

120 Yd. High Hurdles: 14.5 (nc), LeRoy McCuen, Corning, 1977

Class 1-A Record: 14.41, Cory Woods, Treynor, 1997

120 Yd. High Hurdles: 14.5 (nc), Ross Thiedeman, Ar-We-Va, 1977

400 METER HURDLES (30" hurdle height)

Iowa State Meet Record: 50.96, Dustin Avey, Ames, 1996

Iowa All-time Best: 50.96, Dustin Avey, Ames, 1996 (low hurdle height)

Class 4-A Record: 50.96, Dustin Avey, Ames, 1996

Class 3-A Record: 51.35, Greg Offerman, Charles City, 2005

Class 2-A Record: 51.62, Brent MacLagan, Jefferson-Scranton, 1995

Class 1-A Record: 52.85, Nick Efkamp, Madrid, 2011

400 METER INTERMEDIATE HURDLES (36" hurdle height - not contested in Iowa)

Iowa All-time Best: 50.61 by Greg Offerman, Charles City at Nike National Meet (Greensboro, NC, 6-17-05)

4 x 100 METER RELAY

Iowa State Meet Record: 41.88, Des Moines East (Amara Sama, Aaron Jordan, Kirk Carter, Neil Issa), 2007

440 Yard Relay: 42.2 (42.0), Des Moines, Tech (Mike Anderson, Nate Butts, Willis Humphry, Ricardo Duncan), 1975 (p)

Iowa All-time Best: 41.33, Iowa City, City (Dan McMahon, Jason Ringena, Mike Richards, Merrill Coleman), 1996 (6-14-96; Raleigh, NC); 41.7, Iowa City, City (Sumaster Newell, Calvin Davis, Matt Wooldrik, Hakim Hill), 2000

Class 4-A Record: 41.88, Des Moines East (Amara Sama, Aaron Jordan, Kirk Carter, Neil Issa), 2007

440 Yard Relay: 42.2 (42.0), Des Moines, Tech (Mike Anderson, Nate Butts, Willis Humphry, Ricardo Duncan), 1975 prelims

STATE MEET RECORDS, ALL-TIME BESTS cont'd

Class 3-A Record: 42.18, Xavier, Cedar Rapids (Derek Kramer, Derek Wollner, Corey Reed, Bryce Colston), 2008
440 Yard Relay: 43.7 (43.5) Glenwood (Dick Keith, Pando Markuly, Kent Asmussen, Kenny Hunter) 1966 prelims; Storm Lake (Alan Bowles, Art Lande, Jim Jorgensen, Gene Lyster), 1967; West Monona (Bob Bisbee, Dave Brink, Steve Wolpert, Jack Comfort), 1969

Class 2-A Record: 42.82, Beckman Catholic, Dyersville (Rob Brown, Sam Scherrman, Kyle Troutman, Mike Rahe), 2005 prelims
440 Yard Relay: 43.8 (43.6), Maurice-Orange City (Darwin Vermaat, David Woodward, Garry Brumels, Dan DeKoter), 1973 prelims

Class 1-A Record: 43.01, Lisbon (Marquis Stephens, Nick Dains, Matt Murphy, Derek Stephens), 2003 prelims
440 Yard Relay: 44.1 (43.9), Terril (Dan Opolen, Bill Gerdeman, Mike Cranston, Steve Olson), 1973 prelims

4 x 200 METER RELAY (*Chute start listed if faster*)

Iowa State Meet Record: 1:27.02, Des Moines East (Daiyon Daniels, London Hayes, Paris Thomas, Robert Thompson), 2004
880 Yard Relay: 1:27.9 (1:27.4), Cedar Rapids, Washington (Varrick Wilson, David Facien, C.C. Moore, Vernon Brown), 1977

Iowa All-time Best: 1:26.4, Iowa City, City High (Nikolai Hill, Jesse Holland, Jason Dwight, Jason Ringena), 1997

Class 4-A Record: 1:27.02, Des Moines East (Daiyon Daniels, London Hayes, Paris Thomas, Robert Thomson), 2004
880 Yard Relay: 1:27.9 (1:27.4), Cedar Rapids, Washington (Varrick Wilson, David Facien, C.C. Moore, Vernon Brown), 1977

Chute Start: 1:27.6 (1:27.1), Des Moines North (George Nichols, Reggie Kaiser, Connie Jones, Gary Scott), 1948
Class 3-A Record: 1:28.40, Central Clinton (Chris Campbell, Joe Feldspausch, Chris Lubben, Brandon Jasper), 2011
880 Yard Relay: 1:29.8 (1:29.3), Eagle Grove (Gerald Page, Dave Stockdale, Mike Asche, Mike Koepke), 1973 prelims; Nevada (Mike Leeper, Earl Stoeffler, Marc Andresen, Mike Shaw), 1975 prelims

Class 2-A Record: 1:28.43, West Marshall (Aaron Arment, Tysen Streeter, Drake Ferch, Dalton Ferch), 2010
880 Yard Relay: 1:31.2 (1:30.8), Maurice-Orange City (Garry Brumels, David Woodward, Doug DeHaan, Dan DeKoter), 1973 prelims

Class 1-A Record: 1:29.62, Panorama, Panora (Justin McDermott, Bob McFadden, Shaun Moylan, Travis Geopfert), 1997
880 Yard Relay: 1:31.1 (1:30.6), Terril (Dan Opolen, Bill Gerdeman, Mike Cranston, Steve Olson), 1973 prelim

4 x 400 METER RELAY

Iowa State Meet Record: 3:13.80, Valley, WDM (Bryan Collins, Zac Sandvig, Ryan Keairnes, Brandon McSkimming), 2006 prelims

Mile Relay: 3:17.7 (3:16.6), Indianola (Dick Fromm, Steve Patrick, Jim Crawford, Phil Kuehl), 1970

Iowa All-time Best: 3:13.80, Valley, WDM (Bryan Collins, Zac Sandvig, Ryan Keairnes, Brandon McSkimming), 2006 prelims

Class 4-A Record: 3:13.80, Valley, WDM (Bryan Collins, Zac Sandvig, Ryan Keairnes, Brandon McSkimming), 2006 prelims

Mile Relay: 3:17.7 (3:16.6), Indianola (Dick Fromm, Steve Patrick, Jim Crawford, Phil Kuehl), 1970

Class 3-A Record: 3:18.24, Bishop Heelan, Sioux City (Preston Ives, Michael Malloy, Nate Berger, Brendan Dougherty) 2009

Mile Relay: 3:23.4 (3:22.3) Cherokee, Washington (Byron Reed, Jon Hantsbarger, Tom Graves, Don Woods), 1967

Class 2-A Record: 3:20.32, Saint Edmond, Fort Dodge (Josh Madsen, Joey Flattery, Patrick Flattery, Brian Sandvig) 2009

Mile Relay: 3:27.3 (3:26.2), Manson (Tom Sigler, Del Rost, Jim Walstrom, John Walstrom), 1966

Class 1-A Record: 3:22.13 North Linn, Troy Mills (Ty Sherman, T.D. Holub, Justin Waring, Seth Schuhmacher), 2006
Mile Relay: 3:27.2 (3:26.1), Hamburg (Tom Arzana, Charles Dovel, Joe Livengood, Jeff Barrett), 1977

4 x 800 METER RELAY

Iowa State Meet Record: 7:44.06, Ames (John Burris, Mike Spencer, Marc Peterson, Brett Carney), 1987
Two Mile Relay: 7:47.0 (7:44.2), Davenport West (Jeff Werthmann, Mike Oberhaus, Ken Buesing, Ricci Washburn), 1977

Iowa All-time Best: 7:44.06, Ames (John Burris, Mike Spencer, Marc Peterson, Brett Carney), 1987

Class 4-A Record: 7:44.06, Ames (John Burris, Mike Spencer, Marc Peterson, Brett Carney), 1987

Two Mile Relay: 7:47.0 (7:44.2), Davenport, West (Jeff Werthmann, Mike Oberhaus, Ken Buesing, Ricci Washburn), 1977

Class 3-A Record: 7:49.07, Spirit Lake Park (Alec Baldwin, Keith Byers, Kayne Feldick, Will Norris), 2011
Two Mile Relay: 8:01.4 (7:58.0), Lewis Central (Andy Everson, Ed Croson, Don Woods, Boyd Nansel), 1974

Class 2-A Record: 7:53.67, Tipton (Phil Dohring, Andy Kruse, Billy Hoffman, Matt Weih), 2000

Two Mile Relay: 8:05.6 (8:02.8), Britt (Dave Zrostlik, Dave Howlett, Jim Dummett, Doug Pooch), 1974

Class 1-A Record: 8:03.06, BCLUW, Conrad (Luke Higgins, Marcus McLean, Nick Eckerman, Beau Dielschneider), 2006
Two Mile Relay: 8:09.9 (8:07.1), Hamburg (Ray Aranza, Tom Alstrope, Mark Fletcher, Jay Kilby), 1973

STATE MEET RECORDS, ALL-TIME BESTS cont'd

1,600 METER MEDLEY RELAY

Iowa State Meet Record: 3:26.16, Mid-Prairie, Wellman (Tanner Miller, Cody Bontrager, Lance Silbaugh, Aaron Stockstell) 2008

Mile Medley Relay: 3:27.0 (3:25.8), Cedar Rapids, Washington (Tim Lodwick, Jim Nissen, Ken Hopkins, David Korir), 1975

Iowa All-time Best: 3:22.69, Iowa City, City (Sumaster Newell, Hakim Hill, Calvin Davis, Jeremy Mims), 2001 (June

13-01; Nike Invitational; Raleigh, NC); 3:27.0 (3:25.8), Cedar Rapids, Washington (Tim Lodwick, Jim Nissen, Ken Hopkins, David Korir), 1975 (y)

Class 4-A Record: 3:26.51, Pleasant Valley (Bruce Clark, Ellis Robinson, Mike Hemming, Blake Irwin), 2008 and Indianola (Brian Atwood, Wouter Hertzberger-Scott Beall, Joseph Kiptanui), 1990

Mile Medley Relay: 3:27.0 (3:25.8), Cedar Rapids, Washington (Tim Lodwick, Jim Nissen, Ken Hopkins, David Korir), 1975 (y)

Class 3-A Record: 3:27.65, Assumption, Davenport (Ben Irmen, Joe Conklin, Mike Craddick, Brett Adams), 2004

Mile Medley Relay: 3:32.5 (3:31.3), Anamosa (Bill Burhans, Tom Michels, Mike Norton, Kevin Burke), 1975

Class 2-A Record: 3:26.16, Mid-Prairie, Wellman (Tanner Miller, Cody Bontrager, Lance Silbaugh, Aaron Stockstell) 2008

Mile Medley Relay: 3:34.0 (3:32.8), Greene (Byron Davis, John Van Eschen, Rich Allison, Brian Frevert), 1975

Class 1-A Record: 3:32.4, West Marshall (Brian Karsjens, Bob Kilker, Richard Affeldt, Brian Smith), 1994

Mile Medley Relay: 3:36.9 (3:35.7), Meriden-Cleghorn (Brian Ruppi, Jerry Biezuns, Mike Hurd, Pete Stevenson), 1975

4 x 110 METER SHUTTLE HURDLE RELAY (33" hurdles – new in 2009)

Iowa State Meet Record: 56.66, Valley, WDM (Rahul Suddapalli, Deandre Johnson, Scott Oman, Benton Lindaman), 2010

Iowa All-time Best: 56.09, Cedar Rapids Kennedy (Cameron Bradley, Mike Martino, Ryan Dusil, Jake Losch), 2010

Class 4-A Record: 56.66, Valley, WDM (Rahul Suddapalli, Deandre Johnson, Scott Oman, Benton Lindaman), 2010

Class 3-A Record: 56.74, Waverly-Shell Rock (Cole Chestnut, Jackson Litterer, Blake Willson, Eric Larson), 2011

Class 2-A Record: 58.20, Collins-Maxwell-Baxter (Luke Gibbs, Lee Robinson, Jacob Ross, Josh Zeiser), 2011

Class 1-A Record: 58.48, Madrid (Nick Novotny, Tanner Adams, CJ Manthe, Jeremy Johnson), 2012 prelims

DISCUS

Iowa State Meet Record: 192-06, Nick Brayton, Iowa City West, 2007

Iowa All-time Best: 207-08, Scott Crowell, Mason City, 1978

Class 4-A Record: 192-06, Nick Brayton, Iowa City West, 2007

Class 3-A Record: 187-09, Tyler Hovey, Atlantic, 2012

Class 2-A Record: 186-02, Allan Walz, Bondurant-Farrar, 1991

Class 1-A Record: 185-04, Scott Phelps, Kingsley-Pierson, 1986

SHOT PUT

Iowa State Meet Record: 65-11.5, Doug Lane, Cedar Rapids, Jefferson, 1968

Iowa All-time Best: 70-11, Doug Lane, Cedar Rapids, Jefferson, 1968

Class 4-A Record: 65-11.5, Doug Lane, Cedar Rapids, Jefferson, 1968

Class 3-A Record: 64-07.75, Drew Clark, Marion, 2009

Class 2-A Record: 61-11.25, Jeff DeVilder, B-G-M, Brooklyn, 1977

Class 1-A Record: 60-10.25, Bob Feuerbach, Preston, 1975

HIGH JUMP

Iowa State Meet Record: 7-03.5, Brian Tietjens, North Central, Manly, 1981

Iowa All-time Best: 7-03.5, Brian Tietjens, North Central, Manly, 1981

Class 4-A Record: 7-0, Andy Kohler, Ames, 1999

Class 3-A Record: 6-11, Colten Kelly, Anamosa, 2008

Class 2-A Record: 7-03.5, Brian Tietjens, North Central, Manly, 1981

Class 1-A Record: 6-11, Ehi Oamen, Hinton, 2006

LONG JUMP

Iowa State Meet Record: 24-03, Matt Zuber, Iowa Valley, Marengo, 1985

Iowa All-time Best: 24-09.50, Chris Walker, Davenport, Central, 1984 (Golden West Invitational; Sacramento, CA, June 9, 1984); 24-05 Kenny Gilmore, Davenport Central, 2011 & Chris Walker, Davenport Central, 1984

Class 4-A Record: 24-01, Jerry Westerfield, Davenport North, 2012 and Chris Walker, Davenport, Central, 1983

STATE MEET RECORDS, ALL-TIME BESTS cont'd

Class 3-A Record: 23-04, Bryan Gilbreath, Waverly-Shell Rock, 1997

Class 2-A Record: 24-03, Matt Zuber, Iowa Valley, Marengo, 1985

Class 1-A Record: 23-02.50, Nick Efkamp, Madrid, 2011

STATE MEET WHEELCHAIR EVENT RECORDS

(started in 1990 unless otherwise noted)

100

State Meet Record: 17.81, E. J. Runyan, Johnston, 2000

Iowa All-Time Best: 17.81, E. J. Runyan, Johnston, 2000

200

State Meet Record: 32.12, E. J. Runyan, Johnston, 1999

Iowa All-Time Best: 32.12, E. J. Runyan, Johnston, 1999

400 – New Event in 2003

State Meet Record: 1:04.87, Nathan Redlinger, English Valleys, North English, 2004

Iowa All-Time Best: 1:04.87, Nathan Redlinger, English Valleys, North English, 2004

SHOT PUT

State Meet Record: **37-09.75**, Alex Gudenkauf, Dubuque Senior, 2012

Iowa All-Time Best: **36-00**, Alex Gudenkauf, Dubuque Senior, 2012

DISCUS

State Meet Record: 85-10, Nick Lange, Wahlert, Dubuque, 2003

Iowa All-Time Best: 85-10, Nick Lange, Wahlert, Dubuque, 2003

STATE MEET RECORDS of DISCONTINUED EVENTS

HAMMER THROW (1906-1910)

State Meet Record: 164-5, Gayle Weiss, Marion, 1910

Iowa All-Time Best: 164-5, Gayle Weiss, Marion, 1910

JAVELIN (1927-1941)

State Meet Record: 195-8.25, Bruce Erickson, Traer, 1939

Iowa All-Time Best: 195-8.25, Bruce Erickson, Traer, 1939

FOOTBALL THROW (1942-1963)

State Meet Record: (Point System) 350, Mickie Miller, Cherokee & Gerald Dawson, Sigourney, 1942
(Miller won a throw-off) **Distance Record:** 259-05, Stanley Whitman, Iowa Falls, 1963

Iowa All-Time Best: 266-05, Gary Eggers, Audubon, 1963

Class 4-A Record: 244-08, Steve Soesbe, Ames, 1963

Class 3-A Record: 259-05, Stanley Whitman, Iowa Falls, 1963

Class 2-A Record: 238-09.5, Glen Banks, Ainsworth, 1963

Class 1-A Record: 248-00.5, Roger Larson, Underwood, 1963

POLE VAULT (1906-1989)

State Meet Record: 15-06.5, Preston Schmidt, Bettendorf, 1983

Iowa All-Time Best: 15-06.5, Preston Schmidt, Bettendorf, 1983 (Schmidt vaulted 16-06.5, indoors in 1984)

Class 4-A Record: 15-06.5, Preston Schmidt, Bettendorf, 1983

Class 3-A Record: 15-00.5, Tom Pratt, Cherokee, Washington, 1976

Class 2-A Record: 14-02, Doug Atwood, Pekin, Packwood, 1984

Class 1-A Record: 13-11.5, Darrell Crawford, Lamoni, 1976

220 YARD LOW HURDLES (1906-1934)

State Meet Record: 24.1, Francis Layden, Davenport, 1931

Iowa All-Time Best: 24.1, Francis Layden, Davenport, 1931

200 YARD LOW HURDLES (1935-1950)

State Meet Record: 22.4, Bob Morris, Clarion, 1940

Iowa All-Time Best: 22.4, Bob Morris, Clarion, 1940

180 YARD LOW HURDLES (1951-1977) – chute start times listed only if faster than record

State Meet Record: 19.4, Randy Elliott, Charles City, 1977

Chute Start: 19.0, Denny Murphy, Assumption, Davenport, 1971

STATE MEET RECORDS, ALL-TIME BESTS cont'd

Iowa All-Time Best: 18.8, Dan Wierson, Ames, 1972
Class 4-A Record: 19.4, Randy Elliott, Charles City, 1977
Chute Start: 19.0, Denny Murphy, Assumption, Davenport, 1971
Class 3-A Record: 19.6, Chris Nady, Nevada, 1977
Chute Start: 19.1, Ron Davis, Perry, 1964)
Class 2-A Record: 19.6, LeRoy McCuen, Corning, 1977
Class 1-A Record: 19.9, Ross Thiedeman, Ar-We-Va, Westside, 1977
Chute Start: 19.4, Duane Miller, New Sharon, 1955

165 METER LOW HURDLES (1978)

State Meet Record & Iowa All-Time Best: 20.3, Jon Hutch, Clinton, 1978

4 x 110 METER SHUTTLE HURDLE RELAY (30" hurdles – 2007, 2008)

Iowa State Meet Record: 56.15, Iowa City West (Aaron Martin, Peter Dolan, Leonard Sula, Dan Davis), 2008
Iowa All-time Best: 56.15, Iowa City West (Aaron Martin, Peter Dolan, Leonard Sula, Dan Davis), 2008
Class 4-A Record: 56.15, Iowa City West (Aaron Martin, Peter Dolan, Leonard Sula, Dan Davis), 2008
Class 3-A Record: 57.30, Atlantic (John Cord, JD Reason, Alex Schelling, Jordan Mullen), 2008
Class 2-A Record: 57.09, Hudson (Matt Finn, Tanner Wright, Jeff Dunwald, Channing Puls), 2008
Class 1-A Record: 58.15, WACO, Wayland (Doug McIntyre, Tad Morrow, Chase Roth, Austin McBeth), 2008

Wheelchair 800 METERS (1990-2002)

State Meet Record: 2:06.79, E. J. Runyan, Johnston, 1999
Iowa All-Time Best: 2:06.79, E. J. Runyan, Johnston, 1999

OTHER STATE MEET RECORDS

Most Team Championships Won By a School

20 – Ames
14 – Davenport, Davenport, Central
11 – Des Moines, East
11 – Iowa City, City

Most Team Championships Won By a Coach

10 – John Raffensperger, Iowa City, City
9 – John Sletten, Ames and Mike Augustine, Des Moines, East
8 – Hi Covey, Ames
7 – Ira Dunsworth, Davenport; Davenport Central and Charles Chase, Des Moines West

Most Consecutive Team Titles Won By A School

6 - Ames (1986-91); Iowa City, City (1992-97)
5- Des Moines, West (1910-1914); Cedar Rapids (1921-25)
4 - Ames (1955-58); Hamburg (1974-77)

Most Team Points Scored By a Championship Team

Class 4-A: 81 – Davenport Central, 2005
Class 3-A: 100.50 – Xavier, Cedar Rapids, 2008
Class 2-A: 69 – Mid-Prairie, Wellman, 2008
Class 1-A: 74 – Madrid 2011

School Winning All Five Relays, Single Meet

Davenport (1952)
Prairie, Gowrie (1968)
Iowa City, City (2001)

School With Most Consecutive Relay Victories

10 – Iowa City, City (2000-2002)

School With the Most State Meet Event Champions

118 – Ames
112 – Davenport, Davenport Central
97 – Des Moines East
80 – Iowa City; Iowa City, City

State Meet Bests cont'd

School With Most Individual Running Event Champions

44 – Des Moines East

School With the Most Relay Champions

44 – Ames

School With the Most Field Event Champions

43 – Davenport, Davenport, Central

School Winning Same Event 6 or More Consecutive Years

6 years – Des Moines North – 100 yard dash & 220 yard dash, 1962-67

School Winning Same Relay, 5 Consecutive Years

Hamburg – Mile Relay (1973-74-75-76-77)

Individuals, Schools Winning Same Event 4 Consecutive Years

Randy Thompson, Corwith-Wesley-LuVerne - (100 Meters Dash, 1991-92-93-94)

Nate Smith, West Hancock, Britt - (100 Meter Dash, 1991-92-93-94)

Tim Dwight, Iowa City, City - (200 Meter Dash, 1991-92-93-94)

Rob Brock, Dubuque Senior - (3,200 Meter Run, 1994-95-96-97)

Isaac Wendland, Charles City - (1,600 Meter Run, 2005, 06, 07, 08)

Conner Smock, Lisbon - (3,200 Meter Run, 2009, 10, 11, 12)

Albert City - (Mile Medley Relay, 1952-53-54-55)

Iowa City, City - (4 x 200 Meter Relay, 1994-95-96-97)

St. Edmond, Fort Dodge - (4 x 400 Meter Relay, 2007-08-09-10)

Madrid - (2009-10-11-12)

Wheelchair Individuals Winning Same Event 4 Consecutive Years

E. J. Runyan, Johnston - (Wheelchair 100, 200, 800, & Discus: 1997-98-99-2000)

Four Event Individual Champions, Single State Meet

1907 – **Carl Harris, Des Moines West** (100, 220, 440 and Long Jump)

1926 – **Vane Snorf, Des Moines Roosevelt** (100, High Hurdles, Low Hurdles, Long Jump)

1956 – **Bob Brandt, Denison** (100, 220, Low Hurdles, Long Jump)

1976 – **LeRoy McCuen, Corning** (High Hurdles, Low Hurdles, High Jump, Long Jump)

2002 – **Adam Haluska, Carroll** (100, 200, 400, Long Jump)

2011 – **Nick Efkamp, Madrid** (Long Jump, 400 hurdles, 110 Meter High Hurdles, 100 Meter Dash)

Wheelchair 4 Event Champions, Single State Meet

4 Years, 4 First Each Year

1997, 98, 99, 2000 each – **E.J. Runyan, Johnston** (100, 200, 800, Discus)

4 Event Wins, Same Year

1992 – **Tom Rodruck, Winfield-Mt. Union** (100, 200, 800, Discus)

1996 – **Mark Hauschildt, Nodaway Valley, Greenfield** (100, 200, 800, Discus)

Schools Winning Four or More Relays in Same State Meet

Won All Five Relays

1952 - **Davenport** (440, 880, Mile, 1,600 Meter Medley, Two Mile)

1968 - **Prairie, Gowrie** (440, 880, Mile, 1, 600 Meter Medley, Two Mile)

2001 - **Iowa City, City High** (4x100, 4x200, 4x400, 4x800, 1,600 Meter Medley)

Won Four Relays

1951 - **Des Moines, East** (440, 880, Mile, Two Mile)

1957 - **Ames** (440, 880, Mile, Two Mile)

1965 - **Eagle Grove** (880, Mile, Medley, Two Mile)

1966 - **Glenwood** (440, 880, Mile, Mile Medley)

1974 - **Davenport, Central** (440, 880, Mile, Mile Medley)

1981 - **NUH, Cedar Falls** (800, 1600, Medley, 3200)

1997 - **Iowa City, City High** (4x100, 4x200, 4x400, 4x800)

2000 - **Iowa City, City High** (4x100, 4x200, 4x400, 4x800)

ATHLETES WHO WON THREE INDIVIDUAL EVENTS IN A SINGLE STATE MEET

1907 **Merle Alderman, Marion**..... 12 lbs Hammer Throw, Shot Put, Discus
1912 **Charles Hoyt, Greenfield**..... 100, 220, 120 High Hurdles
1921 **Morgan Taylor, Sioux City**..... 120 High Hurdles, 220 Low Hurdles, Long Jump

STATE MEET RECORDS, ALL-TIME BESTS cont'd

1924	Frank Cuhel, Cedar Rapids	100, 120 High Hurdles, 220 Lows
1949	Gary Scott, Des Moines, North	100, 220, 440
1951	Les Stevens, Lovilia	180 Lows, 120 High Hurdles, High Jump
1953	Tom Ecker, Waverly	180 Lows, 120 High Hurdles, Long Jump
1953	Bob Ash, Oelwein	220, 440, 880
1954	Tom Burrows, Belle Plaine	100, 220, 440
1954	Ted Harvey, Toledo Juvenile Home	100, 120 High Hurdles, High Jump
1955	Tom Burrows, Belle Plaine	100, 220, 440
1957	Ron Walter, Farragut	180 Lows, 120 High Hurdles, Shot
1961	John Pletcher, Clarion	100, 180 Lows, 120 High Hurdles
1962	Clyde Duncan, Des Moines, North	100, 220, 440
1963	Clyde Duncan, Des Moines, North	100, 220, 440
1963	Harry Alley, Winterset	100, 220, 440
1963	Jon Reimer, George	220, 180 Lows, 120 High Hurdles
1964	Clyde Duncan, Des Moines, North	100, 220, 440
1965	Ron Davis, Perry	100, 220, Lows
1966	Jim Kirby, Des Moines, North	100, 220, 440
1966	Jerry Lenz, Cherokee, Washington	100, 220, 440
1974	Greg Capell, Fayette	180 Lows, 120 High Hurdles, Long Jump
1977	Rich Van Pelt, Panorama, Panora	100, 220, 440
1977	LeRoy McCuen, Corning	180 Lows, 110m High Hurdles, Long Jump
1978	Owen Buckley, Sioux City, North	100m, 200m, Pole Vault
1980	Scott Harms, Wellsburg	100m, 200m, 400m
1981	Treye Jackson, Newton	100m, 200m, 400m
1981	Keith Willey, Osage	100m, 200m, 400m
1981	Tim Wilson, Clarke, Osceola	800m, 1600m, 3200m
1985	Matt Zuber, Iowa Valley, Marengo	400m Lows, 110m High Hurdles, Long Jump
1986	Paul Barnhart, Gehlen Catholic, LeMars	800m, 1600m, 3200m
1987	Rob Wise, West Liberty	100m, 200m, 400m
1989	Darwin VandeHoef, Rock Valley	400m Lows, 110m High Hurdles, High Jump
1990	Jamie Leonard, Dallas CenterGrimes	100m, 200m, Long Jump
1991	Bill Betterton, Carlisle	400m, 110m High Hurdles, High Jump
	Enrique Flores, Wapello	200m, 110m High Hurdles, Lows
1992	Tim Dwight, Iowa City, City High	200m, Lows, Long Jump
1993	Randy Thompson, CWL, Corwith	100m, 200m, 400m
1998	Chris McCullough, Pleasantville	200m, 400m, Long Jump
	Mike Pope, West Burlington, Arnold	100m, 200m, 400m
2001	Jason Nolting, Preston-East Central	100m, 200m, 400m
	Adam Haluska, Carroll	100m, 200m, Long Jump
2003	Dylan Davis, ADM, Adel	800m, 1600m, 3200m
	Jordan Crosby, Fort Dodge	110m High Hurdles, 400m Low Hurdles, Long Jump
2004	Jake Berns, MFL, MarMac	800m, 1600m, 3200m
2005	Nick Kuchel, Kingsley-Pierson	110m High Hurdles, 100m, 200m
	Greg Offerman, Charles City	200m, 400m, 400m Low Hurdles
2008	Aaron Stockstell, Mid-Prairie, Wellman	200m, 400m, 800m
2012	James Harrington, Cedar Falls	100m, 200m 400m

SCHOOLS THAT WON THREE RELAYS IN A SINGLE STATE MEET

1940	Des Moines, East	440, 880, Mile
1948	Des Moines, North	440, 880, Mile
1955	Des Moines, Roosevelt	440, Mile, Mile Medley
1956	Ames	440, 880, Mile
1956	Primghar	880, Medley, Two Mile
1956	Clarinda	Mile, Medley, Two Mile
1959	West Chester	440, 880, Mile
1962	Moville	Mile, Medley, Two Mile
1963	Dexfield, Redfield	440, 880, Mile
1965	Pomeroy	880, Mile, Mile Medley
1966	Sioux City, Central	440, Medley, Two Mile
1966	Manson	440, 880, Mile
1967	Villisca	440, 880, Mile
1970	Clear Lake	440, 880, Mile
1974	Iowa Falls	440, 880, Mile
1974	Britt	440, 880, Two Mile

STATE MEET RECORDS, ALL-TIME BESTS cont'd

1975	Hamburg	880, Mile, Two Mile
1977	Cedar Rapids, Washington	440, 880, Mile
1979	Kanawha	4x100, 4x200, 4x400
1983	Davenport, Central	4x100, 4x200, 1,600 Meter Medley
1984	Marshalltown	4x200, 4x400, 1,600 Meter Medley
1986	Maurice-Orange City	4x100, 4x200, 4x400
1987	Ames	4x100, 4x800, 1600 Meter Medley
	CAL-Dows	4x400, 4x800, 1,600 Meter Medley
1989	North Mahaska, New Sharon	4x100, 4x200, 1,600 Meter Medley
1990	North Mahaska, New Sharon	4x100, 4x200, 1,600 Meter Medley
1991	Ames	4x400, 4x800, 1,600 Meter Medley
1994	Iowa City, City High	4x200, 4x400, 1,600 Meter Medley
	Cherokee, Washington	4x200, 4x400, 1,600 Meter Medley
1996	GarnerHayfield	4x400, 4x800, 1,600 Meter Medley
1997	Panorama, Panora	4x100, 4x200, 4x400
1999	Mount Pleasant	4x200, 4x400, 1,600 Meter Medley
	Beckman, Dyersville	4x200, 4x400, 4x800
2004	Treynor	4x100, 4x200, 4x400
2005	Wahlert, Dubuque	4x200, 4x800, 1,600 Meter Medley
2007	Beckman Catholic, Dyersville	4x100, 4x200, Shuttle Hurdle
2009	St. Edmond, Fort Dodge	4x200, 4x400, 4x800
2010	Bishop Heelan Catholic, Sioux City	4x200, 4x400, 1,600 Meter Medley
2012	Manson Northwest Webster	4x100, 4x200, 4x400

3-Event Wheelchair Winners – Single State Meet

1990	Tony Ramirez, Bishop Heelan, Sioux City	100m, 800m, Discus
1993	John Jeter, Iowa City, West	100m, 200m, 800m
1995	Mark Hauschildt, Greenfield, Nodaway Valley	200m, shot, Discus
2001	Brian Wauters, Marshalltown	100m, 200m, 800m
2002	Brian Wauters, Marshalltown	100m, 200m, 800m
2003	Brian Wauters, Marshalltown	100m, 200m, 400m
2004	Nathan Redlinger, English Valleys	100m 200m, 400m
2005	Nathan Redlinger, English Valleys	100m, 200m, 400m
2006	Cory Behrendt, Boone	100m, 200m, 400m
2007	Cory Behrendt, Boone	100m, 200m, 400m
2010	Jon Litzkow, Waterloo West	100m, 200m, 400m
2011	Jon Litzkow, Waterloo West	100 m, 200m, 400m
2012	Jordan Houdeshell, Linn-Mar	100m, 200m, 400m

Individuals & School Relay Teams Winning the Same State Event 3 Consecutive Years

Individual Events

Plato Redfern, Council Bluffs & DM West	Mile Run	1908, 09, 10
Charles Hoyt, Greenfield	100 Yd. Dash	1911, 12, 13
	220 Yd. Dash	1911, 12, 13
Glenn Tenny, Des Moines West	Mile Run	1912, 13, 14
Theodore Packer, Marshalltown	120 High Hurdles	1914, 15, 16
Harrison Barnes, Cedar Rapids	880 Yd. Run	1919, 20, 21
Hoyer Jensen, Cedar Rapids	Mile Run	1919, 20, 21
Orville Madsen, Ames	High Jump	1930, 31, 32
John Graves, Cherokee	880Yard Run	1932, 33, 34
Bruce Erickson, Traer	Javelin	1937, 38, 39
Joe Paulsen, Davenport	Football Throw	1945, 46, 47
Dean Deuel, Cherokee	Low Hurdles	1946, 47, 48
Larry Strickler, Sigourney	Discus	1959, 60, 61
Joel Harris, Carroll	Shot Put	1961, 62, 63
Clyde Duncan, Des Moines, North	100Yard Dash	1962, 63, 64
	220Yard Dash	1962, 63, 64
	440Yard Dash	1962, 63, 64
Bruce McDonald, Scranton	220Yard Dash	1962, 63, 64
Tom Tiernan, Allison-Bristow	One Mile Run	1962, 63, 64
Jim Kirby, Des Moines, North	220Yard Dash	1965, 66, 67
Phil Wertman, Villisca	Pole Vault	1965, 66, 67
Jerome Howe, Treynor	One Mile Run	1966, 67, 68
Doug Lane, Cedar Rapids, Jefferson	Shot Put	1966, 67, 68
Doug Smith, Sioux City, Central	One Mile Run	1966, 67, 68

STATE MEET RECORDS, ALL-TIME BESTS cont'd

Tom Dovel, Red Oak	440Yard Dash	1972, 73, 74
Brent Geringer, Mount Ayr	Shot Put	1972, 73, 74
Mark Hughes, Delwood, Elwood	Two Mile Run	1973, 74, 75
Jeff DeVilder, BGM, Brooklyn	Shot Put	1975, 76, 77
Chuck Locke, Davis County, Bloomfield	Shot Put	1975, 76, 77
Rick McKean, Missouri Valley	One Mile Run	1975, 76, 77
Darrell Crawford, Lamoni	Pole Vault	1976, 77, 78
Chris Nady, Nevada	Low Hurdles	1976, 77, 78
Jeff Nielsen, Britt	100Meter Dash	1978, 79, 80
Brad Bartelt, West Branch	400Meter Dash	1982, 83, 84
Chris Walker, Davenport, Central	Long Jump	1982, 83, 84
Darwin VandeHoef, Rock Valley	High Jump	1987, 88, 89
Nate Smith, Britt	100 Meters	1991, 92, 93
Phil Hasenkamp, Saint Albert, Co. Bluffs	1600Meter Run	1991, 92, 93
Aaron Egbert, Mediapolis	400Meter Run	1992, 93, 94
Tim Dwight, Iowa City, City	Long Jump	1992, 93, 94
Brent MacLagen, JeffersonScranton	400 Meter Low Hurdles	1993, 94, 95
Cyrus Nichols, Des Moines Roosevelt	110m High Hurdles	1997, 98, 99
Pat O'Hea, Wahlert, Dubuque	Wheelchair Shot Put	1998, 99, 2000
Adam Haluska, Carroll	Long Jump	2000, 01, 02
Dylan Davis, ADM, Adel	3,200 Meter Run	2001, 02, 03
	1,600 Meter Run	2001, 02, 03
Kiel Uhl, Des Moines Roosevelt	3,200 Meter Run	2003, 04, 05
Greg Offerman, Charles City	200 Meter Dash	2003, 04, 05
	400 Meter Low Hurdles	2003, 04, 05
Nick Lange, Wahlert, Dubuque	Wheelchair Shot Put	2003, 04, 05
Nick Kuchel, Kingsley-Pierson	110m High Hurdles	2004, 05, 06
Matt Banse, Starmont, Arlington	Shot Put	2005, 06, 07
Aaron Stockstell, Mid-Prairie, Wellman	400 Meter Dash	2006, 07, 08
	800 Meter Run	2006, 07, 08
Isaac Wendland, Charles City	800 Meter Run	2006, 07, 08
Jordan Mullen, Atlantic	110m High Hurdles	2007, 08, 09
Kenny Gilmore, Davenport Central	Long Jump	2009, 10, 11
Kyle Dunn, Linn-Mar, Marion	400 Meter Low Hurdles	2009, 10, 11
Nick Efkamp, Madrid	400 Meter Low Hurdles	2009, 10, 11
James Harrington, Cedar Falls	200 Meter Dash	2010, 11, 12

Relay Events

Cedar Rapids	880 Yard Relay	1921, 22, 23
Cedar Rapids	Mile Relay	1921, 22, 23
Des Moines, North	880Yard	1934, 35, 36
Des Moines, East	880Yard	1938, 39, 40
Des Moines, Roosevelt	One Mile	1944, 45, 46
Lake City	One Mile	1950, 51, 52
Albert City	Two Mile	1952, 53, 54
Valley, West Des Moines	440Yard	1953, 54, 55
Ames	880Yard	1955, 56, 57
Ames	440Yard	1956, 57, 58
Ames	One Mile	1956, 57, 58
Davenport, Central	One Mile	1966, 67, 68
Indianola	One Mile	1969, 70, 71
Eagle Grove	Mile Medley	1970, 71, 72
Hamburg	Two Mile	1973, 74, 75
NUH, Cedar Falls	800Meter	1980, 81, 82
Saint Albert, Council Bluffs	400Meter	1982, 83, 84
Woodbine	4 x 800	1988, 89, 90
North Mahaska, New Sharon	4 x 200	1989, 90, 91
Davenport, Central	4 x 100	1992, 93, 94
Mediapolis	4 x 100	1992, 93, 94
Gehlen Catholic, LeMars	4 x 200	1993, 94, 95
Beckman, Dyersville	4 x 200	1997, 98, 99
West Lyon, Inwood	4 x 100	1998, 99, 2000
Iowa City, City High	4 x 400	1999, 2000, 01
Iowa City, City High	4 x 200	2000, 01, 02

STATE MEET BESTS cont'd

Tipton.....	4 x 800	2000, 01, 02
Ankeny.....	4 x400	2002, 03, 04
Beckman, Dyersville	4 x 200	2005, 06, 07
Valley, WDM.....	4 x 400	2005, 06, 07
Charles City.....	Medley	2006, 07, 08
Mid-Prairie, Wellman	Medley	2006, 07, 08
West Marshall.....	4 x 200	2010, 11, 12

Most Individual State Event Championships in a Career

9 – Clyde Duncan, Des Moines North (1962-64)

(100, 220, 440 in 1962-63-64)

8 – Tim Dwight, Iowa City, City (1991-94)

(200 in 1991; 200, 400 H, LJ in 1992, 200, LJ in 1993; 200, LJ in 1994)

8 – LeRoy McCuen, Corning (1975-77)

(HJ in 1975; 120 HH, 180 LH, HJ, LJ in 1976; HH, LH, LJ in 1977)

8 – Adam Haluska, Carroll (2000-2002)

(LJ in 2000; 100, 200, LJ in 2001; 100, 200, 400, LJ in 2002)

7 – Conner Smock, Lisbon (2009-12)

(3,200 Meter Run, 2009, 10, 11, 12; 1,600 Meter Run 2009, 10, 12)

7 – Aaron Stockstell, Mid-Prairie, Wellman

(400 in 2006, 07, 08; 800 in 2006, 07, 08; 200 in 2008)

7 – Isaac Wendland, Charles City

(1,600 in 2005, 06, 07, 08; 800 in 2006, 07, 08)

7 – Nick Kuchel, Kingsley-Pierson

(110 M HH, 2004, 05, 06; 100m – 2004, 2005; 200m – 2005, 2006)

7 – Randy Thompson, Corwith-Wesley-LuVerne (1991-94)

(100 in 1991; 100, 200 in 1992; 100, 200, 400 in 1993; 100 in 1994)

7 – Greg Offerman, Charles City, 2002-05

(400H in 2003, 04, 05; 200 meters in 2003, 04, 05; 400 meters in 2005)

7 – Dylan Davis, ADM, Adel (2000-03)

(3,200 meters in 2001, 02, 03; 1,600 meters in 2001, 02, 03; 800 meter in 2003)

7 – Charles Hoyt, Greenfield (1911-13)

(100, 220 in 1911, 12, 13; 120 HH in 1912)

6 – James Harrington, Cedar Falls

(100 in 2011, 12; 200 in 2010, 11, 12; 400 in 2012)

6 – Nick Efkamp, Madrid

(400 H in 2009, 10, 100, 110 M HH, LJ in 2011)

6 – Tom Burrows, Belle Plaine (1953-55)

(100, 220, 440 – 1954; 100, 200, 440 - 1955)

6 – Bob Brandt, Denison (1954-56)

(180 LH, LJ in 1955; 100, 220, 180 LH, LJ in 1956)

6 – James Kirby, Des Moines, North (1965-67)

(100 – 1966, 1967; 220 in 1965, 66, 67; and 440 in 1966)

6 – Darwin Vande Hoef, Rock Valley (1987-89)

(HJ in 1987, 88, 89; 110 m High Hurdles 1988, 89; 400 m Hurdles in 1989)

6 – Rob Brock, Dubuque Senior (1994-97)

(1,600 meters in 1996; 800 meters in 1997; 3,200 meters in 1994-95-96-97)

Most Individual Wheelchair State Event Championships in a Career

16 – E.J. Runyan, Johnston (1997-2000)

(100, 200, 800, Discus 1997-98-99-2000 each)

9 – Brian Wauters, Marshalltown (2001-2003)

(100 meters and 200 meters, in 2001, 02, 03; 800 in 2001, 02; 400 meters in 2003)

7 – Mark Hauschildt, Nodaway Valley, Greenfield (1994-96)

(SP, Discus, 200 in 1995; 100, 200, 800, Discus in 1996)

6 – Jon Litzkow, Waterloo West (2010-11)

(100, 200, 400 each in 2010, 2011)

6 – Tom Rudruck, Winfield-Mt. Union (1991-92)

(Discus, 800 in 1991; 100, 200, 800, Discus in 1992)

6 – Nathan Redlinger, English Valleys, North English

(100-200-400 meters in 2004, 05)

6 – Cory Behrendt, Boone

(100-200-400 meters in 2006, 07)

STATE TEAM CHAMPIONS

Year	Champion	Coach	Site
1906	Ida Grove (43)	John Williams & Charles Kiesell	Iowa City, Iowa Field
1907	Ida Grove (45)	John Williams & Charles Kiesell	Iowa City, Iowa Field
1908	Des Moines, West (37)	Charles Chase	Des Moines-Haskin Stadium
1909	Des Moines, East (48)	John Van Liew	Des Moines-Haskin Stadium
1910	Des Moines, West (27)	Charles Chase	Des Moines-Haskin Stadium
1911	Des Moines, West (23)	Charles Chase	Des Moines-Haskin Stadium
1912	Des Moines, West (33)	Charles Chase	Des Moines-Drake Stadium
1913	Des Moines, West (31)	Charles Chase	Des Moines-Drake Stadium
1914	Des Moines, West (33)	Charles Chase	Des Moines-Drake Stadium
1915	Davenport (19)	E.W. Nixon	Des Moines-Drake Stadium
1916	Des Moines, West (19.50)	Raymond Allen	Des Moines-Drake Stadium
1917	Des Moines, North (33)	Harry Bell	Des Moines-Drake Stadium
1918	Mason City (34)	Charles A. West	Ames-Iowa State
1919	Des Moines, North (19)	W.C. Nelson	Ames-Iowa State
1920	Sioux City (30)	Charles Hoyt	Ames-Iowa State
1921	Cedar Rapids (29)	Leo Novak	Ames-Iowa State
1922	Cedar Rapids (31)	Leo Novak	Ames-Iowa State
1923	Cedar Rapids (25.50)	Leo Novak	Ames-Iowa State
1924	Cedar Rapids (41.50)	Leo Novak	Iowa City
1925	Cedar Rapids (22)	Leo Novak	Ames-Iowa State
1926	Des Moines, East (25)	Cress W. (Dad) Hoyt	Des Moines-Drake
1927	Carroll (16.75)	Boyd Thompson	Ames-Iowa State
1928	Des Moines, East (17 ⁵ / ₆)	Mike Augustine	Ames-Iowa State
1929	Mason City (19)	"Chick" Sutherland & Judge Grimsley	Ames-Iowa State
1930	Mason City (23)	"Chick" Sutherland & Judge Grimsley	Ames-Iowa State
1931	Davenport (21)	Jesse Day	Ames-Iowa State
1932	Clinton (19)	Everett Scherich	Ames-Iowa State
1933	Clinton (21)	Everett Scherich	Ames-Iowa State
1934	Des Moines, North (25)	R.H. Lynam	Grinnell-Ward Field
1935	Davenport (47.50)	Jesse Day	Ames-Iowa State
1936	Des Moines, East (48)	Mike Augustine	Ames-Iowa State
1937	Dubuque (42)	Wilbur Dalzell	Ames-Iowa State
1938	Des Moines, East (31.75)	Mike Augustine	Ames-Iowa State
1939	Des Moines, East (40)	Mike Augustine	Ames-Iowa State
1940	Des Moines, East (59.50)	Mike Augustine	Ames-Iowa State
1941	Ames (33)	Ken Wells	Ames-Iowa State-Clyde Williams
1942	Davenport (52)	Jesse Day	Ames-Iowa State-Clyde Williams
1943	Des Moines, East (49.10)	Mike Augustine	Ames-Iowa State-Clyde Williams
1944	Des Moines, East (41)	Mike Augustine	Ames-Iowa State-Clyde Williams
1945	Sioux City, East (32)	Les Davis	Ames-Iowa State-Clyde Williams
1946	(Tie) Clinton; DM, Roosevelt (28.25)	Max Lynn; Archie Johnson	Ames-Iowa State-Clyde Williams
1947	Davenport (52)	Jesse Day	Ames-Iowa State-Clyde Williams
1948	A Des Moines, North (39)	Jim Lyle	Ames-Iowa State-Clyde Williams
	B Cedar Falls, Teachers (33)	Burl Berry	
1949	A Ames (42.33)	Hi Covey	Ames-Iowa State-Clyde Williams
	B Nevada (41)	E. Wayne Cooley	
1950	A Des Moines, East (62.67)	Mike Augustine	Ames-Iowa State-Clyde Williams
	B Nevada (43 ¹ / ₆)	E. Wayne Cooley	
1951	A Des Moines, East (73)	Mike Augustine	Ames-Iowa State-Clyde Williams
	B DeWitt (37)	Harold Birney	
1952	A Davenport (64)	Jesse Day	Ames-Iowa State-Clyde Williams
	B (Tie) Lake City; Lamoni (42)	Doyle Filloon; William Robinson	
1953	AA Des Moines, North (59)	Jim Lyle	Des Moines-Drake
	A Red Oak (35)	Homer Weis	
	B DeWitt (29)	Harold Birney	Grinnell-Ward Field
	C Toledo Juvenile Home (39.20)	Fred Ekstrand	

STATE CHAMPIONS, COACHES cont'd

1954	AA Des Moines, North (52.50)	Jim Lyle	Des Moines-Drake
	A Harlan (39)	Clem Marsden	
	B Lake City (38)	Don Cox	Ames-Iowa State-Clyde Williams
	C Elliott (31)	Carl McClure	
1955	AA Ames (56.50)	Hi Covey	Ames-Iowa State-Clyde Williams
	A Valley, WDM (33.50)	Tom Karpan	
	B Lake City (35.50)	John Jennett	
	C Iowa School for Deaf, Co.Bluffs (22)	Nate Lahn	
1956	AA Ames (46)	Hi Covey	Ames-Iowa State-Clyde Williams
	A Clarinda (48)	Al Gray	
	B Anamosa (26.60)	Jack Fisk	
	C Primghar (27)	Charles Duhrkopf	
1957	AA Ames (57.50)	Hi Covey	Ames-Iowa State-Clyde Williams
	A DeWitt (33)	Harold Birney	
	B Carroll (23)	Cole Collinge	Des Moines-Drake
	C Farragut (35 ^{5/8})	L.C. Steinhoff	
1958	AA Ames (36)	Hi Covey	Ames-Iowa State-Clyde Williams
	A Indianola (27)	Evo Sjeclocha	
	B Tabor (29)	Mike Miles	Des Moines-Williams Stad.
	C Wall Lake (26)	Carl McClure	Boone-Boone High School
1959	AA Des Moines, North (30)	Jim Lyle	Ames-Iowa State-Clyde Williams
	A Clarion (27.50)	Ron Bennett	
	B Clinton, St. Mary's (26.25)	Nate Walton	Des Moines-Williams Std.
	C West Chester (41)	William Kephart	
1960	AA Ames (49.50)	Hi Covey	Des Moines-William Std
	A Belmond (41)	Richard Koolbeck	
	B English Valleys, North English (30)	Phil Ackerman	Ames-Lincoln Way Stadium
	C LuVerne (30)	Bryce Wickett	
1961	AA Des Moines Tech (38)	Chuck Silvey	Ames-Lincoln Way Stadium
	A Clarion (24.75)	Ron Bennett	
	B Maurice-Orange City (27.50)	James (Jim) Miller	
	C Sioux Rapids (25)	Bob Hoogeveen	
1962	AA Cedar Rapids, Jefferson (40)	John Ask	Iowa City-University of Iowa
	A Perry (34.75)	Graydon Lappe	
	B Paullina (31.20)	Bob Brooks	Des Moines-Williams Stad.
	C Merville (35)	Darrell Rapp	
1963	AA Ames (45.50)	Hi Covey	Iowa City-University of Iowa
	A Winterset (31)	Charles McGaffin	
	B George (21)	Harold Roberts	Des Moines-Williams Stad.
	C Dexfield, Redfield (37)	Dean Roe	
1964	AA Ames (46.50)	Hi Covey	Iowa City-University of Iowa
	A Eagle Grove (41.50)	Wally Hanson	
	B Seymour (29)	Fred Hanna	Des Moines-Drake
	C Dexfield, Redfield (33)	Dean Roe	
1965	AA Ames (30)	Cecil Spatcher	Des Moines-Drake
	A Eagle Grove (42)	Wally Hanson	
	B Farragut (25)	Joe Jack	
	C Pomeroy (24)	Bruce Strutzenberg	
1966	AA Sioux City, Central (47)	Mark McLarnan	Fort Dodge-Dodger Stad.
	A Cherokee, Washington (54)	Tom Beckham	Eagle Grove-Eagle Grove HS
	B Villisca (30)	George McVicker	Des Moines - Drake
	C Treynor (25)	John Frost	

STATE TEAM CHAMPIONS cont'd

1967	AA Sioux City, Central (45)	Mark McLarnan	Fort Dodge-Dodger Stad.
	A Winterset (25)	Charles McGaffin	Eagle Grove HS
	B Villisca (30)	George McVicker	Cedar Falls-State College Iowa
	C Terril (25)	Richard Lineweaver	
1968	AA Ames (34)	Harlan Millikin	Ames-Ames High Stadium
	A Spirit Lake (26)	Robert Wells	
	B Prairie, Gowrie (44)	Don Lewis	Holstein-Holstein HS
	C Goldfield (20)	Earl Mullins	Pocahontas - HS Stad.
1969	AA Clinton (30)	Bill Holsclaw & Max Lynn	Ames-Ames High Stad.
	A Ankeny (30)	Warren Kinzel	Jefferson-Lindsuka Stadium
	B Belle Plaine (33)	Mike Fitzgerald	Marion-Linn Mar HS
	C Miles (26)	Arlen Kruger	Pocahontas - HS Stad.
1970	AA Clinton (34)	Bill Holsclaw	Ames-Ames High Stadium
	A Eagle Grove (37)	Wally Hanson	Jefferson-Linduska Stadium
	B (Tie) Boyden-Hull &	Al Klemme	Milford HS
	West Harrison, Mondamin (31)	Charles Adair	
C Woodward-Granger (34)	Ray Wendel	Pocahontas - HS Stad.	
1971	AA Ames (45)	John Sletten	Ames-Ames High Stadium
	A Eagle Grove (45)	Wally Hanson	Marion-Linn-Mar HS
	B Belle Plaine (35)	Roland Kitt	New Sharon-No. Mahaska HS
	C Pocahontas (33.50)	Duane Marcellus	Pocahontas - HS Stad.
1972	AA Ames (52)	John Sletten	Cedar Rapids-Kingston Stad.
	A Ankeny (34.50)	Fred Smith	Jefferson-Linduska Stad.
	B Alta (25)	Jerry Tryon	Des Moines-Drake
	C Central Webster, Burnside (35)	Roy Tallman	
1973	AA Davenport, Central (52)	Ira Dunsworth	Des Moines-Drake
	A Red Oak (39)	Dick Morrison	
	B Maurice-Orange City (36)	Gordon McKinstrey	
	C Terril (29)	Robert Strouse	
1974	AA Davenport, Central (74)	Ira Dunsworth	Des Moines-Drake
	A (Tie) Anamosa; Iowa Falls (38)	Ken Fearing; Chuck Corbin	
	B Britt (41)	Bob Sanger	
	C Hamburg (29)	Robert Weber	
1975	AA Cedar Rapids, Washington (40)	Harold Wilkinson	Des Moines-Drake
	A Anamosa (44)	Ken Fearing	
	B Corning (43)	Vince Hurley	
	C Hamburg (34)	Robert Weber	
1976	AA Davenport, Central (60)	Ira Dunsworth	Des Moines-Drake
	A Nevada (45)	Gary Grimm	
	B Corning (39)	Vince Hurley	
	C Hamburg (31)	Robert Weber	
1977	AA Cedar Rapids, Washington (36)	Bill Calloway	Des Moines-Drake
	A Nevada (35)	Gary Grimm	
	B Corning (29.50)	Vince Hurley	
	C (Tie) Hamburg; Y-J-B, Jamaica (34)	Robert Weber; Eric Berthelsen	
1978	AA Davenport, Central (63.50)	Ira Dunsworth	Des Moines-Drake
	A Iowa Falls (44)	Gerry Lenguadoro	
	B Kingsley-Pierson (41)	Darwin DeVries	
	C Kanawha (41)	Rod Barkema	
1979	AA Waterloo, East (46)	Jim Miller	Des Moines-Drake
	A Iowa Falls (47.50)	Gerry Lenguadoro	
	B Pekin (34)	Davis Eidahl	
	C Kanawha (45)	Rod Barkema	

STATE TEAM CHAMPIONS cont'd

1980	AA Ames (40.50)	John Sletten	Des Moines-Drake
	A Davis County, Bloomfield (35)	Dennis Anderson	
	B Sioux Center (41)	Dale VanderWilt	
	C Treynor (25)	Ken Winkler	
1981	AA Waterloo, West (28)	Gordon Yuska	Des Moines-Drake
	A Davis County, Bloomfield (35)	Dennis Anderson	
	B NUH, Cedar Falls (48)	Iradge Ahrabi-Fard	
	C Paullina (38)	Charles Hughes	
1982	4A Davenport, Central (42)	Ira Dunsworth	Des Moines-Drake
	3A Sheldon (34)	Dale Clefisch	
	2A Sioux Center (37)	Dale VanderWilt	
	1A (Tie) New Hartford; BCLUW (30)	Larry Simons; Mark Trimble	
1983	4A Davenport, Central (63.50)	Ira Dunsworth	Des Moines-Drake
	3A Tipton (35)	Dave Vogelgesang	
	2A West Branch (40)	Jim Mays	
	1A Allison-Bristow (32)	Terry Christiansen	
1984	4A Davenport, Central (49)	Ira Dunsworth	Des Moines-Drake
	3A Tipton (45)	Dave Vogelgesang	
	2A West Branch (58)	Jim Mays	Ankeny-Ankeny High Stad.
	1A Sidney (35)	Jack Blazek	
1985	4A Marshalltown (51)	Richard Rozell	Des Moines-Drake
	3A Tipton (38)	Dave Vogelgesang	
	2A Iowa Valley, Marengo (45)	Scott Hardie	Ankeny-Ankeny High Stad.
	1A (Tie) Earlham; Lone Tree (32)	Jan Fletcher; Doug Hofmeister	
1986	4A Ames (42)	John Sletten	Des Moines-Drake
	3A Pella (34)	Fred Anthony	
	2A NUH, Cedar Falls (48)	Bob Lee	
	1A Paton-Churdan (36)	Jim Cox	
1987	4A Ames (46)	John Sletten	Des Moines-Drake
	3A (Tie) Turkey Valley; Storm Lake (28)	Jerry Shultz; Dean Nicholson	
	2A NUH, Cedar Falls (31)	Bob Lee	
	1A CAL, Latimer (33)	Steve Huling	
1988	4A Ames (48)	John Sletten	Des Moines-Drake
	3A Storm Lake (29)	Dean Nicholson	
	2A NUH, Cedar Falls (48)	Bob Lee	
	1A Sanborn (31)	Don Noll	
1989	4A Ames (39)	John Sletten	Des Moines-Drake
	3A Glenwood (37)	Jim Whitcomb	
	2A Gehlen Catholic, LeMars (32)	Dennis Muller	
	1A Woodbine (47)	Phil Hummel	
1990	4A Ames (38)	John Sletten	Des Moines-Drake
	3A Glenwood (31)	Jim Whitcomb	
	2A NUH, Cedar Falls (34)	Bob Lee	
	1A North Mahaska, New Sharon (47)	Steve Ehret	
1991	4A Ames (71)	John Sletten	Des Moines-Drake
	3A Knoxville (40)	Mike Cunningham	
	2A NUH, Cedar Falls (42)	Bob Lee	
	1A Lawton-Bronson (24)	Stan Simpson	
1992	4A Iowa City, City High (62)	John Raffensperger	Des Moines-Drake
	3A Spirit Lake (38)	Darwin Bears	
	2A West Hancock, Britt (35)	Bob Sanger	
	1A (Tie) Fredericksburg & Woodbine (27)	Steve Staker; Phil Hummel	
1993	4A Iowa City, City High (60)	John Raffensperger	Des Moines-Drake

STATE TEAM CHAMPIONS cont'd

	3A Algona (36)	Brad Heitland	
	2A Saint Albert, Co. Bluffs (29)	Ken Mehsling	
	1A West Bend-Mallard (39)	Jerry VanderHorst	
1994	4A Iowa City, City High (57)	John Raffensperger	Des Moines-Drake
	3A Cherokee, Washington (41)	Lynn Jolly	
	2A Ballard, Huxley (39)	Rich Strouse	
	1A West Bend-Mallard (28)	Jerry VanderHorst	
1995	4A Iowa City, City High (61.50)	John Raffensperger	Des Moines-Drake
	3A Humboldt (44)	Charles Bunn	
	2A Iowa Falls (40)	Gerry Lenguadoro	
	1A Van Buren, Keosauqua (34)	Gary Loeffler	
1996	4A Iowa City, City High (78)	John Raffensperger	Des Moines-Drake
	3A Centerville (35)	Jim McCord	
	2A Garner-Hayfield (41)	David Hildebrand	
	1A Gehlen Catholic, LeMars (33)	Dennis Muller	
1997	4A Iowa City, City High (71.50)	John Raffensperger	Des Moines-Drake
	3A Bishop Heelan, Sioux City (43)	David Fravel	
	2A (Tie) Beckman, Dyersville &	Pat Davis	
	Unity Christian, OC (32)	Karl Kaemingk	
	1A Panorama, Panora (39)	Ken Janvrin	
1998	4A Valley, West Des Moines (52)	Jim Duea, Jr.	Des Moines-Drake
	3A Washington (45)	Steve Roth	
	2A Monticello (33)	Greg Williams	
	1A NUH, Cedar Falls (28)	Bob Lee	
1999	4A (Tie) Des Moines, Roosevelt;	Joe McQuerry	Des Moines-Drake
	Iowa City, City High (36)	John Raffensperger	
	3A Waverly-Shell Rock (44)	Dave Sage	
	2A Beckman, Dyersville (34)	Pat Davis	
	1A Iowa Mennonite, Kalona (38)	Marcus Hostetler	
2000	4A Iowa City, City (72)	John Raffensperger	Des Moines-Drake
	3A Mount Pleasant (46)	Denny White	
	2A (Tie) Unity Christian, Orange City &	Karl Kaemingk	
	West Lyon, Inwood (32)	Gary Kruse	
	1A East Buchanan, Winthrop (25)	Lanny Buls	
2001	4A Iowa City, City High (71)	John Raffensperger	Des Moines-Drake
	3A Waverly-Shell Rock (48)	Dave Sage	
	2A Tri-Center, Neola (32)	Max Kozeal	
	1A Madrid (34)	Randy Hinkel	
2002	4A Iowa City, City High (49)	John Raffensperger	Des Moines-Drake
	3A Storm Lake (33)	Dean Nicholson	
	2A Williamsburg (38)	Greg Stolze	
	1A Madrid (36)	Randy Hinkel	
2003	4A Valley, WDM (58)	Dave Cochran	Des Moines-Drake
	3A Harlan Community (36)	Ken Carstens	
	2A Okoboji, Milford (50)	George Ashman	
	1A Saint Albert, Co. Bluffs (36)	Drew Kruzich	
	WC Marshalltown (30)	Doug Bacon	
2004	4A Iowa City, City (61)	Tom Carey	Des Moines-Drake
	3A Decorah-North Winneshiek (59)	Joel Rollinger	
	2A Mount Vernon (43)	Jim Bellamy	
	1A Treynor (52)	Dave Mundt	
	WC English Valley (31)	Steve Hester	
2005	4A Davenport Central (81)	Randy Peters	Des Moines-Drake

STATE TEAM CHAMPIONS cont'd

	3A Charles City (68)	Bruce Eldridge	
	2A Starmont, Arlington (43)	Matt Lee	
	1A Griswold (51)	Gary Bergstrom	
	WC-Co-ed Aplington-Parkersburg (62)	Special Needs Sponsors	
2006	4A Valley, WDM (77)	Dave Cochran	Des Moines-Drake
	3A Wahlert, Dubque (62)	Tom Horton	
	2A North Fayette, West Union (53)	Robert Scott	
	1A BCLUW, Conrad (53)	Les Penick	
	WC-Coed Aplington-Parkersburg (62)	Special Needs Sponsors	
2007	4A Iowa City West (65)	Brian Martz	Des Moines-Drake
	3A Xavier, Cedar Rapids (64)	Russ Camacho	
	2A Monticello (67)	Greg Williams	
	1A West Hancock, Britt (54)	Bob Sanger	
	WC-Coed Aplington-Parkersburg (40)	Special Needs Sponsors	
2008	4A Pleasant Valley (77)	Erik Belby	Des Moines-Drake
	3A Xavier, Cedar Rapids (100.5)	Russ Camacho	
	2A Mid-Prairie, Wellman (69)	Steve Hollan	
	1A West Hancock, Britt (44)	Bob Sanger	
	WC-Co-ed Interstate 35, Truro	Tim McKinney	
2009	4A Cedar Rapids Washington (60)	Bill Pinckney	Des Moines-Drake
	3A Cental Clinton, DeWitt (54)	Jered Birt	
	2A St. Edmond, Fort Dodge (62)	Bill Kibby	
	1A Madrid (47.50)	Randy Hinkel	
	WC-Co-ed Interstate 35, Truro (26)	Tim McKinney	
2010	4A Cedar Rapids Washngton (59)	Bill Pinckney	Des Moines-Drake
	3A Bishop Heelan Catholic, Sioux City (51)	Don Oberle	
	2A Solon (63)	Mark Sovers	
	1A Madrid (57.50)	Randy Hinkel	
	WC Waterloo West (38)		
2011	4A Cedar Falls (59)	Jeff Hartman	Des Moines-Drake
	3A Glenwood (78)	Mark Starner	
	2A St. Edmond, Fort Dodge (66)	Bill Kibby	
	1A Madrid (74)	Randy Hinkel	
	WC Waterloo West (36)		
2012	4A Iowa City, West (75)	Brian Martz	Des Moines-Drake
	3A Decorah (65)	Joel Rollinger	
	2A West Marshall (48)	Troy Clark	
	1A Manson-Northwest Webster (53)	Jeff Anliker	
	WC Linn-Mar, Marion (36)		

SCHOOLS THAT HAVE WON STATE TEAM CHAMPIONSHIPS

Ames	20	1941, 49, 55, 56, 57, 58, 60, 63, 64, 65, 68, 71, 72, 80, 86, 87, 88, 89, 90, 91
Davenport; Davenport, Central	14	1915,1931, 35, 42, 47, 52, 73, 74, 76, 78, 82, 83, 84, 2005
Des Moines, East	11	1909, 26, 28, 36, 38, 39, 40, 43, 44, 50, 51
Iowa City, City High	11	1992, 93, 94, 95, 96, 97, 99-tied, 2000, 01, 02, 04
NUH, Cedar Falls; Teachers High, Cedar Falls .	8	1948, 81, 86, 87, 88, 90, 91, 98
Des Moines, West	7	1908, 10, 11, 12, 13, 14, 16
Des Moines, North	6	1919, 34, 48, 53, 54, 59
Cedar Rapids	5	1921, 22, 23, 24, 25
Clinton	5	1932, 33, 46-tied, 69, 70
Madrid	5	2001, 02, 09, 10, 11
Britt; & West Hancock, Britt	4	1974, 92, 2007, 08
Cedar Rapids, Washington	4	1975, 77, 2009, 10
Central Clinton, DeWitt	4	1951, 53, 57, 2009
Eagle Grove	4	1964, 65, 70, 71

STATE TEAM CHAMPIONSHIP FINISHES cont'd

Hamburg	4	1974, 75, 76, 77-tied
Iowa Falls	4	1974-tied, 78, 79, 95
Nevada	4	1949, 50, 76, 77
Valley, West Des Moines	4	1955, 98, 2003, 06
Anamosa	3	1956, 74-tied, 75
Corning	3	1975, 76, 77
Glenwood	3	1989, 90, 2011
Lake City	3	1952-tied, 54, 55
Mason City	3	1918, 29, 30
Sioux City, Central	3	1920, 66, 67
Storm Lake	3	1987-Tied, 88, 2002
Tipton	3	1983, 84, 85
Treynor	3	1966, 80, 2004
Ankeny	2	1969, 72
BCL & BCLUW, Conrad	2	1982, 2006
Beckman, Dyersville	2	1997-tied, 99
Belle Plaine	2	1969, 71
Bishop Heelan Catholic, Sioux City	2	1997, 2010
Carroll	2	1927, 57
Cherokee, Washington	2	1966, 94
Clarion	2	1959, 61
Davis County, Bloomfield	2	1980, 81
Decorah; Decorah-North Winneshiek	2	2004, 12
Des Moines, Roosevelt	2	1946-tied, 99-tied
Dexfield, Redfield	2	1963, 64
Farragut	2	1957, 65
Gehlen Catholic, LeMars	2	1989, 96
Harlan Community	2	1954, 2003
Ida Grove	2	1906, 07
Iowa City, West	2	2007, 12
Kanawha	2	1978, 79
Maurice-Orange City	2	1961, 73
Monticello	2	1998, 2007
Paullina	2	1962, 81
Red Oak	2	1953, 73
Sioux Center	2	1980, 82
Spirit Lake; Spirit Lake Park	2	1968, 92
St. Albert, Council Bluffs	2	1993, 2003
St. Edmond, Fort Dodge	2	2009, 11
Terril	2	1967, 73
Treynor	2	1966, 2004
Unity Christian, Orange City	2	1997-tied, 2000-tied
Villisca	2	1966, 67
Waverly-Shell Rock	2	1999, 2001
West Bend-Mallard	2	1993, 94
West Branch	2	1983, 84
Winterset	2	1963, 67
Woodbine	2	1989, 92-tied
Xavier, Cedar Rapids	2	2007, 08

One each: Algona 1993; Allison-Bristow 1983; Alta 1972; Ballard, Huxley 1994; Belmond 1960; Boyden-Hull 1970-tied; CAL-Dows, Latimer 1987; Cedar Falls 2011; Cedar Rapids, Jefferson 1962; Centerville 1996; Central Webster, Burnside 1972; Charles City 2005; Clarinda 1956; Clinton, Saint Mary's 1959; Des Moines, Tech 1961; Dubuque 1937; Earlham 1985-tied; East Buchanan, Winthrop 2000; Elliott 1954; Fredericksburg 1992-tied; Garner-Hayfield 1996; George 1963; Griswold 2005; Goldfield 1968; Humboldt 1995; Indianola 1958; Ilowa Mennonite, Kalona 1999; Iowa School for the Deaf, Council Bluffs 1955; Iowa Valley, Marengo 1985; Kingsley-Pierson 1978; Knoxville 1991; Lamoni 1952-tied; Lawton-Bronson 1991; Lone Tree 1985-tied; LuVerne 1960; Manson-Northwest Webster 2012; Marshalltown 1985; Mid-Prairie, Wellman 2008; Miles 1969; Mount Pleasant 2000; Mount Vernon 2004; Merville 1962; New Hartford 1982; North English, English Valleys 1960; North Fayette, West Union 2006; North Mahaska, New Sharon 1990; Okoboji, Milford 2003; Panora, Panorama 1997; Paton-Churdan 1986; Pekin, Packwood 1979; Pella 1986; Perry 1962; Pleasant Valley 2008; Pocahontas 1971; Pomeroy 1965; Prairie, Gowrie 1968; Primghar 1956; Sanborn 1988; Seymour 1964; Sheldon 1982; Sidney 1984; Sioux City, East 1945; Sioux Rapids 1961; Solon 2010; Starmont, Arlington 2005; Tabor 1958; Toledo Juvenile Home 1953; Tri-Center, Neola 2001; Turkey Valley, Jackson Junction 1987-tied; Van Buren, Keosauqua 1995; Wahlert, Dubuque 2006; Wall Lake 1958; Washington 1998; Waterloo, East 1979; Waterloo, West 1981; West Chester 1959; West Harrison, Mondamin 1970-tied; West Lyon, Inwood 2000-tied; West Marshall, State Center 2012; Williamsburg 2002; Woodward-Granger 1970; Y-J-B, Jamaica 1977-tied.

STATE TEAM RUNNERS-UP

** runner-up because of first place ties*

<p>1906 Des Moines, West (40)</p> <p>1907 Des Moines, West (39.50)</p> <p>1908 Des Moines, North (25)</p> <p>1909 Des Moines, West (24)</p> <p>1910 Iowa City (17)</p> <p>1911 Iowa City (18)</p> <p>1912 Greenfield (15)</p> <p>1913 Des Moines, East (16)</p> <p>1914 Davenport (17)</p> <p>1915 Marshalltown (14)</p> <p>1916 Webster City (13)</p> <p>1917 Des Moines, West (21)</p> <p>1918 Des Moines, North (25)</p> <p>1919 Mason City (17.50)</p> <p>1920 Cedar Rapids (15)</p> <p>1921 Des Moines, West (18.50)</p> <p>1922 Des Moines, East (21)</p> <p>1923 Fort Madison (20)</p> <p>1924 Colfax (17)</p> <p>1925 Mason City (18)</p> <p>1926 Des Moines, Roosevelt (23)</p> <p>1927 Clarinda (12.50)</p> <p>1928 Davenport (15.33)</p> <p>1929 Newton (18)</p> <p>1930 Perry (17.50)</p> <p>1931 Eldora Training School (20.20)</p> <p>1932 Fort Dodge (13)</p> <p>1933 Lamoni (18)</p> <p>1934 Cedar Rapids, Washington (21.20)</p> <p>1935 Des Moines, North (31)</p> <p>1936 Des Moines, North (28)</p> <p>1937 Des Moines, East (40.50)</p> <p>1938 Fort Madison (25.50)</p> <p>1939 Clinton (29)</p> <p>1940 Davenport (28)</p> <p>1941 Des Moines, Roosevelt (30)</p> <p>1942 Des Moines, East (37.50)</p> <p>1943 Perry (28)</p> <p>1944 Clinton (38)</p> <p>1945 Des Moines, North (31)</p> <p>1946 * Des Moines, North (26)</p> <p>1947 Des Moines, East (42)</p> <p>1948 A (Tie) Des Moines, East & Davenport (35.50)</p> <p> B DeWitt (29)</p> <p>1949 A Des Moines, East (39.20)</p> <p> B Rockwell City (30)</p> <p>1950 A Ames (31.50)</p> <p> B Rockwell City (40.33)</p> <p>1951 A Davenport (45.50)</p> <p> B Lamoni (29.50)</p> <p>1952 A Clinton (33)</p> <p> B * DeWitt (31)</p> <p>1953 AA Des Moines, East (45)</p> <p> A Estherville (23)</p> <p> B (Tie) Albert City & Lake City (28)</p> <p> C Iowa School for Deaf (35.20)</p> <p>1954 AA Des Moines, East (48)</p> <p> A Valley, West Des Moines (28)</p>	<p>B Onawa (26)</p> <p>C College Springs (29.50)</p> <p>1955 AA Des Moines, Roosevelt (44.50)</p> <p> A Hampton (24)</p> <p> B DeWitt (29)</p> <p> C (Tie) Galva & Elliott (21)</p> <p>1956 AA Des Moines, North (32)</p> <p> A DeWitt (33.50)</p> <p> B Aurelia (23)</p> <p> C Farragut (26.50)</p> <p>1957 AA Des Moines, Tech (26)</p> <p> A Indianola (29)</p> <p> B Rock Rapids (22)</p> <p> C (Tie) Tabor; Schleswig, Terril & Hedrick (17)</p> <p>1958 AA Davenport (23)</p> <p> A Cherokee (23.50)</p> <p> B Tripoli (25)</p> <p> C Menlo (23)</p> <p>1959 AA Cedar Rapids, Jefferson (29)</p> <p> A (Tie) Winterset & Hampton (23)</p> <p> B English Valleys, North English (21)</p> <p> C College Springs (24)</p> <p>1960 AA Mason City (25)</p> <p> A Clarion (26%)</p> <p> B Dallas Center (23)</p> <p> C Bayard (28)</p> <p>1961 AA Des Moines, North (27)</p> <p> A Cherokee, Washington (22)</p> <p> B Lake View-Auburn (25)</p> <p> C (Tie) Fayette & Bayard (23)</p> <p>1962 AA Winterset (32)</p> <p> A (Tie) Ankeny & Cherokee (21.50)</p> <p> B Aurelia (17.50)</p> <p> C Prairie City (29)</p> <p>1963 AA Des Moines, North (32)</p> <p> A Clarinda (24)</p> <p> B (Tie) Emmetsburg & Underwood (20)</p> <p> C Prairie City (19)</p> <p>1964 AA Des Moines North (29.50)</p> <p> A Mount Ayr (29)</p> <p> B English Valleys, North English (25)</p> <p> C Scranton (32)</p> <p>1965 AA (Tie) Des Moines North & Mason City (27)</p> <p> A Anamosa (29)</p> <p> B English Valleys, North English (21)</p> <p> C Irwin (19)</p> <p>1966 AA Cedar Rapids, Washington (25)</p> <p> A Glenwood (32)</p> <p> B Aurelia (24.50)</p> <p> C Terril (20)</p> <p>1967 AA Cedar Rapids, Jefferson (29)</p> <p> A Storm Lake (24)</p>
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STATE TEAM RUNNERS-UP cont'd

	B (Tie) Akron; Prairie, Gowrie (18)	C Wellsburg (21)
	C Treynor (20)	
1968	AA Davenport, Central (28)	1981
	A Cherokee, Washington (21)	AA . (Tie) Des Moines, East & CR Washington (25)
	B West Harrison, Mondamin (19)	A South Tama County, Tama (29)
	C Panora-Linden (19)	B Sac City (41)
		C Titonka (28)
1969	AA Fort Dodge (25.50)	1982
	A Saint Albert, CB (24)	4A Des Moines, East (37)
	B Carroll (19)	3A Mount Vernon (26)
	C Dike (20)	2A NUH, Cedar Falls (31)
		1A * (Tie) Aurelia & Dunlap (20)
1970	AA Columbus, Waterloo (24)	1983
	A Humboldt (27)	4A Ames (47)
	B * Guthrie Center (20)	3A Saint Albert, Co. Bluffs (26)
	C Elk Horn-Kimballton (19)	2A Ida Grove (31)
		1A Sutherland (29.50)
1971	AA Indianola (30)	1984
	A West Monona, Onawa (29)	4A Marshalltown (48)
	B Sioux Center (29)	3A (Tie) Camanche & Saint Albert, CB (24)
	C New London (31)	2A NUH, Cedar Falls (38.50)
		1A (Tie) Earlham & Paullina (26)
1972	AA Davenport, Central (50)	1985
	A Corning (31)	4A Ttie) Bettendorf & DM, Roosevelt (32)
	B (Tie) Maurice-Orange City & Montezuma (24)	3A Mount Pleasant (22)
	C Sutherland (30)	2A Manson (31.50)
		1A *(Tie) Paullina & Sutherland (25)
1973	AA Ames (29)	1986
	A Eagle Grove (35.50)	4A Valley, West Des Moines (40)
	B Britt (28)	3A Storm Lake (24)
	C Preston (27)	2A Dallas Center-Grimes (33)
		1A (Tie) Baxter & Schaller (22)
1974	AA Cedar Rapids, Washington (29)	1987
	A Red Oak (35)	4A Davenport, West (30)
	B Mount Vernon (24.50)	3A * Knoxville (24)
	C Ruthven (27)	2A (Tie) Garner-Hayfield & Montezuma (25)
		1A Paton-Churdan (23)
1975	AA Ames (38)	1988
	A Sioux Center (43)	4A Burlington (36)
	B Columbus, Columbus Jct (30)	3A South Tama County (25)
	C Dike (33)	2A Dike (34)
		1A (Tie) CAL-Dows & Gehlen, LeMars (26)
1976	AA Ames (44)	1989
	A Spencer (41)	4A (Tie) Clinton & Waterloo, West (27)
	B Sioux Center (29.50)	3A Storm Lake (33)
	C Panora-Linden (30)	2A Alta (29)
		1A North Mahaska, New Sharon (39)
1977	AA Davenport, Central (30)	1990
	A (Tie) Lewis Central & Eagle Grove (32)	4A Waterloo, West (35)
	B Britt (26)	3A Alta-Aurelia (30)
	C * Greene (25.50)	2A (Tie) Madrid & New London (22)
		1A Clarence-Lowden (26)
1978	AA Marshalltown (35)	1991
	A Nevada (38)	4A Iowa City, City (63)
	B Gehlen Catholic, LeMars (38)	3A Cherokee, Washington (27.50)
	C Hamburg (36)	2A Alta-Aurelia (30)
		1A North Mahaska, New Sharon (21)
1979	AA Davenport, Central (40)	1992
	A Shenandoah (33)	4A Davenport, Central (41)
	B Britt (28.50)	3A Cherokee, Washington (29)
	C Twin Rivers, Bode (21)	2A Belmont-Klemme (32)
		1A * Malvern (23)
1980	AA Davenport, Central (35.50)	1993
	A Clarion (29)	4A Davenport, Central (53)
	B Sac City (32)	3A Mount Pleasant (30)
		2A Alta-Aurelia (26)
		1A CWL, Corwith (25)

STATE TEAM RUNNERS-UP cont'd

1994	4A Ames (52)	2006	4A Marshalltown (61)
	3A Mount Pleasant (40)		3A Williamsburg (55)
	2A Saint Edmond, Fort Dodge (31)		2A Saint Edmond, Fort Dodge (48)
	1A Gehlen Catholic, LeMars (25)		1A Griswold (44)
1995	4A Ames (34)		WC Boone (30)
	3A Waverly-Shell Rock (39)	2007	4A Valley, WDM (54)
	2A West Hancock, Britt (38)		3A Mount Pleasant (49)
	1A Gehlen Catholic, LeMars (25)		2A (Tie) North Fayette & Regina, Iowa City (51)
1996	4A Dubuque, Senior (39)		1A BCLUW, Conrad (36)
	3A Nevada (33)		WC Boone (30)
	2A Beckman, Dyersville (34)	2008	4A Iowa City West (74)
	1A Madrid (26)		3A Charles City (52)
1997	4A Ankeny (34)		2A Monticello (47)
	3A Centerville (36)		1A West Lyon, Inwood (40)
	2A * Eldora-New Providence (24)		WC no team runner-up
	1A Gehlen Catholic, LeMars (33)	2009	4A Iowa City West (56)
1998	4A Ames (45)		3A Algona (51)
	3A Bishop Heelan, Sioux City (43)		2A Dike-New Hartford (46)
	2A West Lyon, Inwood (29)		1A West Lyon, Inwood (40)
	1A (Tie) Madrid & Woodbine (26)		WC Southeast Polk (20)
1999	4A *(Tie) Marshalltown & Valley, WDM (33)	2010	4A (Tie) Indianola & Pleasant Valley (42)
	3A Mount Pleasant (37)		3A Central Clinton, DeWitt (48)
	2A (Tie) Dike-New Hartford; East Marshall, LeGrand, & Sioux Center (23)		2A West Marshall, State Center (59)
	1A St. Mary's, Remsen (20)		1A Belmont-Klemme (36)
2000	4A Iowa City, West (45)		WC Southeast Polk (18)
	3A Waverly-Shell Rock (37.50)	2011	4A Valley, WDM (51)
	2A * Beckman, Dyersville (23)		3A Central Clinton, DeWitt (67)
	1A Panorama, Panora (24)		2A Monticello (51)
2001	4A Ames (33.25)		1A Manson-Northwest Webster (53)
	3A Mount Pleasant (33)		WC Linn-Mar, Marion (28)
	2A Tipton (26)	2012	4A Cedar Falls (49.50)
	1A Clarksville (23)		3A Webster City (48.33)
2002	4A Valley, WDM (44)		2A (Tie) St. Edmond, FD (38); Mount Vernon (38)
	3A Carroll (30)		1A Earlham (41)
	2A Tipton (36)		WC Camanche (29)
	1A Turkey Valley, Jackson Jct (29)		
2003	4A Ankeny (57)		
	3A Xavier, Cedar Rapids (29)		
	2A Williamsburg (40)		
	1A (Tie) Bishop Garrigan, Algona & Turkey Valley, Jackson Jct (28)		
	WC English Valleys, North English (27)		
2004	4A Ankeny (56)		
	3A Bishop Heelan, Sioux City (44.50)		
	2A North Fayette, West Union (41)		
	1A Turkey Valley, Jackson Jct. (35)		
	WC Wahlert, Dubuque (16)		
2005	4A Iowa City, City (55)		
	3A Wahlert, Dubuque (64)		
	2A Roland-Story (39)		
	1A Kingsley-Pierson (38)		
	WC English Valleys, North English (36)		



STATE RUNNER-UP FINISHES

Davenport & Davenport, Central	13	1914, 28, 40, 48-tied, 51, 58, 68, 72, 77, 79, 80, 92, 93
Des Moines, East	11	1913, 22, 37, 42, 47, 48-tied, 49, 53, 54, 81-tied, 82
Des Moines, North	11	1908, 18, 35, 36, 45, 46, 56, 61, 63, 64, 65-tied
Ames	9	1950, 73, 75, 76, 83, 94, 95, 98, 2001
Alta(1), Aurelia(4), Alta-Aurelia(3)	8	1956, 62, 66, 82-tied, 89, 90, 91, 93
Cherokee	6	1958, 61, 62-tied, 68, 91, 92
DeWitt	6	1948, 52, 55, 56
Central Clinton, De Witt		2010, 11
Mount Pleasant	6	1985, 93, 94, 99, 2001, 2008
Valley, West Des Moines	6	1954, 86, 99-tied, 2002, 2007, 2011
Cedar Rapids, Washington	5	1920, 34, 66, 74, 81-tied
Dike-New Hartford	5	1969, 75, 88, 99-tied, 2009
Marshalltown	5	1915, 78, 84, 99-tied(3-4; 2 tie for first), 2006
Ankeny	4	1962-tied, 97, 2003, 04
Britt & West Hancock, Britt	4	1973, 77, 79, 95
Clinton	4	1939, 44, 52, 89
Des Moines, Roosevelt	4	1926, 41, 55, 85-tied
Des Moines, West	4	1906, 07, 09, 21
Gehlen Catholic, LeMars	4	1978, 88-tied, 95, 97
Iowa City, City	4	1910, 11, 91, 2005
Mason City	4	1919, 25, 60, 65-tied
Sioux Center	4	1971, 75, 76, 99-tied
English Valleys, North English	3	1959, 64, 65
Indianola	3	1957, 71, 2010 (T)
Iowa City West	3	2000, 08, 09
Madrid	3	1990-tied, 96, 98
Mount Vernon	3	1974, 82, 2012-tied
Panorama, Panora & Panora-Linden	3	1968, 76, 00
St Albert, Council Bluffs	3	1969, 83, 84-tied
St. Edmond, Fort Dodge	3	1994, 2006, 2012-tied
Storm Lake	3	1967, 86, 89
Sutherland	3	1972, 83, 85-tied
Turkey Valley, Jackson Jct.	3	2002, 03-tied, 04
West Lyon, Inwood	3	1998, 2008, 09
Bayard	2	1960, 61-tied
Beckman, Dyersville	2	1996, 00
Belmond-Klemme	2	1992, 2010
Bishop Heelan, Sioux City	2	1997, 2004
Cedar Rapids, Jefferson	2	1959, 67
Carroll	2	1969, 2002
Clarinda	2	1927, 63
Clarion	2	1960, 80
College Springs	2	1954, 59
Dallas Center-Grimes	2	1960, 86
Eagle Grove	2	1973, 77-tied
Earlham	2	1984-tied, 2012
Fort Dodge	2	1932, 69
Fort Madison	2	1923, 38
Hampton	2	1955, 59-tied
Lamoni	2	1933, 51
Manson & Manson-Northwest Webster	2	1985; 2011
Montezuma	2	1972-tied, 1987-tied
Monticello	2	2008, 11
Nevada	2	1978, 96
New London	2	1971, 90-tied
North Fayette, West Union	2	2004, 07-tied
North Mahaska, New Sharon	2	1989, 91
NUH, Cedar Falls	2	1982, 84
Paullina	2	1984-tied, 1985-tied
Perry	2	1930, 43
Prairie City	2	1962, 63
Rockwell City	2	1949, 50
Sac City	2	1980, 81
South Tama County	2	1981, 88
Storm Lake	2	1967, 86

STATE RUNNER-UP FINISHES cont'd

Terril	2	1957-tied, 66
Tipton	2	2001, 02
Waterloo, West	2	1989, 90
Waverly-Shell Rock	2	1995, 00
Webster City	2	1916, 2012
West Monona, Onawa	2	1954, 71
Williamsburg	2	2003, 06
Winterset	2	1959-tied, 62

One each: Akron 1967-tied; Albert City 1953-tied; Algona 2009; Anamosa 1965; Baxter 1986-tied; BCLUW, Conrad 2007; Bettendorf 1985-tied; Bishop Garrigan, Algona 2003-tied; Burlington 1988; CAL-Dows 1988; Camanche 1984-tied; Cedar Falls 2012; Centerville 1997; Charles City 2008; Clarence-Lowden 1990; Clarksville 2001; Colfax 1924; Columbus, Waterloo 1970; Corning 1972; CWL, Corwith 1993; Davenport, West 1987; Denison 1942; Des Moines, Tech 1957; Dubuque, Senior 1996; Dunlap 1982-tied; East Marshall, LeGrand 1999-tied; Eldora-New Providence 1997; Eldora Training 1931; Elk Horn-Kimballton 1970; Emmetsburg 1963-tied; Estherville 1953; Farragut 1956; Fayette 1961-tied; Galva 1955; Garner-Hayfield 1987-tied; Gehlen Catholic, LeMars 1994; Glenwood 1966; Greene 1977; Greenfield 1912; Griswold 2006; Guthrie Center 1970; Hamburg 1978; Hedrick 1957 (tie); Humboldt, 1970; Ida Grove 1983; Iowa School for Deaf, Council Bluffs 1953; Irwin 1965; Kingsley-Pierson 2005; Knoxville 1987; Lake City 1953-tied; Lake View-Auburn 1961; Lewis Central 1977-tied; Malvern 1992; Maurice-Orange City 1972-tied; Menlo 1958; Mount Ayr 1964; Newton 1929; Paton-Churdan, 1987; Pleasant Valley 2010 (T); Prairie, Gowrie 1967-tied; Preston 1973; Red Oak 1974; Regina, Iowa City tie-2007; Rock Rapids 1957; Roland-Story 2005; Ruthven 1974; Schleswig 1957-tied; Scranton 1964; Shenandoah 1979; Spencer 1976; Schaller 1986-tied; St Mary's, Remsen 1999; Tabor 1957-tied; Titonka 1981; Treynor 1967; Tripoli 1958; Twin Rivers, Bode 1979; Underwood 1963; Wahlert, Dubuque 2005; Wellsburg 1980; West Harrison, Mondamin 1968; West Marshall 2010; Woodbine 1998; and Xavier, Cedar Rapids 2003.

COMBINED FINISHES

Ames	20 Titles	9 Runners-up	29
Davenport; Davenport, Central	14	13	27
Des Moines, East	11	11	22
Des Moines, North	7	11	18
Iowa City, City High	11	4	15
Des Moines, West	7	5	12
Central Clinton, DeWitt & De Witt	4	6	10
NUH, Cedar Falls & Teachers' High, Cedar Falls	8	2	10
Valley, WDM	4	6	10
Alta; Aurelia; Alta-Aurelia	1	8	9
Cedar Rapids, Washington	4	5	9
Clinton	5	4	9
Britt; West Hancock, Britt	4	4	8
Cherokee, Washington	2	6	8

STATE CHAMPIONSHIP COACHES

Ackerman, Phil	English Valleys, North English 1960
Adair, Charles	West Harrison, Mondamin 1970-tied
Ahrabi-Fard, Iradge	NUH, Cedar Falls 1981
Anderson, Dennis	2 Davis County, Bloomfield 1980, 81
Anliker, Jeff	Manson-Northwest Webster 2012
Anthony, Fred	Pella 1986
Ashman, George	Okoboji, Milford 2003
Ask, John	Cedar Rapids, Jefferson 1962
Augustine, Mike	9 DM, East 1928, 36, 38, 39, 40, 43, 44, 50, 51
Barkema, Rod	2 Kanawha 1978, 79
Bears, Darwin	Spirit Lake Park 1992
Beckham, Tom	Cherokee, Washington 1966
Belby, Erik	Pleasant Valley 2008
Bell, Harry	Des Moines, North 1917
Bellamy, Jim	Mount Vernon 2004
Bennett, Ron	2 Clarion 1959, 61
Bergstrom, Gary	Griswold 2005
Berry, Burl	Cedar Falls, Teachers High 1948
Berthelsen, Eric	Jamaica, YJB 1977-tied
Birney, Harold	3 DeWitt 1951, 53, 57
Birt, Jered	Central Clinton, De Witt 2009

STATE CHAMPIONSHIP COACHES cont'd

Blazek, Jack	Sidney 1984
Brooks, Bob	Paullina 1962
Buls, Lanny	East Buchanan Winthrop 2000
Bunn, Charles	Humboldt 1995
Calloway, Bill	Cedar Rapids, Washington 1977
Camacho, Russ	Xavier, Cedar Rapids 2007, 08
Carstens, Ken	Harlan 2003
Chase, Charles	7 Des Moines West 1908, 10, 11, 12, 13, 14, 16
Christiansen, Terry	Allison-Bristow 1983
Clark, Troy	West Marshall, State Center 2012
Clefisch, Dale	Sheldon 1982
Cochran, Dave	2 Valley, WDM 2003, 06
Collinge, Cole	Carroll 1957
Cooley, E. Wayne	2 Nevada 1949, 50
Corbin, Chuck	Iowa Falls 1974-tied
Covey, Hi	8 Ames 1949, 55, 56, 57, 58, 60, 63, 64
Cox, Don	Lake City 1954
Cox, Jim	Paton-Churdan 1986
Cunningham, Mike	Knoxville 1991
Dalzell, Wilbur	Dubuque 1937
Davis, Les	Sioux City, East 1945
Davis, Pat	2 Beckman, Dyersville 1997-tied, 99
Day, Jesse	5 Davenport 1931, 35, 42, 47, 52
DeVries, Darwin	Kingsley-Pierson 1978
Duea Jr., Jim	Valley, West Des Moines 1998
Duhrkopf, Charles	Primghar 1956
Dunsworth, Ira	7 Davenport 1973, 74, 76, 78, 82, 83, 84
Ehret, Steve	North Mahaska, New Sharon 1990
Eidahl, Davis	Pekin 1979
Ekstrand, Fred	Toledo Juvenile Home 1953
Eldridge, Bruce	Charles City 2005
Fearing, Ken	2 Anamosa 1974-tied, 75
Filloon, Doyle	Lake City 1952-tied
Fisk, Jack	Anamosa 1956
Fitzgerald, Mike	Belle Plaine 1969
Fletcher, Jan	Earlham 1985-tied
Fravel, David	Bishop Heelan, Sioux City 1997
Frost, John	Treynor 1966
Gray, Al	Clarinda 1956
Grimm, Gary	2 Nevada 1976, 77
Grimsley, J.A. (Judge)	2 Mason City 1929, 30
Hanna, Fred	Seymour 1964
Hanson, Wally	4 Eagle Grove 1964, 65, 70, 71
Hardie, Scott	Iowa Valley, Marengo 1985
Hartman, Jeff	Cedar Falls, 2011
Heitland, Brad	Algona 1993
Hildebrand, David	Garner-Hayfield 1996
Hinkel, Randy	5 Madrid 2001, 02, 09, 10, 11
Hofmeister, Doug	Lone Tree 1985-tied
Hollan, Steve	Mid-Prairie, Wellman 2008
Holsclaw, Bill	2 Clinton 1969, 70
Hoogeveen, Bob	Sioux Rapids 1961
Horton, Tom	Wahlert, Dubuque 2006
Hostetler, Marcus	Iowa Mennonite, Kalona 1999
Hoyt, Charles	Sioux City 1920
Hoyt, Cress W. (Dad)	Des Moines, East 1926
Hughes, Charles	Paullina 1981
Huling, Steve	Cal-Dows, Latimer 1987
Hummel, Phil	2 Woodbine 1989, 1992-tied

STATE CHAMPIONSHIP COACHES cont'd

Hurley, Vince	3	Corning 1975, 76, 77
Jack, Joe		Farragut 1965
Janvrin, Ken		Panorama, Panora 1997
Jennett, John		Lake City 1955
Johnson, Archie		Des Moines, Roosevelt 1946-tied
Jolly, Lynn		Cherokee, Washington 1994
Kaemingk, Karl	2	Unity Christian, Orange C. 1997-tied, 2000-tied
Karpan, Tom		Valley, West Des Moines 1955
Keisell, Charles	2	Ida Grove (co-coach)1906, 07
Kephart, William		West Chester 1959
Kibby, Bill	2	St. Edmond, Fort Dodge 2009, 11
Kinzel, Warren		Ankeny 1969
Kitt, Roland		Belle Plaine 1971
Klemme, Al		Boyden-Hull 1970-tied
Koolbeck, Richard		Belmond 1960
Korver, Lawrence		Orange City, Maurice-OC 1961
Kozeal, Mark		Tri-Center, Neola 2001
Kruger, Arlen		Miles 1969
Kruse, Gary		West Lyon, Inwood 2000-tied
Kruzich, Drew		St. Albert, Council Bluffs 2003
Lahn, Nate		Iowa School for Deaf, Council Bluffs 1955
Lappe, Graydon		Perry 1962
Lee, Matt		Starmont, Arlington 2005
Lee, Robert E.	6	NUH, Cedar Falls 1986, 87, 88, 90, 91, 98
Lenguadoro, Gerry	3	Iowa Falls 1978, 79, 95
Lewis, Don		Prairie Valley, Gowrie 1968
Lineweaver, Richard		Terril 1967
Loeffler, Gary		Van Buren, Keosauqua 1995
Lyle, Jim	4	Des Moines, North 1948, 53, 54, 59
Lynam, R.H.		Des Moines, North 1934
Lynn, Max	2	Clinton 1946-tied, 69
Marcellus, Duane		Pocahontas 1971
Marsden, Clem		Harlan 1954
Martz, Brian	2	Iowa City West 2007, 12
Mays, Jim	2	West Branch 1983, 84
McClure, Carl	2	Elliott 1954; Wall Lake 1958
McCord, Jim		Centerville 1996
McGaffin, Charles	2	Winterset 1963, 67
McKinstrey, Gordon		Maurice-Orange City, 1973
McLarnan, Mark	2	Sioux City, Central 1966, 67
McQuerry, Joe		Des Moines, Roosevelt 1999-tied
McVicker, George	2	Villisca 1966, 67
Mehsling, Ken		Council Bluffs, Abraham Lincoln 1993
Miles, Mike		Tabor 1958
Miller, Jim		Waterloo, East 1979
Milliken, Harlan		Ames 1968
Morrison, Dick		Red Oak 1973
Muller, Dennis	2	Gehlen Catholic, LeMars 1989, 96
Mullins, Earl		Goldfield 1968
Mundt, Dave		Treynor 2004
Nelson, W.C.		Des Moines North 1919
Nicholson, Dean	3	Storm Lake 1987-tied, 88, 2002
Nixon, E.W.		Davenport 1915
Noll, Don		Sanborn 1988
Novak, Leo	5	Cedar Rapids, 1921, 22, 23, 24, 25
Oberle, Don		Bishop Heelan Catholic, Sioux City 2010
Penick, Les		BCLUW, Conrad 2006
Peters, Randy		Davenport Central 2005
Pinckney, Bill	2	Cedar Rapids Washngton 2009, 10

STATE CHAMPIONSHIP COACHES cont'd

Raffensperger, John	10	IC, City High 1992, 93, 94, 95, 96, 97, 99-tied, 2000, 01, 02
Rapp, Darrell		Moville 1962
Roberts, Harold		George 1963
Robinson, William		Lamoni 1952-tied
Roe, Dean	2	Redfield, Dexfield 1963, 64
Rollinger, Joel	2	Decorah-North Winneshiek 2004; Decorah 2012
Roth, Steve		Washington 1998
Rozell, Richard		Marshalltown 1985
Sage, Dave	2	Waverly-Shell Rock 1999, 2001
Sanger, Bob	4	Britt 1974; West Hancock, Britt 1992, 2007, 08
Scherich, Everett	2	Clinton 1932, 33
Scott, Robert		North Fayette, West Union 2006
Shultz, Jerry		Turkey Valley, Jackson Junction 1987-tied
Silvey, Chuck		Des Moines, Tech 1961
Simons, Larry		New Hartford 1982
Simpson, Stan		Lawton-Bronson 1991
Sjeclocha, Evo		Indianola 1958
Sletten, John	9	Ames 1971, 72, 80, 86, 87, 88, 89, 90, 91
Smith, Fred		Ankeny 1972
Sovers, Mark		Solon 2010
Spatcher, Cecil		Ames 1965
Staker, Steve		Fredericksburg 1992-tied
Starner, Mark		Glenwood 2011
Steinhoff, L.C.		Farragut 1957
Stolze, Greg		Williamsburg 2002
Strouse, Richard		Ballard, Huxley 1994
Strouse, Robert		Terril 1973
Strutzenberg, Bruce		Pomeroy 1965
Sutherland, Chick	2	Mason City 1929, 30
Tallman, Roy		Burnside, Central Webster 1972
Thompson, Boyd		Carroll 1927
Trimble, Mark		Conrad, BCL 1982
Tryon, Jerry		Alta 1972
VanLiew, John	3	Des Moines East 1909, 1915, 1917
Vanderhorst, Jerry	2	West Bend-Mallard 1993, 94
VanderWilt, Dale	2	Sioux Center 1980, 82
Vogelgesang, Dave	3	Tipton 1983, 84, 85
Walton, Nat		Clinton, St Marys 1959
Weber, Robert	4	Hamburg 1974, 75, 76, 77-tied
Weis, Homer		Red Oak 1953
Wells, Ken		Ames 1941
Wells, Robert		Spirit Lake 1968
Wendel, Ray		Woodward-Granger 1970
West, Charles A		Mason City 1918
Whitcomb, Jim	2	Glenwood 1989, 90
White, Denny		Mount Pleasant 2000
Wickett, Bryce		LuVerne 1960
Wilkinson, Harold		Cedar Rapids, Washington 1975
Williams, Greg	2	Monticello 1998, 2008
Williams, John	2	Ida Grove (co-coach) 1906, 07
Winkler, Ken		Treynor 1980
Yuska, Gordon		Waterloo, West 1981

STATE MEET EVENT CHAMPIONS

100-YARD DASH

06 Earl Perry, Marshalltown	10.6	B-Tom Burrows, Belle Plaine	10.4
07 Carl Harris, Des Moines West	10.8	C-Duane Miller, New Sharon	10.3
08 Harold Moorehead, Ida Grove	10.4	56 AA-Dennis O'Brien, Des Moines, Roosevelt	10.0
09 Louis Gates, Des Moines East	10.6	A-Bob Brandt, Denison	10.1
10 Ronald Reed, Des Moines West	10.4	B-Bill Blount, Aurelia	10.4
11 Charles Hoyt, Greenfield	10.2	C-Dick White, Kellogg	10.3
12 Charles Hoyt, Greenfield	10.2	57 AA-Dave Arends, Cedar Rapids Roosevelt	10.2
13 Charles Hoyt, Greenfield	10.0	A-Jim Merrick, Maquoketa	10.3
14 George Jarvis, Des Moines East	10.4	B-Elmer Menage, Rock Rapids	10.1
15 George Rausch, Waterloo, West	10.6	C-Jerry Ehwegen, Terril	10.5
16 George Rausch, Waterloo West	10.2	58 AA-Bill Cunningham, Bishop Heelan, Sioux City	10.0
17 Charles Colby, Des Moines, North	10.2	A-Don Robertson, Washington	10.3
18 Cecil Brewton, Mason City	10.6	B-Terry Ross, Glenwood	10.4
19 Glenn "Doc" Miller, Waterloo West	10.6	C-Paul Miller, Menlo	10.4
20 Harold Rocho, Des Moines East	10.8	59 AA-Al Collier, Des Moines, North	9.8
21 Chan Coulter, Iowa City	10.4	A-Wayne Johnson, Algona	10.2
22 Ted Larson, Des Moines East	10.4	B-Gary Steele, Eddyville	10.5
23 George Harper, Fort Madison	10.2	C-Brad Bonyng, West Lyon	10.7
24 Frank Cuhel, Cedar Rapids	10.0	60 AA-Charles Taylor, Des Moines, Tech	9.8
25 Herbert Schell, Perry	10.1	A-Gary Richard, Corning	10.0
26 Vane Snorf, Des Moines, Roosevelt	10.1	B-Gary Hollingsworth, English Valleys	10.2
27 David Davis, Carroll	10.0	C-Brad Bonyng, West Lyon	10.5
28 Raymond Burns, Webster City	10.3	61 AA-Charles Taylor, Des Moines, Tech	10.2
29 Rich Proctor, Cedar Rapids, Washington	10.3	A-John Pletcher, Clarion	10.4
30 Joe Rogers, Jefferson	10.1	B-Steve Kettering, Lake View-Auburn	10.1
31 Cecil Garrison, Burlington	9.8	C-Dan Travaille, Ocheyedan	10.1
32 Carl Nelson, Clinton	9.9	62 AA-Clyde Duncan, Des Moines, North	10.0
33 Carl Nelson, Clinton	9.7	A-Ron Beasley, Perry	10.5
34 George Robinson, Des Moines, North	10.0	B-Doug Skinner, Paullina	10.4
35 Bob Cowan, Waterloo, West	10.1	C-Derly Peterson, Merville	10.8
36 Bob Cowan, Waterloo, West	9.9	63 AA-Clyde Duncan, Des Moines, North	9.7
37 Wilson Saunders, Dubuque	10.0	A-Harry Alley, Winterset	9.7
38 Billy Green, Newton	10.0	B-Ron Graves, Rockwell-Swaledale	10.0
39 Bill Garrett, Davenport	10.2	C-Doug Skinner, Paullina	9.9
40 Bill Mash, Des Moines, East	9.8	64 AA-Clyde Duncan, Des Moines, North	9.5
41 Jack Colman, Cedar Rapids, Franklin	10.4	A-Gene Ricker, Mount Ayr	10.2
42 Wallace Peterson, Davenport	10.3	B-Jack Bintz, Sutherland	9.9
43 Bob McLaughlin, Perry	10.4	C-Jim Cave, Dexfield, Redfield	9.7
44 Jack Simpson, Sac City	10.4	65 AA-Mike Lunn, Des Moines, North	10.0
45 James Burlingame, Clinton	10.5	A-Ron Davis, Perry	9.9
46 Dick Atkins, Des Moines, East	10.1	B-Ron Miller, English Valleys	9.9
47 Dick Atkins, Des Moines, East	10.1	C-Roger Dotson, Terril	9.9
48 A-Ralph Richman, Dubuque	10.0	66 AA-Jim Kirby, Des Moines, North	10.0
B-Bob Willadsen, Storm Lake	10.3	A-Jerry Lenz, Cherokee, Washingt	9.9
49 A-Gary Scott, Des Moines, North	10.0	B-Steve Hodges, Laurens	10.0
B-Bob Jones, Milford	10.2	C-Lloyd Wiese, Baxter	9.9
50 A-John Gibbons, Co. Bluffs Thomas Jefferson	10.3	67 AA-Jim Kirby, Des Moines, North	9.5
B-Werner Berg, Rock Rapids	10.4	A-Mike Lint, Anamosa	10.0
51 A-Fred Lucas, Des Moines, East	9.9	B-Warren Johnson, West Lyon, Inwood	9.9
B-Ray Long, Afton	10.1	C-Keith Bell, Norwalk	10.1
52 A-Fred Lucas, Des Moines, East	9.9	68 AA-Larry Miller, Des Moines, Roosevelt	9.9
B-Don White, Lamoni	10.3	A-Jack Comfort, West Monona, Onawa	10.0
53 AA-Larry Perry, Marshalltown	10.0	B-Dave Harskamp, Sioux Center	9.9
A-Wayne Brown, Estherville	10.5	C-Keith Bell, Norwalk	10.3
B-Bob Stangl, Onawa	10.4	69 AA-Greg Lintz, Ottumwa	9.9
C-Ted Harvey, Toledo Juvenile	10.4	A-Jack Comfort, West Monona, Onawa	10.0
54 AA-Lee Jones, Co. Bluffs Thomas Jefferson	10.0	B-Galen Morris, Interstate 35, Truro	10.4
A-Gaylord Rasmussen, Harlan	10.3	C-Mark Bigler, Dumont	10.0
B-Tom Burrows, Belle Plaine	10.7	70 AA-Jim Henderson, Waterloo, East	9.6
C-Ted Harvey, Toledo Juvenile	10.3	A-Steve Wolpert, West Monona, Onawa	10.1
55 AA-Bill Woodhouse, Mason City	10.1	B-Garry Frandson, Roland-Story	10.4
A-Larry Eischen, Valley, WDM	10.3	C-Steve Crouse, Woodward-Granger	10.0

100 YARD DASH CHAMPIONS cont'd

71	AA-Dick Eisenlauer, Des Moines, East	9.8	2A-Dave Stein, Milford	11.31
	A-Steve Wolpert, West Monona, Onawa	10.0	1A-Jeff Albright, Iowa School for Deaf, Co. Bluffs	11.31
	B-Garry Frandson, Roland-Story	10.4	87 4A-Kevin Monroe, Muscatine	11.03
	C-Rick Freeburg, Pocahontas	9.9	3A-Rob Wise, West Liberty	11.37
72	AA-Gene Mollett, Bishop Heelan, Sioux City	10.0	2A-Jeff Wallerich, Sigourney	11.34
	A-Tom Miller, Storm Lake	10.1	1A-Paul Korsness, North Winneshiek	11.39
	B-Gary DeBruin, Rock Valley	10.4	88 4A-Bryant Williams, Waterloo, West	10.96
	C-Steve Olson, Terril	10.3	3A-David Linkletter, Shenandoah	11.44
73	AA-Albert Morgan, Burlington	10.1	2A-Dave Ellingson, Colo-NESCO	11.32
	A-Pat Eisenmenger, Cherokee	10.4	1A-Dallas Sudmann, Treynor	11.74
	B-Dave Guy, Norwalk	10.4	89 4A-Joe James, Des Moines, East	11.03
	C-Steve Olson, Terril	10.3	3A-Cole Honeck, Hampton-Dumont	11.27
74	AA-Bob Bostic, Davenport, Central	9.9	2A-Ryan Santi, Madrid	11.2
	A-Larry Abernathy, Vinton, Washington	10.2	1A-Kevin Roths, Olds, WACO	11.25
	B-Jim Brewer, NUH, Cedar Falls	10.4	90 4A-Dwayne Wright, Waterloo, West	10.92
	C-Craig Ohden, Wall Lake	10.4	3A-Jamie Leonard, Dallas Center-Grimes	11.19
75	AA-Greg Mick, Cedar Rapids, Kennedy	10.0	2A-Brad Bailey, New London	11.27
	A-Mike Shaw, Nevada	10.1	1A-Dave Titler, Clay Central	11.39
	B-Doug Hanson, Ida Grove	10.1	91 4A-Curtis Hawkins, Ames	11.17
	C-Craig Ohden, Wall Lake	10.2	3A-Toby Bengfort, Denison	11.39
76	AA-Greg Mick, Cedar Rapids, Kennedy	9.8	2A-Nate Smith, West Hancock, Britt	11.20
	A-Mike Shaw, Nevada	10.0	1A-Randy Thompson, CWL, Corwith	11.45
	B-John Taylor, Eddyville	10.2	92 4A-Curtis Hawkins, Ames	10.97
	C-Vic Lochman, Alden	10.2	3A-Toby Bengfort, Denison	11.13
77	AA-Owen Buckley, Sioux City, North	9.9	2A-Nate Smith, West Hancock, Britt	11.14
	A-Loren Velgersdyke, Western Christian	10.3	1A-Randy Thompson, CWL, Corwith	11.11
	B-Rick Van Pelt, Panora-Linden	10.2	93 4A-Antwun Taylor, Davenport, Central	11.08
	C-Dale Meleynek, Y-J-B, Jamaica	10.2	3A-Doug Miller, Mount Pleasant	10.99

100-METER DASH

78	AA-Owen Buckley, Sioux City, North	11.1	1A-Randy Thompson, CWL, Corwith	11.00
	A-Jody Wilson, Mount Pleasant	11.0	94 4A-Adam Cook, Cedar Rapids, Washington	11.33
	B-Jeff Nielsen, Britt	11.1	3A-Doug Miller, Mt Pleasant	11.26
	C-Randy Willer, Schaller	11.4	2A-Nate Smith, West Hancock, Britt	11.18
79	AA-Cordell Smith, Waterloo, East	10.9	1A-Randy Thompson, CWL, Corwith	11.01
	A-Keith Willey, Osage	11.3	95 4A-Dan McMahon, Iowa City, City	11.45
	B-Jeff Nielsen, Britt	10.8	3A-Tim Lambertsen, Anamosa	11.14
	C-Bob Frederick, Ayrshire	11.1	2A-Phil Wagner, North Fayette	11.10
80	AA-Treye Jackson, Newton	11.02	1A-Jeff Adam, Cardinal, Eldon	11.33
	A-Dave Donovan, Humboldt	11.43	96 4A-Dan McMahon, Iowa City, City	10.95
	B-Jeff Nielsen, Britt	10.84	3A-Matt Stockdale, Iowa Falls	11.11
	C-Scott Harms, Wellsburg	11.47	2A-Phil Wagner, North Fayette	11.18
81	AA-Treye Jackson, Newton (<i>ran 10.5 in prelims</i>) ..	10.80	1A-Jeff Adam, Cardinal, Eldon	10.84
	A-Keith Willey, Osage	11.30	97 4A-Aaron Greving, Ames	10.82
	B-Mike Fischer, Sac City	11.19	3A-Bryan Gilbreath, Waverly-Shell Rock	11.06
	C-Mike Dubberke, Hubbard	11.44	2A-Tom Green, Westwood, Sloan	11.06
82	4A-Richard Rumley, Des Moines, Roosevelt	11.03	1A-Evan Bru, Montezuma	11.10
	3A-Jeff Peterson, Clear Lake	11.22	98 4A-Aaron Greving, Ames	11.23
	2A-Kevin Goodrich, Iowa Valley	11.25	3A-Kevin Collins, Assumption, Davenport	11.45
	1A-Kevin Fouts, Dunlap	11.29	2A-Mike Pope, West Burlington	11.40
83	4A-Booker Scott, Davenport Central	11.02	1A-Clint Daisy, Southern Cal	11.39
	3A-Mike Tice, Perry	11.29	99 4A-Marques Simmons, Davenport, North	11.06
	2A-Bryon Hubbard, Prairie, Gowrie	10.90	3A-Chris Jarvis, Washington	11.27
	1A-Dan Hicks, Sutherland	11.41	2A-Lane Danielson, Dike-New Hartford	11.53
84	4A-Gary Couch, Davenport, Central	10.94	1A-Anthony Durnan, Earlham	11.49
	3A-Todd Cleverly, Jefferson	11.23	00 4A-Hakim Hill, Iowa City, City	10.88
	2A-Rod Storch, West Burlington	11.4	3A-Cole Boatright, Fairfield	11.26
	1A-Joe Bricker, United Community, Boone	11.3	2A-Mike Fiech, West Lyon, Inwood	11.08
85	4A-Rod Edwards, Des Moines, Roosevelt	11.14	1A-Jonathan Wallerich, Sigourney	11.20
	3A-Todd Cleverly, Jefferson	11.42	01 4A-Marques Simmons, Davenport North	10.63
	2A-Dan Wallace, Clear Creek	11.1	3A-Adam Haluska, Carroll	10.84
	1A-Phil Forbes, Lone Tree	11.1	2A-Jason Nolting, Preston-East Central	11.13
86	4A-Kevin Little, Ankeny	10.90	1A-Jared Vickroy, Southeast Warren	11.14
	3A-Scott Jenkins, Waukon	11.20	02 4A-Calvin Davis, Iowa City, City	10.73
			3A-Adam Haluska, Carroll (<i>10.78 prelm</i>)	10.91

100-METER DASH CHAMPIONS cont'd

2A-Jared Graham, Tri-Center, Neola	11.05	25	Herbert Schell, Perry	22.4
1A-Jace Dennison, Tri-County, Thornburg	11.09	26	Gordon Lagerquist, Des Moines, East	22.7
03 4A-Andy Brodell, Ankeny	10.73	27	Anton Frahm, Denison	22.5
3A-Paul Brown, LeMars	10.98	28	Raymond Burns, Webster City	22.0
2A-Zac Bailey, Okoboji, Milford	10.91	29	Frank Smith, Emmetsburg	22.8
1A-Mike Wiederholt, St. Mary's, Remsen	11.12	30	Joe Rogers, Jefferson	22.5
04 4A-Robert Thompson, Des Moines East	10.82	31	Bernard Pull, Marshalltown	22.1
3A-Chris Rowedder, Carroll	11.20	32	Carl Nelson, Clinton	21.9
2A-David Wall, West Burlington	11.19	33	Carl Nelson, Clinton	21.3
1A-Lincoln Cavanagh, Northeast Hamilton	11.21	34	George Robinson, Des Moines, North	22.1
05 4A-Robert Thompson, Des Moines East	10.93	35	Robert Brown, Clinton	22.8
3A-Justin Greiner, Washington	11.62	36	Bob Cowan, Waterloo, West	22.1
2A-Travis Drahozal, Solon	11.30	37	Wilson Saunders, Dubuque	21.7
1A-Nick Kuchel, Kingsley-Pierson	11.42	38	Jewell Thompson, Oskaloosa	22.1
06 4A- Bryan Collins, Valley, WDM	11.00	39	Frank Kaiser, Des Moines, East	22.1
3A- Justin Greiner, Washington	11.25	40	Bill Garrett, Davenport	22.0
2A- Travis Drahozal, Solon	11.08	41	Junior Franck, Davenport	23.0
1A- Marquis Stephens, Lisbon	11.16	42	Harry Covey, Des Moines, Roosevelt	22.4
07 4A-Jarred Herring, Burlington	11.15	43	Harold Lewis, Centerville	22.9
3A-Wilmot Wellington, Fairfield	11.54	44	Bob Ryan, Waterloo, East	22.3
2A-Kenneth Jackson, Pleasantville	11.29	45	Bob Ryan, Waterloo, East	22.9
1A-Billy Veach, Andrew	11.46	46	Bob Weissinger, Des Moines, Roosevelt	21.9
08 4A-Jarred Herring, Burlington	10.76	47	Dick Atkins, Des Moines, East	22.0
3A-Derek Kramer, Xavier, Cedar Rapids	11.00	48	A-George Nichols, Des Moines, North	22.0
2A-Kyle Schuett, Cherokee	11.08		B-Willie Hunt, Guthrie Center	22.6
1A- Alex Feilmeier, Glidden-Ralston	11.34	49	A-Gary Scott, Des Moines, North	21.3
09 4A-Patrick Lewis, Xavier, Cedar Rapids	10.62		B-Jim Harvey, Britt	22.4
3A-Logan Danko, Centerville	10.91	50	A-John Gibbons, Co Bluffs Thomas Jefferson ..	22.9
2A-Brad Vogel, Central Lee, Donnellson	11.10		B-Werner Berg, Rock Rapids	23.2
1A-Jesse Selgeby, West Lyon (<i>ran 11.05 in plm</i>) ..	11.13	51	A-Bob Zust, Des Moines, East	22.1
10 4A-Austin Ebertowski, Co. Bluffs Abraham Linc..	10.99		B-Ray Long, Afton	21.7
3A-Brett Bogard, Pella	11.28	52	A-Les Allen, Indianola	22.4
2A-Aaron Arment, West Marshall	11.09		B-Doug Baldwin, Jesup	22.7
1A-Tyler Tonderum, Armstrong-Ringsted	11.12	53	AA-Tom Jennings, Marshalltown	22.4
11 4A-James Harrington, Cedar Falls	10.86		A-Bob Ash, Oelwein	23.3
3A-Riley McCarron, Wahlert, Dubque	11.36		B-Del Kloewer, Manilla	22.8
2A-Aaron Arment, West Marshall	11.40		C-Carl Seegar, Tabor	23.3
1A-Nick Efkamp, Madrid	11.41	54	AA-Sam Bradley, Des Moines, East	22.2
12 4A-James Harrington, Cedar Falls	11.13		A-Del Mourer, Oelwein	23.1
3A-Keagan Parks, Webster City	11.40		B-Tom Burrows, Belle Plaine	23.0
2A-Jake Floen, Unity Christian, Orange City	11.40		C-Jim Merry, Primghar	23.5
1A-Nick Pittmon, East Mills	11.39	55	AA-Bill Woodhouse, Mason City	22.1
			A-Larry Eischen, Valley, WDM	22.8
			B-Tom Burrows, Belle Plaine	23.2
			C-Pete Valentine, Hull	23.2

220-YARD DASH

06	E. Turner, Grinnell	22.8	56	AA-Dennis O'Brien, Des Moines, Roosevelt	21.8
07	Carl Harris, Des Moines West	23.6		A-Bob Brandt, Denison	22.5
08	Elmer Ward, Ida Grove	23.2		B-John States, Traer	22.1
09	Rollo Baird, Des Moines East	24.0		C-Terry Hutt, Woodward	22.6
10	Monroe, Cedar Rapids	23.4	57	AA-Jim Hutchinson, Des Moines, Tech	22.6
11	Charles Hoyt, Greenfield	22.8		A-Jim Merrick, Maquoketa	22.8
12	Charles Hoyt, Greenfield	22.4		B-Tom Whitney, Aurelia	22.7
13	Charles Hoyt, Greenfield	22.6		C-Dennis Wernimont, Iowa School for Deaf, CB ..	23.3
14	George Tomson, Davenport	23.2	58	AA-Jim Hutchinson, Des Moines, Tech	22.1
15	George Tomson, Davenport	23.4		A-Wayne Johnson, Algona	22.7
16	George Rausch, Waterloo West	23.0		B-Dean Hartman, Anamosa	23.5
17	Charles Colby, Des Moines North	22.6		C-Paul Miller, Menlo	23.0
18	Sam Cohen, Des Moines North	23.4	59	AA-Bob Kreamer, Des Moines, Roosevelt	21.7
19	Glenn "Doc" Miller, Waterloo West	22.8		A-Wayne Johnson, Algona	22.1
20	Harold Rocho, Des Moines East	22.8		B-Dave Hoover, Dallas Center	23.2
21	William Buirge, Mason City	22.9		C-Brad Bonynge, West Lyon	23.6
22	John "Tissy" Moore, Sioux City Central	22.8	60	AA-John Cota, Mason City	22.1
23	John Everingham, Fort Madison	22.4		A-Dave Suintken, Belmond	23.0
24	Roy Wise, Winfield	22.3		B-Dave Hoover, Dallas Center	23.0
				C-Brad Bonynge, West Lyon	23.4

220-YARD DASH CHAMPIONS cont'd

61	AA-Dennis Obregon, Des Moines, Tech	22.3
	A-Dennis Wunsch, Greene	23.7
	B-Steve Kettering, Lake View-Auburn	22.5
	C-Dan Travaille, Ocheyedan	23.3
62	AA-Clyde Duncan, Des Moines, North	22.3
	A-Paul Readhead, Corning	23.5
	B-Warren Pierce, West Branch	23.5
	C-Bruce McDonald, Scranton	24.1
63	AA-Clyde Duncan, Des Moines, North	21.7
	A-Harry Alley, Winterset	22.9
	B-Jon Reimer, George	22.4
	C-Bruce McDonald, Scranton	22.5
64	AA-Clyde Duncan, Des Moines, North	21.6
	A-Tom Busch, Garner-Hayfield	22.7
	B-Jack Bintz, Sutherland	22.3
	C-Bruce McDonald, Scranton	22.2
65	AA-Jim Kirby, Des Moines, North	22.3
	A-Ron Davis, Perry	22.1
	B-Joe Buckwalter, Iowa City, University High	22.6
	C-Ed Long, Irwin	22.9
66	AA-Jim Kirby, Des Moines, North	21.4
	A-Jerry Lenz, Cherokee, Washington	22.2
	B-Steve Hodges, Laurens	22.1
	C-Lloyd Wiese, Baxter	22.9
67	AA-Jim Kirby, Des Moines, North	21.5
	A-Mike Lint, Anamosa	22.4
	B-Gary Sanow, Marcus	21.8
	C-Fran Long, Irwin	22.0
68	AA-Roger Colglazier, Davenport Central	21.7
	A-Bill Eich, Spirit Lake	22.8
	B-Dave Harskamp, Sioux Center	22.2
	C-Keith Bell, Norwalk	22.4
69	AA-Bill Hansen, Clinton	21.7
	A-Mark Pilcher, Anamosa	22.1
	B-John Dobler, Manning	22.9
	C-Thierry Boucqey, Swea City	22.1
70	AA-Chuck Curtis, Clinton	21.9
	A-Vince Leber, St Albert, Co. Bluffs	22.5
	B-Jim Laughery, Guthrie Center	22.8
	C-Rick Freeburg, Pocahontas	22.3
71	AA-Dick Eisenlauer, Des Moines, East	21.4
	A-Dan Kubik, North Tama, Traer	23.2
	B-Danny Andersen, Manning	23.1
	C-Rick Freeburg, Pocahontas	22.4
72	AA-Gene Mollett, Bishop Heelan, Sioux City	22.4
	A-Tom Dovel, Red Oak	23.0
	B-Danny Andersen, Manning	22.8
	C-Paul Van Briessen, George	23.1
73	AA-Fred Parks, Davenport, Central	22.0
	A-Pat Eisenmenger, Cherokee, Washington	23.3
	B-Chris Thompson, NUH, Cedar Falls	22.5
	C-Randy Yuska, LDF, LeGrand	23.6
74	AA-Fred Parks, Davenport, Central	22.2
	A-Greg Younger, Atlantic	23.5
	B-Tom Specketer, Alta	23.2
	C-Phil Buffington, Titonka	22.8
75	AA-Dan Courtney, Ottumwa	21.9
	A-Mike Shaw, Nevada	22.0
	B-Greg Willey, West Monona, Onawa	23.2
	C-Craig Ohden, Wall Lake	22.5
76	AA-Greg Mick, Cedar Rapids, Kennedy	21.5
	A-Mike Shaw, Nevada	21.7
	B-John Taylor, Eddyville	22.2
	C-Vic Lochman, Alden	22.2

77	AA-Mike Jorgensen, Marshalltown	22.0
	A-Bill Tanner, Eagle Grove	22.0
	B-Rich Van Pelt, Panorama	22.6
	C-Harry Steele, Iowa School for Deaf, Co. Bluffs	22.9

200-METER DASH

78	AA-Owen Buckley, Sioux City, North	22.19
	A-Jody Wilson, Mount Pleasant	22.69
	B-Steve Arnes, Gehlen Catholic, LeMars	22.70
	C-Rick Gienau, Janesville	22.99
79	AA-Jeff Flynn, Wahlert Catholic, Dubuque	22.28
	A-David Thumm, Mount Vernon	22.17
	B-Jeff Nielsen, Britt	22.00
	C-Scott Harms, Wellsburg	22.56
80	AA-Treye Jackson, Newton	21.90
	A-Kent Lester, Clarion	22.43
	B-Jeff Nielsen, Britt	21.78
	C-Scott Harms, Wellsburg	22.79
81	AA-Treye Jackson, Newton	21.64
	A-Keith Willey, Osage	22.34
	B-Mike Fischer, Sac City	22.42
	C-Darren Ennis, Terril	22.54
82	4A-Alvin Myles, Des Moines, Roosevelt	21.87
	3A-Mike Tice, Perry	22.54
	2A-Kevin Goodrich, Iowa Valley, Marengo	22.53
	1A-Kevin Fouts, Dunlap	22.55
83	4A-David Palmer, Waterloo, Central	21.78
	3A-Brooks Glasnapp, Roland-Story	22.18
	2A-Kevin Goodrich, Iowa Valley, Marengo	22.44
	1A-Rick Brown, Ar-We-Va, Westside	22.68
84	4A-Gary Couch, Davenport, Central	21.98
	3A-Mike Tice, Perry	22.4
	2A-Kendall Swanson, Clarion	22.9
	1A-Lonnie MacPeek, Gilmore City-Bradgate	22.90
85	4A-Kevin Little, Ankeny	22.30
	3A-Todd Cleverly, Jefferson	22.70
	2A-Jeff Wallerich, Sigourney	22.6
	1A-Dorne Wiese, Baxter	22.4
86	4A-Kevin Little, Ankeny	21.50
	3A-Rob Wise, West Liberty	22.72
	2A-Scott Bailey, Pocahontas	22.38
	1A-John Kaspers, Meservey-Thornton	22.39
87	4A-Willie Lacy, Davenport, West	21.51
	3A-Rob Wise, West Liberty	22.38
	2A-Scott Bailey, Pocahontas	22.61
	1A-Brian Hovenga, Aplington	22.69
88	4A-Kevin Monroe, Muscatine	21.81
	3A-David Linkletter, Shenandoah	23.23
	2A-Dave Ellingson, Colo-Nesco	22.40
	1A-Greg Nelson, Aurelia	23.10
89	4A-Kenny Shedd, Davenport, West	21.56
	3A-Jamie Leonard, Dallas Center-Grimes	22.05
	2A-Bryan Kueny, Alta	22.19
	1A-Kevin Roth, WACO, Olds	22.49
90	4A-Sly Brown, Davenport, Central	21.96
	3A-Jamie Leonard, Dallas Center-Grimes	21.98
	2A-Brad Bailey, New London	22.32
	1A-Rob Noland, Adair-Casey	22.91
91	4A-Tim Dwight, Iowa City, City	22.39
	3A-Scott Van Wyngarden, Knoxville	22.42
	2A-Enrique Flores, Wapello	22.38
	1A-Andy Plumb, IKM, Manilla	23.00

200-METER DASH CHAMPIONS cont'd

92	4A -Tim Dwight, Iowa City, City	21.59
	3A -Toby Bengfort, Denison	22.33
	2A -Aaron Egbert, Mediapolis	22.68
	1A -Randy Thompson, CWL, Corwith	22.09
93	4A -Tim Dwight, Iowa City, City	21.63
	3A -Doug Miller, Mount Pleasant	22.34
	2A -Kirk Luense, St Ansgar	22.64
	1A -Randy Thompson, CWL, Corwith	22.13
94	4A -Tim Dwight, Iowa City, City	21.90
	3A -Doug Miller, Mount Pleasant	22.57
	2A -Aaron Egbert, Mediapolis	22.59
	1A -Todd Puck, Manning	22.39
95	4A -Chad Heying, Bishop Heelan, Sioux City ...	22.18
	3A -Jarrod Heinz, Humboldt	22.15
	2A -Phil Wagner, North Fayette, West Union...	22.78
	1A -Todd Mundt, Treynor	22.28
96	4A -Marshall Frazier, Bettendorf	22.12
	3A -Dustin Smith, Oelwein	22.35
	2A -Phil Wagner, North Fayette, West Union...	22.53
	1A -Jeff Adam, Cardinal, Eldon	21.89
97	4A -Jason Ringena, Iowa City, City	21.57
	3A -Josh Roose, Pella	22.25
	2A -Tom Green, Westwood, Sloan	22.20
	1A -Tim Dodge, Rockwell-Swaledale	21.93
98	4A -Quennel McCaleb, Fort Dodge	21.88
	3A -Mike Mansour, Creston	22.33
	2A -Mike Pope, West Burlington	22.54
	1A -Chris McCullough, Pleasantville	22.42
99	4A -Marques Simmons, Davenport, North	22.19
	3A -Jered Torrey, Centerville	22.16
	2A -Ryan Kadley, North Cedar, Stanwood	22.93
	1A -Zach Grimm, Iowa Mennonite School, Kalona	22.48
00	4A -Nik Moser, Fort Dodge	21.88
	3A -Matt Jens, Glenwood	22.47
	2A -Mike Pope, West Burlington	22.18
	1A -Micky Roseberry, Alburnett	22.48
01	4A -Nik Moser, Fort Dodge	21.33
	3A -Adam Haluska, Carroll	21.67
	2A -Jason Nolting, Preston-East Central	21.81
	1A -Jared Vickroy, Southeast Warren	22.18
02	4A -Calvin Davis, Iowa City, City	21.37
	3A -Adam Haluska, Carroll	21.56
	2A -Cody Eichmeier, AGWSR, Ackley	22.09
	1A -Jace Dennison, Tri-County, Thornburg	22.17
03	4A -Andy Brodell, Ankeny	21.58
	3A -Greg Offerman, Charles City	22.41
	2A -Jared Van Wyk, Pella Christian	22.05
	1A -Lee Elbert, Bishop Garrigan, Algona	21.80
04	4A -Andy Brodell, Ankeny	21.62
	3A -Greg Offerman, Charles City	22.52
	2A -David Wall, West Burlington	22.36
	1A -Derek Stephens, Lisbon	22.46
05	4A -Josh Webb, Cedar Falls	21.79
	3A -Greg Offerman, Charles City	22.07
	2A -Justin Bauer, Kuemper Catholic, Carroll ...	22.39
	1A -Nick Kuchel, Kingsley-Pierson	22.04
06	4A -Bryan Collins, Valley, WDM	22.21
	3A -Cody Baethke, Williamsburg	22.54
	2A -Eli Brus, Camanche (22.28 in prelims)	22.37
	1A - Nick Kuchel, Kingsley-Pierson(22.14 in prelims)	22.48
07	4A -Jarred Herring, Burlington	22.21
	3A -Bryce Colston, Xavier, Cedar Rapids	22.58
	2A -Kenneth Jackson, Pleasantville	22.86
	1A -Ronnie Henderson, Woodward Academy ..	22.69

08	4A -Jarred Herring, Burlington..(21.78 in prelims) ..	21.79
	3A -Bryce Colston, Xavier, Cedar Rapids	22.68
	2A -Aaron Stockstell, Mid-Prairie, Wellman	21.96
	1A -Alex Feilmeier, Glidden-Ralston	22.63
09	4A -Patrick Lewis, Xavier, Cedar Rapids	21.43
	3A -Logan Danko, Centerville	21.95
	2A -Brian Sandvig, St. Edmond, Fort Dodge ...	22.41
	1A -Kyle Thoreson, Alburnett	22.33
10	4A -James Harrington, Cedar Falls	21.98
	3A -Brandon Jasper, Central Clinton, DeWitt ...	22.86
	2A -Aaron Arment, West Marshall	22.60
	1A -Tyler Tonderum, Armstrong-Ringsted	22.65
11	4A -James Harrington, Cedar Falls	21.16
	3A -Brandon Jasper, Central Clinton	22.03
	2A -Aaron Arment, West Marshall	22.69
	1A -Bryce Maschino, Larens-Marathon	22.77
12	4A -James Harrington, Cedar Falls	21.52
	3A -Keagan Parks, Webster City	22.73
	2A -Jake Floen, Unity Christian, Orange City ...	22.06
	1A -Brice Sines, Pekin	22.78

440-YARD DASH

06	Carl Harris, Des Moines West	54.6
07	Carl Harris, Des Moines West	54.4
08	Elmer Ward, Ida Grove	52.6
09	Walter Fairall, Oskaloosa	54.8
10	Charles Parsons, Iowa City	53.8
11	Charles Parsons, Iowa City	52.8
12	Archie Mellor, Des Moines West	52.8
13	Archie Mellor, Des Moines West	51.4
14	Elliott Purmort, Des Moines West	51.8
15	Mac Byers, Des Moines East	53.0
16	George Kelley, Newton	51.8
17	Waltger Yarn, Des Moines, East	53.4
18	Lester Beck, Des Moines West	53.0
19	Arthur Higbee, Boone	54.0
20	Charles Brookins, Oskaloosa	52.4
21	Chan Coulter, Iowa City	51.4
22	Leland O'Dell, Des Moines East	52.2
23	John "Tissy" Moore, Sioux City Central	51.2
24	Leo Loftus, Cedar Rapids	50.4
25	George Baird, Mason City	51.3
26	Gordon Laquerquist, Des Moines, East	51.4
27	Anton Frahm, Denison	50.5
28	Kenneth Albee, Muscatine	51.0
29	Sidney Dean, Traer	50.5
30	Bernie Page, Newton	50.5
31	Wallace Brown, Paullina	50.5
32	Chester Pence, Keota	49.9
33	Van Phillips, Iowa City, University High	50.4
34	Max Howie, Creston	49.9
35	Carl Teufel, Davenport	51.0
36	Bill Hermann, Des Moines, East	51.1
37	Charles Swink, Valley Jct	49.3
38	Melbert Beiber, Vinton	50.8
39	Robert Nicholson, Cedar Rapids, Franklin	51.6
40	Lawrence LaBarge, Anamosa	51.0
41	Pete Eckhoff, Waterloo, East	50.8
42	Harry Covey, Des Moines, Roosevelt	50.0
43	Walt Freitag, Charles City	52.0
44	Eric Wilson Jr., Iowa City, University	52.1
45	Phil Wright, Des Moines, Roosevelt	50.6
46	Dick Overton, Mount Pleasant	50.5
47	Willie Hunt, Guthrie Center	51.1

more...

440-YARD DASH CHAMPIONS cont'd

48	A-Bruce Florence, Davenport	51.8	C-Robby O'Clair, Clay Central	50.5	
	B-Willie Hunt, Guthrie Center	49.9	67	AA-Roger Colglazier, Davenport, Central	48.0
49	A-Gary Scott, Des Moines, North	49.3		A-Paul Rogers, Central Lyon, Rock Rapids	49.9
	B-Jack Smallridge, Nevada	52.5		B-Warren Johnson, West Lyon, Inwood	50.1
50	A-Bob Wilbur, Des Moines, North	50.1		C-Fran Long, Irwin	50.8
	B-Gene Mumm, DeWitt	53.3	68	AA-Roger Colglazier, Davenport Central	48.4
51	A-Bob Clark, Oelwein	49.5		A-Dave Nauman, Crestwood, Cresco	51.0
	B-Dan Hansen, Odebolt	52.3		B-Mike DellaPenna, Louisa-Muscatine	52.8
52	A-John Stodgell, Ottumwa	51.4		C-Larry Armstrong, Clarence	53.5
	B-Dan Hansen, Odebolt	51.5	69	AA-Mike Ross, Bishop Heelan, Sioux City	49.0
53	AA-Caesar Smith, Des Moines, North	50.7		A-Steve Ryan, Ankeny	50.6
	A-Bob Ash, Oelwein	51.7		B-Bill Sindlinger, NUH, Cedar Falls	50.3
	B-Francis Brownmiller, Aurelia	52.7		C-Don Bristow, LuVerne	51.8
	C-Dick Bozman, Morning Sun	52.9	70	AA-Chuck Curtis, Clinton	48.0
54	AA-Sam Bradley, Des Moines, East	49.7		A-Ed Defenbaugh, Mount Ayr	49.7
	A-Del Mourer, Oelwein	52.1		B-Jim Laughery, Guthrie Center	49.7
	B-Tom Burrows, Belle Plaine	52.8		C-Don Aanonsen, Lincoln Central, Gruver	51.3
	C-Bill Sharp, Allerton	53.8	71	AA-Dennis Roloff, Cedar Rapids, Jefferson	48.6
55	AA-Jerry Spencer, Des Moines, North	51.6		A-Mike Malloy, Williamsburg	50.8
	A-Dick Recknor, Creston	52.6		B-John Specker, Keota	52.1
	B-Tom Burrows, Belle Plaine	52.2		C-Paul Laipple, New London	50.5
	C-Ned Miller, Kalona	51.3	72	AA-Don Adams, Washington	49.3
56	AA-Bob Covey, Ames	49.8		A-Tom Dovel, Red Oak	50.0
	A-Junior Soper, Hampton	51.0		B-Danny Andersen, Manning	50.4
	B-John States, Traer	51.4		C-Larry Hulsing, New Hartford	50.2
	C-Bill Jasper, Agency	52.2	73	AA-Jerome Culps, Davenport, Central	50.0
57	AA-Bob Covey, Ames	49.4		A-Tom Dovel, Red Oak	49.0
	A-Chuck Runge, DeWitt	51.1		B-Tom Clary, Eldora	50.3
	B-Larry Leinbaugh, Holstein	52.3		C-Dave Seieroe, Charter Oak-Ute	51.1
	C-Dennis Wernimont, Iowa School for Deaf	52.6	74	AA-Chris Bryant, Davenport, Central	49.9
58	AA-Stan Scholl, Ames	50.3		A-Tom Dovel, Red Oak	49.2
	A-Jon Shelqren, Indianola	51.3		B-Tom Clary, Eldora	49.9
	B-Ron Henninger, Tripoli	52.3		C-Darryl Triplett, Sutherland	51.3
	C-Marvin Emswiler, Dunlap	52.6	75	AA-Roy Wigen, Spencer	49.1
59	AA-Carl VanderWilt, Ottumwa	50.0		A-Tony Nielsen, Humboldt	49.4
	A-Gary Richards, Corning	52.2		B-John Thomas, Eldora	50.3
	B-Bob Jackson, Clinton, St Marys	51.4		C-Brad Groosbeck, Klemme	50.7
	C-Jack Rohrs, Sanborn	52.4	76	AA-Andy Jensen, Davenport, Central	49.2
60	AA-Pat Hansel, Sioux City, East	49.7		A-Mike Norton, Anamosa	49.0
	A-Gary Richards, Corning	51.6		B-Steve Cronbaugh, Iowa Valley, Marengo	50.5
	B-Gary Hollingsworth, English Valleys	49.0		C-Rich Van Pelt, Panorama, Panora	49.8
	C-Bill Knierim, Dow City	52.8	77	AA-Jay Bradley, Cedar Falls	48.9
61	AA-Creighton Fleming, Bishop Heelan, Sioux C.	49.1		A-Doug Lang, Creston	50.1
	A-Larry Arndt, Sac City	51.8		B-Rich Van Pelt, Panorama, Panora	49.4
	B-Ted Beesley, Monroe	52.5		C-Tony Morris, Kanawha	49.8
	C-Craig Okerberg, Marathon	50.9			
62	AA-Clyde Duncan, Des Moines, North	50.2			
	A-Terry Carsten, North Scott	50.9			
	B-Dennis Wolrab, Mount Vernon	52.4			
	C-Dale Weedman, Clarksville	51.9			
63	AA-Clyde Duncan, Des Moines, North	49.0			
	A-Harry Alley, Winterset	51.0			
	B-Lloyd Kolker, Gehlen Catholic, LeMars	52.5			
	C-Steve Moore, Morning Sun	50.9			
64	AA-Clyde Duncan, Des Moines, North	50.0			
	A-Gene Ricker, Mount Ayr	51.5			
	B-Joe Buckwalter, Iowa City, University High	51.5			
	C-Kerry Conard, Winfield-Mount Union	50.7			
65	AA-Brent Slay, Oskaloosa	50.5			
	A-Pando Marluky, Glenwood	52.2			
	B-Joe Buckwalter, Iowa City, University High	50.2			
	C-John Pollock, Havelock-Plover	49.7			
66	AA-Jim Kirby, Des Moines, North	48.3			
	A-Jerry Lenz, Cherokee, Washington	50.8			
	B-Bill Mateer, Sheffield-Chapin	51.0			

400-METER DASH

78	AA-Mike Jorgensen, Marshalltown	49.72
	A-Doug Lang, Creston	50.34
	B-Kevin Kuchel, Kingsley-Pierson	48.10
	C-Randy Willer, Schaller	51.03
79	AA-Kim Sykes, Waterloo, East	47.5
	A-David Thumm, Mount Vernon	49.5
	B-Kit Ryan, Nora Springs-Rock Falls	49.0
	C-Scott Harms, Wellsburg	50.2
80	AA-Jeff Beelman, Fort Madison	48.37
	A-Kent Anderson, Davis County, Bloomfield	50.11
	B-Todd Holm, Tripoli	48.47
	C-Scott Harms, Wellsburg	49.61
81	AA-Trey Jackson, Newton	48.50
	A-Keith Willey, Osage	49.56
	B-Marc Kerscher, Central City	49.58
	C-Darren Ennis, Terril	49.37

400-METER DASH CHAMPIONS cont'd

82	4A-Scott Owens, Cedar Rapids, Kennedy	49.50	3A-Mike Mansour, Creston	48.63
	3A-Brooks Glasnapp, Roland-Story	49.18	2A-Mike Pope, West Burlington	49.86
	2A-Brad Bartelt, West Branch	49.68	1A-Chris McCullough, Pleasantville	48.50
	1A-Barry Jacobsen, Elk Horn-Kimballton	51.11	99 4A-Andre Mitchell, Des Moines, Hoover	49.18
83	4A-David Palmer, Waterloo, Central	48.26	3A-Jerod Torrey, Centerville	48.58
	3A-Brooks Glasnapp, Roland-Story	48.67	2A-Ryan Kedley, North Cedar, Stanwood	49.88
	2A-Brad Bartelt, West Branch	49.86	1A-Dustin Olson, Iowa Valley, Marengo	49.50
	1A-Barry Jacobsen, Elk Horn-Kimballton	49.94	00 4A-Scott Vermulm, Johnston	48.76
84	4A-Allen Burns, Sioux City, East	48.70	3A-Jeff Fedler, Mount Pleasant	48.91
	3A-Mark Mehlberger, Marion	49.50	2A-Ryan Kedley, North Cedar, Stanwood	47.43
	2A-Brad Bartelt, West Branch	50.3	1A-Jake Nelson, Des Moines Christian	48.88
	1A-Lonnie MacPeek, Gilmore City-Bradgate	50.1	01 4A-Robby Worrels, Clinton	48.78
85	4A-Allen Burns, Sioux City, East	48.43	3A-Jeff Fedler, Mount Pleasant	48.36
	3A-Pat Dankof, Shenandoah	51.15	2A-Jason Nolting, Preston-East Central	48.86
	2A-John Weiland, Britt	50.0	1A-Jake Nelson, Des Moines Christian	48.91
	1A-Dorne Wiese, Baxter	49.4	02 4A-Josh Leonard, Ankeny	48.30
86	4A-Jim Turner, Marshalltown	48.11	3A-Adam Haluska, Carroll	48.48
	3A-Steve Robinson, Sumner	49.86	2A-Jared Van Wyk, Pella Christian	48.72
	2A-Kyle Christianson, NUH, Cedar Falls	49.49	1A-Aaron Rustad, Saint Ansgar	48.91
	1A-Brian Hovenga, Aplington	49.30	03 4A-Yawusa Kinda, Des Moines Roosevelt	47.96
87	4A-Willie Lacy, Davenport, West	47.74	3A-Jason Crosser, Independence	49.60
	3A-Rob Wise, West Liberty	49.42	2A-Jared Van Wyk, Pella Christian	49.23
	2A-Kyle Christianson, NUH, Cedar Falls	49.70	1A-Dustin Rasmussen, Sidney	49.60
	1A-Brian Hovenga, Aplington	49.86	04 4A-Yawusa Kinda, Des Moines Roosevelt	47.33
88	4A-Dave Knight, Ames	48.35	3A-Billy Mousel, Bishop Heelan, Sioux City	49.18
	3A-Ben Alderton, Storm Lake	49.06	2A-Derek Schroeder, Durant-Bennett	49.18
	2A-Bryan Kueny, Alta	48.92	1A-Brad Schmitt, Turkey Valley, Jackson Jct.	50.58
	1A-Greg Nelson, Aurelia	49.96	05 4A-Victor Hall, Iowa City West	48.91
89	4A-Dave Knight, Ames	47.53	3A-Greg Offerman, Charles City	48.11
	3A-Darren Young, Johnston	50.07	2A-Cory Goos, West Liberty	49.59
	2A-Bryan Kueny, Alta	49.07	1A-Gabe Kimpson, Griswold	49.56
	1A-Jason Barry, Woodbine	50.13	06 4A-Zac Sandvig, Valley, WDM	48.41
90	4A-Dan Bell, Ottumwa	49.62	3A-Cody Baethke, Williamsburg	49.07
	3A-Lonnie Balmer, Knoxville	48.88	2A-Aaron Stockstell, Mid-Prairie, Wellman	48.54
	2A-Bruce Wall, Maquoketa Valley, Delhi	49.97	1A-Nick Kuchel, Kingsley-Pierson	48.87
	1A-Matt Dull, Gehlen Catholic, LeMars	50.54	07 4A-Bryan Collins, Valley, WDM	48.46
91	4A-John Barnett, Ames	48.30	3A-Tyler Nielsen, Humboldt	49.94
	3A-Bill Betterton, Carlisle	49.60	2A-Aaron Stockstell, Mid-Prairie, Wellman	48.30
	2A-Craig Heinle, LDF-SEMCO	49.40	1A-Jordan Cornilsen, Preston-East Central	48.32
	1A-Randy Richardson, Riceville	49.90	08 4A-Kevin Dibbern, Iowa City, City High	48.55
92	4A-Jason Keese, Iowa City, City	49.11	3A-Chad Rutledge, Algona	49.54
	3A-Chris Roenfeld, Glenwood	49.51	2A-Aaron Stockstell, Mid-Prairie, Wellman	47.67
	2A-Aaron Egbert, Mediapolis	49.72	1A-Trevor Tiefenthaler, Sioux Central, Sx Rpd.	49.94
	1A-Andy Hauskins, North Kossuth, Swea City	51.10	09 4A-Kevin Dibbern, Iowa City, City High	47.77
93	4A-Jason Keese, Iowa City, City	49.61	3A-Trevor Voelker, Dallas Center-Grimes	48.71
	3A-Jason Bradley, Algona	49.48	2A-Brian Sandvig, St. Edmond, Fort Dodge	48.30
	2A-Aaron Egbert, Mediapolis	49.61	1A-John Harris, Galva-Holstein	49.87
	1A-Randy Thompson, CWL, Corwith	49.93	10 4A-Kyle Dunn, Linn-Mar	48.33
94	4A-Nathan Hurt, Davenport, Central	49.08	3A-Trevor Voelker, Dallas Center-Grimes	48.41
	3A-Tony Collins, Assumption, Davenport	49.59	2A-Ty Nortman, West Liberty	40.04
	2A-Aaron Egbert, Mediapolis	48.78	1A-Dominique Fagan, NUH, Cedar Falls	49.95
	1A-Jon Judisch, Tripoli	48.54	11 4A-Kyle Dunn, Linn-Mar, Marion	47.56
95	4A-Chad Heying, Bishop Heelan, Sioux City	48.91	3A-Michael Malloy, Bishop Heelan, Sx. City	48.34
	3A-Jesse Petersen, Grinnell	49.04	2A-Neil Flattery, St. Edmond, Fort Dodge	49.47
	2A-Joe Kubicek, Beckman, Dyersville	50.11	1A-Joe Roden, West Harrison, Mondamin	48.46
	1A-Todd Mundt, Treynor	49.10	12 4A-James Harrington, Cedar Falls	48.27
96	4A-Jason Ringena, Iowa City, City	48.63	3A-Trey Achterhoff, MOC-Floyd Valley	49.06
	3A-Ryan Armstrong, Cherokee, Washington	49.88	2A-Will Teubel, Mount Vernon	48.82
	2A-Jason Katt, MOC-Floyd Valley	50.36	1A-Brody Eischeid, Manson Northwest Webster	49.98
	1A-Greg Betts, Guthrie Center	49.99		
97	4A-Jason Ringena, Iowa City, City	48.73		
	3A-Mike Mansour, Creston	49.98		
	2A-Mark Boender, Pella Christian	50.39		
	1A-Greg Betts, Guthrie Center	49.72		
98	4A-Aaron Foreman, Cedar Rapids, Washington	48.27		

880-YARD RUN

06	George Bresnahan, Ida Grove	2:07.0
07	George Bresnahan, Ida Grove	2:04.8
08	Plato Redfern, Council Bluffs	2:04.2

880-YARD RUN CHAMPIONS cont'd

09 Carl Leibsle, Des Moines East	2:03.4	B-Gary Haltmeyer, Postville	2:01.2
10 Plato Redfern, Des Moines West	2:02.8	C-John Little, West Branch	2:03.8
11 Volney Diltz, Des Moines North	2:04.2	57 AA-Harry Olson, Decorah	2:00.0
12 (tie) Eugene Lighter, Rolfe & Ethan Scroggie, Des Moines West	2:04.8	A-John Woolson, Clarinda	1:58.8
13 Glenn Tenny, Des Moines West	2:02.4	B-Tom Ransford, Spirit Lake	2:00.9
14 Glenn Tenny, Des Moines West	2:03.0	C-Greg Dotseth, Clarence	2:05.8
15 Carl Hampton, Ottumwa	2:03.6	58 AA-Robert Rettenmaier, Kuemper Cath, Carroll	2:00.1
16 Carl Hampton, Ottumwa	2:00.0	A-Deryl King, Valley, WDM	1:57.7
17 Royce Harp, Newton	2:04.4	B-James Walker, Emmetsburg	2:02.3
18 Junior Woods, Des Moines North	2:04.0	C-Richard Beaver, Cedar	2:05.5
19 Harrison Barnes, Cedar Rapids	2:04.2	59 AA-Bill Kenny, Waterloo, West	1:57.8
20 Harrison Barnes, Cedar Rapids	2:06.0	A-Bill Frazier, North Scott	2:00.4
21 Harrison Barnes, Cedar Rapids	2:02.4	B-Mick Costigan, Buffalo Center	2:05.2
22 Roy Adkins, Grinnell	2:02.0	C-Bob Forde, Magnolia	2:02.1
23 Don Yeisley, Cedar Rapids	2:01.8	60 AA-Pat Hansel, Sioux City, East	2:01.2
24 Delano Raymond, Waterloo, East	2:01.3	A-Bruce Stumbaugh, Monticello	2:06.5
25 Paul Hogendorn, Colfax	2:03.9	B-Jim Thomas, Glenwood	2:03.7
26 Gordon Baird, Greenfield	2:03.1	C-Dennis Heussner, Fredericksburg	2:05.2
27 Lewis Nelson, Harlan	2:05.0	61 AA-Larry Schlotterbeck, Charles City	1:59.2
28 Darwin Fletcher, Alleman	2:03.2	A-Tom Hale, Iowa Falls	2:03.8
29 Bernie Page, Newton	2:02.2	B-Joe Henderson, South Page, College Springs	2:00.7
30 Thomas Thompson, Des Moines, East	1:59.7	C-Dave Gauger, Crestland, Early	2:03.0
31 Richard Bott, Keota	2:03.2	62 AA-Bill Jackson, Ames	1:57.0
32 John Graves, Cherokee	2:00.3	A-Ed Whitchelo, Maquoketa	2:01.1
33 John Graves, Cherokee	1:56.5	B-Gene Morenz, Lake View-Auburn	2:00.3
34 John Graves, Cherokee	1:58.4	C-Randy Van Bogart, Fayette	2:02.6
35 Howard Oldenburg, Waterloo, West	2:02.6	63 AA-Gus Walker, Davis Co., Bloomfield	1:57.0
36 Jack Mayer, Clinton, Lyons	2:02.2	A-Ken Koester, North Fayette, West Union ...	1:59.7
37 Bud Bonwell, Shenandoah	2:01.2	B-Bill Wells, Seymour	2:02.6
38 Leslie Garland, Winterset	2:01.1	C-Don Rinderknecht, Linn-Mar	2:04.1
39 Ted Thompson, Sioux Central, Central	2:00.3	64 AA-Ron Griffith, Valley, WDM	1:59.0
40 David Hazleton, Carroll	2:02.1	A-Joel Wagoner, Clarinda	2:02.6
41 Lynn Frazier, Iowa City, University High	2:03.4	B-Rich Snook, Seymour	2:00.5
42 John Frye, Burlington	2:00.6	C-Keith Crandall, Pomeroy	2:01.2
43 Charles Hopkins, Cedar Rapids, Franklin	2:01.2	65 AA-Steve Gerkin, Sioux City, Central	1:58.3
44 Steve Dobbins, Cherokee, Washington	2:02.3	A-Carl Frazier, North Scott	2:01.5
45 Wade Chard, Audubon	2:01.8	B-Jerry O'Chesky, North Polk	2:02.7
46 Roger Watts, Des Moines, North	2:01.8	C-Larry Sellers, Russell	2:00.8
47 Bill Conrardy, Dubuque, Loras	1:58.8	66 AA-Steve Gerkin, Sioux City, Central	1:55.3
48 A-Leland Crew, Fairfield	2:01.1	A-Mick Maddox, Cherokee, Washington	2:00.5
B-Gunther Schnack, DeWitt	2:02.6	B-Warren Bush, Harris-Lake Park	1:59.8
49 A-(Tie) Virgil Byerly, Boone & Dennis Hunt, Sibley	2:03.1	C-Robert Priborsky, Hinton	2:02.7
B-Bob Hansen, Odebolt	2:05.9	67 AA-Dave Nauman, Crestwood, Cresco	1:56.5
50 A-Bill Honnold, Winterset	2:03.0	A-Dan Sanders, Humboldt	1:59.6
B-Duane Grismore, Corydon	2:06.4	B-Bob Berggren, North Polk	2:01.5
51 A-Ray Ball, New Hampton	2:02.5	C-Kevin Remillard, Sioux Rapids	2:02.1
B-Ray McConnell, Nevada	2:03.8	68 AA-Jim McCord, Centerville	1:56.8
52 A-Bob Ash, Oelwein	2:01.4	A-Pete Pettengill, Central Lyon, Rock Rapids	1:59.9
B-Jim Hyde, Clinton, Saint Mary's	2:06.8	B-Dennis McCabe, Garner-Hayfield	2:03.1
53 AA-Charles Hancock, Boone	2:03.6	C-Curtis Hoegh, Elk Horn-Kimballton	2:06.2
A-Bob Ash, Oelwein	2:02.0	69 AA-Fred Schafer, Clinton	1:57.2
B-Norman Poppe, DeWitt	2:06.9	A-Lee Schreurs, Ankeny	1:58.0
C-Bob Ellwood, Elliott	2:06.0	B-Dennis McCabe, Garner-Hayfield	2:00.7
54 AA-Harry Frazier, Des Moines, East	2:01.9	C-Jim Dayton, Gilmore City-Bradgate	2:02.1
A-Jerry Walker, Marion	2:03.1	70 AA-Dennis Schultz, West Delaware	1:55.2
B-Allan Meyer, Sac City	2:05.5	A-Lee Schreurs, Ankeny	2:03.1
C-Charles Van Fosson, College Sprngs	2:04.4	B-Jeff Ocheltree, Guthrie Center	2:00.1
55 AA-Pete Errington, Ames	2:04.5	C-Dennis Mennen, Dumont	1:59.1
A-Don Pierce, Osceola	2:05.8	71 AA-Boak Desmond, Webster City	1:56.8
B-Alex Greiner, Keota	2:03.0	A-Larry Weidman, Saint Albert, Co. Bluffs	2:01.3
C-Dick Wyatt, Allerton	2:04.3	B-Randy Arnold, Harris-Lake Park	1:59.8
56 AA-Harry Olson, Decorah	1:59.4	C-David Baum, Union-Whitten	2:01.9
A-Gary Grow, Valley, WDM	2:02.3	72 AA-Bob Connell, Columbus Catholic, Waterloo	1:56.6
		A-Duane Nelson, Humboldt	1:59.4
		B-Gary Vetter, Hartley	1:57.7

880-YARD RUN CHAMPIONS cont'd

	C-Bob Larson, Irwin	1:58.0	88	4A -Mark DouBrava, Urbandale	1:55.57
73	AA -Bob Prince, Sioux City, East	1:54.8		3A -Troy Wilkins, Sheldon	1:58.57
	A -Ron Evans, Decorah	1:59.7		2A -Travis Simpson, Dike	1:58.8
	B -Brian Frevert, Greene	1:59.4		1A -Dale Tokheim, Schaller-Crestland	1:59.83
	C -Dan Hanson, Titonka	2:02.8	89	4A -Bill Sattler, Clinton	1:55.30
74	AA -Dave Korir, Cedar Rapids, Washington	1:53.9		3A -Kevin Hackert, Pella	1:57.61
	A -Ron Evans, Decorah	1:57.0		2A -Lance Elliott, Montezuma	1:55.90
	B -Doug Pooch, Britt	1:55.9		1A -Andy Stanislav, Woodbine	1:59.42
	C -Steve Bagnall, Melcher-Dallas	1:59.6	90	4A -Joseph Kiptanui, Indianola	1:50.97
75	AA -Dave Korir, Cedar Rapids, Washington	1:52.1		3A -Bill Myers, Sheffield-Chapin	2:00.71
	A -Brian Darrow, Anamosa	1:57.1		2A -Bruce Wall, Maquoketa Valley, Delhi	1:55.89
	B -Brian Frevert, Greene	1:55.5		1A -Josh Nelsen, Elk Horn-Kimballton	1:59.49
	C -Tom Christensen, Ventura	1:57.2	91	4A -Shane Leach, Muscatine	1:57.63
76	AA -Scott Gwin, Davenport, Central	1:53.9		3A -Pat McDermott, Shenandoah	1:58.28
	A -Jim McGuire, Centerville	1:55.2		2A -Ryan Fagan, Gladbrook-Reinbeck	1:57.60
	B -Rob Barnes, Eldora	1:56.1		1A -Tony Einertson, North Central	1:58.69
	C -Dwayne Camarigg, Sanborn	1:59.2	92	4A -Darin Astor, Fort Dodge	1:54.67
77	AA -Scott Gwin, Davenport, Central	1:53.6		3A -Nate Wall, Adel-DeSoto	1:55.42
	A -Mike Shirer, Belmond	1:56.1		2A -Phil Hasenkamp, Saint Albert, Co. Bluffs	1:58.72
	B -Mike Elliott, West Branch	1:55.4		1A -Matt Mullenix, Woodbine	1:55.56
	C -John Zanker, Hamburg	1:58.8	93	4A -Josh Lohmeier, Southeast Polk	1:58.31

800-METER RUN

78	AA -Ken Rose, Mason City	1:56.78	94	4A -D.J. Roettger, Valley, WDM	1:57.76
	A -Marty Kauzlarich, Centerville	1:59.01		3A -Mike Stults, Knoxville	1:58.03
	B -Steve Greiner, Pekin	1:57.93		2A -Matt Jenkins, Saint Edmond, Fort Dodge	1:58.60
	C -(Tie) Mitch Anderson, Meriden-Cleghorn			1A -Mark Holtkamp, Aquinas Fort Madison ...	1:57.90
	& Charlie Dovel, Hamburg	1:59.99	95	4A -Justin Kinard, Cedar Falls	1:55.68
79	AA -Galen Gunnink, Sioux City, North	1:54.36		3A -Jesse Sand, Cedar Rapids, Regis	1:55.02
	A -Bryan Meyer, Iowa Falls	1:56.39		2A -Clint Coberly, Denver	1:58.77
	B -Rick Dunkerson, Woodbine	1:56.4		1A -Nic Mercer, Van Buren, Keosauqua	1:57.94
	C -Brad Schulze, Gladbrook	1:59.68	96	4A -Tom Caughlan, Mason City	1:56.35
80	AA -Randy Barrick, Spencer	1:53.93		3A -Troy Trygstad, Forest Cty	1:55.49
	A -Karl Goeken, Atlantic	1:56.80		2A -Jacob Overman, Mount Vernon	1:57.33
	B -Craig Friederich, Postville	1:56.29		1A -Nic Mercer, Van Buren, Keosauqua	1:58.20
	C -Dan Mortensen, Radcliffe	1:58.18	97	4A -Rob Brock, Dubuque, Senior	1:56.09
81	AA -Randy Barrick, Spencer	1:54.08		3A -Brian Oltman, Nevada	1:56.93
	A -Tim Wilson, Clarke, Osceola	1:56.20		2A -Ryan Pence, Eldora-New Providence	1:57.50
	B -Dan Yegge, Buffalo Center-Rake	1:58.24		1A -Ben Schlicher, Newman Catholic, MC	1:57.23
	C -Pat Sweet, Coon Rapids	1:59.08	98	4A -Willis Humphrey, Des Moines Roosevelt ..	1:55.39
82	4A -Caesar Smith, DM, East	1:52.02		3A -Josh Aldag, Denison-Schleswig	1:59.03
	3A -Paul Groteluschen, Audubon	1:56.95		2A -Ryan Pence, Eldora-New Providence	1:57.41
	2A -Mark Hudson, Britt	1:56.80		1A -Jarid Myers, Van Buren, Keosauqua	1:59.40
	1A -Jeff Sorenson, Terril	1:58.59	99	4A -Bobby Atkins, Des Moines, Roosevelt	1:56.97
83	4A -Bobby Soule, Bishop Heelan, Sioux City.	1:56.22		3A -Dave Paulsen, Waverly-Shell Rock	1:55.91
	3A -Steve Tolk, Sheldon	1:57.74		2A -Kyle Keraus, Garner-Hayfield	1:56.95
	2A -Mark Heid, West Branch	1:56.19		1A -Dan Schuknecht, Greene	1:58.33
	1A -Barry Jacobsen, Elk Horn-Kimballton	1:56.84	00	4A -Craig Cartier, Marshalltown	1:54.31
84	4A -Scott Brooks, Bettendorf	1:56.86		3A -Leif Kennedy, Clear Lake	1:53.80
	3A -John Heyer, Estherville	1:56.92		2A -Brad Elliott, Mount Ayr	1:57.27
	2A -Mark Heid, West Branch	1:56.6		1A -Kevin Incorvia, Maharishi, Fairfield	1:55.04
	1A -Jeff Sorenson, Terril	1:57.3	01	4A -Jeremy Mims, Iowa City, City	1:56.21
85	4A -Jeff Burris, Ames	1:54.82		3A -Adam Hinders, Waverly-Shell Rock	1:58.33
	3A -Mike Irving, Regina, Iowa City	1:57.46		2A -Tedd Allen, East Marshall, LeGrand	1:54.83
	2A -John Weiland, Britt	1:58.4		1A -Sean Shatava, Kingsley-Pierson	1:56.28
	1A -Keith Rose, Meriden-Cleghorn	1:59.4	02	4A -Eric Dasso, Dubuque, Hempstead	1:57.24
86	4A -Brett Carney, Ames	1:55.41		3A -Matt Niemann, Central Clinton, De Witt ..	1:55.41
	3A -Jim Mayrose, LeMars	1:56.55		2A -Dave Rahe, Beckman, Dyersville	1:57.77
	2A -Robert Cook, Regina, Iowa City	1:59.40		1A -Brett Van Hove, North Tama, Traer	1:58.33
	1A -Paul Barnhart, Gehlen Catholic, LeMars .	1:58.10	03	4A -Zach Brower, Valley, WDM	1:57.28
87	4A -Brett Carney, Ames	1:52.9		3A -Dylan Davis, ADM, Adel	1:55.48
	3A -Mark Negley, Clarinda	1:55.85		2A -Dan Peoples, Woodward-Granger	1:58.31
	2A -Tim Hanson, Montezuma	1:55.21		1A -Ross Koopmans, West Sioux, Hawarden	1:58.20
	1A -Brian Dahloff, Olin	2:00.06	04	4A -Corbin Miller, Marshalltown	1:54.16

800 METER RUN CHAMPIONS cont'd

3A-Brett Adams, Assumption, Davenport.....	1:54.41	33 John Green, Algona	4:31.8
2A-Jake Berns, MFL, MarMac	1:55.46	34 Jim Lyle, Des Moines, North	4:34.0
1A-Grant Tysdahl, Hubbard-Radcliffe	2:00.47	35 Dick Anderson, Co. Bluffs, Abraham Lincoln	4:36.2
05 4A-Logan Gonzales, Boone	1:54.71	36 Donald Krahmer, Estherville	4:37.0
3A-Mike Craddick, Assumption, Davenport ..	1:54.26	37 Wallace Gates, Waterloo, West.....	4:35.1
2A-Tyler Mulder, Unity Christian, Orange C ..	1:54.79	38 Dean Rasmus, Garner	4:30.5
1A-Tyler Anderson, North Iowa, Buffalo Ctr. ..	1:56.26	39 Wilbur Rainsburger, Marshalltown	4:31.2
06 4A-Corbin Miller, Marshalltown	1:52.35	40 Ray Dilley, Des Moines, East	4:35.4
3A- Isaac Wendland, Charles City	1:55.44	41 John Baxter, Davenport	4:34.5
2A- Aaron Stockstell, Mid-Prairie, Wellman ..	1:55.95	42 John Baxter, Davenport	4:32.0
1A- Beau Dielschneider, BCLUW, Conrad	1:56.49	43 Bill Chappell, Des Moines, East	4:35.9
07 4A-Blake Irwin, Pleasant Valley	1:52.96	44 Ernie Hill, Davenport	4:30.8
3A-Isaac Wendland, Charles City	1:54.64	45 Paul Sloan, Des Moines, East	4:32.3
2A-Aaron Stockstell, Mid-Prairie, Wellman ...	1:52.58	46 Bill Bye, Odebolt	4:33.2
1A-Beau Dielschneider, BCLUW, Conrad	1:54.04	47 Dean Pieper, Clinton	4:21.8
08 4A-Blake Irwin, Pleasant Valley	1:52.69	48 A-Ocie Trimble, Cedar Rapids, Roosevelt	4:28.5
3A-Isaac Wendland, Charles City	1:53.74	B-Ken Beeghley, Aurelia	4:32.0
2A-Aaron Stockstell, Mid-Prairie, Wellman ...	1:51.17	49 A-Ocie Trimble, Cedar Rapids, Roosevelt	4:33.9
1A-Ryan Krogmann, Northeast, Goose Lake ..	1:56.46	B-Ken Beeghley, Aurelia	4:37.9
09 4A-Kyle Slaymaker, Cedar Rapids Kennedy ..	1:54.34	50 A-John Williams, Cedar Rapids, Franklin	4:37.6
3A-Chad Rutledge, Algona	1:54.31	B-Ray McConnell, Nevada	4:39.5
2A-Ryan Krogmann, Northeast, Goose Lake ..	1:54.62	51 A-Lee Kane, Fairfield	4:39.2
1A-Anthony Lyne, Earlham	1:57.95	B-Ray McConnell, Nevada	4:40.2
10 4A-Brennan Davey, Indianola	1:52.17	52 A-Ron Jackson, Co. Bluffs, Abraham Lincoln ..	4:35.7
3A-Chad Rutledge, Algona	1:56.05	B-Wayne Everman, Postville	4:39.0
2A-Noah Williams, Monticello	1:56.18	53 AA-Tom Miller, Sioux City, East	4:35.8
1A-Justin Meyer, Belmont-Klemme	1:58.00	A-Jerry Walker, Marion	4:32.0
11 4A-Larry Lipscomb, Johnston	1:55.43	B-Wayne Everman, Postville	4:35.7
3A-Alex Baldwin, Spirit Lake Park	1:55.34	C-Bob Elwood, Elliott	4:36.7
2A-Neil Flattery, St. Edmond, Fort Dodge ...	1:55.33	54 AA-Cliff Cushman, Ames	4:27.5
1A-Taylor Huseman, Manson-NW Webster ..	1:57.16	A-Jerry Walker, Marion	4:30.1
12 4A-Tyler Krpan, Indianola	1:55.31	B-Ken Bales, Sigourney	4:33.9
3A-Payton Busch, Centerville	1:55.50	C-Bob Elwood, Elliott	4:32.7
2A-Will Tuebel, Mount Vernon	1:53.35	55 AA-John Darby, Des Moines Roosevelt	4:46.4
1A-Cade Cleaveland, Riverside, Oakland	1:56.56	A-Marvin Hite, Vinton	4:49.7

ONE MILE RUN

06 C. Clemmer, Council Bluffs	4:49.6	56 AA-Jack Hill, Davenport	4:25.6
07 Carl Heidt, Des Moines West	4:47.0	A-Dave Drew, DeWitt	4:29.3
08 Plato Redfern, Council Bluffs	4:41.4	B-Al Harberts, Grundy Center	4:35.1
09 Plato Redfern, Des Moines West	4:44.2	C-Lyle Shires, Elliott	4:34.5
10 Plato Redfern, Des Moines West	4:40.0	57 AA-Harry Olson, Decorah	4:30.0
11 Karl Clapper, Ames	4:41.4	A-Deryl King, Valley, WDM	4:40.3
12 Glenn Tenny, Des Moines West	4:40.0	B-Ken Fearing, Wapello	4:34.3
13 Glenn Tenny, Des Moines West	4:31.8	C-Harlan Milliken, Hedrick	4:33.1
14 Glenn Tenny, Des Moines West	4:31.4	58 AA-Ralph Trimble, Cedar Rapids, Jefferson... ..	4:25.0
15 Courtney Kimler, Burlington	4:41.4	A-Deryl King, Valley, WDM	4:28.1
16 John Porter, Webster City	4:35.8	B-Chris Youngbear, Tama	4:36.3
17 Ken Hicks, Iowa City	4:38.6	C-Kenneth Merry, Primghar	4:35.0
18 John Monk, Fort Dodge	4:36.6	59 AA-Ralph Trimble, Cedar Rapids, Jefferson... ..	4:21.1
19 Hoyer Jensen, Cedar Rapids	4:45.4	A-Larry Kramer, Belmont	4:27.6
20 Hoyer Jensen, Cedar Rapids	4:52.6	B-Gary Fischer, Miles	4:37.2
21 Hoyer Jensen, Cedar Rapids	4:39.0	C-Ray Miller, Menlo	4:35.9
22 Basil Irwin, Cedar Rapids	4:36.4	60 AA-Blaine Zenor, Ames	4:30.2
23 Phillip Platt, Eagle Grove	4:34.8	A-Larry Kramer, Belmont	4:29.6
24 Wallace Elliott, Iowa City	4:38.5	B-Joe Henderson, South Page, College Sprngs ..	4:32.0
25 Irwin Richardson, Greenfield	4:42.5	C-Earl Hanselmann, LuVerne	4:42.1
26 Ed Stevens, Eagle Grove	4:35.1	61 AA-Steve Miller, Marion	4:29.2
27 Byron Turner, Anita	4:29.4	A-Dick Rohlf, North Scott	4:37.8
28 Harrison Kohl, Mason City	4:39.9	B-Joe Henderson, South Page, College Sprngs ..	4:22.2
29 Clifford Douglas, Waterloo, East	4:34.2	C-Bruce Calder, Bayard	4:35.2
30 Hugh Smith, Hawarden	4:35.6	62 AA-Bill Jackson, Ames	4:25.2
31 Herschel Morris, Kanawha	4:38.4	A-Ed Eneboe, West Sioux, Hawarden	4:31.9
32 Mathew Bolsem, Oskaloosa	4:32.9	B-Brian Kuhlman, Charter Oak-Ute	4:31.6
		C-Tom Tiernan, Allison-Bristow	4:40.6

MILE RUN CHAMPIONS cont'd

63	AA-Bob Rowell, Ames	4:22.3	A-Tim Mueting, Denison	4:17.93		
	A-Ken Koester, North Fayette, West Union	4:31.0	B-Jon Betz, North Polk	4:17.09		
	B-Bill Wells, Seymour	4:31.6	C-Mike Ford, LDF, LeGrand	4:29.36		
	C-Tom Tiernan, Allison-Bristow	4:40.5	79	AA-Todd Peverill, Waterloo, East	4:13.65	
64	AA-Rollie Kitt, Kuemper Catholic, Carroll	4:27.0		A-Jim Zinnel, Algona	4:18.28	
	A-Ron Jones, Red Oak	4:36.8		B-Steve Greiner, Pekin	4:24.98	
	B-Denis Reed, Anita	4:20.1		C-Mike Ford, Gilmore City-Bradgate	4:31.15	
	C-Tom Tiernan, Allison-Bristow	4:24.9	80	AA-John Riley, Cedar Rapids, Washington ..	4:18.72	
65	AA-Dave Compton, Sioux City, Central	4:23.2		A-Kirk Woltman, Cherokee, Washington	4:21.34	
	A-Steve Cornelius, Independence	4:40.1		B-Mike Martin, Sac City	4:25.60	
	B-Tom Denny, Anita	4:32.1		C-Bob McGee, Aquinas, Fort Madison	4:32.67	
	C-Larry Sellers, Russell	4:22.7	81	AA-Doug O'Brien, Bishop Heelan, Sioux City	4:17.79	
66	AA-Doug Smith, Sioux City, Central	4:18.7		A-Tim Wilson, Clarke, Osceola	4:23.49	
	A-Steve Mandaville, Cherokee	4:29.6		B-Jeff VanderBerg, Sioux Center	4:23.78	
	B-Warren Bush, Harris-Lake Park	4:25.2		C-Dave Groth, Green Mountain	4:30.47	
	C-Jerome Howe, Treynor	4:31.8	82	4A-Bobby Soule, Bishop Heelan, Sioux City	4:21.44	
67	AA-Doug Smith, Sioux City, Central	4:14.5		3A-Dan Waters, Albia	4:22.15	
	A-Dennis Modracek, Prairie, Cedar Rapids ...	4:18.6		2A-Jeff VanderBerg, Sioux Center	4:22.44	
	B-Darrell Patterson, Sioux City, Trinity	4:31.9		1A-Jim Boggess, Villisca	4:32.51	
	C-Jerome Howe, Treynor	4:21.0	83	4A-Bobby Soule, Bishop Heelan, Sioux City	4:15.57	
68	AA-Doug Smith, Sioux City, Central	4:22.6		3A-John Enright, LeMars	4:22.67	
	A-Dan Sanders, Humboldt	4:23.2		2A-John Amalon, Clear Creek	4:30.32	
	B-Dennis McCabe, Garner-Hayfield	4:41.0		1A-Rick Zarkos, Woodbury Central, Merville	4:27.61	
	C-Jerome Howe, Treynor	4:40.1	84	4A-Jim Garrison, Indianola	4:19.55	
69	AA-Dave Krantz, Columbus Catholic, Waterloo	4:22.9		3A-Mike Irving, Regina, Iowa City	4:20.86	
	A-Mark Aschin, Decorah	4:24.9		2A-Trent Timson, NUH, Cedar Falls	4:24.4	
	B-Dennis McCabe, Garner-Hayfield	4:25.0		1A-Randy Thein, Fredericksburg	4:27.5	
	C-Mike Cassaday, Miles	4:26.5	85	4A-Jeff Koos, Bettendorf	4:17.30	
70	AA-Dave Krantz, Columbus, Wloo	4:18.0		3A-Mike Irving, Regina, Iowa City	4:21.30	
	A-Chuck Cassel, Bishop Garrigan, Algona	4:21.8		2A-Jeff Hammons, Iowa Valley, Marengo	4:27.7	
	B-John Schall, Clinton St. Mary's	4:26.7		1A-John McMurry, Seymour	4:33.7	
	C-Curt Hoegh, Elk Horn-Kimballton	4:35.2	86	4A-Mike Holms, Valley, WDM	4:15.88	
71	AA-Mike Burke, Columbus Catholic, Waterloo	4:22.3		3A-Kent Koth, Perry	4:25.98	
	A-Chuck Cassel, Bishop Garrigan, Algona	4:22.9		2A-Trent Timson, NUH, Cedar Falls	4:21.38	
	B-Larry Irvin, Riceville	4:30.4		1A-Paul Barnhart, Gehlen Catholic, LeMars	4:20.35	
	C-Dave Cummins, Ringsted	4:33.5	87	4A-Darrin Rippey, Des Moines, Lincoln	4:15.56	
72	AA-Gregg Newell, Davenport, Central	4:16.4		3A-Mark Brown, Grinnell	4:22.59	
	A-Duane Nelson, Humboldt	4:31.8		2A-Carl Schipfmann, Springville	4:19.57	
	B-Terry Hiebert, Central City	4:29.5		1A-Kent Keith, Cedar Valley	4:28.98	
	C-Rod Rieken, Central Webster	4:24.7	88	4A-Glenn Lomenick, Iowa City, City	4:21.33	
73	AA-Jeff Myers, Davenport West	4:23.5		3A-Matt Lindaman, Humboldt	4:24.85	
	A-Randy Wilson, Knoxville	4:22.6		2A-Robert Cook, Regina, Iowa City	4:23.40	
	B-Mike Hildreth, Rockwell City	4:33.4		1A-Marty Green, Ruthven-Ayshire	4:22.02	
	C-Rod Rieken, Central Webster	4:27.7	89	4A-Doug Koon, Des Moines, Hoover	4:17.97	
74	AA-Jeff Myers, Davenport West	4:20.0		3A-Chad Nedved, Garner-Hayfield	4:22.68	
	A-Joel Moeller, Central Clinton, DeWitt	4:19.2		2A-Lance Elliott, Montezuma	4:16.99	
	B-Keith Whitham, Holstein	4:25.4		1A-Chad Flynn, Calamus-Wheatland	4:24.49	
	C-Dan Nagel, Dike	4:29.7	90	4A-Dean Colony, Iowa City, West	4:22.42	
75	AA-Joe Burke, Columbus Catholic, Waterloo ..	4:13.8		3A-Andy Kauder, Cascade	4:25.46	
	A-Rick McKean, Missouri Valley	4:24.8		2A-Denny Halligan, West Sioux, Hawarden ..	4:23.92	
	B-Joe Strohmman, English Valleys	4:25.7		1A-Lance Mayfield, Clarence-Lowden	4:26.53	
	C-Pete Stevenson, Meriden-Cleghorn	4:25.9	91	4A-Pete Simons, Iowa City, City	4:25.51	
76	AA-Ed DeLashmutt, Fort Madison	4:14.5		3A-Doug Michel, Cherokee, Washington	4:22.02	
	A-Rick McKean, Missouri Valley	4:23.9		2A-Phil Hasenkamp, Saint Albert, Co. Bluffs	4:24.86	
	B-Greg Glass, Sac City	4:21.2		1A-Tony Einertson, North Central, Manly	4:28.07	
	C-Dwayne Camarigg, Sanborn	4:27.9	92	4A-Roba Bati, Iowa City, West	4:20.08	
77	AA-Jon Mathiason, Fort Madison	4:15.1		3A-Doug Michel, Cherokee, Washington	4:24.63	
	A-Rick McKean, Missouri Valley	4:21.4		2A-Phil Hasenkamp, Saint Albert, Co. Bluffs	4:28.18	
	B-Rex Karamitros, Newman Catholic, Mason C	4:20.1		1A-Matt Mullenix, Woodbine	4:24.99	
	C-Tim Henrickson, Lincoln Central, Gruver	4:31.2	93	4A-Roba Bati, Iowa City, West	4:21.07	
				3A-Mark Sundet, Algona	4:18.72	
				2A-Phil Hasenkamp, Saint Albert, Co. Bluffs	4:25.80	
				1A-Bill Blay, Griswold	4:23.42	
				94	4A-Jeff Stiles, Ames	4:20.90

1600-METER RUN

78 AA-Mike Diment, Des Moines, Hoover

1,600 METER RUN CHAMPIONS cont'd

	3A-Gary Flugum, Forest City	4:24.50
	2A-Brent MacLagan, Jefferson-Scranton	4:28.10
	1A-Marty Dalton, Tri-Center, Neola	4:27.35
95	4A-Nolan Speichinger, Sioux City, East	4:19.04
	3A-Jon Lindaman, Humboldt	4:22.55
	2A-Matt Gabrielson, Belmont-Klemme	4:26.67
	1A-Ryan Harms, Gladbrook-Reinbeck	4:26.01
96	4A-Rob Brock, Dubuque, Senior	4:16.50
	3A-Troy Trygstad, Forest City	4:25.22
	2A-Matt Gabrielson, Belmont-Klemme	4:18.79
	1A-Jake Munger, West Central, Maynard	4:27.41
97	4A-Tom Caughlan, Mason City	4:15.85
	3A-Dan Reis, So. Winneshiek-Turkey Valley	4:25.46
	2A-Ryan Pence, Eldora-New Providence	4:24.84
	1A-Jake Munger, West Central, Maynard	4:22.18
98	4A-Shaun Allen, Fort Madison	4:19.83
	3A-Blake Bolden, Clarke, Osceola	4:27.00
	2A-Ryan Pence, Eldora-New Providence	4:21.49
	1A-Joel Sullivan, Woodbine	4:24.09
99	4A-Chris Francois, Davenport, North	4:16.68
	3A-Steve Larson, Xavier, Cedar Rapids	4:21.76
	2A-Adam Sundall, Bishop Garrigan, Algona	4:23.75
	1A-Brett Bacan, St Mary's, Remsen	4:26.07
00	4A-Chris Jones, Iowa City, West	4:19.70
	3A-Ben Hauge, Forest City	4:20.85
	2A-Daniel Baumhover, Roland-Story	4:25.60
	1A-Toby Franks, Essex	4:22.45
01	4A-Chris Jones, Iowa City, West	4:20.03
	3A-Dylan Davis, ADM, Adel	4:24.19
	2A-Nic Gieselman, West Burlington	4:26.05
	1A-Matt McCue, Regina, Iowa City	4:27.88
02	4A-Dan Taylor, Fort Dodge	4:16.72
	3A-Dylan Davis, ADM, Adel	4:21.54
	2A-Aaron Hamilton, Eagle Grove	4:23.16
	1A-Jon Reis, Turkey Valley	4:29.77
03	4A-Andy Hodge, Linn-Mar	4:22.24
	3A-Dylan Davis, ADM, Adel	4:18.49
	2A-Aaron Hamilton, Eagle Grove	4:23.96
	1A-Drew Wilson, Stanton	4:30.21
04	4A-Colin Swaney, Iowa City, City	4:19.21
	3A-Brett Adams, Assumption, Davenport	4:15.99
	2A-Jake Berns, MFL, MarMac	4:23.68
	1A-Luke Yoder, Iowa Mennonite School	4:30.32
05	4A-Logan Gonzales, Boone	4:16.26
	3A-Isaac Wendland, Charles City	4:24.33
	2A-Josh Bader, Monticello	4:30.87
	1A-Cody Dreyer, Central Elkader	4:29.19
06	4A- Stephen Dak, Marshalltown	4:17.92
	3A- Isaac Wendland, Charles City	4:25.33
	2A- Dana Schmidt, Grundy Center	4:28.66
	1A- Cody Dreyer, Central Elkader	4:28.70
07	4A-Stephen Dak, Marshalltown	4:16.92
	3A-Isaac Wendland, Charles City	4:27.00
	2A-Dana Schmidt, Grundy Center	4:25.88
	1A-Nick Gallagher, Bedford	4:26.74
08	4A-Blake Irwin, Pleasant Valley	4:21.36
	3A-Isaac Wendland, Charles City	4:22.06
	2A-Nathan Dotterweich, Monticello	4:23.73
	1A-David Nielsen, NUH, Cedar Falls	4:30.57
09	4A-Omet Kak, Des Moines North	4:14.43
	3A-Brett Egan, Waukon	4:17.42
	2A-Eric Thein, Tipton	4:21.50
	1A-Conner Smock, Lisbon	4:30.65
10	4A-Andrew Swanson, Pleasant Valley	4:23.23
	3A-Brogan Austin, Boone	4:20.77

	2A-Sam Chaney, Columbus, Columbus Jct. ..	4:30.30
	1A-Conner Smock, Lisbon	4:26.82
11	4A-Kevin Lewis, Ottumwa	4:14.20
	3A-Ryan McMahon, Algona	4:19.59
	2A-Nate Kolacia, St. Edmond, Fort Dodge ..	4:26.31
	1A-Taylor Huseman, Manson-NW Webster ..	4:22.97
12	4A-Matt Butler, Bettendorf	4:18.92
	3A-Lukas Mees, Marion	4:24.06
	2A-Bennett Moser, Wapello	4:27.18
	1A-Conner Smock, Lisbon	4:26.13

TWO-MILE RUN

68	AA-Lynn Lee, Mason City	9:42.4
	A-Loren Moe, Tipton	9:57.7
	B-Rick O'Rourke, Villisca	10:34.7
	C-Gary Nedved, Pocahontas	10:22.3
69	AA-Steve Nordenson, Des Moines, Lincoln ..	9:41.9
	A-Dennis Ellingson, Decorah	9:59.5
	B-Rick O'Rourke, Villisca	10:05.0
	C-Steve Seamer, Miles	10:01.8
70	AA-Rich Twedt, Des Moines, Hoover	9:37.5
	A-Lowell Tesch, St. Ansgar	9:46.2
	B-Steve Sundell, OdeboltArthur	10:01.0
	C-Steve Seamer, Miles	10:00.7
71	AA-Mark Johnson, Mason City	9:37.9
	A-Scott Larson, Saint Edmond, Fort Dodge ..	10:03.2
	B-Mark Skahill, Villisca	10:01.8
	C-Phil Coppess, Oxford Jct	10:16.4
72	AA-Leo Meade, Mount Pleasant	9:41.2
	A-Ron Reding, Garrigan, Algona	10:03.0
	B-Mark Skahill, Villisca	9:52.8
	C-Phil Coppess, Oxford Jct	9:45.1
73	AA-Mark Johnson, Mason City	9:13.9
	A-Frank Richardson, Sac City	9:35.3
	B-Jack Wilkinson, NUH, Cedar Falls	9:46.9
	C-Mark Hughes, Delwood	9:45.9
74	AA-Jim Eicken, Davenport, Central	8:58.8
	A-Mike Cregeen, Clarinda	9:20.3
	B-Doug Graves, Boyden-Hull	9:43.0
	C-Mark Hughes, Delwood	9:36.8
75	AA-Jim Eicken, Davenport, Central	9:10.0
	A-Perry Stannard, Washington	9:40.7
	B-Doug Graves, Boyden-Hull	9:57.7
	C-Mark Hughes, Delwood	9:50.5
76	AA-Randy Jackson, Iowa City, City	9:00.2
	A-Tim Holton, Cherokee, Washington	9:37.2
	B-Jim Hansen, Dike	9:36.3
	C-Scott Maguire, Treynor	10:40.0
77	AA-Ken Buesing, Davenport, West	9:26.1
	A-Tim Holton, Cherokee, Washington	9:32.4
	B-Jim Hansen, Dike	9:38.0
	C-Scott Maguire, Treynor	9:47.4

3200-METER RUN

78	AA-Charlie Mosbrucker, Fort Dodge	9:30.43
	A-Wally Duffy, Shenandoah	9:20.10
	B-Shawn Cogley, Colfax	9:25.48
	C-Tom Peacher, Cardinal Stritch, Keokuk	9:56.74
79	AA-Curt Spears, Fort Madison	9:28.80
	A-Wally Duffy, Shenandoah	9:07.06
	B-Craig Harms, Laurens-Marathon	9:30.50
	C-Tom Peacher, Cardinal Stritch, Keokuk	9:56.60

3,200 METER RUN CHAMPIONS cont'd

80	AA-Geoff Griffiths, Ames	9:22.88	96	4A-Rob Brock, Dubuque, Senior	9:19.08
	A-Bill Kerkaert, Sheldon	9:22.88		3A-Dan Reis, South Winneshiek, Calmar	9:38.37
	B-Brian Carter, Charter Oak-Ute	9:54.88		2A-Matt Gabrielson, Belmont-Klemme	9:37.07
	C-Darwin Penning, LuVerne	10:04.30		1A-Mark Scharnberg, Hartley	9:43.33
81	AA-Jeff Jacobs, Clinton	9:10.34	97	4A-Rob Brock, Dubuque, Senior	9:09.17
	A-Tim Wilson, Clarke, Osceola	9:31.66		3A-Dan Reis, South Winneshiek, Calmar	9:33.70
	B-Paul Muench, Belle Plaine	9:41.36		2A-Joe Kuehl, Saint Albert, Co. Bluffs	9:37.85
	C-Jeff Fee, Melcher-Dallas	9:46.46		1A-Tait Steines, Calamus-Wheatland	9:35.79
82	4A-Justin Garcia, Dowling Catholic, WDM	9:29.53	98	4A-Shaun Allen, Fort Madison	9:35.29
	3A-Bill Kerkaert, Sheldon	9:27.84		3A-Steve Larson, Ced. Rapids, Regis/Lasalle	9:37.98
	2A-Paul Muench, Belle Plaine	9:37.92		2A-Matt Cook, Monticello	9:43.91
	1A-Jim Boggess, Villisca	9:50.00		1A-Toby Franks, Essex	9:44.02
83	4A-Michael Lee, Co.Bluffs, Abraham Lincoln	9:25.60	99	4A-Grant Shadden, Marshalltown	9:26.61
	3A-Tom Penningroth, Tipton	9:38.71		3A-Steve Larson, Xavier, Cedar Rapids	9:38.96
	2A-Lonnie Minor, BGM, Brooklyn	9:57.84		2A-Adam Sundall, Bishop Garrigan, Algona	9:40.94
	1A-Jim Boggess, Villisca	9:50.12		1A-Brett Bacan, St. Marys, Remsen	9:39.20
84	4A-Steve Hunter, Bettendorf	9:30.98	00	4A-Trent Graham, Des Moines, Roosevelt	9:13.87
	3A-Dan Hostager, Audubon	9:27.26		3A-Robby Weber, Perry	9:38.10
	2A-Trent Timson, NUH, Cedar Falls	9:32.3		2A-Dan Van Engen, Unity Christian	9:46.16
	1A-Ron Wetrich, Earlham	9:41.3		1A-Toby Franks, Essex	9:40.21
85	4A-Mike Holms, Valley, WDM	9:20.78	01	4A-Ben Glaser, Dowling Catholic, WDM	9:26.70
	3A-Tom Penningroth, Tipton	9:22.21		3A-Dylan Davis, ADM, Adel	9:46.95
	2A-Jeff Hammons, Iowa Valley, Marengo	9:33.2		2A-Dan Van Engen, Unity, Christian	9:40.22
	1A-John McMurry, Seymour	9:53.6		1A-Matt McCue, Regina, Iowa City	9:43.73
86	4A-Tony Proctor, Burlington	9:32.72	02	4A-Dan Taylor, Fort Dodge	9:19.48
	3A-Dean Hemeseth, So.Winneshiek, Calmar	9:36.38		3A-Dylan Davis, ADM, Adel	9:35.86
	2A-Trent Timson, NUH, Cedar Falls	9:26.44		2A-Aaron Hamilton, Eagle Grove	9:28.60
	1A-Paul Barnhart, Gehlen Catholic, LeMars	9:18.22		1A-Jon Reis, Turkey Valley	9:49.47
87	4A-Darrin Rippey, Des Moines, Lincoln	9:23.73	03	4A-Kiel Uhl, Des Moines Roosevelt	9:26.32
	3A-Greg Brower, Red Oak	9:46.91		3A-Dylan Davis, ADM, Adel	9:29.60
	2A-Carl Schipfmann, Springville	9:37.6		2A-Kevin Balster, Monticello	9:42.28
	1A-Ed Rolling, Bancroft, St. John	9:43.9		1A-Adam Wolf, Corning	9:52.94
88	4A-Jeff Short, Cedar Falls	9:24.78	04	4A-Kiel Uhl, Des Moines Roosevelt	9:24.42
	3A-Matt Lindaman, Humboldt	9:31.89		3A-Ben Grant, Epworth, Western Dubuque	9:34.93
	2A-Mark Hammons, Iowa Valley, Marengo	9:37.27		2A-Jake Berns, MFL, MarMac	9:32.49
	1A-Ed Rolling, Bancroft, Saint John	9:36.08		1A-Tim McKenna, NUH, Cedar Falls	9:56.31
89	4A-Doug Koon, Des Moines, Hoover	9:23.3	05	4A-Kiel Uhl, Des Moines Roosevelt	9:13.20
	3A-Troy Hollatz, Clear Lake	9:32.09		3A-Tony Fischels, Webster City	9:39.43
	2A-Mark Hammons, Iowa Valley, Marengo	9:20.42		2A-Byron Manternach, Monticello	9:55.22
	1A-Chad Flynn, Calamus-Wheatland	9:46.37		1A-Tim McKenna, NUH, Cedar Falls	9:47.36
90	4A-Pete Simons, Iowa City, City	9:30.77	06	4A-Devin Albaugh, Pleasant Valley	9:21.32
	3A-Troy Hollatz, Clear Lake	9:28.56		3A-Tyler Meyer, Wahlert, Dubuque	9:32.64
	2A-Denny Halligan, West Sioux, Hawarden	9:27.17		2A-Dan Meyer, West Central Valley, Stuart	9:48.78
	1A-Travis Beyer, North Mahaska	9:46.41		1A-Cody Dreyer, Central Elkader	9:50.34
91	4A-Jonathan Estabrook, Muscatine	9:33.40	07	4A-Stephen Dake, Marshalltown	9:07.34
	3A-Todd Henecke, Prairie, Cedar Rapids	9:31.70		3A-Anthony Oberle, Bishop Heelan, Sioux C	9:26.44
	2A-Chet Reinking, West Sioux, Hawarden	9:41.50		2A-Dana Schmidt, Grundy Center	9:36.44
	1A-Greg Sitzmann, Gehlen Catholic, LeMars	9:55.90		1A-Nick Gallagher, Bedford	9:30.45
92	4A-Roba Bati, Iowa City, West	9:30.88	08	4A-Devin Albaugh, Pleasant Valley	9:20.88
	3A-Kyle Kepler, Webster City	9:39.00		3A-Evan Selsor, Winterset	9:34.75
	2A-Bill Blay, Griswold	9:33.29		2A-Nathan Dotterweich, Monticello	9:29.42
	1A-Dion Braet, Calamus-Wheatland	9:50.56		1A-Nathan Gaunt, Griswold	9:52.02
93	4A-Roba Bati, Iowa City, West	9:25.02	09	4A-Omet Kak, Des Moines North	9:14.64
	3A-Kyle Kepler, Webster City	9:31.44		3A-Evan Selsor, Winterset	9:23.22
	2A-Marty Dalton, Tri-Center, Neola	9:34.46		2A-Eric Thien, Tipton	9:33.34
	1A-Bill Blay, Griswold	9:32.60		1A-Conner Smock, Lisbon	9:47.25
94	4A-Rob Brock, Dubuque, Senior	9:22.10	10	4A-Andrew Swanson, Pleasant Valley	9:20.58
	3A-Gary Flugum, Forest City	9:36.33		3A-Brogan Austin, Boone	9:21.42
	2A-Zach Miller, Gilbert	9:46.15		2A-Garret Ehlers, OA-BCIG	9:37.78
	1A-Marty Dalton, Tri-Center, Neola	9:39.54		1A-Conner Smock, Lisbon	9:30.64
95	4A-Rob Brock, Dubuque, Senior	9:17.90	11	4A-Kevin Lewis, Ottumwa	9:05.25
	3A-Jon Lindaman, Humboldt	9:39.57		3A-Johnny Fuller, Glenwood	9:16.90
	2A-Chris Schaefer, Stanwood	9:39.30		2A-Mason Powers, Gilbert	9:51.58
	1A-Tavis Cummings, Van Buren, Keosauqua	9:31.70		1A-Conner Smock, Lisbon	9:36.19

3,200 METER RUN CHAMPIONS cont'd

12	4A-Cole Decker, Dowling Catholic, WDM	9:17.65
	3A-Zach Buchheit, Pella	9:26.03
	2A-Bennett Moser, Wapello	9:21.23
	1A-Conner Smock, Lisbon	9:37.06

120-YARD HIGH HURDLES (42 inches)

06	Dan Simmons, Ida Grove	16.6
07	Henry Kinzer, Ida Grove	16.8
08	Andrew Hammitt, Des Moines West	17.2
09	Alvin Hammitt, Des Moines, West	16.8
10	Paul Hoerlien, Iowa City	17.0
11	Harry McHenry, Des Moines West	16.4
12	Charles Hoyt, Greenfield	16.2
13	Marcus Dubel, Sioux City	16.4
14	Theodore Packer, Marshalltown	16.2
15	Theodore Packer, Marshalltown	16.4
16	Theodore Packer, Marshalltown	16.2
17	Harold Crawford, Hampton	16.8
18	Lester Belding, Mason City	16.4
19	Harold Crawford, Mason City	16.2
20	Charles Brookins, Oskaloosa	16.4
21	Morgan Taylor, Sioux City Central	16.0
22	Edwin Beebee, Hampton	16.2
23	Wayne Ferris, Hampton	16.2
24	Frank Cuhel, Cedar Rapids	15.3
25	Werner Taylor, Sioux City	15.5
26	Vane Snorf, Des Moines, Roosevelt	15.6
27	John Beckner, Clarinda	16.1
28	Graham Moulton, Co.Bluffs, Abraham Lincoln	16.1
29	Graham Moulton, Co.Bluffs, Abraham Lincoln	15.8
30	Leonard Kenney, Mason City	15.6
31	Mike Layden, Davenport	15.4
32	Dick Crayne, Fairfield	16.0
33	Jack Parker, Lamoni	15.7
34	Bushnell Lamb, Newton	15.8

120-YARD HIGH HURDLES (39 inches)

35	Russ Parsons, Davenport	15.7
36	Albert Munsell, Des Moines, East	14.9
37	Henry Vollenweider, Dubuque	15.2
38	Jack Hamilton, Sac City	15.2
39	Norman Pullman, Sidney	15.4
40	Russ Ferguson, Cedar Rapids, McKinley	14.8
41	Romaine Woodward, Ames	15.3
42	Fred Eno, Villisca	14.9
43	Fred Eno, Villisca	14.8
44	Jack Nygaard, Atlantic	15.2
45	Wallace Grant, Decorah	15.8
46	Bob Brown, Fort Dodge	15.4
47	Bob Brown, Fort Dodge	15.2
48	A-Jerry Moorehead, Des Moines, Roosevelt	14.8
	B-Don Swartzendruber, Wellman	15.1
49	A-Ted Graves, Cherokee	14.9
	B-Don Swartzendruber, Wellman	16.4
50	A-Ray Kaiser, Des Moines, East	15.0
	B-Tom Reynolds, Odebolt	15.9
51	A-Bob Hansen, Clinton	14.7
	B-Les Stevens, Lovilia	15.4
52	A-Jim Canine, Des Moines, Roosevelt	15.1
	B-Les Stevens, Lovilia	15.1
53	AA-Ken Ploen, Clinton	15.0
	A-Tom Ecker, Waverly	15.0
	B-Boyd Mayberry, Sac City	15.4

	C-Ted Harvey, Toledo Juvenile Home	15.8
54	AA-Harry Lockman, Fort Dodge	15.1
	A-Harry Barr, Clarinda	15.5
	B-Jerry Willey, Osage	16.1
	C-Ted Harvey, Toledo Juvenile	15.6
55	AA-Bill Orris, Des Moines, East	15.6
	A-Larry Sabus, Carroll	16.7
	B-Gordon Rolph, Onawa	15.5
	C-Walt Pohl, Bayard	16.3
56	AA-Bill Orris, Des Moines, East	14.7
	A-Jim Jacobs, Harlan	15.7
	B-George Phelps, Kingsley	15.0
	C-Kent Kerns, Rolfe	15.6
57	AA-Bob Okerstrom, Mason City	15.0
	A-Jim Duffas, Pella	16.0
	B-Bob Clark, Coon Rapids	15.9
	C-Ron Walter, Farragut	15.8
58	AA-Jim Streeby, Ottumwa	14.5
	A-Darrell Morehouse, Clear Lake	15.1
	B-Allen Youngbear, Tama	15.9
	C-Bill Maas, Sutherland	16.4
59	AA-John Haberle, Cedar Rapids, Jefferson	14.9
	A-Frank Bindel, Winterset	15.2
	B-Bob Pingel, Aurelia	15.2
	C-Norm Johnson, Coin	15.9
60	AA-Eliger Robinson, Waterloo, East	14.3
	A-Jack Henderson, Perry	15.4
	B-Fred Cooper, Iowa City, University High	15.2
	C-Bob Ackles, Allerton	16.6
61	AA-Norm Taylor, Des Moines, Tech	14.9
	A-John Fletcher, Clarion	15.2
	B-Gene Zmolek, Traer	15.7
	C-Larry Lenz, Ar-We-Va, Westside	15.3
62	AA-Gary Osborn, Winterset	14.6
	A-John Adams, Missouri Valley	14.9
	B-Rolland Heim, BCLUW, Conrad	15.7
	C-Larry Leonard, Solon	15.6
63	AA-Jack Carter, Des Moines, North	14.6
	A-John Adams, Missouri Valley	14.6
	B-Jon Reimer, George	15.2
	C-Duane VanWyk, Prairie City	15.6
64	AA-John Dvorak, Cedar Rapids, Washington	14.4
	A-Rick Defenbaugh, Mount Ayr	14.9
	B-Larry Driscoll, Emmetsburg	15.3
	C-Bruce Abrams, Meservey-Thornton	15.4
65	AA-John Dvorak, Cedar Rapids, Wash	14.2
	A-Ken Tilton, Humboldt	15.3
	B-Dennis Fertig, Woodbury Central, Merville	15.5
	C-Bruce Abrams, Meservey-Thornton	15.2
66	AA-Jim Klindt, Davenport, West	14.6
	A-Tom Graves, Cherokee	14.6
	B-Dennis Fertig, Woodbury Central, Merville	15.4
	C-Larry Pretz, Miles	16.3
67	AA-Jock Johnson, Des Moines, East	14.2
	A-Tom Graves, Cherokee	14.5
	B-Bill Michael, Akron	14.6
	C-Eugene Zoske, Hubbard	14.9
68	AA-Dave McCurry, Grinnell	14.8
	A-Dan Roe, Mount Ayr	14.9
	B-Mike Brannaman, Mount Vernon	15.1
	C-Bob Nevitt, Earlham	15.2
69	AA-Dave McCurry, Grinnell	14.3
	A-John Bell, Spirit Lake	14.5
	B-Mark Brannaman, Mount Vernon	15.0
	C-Jim Lawler, Wall Lake	15.3

120 YARD HIGH HURDLE CHAMPIONS cont'd

70	AA-Kent Wessely, Waterloo, West	14.2	2A-Matt Zuber, Iowa Valley, Marengo	14.1
	A-Steve Casey, Cherokee, Washington	14.8	1A-Tony Johnson, Cumberland-Massena	15.2
	B-Robbie Bolks, Boyden-Hull	15.3	86 4A-Brian Biggerstaff, Sioux City, West	14.99
	C-Ed McDaniel, Woodward-Granger	14.8	3A-Shane Kasner, Marion	14.99
71	AA-Scott Hamilton, Clinton	14.2	2A-Jon Filloon, Manson	14.81
	A-Steve Casey, Cherokee, Washington	14.2	1A-Tim Criswell, Lynnville-Sully	15.26
	B-Blaine Kuchel, Kingsley-Pierson	15.1	87 4A-Brian Biggerstaff, Sioux City, West	14.85
	C-Ed McDaniel, Woodward-Granger	14.7	3A-Mike Godbout, Red Oak	15.07
72	AA-Jim Jensen, Davenport, Central	14.6	2A-Derek Steveson, Belmond	14.84
	A-Jerry Elliott, Centerville	15.2	1A-John McMillen, Malvern	15.63
	B-Dan Taylor, Eddyville	14.6	88 4A-Tom Rhomberg, Wahlert, Dubuque	14.89
	C-Kyle Chown, Lone Tree	15.4	3A-John Hintz, Forest City	15.66
73	AA-Ron Heaton, Sioux City, West	14.6	2A-Darwin Vande Hoef, Rock Valley	15.42
	A-Tom Meade, Williamsburg	15.1	1A-Jay Solsma, Sanborn	15.59
	B-Dan Taylor, Eddyville	14.8	89 4A-Brian Carroll, Newton	14.92
	C-Kyle Chown, Lone Tree	15.8	3A-Craig Prindle, Glenwood	15.26
74	AA-Greg Rumple, Urbandale	14.0	2A-Darwin Vande Hoef, Rock Valley	14.7
	A-Randy Wilson, Knoxville	15.0	1A-Trent Jones, Malvern	15.56
	B-Tom Egli, Manson	15.4	90 4A-Jason McCleary, Newton	14.47
	C-Greg Capell, Fayette	15.2	3A-Erik Davisson, Adel	14.74
75	AA-Dave Stoermer, Burlington	14.5	2A-Bill Betterton, Pleasantville	14.60
	A-Steve Ulrich, Sheldon	15.0	1A-Trent Jones, Malvern	15.13
	B-Mike Bruns, Adair-Casey	15.0	91 4A-Eric Bickel, Burlington	14.92
	C-Alan Sievers, Albert City-Truesdale	15.6	3A-Bill Betterton, Carlisle	14.49
76	AA-Randy Elliott, Charles City	14.3	2A-Enrique Flores, Wapello	15.23
	A-Roy Wigen, Spencer	14.5	1A-Brett Chambers, Treynor	15.52
	B-Leroy McCuen, Corning	14.8	92 4A-Ben Ringle, Bettendorf	14.78
	C-Ross Thiedeman, Ar-We-Va, Westside	15.0	3A-Joe Estes, Spirit Lake-Park	14.96
77	AA-Randy Elliott, Charles City	14.1	2A-Corey Scott, Solon	15.16
	A-Craig Nordlie, Nevada	14.3	1A-Bren Chambers, Treynor	15.01
	B-Leroy McCuen, Corning	14.5	93 4A-Chris Wycoff, Ames	14.1
	C-Ross Thiedeman, Ar-We-Va, Westside	14.5	3A-Nate Ludwig, Forest City	15.2

110-METER HIGH HURDLES

78	AA-Alonzo Moore, Des Moines, Tech	14.85	94 4A-Chris Wycoff, Ames	14.10
	A-Craig Nordlie, Nevada	14.46	3A-Nate Ludwig, Forest City	15.15
	B-Randy Griffith, Kingsley-Pierson	14.95	2A-Jamie Van Roekel, Waukee	15.08
	C-Ed Blackburn, Malvern	14.99	1A-Jason Woods, Treynor	14.82
79	AA-Dean Fogarty, Marshalltown	14.33	95 4A-Ramon Christopher, Des Moines, Hoover	14.92
	A-Randy Booth, Grinnell	14.52	3A-Brian Dunn, Glenwood	15.01
	B-Kevin Rohlf, Boyden-Hull	14.6	2A-Josh Grau, Tipton	15.26
	C-Larry Johnk, Walnut	15.01	1A-Cam Appleman, Van Buren, Keosauqua ..	15.20
80	AA-Jeff Herrera, Mason City	14.66	96 4A-Aaron Abram, Valley, WDM	14.54
	A-Dan Cleveland, Belmond	14.82	3A-Matt Hempel, Fairfield	14.82
	B-Jay Conner, Nashua	15.23	2A-Adam Gordon, Belmond-Klemme	14.89
	C-Larry Johnk, Walnut	15.13	1A-Cory Woods, Treynor	15.44
81	AA-Jay Conyers, Co.Bluffs, Thomas Jefferson	14.92	97 4A-Cyrus Nichols, Des Moines, Roosevelt	14.74
	A-Bill Gutz, Storm Lake	14.76	3A-Jonathan Korth, Forest City	15.27
	B-Dan Cleveland, Belmond	15.01	2A-Chris Chantos, Bellevue	14.83
	C-Kirk Muhlenbruch, CAL, Latimer	15.46	1A-Cory Woods, Treynor	14.41
82	4A-Scott Thoms, Clinton	14.65	98 4A-Cyrus Nichols, Des Moines, Roosevelt	15.06
	3A-John Enyart, Decorah	14.97	3A-Jonathan Korth, Forest Cty	15.05
	2A-Gerry Kock, Ar-We-Va	15.11	2A-Tony Leick, Saint Albert, Co. Bluffs	14.90
	1A-Dave Tucker, Paton-Churdan	14.97	1A-Scott Borchers, Woodbury Central	15.09
83	4A-Eric White, Burlington	14.61	99 4A-Cyrus Nichols, Des Moines, Roosevelt	14.90
	3A-Pat Green, Mount Pleasant	15.09	3A-Blake Flansche, New Hampton	15.28
	2A-Jeff Buseman, Belmond	15.05	2A-Nate Sawvell, Wilton	14.84
	1A-Darin Blackburn, Malvern	15.41	1A-Matt Strand, Alburnett	14.77
84	4A-Vernon Johnson, Ames	14.87	00 4A-Sean Johnson, Clinton	14.80
	3A-Dave Hughes, Crestwood, Cresco	15.12	3A-Blake Flansche, New Hampton	14.52
	2A-Jeff Buseman, Belmond.....	15.0	2A-Scott Veldhuizen, Eddyville-Blakesburg	15.36
	1A-Tim Aberson, Floyd Valley ..	15.3	1A-Nate DeRocher, West Monona, Onawa	15.24
85	4A-Joel Van Roekel, Ottumwa	15.34	01 4A-Clete Younger, Ankeny	14.55
	3A-Brian A. Keeney, Carlisle	15.44	3A-Mark Eaton, Perry	14.59
			2A-Josh Strang, Aplington-Parkers'burg	14.86

110 METER HIGH HURDLE CHAMPIONS cont'd

1A-Jay Sieck, I-35, Truro	14.67
02 4A-Michael Bell, Marshalltown	14.81
3A-Tyler Brown, Grinnell	15.06
2A-Derek Casey, Cherokee	14.56
1A-Blake Haywood, BCLUW, Conrad	15.16
03 4A-Jordan Crosby, Fort Dodge	14.35
3A-Jacob Hartman, Perry	14.88
2A-Alex Gabrielson, Belmont-Klemme	14.80
1A-Jaron VanMaanen, Lynnville-Sully	14.83
04 4A-Shawn Olorundami, Sioux City West	14.85
3A-James Ruen, Decorah-North Winneshiek ..	14.84
2A-Micah Ruroden, North Fayette, West Union	15.02
1A-Nick Kuchel, Kingsley-Pierson	14.87
05 4A-Scott Lynn, Ames	14.78
3A-James Ruen, Decorah	14.89
2A-Matt Wagaman, Wilton	15.19
1A-Nick Kuchel, Kingsley-Pierson	14.51
06 4A-Scott Lynn, Ames	14.77
3A-Jacob Rhode, Mount Pleasant	14.80
2A-Nick Batterson, Eddyville-Blakesburg	14.70
1A-Nick Kuchel, Kingsley-Pierson	14.54
07 4A-Terrance Roberts, Waterloo West	15.00
3A-Jordan Mullen, Atlantic	14.79
2A-Evan Thomsen, Regina, Iowa City	15.03
1A-Jordan Oulman, Riceville	15.44
08 4A-Dan Davis, Iowa City West	14.47
3A-Jordan Mullen, Atlantic ... (ran 14.18 in prelims) ..	14.29
2A-Channing Puls, Hudson . (ran 14.40 in prelims) .	14.67
1A-Austin McBeth, WACO, Wayland	14.89
09 4A-Ethan Holmes, Clinton	14.50
3A-Jordan Mullen, Atlantic	14.09
2A-Jacob Batterson, Eddyville-Blakesburg	14.46
1A-Will Hanson, Marcus-Meriden-Cleghorn	14.67
10 4A-Ryan Sander, Xavier, Cedar Rapids	15.17
3A-Kyle Heidebrink, Spirit Lake Park	15.11
2A-Jacob Batterson, Eddyville-Blakesburg	14.53
1A-Hunter Nelson, AHST, Avoca	15.09
11 4A-Kyle Dunn, Linn-Mar, Marion	14:93
3A-Brandon Moorman, Mount Pleasant	14.94
2A-Jacoby Firkins, Regina, Iowa City	15.21
1A-Nick Efkamp, Madrid	15.12
12 4A-Charlie Rogers, Iowa City, West	14.59
3A-Austin Hess, Harlan Community	14.74
2A-Josh Zeiser, Collins-Maxwell-Baxter	14.58
1A-Nathan Schamdeke, Grundy Center	15.22

220-YARD LOW HURDLES

06 Charles McMartin, Des Moines West	27.4
07 Fred Young, Ida Grove	27.4
08 George Baird, Des Moines West	28.2
09 Louis Gates, Des Moines East	27.4
10 George Hutchins, Sioux City	27.2
11 Edward Hunter, Des Moines North	27.4
12 Dow Byers, Des Moines East	27.2
13 Marcus Dubel, Sioux City	27.0
14 Theodore Packer, Marshalltown	26.2
15 Theodore Packer, Marshalltown	26.6
16 Thomas Rogers, Fort Dodge	26.0
17 David Evans, Hampton	26.0
18 James Shearer, Mason City	26.6
19 Harold Crawford, Mason City	26.8
20 Morgan Taylor, Sioux City Central	27.2
21 Morgan Taylor, Sioux City Central	26.4
22 Frank Cuhel, Cedar Rapids	25.7

23 Frank Cuhel, Cedar Rapids	25.0
24 Frank Cuhel, Cedar Rapids	24.3
25 Monte Beauchamp, Winfield	25.7
26 Vane Snorf, Des Moines, Roosevelt	25.9
27 John Beckner, Clarinda	26.0
28 John Beckner, Clarinda	24.9
29 Leonard Moulton, Co.Bluffs, Abraham Lincoln ..	25.4
30 Leonard Kenney, Mason City	24.4
31 Mike Layden, Davenport	24.1
32 Dick Crayne, Fairfield	25.2
33 Tom Neal, Sioux City, Central	24.8
34 Bushnell Lamb, Newton	24.8

200-YARD LOW HURDLES

35 Albert Ruble, Ottumwa	23.2
36 Don Barnes, Grinnell	23.1
37 Paul Swanson, Clinton	22.6
38 Henry Vollenweider, Dubuque	23.2
39 Bob Odell, Sioux City, East	23.0
40 Bob Morris, Clarion	22.4
41 Junior Franck, Davenport	23.1
42 Horace Peoples, Davenport	23.0
43 Fred Eno, Villisca	23.3
44 Lee Hofacre, Clinton	22.8
45 Bob Struthers, Waterloo, West	23.4
46 Dean Deuel, Cherokee	22.7
47 Dean Deuel, Cherokee	22.7
48 A-Dean Deuel, Cherokee	22.7
B-Don Swartzendruber, Wellman	23.7
49 A-(Tie) Earl Ault, Des Moines, East & Don Davis, Burlington	23.0
B-Arden Heisdorffer, Keota	23.6
50 A-Ray Kaiser, DM, East	23.1
B-Tom Reynolds, Odebolt	24.3

180-YARD LOW HURDLES

51 A-Dick Fowler, Ames	19.2
B-Les Stevens, Lovilia	20.4
52 A-Tom Ecker, Waverly	20.0
B-Don White, Lamoni	19.8
53 AA-Glen Sjoka, Cedar Rapids, Wilson	20.8
A-Tom Ecker, Waverly	20.3
B-John Walden, Lamoni	20.8
C-John Rinehart, Iowa School for Deaf	22.1
54 AA-Berland Smith, Sioux City, Central	20.4
A-George Pitsche, Harlan	20.9
B-Ron Means, Villisca	20.8
C-Duane Miller, New Sharon	21.6
55 AA-Bill Orris, Des Moines, East	20.4
A-Bob Brandt, Denison	20.9
B-Gordon Rolph, Onawa	21.5
C-Duane Miller, New Sharon	20.3
56 AA-Ron Altenberg, Marion	19.8
A-Bob Brandt, Denison	19.7
B-George Phelps, Kingsley	20.5
C-Ron Walter, Farragut	21.0
57 AA-Bob Okerstrom, Mason City	20.7
A-Jim VanWerden, Winterset	21.2
B-Tom Burns, Carroll	20.9
C-Ron Walter, Farragut	21.3
58 AA-Jim Streeby, Ottumwa	19.4
A-Darrell Morehouse, Clear Lake	20.3
B-Daryl Brown, New London	21.9

180 YARD LOW HURDLE CHAMPIONS cont'd

	C-Duane Burke, Merville	21.4
59	AA-Dennis Paul, Marshalltown	19.9
	A-Frank Bindel, Winterset	20.3
	B-Bob Pingel, Aurelia	21.1
	C-Jerry Davis, College Springs	21.7
60	AA-Frank Bindel, Winterset	20.0
	A-John Pletcher, Clarion	20.9
	B-Fred Cooper, Iowa City, University High	20.9
	C-Jim Stebral, Solon	22.1
61	AA-Gary Osborn, Winterset	20.0
	A-John Fletcher, Clarion	20.3
	B-Mike Stubsten, Orange, Waterloo	20.0
	C-Larry Lenz, Ar-We-Va, Westside	20.0
62	AA-Gary Osborn, Winterset	20.7
	A-John Adams, Missouri Valley	21.3
	B-Jon Reimer, George	21.0
	C-Lloyd VanZee, Prairie City	20.8
63	AA-Mike Langer, Cedar Rapids, Washington ..	19.7
	A-John Adams, Missouri Valley	20.1
	B-Jon Reimer, George	20.1
	C-Denny Wicker, Madrid	21.1
64	AA-John Dvorak, Cedar Rapids, Washington ..	19.5
	A-Ron Davis, Perry	19.1
	B-Ron Carrier, Odebolt-Arthur	20.5
	C-Lynn Bell, Lone Tree	21.0
65	AA-John Dvorak, Cedar Rapids, Washington ..	19.7
	A-Ron Davis, Perry	20.2
	B-Tom Quinn, Clinton, St. Marys	20.6
	C-Steve Chambers, Treynor	21.4
66	AA-Jim VanDine, Cedar Rapids, Washington ..	20.0
	A-Scott Osborn, Winterset	20.0
	B-Denny Slinker, BCLUW, Conrad	20.9
	C-Jim Vandevanter, Panorama	21.1
67	AA-Rich Gauger, Charles City	19.6
	A-Tom Graves, Cherokee, Washington	20.1
	B-Bill Michael, Akron	19.9
	C-Bob Nevitt, Earlham	20.1
68	AA-Mark Votroubek, Cedar Rapids, Kennedy ..	19.1
	A-John Bell, Spirit Lake	19.6
	B-Jerry Hutchinson, West Harrison	19.9
	C-Jim Nevitt, Earlham	20.1
69	AA-Dave McCurry, Grinnell	19.2
	A-John Bell, Spirit Lake	19.7
	B-Mike Everett, Carroll	20.4
	C-Tom Baker, Dexfield, Redfield	19.9
70	AA-Mark Votroubek, Cedar Rapids, Kennedy ..	19.2
	A-Jerry Heston, Ankeny	19.6
	B-Robbie Bolks, Boyden-Hull	20.5
	C-Ed McDaniel, Woodward-Granger	19.9
71	AA-Denny Murphy, Assumption, Davenport ...	19.0
	A-Steve Casey, Cherokee	20.3
	B-Darwin Wissink, Sioux Center	21.4
	C-Ed McDaniel, Woodward-Granger	20.2
72	AA-Dan Wierson, Ames	19.7
	A-Kevin Grooms, Nevada	20.5
	B-Dan Taylor, Eddyville	20.3
	C-Daryl Triplett, Sutherland	21.1
73	AA-Albert Morgan, Burlington	19.5
	A-Jerry Elliott, Centerville	20.5
	B-Dan Taylor, Eddyville	20.8
	C-Kyle Chown, Lone Tree	21.4
74	AA-Mike Hamsher, Muscatine	19.8
	A-Bob Merrill, Estherville	20.5
	B-Tom Egli, Manson	20.6
	C-Greg Capell, Fayette	20.5

75	AA-Jeff Dawson, Cedar Rapids, Washington ...	20.2
	A-Mike Leeper, Nevada	20.5
	B-Bob Brcka, Garner-Hayfield	20.7
	C-Mike Anderson, East Central, Miles	21.1
76	AA-Randy Elliott, Charles Cty	19.5
	A-Chris Nady, Nevada	20.3
	B-Leroy McCuen, Corning	20.0
	C-Mike Masters, Graettinger	20.2
77	AA-Randy Elliott, Charles City	19.4
	A-Chris Nady, Nevada	19.6
	B-Leroy McCuen, Corning	19.6
	C-Ross Thiedeman, Ar-We-Va, Westside	19.9

165-METER LOW HURDLES

78	AA-Jon Hutch, Clinton	20.3
	A-Chris Nady, Nevada	20.4
	B-Randy Griffith, Kingsley-Pierson	21.0
	C-Ed Blackburn, Malvern	20.8

400-METER LOW HURDLES

79	AA-Dean Fogarty, Marshalltown	53.32
	A-Bret Younger, Atlantic	53.4
	B-Brad Van Roekel, Monroe	54.0
	C-Curt Carlson, South Clay, Gillett Grove	55.9
80	AA-Kevin Sorenson, Clinton	53.19
	A-Bret Younger, Atlantic	53.39
	B-Mark Muilenburg, Maurice-Orange City	54.39
	C-Kevin Skalla, Scranton	55.56
81	AA-Randy Moore, Cedar Rapids, Kennedy ..	52.73
	A-John Enyart, Decorah	54.11
	B-Dan Cleveland, Belmond	53.38
	C-Brad Cleaveland, Oakland	55.57
82	4A-Jay Williams, Waterloo, East	53.66
	3A-John Enyart, Decorah	53.48
	2A-Brad Parsons, Van Buren, Keosauqua ...	54.92
	1A-Dave Gibbs, New Hartford	54.20
83	4A-Pat Carnes, Cedar Rapids, Jefferson	53.83
	3A-Scott Stuhr, Tipton	54.33
	2A-Tracy Bainbridge, Ida Grove	53.38
	1A-Terry Graham, Sidney	54.60
84	4A-Vernon Johnson, Ames	53.19
	3A-Pat Dolan, Iowa Falls	54.77
	2A-Marv Cook, West Branch	55.2
	1A-Terry Graham, Sidney	54.3
85	4A-Joel Hartman, Cedar Rapids, Kennedy ...	53.50
	3A-Roy Moorman, Centerville	55.0
	2A-Matt Zuber, Iowa Valley, Marengo	53.9
	1A-Roger Grafft, Olin	55.61
86	4A-Brad Rohlfs, Ankeny	54.04
	3A-Brent Hulgorsen, Mount Pleasant	55.02
	2A-Jon Filloon, Manson	54.18
	1A-Terry Zwart, Greene	54.95
87	4A-Chris York, Dubuque, Senior	53.37
	3A-Brian Rickels, Monticello	54.00
	2A-Jon Filloon, Manson	54.24
	1A-Tom Alpers, Pomeroy	54.64
88	4A-Kevin Stuart, Ankeny	53.19
	3A-Jay Muller, Clarinda	55.37
	2A-Dan Wood, Dunlap	56.13
	1A-Tom Alpers, Pomeroy	54.44
89	4A-Jason Golliher, Fort Madison	53.07
	3A-Craig Prindle, Glenwood	53.76
	2A-Darwin Vande Hoef, Rock Valley	52.64

400 METER HURDLE CHAMPIONS cont'd

	1A-Troy Miller, Iowa Mennonite School, Kalona	54.88		1A-Eric Parker, Northwood-Kensett	55.23
90	4A-Gregg Garn, Ames	52.45	06	4A-Zach Milner, Co. Bluffs Abraham Lincoln	54.01
	3A-Doug Dodd, Hampton-Dumont	54.30		3A-Logan Masters, Storm Lake	54.20
	2A-Terry Haskins, Woodbine	54.49		2A-Evan Thomsen, Regina, Iowa City	54.24
	1A-Scott Girard, Gehlen Catholic, LeMars	54.88		1A-Brant McCuen, Corning	53.69
91	4A-Shaun Benefield, Mason City	52.46	07	4A-Kellyn Fogarty, Marshalltown	53.55
	3A-Doug Dodd, Hampton-Dumont	53.66		3A-Mat Rammelsberg, Benton, Van Horne	54.56
	2A-Enrique Flores, Wapello	53.95		2A-Evan Thomsen, Regina, Iowa City	53.89
	1A-Travis Kuecker, Fredericksburg	55.25		1A-Andy Koehn, Tri-County, Thornburg	54.95
92	4A-Tim Dwight, Iowa City, City	52.95	08	4A-Ethan Holmes, Clinton	53.03
	3A-Loren Kool, Pella	53.65		3A-Jordan Cotton, Mount Pleasant	53.47
	2A-Tony Milder, Columbus, Columbus Jct	54.78		2A-Brad Mosinski, Pekin	53.44
	1A-Travis Kuecker, Fredericksburg	55.13		1A-Brock Caves, Van Buren, Keosauqua	54.20
93	4A-Eric Strim, Sioux City, West	53.22	09	4A-Kyle Dunn, Linn-Mar, Marion	52.70
	3A-Loren Kool, Pella	53.56		3A-Jordan Mullen, Atlantic	52.82
	2A-Brent MacLagan, Jefferson-Scranton	54.48		2A-Tanner Miller, Mid-Prairie, Wellman	53.07
	1A-Max Ostby, NUH, Cedar Falls	54.45		1A-Nick Efkamp, Madrid	55.24
94	4A-Eric Strim, Sioux City, West	51.4	10	4A-Kyle Dunn, Linn-Mar, Marion	51.41
	3A-Nic Weers, Anamosa	54.40		3A-Ryan Fahn, Harlan Community	54.10
	2A-Brent MacLagan, Jefferson-Scranton	54.28		2A-Tanner Miller, Mid-Prairie, Wellman	52.36
	1A-Jason Woods, Treynor	53.90		1A-Nick Efkamp, Madrid	53.66
95	4A-Dustin Avey, Ames	51.99	11	4A-Kyle Dunn, Linn-Mar, Marion	51.05
	3A-Bryan Featherston, Epworth, W. Dubuque	54.81		3A-Jackson Litterer, Waverly-Shell Rock	53.35
	2A-Brent MacLagan, Jefferson-Scranton	51.62		2A-Jordan Van Roekel, PCM, Monroe	54.32
	1A-Jeff Miller, Paton-Churdan	54.05		1A-Nick Efkamp, Madrid	52.85
96	4A-Dustin Avey, Ames	50.96	12	4A-Charlie Rogers, Iowa City, West	53.43
	3A-Nic Weers, Anamosa	53.85		3A-Raheem Black, Fort Madison	53.21
	2A-Matt Wheeler, West Branch	55.16		2A-Jordan Van Roekel, PCM, Monroe	52.26
	1A-Scott Olsen, Madrid	55.10		1A-Jeremy Johnson, Madrid	53.91
97	4A-Kyle Bolejack, Ankeny	53.29			
	3A-Brandon Meinders, Perry	53.83			
	2A-Chris Chantos, Bellevue	53.48			
	1A-Ryan Eichenberger, Fredericksburg	54.27			
98	4A-Mat Weldon, Iowa City, West	53.55			
	3A-Brian Stegall, Washington	53.57			
	2A-Tony Leick, St. Albert, Co. Bluffs	53.25			
	1A-Mike Claeys, HLV, Victor	54.07			
99	4A-Cyrus Nichols, Des Moines, Roosevelt	54.12			
	3A-Brian Stegall, Washington	52.75			
	2A-Tony Leick, St. Albert, Co. Bluffs	53.25			
	1A-Jeremy Keehn, CAL-Dows	54.51			
00	4A-Nik Moser, Fort Dodge	53.20			
	3A-Ryan Boyington, Hampton-Dumont	53.73			
	2A-Matt Lockey, Okoboji, Milford	54.29			
	1A-David Calease, Clarksville	54.55			
01	4A-Nik Moser, Fort Dodge	52.96			
	3A-Peter Avery, Waverly-Shell Rock	52.92			
	2A-Wes Terrill, Louisa-Muscatine	53.50			
	1A-David Calease, Clarksville	54.85			
02	4A-Michael Bell, Marshalltown	52.51			
	3A-Justin Koeppe, Storm Lake	53.21			
	2A-Derek Casey, Cherokee	52.94			
	1A-Blake Haywood, BCLUW, Conrad	53.85			
03	4A-Jordan Crosby, Fort Dodge	52.77			
	3A-Greg Offerman, Charles City	53.05			
	2A-Eric Heid, West Branch	54.70			
	1A-Kyle Fischer, Hinton	55.75			
04	4A-Steve Ketels, Waterloo West	54.23			
	3A-Greg Offerman, Charles City	53.08			
	<i>(Offerman ran 52.02 in the prelims)</i>				
	2A-Alex Gabrielson, Belmont-Klemme	53.36			
	1A-Eric Parker, Northwood-Kensett	54.08			
05	4A-Dennis Hammel, Davenport Central	52.89			
	3A-Greg Offerman, Charles City	51.35			
	2A-Brent Chamberlin, Eagle Grove	54.47			

INDIVIDUAL RUNNING EVENT STATE CHAMPIONS PER SCHOOL

Adair-Casey	2	Cedar Rapids, Wilson	1
A-D-M, Adel	10	Cedar Valley, Farnhamville	9
Agency	1	Centerville	12
AGWSR, Ackley	1	Central City	2
A-H-S-T, Avoca	1	Central Clinton, DeWitt	9
Akron-Westfield	2	Centra1 Elkader	3
Albert City-Truesdale	2	Central Lee, Donnellson	1
Albia	1	Central Lyon, Rock Rapids	5
Alburnett	3	Central Webster, Burnside	2
Alden	2	Charles City	17
Algona	11	Charter Oak-Ute	3
Allerton	3	Cherokee-Washington	30
Allison-Bristow	3	Clarence-Lowden	3
Alta	4	Clarinda	9
Ames	33	Clarion	7
Anamosa	10	Clarke, Osceola	4
Andrew	1	Clarksville	3
Anita	3	Clay Central, Royal	2
Ankeny	14	Clear Creek	2
Aplington	3	Clear Lake	6
Aplington-Parkersburg	1	Clinton	25
Aquinas, Fort Madison	2	Clinton, Lyons	1
Ar-We-Va, Westside	7	Clinton, St. Marys; Mater Dei	4
Armstrong-Ringsted	3	Coin	1
Assumption, Davenport	4	Colfax-Mingo	3
Atlantic	9	Colo-Nesco	2
Audubon	3	Columbus, Columbus Jct.	2
Aurelia	9	Columbus, Waterloo	5
Bancroft, St. John	2	Coon Rapids	2
Baxter & Collins-Maxwell-Baxter	5	Corning	10
Bayard	2	Council Bluffs	3
BCL, Conrad	2	Council Bluffs, Abraham Lincoln	8
BCLUW, Conrad	4	Council Bluffs, Thomas Jefferson	4
Beckman, Dyersville	2	Crestland, Early	2
Bedford	2	Crestwood, Cresco	3
Belle Plaine	8	Creston	4
Belmond-Klemme	17	Cumberland-Massena	1
Benton Community, Van Horne	1	CWL, Corwith	7
Bettendorf	6	Dallas Center-Grimes	7
BGM, Brooklyn	1	Davenport, Davenport,Central	36
Bishop Garrigan, Algona	6	Davenport, North	3
Bishop Heelan, Sioux City	14	Davenport, West	7
Boone	7	Davis County, Bloomfield	2
Boyden-Hull	6	Decorah; Decorah-North Winneshiek	12
Britt; West Hancock	14	Delwood, Elwood	3
Buffalo Center-Rake	2	Denison-Schleswig	10
Burlington	14	Denver	1
Calamus-Wheatland	3	Des Moines, Christian	2
CAL Comm; CAL-Dows, Latimer	2	Des Moines, East	45
Camanche	1	Des Moines, Hoover	6
Cardinal, Eldon	3	Des Moines, Lincoln	3
Cardinal Stritch, Keokuk	2	Des Moines, North	38
Carlisle	3	Des Moines, Roosevelt	28
Carroll	11	Des Moines, Tech	7
Cascade	1	Des Moines, West	25
Cedar	1	Dike-New Hartford	5
Cedar Falls	10	Dow City-Arion	1
Cedar Rapids	15	Dowling Catholic, West Des Moines	3
Cedar Rapids, Franklin	4	Dubuque, Hempstead	1
Cedar Rapids, Jefferson	5	Dubuque, Senior	10
Cedar Rapids, Kennedy	9	Dubuque, Loras	1
Cedar Rapids, McKinley	1	Dumont	2
Cedar Rapids, Regis	1	Dunlap	4
Cedar Rapids, Roosevelt	3	Durant-Bennett	1
Cedar Rapids, Washington	12	Eagle Grove	7

INDIVIDUAL RUNNING EVENT STATE CHAMPIONS PER SCHOOL - cont'd

Earlham	6	Janesville	5
East Central, Miles (also see Preston-EC)	6	Jefferson-Scranton	5
East Marshall, LeGrand	1	Jesup	1
East Mills	1	Johnston	3
East Union, Afton	2	Kanawha	2
Eddyville-Blakesburg	11	Kellogg	1
Eldora-New Providence	4	Keota	5
Elk Horn-Kimballton	6	Kingsley-Pierson	14
Elliott	5	Klemme	1
Emmetsburg	3	Knoxville	5
English Valleys, North English	4	Kuemper, Carroll	3
Epworth, Western Dubuque	2	Lake View-Auburn	3
Essex	2	Lamoni	4
Estherville	4	Laurens-Marathon	5
Fairfield	3	LDF-Semco, LeGrand	3
Farragut	3	LeMars	3
Fayette	3	Lincoln Central, Gruver	2
Floyd Valley, Alton	1	Linn-Mar, Marion	8
Forest City	8	Lisbon	9
Fort Dodge	15	Logan-Magnolia	1
Fort Madison	8	Lone Tree	5
Fredericksburg	4	Louisa-Muscatine	2
Fremont Mills, Tabor	1	Lovilia	3
Galva-Holstein	4	LuVerne	3
Garner-Hayfield	9	Lynnville-Sully	2
Gehlen Catholic, LeMars	8	Madrid	9
George	5	Maharishi, Fairfield	1
Gilbert	2	Malvern	6
Gilmore City-Bradgate	4	Manilla; IKM	2
Gladbrook-Reinbeck	3	Manning	5
Glenwood	8	Manson; Mason-Northwest Webster	8
Glidden-Ralston	2	Maquoketa	3
Graettinger	1	Maquoketa Valley, Delhi	2
Greene	5	Marcus	1
Greenfield	9	Marcus-Meriden-Cleghorn	187
Green Mountain	1	Marshalltown	24
Grinnell	9	Mason City	22
Griswold	5	Maurice-Orange City; MOC-FV	3
Grundy Center	5	Mediapolis	5
Guthrie Center	7	Melcher-Dallas	2
Hamburg	2	Menlo	3
Hampton	4	Meriden-Cleghorn	3
Hampton-Dumont	6	Meservey-Thornton	3
Harlan	6	MFL, MarMac	3
Hartley-Melvin; Hartley, HMS	2	Mid-Prairie, Wellman	10
Harris-Lake Park	3	Missouri Valley	7
Havelock-Plover	1	Monroe	2
Hedrick	1	Montezuma	3
Hinton	2	Monticello	8
Hubbard	2	Morning Sun	2
Hubbard-Radcliffe	1	Mount Ayr	6
Hudson	1	Mount Pleasant	17
Humboldt	13	Mount Vernon	8
Ida Grove	9	Muscatine	6
Independence	2	Nashua	1
Indianola	6	Nevada	15
Interstate 35, Truro	2	New Hampton	3
Iowa City; Iowa City, City High	26	New Hartford	2
Iowa City, University High	9	New London	4
Iowa City, West	11	Newman Catholic, Mason City	2
Iowa Falls	4	Newton	14
Iowa Mennonite School, Kalona	4	Nora Springs-Rock Falls	1
Iowa School for Deaf, Co. Bluffs	5	North Cedar Stanwood, Lincoln; Stanwood	4
Iowa Valley, Marengo	11	North Central, Manly	2
Irwin-Kirkman	4	North Fayette, West Union	7

INDIVIDUAL RUNNING EVENT STATE CHAMPIONS PER SCHOOL - cont'd

North Iowa, Buffalo Center	1	Sioux Center	5
North Kossuth, Swea City	2	Sioux City	2
North Mahaska, New Sharon	4	Sioux City, Central	15
North Polk, Alleman	4	Sioux City, East	8
North Scott, Eldridge	4	Sioux City, North	4
North Tama, Traer	6	Sioux City, Trinity	1
North Winneshiek, Decorah	1	Sioux City, West	6
Northeast, Goose Lake	2	Sioux Rapids-Rembrandt	1
Northeast Hamilton, Blairsburg	1	Solon	5
Northern University High, Cedar Falls	15	South Clay, Gillette Grove	1
Northwood-Kensett	2	South Page, College Springs	5
Norwalk	4	South Tama County	2
OA-BCIG (also see Ida Grove)	1	South Winneshiek, Calmar	1
Oakland & Riverside, Oakland	2	South Winneshiek-Turkey Valley	1
Ocheyedan	2	Southeast Polk, Runnells	1
Odebolt-Arthur	8	Southeast Warren	2
Oelwein	8	Spencer	4
Okoboji, Milford	4	Spirit Lake; Spirit Lake Park	8
Olin	2	Springville	2
Osage	5	St. Edmond, Fort Dodge	5
Oskaloosa	6	St Marys, Remsen	3
Ottumwa	12	Stanton	1
Oxford Junction	2	Storm Lake	6
Panorama; Panora-Linden	5	Sumner	1
Paton-Churdan	2	Sutherland	6
Paullina	3	Terril	8
PCM, Monroe	2	Tipton	7
Pekin	4	Titonka	2
Pella	6	Toledo Juvenile Home	4
Pella Christian	3	Turkey Valley, Jackson Jct	3
Perry	16	Treynor	15
Pleasantville	3	Tri-Center, Neola	4
Pleasant Valley	7	Tri-County, Thornburg	3
Pocahontas	5	Tripoli	3
Pocahontas Catholic	1	Union-Whitten	1
Pomeroy	3	United Community, Boone	1
Postville	5	Unity Christian, Orange City	5
Prairie, Cedar Rapids	2	Urbandale	2
Prairie City	2	Valley Jct; Valley, West DM	17
Prairie, Gowrie; Prairie Valley	1	Van Buren, Keosauqua	6
Preston-East Central	4	Ventura	1
Primghar	2	Villisca	11
Red Oak	7	Vinton, Washington	3
Regina, Iowa City	11	WACO	3
Riceville	3	Wahlert, Dubuque	4
Rock Valley	3	Wall Lake	4
Rockwell City	1	Walnut	2
Rockwell-Swaledale	1	Wapello	6
Roland-Story, Story City	6	Wapsie Valley, Fairbank	1
Rolfe	2	Washington	6
Russell	2	Waterloo, Central	2
Ruthven-Ayrshire	2	Waterloo, East	11
Sac City	10	Waterloo, Orange	1
Saint Albert, Council Bluffs	7	Waterloo, West	16
Saint Ansgar	3	Waukee	1
Sanborn	4	Waukon	2
Schaller	2	Waverly-Shell Rock	7
Scranton	4	Wayne Community, Corydon	1
Seymour	5	Webster City	8
Sheffield-Chapin	2	Wellsburg	5
Sheldon	5	West Branch	11
Shenandoah	7	West Burlington	5
Sibley	1	West Central, Maynard	1
Sidney	4	West Delaware, Manchester	1
Sigourney	4	West Harrison, Mondamin	2

INDIVIDUAL RUNNING EVENT STATE CHAMPIONS PER SCHOOL - cont'd

West Liberty	6
West Lyon, Inwood	8
West Marshall	4
West Monona, Onawa	9
West Sioux, Hawarden	6
Western Christian, Hull	1
Williamsburg	4
Wilton	2
Winfield-Mount Union	3
Winterset	15
Woodbine	6
Woodbury Central, Merville	5
Woodward Academy	1
Woodward-Granger	7

Xavier, Cedar Rapids	10
Y-J-B, Jamacia	1

SCHOOLS WITH MOST IND. RUNNING TITLES

Des Moines, East	45
Des Moines, North	38
Davenport; Davenport, Central	36
Ames	33
Cherokee, Washington	30
Des Moines, Roosevelt	28
Marshalltown	24
Iowa City, City High	26
Des Moines West	25
Clinton	25
Mason City	22



FIELD EVENT CHAMPIONS

HIGH JUMP

06 (Tie) George Walker, DM West; Paul Clark, Oak Park; E.W. Moulden, Dubuque 5-04.05	C- (Tie) Al Betz, Johnston & Donald Straight, Newell 5-07
07 Jesse Crawford, Des Moines North 5-06	54 AA- (Tie) Mel Olson, Spencer; Max Mochal, CR, Roosevelt; Don Nachtman, Dubuque; Dave Stamp, Clinton & Jim McConnell, Des Moines, Roosevelt 5-10
08 Arlo Wilson, Iowa City 5-06 7/8	A- Hugh Allen, Harlan 6-01 1/8
09 Proctor Osborn, Des Moines North 5-06	B- Dick Marsh, Postville 6-00 5/8
10 Foye Aldridge, Sioux City 5-07	C- Ted Harvey, Toledo Juvenile 5-09
11 Edwin Shrader, Iowa City 5-10	55 AA- (Tie) Mel Olson, Spencer & Ted Harvey, Des Moines, East 6-01.75
12 Clifford Barborka, Denison 5-06	A- Bob Christy, Humboldt 5-09.75
13 Samuel Moore, Indianola 5-06	B- Laverne Zobel, Tama 5-11
14 Ross Allen, Davenport 5-05	C- Bob Sweeney, Carlisle 5-10
15 Clifford Baxter, Cedar Rapids 5-09.25	56 AA- (Tie) Jim Hutchens, Waterloo, East & Lee Frandsen, Davenport 6-00 5/8
16 Ralph Pedersen, Des Moines West 5-05	A- (Tie) Doug Johnson, Sheldon; Bob Christy, Humboldt; Conrad Persels, Osceola & Larry Squires, Guthrie Center 5-09
17 Edward Rich, Maquoketa 5-08	B- (Tie) Lowell Farland, Swea City; Larry Zerwas, Manning; Walt Johnson, Manilla & Don Norton, Anamosa 5-07 3/4
18 Edward Rick, Cedar Rapids 5-05	C- Fred Olson, Newell 6-03 1/8
19 Kenneth Young, Jr., Fort Madison 5-10	57 AA- (Tie) Kent Rogerson, Des Moines, East & Joe Bryant, Mason City 6-00 7/8
20 Fred Klindt, Mason City 5-06	A- Conrad Persels, Osceola 6-00 1/16
21 Fred Klindt, Mason City 5-11	B- (Tie) Larry Zerwas, Manning; Lonnie Lamberti, Ankeny; Paul Drefke, Emmetsburg; Dick Johnson, Villisca; Bill Kauffman, Belmond; Roy Mathews, Logan & Ron Morrison, Wilton Jct 5-08
22 Jack Wightman, Perry 5-09.50	C- Fred Olson, Newell 6-01 1/8
23 Robert Carle, Knoxville 5-09.50	58 AA- (Tie) Al Robinette, Cedar Falls & Kent Rogerson, Des Moines, East 6-00
24 Dick Zvacek, Cedar Rapids, Grant 5-09	A- (Tie) Harold Ferkinstad, Cresco; Lloyd Swanson, Cherokee & Bob Kentner, Leon 5-10
25 Dick Zvacek, Cedar Rapids, Grant 5-10	B- (Tie) Dick Shannon, Clinton St. Marys & Paul Drefke, Emmetsburg 5-10 3/8
26 John Robinson, Burlington 5-10.50	C- (Tie) Vern Graham, Agency & Bill Maas, Sutherland 5-10
27 Ben Douglas, Cedar Rapids, Grant 5-10	59 AA- Emmitt Hoosman, Waterloo, East 6-02 1/8
28 William Walsmith, Davenport 5-08	A- Gary Meyer, Clarion 5-10
29 (Tie) Ralph Mitchell, Bloomfield & Maurice Peterson, Harcourt 5-10	B- (Tie) Larry Oiler, Lamoni & Mike Reis, Woodbine 5-09.75
30 Orville Madsen, Ames 5-08.75	C- Fred Schaffner, Salem 5-10.50
31 Orville Madsen, Ames 6-01 7/8	60 AA- Gayle Hopkins, Davenport Central 6-03.50
32 Orville Madsen, Ames 6-03.75	A- Jim Anderson, Clarion 5-08.50
33 Maurice Kelly, Grinnell 5-11 3/8	B- Buster Lowery, Grundy Center 5-10
34 Lawrence Redrick, Des Moines, East 5-11	C- Jerry Klett, Everly 5-09
35 Charles Ralston, West Chester 5-10.75	61 AA- Phil Minnick, Iowa City, City 6-02
36 Floyd Aiken, Grundy Center 5-09.25	A- Dave Awtry, Lake City 5-11.75
37 Jack Alderdice, Davenport 5-11.75	B- Dave Korver, Maurice-Orange City 5-10.50
38 Cable Waldorf, Vinton 5-10.75	C- Duane VanWyk, Prairie City 5-08
39 Bob Machael, Clinton 6-00.50	62 AA- Gary Gordon, Iowa City, City 6-00
40 Larry Marxer, Iowa School for Deaf, CB 5-10 5/8	A- (Tie) Charles Streit, Algona; John Sellers, Cambria; John Spitzer, Iowa City, University High & Dwight Davis, Perry 5-08
41 Romaine Woodward, Ames 5-10 11/16	B- (Tie) Gordon Watkins, Eddyville & Wally Welander, Woodbine 5-08.25
42 Harold Fiala, Waterloo, West 5-10.25	C- Duane VanWyk, Prairie City 5-08.25
43 Don Smith, Denison 5-10	63 AA- Don Timmerman, Davenport, West 6-00.25
44 Darwin Stover, Winterset 5-11 5/8	A- Ron Owen, Maquoketa 5-10.50
45 (Tie) John Wilson, Iowa City & Lynn King, Des Moines, Roosevelt 5-10.50	
46 Lee Maddocks, Mason City 5-10.25	
47 (Tie) Herb Belz, NUH, Cedar Falls & Lloyd Core, Pleasantville 5-11.50	
48 A- Gerald Cohn, Waterloo, West 5-11 3/8	
B- (Tie) Don Swartzendruber, Wellman & Bob Lange, Sac City 5-08.25	
49 A- Jon Wardell, Davenport 6-00.25	
B- Don Swartzendruber, Wellman 5-08 3/8	
50 A- Bob Miller, Waterloo, West 5-08	
B- Francis Ward, Adair 5-08	
51 A- (Tie) Burt Kirkman, Clinton; Bill Bryant, Algona; Sam Marshall, Sibley; Al Haughery, Tama & Jim Canine, Des Moines, Roosevelt .. 5-08	
B- Les Stevens, Lovilia 5-11 5/8	
52 A- Leonard Petsche, Harlan 5-10	
B- Les Stevens, Lovilia 6-00 3/8	
53 AA- Don Nachtman, Dubuque 6-00.25	
A- Judd McDougal, LeMars 5-09.25	
B- Max Mochal, Tama 5-08.25	

HIGH JUMP CHAMPIONS cont'd

	B-Gordon Watkins, Eddyville	5-09		C-Mike LaFrenz, SEMCO, Gilman	6-02
	C-Tom Knott, Coggon	5-10.50	80	AA -Paul Marchael, Iowa City, City	6-08
64	AA -Don Timmerman, Davenport, West	6-02		A -Rick Bolsinger, Guttenberg	6-06
	A -John Slutts, Cardinal, Eldon	6-02		B -Brian Tietjens, North Central, Manly	7-00.25
	B -Lawrence Holley, Carroll	6-02.25		C -Kelly Kain, Prairie City	6-02
	C -Dave Jargo, Preston	5-10.25	81	AA -Mike Tigges, Dubuque, Senior	6-08
65	AA -John Winkle, Sioux City, East	6-03.25		A -Larry Harmon, Northeast, Goose Lake ...	6-06.50
	A -Mike Morse, Jefferson	6-02		B -Brian Tietjens, North Central, Manly	7-03.50
	B -Lloyd Thornburg, Pleasantville	6-02.50		C -Daryl Schnoes, Paullina	6-04
	C -Dave Jargo, Preston	5-11	82	4A -Curtis Morrow, Des Moines, East	6-09
66	AA -Skip Anderson, Cedar Falls	6-03		3A -Jim Lloyd, Iowa Falls	6-05
	A -David Larsen, Harlan	6-02.50		2A -Airell Clark, Belmond	6-05
	B -Lloyd Thornburg, Pleasantville	6-03.75		1A -John Vaske, NESCO, Zearing	6-04
	C -Mike Hazelhoff, Swea City	6-00.25	83	4A -Lance Eaton, Valley, WDM	6-06
67	AA -Bill Kirchwen, Clinton	6-03		3A -Peter Hayes, Atlantic	6-09
	A -David Larsen, Harlan	6-02		2A -Matt Kayser, Cardinal, Eldon	6-06
	B -John Sehman, Dallas Center	6-00		1A -Marlin Bryant, Malvern	6-08
	C -Bob Nevitt, Earlham	6-00	84	4A -K.P.Lansing, Linn-Mar	6-09
68	AA -Kent Magnuson, Fort Dodge	6-04		3A -Pat Meade, North Linn, Coggon/Troy M	6-10
	A -Tim Newberry, Saint Edmond, Fort Dodge	5-07.75		2A -Steve Phye, Nashua	6-04
	B -Dave Krantz, Highland, Riverside	5-09		1A -Marlin Bryant, Malvern	6-06
	C -Dennis Spencer, Panorama	5-10	85	4A -Scott Anderson, Muscatine	6-08
69	AA -Greg Dana, Waverly-Shell Rock	6-04.50		3A -Brent Wright, Ballard	6-10.50
	A -Tim Newberry, St. Edmond, Fort Dodge ...	6-02		2A -Pat Conlon, Clarion	6-07
	B -Keith Steva, MFL, Monona	6-00		1A -Cal Alexander, Hubbard	6-07
	C -Dave Ricketts, Solon	6-02	86	4A -Kevin Freeman, Spencer	6-06
70	AA -Blaine Koch, Davenport, West	6-05		3A -Ken Fox, Saint Albert, Co. Bluffs	6-04
	A -Steve Williams, Clarinda	6-02		2A -Pat Conlon, Clarion	6-10
	B -Carl Horstman, Paullina	5-10		1A -Cal Alexander, Hubbard	6-08.25
	C -Scott Ruch, Ar-We-Va, Westside	6-02	87	4A -Andy Jacobson, Spencer	6-09
71	AA -Tom Pantenburg, Ames	6-06		3A -Mike Bentley, Turkey Valley	6-08
	A -Steve Williams, Clarinda	5-11.50		2A -Darwin Vande Hoef, Rock Valley	6-10
	B -Willie DeMan, Alta	6-00		1A -Steve Dinkla, Cumberland & Massena..	6-06
	C -Tom Winchell, Treynor	6-04	88	4A -Steve Daugherty, Prairie, Cedar Rapids	6-09
72	AA -Greg Ferguson, Waterloo, East	6-05		3A -Brad Goheen, Norwalk	6-06
	A -Colin Henderson, Starmont	6-00		2A -Darwin Vande Hoef, Rock Valley	7-00
	B -Todd Surber, Maurice-Orange City	6-03		1A -Rob Penningroth, Clarence-Lowden	6-05
	C -Bill Seely, CAL, Latimer	6-00	89	4A -Steve Daugherty, Prairie, Cedar Rapids	6-09
73	AA -Kevin O'Neill, Wahlert Catholic, Dubuque	6-06		3A -Tom Dunham, West Marshall	6-06
	A -Steve Stepanek, Cedar Rapids, LaSalle ..	6-05		2A -Darwin Vande Hoef, Rock Valley	6-10
	B -Chris VanAuken, Columbus Jct	6-06		1A -Ron Wiese, Manning	6-04
	C -Pat Clarkson, Preston	6-01	90	4A -Pete Herber, Dubuque, Senior	6-10
74	AA -Dick Garland, Marshalltown	6-07.25		3A -Andy Thompson, Johnston	6-06
	A -Steve Stepanek, Cedar Rapids, LaSalle ..	6-06.25		2A -Gary Arends, Nashua	6-09
	B -Greg Willey, West Monona, Onawa	6-04		1A -Don Wolf, Saint Mary, Storm Lake	6-04
	C -Bill Green, Dexfield, Redfield	6-02	91	4A -Scott Paulson, Indianola	6-09
75	AA -Steve Kuehl, Clinton	6-10.25		3A -Bill Betterton, Carlisle	6-04
	A -Wes Schwarzenstein, Sumner	6-06		2A -Scott Hudek, Pocahontas	6-10
	B -Leroy McCuen, Corning	6-05		1A -Steve Stahmer, Andrew	6-07
	C -Neal Gonnerman, Clay Central	6-01	92	4A -Todd Johnston, Waterloo, West	6-08
76	AA -Brad Kuhn, Fort Dodge	6-04		3A -Shawn Young, Saydel	6-08
	A -Keith Lauritzen, Audubon	6-04		2A -Chris Greiner, Cardinal, Eldon	6-06
	B -Leroy McCuen, Corning	6-06.50		1A -Zack Jones, Malvern	6-08.50
	C -Jim Franzen, Fredericksburg	6-02	93	4A -Terry Bensink, Dubuque, Hempstead ...	6-06
77	AA -Doug Smith, Newton	6-08		3A -Jon Oostra, Western Christian, Hull	6-04
	A -Rod Smith, West Liberty	6-04		2A -Shawn Young, Saydel	6-07
	B -Dan Meade, North Linn, Coggon/Troy M.	6-07		1A -Brandon Wade, Rockwell City-Lytton ...	6-06
	C -Mark Roberts, Sioux Valley, Linn Grove .	6-04	94	4A -Marcus Clark, Davenport, West	6-09
78	AA -John Arnaud, Sioux City, North	6-06		3A -Adam Almquist, Clarinda	6-05
	A -Calvin Rickles, Monticello	6-04		2A -Erik Donahue, Waukee	6-06
	B -Steve Arens, Gehlen Catholic, LeMars ...	6-04		1A -Brandon Wade, Rockwell City-Lytton ...	6-06
	C -Doug Lockin, Aurelia	6-04	95	4A -Ed Berlin, Urbandale	6-07
79	AA -Kirk Hobbs, Cedar Rapids, Washington	6-08		3A -Rich Wemer, Grinnell	6-05
	A -Randy Booth, Grinnell	6-04		2A -Cory Spencer, Colo-Nesco	6-07
	B -Ray Storck, Iowa Valley, Marengo	6-04		1A -Sean Clark, Manning	6-06

HIGH JUMP CHAMPIONS cont'd

96	4A-Ed Berlin, Urbandale	6-06
	3A-Joey Brunkhorst, Iowa Falls	6-07
	2A-Court Lutgen, North Fayette, West Union	6-04
	1A-Sean Clark, Manning	6-05
97	4A-Dan Colony, Cedar Rapids, Washington .	6-08.25
	3A-Jason Nekola, South Tama County	6-07
	2A-Joey Brunkhorst, Iowa Falls	6-10
	1A-Jesse Arnold, Martensdale-Saint Marys	6-07
98	4A-Rory Howell, Linn-Mar	6-08
	3A-Tom Schmidt, Atlantic	6-04
	2A-Jake Kingery, PCM, Monroe	6-08
	1A-Jesse Arnold, Martensdale-Saint Marys	6-02
99	4A-Andy Kohler, Ames	7-00
	3A-Aaron Pence, Fort. Madison	6-04
	2A-Travis Wielenga, Sioux Center	6-06
	1A-Josh Dubberke, Hubbard-Radcliffe	6-04
00	4A-Andy Kohler, Ames	6-06
	3A-Tyler Anderson, Carroll	6-04
	2A-Matt Harken, Aplington-Parkersburg	6-10
	1A-Cale Van Genderen, Lynnville-Sully	6-05
01	4A-Andy Anderson, Boone	6-02
	3A-Jeff Witthoff, Washington	6-04
	2A-Kyle Klein, Okoboji, Milford	6-07
	1A-Cale VanGenderen, Lynnville-Sully	6-07
02	4A-Jason Bice, Bettendorf	6-04
	3A-Ben Honig, Glenwood	6-08
	2A-Bill McConnaha, West Branch	6-07
	1A-Jaron Van Mannen, Lynnville-Sully	6-06
03	4A-Steve Cantry, Cedar Rapids Kennedy ..	6-06
	3A-Ben Honig, Glenwood	6-08
	2A-Ryan Rasmussen, Davis County, Blmfd	6-06
	1A-Eric Johnson, Newell-Fonda	6-08
04	4A-Aaron Bentle, Mason City	6-06
	3A-Ryan Rasmussen, Davis County, Blmfd	6-06
	2A-Luke Branderhorst, Pella Christian	6-06
	1A-Jaron VanMannen, Lynnville-Sully	6-10
05	4A-Mat Clark, Ames	6-05
	3A-Marc Meierotto, Fort Madison	6-07
	2A-Dan Rolling, Okoboji, Milford	6-09
	1A-Ehi Oamen, Hinton	6-07
06	4A-Kyle McCain, Southeast Polk	6-03
	3A-Marc Meierotto, Fort Madison	6-10
	2A-Josh Bradley, Saint Edmond, Fort Dodge	6-07
	1A-Ehi Oamen, Hinton	6-11
07	4A-Noah Kittelson, Indianola	6-06
	3A-Colten Kelly, Anamosa	6-07
	2A-Nick Riesselman, Kuemper Catholic, Carroll	6-06
	1A-Luke Thompson, Montezuma	6-10
08	4A-TrayVonn Wright, Waterloo West	6-10
	3A-Colten Kelly, Anamosa	6-11
	2A-Jordan Sathoff, Pekin.....	6-10.50
	1A-Kody Gillaspie, Westwood, Sloan	6-08
09	4A-Noah Kittleson, Indianola	6-08
	3A-Weston Ketelsen, Central Clinton, DeWitt	6-06
	2A-Matt Huseman, East Sac County	6-06
	1A-Kody Gillaspie, Westwood, Sloan	6-07
10	4A-Noah Kittleson, Indianola	6-10
	3A-Stephen Meyer, Oelwein	6-04
	2A-Jerad Croghan, IKM-Manning	6-08
	1A-Jordan Cress, Olin	6-07
11	4A-Tyler Donels, Southeast Polk	6-08
	3A-Stephen Meyer, Oelwein	6-07
	2A-Braydee Poore, Mount Ayr	6-04
	1A-Jordan Cress, Olin	6-09
12	4A-Justin Randall, Burlington	6-08

3A-Austin Krohn, Sergant Bluff-L:uton	6-06
2A-Cody Jamison, Monticello	6-04
1A-Jared Schoelerman, Clay Central-Everyly	6-07

LONG JUMP

06	Charles McMartin, Des Moines West	20-06.50
07	Carl Harris, Des Moines West	21-02
08	George Baird, Des Moines West	20-11.50
09	Norman Guth, Des Moines East	20-07
10	Raymond McBain, Des Moines West	21-09.50
11	Raymond McBain, Des Moines West	21-03
12	Lawrence Dutton, Anamosa	21-01
13	Lawrence Dutton, Anamosa	21-02
14	Leo Nugent, Anamosa	20-00.50
15	Will Paige, Fort Dodge	20-09.25
16	(Tie) Robert Howard, Des Moines West & Paul Gates, Sioux City	20-11
17	Paul Gates, Sioux City	20-03
18	Cecil Brewton, Mason City	20-00.50
19	Eric Wilson, Iowa City	20-09
20	Gerald Hass, Sioux City	19-07
21	Morgan Taylor, Sioux City Central	20-06.50
22	John Everingham, Fort Madison	20-10
23	John Everingham, Fort Madison	21-10
24	Harold Morris, Colfax	22-04.25
25	Joe Lillard, Mason Cty.	20-08.50
26	Vane Snorf, Des Moines, Roosevelt	20-03.25
27	Frank Baker, Cedar Rapids, Washington ..	21-07.75
28	Bob Chase, Des Moines, Roosevelt	21-05.50
29	Harold England, Creston	21-10.50
30	Floy Gates, Des Moines, North	21-10.50
31	Richard Warren, Eldora Training School ...	23-03
32	Skeets Haltom, Creston	22-03 1/8
33	Jack Parker, Lamoni	22-07.50
34	Herbert Eaton, Sidney	21-05.50
35	Jack Phillips, Webster City	21-05.75
36	John Davenport, Cedar Rapids, McKinley ..	21-10
37	Bob Wilton, Davenport	21-01.25
38	Billy Green, Newton	22-09.50
39	Wilbur Workman, Grinnell	22-05
40	Wilbur Workman, Grinnell	21-01.50
41	Bill Draper, Co.Bluffs, Thomas Jefferson ...	21-04 3/8
42	John Thompson, Muscatine	22-05.25
43	Dick Muhl, Fort Dodge	21-05.25
44	Gordon Kastler, Des Moines, Lincoln	21-10
45	James Burlingame, Clinton	20-03.50
46	Al Ballard, Ames	22-00 7/8
47	Don Green, Ames	21-11
48	A-Carl Midcalf, Cedar Rapids, McKinley	20-05.25
	B-Dick Hoel, Lake Mills	19-10
49	A-Tom Shupe, Clarion	21-09
	B-Jim Kent, Mount Vernon	19-00.50
50	A-Tom Shupe, Clarion	21-06 1/8
	B-Jim Kent, Mount Vernon	21-00.25
51	A-Reggie Atkins, Des Moines, East	21-05
	B-Gary Beckley, Grundy Center	20-10
52	A-Phil Leahy, Clinton	21-04
	B-Don White, Lamoni	21-03
53	AA-Norval Lee, Cedar Rapids, Roosevelt ..	21-00
	A-Tom Ecker, Waverly	21-08.75
	B-Bill Warner, Woodbine	20-06.25
	C-Bob Mister, Iowa School for Deaf	21-08.75
54	AA-Bob Warren, Centerville	21-07.25
	A-Ross Pilkington, Red Oak	21-01.50

LONG JUMP CHAMPIONS cont'd

B-John Whitehead, Greene	20-11.25	C-Mark Swalley, Sanborn	21-03
C-Terry Stevens, Fayette	20-071/8	71 AA -Ken Jackson, Waterloo, East	22-10.50
55 AA -Ted Harvey, Des Moines, East	22-101/8	A-Randy Van Voorst, Pella Christian	20-01.75
A-Bob Brandt, Denison	21-031/8	B-Mike Wehner, Schleswig	21-07.25
B-Earl VanSteenhuysse, Wellsburg	20-08.50	C-Tom Schroeder, Preston	21-09.50
C-Ralph Aasheim, Bode	20-00.50	72 AA -Ken Jackson, Waterloo, East	22-04
56 AA -Ron Altenberg, Marion	21-045/8	A-Steve Little, Jefferson	21-03
A-Bob Brandt, Denison	21-01.50	B-Craig Buhrow, Milford	21-01
B-Kenneth Singer, Sac City	19-04.50	C-Dale Greimann, Sheffield-Chapin	21-03.50
C-Bill Edgar, Grand Junction	19-103/8	73 AA -Dennis Green, Davenport, Central	23-04
57 AA -Bob Sojka, Cedar Rapids, Wilson	21-05	A-Tom Meade, Williamsburg	21-01.75
A-Chuck Runge, DeWitt	22-00.50	B-Jim Marker, Northwood-Kensett	21-04.50
B-Danny Mairet, Keosauqua	19-01 174	C-Brent Hoegh, Elk Horn-Kimballton	21-03.25
C-Larry Wink, Merville	19-025/8	74 AA -Jay Dana, Waverly-Shell Rock	22-06.25
58 AA -Gary Cleghorn, Spencer	21-10.75	A-Doug Rempp, West Marshall	21-11
A-Jim VanWerden, Winterset	20-05.50	B-Randy Murray, Columbus Jct.	22-01.25
B-Duane Petz, Williamsburg	21-055/8	C-Greg Capell, Fayette	22-06.50
C-Jerry Barrick, Blairsburg	19-06.75	75 AA -Dennis Green, Davenport, Central	23-04.50
59 AA -Gayle Hopkins, Davenport Central	21-07.50	A-Jeff Wettach, Mount Pleasant	21-09.50
A-Doug Cumming, Eagle Grove	19-05.75	B-Randy Murray, Columbus Jct.	22-06
B-Lonnie Rogers, English Valleys	21-03.25	C-Greg Van Pelt, Panora-Linden	21-04
C-Dick Umsted, Harcourt	20-08.75	76 AA -Tim Wiseman, Davenport, Central	23-01
60 AA -Jim Piper, Ames	22-10.50	A-Gary Crawford, Washington	22-08.75
A-Doug Cumming, Eagle Grove	21-02.50	B-Leroy McCuen, Corning	21-01
B-Lonnie Rogers, English Valleys	22-01.25	C-Greg Van Pelt, Panora-Linden	20-08.50
C-Dennis DeWitt, Elliott	20-05	77 AA -Dave Minnick, Ames	22-10.25
61 AA -Lloyd Mathews, Sioux City, Central	22-08.50	A-John Dietrich, Emmetsburg	22-01.50
A-Lyle Wilke, Central Lyon, Rock Rapids ...	21-05.50	B-Leroy McCuen, Corning	22-04.50
B-Dennis Sims, Anita	20-06.25	C-Kent Krug, West Bend	21-07.25
C-Lloyd VanZee, Prairie City	19-04.75	78 AA -Wayne Denton, Waterloo, West	23-02.50
62 AA -Harry Alley, Winterset	22-09	A-Dave Showalter, Mid-Prairie	22-01.50
A-John Wagner, Perry	21-11.25	B-Dave Burris, NUH, Cedar Falls	21-11
B-Jack Cooper, Carlisle	20-04	C-Kurt Harle, Kanawha	22-00.75
C-Lloyd VanZee, Prairie City	21-02	79 AA -Wade Harrington, Davenport Central ...	23-06.25
63 AA -Tom Landsberg, Ames	22-00.25	A-Chuck Meyer, North Fayette	22-00
A-John Wagner, Perry	22-04.75	B-Dan Bloomquist, Cardinal	21-05.25
B-Dennis Sims, Anita	21-07	C-Kurt Harle, Kanawha	21-11.25
C-Charles Malm, Pocahontas Catholic	21-04.50	80 AA -Claude Perkins, Waterloo, Central	22-11.75
64 AA -Tom Landsberg, Ames	23-03.75	A-Chuck Meyer, North Fayette	22-05.50
A-Ken Brauman, Eagle Grove	22-01.50	B-Dave Groen, Sioux Center	21-05.50
B-John Lounsberry, NUH, Cedar Falls	20-08.75	C-Geoff Rupe, Maxwell	22-04.50
C-Charles Malm, Pocahontas Catholic	21-02	81 AA -Ron Foreman, Des Moines, East	22-11
65 AA -Skip Gooch, Mason City	22-01	A-Eric Evans, Iowa Falls	21-07.75
A-Ken Brauman, Eagle Grove	21-10	B-Brian Tietjens, North Central	22-08.75
B-Craig Lewis, Emmetsburg	22-05.25	C-Dave Hawkins, Bennett	22-00
C-Steve Chambers, Treynor	21-04	82 4A -Chris Walker, Davenport, Central	22-06.50
66 AA -Gregg Kohrs, CB, Thomas Jefferson	22-07.25	3A -Rich White, Creston	21-06.50
A-Lenny Dunham, West Marshall	22-02.50	2A -Mark Zuber, Iowa Valley, Marengo	22-00.75
B-Rod Nelson, Aurelia	22-09	1A -Dave Hawkins, Bennett	21-07.75
C-Bob Vermett, NE Hamilton	22-00	83 4A -Chris Walker, Davenport, Central	24-01
67 AA -Gregg Kohrs, CB, Thomas Jefferson	22-05.75	3A -Rod Suazo, North Fayette, West Union	21-05.75
A-Lenny Dunham, West Marshall	22-08	2A -Tork Hook, Wayne, Corydon	22-02.25
B-Mike Junck, Woodbury Central	22-09.25	1A -John McCombs, Sioux Rapids-Rembrandt	21-11.75
C-Rex Bristow, LuVerne	21-01	84 4A -Chris Walker, Davenport, Central	24-00.50
68 AA -Landy Waller, Cedar Rapids, Washington	22-11.50	3A -Greg Rogers, Center Point	22-00.50
A-Jim Simpson, Marion	22-00.75	2A -Matt Zuber, Iowa Valley, Marengo	21-10
B-Mike Maxted, West Harrison	21-05.25	1A -Phil Forbes, Lone Tree	20-08.25
C-Neil Mandsager, Goldfield	22-00	85 4A -Mike Anderson, Waterloo, East	22-06.75
69 AA -Walter Ewing, Davenport, Central	22-03.25	3A -Sam Gout, Estherville	22-04
A-Ted Leverenz, Ankeny	22-05.25	2A -Matt Zuber, Iowa Valley	24-03
B-Mike Everett, Carroll	20-05.75	1A -Phil Forbes, Lone Tree	21-05.75
C-Don Bristow, LuVerne	20-10.25	86 4A -Lyle Taylor, Indianola	22-02
70 AA -Mark Chardoulas, Fort Dodge	22-04.75	3A -Willie Barney, Mount Pleasant	22-09.75
A-Dennis Thorson, Humboldt	22-02.50	2A -Jeff Gavin, Regina, Iowa City	22-04
B-Garry Hutchinson, West Harrison	21-00.25	1A -Lant Doran, Paton-Churdan	21-08

LONG JUMP CHAMPIONS cont'd

87	4A -Marvin Sims, Iowa City, West	22-08	3A -Paul Aanonson, Ballard, Huxley	21-10	
	3A -Paul Blazek, Turkey Valley	22-00.75	2A -Devan Moylan, Panorama	21-09.50	
	2A -Lynn Van Beek, Sioux Center	21-10.25	1A -Jaron VanMaanen, Lynnville-Sully	22-07.75	
	1A -Steve Dinkla, Cumberland & Massena ..	21-00	04	4A -Ben Evans, Iowa City, City	22-09.50
88	4A -Darren Smith, North Scott	23-04.50		3A -Mike Keller, Storm Lake	21-09
	3A -Mike Otting, Cascade	22-08.50		2A -Dustin Baum, Eldora-New Providence ..	22-08.50
	2A -Brian Tucker, Corning	22-06.25		1A -Eric Parker, Northwood-Kensett	21-11
	1A -Eric Pingel, Sutherland	22-00.25	05	4A -Aaron Jarosh, Ankeny	22-07.50
89	4A -LaVance Banks, Bettendorf	22-11.50		3A -Aaron Albus, LeMars	21-04
	3A -Cole Honeck, Hampton-Dumont	22-00.75		2A -Tristan Evans, Starmont, Arlington	22-00
	2A -Brian Tucker, Corning	23-01		1A -Eric Smith, West Harrison, Mondamin ...	21-06.50
	1A -Richard Harris, GMG, Garwin	21-08	06	4A -Matt Kleven, Mason City	22-04
90	4A -Todd Madsen, Webster City	23-08		3A -DaMarcus Taylor, Carlisle	22-03.25
	3A -Jamie Leonard, Dallas Center-Grimes ..	21-11		2A -Nick Pearson, South Hardin, Eldora	22-07.75
	2A -Jason Zoske, Hubbard	22-02		1A -Steven George, Maharishi, Fairfield	22-10.75
	1A -Chad Morton, CAL-Dows	21-07.50	07	4A -Matt Kleven, Mason City	22-08.25
91	4A -John Barnett, Ames	22-06.75		3A -Alex Spielman, Ballard	22-01.75
	3A -Scott VanWyngarden, Knoxville	22-06		2A -Lucas Bostrom, North Fayette, West Union	21-05.50
	2A -Rick Aalfs, BCL, Conrad	21-10.75		1A -Josh Willert, West Hancock, Britt	21-04.75
	1A -David Elser, South Clay, Gillett Grove ..	21-07.50	08	4A -Derek Williams, Marshalltown	21-10.50
92	4A -Tim Dwight, Iowa City, City	23-03.25		3A -Trevor Galbreath, Keokuk	21-06.50
	3A -Shawn Young, Saydel	22-08		2A -Nick Pulscher, Sheldon	21-07.50
	2A -Deon Wingert, Bishop Garrigan, Algona	21-10.50		1A -Zach Bennington, Central Elkader	22-02.50
	1A -Mark Hall, Whiting	21-09	09	4A -Kenny Gilmore, Davenport Central	22-02
93	4A -Tim Dwight, Iowa City, City	23-05.50		3A -Kyle Crossett, Knoxville	22-04.50
	3A -Andrew Paulsen, Waverly-Shell Rock ...	21-08		2A -Sid Hanson, Dike-New Hartford	22-02.25
	2A -Jeff Buss, Denver	21-09.75		1A -Mason Tompkins, Montezuma	22-03.75
	1A -Matt Hall, Hinton	21-09	10	4A -Kenny Gilmore, Davenport Central	22-03.75
94	4A -Tim Dwight, Iowa City, City	23-11		3A -Riley McCarron, Wahlert, Dubque	22-04.50
	3A -Andrew Paulsen, Waverly-Shell Rock ...	22-08.50		2A -Justin Wohlert, Hartley-Melvin-Sanborn ..	22-02.75
	2A -Curt Accola, Ballard, Huxley	22-04		1A -Zach Steinhoff, Manson NW Webster	21-11.50
	1A -Matt Hall, Hinton	21-09.50	11	4A -Kenny Gilmore, Davenport Central	23-01.75
95	4A -Mark Norman, Waterloo, East	22-02		3A -Riley McCarron, Wahlert, Dubuque	22-05
	3A -Bryan Gilbreath, Waverly-Shell Rock ...	20-10		2A -Caleb Freund, Durant	21-08.75
	2A -Curt Accola, Ballard, Huxley	21-8		1A -Nick Efkamp, Madrid	23-02.50
	1A -Kevin Wise, South Page, College Sprngs	22-00.50	12	4A -Jerry Westerfield, Davenport, North	24-01
96	4A -Jess Holland, Iowa City, City	23-01.50		3A -Grant May, Glenwood	22-00
	3A -Troy Shulte, Bishop Heelan, Sioux City.	21-05		2A -Dalton Ferch, West Marshall	22-11.75
	2A -Josh Gondek, Mount Vernon	20-07.50		1A -Josh Market, Manson Northwest Webster	22-06.50
	1A -Kevin Wise, South Page, College Spr ...	21-03.25			
97	4A -Terry Reiners, Fort Dodge	22-06.50			
	3A -Bryan Gilbreath, Waverly-Shell Rock ...	23-04			
	2A -Josh Gondek, Mount Vernon	22-06			
	1A -Tim Dodge, Rockwell-Swaledale	23-01			
98	4A -Adam Benge, Ankeny	22-01			
	3A -Brad Witthoft, Washington	22-06			
	2A -Darin Naatjes, West Lyon, Inwood	22-01			
	1A -Chris McCullough, Pleasantville	22-02.25			
99	4A -Kolby Jones, Dowling Catholic, WDM....	23-00.50			
	3A -Ben Hall, Harlan	22-10.25			
	2A -Josh Hanson, North Fayette	21-09.25			
	1A -David Rhodes, Iowa Mennonite, Kalona	22-00.25			
00	4A -Hakim Hill, Iowa City, City	22-06			
	3A -Adam Haluska, Carroll	21-07.75			
	2A -Matt Ditch, Center Point-Urbana	21-09.25			
	1A -Lee Roden, West Harrison	21-00.50			
01	4A -Hakim Hill, Iowa City, City	22-11.50			
	3A -Adam Haluska, Carroll	22-01			
	2A -Bret VanWyk, Pella Christian	22-02.75			
	1A -Nick Bender, Madrid	21-02.75			
02	4A -Rummel Monk, Des Moines Lincoln	22-07.25			
	3A -Adam Haluska, Carroll	22-05.25			
	2A -Cody Eichmeier, AGWSR, Ackley	22-11.50			
	1A -Nick Bender, Madrid	22-02.50			
03	4A -Jordan Crosby, Fort Dodge	22-06.25			

SHOT PUT

06	Ray Murphy, Ida Grove	44-07
07	Merle Alderman, Marion	45-03
08	Donald Wagner, Des Moines West	40-07
09	C. Eugene Van Gent, Ottumwa	44-06
10	Rudolph Hoper, Hartley	44-10
11	Howard Aldrich, Sioux City	43-07.25
12	Kenneth C. Humble, Marion	42-05
13	Francis Heaney, Cedar Rapids	43-00
14	Elliott Purmort, Des Moines West	41-11
15	Frank Hargens, Davenport	45-07
16	Harold McKowan, Des Moines West	44-04
17	Everett Muir, Hampton	45-01
18	Everett Muir, Hampton	45-10
19	Curtis Morton, Des Moines North	43-11
20	Lloyd Hills, Blanchard	41-10
21	Herb Boettger, Grinnell	45-02.50
22	Paul Little, Des Moines East	45-10
23	Gordon Meeter, Hawarden	46-00.75
24	Ray Cherry, West Chester	44-075/8
25	Lawrence Coomer, Dayton	46-7
26	Charles Barge, Montezuma	47-09.75
27	John Larson, Sergeant Bluff	45-05
28	Wayne Massey, Renwick	48-035/8

SHOT PUT CHAMPIONS cont'd

29	Edmund Cook, Keokuk	47-03.50	62	AA-Jim Miller, Des Moines, North	56-00.75
30	John Smolar, Atlantic	47-05 3/8		A-Jim Bayse, Grundy Center	49-07.50
31	Bob Earl, Des Moines, North	48-10 7/8		B-Joel Harris, Carroll	50-05
32	John Whinnery, Fort Dodge	48-01.50		C-Andy Ness, Sioux Rapids	48-02
33	Floyd DeHeer, Oskaloosa	46-11.50	63	AA-Tom Knutson, Cedar Rapids, Jefferson	58-02.75
34	Floyd DeHeer, Oskaloosa	54-06		A-Harold Sorenson, Bedford	54-09.50
35	Allen Dillon, Des Moines, Roosevelt	48-00		B-Joel Harris, Carroll	52-07.50
36	Allen Dillon, Des Moines, Roosevelt	53-02.25		C-Doug Winter, Ocheyedon	49-03.75
37	Noble Ferren, Centerville	49-05	64	AA-Terry Huff, Davenport,Central	55-08
38	John Welchman, Davenport	48-03		A-Dennis McNulty, Belmont	51-05.50
39	Ira Lund, Clinton	50-01 1/8		B-Jim Norman, Adel	54-10.25
40	Dick Bliss, Ames	53-09		C-Ken Huelman, Schaller	54-07
41	Dick Hoerner, Dubuque	50-04 5/8	65	AA-Jon Meskimen, Cedar Rapids, Jefferson	60-03.25
42	Bob Hendren, Clarinda	49-07.50		A-Mike Mulvaney, Independence	52-06.25
43	Dave Williams,Ottumwa	46-08 1/8		B-Ken Hamman, Farragut	51-03.50
44	Dave Williams,Ottumwa	48-08.50		C-Ken Huelman, Schaller	55-04.50
45	Bob Nelson, Des Moines, North	49-05.75	66	AA-Doug Lane, Cedar Rapids, Jefferson	60-11
46	Bob Nelson, Des Moines, North	49-10.50		A-James Rudd, Sac City	54-11.75
47	Joe Paulsen, Davenport	50-11		B-John Martin, NUH, Cedar Falls	49-11
48	A-Jim Robertson, Ames	50-08 3/8		C-Al Feuerbach, Preston	57-07
	B-Marv Tuttle, Iowa School for Deaf, CB	49-09.25	67	AA-Doug Lane, CR, Jefferson	64-05.75
49	A-Jim Robertson, Ames	54-05.75		A-Dave Mockridge, Central Clinton, DeWitt	55-05.25
	B-Marv Tuttle, Iowa School for Deaf, CB	49-11 3/8		B-Darrell Jansonius, Ackley-Geneva	52-00.75
50	A-Bill Hood, Davenport	50-09 1/8		C-Veryl Olson, LDF, LeGrand	53-09.75
	B-Ralph Yoder, Ollie	47-06.50	68	AA-Doug Lane,Cedar Rapids,Jefferson	65-11.50
51	A-Bill Hood, Davenport	54-02		A-Fred Beaver, Sac City	52-10.25
	B-Marlow Eckhoff, Rockwell City	47-00.75		B-Chuck Asher, Carlisle	55-07
52	A-Jim Freeman, Iowa City, City	52-02.25		C-Leon Walterman, Dike	52-05
	B-Don Kolsrud, DeWitt	47-11.50	69	AA-Carl Hesse, Sioux City, East	60-02
53	AA-Jim Dabner, Fairfield	49-09		A-Glenn Richardson, Urbandale	55-03.75
	A-Stan Whelchel, Perry	49-02 5/8		B-Dan Miller, Belle Plaine	53-03.50
	B-Francis Boetel, Hartley	49-00.75		C-Pat Bishop, Bondurant-Farrar	49-01
	C-Bill Ehrenfelt, Wellman	42-11.50	70	AA-Bob Herman, Cedar Rapids, Jefferson	56-11.25
54	AA-Jim Dabner, Fairfield	51-00.75		A-Randy Omgvig, Eagle Grove	55-07
	A-Charles Hackett, Bettendorf	51-02 1/8		B-Larry Hutchinson, West Harrison	55-03
	B-Ken Collins, Eldora	50-07.50		C-Darrel Satern, Twin Rivers	51-09.75
	C-Charles Quillin, New Sharon	45-00 5/8	71	AA-John Patrick, Oskaloosa	55-03
55	AA-Ed McDowell, Ames	56-03		A-Dan Hutchcroft, Mediapolis	55-11.25
	A-Jim Donhowe, Hampton	50-10.50		B-Brad Storm, Belle Plaine	56-06
	B-Gary Belgarde, Adel	49-03.75		C-George Williamson, Battle Creek	52-11
	C-Jerry Dawley, New Sharon	43-06	72	AA-Brian Criswell,Grinnell	58-02
56	AA-Roger Carlson, Dubuque	58-00.50		A-Brent Geringer, Mount Ayr	55-01.75
	A-Scott Wagler, Bloomfield	53-10		B-Dave Lanther, Midland, Wyoming	55-00.50
	B-Alan Vieth, Oakland	48-11.25		C-George Williamson, Battle Creek	52-10
	C-Jerry Dawley, New Sharon	49-07.50	73	AA-Ken Stracener, Clinton	55-02.75
57	AA-Bill Housel, Iowa City, City	55-11.25		A-Brent Geringer, Mount Ayr	55-08.50
	A-Jack McDonald, Clear Lake	50-02.75		B-Steve Scanlon,Villisca	51-02.50
	B-Allan Vieth, Oakland	53-07 7/8		C-Darrell Schumacher, Battle Creek	55-01
	C-Ron Walter, Farragut	48-05	74	AA-Ken Stracener, Clinton	56-07.25
58	AA-Dick Pilgrim, Davenport	56-08.75		A-Brent Geringer, Mount Ayr	60-04
	A-Mike Welch, Sac City	54-06		B-John Birmingham, Nashua	52-11.25
	B-Bob Zaehring, Clinton St.Mary's	50-10 3/8		C-Bob Feuerbach, Preston	58-04.75
	C-Bill Reif, Kalona	50-02.50	75	AA-Andy Michelson, Clinton	58-03.50
59	AA-Lee Carlson, Dubuque	60-00.50		A-Chuck Locke, Davis County, Bloomfield	55-04.50
	A-Jim Spooner, Storm Lake	52-04		B-Jeff DeVilder, BGM, Brooklyn	55-06.75
	B-Dean Gerber, Holstein	51-03.75		C-Bob Feuerbach, Preston	60-10.25
	C-Gary Bintz, Sutherland	44-11.50	76	AA-Derrick Barker, Marshalltown	57-03
60	AA-Bob Berry, Burlington	58-00		A-Chuck Locke, Davis County, Bloomfield	60-08.75
	A-Terry Carlson, Humboldt	49-04		B-Jeff DeVilder, BGM, Brooklyn	59-02.75
	B-Gregg Harrison, Eldora	49-01		C-Kirby Gilson, Bayard	53-08.50
	C-Bruce Petrich, Sanborn	46-10.25	77	AA-Jeff Hayek, Davenport, Central	58-00.25
61	AA-Wayne Thimmesch, Burlington	55-09.75		A-Chuck Locke, Davis County, Bloomfield	62-09.75
	A-Larry Strickler, Sigourney	50-11.75		B-Jeff DeVilder, BGM, Brooklyln	61-11.25
	B-Joel Harris, Carroll	48-07		C-Jeff Tolly, Mormom Trail	52-02.25
	C-Andy Ness, Sioux Rapids	47-10.50	78	AA-Phil O'Neil, Co.Bluffs, Thomas Jefferson	58-07.50

SHOT PUT CHAMPIONS cont'd

	A-Steve Settle, Nevada	61-00.75		2A-Jamie Beyer, PCM, Monroe	55-01.50
	B-Shamus McDonough, Corning	56-02.75		1A-Paul Schroeder, Gehlen Catholic, LeMars	54-02.50
	C-Brad Neuberger, Boone Valley	53-08.25	95	4A-Erik Rogers, Davenport, West	50-09.75
79	AA-Jeff Steger, Davenport, Central	57-04		3A-Jim Leemon, Waverly-Shell Rock	53-02.50
	A-Paul Hufford, Mount Vernon	57-00.25		2A-Jamie Beyer, PCM, Monroe	58-05.50
	B-Arnie Doden, Buffalo Ctr-Rake	53-01		1A-Matt Voge, Galva-Holstein	53-04.25
	C-Bob Jenson, Lincoln Central, Gruver	54-08.50	96	4A-Cory Bern, Spencer	53-09.50
80	AA-Paul Deniston, Davenport, Central	56-11.50		3A-Jason Cheever, Bishop Heelan, Sioux City	52-11.50
	A-Joe Beadle, Anamosa	58-01.50		2A-Zech Schiebout, Pella Christian	53-00.75
	B-Tim Buenz, Charter Oak-Ute	54-09.75		1A-Jay Jensen, Galva-Holstein	51-06
	C-Tim Hadden, Primghar	51-06.25	97	4A-Curt Lessman, SC, East	53-04.75
81	AA-Norm Balke, Iowa City, City	58-01		3A-Jason Cheever, Bishop Heelan, Sx City	55-01
	A-Jim Strand, Glenwood	55-04.50		2A-Joel Ellis, Emmetsburg	54-10.75
	B-Mike Goad, Iowa Valley	58-10		1A-Matt Mai, Gehlen Catholic, LeMars	56-07
	C-Barry Cuvelier, New Hartford	57-00.50	98	4A-Trent Clemen, Wahlert, Dubuque	59-05
82	4A-Dave Juehring, Davenport, West	61-05		3A-Robert Hamre, Davis County, Bloomfield	56-02.25
	3A-Jim Strand, Glenwood	56-06		2A-Ryan Winters, Iowa Falls	56-01.25
	2A-Dave Siler, Denver	53-10.25		1A-Matt Mai, Gehlen Catholic, LeMars	54-11.75
	1A-Barry Cuvelier, New Hartford	57-06.75	99	4A-Ben Deike, Marshalltown	57-01.75
83	4A-Mike Flagg, Cedar Falls	57-02.25		3A-Dennis Anderson, Glenwood	58-09
	3A-Rick Davidson, Davis County, Bloomfield	54-02		2A-Robby Beyer, PCM, Monroe	59-11
	2A-Calvin Vande Hoef, Sibley	54-01.75		1A-Chris Mohr, Coon Rapids-Bayard	50-08.50
	1A-Paul Slater, Arnolds Park	50-00.50	00	4A-Jake Bowers, Sioux City, North	53-11.75
84	4A-Ben Norby, Dubuque, Senior	56-07.25		3A-Scott Romans, Glenwood	56-10.25
	3A-Stuart Stahl, Williamsburg	53-08		2A-John Reilly, East Marshall, LeGrand	56-03.50
	2A-Calvin VandeHoef, Sibley	55-02.50		1A-Phil Barnett, Clarksville	51-07.50
	1A-Paul Slater, Arnolds Park	51-01.50	01	4A-Ben Cronin, Ames	56-05
85	4A-Hirsch Oliver, Davenport, West	55-11		3A-Steve Wagner, Harlan	58-04.25
	3A-Andy Norland, Clarinda	59-00.50		2A-Justin Heins, North Fayette, West Union	53-04.50
	2A-Scott Phelps, Kingsley-Pierson	52-03.75		1A-Phil Barnett, Clarksville	53-03.75
	1A-Chuck Waggoner, Sutherland	53-02.50	02	4A-John Cochran, Valley, WDM	56-02.75
86	4A-Todd Eagen, Oskaloosa	56-09		3A-Shane Maier, Storm Lake	55-10.75
	3A-Andy Nordland, Clarinda	58-08.25		2A-Mitch Fields, Tipton	53-00.75
	2A-Matt Coleman, Dallas Center-Grimes	51-05.25		1A-Lucas Schossow, Galva-Holstein	54-05.50
	1A-Scott Phelps, Kingsley-Pierson	54-07.50	03	4A-Darryl Hunter, Dowling Catholic, WDM	58-09.50
87	4A-Chris Hatcher, Co.Bluffs, Thomas Jeff.	54-10		3A-Shane Maier, Storm Lake	59-03.75
	3A-Scott Davis, Glenwood	56-10.75		2A-Taylor Strube, Emmetsburg	55-10.25
	2A-Greg Greiner, Sigourney	51-09.25		1A-Wade Fegenbush, Whiting	52-10.25
	1A-Dondi Culbertson, Paton-Churdan	52-01.25	04	4A-Chase Madison, Newton	63-00
88	4A-Cory Faber, Dowling Catholic, WDM	56-11.25		3A-Jason Wagner, Grinnell	56-06
	3A-Scott Davis, Glenwood	59-00.50		2A-Jason Williams, Mount Vernon	54-08
	2A-Greg Greiner, Sigourney	53-10.50		1A-Ben Menary, Montezuma	51-04.50
	1A-Neal Warren, Madrid	52-06.50	05	4A-Julian Vandavelde, Davenport Central	56-03.75
89	4A-Chad Monson, Southeast Polk	56-02.25		3A-Sam Lambert, Webster City	59-09
	3A-Jon Pelzer, Atlantic	55-01		2A-Matt Banse, Starmont, Arlington	55-06.75
	2A-Brian Moretz, Northwood-Kensett	53-07.75		1A-Austin Steichen, St. Mary's, Remsen	56-08.50
	1A-Ruel Kirstein, Lincoln, Stanwood	54-02.75	06	4A-Julian Vandervelde, Davenport Central	58-11.50
90	4A-Jason Matthews, Burlington	55-01		3A-Taylor Mansfield, Decorah	57-01.50
	3A-John Martin, Mount Vernon	58-08.50		2A-Matt Banse, Starmont, Arlington	60-03
	2A-Rick Whipple, West Hancock	53-07		1A-Kyle Cheney, Guthrie Center	54-04
	1A-Greg Barnett, Clarksville	55-07.50	07	4A-Ryan Lamparek, Prairie, Cedar Rapids	59-06
91	4A-William Woods, Davenport, North	57-00		3A-Cody Hundertmark, Humboldt	56-07
	3A-Jeremy Truog, Estherville	53-06		2A-Matt Banse, Starmont, Arlington	60-03.50
	2A-Steve Huberty, Emmetsberg	51-01		1A-Zach Kotz, Lamoni	53-07
	1A-Josh Hagedorn, Clay Central-Everly	56-07.25	08	4A-Thomas Reynolds, Iowa City, West	57-00
92	4A-Jon LaFleur, Bishop Heelan, Sioux City	52-11.50		3A-Brandon Scherff, Denison-Schleswig	59-05.50
	3A-Tim Wilson, Decorah	55-07.25		2A-Ethan Tuftee, Assumption, Davenport	56-11.50
	2A-Willy Stone, Pekin	51-10.50		1A-Andrew Simons, West Lyon, Inwood	53-01.50
	1A-Josh Hagedorn, Clay Central-Everly	56-11.50	09	4A-Nic Toben, Ames	58-04
93	4A-Jon LaFleur, Bishop Heelan, Sioux City	56-04.75		3A-Drew Clark, Marion	64-07.75
	3A-Steve English, Mount Pleasant	53-07.50		2A-Dan Samson, CMB, Baxter	56-05.50
	2A-Scott Schaley, Camanche	59-07.75		1A-Andrew Simons, West Lyon, Inwood	54-02
	1A-Aaron Ruschy, Lincoln Central, Gruver	53-09	10	4A-Jeremy Jacobson, Bettendorf	60-00.75
94	4A-Chris Rooney, Bishop Heelan, Sioux City	52-05.75		3A-Brandon Scherff, Denison-Schleswig	58-05.25
	3A-Steve English, Mount Pleasant	60-08.25		2A-Kyle Farmer, Estherville Lincoln Central	55-00.25

SHOT PUT CHAMPIONS cont'd

	1A -Eric Simmons, Madrid	57-02.75
11	4A -Chris LaMar, Ames	53-03.25
	3A -Justin Baker, Bishop Heelan, Sx City	59-04.75
	2A -Ben Stutt, Monticello	56-06.25
	1A -Eric Simmons, Madrid	58-11
12	4A -Chris LaMar, Ames	54-07.75
	3A -Connor Melbus, Solon	57-11.75
	2A -Avery Meyers, West Liberty	58-02.75
	1A -Grant Greenfield, Sibley-Ocheyedan	52-07.50

DISCUS (4 lbs. 7 oz implement)

06	Ray Murphy, Ida Grove	110-10
07	Merle Alderman, Marion	121-07
08	Donald Wagner, Des Moines West	101-08.75
09	Ross Fife, Anamosa	108-05
10	C. Eugene Van Gent, Ottumwa	108-06
11	Howard Aldrich, Sioux City	102-11.75
12	Lawrence Dutton, Anamosa	121-01.50
13	Lawrence Dutton, Anamosa	124-08.50
14	Joe Van Ginkel, Des Moines North	107-10
15	Glen Greenwood, Webster City	115-0
16	Glen Greenwood, Webster City	113-06
17	Garwin Lewis, Wellman	108-11.50
18	Adamson, Correctionville	110-01.50
19	Bogs, Goldfield	113-10
20	James Hitch, Fort Madison	110-03
21	Glen Lytle, Nashua	119-03
22	Herb Boettger, Grinnell	115-11
23	Foster Rinefort, Grinnell	133-04.75
24	Raymond Reeves, Winfield	117-00
25	Fred Boettger, Grinnell	111-00
26	Charles Barg, Montezuma	122-06.50
27	Mike Wilkinson, Independence	113-05 5/8
28	Gerry Foster, Davenport	124-09
29	Dee Osborn, Perry	129-02
30	Dee Osborn, Perry	128-08.50
31	Bob Santee, Iowa Falls	124-06.25
32	John Welbes, Dubuque	136-09
33	Lawrence Costigan, Buffalo Center	133-09.25
34	Floyd DeHeer, Oskaloosa	125-00
35	Weldon Peter, Waterloo, East	128-01
36	Allen Dillon, Des Moines, Roosevelt	128-00
37	Ken Hagerty, Shenandoah	121-00 1/8
38	Harold Hughes, Ida Grove	123-11

DISCUS (3 lbs. 9 oz implement)

39	Ralph Beardsley, Anamosa	136-08.75
40	George Gast, Osage	145-01.25
41	Jack Muckler, Grinnell	143-10.25
42	Bob Hendren, Clarinda	144-00
43	Dave Williams, Ottumwa	146-09.75
44	Dave Williams, Ottumwa	143-03.75
45	Stan De La Hunt, Ames	149-09.25
46	James McKinstry, Waterloo, East	139-07
47	Jay Mallas, Boone	152-08 5/8
48	A -Jim Robertson, Ames	156-07 5/8
	B -Victor Grothaus, Kingsley	141-02.50
49	A -Jim Robertson, Ames	160-05.75
	B -Jim Reinert, Earlham	137-02.50
50	A -Larry Welchel, Perry	145-04 4/5
	B -Ralph Yoder, Ollie	154-06 3/5
51	A -Larry Welchel, Perry	144-04.50
	B -Marlow Eckhoff, Rock Valley	139-11.50

52	A -Dick Walker, Waterloo, West	143-02
	B -Jim Willet, Manson	137-02.50
53	AA -Jim Young, Waterloo, West	140-03
	A -Doug Brotherton, Creston	137-07.50
	B -George McAndrews, Clinton, St. Marys ..	143-04
	C -Jim Litwiller, Wellman	125-01
54	AA -Jim Young, Waterloo, West	146-07
	A -Rich Bourne, Iowa Falls	134-09.50
	B -Ed Roberts, West Liberty	137-01.75
	C -Leon McNeil, New London	128-05
55	AA -Herb Marske, Clinton	147-01
	A -Bob Garrett, Waverly	141-06 3/8
	B -Russ Spear, Tama	144-10.50
	C -Norman Offenbacher, Coin	130-03
56	AA -Dave Henschen, Davenport	163-071/8
	A -Scott Wagler, Davis County, Bloomfield ..	153-05
	B -Dick Root, Akron	138-093/8
	C -Norman Offenbacher, Coin	145-09.50
57	AA -Weldon Ward, Fort Madison	155-00
	A -Jay Dockendorf, DeWitt	144-04.25
	B -Dick Root, Akron	134-04
	C -Carroll Widen, Harcourt	136-11
58	AA -Dick Pilgrim, Davenport	146-06.75
	A -David Turner, Sheldon	138-04.50
	B -Steve Wedgebury, Ogden	149-00
	C -Carroll Widen, Harcourt	140-01.50
59	AA -Lee Carlson, Dubuque	149-01
	A -Paul Elmegreen, DeWitt	141-01
	B -Larry Strickler, Sigourney	144-09
	C -Doug Peterson, West Chester	141-11
60	AA -Mike Reilly, Dubuque	159-01
	A -Dick Ashland, Clear Lake	151-04
	B -Larry Strickler, Sigourney	153-07
	C -Doug Peterson, West Chester	143-11.50
61	AA -Bill Rose, Clinton	158-11
	A -Larry Strickler, Sigourney	162-05
	B -Dave Korver, Maurice-Orange City	151-04
	C -Curt Pefferman, Olds	139-06.50
62	AA -Tom Knutson, Cedar Rapids, Jefferson ..	166-07.50
	A -Larry Leist, Rockwell City	145-06
	B -Dan Cipperly, Holstein	137-00
	C -Dick Cushman, Lakota	134-01
63	AA -Tom Knutson, Cedar Rapids, Jefferson ..	160-11
	A -Dave Moreland, Audubon	138-07.50
	B -John Sanden, Ogden	148-01
	C -Dean Galloway, Union-Whitten	141-05
64	AA -Larry Thoms, Waverly-Shell Rock	153-01.50
	A -Terry Reed, Iowa Falls	144-04.25
	B -Ed Pundt, Iowa Valley, Marengo	153-3
	C -Wade Winters, Bondurant-Farrar	140-11.50
65	AA -Larry Thoms, Waverly-Shell Rock	165-08.50
	A -Mike Mulvaney, Independence	150-11
	B -Gary Hansen, Linn-Mar	153-07.75
	C -Dean Troug, Mallard	144-10.75
66	AA -Ted Knutson, Cedar Rapids, Jefferson ..	163-08
	A -Terry Smutzer, Central, Argyle	162-08
	B -Steven Kramme, Calmar	143-08
	C -Al Feuerbach, Preston	149-07.50
67	AA -(Tie) Jerry Senters, West Delaware,	
	& Doug Lane, Cedar Rapids, Jefferson ..	168-05
	A -Dennis Meyer, Iowa Falls	153-04
	B -Bob Bahr, Belle Plaine	140-02.50
	C -Steve Maguire, Treynor	140-02.50
68	AA -Doug Lane, Cedar Rapids, Jefferson ...	162-11
	A -Don Handorf, Clarinda	151-00

DISCUS CHAMPIONS cont'd

	B-Dan McClanahan, West Harrison	161-07		1A-Chuck Waggoner, Sutherland	155-04
	C-Michael Nessa, Hubbard	153-01		85 4A-Troy Crouse, Fort Dodge	166-04
69	AA-Don Presson, Bettendorf	157-11		3A-Doug Koopman, Storm Lake	164-01
	A-Ron Kennedy, Storm Lake	163-04		2A-Scott Phelps, Kingsley-Pierson	168-08.75
	B-Dave Bahr, Belle Plaine	149-04.50		1A-Chuck Waggoner, Sutherland	157-02.75
	C-John Busbee, Winfield-Mt Union	151-09.50	86	4A-Garry Howe, Spencer	165-11
70	AA-Phil Danowsky, Cedar Rapids, Wash	157-05		3A-Dan Larson, Cherokee	167-01
	A-Randy Omvig, Eagle Grove	164-05		2A-Matt Coleman, Dallas Center-Grimes ...	162-05
	B-Larry Hutchinson, West Harrison	153-00		1A-Scott Phelps, Kingsley-Pierson	185-04
	C-Don Bergman, Rockwell-Swaledale	152-05	87	4A-Shannon Neal, Davenport, Central	164-05
71	AA-Randy Lessman, Sioux City, East	170-08		3A-Scott Davis, Glenwood	167-01
	A-Ron Tanner, Eagle Grove	172-04		2A-Lance Kooiker, Sioux Center	152-03
	B-David Lanpher, Midland, Wyoming	144-06		1A-Dondi Culbertson, Paton-Churdan	160-05
	C-John Smeltzer, Marcus-Meriden-Cleghorn	144-08.75	88	4A-Kevin Dodd, Mason City	167-09
72	AA-Randy Lessman, Sioux City, East	174-08		3A-Todd Kinney, Central Clinton, De Witt...	162-06
	A-Mark Smith, Independence	166-11		2A-Gary Popkes, Central Lyon, Rock Rpd	157-00
	B-Jay DeZeeuw, Boyden-Hull	151-11		1A-Brian Kahl, Manning	146-07
	C-George Williamson, Battle Creek	146-07	89	4A-Jason Joens, Prairie, Cedar Rapids	169-10
73	AA-Jeff Holcomb, Bettendorf	160-08		3A-Jon Pelzer, Atlantic	174-04
	A-Brent Geringer, Mount Ayr	169-09		2A-Tom Schneckloth, Tri-Center	161-01
	B-Lyle Swartz, Greenfield	149-05		1A-Tim Jensen, Olin	157-01
	C-Darrell Schumacher, Battle Creek	153-03	90	4A-Jason Maloy, Linn-Mar	162-06
74	AA-Dan Mills, Wahlert, Dubuque	161-08		3A-John Martin, Mount Vernon	171-06
	A-Jeff Donley, Independence	168-07		2A-Allan Walz, Bondurant-Farrar	175-08
	B-Jim Nicoletto, Madrid	153-07		1A-Doug Riese, Colo-Nesco	149-10
	C-Randy Koch, Charter Oak-Ute	156-00	91	4A-Jason Maloy, Linn-Mar	165-11
75	AA-Mike Thorp, Mason City	171-07		3A-Eric Emsick, Lewis Central	164-06
	A-Pat Tuttle, Saydel	156-10		2A-Allan Walz, Bondurant-Farrar	186-02
	B-Tom Briles, Corning	156-05		1A-Josh Hagedorn, Clay Central-Everyly	152-08
	C-Bob Feuerbach, Preston	163-11	92	4A-Trevor Catron, Indianola	155-10
76	AA-Tracy Nanke, Waterloo West	170-04		3A-Bob Small, Davis County, Bloomfield ...	164-07
	A-Chuck Locke, Davis County, Bloomfield .	165-00		2A-Brent Daufeldt, W Liberty	164-00
	B-Jeff DeVilder, BGM, Brooklyn	166-09		1A-Craig Kirkpatrick, Madrid	171-01
	C-Jeff Tolly, Mormon Trail	150-04	93	4A-Chris Amos, Waterloo, East	157-00
77	AA-Scott Crowell, Mason City	168-07		3A-Bob Small, Davis County, Bloomfield ...	167-02
	A-Chuck Locke, Davis County, Bloomfield .	178-03		2A-Scott Schaley, Camanche	170-10
	B-Jeff DeVilder, BGM, Brooklyn	168-04		1A-J.D.Radakovich, Earlham	156-06
	C-Jeff Tolly, Mormon Trail	156-05	94	4A-Matt Manuel, Cedar Rapids, Kennedy ..	162-07
78	AA-Scott Crowell, Mason City	182-07		3A-Tim Holmgren, Estherville	155-07
	A-Steve Settle, Nevada	172-08		2A-Travis Senters, Iowa Falls	154-01
	B-Brett Hennessey, Dysart-Geneseo	155-09		1A-Kyle Corey, Griswold	148-01
	C-Arnie Doden, Buffalo Center-Rake	155-09	95	4A-Erik Rogers, Davenport, West	150-01
79	AA-Dave Lamar, Assumption, Davenport ...	165-00		3A-Brad Travis, Spirit Lake	164-11
	A-Jim Holmes, Glenwood	165-10		2A-Travis Senters, Iowa Falls	158-00
	B-Arnie Doden, Buffalo Center-Rake	166-09		1A-Billy Nordyke, Winfield-Mt, Union	157-02
	C-Bob Jenson, Lincoln Central, Gruver	160-09	96	4A-Cory Bern, Spencer	168-11
80	AA-Glenn Klepsteen, Davenport, West	163-03		3A-Dave Jennings, Nevada	171-07
	A-Matt Haven, Independence	179-07		2A-Zach Schiebout, Pella Christian	167-11
	B-Mike Goad, Iowa Valley, Marengo	156-00		1A-Mike Mai, Gehlen Catholic, Le Mars	146-07
	C-Tom Poppe, Plainfield	152-05	97	4A-Adam Judge, Des Moines, Lincoln	163-08
81	AA-Ross Brockshaus, Spencer	180-01		3A-Brad Travis, Spirit Lake	174-01
	A-Gary Ewold, Rockford, Senior	156-06		2A-Dave Forbes, Columbus, Columbus Jct	151-01
	B-Mike Goad, Iowa Valley, Marengo	170-08		1A-Andy Smith, Montezuma	156-00
	C-Don Schwabbauer, Iowa Mennonite	146-00	98	4A-Adam Judge, Des Moines, Lincoln	173-06
82	4A-Dave Juehring, Davenport, West	184-08		3A-Ben LaFleur, Bishop Heelan, Sioux City	165-07
	3A-Wayne Schope, Atlantic	153-04		2A-Brad Daufeldt, West Liberty	159-06
	2A-Arden Postma, Unity Christian, OC	155-01		1A-Kyle Bergman, BCLUW, Conrad	149-11
	1A-Steve DeZeeuw, Boyden-Hull	158-08	99	4A-Joe Illingworth, Newton	164-00
83	4A-John Kruse, Clinton	157-06		3A-Jason Kirschbaum, Spirit Lake Park	162-09
	3A-Kelly Tagtow, Wapsie Valley	170-09		2A-Brad Daufeldt, West Liberty	174-03
	2A-Scott Hage, Nora Springs-Rock Falls	156-04		1A-Jon Kadner, Eldora-New Providence	158-00
	1A-Brad Alberts, Paullina	155-03	00	4A-Michael Miller, Ames	166-09
84	4A-Troy Crouse, Fort Dodge	159-07		3A-Jason Kirschbaum, Spirit Lake Park	150-02
	3A-Clark Hopp, Glenwood	163-00		2A-Andy Banse, Starmont, Arlington	148-00
	2A-Bruce Swain, Northwood-Kensett	161-02		1A-Gabe Koenigsfeld, Rockford	144-00

DISCUS CHAMPIONS cont'd

01	4A-Michael Miller, Ames	157-04
	3A-Chris Hopkins, Denison-Schleswig	157-00
	2A-Justin Heins, North Fayette, West Union	168-08
	1A-John Gallery, East Buchanan, Winthrop	154-06
02	4A-Seth Zehr, Fort Dodge	174-11
	3A-Tom Schmeling, Atlantic	171-06
	2A-Clint Huntrods, Collins-Maxwell-Baxter..	169-09
	1A-Lucas Schossow, Galva-Holstein	155-04
03	4A-Brandon Franklin, Des Moines Hoover .	180-01
	3A-Tom Schmeling, Atlantic	178-07
	2A-Jacob Spratt, Williamsburg	156-06
	1A-John Cool, Saint Albert, Co. Bluffs	153-06
04	4A-Chase Madison, Newton	190-11
	3A-Jason Wagner, Grinnell	171-02
	2A-Jason Williams, Mount Vernon	152-08
	1A-Jason Fisher, Montezuma	157-06
05	4A-Ryan Nidey, Iowa City West	171-06
	3A-Josh Scanlon, Mount Vernon	157-00
	2A-Jesse Smith, North Fayette, West Union	162-04
	1A-Brian Fogelman, Manning	164-09
06	4A-Robbie Utterback, Waukee	168-01
	3A-Wallace Carter, Centerville	156-05
	2A-Kyle Haganman, Osage	163-11
	1A-David English, West Branch	161-09
07	4A-Nick Brayton, Iowa City West	192-06
	3A-Brad Kuxhausen, Glenwood	167-06
	2A-Matt Banse, Starmont-Arlington	173-11
	1A-Tyler Banzun, Central Elkader	156-01
08	4A-Thomas Reynolds, Iowa City West	191-10
	3A-Wallace Carter, Centerville	174-03
	2A-Cody Bahrke, Tri-Center, Neola	172-05
	1A-Dominc Alvis, Logan-Magnolia	169-03
09	4A-Anthony Bell, Dowling Catholic, WDM ...	170-07
	3A-Drew Clark, Marion	161-01
	2A-Dominic Alvis, Logan-Magnolia	167-02
	1A-Cade Lambson, Mount Ayr	168-01
10	4A-Dom Howard, Ames	186-10
	3A-Mike Smithburg, Fairfield	172-00
	2A-Henry Ricklefs, Logan-Magnolia	162-10
	1A-Cade Lambson, Mount Ayr	174-07
11	4A-Sam Joens, Prairie, Cedar Rapids	184-06
	3A-Justin Baker, Bishop Heelan, Sx. City....	177-11
	2A-Avery Meyers, West Liberty	178-05
	1A-Tim Nemechek, Central, Elkader	171-03

12	4A-Jacob Hayes, Bettendorf	170-07
	3A-Tyler Hovey, Atlantic	187-09
	2A-Alex Goeller, Wapsie Valley	170-05
	1A-Grant Greenfield, Sibley-Ocheyedan....	172-04



DISCONTINUED STATE MEET FIELD EVENT CHAMPIONS

HAMMER THROW - 12 lbs. (1906-1910)

06	Locke Macomber, Des Moines West.....	140-03
07	Merle Alderman, Marion	152-00
08	Glenn Simons, Des Moines North	143-08
09	Martin Weiss, Marion	164-05
10	Rudolf Hoper, Hartley	144-06

JAVELIN (1927-1941)

27	Walter Miller, Marshalltown	171-08.75
28	Elmo "Swede" Nelson, Clearfield	181-07.25
29	Gordon Baird, Greenfield	166-10.25
30	Ralph Martin, Traer	164-03
31	Dale Keisey, Washington	171-06.50
32	Milton Sumner, Hawarden	172-01.75
33	Ralph Bennett, Burlington	161-03.50

34	Lamar Strah, Fort Madison	170-07.50
35	Gail Davis, Perry	180-10.25
36	Raymond Murphy, Ida Grove	177-00.25
37	Bruce Erickson, Traer	169-03
38	Bruce Erickson, Traer	185-02.75
39	Bruce Erickson, Traer	195-08.25
40	Dick Hoerner, Dubuque	182-08.50
41	Paul Fagerlind, Waterloo East	184-11.50

POLE VAULT (1906-1989)

06	Charles Freeney, Ida Grove	10-02
07	Charles Freeney, Ida Grove	10-00
08	George Trostle, Des Moines West	10-02.50
09	Ross Fife, Anamosa	10-06
10	(Tie) Robert Thom, Correctionville; Dow Byers, DM East; Arthur Harper, DM West	10-02

DISCONTINUED STATE FIELD EVENT CHAMPIONS -- cont'd

11 (Tie) Edwin Shrader, Iowa City; Watson Metcalfe, DM East	10-02	B-Dave Dillon, NUH, Cedar Falls	12-037/8
12 Raymond Jones, Ames	10-01.50	C-(Tie)Charles Davis, Farragut; Warren Ellsworth, College Springs; & Dick Davison, New London	10-06
13 Lawrence Dutton, Anamosa	9-11	55 AA-(Tie) Jack Stevens, Ames; Bob Brazleton, Newton; Jim Cahill, Bishop Heelan, Sioux City; & Jerry Fenn, Davenport	11-00.50
14 Arthur Beisell, Goldfield	10-06	A-(Tie) Ralph Taylor, Clarinda & Lee Sill, Cresco	11-00.50
15 Arthur Beisell, Goldfield	10-11	B-Dave Dillon, NUH, Cedar Falls	12-04.50
16 Kenneth Kobt, Des Moines West	10-01	C-(Tie) Warren Ellsworth, College Springs; & Bob Sweeney, Carlisle	11-04
17 Percy Osborn, Iowa City	10-08	56 AA-Jim Weeks, Ottumwa	12-04.25
18 Tracy, University High, Iowa City	10-05	A-Ralph Taylor, Clarinda	12-04.50
19 Darwin Collins, Des Moines North	9-11	B-Howard Johnson, Pocahontas	11-08.50
20 Lawrence Brown, Des Moines West	10-02	C-Hugh Ferguson, Tingley	11-00
21 Xavier Boyles, Iowa City, City	10-11 ^{1/8}	57 AA-Jack Stevens, Ames	12-03.75
22 (Tie) Herbert Owens, Waterloo West & Leslie Renquist, Gowrie	11-02.75	A-Tom Rogers, Maquoketa	11-09.25
23 (Tie) Maurice Soult, Clarion & Ray Dalbey, Des Moines West	10-11	B-Dennis Brechwald, Alta	10-08
24 Dick Zvacek, Cedar Rapids Grant	11-05.50	C-(Tie) John Barbour, Tabor; & Hugh Ferguson, Tingley	11-08.75
25 Gordon Clifton, Co. Bluffs Abraham Lincoln ..	12-00.50	58 AA-Don Stark, Centerville	12-07.25
26 Gordon Clifton, Co. Bluffs Abraham Lincoln ..	12-02.75	A-Mick Baller, Jefferson	12-05
27 Sidney Stetzel, Waterloo West	11-06	B-John Barbour, Tabor	11-07
28 (Tie) Sidney Stetzell, Waterloo West & Ray Null, Sioux City East	12-00.75	C-(Tie) Gene Bintz, Sutherland; & John Shelton, Modale	11-08
29 Howard O'Dell, Sioux City East	11-11.50	59 AA-(Tie) Bob Neissle, Clinton & Roy Shoecraft, Sioux City East	12-06.75
30 Ralph Martin, Traer	12-03	A-Rich Meyer, Clarion	12-01
31 Ralph Martin, Traer	12-05.50	B-(Tie) Duane Handy, Hedrick & Larry Oiler, Lamoni	11-06
32 (Tie) Don Emery, Des Moines North & Wayne Lyon, Des Moines Roosevelt	11-09	C-Howard Seuferer, Lacona	11-03
33 Ray Schiebel, Davenport	12-00	60 AA-George Smith, Davenport	12-04.75
34 Ray Schiebel, Davenport	11-10	A-(Tie) Jim Whitlach, Indianola; & Gary Meyer, Clarion	11-03.50
35 AA-(Tie) Londus Swart, Carroll; Bob Byers, Sioux City Central; Allen Towle, Hampton ..	11-09	B-(tie) Bill Taylor, Sheffield; & Dave Wenck, Carroll	11-06
36 Max O'Neill, Waterloo West	11-07.50	C-Jim Booker, Farragut	12-00
37 Laverene Griffin, Davenport	11-10	61 AA-(Tie) Chuck Alsop, Oskaloosa & Bernie Masterson, Davenport West	12-04.75
38 (Tie) Clarence Beck, Denison; Lester Bader, Grinnell; John Kindig, Kingsley	11-08	A-Dave Inman, Storm Lake	12-05.50
39 Clarence Beck, Denison	12-06	B-(Tie) Dave Wenck, Carroll & Bill Taylor, Sheffield	11-08
40 Everett Wood, Ida Grove	11-06	C-(Tie) Rex Burgus, Murray & Lew Boehne, Ventura	11-00
41 (Tie) Junior Barnes, Ames; John McGrath, Hampton	11-10	62 AA-(Tie) Chuck Alsop, Oskaloosa & Bus Wengler, Des Moines Roosevelt	12-05
42 Jack Bruntmeyer, Burlington	11-11.25	A-(Tie) Jim Baller, Jefferson & Bob Triplett, Clear Lake	12-00
43 Dan Sheehan, Co. Bluffs Abraham Lincoln ..	12-01.25	B-Jim Taylor, So. Page, College Springs	11-09.25
44 John Wilson, Iowa City	11-03	C-Roger Anderson, Treynor	11-06.50
45 John Wilson, Iowa City	11-09	63 AA-Lee Sargent, Ames	13-00
46 Clair Jenett, Sac City	12-03	A-Jim Baller, Jefferson	13-04
47 Dick Greene, Newton	11-09	B-Jim Taylor, South Page, College Springs	13-00
48 A-Jim Lindquist, Davenport	12-00	C-Rex Harvey, Dexfield, Redfield	11-06
B-(Tie) Jack Jennett, Sac City & Merritt Ewalt, Iowa City, University High ..	11-00	64 AA-Lee Sargent, Ames	13-01.75
49 A-(Tie) John Wilkins, Ames; Anson Bell, Cedar Rapids Roosevelt; Jerry Neisslie, Clinton	11-09	A-Ray Emerson, Eagle Grove	12-06
B-Harry Hamilton, Blanchard	10-051/8	B-Denny Webber, Carroll	12-02.25
50 A-Jerry Neisslie, Clinton	11-09	C-Rex Harvey, Dexfield, Redfield	12-02
B-(Tie) Jim Bohnsack, Tama; Lewis Butts, Sidney; Milt Madden, Kingsley	10-00	65 AA-Don Utsinger, Davenport West	13-00
51 A-Ed DePooter, Davenport	12-00.75	A-Terry Cory, Ankeny	12-06
B-John Burken, Clinton St. Mary's	11-00.50	B-Phil Wertman, Vilisca	13-02
52 A-(Tie) Nick Piper, Ames & Hal Mullison, Shenandoah	12-06.25	C-Dave Biirch, Meriden-Cleghorn	12-04.25
B-Gardner VanDyke, Iowa City, University ..	11-05.75	66 AA-Clyde Hovick, Boone	13-06.75
53 AA-Les Chapman, Davenport	11-095/8	A-Terry Cory, Ankeny	13-00
A-Jerry Fellingder, Bloomfield	11-095/8		
B-Gardner Van Dyke, Iowa City, University H	12-01.75		
C-Bob Toomire, Hedrick	10-06.75		
54 AA-Ron Sturch, Waterloo West	12-00		
38 A-Pat Kilbane, Shenandoah	11-07		

DISCONTINUED FIELD EVENT STATE CHAMPIONS --cont'd

	B-Phil Wertman, Villisca	14-01.25		1A-Matt Haynes, Lenox	13-06
	C-Steve Leonhardt, Emmetsburg Catholic ..	12-03		83 4A-Preston Schmidt, Bettendorf	15-06
67	AA-Ron Pardekooper, Des Moines Lincoln	13-06		3A-Jeff Bruch, Sumner	13-00
	A-Duane Sullivan, Shenandoah	13-08		2A-Dean Keiswetter, Manson	13-00
	B-Phil Wertman, Villisca	13-09		1A-Eric Blumhagen, Allison-Bristow	13-00
	C-Doug Logue, Twin Rivers, Bode	11-09	84	4A-Paul Wagler, Burlington	14-00
68	AA-John Tefer, Cedar Rapids Washington ..	13-04		3A-Kevin Goff, Camanche	14-00
	A-Ray Davis, Urbandale	13-00		2A-Doug Atwood, Pekin, Packwood	14-02
	B-Lynn Oveson, Wilton, Wilton Jct.	12-06		1A-Kip Janvrin, Panora-Linden	13-03
	C-Kent Klinkefus, Panora-Linden	12-05	85	4A-Tom Keating, Bettendorf	14-06
69	AA-Brian Myers, Marshalltown	14-04		3A-Brian A. Keeney, Carlisle	13-06
	A-Dave Pierce, Cherokee Washington	13-04		2A-Dean Keiswetter, Manson	13-06
	B-Ken Eggers, BCL, Conrad	10-10.50		1A-Ned Day, Sutherland	13-00
	C-Dave Ramsey, Lincoln Central	11-06	86	4A-Bob Edwards, Fort Dodge	14-08
70	AA-Craig Nelson, Sioux City East	13-07		3A-Jim Bruxvoordt, Pella	14-00
	A-Terry Brannen, Shenandoah	13-03		2A-Chuck Ulin, Pekin, Packwood	13-00
	B-Bob Plagge, NUH, Cedar Falls	13-00.25		1A-Chad Paup, Paton-Churdan	13-07
	C-Mike Scott, Dexfield, Redfield	12-03	87	4A-Bob Edwards, Fort Dodge	15-02
71	AA-Ray Kidd, Waterloo East	13-11		3A-Randy Smith, Creston	12-00
	A-Daryl Hoogeveen, West Lyon	13-00		2A-Troy Huntley, NUH, Cedar Falls	13-06
	B-Bob Plagge, NUH, Cedar Falls	12-06		1A-Greg Hoing, George	12-00
	C-Mike Scott, Dexfield, Redfield	12-06	88	4A-Ron Oberfoell, Wahlert Catholic Dbqe ..	14-00
72	AA-Kent Anderson, Ames	14-06.25		3A-Chuck Gatewood, Eagle Grove	11-06
	A-Daryl Hoogeveen, West Lyon, Inwood	13-06		2A-Jason Wessels, Regina, Iowa City	13-01
	B-John Cretzmeyer, Iowa City, City	13-06		1A-Mark Keiswetter, Manson	11-06
	C-Scott Duecker, Anthon-Oto	12-09.50	89	4A-Brian Ferry, Dubuque Senior	13-07.25
73	AA-Jeff Himes, Marshalltown	14-00.25		3A-Mike Piercy, Humboldt	11-00
	A-Dave Hahn, Anamosa	13-06		2A-Aaron Nordyke, Pekin, Packwood	12-00
	B-John Welch, Northwood-Kensett	13-00		1A-Travis Moore, Tri-County, Thornburg....	10-06
	C-Brian Doty, Sidney	12-06			
74	AA-Ted Burgmeier, Wahlert Catholic, Dbq ..	15-00			
	A-Gary Proctor, Davis County, Bloomfield ..	13-00			
	B-Jim Hearn, Mount Vernon	12-02			
	C-Randy Martin, Rolfe	12-00			
75	AA-Rick Patterson, Keokuk	14-00			
	A-Curt Broek, Sioux Center	14-06			
	B-Frank Orth, Northwood-Kensett	12-06			
	C-Brian Doty, Sidney	12-11			
76	AA-Ron Bultje, Sioux City North	14-06			
	A-Tom Pratt, Cherokee Washington	15-00.50			
	B-Don Knop, Ida Grove	13-00			
	C-Darrell Crawford, Lamoni	13-11.50			
77	AA-Tim Jamerson, Columbus Cath., Waterloo	14-06			
	A-Dirk Downing, Anamosa	13-06			
	B-Mark Tilson, Northwood-Kensett	13-03			
	C-Darrell Crawford, Lamoni	13-06			
78	AA-Owen Buckley, Sioux City North	15-00.50			
	A-Dave Monahan, Humboldt	14-00			
	B-Jim Hentges, Gehlen Catholic LeMars	12-06			
	C-Darrell Crawford, Lamoni	13-06			
79	AA-Larry Hadley, Waterloo East	14-06			
	A-Dave Monahan, Humboldt	14-00			
	B-Al Baker, Pekin, Packwood	13-09			
	C-Dennis Myleynek, Y-J-B, Bagley	13-06			
80	AA-Tim Mooney, Assumption, Davenport....	14-00			
	A-Kelly Scott, North Fayette, West Union ...	13-00			
	B-Russ Adams, Pocahontas	13-06			
	C-Mike Hodges, Farragut	13-00			
81	AA-Bill Beavers, Ames	14-06			
	A-Mark Rosine, South Tama County	13-00			
	B-Dwayne Blakely, Pekin, Packwood	13-00			
	C-Bob Mundell, Hubbard	12-06			
82	4A-Preston Schmidt, Bettendorf	15-00			
	3A-Richard Stormer, Forest City	13-06			
	2A-Joe McMullen, Corning	13-06			

FOOTBALL THROW (1942-1963)

42	(Tie) Mickie Miller, Cherokee & Gerald Dawson, Sigourney	350 pts
43	Dutch Goodvin, Corning	340 pts
44	Richard Price, Clinton	305 pts
45	Joe Paulsen, Davenport	335 pts
46	Joe Paulsen, Davenport	345 pts
47	Joe Paulsen, Davenport	345 pts
48	A-Vincent Domsalla, Clinton	330 pts
	B-(Tie) Dean Whitsell, Correctionville & Larry Runneals, Nevada	315 pts
49	A-Gary Gordy, Muscatine	285 pts
	B-Don Lewis, Toledo Juvenile Home	285 pts
50	A-(Tie) Ray Brown, Davenport & Jerry Davis, Ottumwa	300 pts
	B-Ken Moore, Mount Vernon	300 pts
51	A-(Tie) Sy Forester, Des Moines, North & Don Stamp, Clinton	275 pts
	B-Ken Moore, Mount Vernon	280 pts
52	A-Gordon Haack, Webster City	204-09.50
	B-Leroy Dunn, Manly	183-08
53	AA-Bill Houk, Ames	208-08
	A- Walt Gute, Carroll	196-07
	B- Marvin Sloan, Monroe	176-01.50
	C- Keith Ostensburg, Primghar	173-05
54	AA-Gene LaMaster, Ottumwa	215-07
	A-Merle Eberly, Clarinda	211-08.25
	B-Ed Roberts, West Liberty	204-00
	C-Jerry Ibach, Bayard	202-05
55	AA-Larry Swift, Keokuk	194-07
	A-Ray Thomas, Creston	179-09
	B-Paul Bonstead, Graettinger	209-05.50
	C-Mike McGuire, Garden Grove	187-02.25

DISCONTINUED FIELD EVENT STATE CHAMPIONS--cont'd

56 AA -Roger Helm, Cedar Rapids Franklin 212-11.50	60 AA -Mike Reilly, Dubuque 242-00
A -Ron Charlson, LeMars 214-04	A -Bob Whipple, Belmond 206-07
B -Paul Bonstead, Graettinger 201-00	B -Pat Batten, Eldora 221-08.50
C -Dan Langloss, Allerton 189-00	C -Wayne Taylor, Central Dallas, Minburn ... 208-07.50
57 AA -Dave Anderson, Ottumwa 206-04.50	61 AA -Gary Snook, Iowa City, City 237-05
A -Ralph Honderd, Western Christian, Hull . 208-11	A -Gary Eggers, Audubon 217-02.50
B -Bob Walker, Iowa Training School 195-00.50	B -Dennis Pauling, Paullina 196-05.75
C -Don Wearda, Sheffield 170-00.25	C -Curtis Pefferman, Olds 219-01
58 AA -Gary Gardner, Davenport 217-09	62 AA -Gary Snook, Iowa City, City 228-09.50
A -Don Sowers, Sumner 213-07	A -Gary Eggers, Audubon 226-00
B -Larry Manful, Traer 182-02.25	B -Ken Reynolds, Woodbine 216-05.75
C -Gene Young, Walnut 180-06	C -Ron Seddon, Melcher-Dallas 219-06.50
59 AA -Tom Hertz, Creston 209-00.50	63 AA -Steve Soesbe, Ames 244-08
A -Ron TerHark, Clinton 191-04	A -Stanley-Whitman, Iowa Falls 259-05
B -Ted Almquist, Albert City 203-03	B -Glen Banks, Ainsworth 238-09.50
C -Don Relph, Russell 194-08.25	C -Roger Larson, Underwood 248-00.50

STATE FIELD EVENTS CHAMPIONS PER SCHOOL

Ackley-Geneva 1	Camanche 3
Adair-Casey 1	Cambria 1
Adel; Adel-DeSoto 2	Cardinal, Eldon 4
Agency 1	Carlisle 7
AGWSR, Ackley 1	Carroll 14
Ainsworth 1	Cascade 1
Akron 2	Cedar Falls 3
Albert City 1	Cedar Rapids 3
Algona 2	Cedar Rapids, Franklin 1
Allerton 1	Cedar Rapids, Grant 3
Allison-Bristow 1	Cedar Rapids, Jefferson 11
Alta 2	Cedar Rapids, Kennedy 2
Ames 41	Cedar Rapids, LaSalle 2
Anamosa 14	Cedar Rapids, McKinley 2
Andrew 1	Cedar Rapids, Roosevelt 3
Anita 2	Cedar Rapids, Washington 7
Ankeny 6	Cedar Rapids, Wilson 1
Anthon-Oto 1	Center Point-Urbana 2
Aplington-Parkersburg 1	Centerville 5
Arnolds Park 2	Central Clinton, DeWitt 7
Ar-We-Va, Westside 1	Central Dallas, Minburn 1
Assumption, Davenport 3	Central Decatur, Leon 1
Atlantic 9	Central Elkader 3
Audubon 4	Central Lee, Argyle 1
Aurelia 3	Central Lyon, Rock Rapids 2
Ballard, Huxley 2	Charter Oak-Ute 2
Battle Creek 5	Cherokee, Washington 5
Bayard 2	Clarence-Lowden 1
BCL, Conrad; BCLUW, Conrad 3	Clarinda 11
Bedford 1	Clarion 9
Belle Plaine 4	Clarksville 3
Belmond 4	Clay Central, Royal 1
Bennett 2	Clay Central-Everly 5
Bettendorf 10	Clear Lake 3
BGM, Brooklyn 5	Clearfield 1
Bishop Garrigan, Algona 1	Clinton 17
Bishop Heelan, Sioux City 10	Clinton, St. Mary's 4
Blanchard 2	Coin 2
Bondurant-Farrar 4	Colfax 1
Boone 3	Colo-Nesco 2
Boone Valley, Renwick 2	Columbus, Columbus Jct. 4
Boyden-Hull 2	Columbus, Waterloo 1
Buffalo Center-Rake 4	Coon Rapids-Bayard 1
Burlington 7	Correctionville 2
CAL, Latimer; CAL-Dows 2	Corydon, Wayne Community. 1
Calmar 1	Council Bluffs, Abraham Lincoln 3

STATE CHAMPIONS FIELD EVENTS PER SCHOOL cont'd

Council Bluffs, Thomas Jefferson	5	Guthrie Center	2
Corning	10	Hampton	2
Cresco	2	Hampton-Dumont	3
Creston	7	Harcourt	4
Cumberland-Massena	2	Harlan	6
Dallas Center-Grimes	4	Hartley; Hartley-Melvin-Sanborn	4
Davenport; Davenport, Central	42	Hawarden	2
Davenport, North	2	Hedrick	2
Davenport, West	12	Highland, Riverside	1
Davis County, Bloomfield	16	Hinton	4
Dayton	1	Holstein; Galva-Holstein	4
Decorah	2	Hubbard-Radcliffe (see South Hardin)	6
Denison	5	Humboldt	8
Denison-Schleswig	3	Ida Grove	9
Denver	2	IKM-Manning	1
Des Moines, East	12	Independence	6
Des Moines, Hoover	1	Indianola	8
Des Moines, Lincoln	5	Iowa City, City High	22
Des Moines, North	10	Iowa City, University High	5
Des Moines, Roosevelt	10	Iowa City, West	6
Des Moines, West	15	Iowa Falls	12
Dexfield, Redfield	5	Iowa School for Deaf, C Bluffs	4
Dike	1	Iowa Mennonite School, Kalona	3
Dike-New Hartford	1	Iowa Training School, Iowa	2
Dowling Catholic, Des Moines; West Des Moines	3	Iowa Valley, Marengo	8
Dubuque, Senior	14	Jefferson	5
Dubuque, Hempstead	1	Johnston	2
Durant	1	Kanawha	2
Dysart-Geneseo	1	Keokuk	4
Eagle Grove	9	Kingsley-Pierson	7
Earlham	3	Knoxville	2
East Greene, Grand Junction	1	Kuemper Catholic, Carroll	1
East Buchanan, Winthrop	1	Lacona	1
East Sac County	1	Lake City	1
Eddyville	2	Lake Mills	1
Eldora; & Eldora-New Providence (see South Hardin)	5	Lakota	1
Elk Horn	1	Lamoni	8
Elliott	1	LDF, LeGrand	2
Emmetsburg	6	LeMars	3
Emmetsburg Catholic	1	Lenox	1
English Valleys, North English	2	Lewis Central	1
Estherville-Lincoln Central	4	Lincoln, Stanwood	1
Fairfield	3	Lincoln Central, Gruver	4
Farragut	5	Linn-Mar, Marion	5
Fayette	2	Logan; Logan-Magnolia	3
Forest City	1	Lone Tree	2
Fort Dodge	13	Louisa-Musctine	1
Fort Madison	7	Lovilia	2
Fredericksburg	1	LuVerne	2
Galva-Holstein	2	Lynnville-Sully	5
Garden Grove	1	Madrid	8
Gehlen Catholic, LeMars	6	Maharishi, Fairfield	1
George	1	Mallard	1
Gillett Grove, South Clay	1	Malvern	3
Glenwood	13	Manilla	1
GMG, Garwin	1	Manly	1
Goldfield	4	Manning	7
Gowrie	2	Manson; Manson Northwest Webster	6
Graettinger	2	Maquoketa	3
Greene	1	Marion	9
Greenfield	2	Marshalltown	7
Grinnell	13	Martensdale-St. Marys	2
Griswold	1	Mason City	14
Grundy Center	4	Maurice-Orange City	3
Guttenberg	1	Maxwell	1

STATE FIELD EVENTS CHAMPIONS PER SCHOOL cont'd

Mediapolis	1	Primghar	1
Melcher-Dallas	1	Red Oak	1
Meriden-Cleghorn	2	Regina, Iowa City	2
MFL, Monona	1	Rockford	2
Midland, Wyoming	2	Rock Valley	3
Mid-Prairie, Wellman	5	Rockwell City-Lytton	5
Milford	1	Rockwell-Swaledale	2
Modale	1	Rolfe	1
Monroe	1	Russell	1
Montezuma	6	Sac City	7
Monticello	3	St Albert, Council Bluffs	2
Mormon Trail, Garden Grove	3	St Edmond, Fort Dodge	3
Mount Ayr	7	St Mary's, Remsen	1
Mount Pleasant	4	St Marys, Storm Lake	1
Mount Vernon	13	Salem	1
Murray	1	Sanborn	2
Muscatine	3	Saydel	4
Nashua	3	Schaller	2
NESCO, Zearing	1	Schleswig	1
Nevada	4	SEMCO, Gilman	1
Newell-Fonda	1	Sergeant Bluff-Luton	2
Newell-Providence	3	Sheffield; Sheffield-Chapin; SCMT	4
New Hartford	2	Sheldon	3
New London	2	Shenandoah	5
Newton	7	Sibley	3
Nora Springs-Rock Falls	1	Sidney	3
North Central, Manly	3	Sigourney	7
North Fayette, West Union	10	Sioux Center	5
North Kossuth, Swea City	2	Sioux City	4
North Linn, Coggon/Troy Mills	3	Sioux City, Central	3
North Mahaska, New Sharon	3	Sioux City, East	9
North Scott, Eldridge	1	Sioux City, North	4
Northeast Community, Goose Lake	1	Sioux Rapids-Rembrandt	3
Northeast Hamilton	2	Sioux Valley, Linn Grove	1
Northwood-Kensett	7	Solon	3
Norwalk	1	South Hardin, Eldora	1
NUH, Cedar Falls	9	South Page, College Springs	6
Oakland	2	South Tama County; & Tama)	6
Ocheyedan	1	Southeast Polk	3
Oelwein	2	Spencer	9
Ogden	2	Spirit Lake Park	4
Okoboji, Milford	2	Starmont, Strawberry Point, Arlington	5
Olds	1	Storm Lake	7
Olin	3	Sumner	3
Ollie	2	Sutherland	8
Osage	2	Tabor	2
Osceola, Clarke	2	Tingley	2
Oskaloosa	7	Tipton	1
Ottumwa	10	Tri-County, Thornburg	1
Panorama, Panora	6	Toledo, Juvenile Home	2
Paton-Churdan	4	Traer	7
Paullina	4	Treynor	4
PCM, Monroe	4	Tri-Center, Neola	2
Pekin	7	Turkey Valley, Jackson Jct.	2
Pella	1	Twin Rivers, Bode	3
Pella Christian	5	Underwood	1
Perry	9	Union-Whitten	1
Plainfield	1	Unity Christian, Orange City	1
Pleasantville	4	Urbandale	4
Pocahontas; Pochaontas Area	3	Valley Jct.; Valley, WDM	4
Pocahontas Catholic	2	Van Buren, Keosauqua	1
Postville	1	Ventura	1
Prairie, Cedar Rapids	4	Villisca	5
Prairie City	5	Vinton	1
Preston	9	Waco	1

STATE FIELD EVENTS CHAMPIONS PER SCHOOL cont'd

Wahlert Catholic, Dubuque	7
Walnut	1
Wapsie Valley, Fairbank	2
Washington	5
Waterloo, Central	1
Waterloo, East	13
Waterloo, West	16
Waukee	2
Waverly-Shell Rock	11
Webster City	5
Wellman	1
West Bend	1
West Branch	2
West Chester	4
West Delaware, Manchester	1
West Hancock, Britt	2
West Harrison, Mondamin	7
West Liberty	10
West Lyon, Inwood	5
West Marshall, State Center	5
West Monona, Onawa	1
Western Christian, Hull	2
Westwood, Sloan	1
Whiting	2
Williamsburg	5

Wilton Junction	2
Winfield-Mount Union	3
Winterset	3
Woodbine	4
Woodbury Central, Moville	2
YJB, Jamacia	1

SCHOOLS WITH MOST FIELD EVENT CHAMPIONS

Davenport; Davenport, Central	42
Ames	41
Iowa City, City	22
Clinton	17
Davis County, Bloomfield	16
Des Moines West	16
Waterloo, West	15
Anamosa	14
Carroll	14
Dubuque Senior	14
Mason City	14

STATE MEET WHEELCHAIR EVENT STATE CHAMPIONS

100-METER

90	Tony Ramirez, Bishop Heelan, Sioux City	:20.02
91	Eric Pun, Fort Dodge	:21.14
92	Tom Rodruck, Winfield-MU	:20.20
93	John Jeter, Iowa City, West	:26.26
94	Russ Comandatore, Davenport North	:21.53
95	Jim Jeter, Iowa City, West	:26.26
96	Mark Hauschildt, Nodaway Valley	:18.94
97	E.J. Runyan, Johnston	:19.50
98	E.J. Runyan, Johnston	:20.13
99	E.J. Runyan, Johnston	:18.36
00	E.J. Runyan, Johnston	:17.81
01	Brian Wauters, Marshalltown	:18.27
02	Brian Wauters, Marshalltown	:20.32
03	Brian Wauters, Marshalltown	:18.29
04	Nathan Redlinger, English Valleys	:19.41
05	Nathan Redlinger, English Valleys	:20.41
06	Cory Behrendt, Boone	:24.67
07	Corey Behrendt, Boone	:25.72
08	Mitch Hutchinson, Interstate 35, Truro	:24.69
09	Matthew Jessen, Southeast Polk	:42.88
10	Jon Litzkow, Waterloo West	:22.76
11	Jon Litzkow, Waterloo West	:20.41
12	Jordan Houdeshell, Linn-Mar, Marion	:20.82

200-METER

90	<i>Event not contested</i>	
91	Sean Runyan, Dowling Catholic, WDM	:45.40
92	Tom Rodruck, Winfield-Mt. Union	:39.40
93	John Jeter, Iowa City, West	:52.68
94	Russ Comandatore, Davenport, North	:41.80
95	Mark Hauschildt, Nodaway Valley	:47.03
96	Mark Hauschildt, Nodaway Valley	:36.27
97	E.J. Runyan, Johnston	:36.90
98	E.J. Runyan, Johnston	:35.58
99	E.J. Runyan, Johnston	:32.12
00	E.J. Runyan, Johnston	:32.82
01	Brian Wauters, Marshalltown	:35.20
02	Brian Wauters, Marshalltown	:33.26
03	Brian Wauters, Marshalltown	:33.75
04	Nathan Redlinger, English Valleys	:35.28
05	Nathan Redlinger, English Valley	:35.44
06	Cory Behrendt, Boone	:48.43
07	Cory Behrendt, Boone	:49.52
08	Mitch Hutchinson, Interstate 35, Truro	:50.11
09	Mitch Hutchinson, Interstate 35, Truro	:52.05
10	Jon Litzkow, Waterloo West	:43.07
11	Jon Litzkow, Waterloo West	:37.42
12	Jordan Houdeshell, Linn-Mar, Marion	:37.94

SHOT PUT

90	Mike Schafer, Rock Valley	19-10
91	Tom Woodward, Pekin	19-05
92	Jason Leydens, Dubuque, Senior	15-06
93	Brian Davis, Oskaloosa	19-02.50
94	Brian Davis, Oskaloosa	19-11
95	Mark Hauschildt, Nodaway Valley	20-08.50
96	Dale Brincks, Denison	16-06
97	<i>No Participants entered</i>	
98	Pat O'Hea, Wahlert, Dubuque	16-09
99	Pat O'Hea, Wahlert, Dubuque	17-09.50
00	Pat O'Hea, Wahlert, Dubuque	17-07
01	Sean Eherenman, Waterloo West	18-00.75
02	Sean Eherenman, Waterloo, West	20-06.50
03	Nick Lange, Wahlert, Dubuque	22-05
04	Nick Lange, Wahlert, Dubuque	23-10
05	Nick Lange, Wahlert, Dubuque	25-03.75
06	Andrew Naylor, Lamoni	15-00
07	<i>No Participants entered</i>	
08	<i>No Participants entered</i>	
09	Matthew Jessen, Southeast Polk	15-06
10	Matthew Jessen, Southeast Polk	16-10.25
11	Alex Gudenkauf, Dubuque Senior	35-07
12	Alex Gudenkauf, Dubuque Senior	37-09.75

800-METER (1990-2002)

90	Tony Ramirez, Bishop Heelan, SC	2:43.01
91	Tom Rodruck, Winfield-MU	3:02.31
92	Tom Rodruck, Winfield-MU	2:54.60
93	John Jeter, Iowa City, West	3:59.41
94	Ryan Atkinson, Panorama	3:01.70
95	Jim Jeter, Iowa City, West	3:48.84
96	Mark Hauschildt, Nodaway Valley	2:44.91
97	E.J. Runyan, Johnston	2:32.32
98	E.J. Runyan, Johnston	2:29.46
99	E.J. Runyan, Johnston	2:06.79
00	E.J. Runyan, Johnston	2:11.61
01	Brian Wauters, Marshalltown	2:37.86
02	Brian Wauters, Marshalltown	2:19.0

DISCUS (1990-2004)

90	Tony Ramirez, Bishop Heelan, Sioux City	46-05
91	Tom Rodruck, Winfield-Mt. Union	52-09.50
92	Tom Rodruck, Winfield-Mt. Union	55-00
93	Brian Davis, Oskaloosa	50-08
94	Brian Davis, Oskaloosa	58-07
95	Mark Hauschildt, Nodaway Valley	61-10.25
96	Mark Hauschildt, Nodaway Valley	71-03
97	E.J. Runyan, Johnston	49-02
98	E.J. Runyan, Johnston	66-09
99	E.J. Runyan, Johnston	71-11
00	E.J. Runyan, Johnston	72-04
01	Sean Eherenman, Waterloo, West	55-00
02	Sean Eherenman, Waterloo, West	53-00
03	Nick Lange, Wahlert, Dubuque	85-10
04	Nick Lange, Wahlert, Dubuque	73-09.75

400-METER (started 2003)

03	Brian Wauters, Marshalltown	1:08.11
04	Nathan Redlinger, English Valleys	1:04.87
05	Nathan Redlinger, English Valleys	1:14.36
06	Cory Behrendt, Boone	1:40.63
07	Cory Behrendt, Boone	1:40.05
08	<i>No Participants entered</i>	
09	<i>No Participants entered</i>	
10	Jon Litzkow, Waterloo, West	1:26.20
11	Jon Litzkow, Waterloo, West	1:13.27
12	Jordan Houdeshell, Linn-Mar	1:13.65

SCHOOLS WITH THE MOST WHEELCHAIR CHAMPIONS

Johnston	16
Waterloo West	10
Marshalltown	9
Wahlert, Dubuque	8
Nodaway Valley	7
Boone	6
English Valleys	6
Winfield-Mt. Union	6

STATE CHAMPIONSHIP TEAMS

2003 - Marshalltown	30
<i>Coach: Doug Bacon</i>	
Runner-up: English Valleys	27
2004 - English Valley, North English	31
<i>Coach: Steve Hester</i>	
Runner-up: Wahlert, Dubuque	16
2005 - Aplington-Parkersburg (Co-ed)	62
<i>Coach: Special Ed Teachers</i>	
Runner-up: English Valleys	36
2006 - Aplington-Parkersburg (co-ed)	64
<i>Coach: Special Ed Teachers</i>	
Runner-up: Boone	30
2007 - Aplington-Parkersburg (Co-ed)	40
<i>Coach: Special Ed Teachers</i>	
Runner-up: Boone	30
2008 - Interstate 35, Truro	20
<i>Coach: Tim McKinney</i>	
Runner-up - none	
2009 - Interstate 35, Truro	26
<i>Coach: Tim McKinney</i>	
Runner-up - Southeast Polk	20
2010 - Waterloo West	38
Runner-up - Southeast Polk	18
2011 - Waterloo West	36
Runner-up - Linn-Mar, Marion	28
2012 - Linn-Mar	36
Runner-up - Camanche	29

RELAY CHAMPIONS

440-YARD RELAY

35	Davenport	43.8	B-(Tie) Aurelia & Paullina	45.5
36	Des Moines, North	43.7	C-Scranton	46.6
37	Des Moines, East	43.6	63 AA-Newton	44.0
38	(Tie) Cedar Rapids, Franklin & Grinnell	44.1	A-Storm Lake	43.9
39	Des Moines, East	44.0	B-Altoona	45.2
40	Des Moines, East	43.7	C-Dexfield, Redfield	45.4
41	Sioux City, Central	44.0	64 AA-Davenport, Central	43.7
42	Davenport	43.8	A-Perry	45.0
43	Fort Madison	44.0	B-English Valleys, North English	44.8
44	Clinton	44.3	C-Dexfield, Redfield	44.3
45	Waterloo, East	44.5	65 AA-Des Moines, East	43.6
46	Des Moines, North	44.0	A-Shenandoah	44.5
47	Dubuque	43.4	B-Farragut	44.8
48	A-Des Moines, North	42.3	C-Irwin	45.3
	B-Cedar Falls, Teachers	45.3	66 AA-Sioux City, Central	42.6
49	A-Ames	43.5	A-Glenwood	43.9
	B-Milford	45.7	B-Manson	44.3
50	A-Des Moines, East	45.3	C-Gilmore City-Bradgate	45.1
	B-Primghar	47.4	67 AA-Dubuque	42.9
51	A-Des Moines, East	43.5	A-Storm Lake	43.7
	B-Primghar	45.8	B-Villisca	44.8
52	A-Davenport	43.8	C-Terril	44.9
	B-Lake City	45.4	68 AA-Ames	43.9
53	AA-Des Moines, North	44.4	A-Prairie, Cedar Rapids	44.7
	A-West Des Moines	46.2	B-Prairie, Gowrie	45.9
	B-Onawa	44.8	C-Goldfield	46.5
	C-Schaller	46.3	69 AA-Clinton	42.9
54	AA-Marshalltown	43.5	A-West Monona, Onawa	43.7
	A-West Des Moines	45.1	B-Belle Plaine	44.7
	B-Onawa	44.8	C-Dike	45.4
	C-Elliott	46.5	70 AA-Waterloo, West	42.9
55	AA-Des Moines, Roosevelt	44.4	A-Clear Lake	44.5
	A-West Des Moines	45.7	B-Carlisle	44.4
	B-Manson	45.2	C-Woodward-Granger	45.2
	C-Wellman	46.4	71 AA-Ames	42.8
56	AA-Ames	43.4	A-West Monona, Onawa	43.8
	A-Jefferson	45.5	B-Carlisle	44.8
	B-Aurelia	45.3	C-Woodward-Granger	45.1
	C-Wellman	46.2	72 AA-Ames	42.5
57	AA-Ames	44.1	A-Storm Lake	44.5
	A-Maquoketa	45.8	B-Alta	44.5
	B-Rock Rapids	45.4	C-Terril	44.5
	C-Kalona	46.0	73 AA-Des Moines, Hoover	43.7
58	AA-Ames	44.0	A-Eagle Grove	44.8
	A-Harlan	44.4	B-Maurice-Orange City	44.8
	B-Hawarden	46.0	C-Terril	45.3
	C-Farragut	46.1	74 AA-Davenport, Central	43.7
59	AA-Des Moines, North	42.9	A-Iowa Falls	44.7
	A-Hampton	45.2	B-Britt	44.6
	B-Clinton, St. Marys	45.5	C-Kanawha	44.8
	C-West Chester	45.5	75 AA-Des Moines, Technical	42.5
60	AA-Mason City	43.6	A-Mount Pleasant	44.0
	A-Corning	45.7	B-Hartley	44.4
	B-LaPorte City	45.2	C-Earlham	45.3
	C-Wall Lake	45.9	76 AA-Ames	43.0
61	AA-Des Moines, North	44.1	A-Cherokee, Washington	44.3
	A-Corning	44.7	B-Garner-Hayfield	44.5
	B-Aurelia	46.1	C-Nishna Valley	45.0
	C-Scranton	44.5	77 AA-Cedar Rapids, Washington	42.4
62	AA-Winterset	44.1	A-Saydel	43.8
	A-Perry	45.3	B-Britt	44.1
			C-YJB, Jamaica	44.8

4 X 100 METER RELAY CHAMPIONS cont'd

4 X 100 METER RELAY

(Relay was called 400 Meter Relay, 1978-83)

78	AA-Waverly-Shell Rock	43.12	94	2A-Mediapolis	43.48
	A-Central Lyon, Rock Rapids	44.75		1A-North Mahaska, New Sharon	44.71
	B-NUH, Cedar Falls	44.54		4A-Davenport, Central	43.13
	C-Primghar	45.48		3A-Mount Pleasant	43.45
79	AA-Cedar Rapids, Jefferson	42.31		2A-Mediapolis	43.44
	A-Shenandoah	44.04		1A-Panorama	44.17
	B-Britt	45.11	95	4A-Sioux City, West	42.57
	C-Kanawha	44.41		3A-Johnston	43.49
80	AA-Clinton	42.85		2A-Iowa Falls	43.99
	A-Clarion	43.56		1A-Clarinda Academy	44.67
	B-Sac City	44.17	96	4A-Iowa City, City	42.32
	C-Paullina	45.04		3A-Bishop Heelan, Sioux City	43.29
81	AA-Cedar Rapids, Washington	42.73		2A-Colo-Nesco	44.10
	A-South Tama County, Tama	43.81		1A-Panorama	43.56
	B-Sac City	43.98	97	4A-Iowa City, City	42.42
	C-Paullina	45.19		3A-Assumption, Davenport	43.26
82	4A-Des Moines, Roosevelt	42.78		2A-Beckman, Dyersville	44.01
	3A-St Albert, Council Bluffs	44.36		1A-Panorama	43.73
	2A-Central Lyon, Rock Rapids	44.82	98	4A-Des Moines, Hoover	43.08
	1A-BCLUW, Conrad	44.65		3A-Assumption, Davenport	42.59
83	4A-Davenport, Central	42.48		2A-West Lyon, Inwood	43.94
	3A-St Albert, Council Bluffs	44.86		1A-Iowa Mennonite, Kalona	44.02
	2A-Prairie, Gowrie	43.98	99	4A-Dowling, WDM	42.46
	1A-Sutherland	44.35		3A-Washington	43.08
84	4A-Valley, West Des Moines	42.96		2A-West Lyon, Inwood	43.54
	3A-St Albert, Council Bluffs	44.17		1A-Iowa Mennonite, Kalona	44.09
	2A-Lake Mills	45.2	00	4A-Iowa City, City	42.17
	1A-Paullina	45.0		3A-LeMars	42.76
85	4A-Valley, West Des Moines	42.49		2A-West Lyon, Inwood	43.03
	3A-Grinnell	44.22		1A-Hubbard-Radcliffe	44.30
	2A-Maurice-Orange City	44.4	01	4A-Iowa City, City High	41.89
	1A-Meservey-Thornton	45.4		3A-Washington	43.26
86	4A-Waterloo, Central	42.21		2A-Tri-Center, Neola	43.89
	3A-Osage	44.04		1A-Madrid	44.00
	2A-Maurice-Orange City	43.71	02	4A-Des Moines, East	42.49
	1A-Meservey-Thornton	44.35		3A-Webster City	43.79
87	4A-Ames	42.60		2A-Eddyville-Blakesburg	43.69
	3A-Marion	44.08		1A-Madrid	43.94
	2A-NUH, Cedar Falls	44.43	03	4A-DM East (ran 42.57 in prelims)	42.91
	1A-Titonka	44.79		3A-Central Lee (ran 42.87 in prelims)	43.25
88	4A-Ames	42.98		2A-Okoboji (ran 44.16 in prelims)	44.40
	3A-South Tama County, Tama	44.43		1A-Bishop Garrigan, Algona	43.03
	2A-NUH, Cedar Falls	43.71		(Lisbon ran 43.01 in 1A prelims)	
	1A-CAL-Dows	44.51	04	4A-Cedar Rapids Washington	42.26
89	4A-Des Moines, East	42.19		3A-Central Clinton, De Witt	43.86
	3A-Dallas Center-Grimes	43.45		2A-Cherokee	43.29
	2A-New London	44.36		1A-Treynor	43.8
	1A-North Mahaska, New Sharon	44.71	05	4A-Iowa City, City	42.21
90	4A-Burlington	43.08		3A-Xavier, Cedar Rapids	43.18
	3A-Spirit Lake	43.96		2A-Beckman, Dyersville	42.88
	2A-NUH, Cedar Falls	43.85		(Beckman ran 42.82 in prelims)	
	1A-North Mahaska, New Sharon	45.05		1A-Griswold	43.59
91	4A-Pleasant Valley	43.01	06	4A-Valley, WDM	42.04
	3A-Knoxville	43.90		3A-Washington	43.24
	2A-West Hancock, Britt	44.00		2A-Regina, Iowa City	43.83
	1A-Madrid	44.99		1A-Griswold	44.13
92	4A-Davenport, Central	42.82	07	4A-Des Moines East	41.88
	3A-Assumption, Davenport	43.52		3A-Xavier, Cedar Rapids	42.78
	2A-Mediapolis	43.52		2A-Beckman, Dyersville	43.59
	1A-Bedford	44.59		1A-Central Lyon, Rock Rapids	44.22
93	4A-Davenport, Central	42.78	08	4A-Burlington ... (ran 42.68 in prelims)	42.86
	3A-Assumption, Davenport	43.32		3A-Xavier, Cedar Rapids	42.18
				2A-Roland-Story	43.59
				1A-West Hancock, Britt	43.48

4 x 100 METER RELAY CHAMPIONS cont'd

09	4A-Iowa City West	42.21
	3A-Central Clinton, DeWitt	43.65
	2A-Roland-Story	43.45
	1A-Alburnett	43.68
10	4A-Des Moines Roosevelt	42.23
	3A-Iowa Falls-Alden	43.30
	2A-Solon	42.86
	1A-Madrid	43.48
11	4A-Cedar Falls	42.07
	3A-Central Clinton, DeWitt	42.50
	2A-West Marshall	43.03
	1A-Wapsie Valley, Fairbank	44.18
12	4A-Cedar Falls	42.48
	3A-Webster City	43.29
	2A-Mediapolis	43.11
	1A-Manson Northwest Webster	43.55

880-YARD RELAY

06	Des Moines West	1:36.4
07	Ida Grove	1:36.8
08	Des Moines East	NT
	<i>(Des Moines West won but was disqualified)</i>	
09	Des Moines East	1:39.0
10	Des Moines North	1:39.4
11	Des Moines West	1:36.6
12	Des Moines East	1:37.6
13	Des Moines West	1:33.0
14	Des Moines West	1:36.4
15	LeMars	1:36.4
16	Des Moines East	1:36.0
17	Des Moines, North	1:34.1
18	Mason City	1:35.0
19	Fort Dodge	1:36.2
20	Sioux City	1:36.4
21	Cedar Rapids	1:35.6
22	Cedar Rapids	1:34.8
23	Cedar Rapids	1:34.0
24	Colfax	1:32.7
25	Perry	1:35.0
26	Mason City	1:34.6
27	(Tie) Des Moines Roosevelt & CR, Washington	1:35.6
28	Cedar Rapids, Washington	1:35.5
29	Mason City	1:33.3
30	Jefferson	1:31.7
31	Davenport	1:32.9
32	Clinton	1:32.0
33	Clinton	1:31.4
34	Des Moines, North	1:31.3
35	Des Moines, North	1:31.7
36	Des Moines, North	1:31.4
37	Dubuque	1:32.9
38	Des Moines, East	1:31.0
39	Des Moines, East	1:30.0
40	Des Moines, East	1:32.0
41	Sioux City, Central	1:31.5
42	Davenport	1:31.9
43	Fort Madison	1:33.3
44	Clinton	1:31.4
45	Sioux City, East	1:32.1
46	Des Moines, Roosevelt	1:32.1
47	Des Moines, North	1:29.2
48	A-Des Moines, North	1:27.6
	B-De Witt	1:33.4

49	A-Ames	1:30.4
	B-Rockwell City	1:34.3
50	A-Des Moines, East	1:32.3
	B-Rockwell City	1:35.8
51	A-Des Moines, East	1:30.7
	B-Primghar	1:35.7
52	A-Davenport	1:31.2
	B-Lake City	1:34.2
53	AA-Des Moines, East	1:31.2
	A-(Tie) Humboldt & Red Oak	1:36.0
	B-Onawa	1:33.8
	C-Toledo Juvenile	1:36.1
54	AA-Marshaltown	1:30.5
	A-West Des Moines	1:33.2
	B-Onawa	1:33.2
	C-Sheffield	1:36.4
55	AA-Ames	1:32.6
	A-Shenandoah	1:35.6
	B-Manson	1:33.4
	C-Iowa School for Deaf, Council Bluffs	1:35.6
56	AA-Ames	1:30.2
	A-DeWitt	1:33.8
	B-Aurelia	1:33.6
	C-Primghar	1:35.7
57	AA-Ames	1:31.4
	A-Indianola	1:34.7
	B-Rock Rapids	1:34.6
	C-Tabor	1:36.4
58	AA-Mason City	1:31.0
	A-Algona	1:32.4
	B-Glenwood	1:33.5
	C-Cleghorn	1:35.8
59	AA-Des Moines, Technical	1:30.1
	A-Hampton	1:31.8
	B-Clinton St. Marys	1:33.8
	C-West Chester	1:36.5
60	AA-Mason City	1:30.3
	A-Red Oak	1:34.8
	B-Onawa	1:33.6
	C-Wall Lake	1:35.4
61	AA-Des Moines, Technical	1:30.2
	A-Onawa	1:33.0
	B-Emmetsburg	1:34.0
	C-Scranton	1:34.1
62	AA-Sioux City, Central	1:30.6
	A-Perry	1:32.3
	B-Paullina	1:33.6
	C-Scranton	1:36.8
63	AA-Des Moines, Roosevelt	1:30.2
	A-Storm Lake	1:31.7
	B-Emmetsburg	1:34.6
	C-Dexfield, Redfield	1:34.5
64	AA-Davenport, Central	1:30.4
	A-Perry	1:32.3
	B-English Valleys, North English	1:33.4
	C-Dexfield, Redfield	1:31.3
65	AA-Des Moines, North	1:30.2
	A-Eagle Grove	1:33.2
	B-English Valleys, North English	1:32.7
	C-Pomeroy	1:34.4
66	AA-Davenport, Central	1:28.6
	A-Glenwood	1:31.5
	B-Manson	1:33.2
	C-Terril	1:33.2
67	AA-Sioux City, Central	1:29.0

880-YARD RELAY CHAMPIONS cont'd

	A-Storm Lake	1:30.8		2A-NUH, Cedar Falls	1:31.43
	B-Villisca	1:33.3		1A-BCLUW, Conrad	1:33.59
	C-Terril	1:32.4	83	4A-Davenport, Central	1:29.42
68	AA-Ames	1:30.3		3A-St Albert, Co. Bluffs	1:32.54
	A-Spirit Lake	1:32.1		2A-Ida Grove	1:31.52
	B-Prairie, Gowrie	1:32.3		1A-Sutherland	1:32.14
	C-Wall Lake	1:36.8	84	4A-Marshalltown	1:29.09
69	AA-Fort Dodge	1:29.7		3A-Mount Pleasant	1:31.54
	A-Clarinda	1:31.4		2A-Lake Mills	1:32.7
	B-Oakland	1:32.7		1A-Sidney	1:32.2
	C-Titonka	1:35.1	85	4A-Ottumwa	1:29.49
70	AA-Waterloo, East	1:29.1		3A-Washington	1:31.43
	A-Clear Lake	1:30.3		2A-AvoHa, Avoca	1:32.6
	B-Boyden-Hull	1:32.9		1A-Paullina	1:33.8
	C-Woodward-Granger	1:34.1	86	4A-Valley, West Des Moines	1:28.14
71	AA-Indianola	1:30.5		3A-Storm Lake	1:31.15
	A-West Monona, Onawa	1:31.3		2A-Maurice-Orange City	1:30.15
	B-Manning	1:32.8		1A-New Hartford	1:31.80
	C-Aplington	1:34.7	87	4A-Waterloo, Central	1:28.48
72	AA-Cedar Rapids, Washington	1:28.8		3A-Storm Lake	1:30.89
	A-Ankeny	1:32.1		2A-Monroe	1:32.50
	B-Sibley	1:32.1		1A-Ventura	1:31.60
	C-Terril	1:31.9	88	4A-Davenport, Central	1:27.87
73	AA-Davenport, Central	1:29.5		3A-South Tama County, Tama	1:30.93
	A-Red Oak	1:31.3		2A-NUH, Cedar Falls	1:30.38
	B-Maurice-Orange City	1:32.9		1A-CAL-Dows	1:31.79
	C-Terril	1:32.4	89	4A-Waterloo, East	1:27.80
74	AA-Davenport, Central	1:29.6		3A-Dallas Center-Grimes	1:30.57
	A-Iowa Falls	1:32.7		2A-New London	1:31.86
	B-Britt	1:32.7		1A-North Mahaska, New Sharon	1:33.08
	C-Ruthven	1:33.5	90	4A-Waterloo, West	1:28.70
75	AA-Ottumwa	1:29.0		3A-Alta-Aurelia	1:31.02
	A-Nevada	1:30.1		2A-NUH, Cedar Falls	1:31.35
	B-Columbus, Columbus Jct	1:31.6		1A-North Mahaska, New Sharon	1:33.17
	C-Hamburg	1:32.6	91	4A-Iowa City, City High	1:28.23
76	AA-Ames	1:28.5		3A-Spirit Lake-Park	1:30.24
	A-Nevada	1:30.8		2A-Alta-Aurelia	1:29.81
	B-Sioux Center	1:31.8		1A-North Mahaska, New Sharon	1:32.69
	C-Y-J-B, Jamaica	1:33.0	92	4A-Davenport, Central	1:27.42
77	AA-Cedar Rapids, Washington	1:27.9		3A-Spirit Lake-Park	1:29.96
	A-Eagle Grove	1:30.4		2A-West Hancock, Britt	1:30.18
	B-NUH, Cedar Falls	1:31.8		1A-Fredericksburg	1:32.37
	C-Y-J-B, Jamaica	1:32.0	93	4A-Davenport, Central	1:28.80
				3A-Assumption, Davenport	1:30.07
				2A-Alta-Aurelia	1:30.54
				1A-Gehlen Catholic, LeMars	1:32.05
			94	4A-Iowa City, City High	1:28.00
				3A-Cherokee, Washington	1:30.17
				2A-Ballard, Huxley	1:30.54
				1A-Gehlen Catholic, LeMars	1:31.67
			95	4A-Iowa City, City High	1:29.61
				3A-Waverly-Shell Rock	1:30.58
				2A-West Hancock, Britt	1:31.58
				1A-Gehlen Catholic, LeMars	1:31.54
			96	4A-Iowa City, City High	1:27.96
				3A-Johnston	1:30.43
				2A-Wapsie Valley, Fairbank	1:31.42
				1A-Panorama	1:30.55
			97	4A-Iowa City, City High	1:27.67
				3A-Bishop Heelan, Sioux City	1:30.56
				2A-Beckman, Dyersville	1:31.87
				1A-Panorama, Panora	1:29.62
			98	4A-Valley, West Des Moines	1:28.10
				3A-Washington	1:29.87
				2A-Beckman, Dyersville	1:29.91

4 x 200 METER RELAY

(Relay was called 800 Meter Relay, 1978-83)

78	AA-Cedar Rapids, Jefferson	1:29.54
	A-Eagle Grove	1:31.35
	B-NUH, Cedar Falls	1:31.07
	C-Kanawha	1:31.25
79	AA-Waterloo, West	1:28.52
	A-Shenandoah	1:30.59
	B-Sergeant Bluff-Luton	1:32.07
	C-Kanawha	1:31.02
80	AA-Ames	1:28.66
	A-Clarion	1:30.08
	B-NUH, Cedar Falls	1:31.86
	C-Twin Rivers, Bode	1:33.32
81	AA-Waterloo, West	1:28.88
	A-South Tama County, Tama	1:30.90
	B-NUH, Cedar Falls	1:30.62
	C-Iowa School for Deaf, Co. Bluffs	1:33.37
82	4A-Davenport, Central	1:29.06
	3A-St Albert, Co. Bluffs	1:31.89

4 X 200 METER RELAY CHAMPIONS cont'd

	1A-Madrid	1:31.35	11	Cedar Rapids	3:37.4
99	4A-Valley, WDM	1:28.88	12	Des Moines, West	3:37.4
	3A-Mount Pleasant	1:29.54	13	Des Moines, West	3:35.4
	2A-Beckman, Dyersville	1:30.06	14	Des Moines West	3:38.8
	1A-Iowa Mennonite, Kalona	1:31.87	15	Des Moines, East	3:36.6
00	4A-Iowa City, City	1:27.83	16	Des Moines, East	3:33.6
	3A-Waverly-Shell Rock	1:29.40	17	Des Moines, West	3:35.2
	2A-West Lyon, Inwood	1:30.27	18	Des Moines, North	3:36.0
	1A-East Buchanan, Winthrop	1:31.03	19	Des Moines, West	3:36.0
01	4A-Iowa City, City	1:27.69	20	Sioux City	3:30.0
	3A-West Delaware, Manchester	1:31.32	21	Cedar Rapids	3:31.4
	2A-Tri-Center, Neola	1:30.71	22	Cedar Rapids	3:36.4
	1A-Madrid	1:32.07	23	Cedar Rapids	3:34.2
02	4A-Iowa City, City	1:28.14	24	Mason City	3:29.9
	3A-Waukee	1:30.89	25	Mason City	3:37.3
	2A-Williamsburg	1:29.71	26	Carroll	3:31.9
	1A-Madrid	1:30.84	27	Carroll	3:37.0
03	4A-Des Moines East	1:29.35	28	Oskaloosa	3:35.9
	3A-Central Lee, Donnelson	1:29.75	29	Newton	3:32.6
	2A-Okoboji (ran 1:31.31 in prelims)	1:31.50	30	Newton	3:32.0
	1A-Bishop Garrigan, Algona	1:30.57	31	Grinnell	3:31.5
04	4A-Des Moines East	1:27.02	32	Grinnell	3:30.0
	3A-Fairfield	1:29.66	33	Des Moines, North	3:32.6
	2A-North Fayette, West Union	1:29.33	34	Ottumwa	3:29.9
	1A-Treynor	1:30.56	35	Davenport	3:28.0
05	4A-Iowa City, City	1:28.36	36	Clinton	3:29.3
	3A-Wahlert, Dubuque	1:30.07	37	Valley Junction	3:29.8
	2A-Beckman, Dyersville	1:29.26	38	Fort Madison	3:28.8
	1A-Griswold	1:30.11	39	Sioux City, East	3:31.3
06	4A-Iowa City, West	1:28.03	40	Des Moines, East	3:31.2
	3A-Mount Pleasant	1:29.87	41	Cedar Rapids, Franklin	3:26.8
	2A-Beckman, Dyersville	1:29.96	42	Sioux City, Central	3:30.3
	1A-Griswold	1:30.88	43	Des Moines, East	3:32.7
07	4A-Des Moines East	1:28.60	44	Des Moines, Roosevelt	3:27.5
	3A-Xavier, Cedar Rapids	1:29.49	45	Des Moines, Roosevelt	3:29.7
	2A-Beckman, Dyersville	1:31.03	46	Des Moines, Roosevelt	3:30.6
	1A-Alta	1:32.07	47	Ames	3:29.8
08	4A-Cedar Rapids Washington	1:28.86	48	A-Des Moines, North	3:27.7
	3A-Xavier, Cedar Rapids	1:29.08		B-Albert City	3:35.8
	2A-St. Edmond, Fort Dodge	1:31.22	49	A-Des Moines, East	3:31.4
	1A-Alta	1:31.03		B-Nevada	3:35.2
09	4A-Cedar Rapids Washington	1:27.64	50	A-Mason City	3:35.5
	3A-Boone	1:30.11		B-Lake City	3:45.3
	2A-St. Edmond, Fort Dodge	1:30.08	51	A-Des Moines, East	3:28.2
	1A-Pleasantville	1:30.73		B-Lake City	3:45.6
10	4A-Burlington	1:27.62	52	A-Davenport	3:30.0
	3A-Bishop Heelan Catholic, Sioux City	1:28.41		B-Lake City	3:35.8
	2A-West Marshall	1:28.43	53	AA-Des Moines, North	3:29.4
	1A-Northwood-Kensett	1:31.76		A-Creston	3:38.2
11	4A-Cedar Falls	1:27.12		B-Lake City	3:37.8
	3A-Central, Clinton, DeWitt	1:28.40		C-Fayette	3:39.0
	2A-West Marshall	1:28.65	54	AA-Des Moines, North	3:23.3
	1A-Tri-County, Thornburg	1:32.17		A-Denison	3:33.6
12	4A-Iowa City, West	1:27.67		B-Lake City	3:32.6
	3A-Marion	1:29.59		C-Castana	3:39.4
	2A-West Marshall	1:29.05	55	AA-Des Moines, Roosevelt	3:32.8
	1A-Manson Northwest Webster	1:31.96		A-Hampton	3:40.2
				B-Albert City	3:31.1
				C-Iowa School for Deaf, Co. Bluffs	3:38.0
			56	AA-Ames	3:24.7
				A-Clarinda	3:29.9
				B-Traer	3:34.0
				C-Terril	3:37.8
			57	AA-Ames	3:26.6
				A-Indianola	3:36.3

ONE-MILE RELAY

06	Ida Grove	3:48.2
07	Ida Grove	3:45.6
08	Des Moines, North	3:42.0
09	Des Moines, West	3:45.8
10	Cedar Rapids	3:40.6

MILE RELAY CHAMPIONS cont'd

	B-Marengo	3:32.4		C-Hamburg	3:33.3
	C-Terril	3:34.9	74	AA-Davenport, Central	3:24.2
58	AA-Ames	3:28.5		A-Iowa Falls	3:26.6
	A-Indianola	3:31.1		B-Northwood-Kensett	3:30.2
	B-Tripoli	3:36.5		C-Hamburg	3:30.5
	C-Wall Lake	3:36.5	75	AA-Ottumwa	3:19.6
59	AA-Des Moines, East	3:26.0		A-Sioux Center	3:23.9
	A-Jefferson	3:31.0		B-La Porte City	3:27.4
	B-Moville	3:33.3		C-Hamburg	3:29.5
	C-West Chester	3:39.7	76	AA-Davenport, Central	3:21.2
60	AA-Des Moines, Tech	3:26.7		A-Spencer	3:26.5
	A-Belmond	3:33.3		B-Unity Christian, Orange City	3:28.4
	B-English Valleys, North English	3:28.8		C-Hamburg	3:30.6
	C-LuVerne	3:36.2	77	AA-Cedar Rapids, Washington	3:19.7
61	AA-Des Moines, Tech	3:27.6		A-Eagle Grove	3:25.5
	A-Central Lyon, Rock Rapids	3:33.2		B-Sioux Center	3:30.5
	B-Maurice-Orange City	3:35.1		C-Hamburg	3:27.2
	C-Sioux Rapids	3:35.7			
62	AA-Cedar Rapids, Jefferson	3:23.7			
	A-North Scott, Eldridge	3:30.7			
	B-Sioux Center	3:37.2			
	C-Moville	3:37.5			
63	AA-Des Moines, Roosevelt	3:19.4			
	A-Ankeny	3:29.5			
	B-Lake View-Auburn	3:35.6			
	C-Dexfield, Redfield	3:37.2			
64	AA-Des Moines, North	3:25.8			
	A-Hampton	3:33.1			
	B-Seymour	3:31.3			
	C-Scranton	3:34.5			
65	AA-Mason City	3:26.7			
	A-Eagle Grove	3:29.9			
	B-Lynnville-Sully	3:29.8			
	C-Pomeroy	3:33.2			
66	AA-Davenport, Central	3:22.8			
	A-Cherokee, Washington	3:32.0			
	B-Manson	3:27.3			
	C-Treynor	3:34.1			
67	AA-Davenport, Central	3:18.0			
	A-Cherokee, Washington	3:23.4			
	B-Villisca	3:29.9			
	C-Clay Central, Royal	3:34.0			
68	AA-Davenport, Central	3:23.0			
	A-Storm Lake	3:30.2			
	B-Prairie, Gowrie	3:37.0			
	C-Clay Central, Royal	3:39.0			
69	AA-Indianola	3:20.3			
	A-Jefferson	3:27.0			
	B-Aurelia	3:29.3			
	C-Bayard	3:33.0			
70	AA-Indianola	3:17.7			
	A-Clear Lake	3:30.0			
	B-Aurelia	3:31.5			
	C-Glidden-Ralston	3:34.1			
71	AA-Indianola	3:24.5			
	A-Eagle Grove	3:26.9			
	B-Belle Plaine	3:30.6			
	C-Crestland, Early	3:34.4			
72	AA-Davenport, Central	3:23.8			
	A-Ankeny	3:29.4			
	B-Pocahontas	3:29.0			
	C-New Hartford	3:30.2			
73	AA-Sioux City, East	3:22.2			
	A-Red Oak	3:29.3			
	B-Louisa-Muscatine	3:34.2			

4 x 400 METER RELAY

(Relay was called 1600 Meter Relay, 1978-83)

78	AA-Marshalltown	3:23.19
	A-Iowa Falls	3:29.78
	B-Kingsley-Pierson	3:24.18
	C-Reinbeck	3:31.26
79	AA-Waterloo, East	3:18.76
	A-Iowa Falls	3:24.1
	B-Sioux Center	3:26.05
	C-Kanawha	3:28.72
80	AA-North Scott, Eldridge	3:19.94
	A-Davis County, Bloomfield	3:24.04
	B-Britt	3:25.69
	C-Terril	3:29.33
81	AA-Waterloo, West	3:19.78
	A-Davis County, Bloomfield	3:24.64
	B-NUH, Cedar Falls	3:25.72
	C-Titonka	3:28.27
82	4A-North Scott, Eldridge	3:21.27
	3A-Pella	3:25.90
	2A-NUH, Cedar Falls	3:25.99
	1A-New Hartford	3:29.70
83	4A-Sioux City, East	3:19.04
	3A-Eagle Grove	3:24.54
	2A-West Branch	3:25.50
	1A-Allison-Bristow	3:29.44
84	4A-Marshalltown	3:20.16
	3A-St Albert, Co. Bluffs	3:25.74
	2A-West Branch	3:27.6
	1A-Sidney	3:27.8
85	4A-Marshalltown	3:20.83
	3A-Mount Pleasant	3:28.41
	2A-Maurice-Orange City	3:28.7
	1A-Galva-Holstein	3:30.4
86	4A-Iowa City, West	3:20.95
	3A-Pella	3:25.69
	2A-Maurice-Orange City	3:24.20
	1A-Schaller	3:30.36
87	4A-Davenport, West	3:20.20
	3A-Storm Lake	3:25.54
	2A-NUH, Cedar Falls	3:27.88
	1A-CAL-Dows	3:25.68
88	4A-Ames	3:21.58
	3A-Storm Lake	3:23.19
	2A-Alta	3:23.57
	1A-Aurelia	3:24.51

4 X 400 METER RELAY CHAMPIONS cont'd

89	4A-Ames	3:20.69
	3A-Hampton-Dumont	3:22.45
	2A-Alta	3:26.34
	1A-Woodbine	3:30.15
90	4A-Waterloo, West	3:22.43
	3A-Glenwood	3:24.21
	2A-Madrid	3:28.00
	1A-Janesville	3:26.19
91	4A-Ames	3:18.39
	3A-Clear Lake	3:24.09
	2A-NUH, Cedar Falls	3:22.56
	1A-CAL-Dows	3:30.19
92	4A-Fort Dodge	3:20.19
	3A-Glenwood	3:23.54
	2A-West Branch	3:24.59
	1A-Essex	3:28.47
93	4A-Iowa City, City High	3:20.79
	3A-Algona	3:23.95
	2A-Monticello	3:25.15
	1A-Lynnville-Sully	3:26.91
94	4A-Iowa City, City High	3:19.60
	3A-Cherokee, Washington	3:25.30
	2A-Louisa-Muscatine	3:24.99
	1A-West Marshall	3:26.99
95	4A-Ames	3:18.93
	3A-Humboldt	3:23.35
	2A-Ballard, Huxley	3:25.78
	1A-West Marshall	3:23.19
96	4A-Ames	3:19.64
	3A-Centerville	3:25.91
	2A-Garner-Hayfield	3:26.35
	1A-BCLUW, Conrad	3:26.36
97	4A-Iowa City, City High	3:20.70
	3A-Decorah	3:22.70
	2A-Unity Christian, Orange City	3:25.13
	1A-Panorama	3:24.74
98	4A-Des Moines, Hoover	3:19.06
	3A-Bishop Heelan, Sioux City	3:21.48
	2A-Beckman, Dyersville	3:26.02
	1A-NUH, Cedar Falls	3:26.83
99	4A-Iowa City, City High	3:22.25
	3A-Mount Pleasant	3:22.28
	2A-Beckman, Dyersville	3:26.28
	1A-West Marshall	3:24.19
00	4A-Iowa City, City	3:18.01
	3A-Mount Pleasant	3:21.37
	2A-Unity Christian, Orange City	3:23.05
	1A-Central Lyon, Rock Rapids	3:27.65
01	4A-Iowa City, City	3:19.68
	3A-Waverly-Shell Rock	3:22.96
	2A-Monticello	3:23.61
	1A-West Branch	3:26.95
02	4A-Ankeny	3:22.00
	3A-Fairfield	3:23.84
	2A-Tipton	3:24.45
	1A-Saint Ansgar	3:25.50
03	4A-Ankeny	3:22.24
	3A-Harlan	3:23.30
	2A-West Branch	3:25.67
	1A-Sac City	3:26.60
04	4A-Ankeny	3:21.25
	3A-Bishop Heelan, Sioux City	3:20.38
	2A-Tipton	3:26.18
	1A-Treynor	3:27.40
05	4A-Valley, WDM	3:18.54

	3A-Charles City	3:21.44
	2A-Roland-Story	3:23.13
	1A-Treynor	3:24.94
06	4A-Valley, WDM (3:13.80 in prelims)	3:14.61
	3A-Williamsburg	3:23.47
	2A-Mid-Prairie, Wellman	3:21.90
	1A-North Linn, Troy Mills	3:22.13
07	4A-Valley, WDM	3:19.62
	3A-Humboldt	3:22.61
	2A-Saint Edmond, Fort Dodge	3:24.28
	1A-BCLUW, Conrad	3:27.73
08	4A-Cedar Falls (ran 3:20.25 in prelims) ..	3:21.71
	3A-Washington	3:21.94
	2A-Saint Edmond, Fort Dodge	3:23.42
	1A-Lake Mills	3:28.99
09	4A-Ottumwa	3:18.07
	3A-Bishop Heelan, Sioux City	3:18.24
	2A-St. Edmond, Fort Dodge	3:20.32
	1A-Pleasantville	3:27.34
10	4A-Indianola	3:20.40
	3A-Bishop Heelan Catholic, Sioux City	3:20.00
	2A-St. Edmond, Fort Dodge	3:22.09
	1A-Griswold	3:28.26
11	4A-Valley, WDM	3:18.70
	3A-Clear Creek-Amana	3:21.77
	2A-South Central Calhoun	3:21.35
	1A-West Harrison, Mondamin	3:27.66
12	4A-Valley, WDM	2:20.25
	3A-Decorah	3:22.63
	2A-Kingsley-Pierson/Woodbury Central	3:21.91
	1A-Manson Northwest Webster	3:27.04

TWO-MILE RELAY

35	Council. Bluffs, Abraham Lincoln	8:30.7
36	Oskaloosa	8:24.1
37	Dubuque	8:23.1
38	Des Moines, Roosevelt	8:05.5
39	Clinton	8:17.7
40	Des Moines, Lincoln	8:13.2
41	Des Moines, East	8:17.9
42	Des Moines, East	8:18.4
43	Cedar Rapids, Franklin	8:18.5
44	Sioux City, Central	8:18.5
45	Sioux City, East	8:22.7
46	Cedar Rapids, Franklin	8:14.2
47	Davenport	8:12.6
48	A-Des Moines, East	8:13.8
	B-Aurelia	8:32.3
49	A-Iowa City, City	8:21.7
	B-Nevada	8:26.0
50	A-Ames	8:17.8
	B-Nevada	8:34.5
51	A-Des Moines, East	8:27.5
	B-Postville	8:41.4
52	A-Davenport	8:17.3
	B-Albert City	8:37.9
53	AA-Des Moines, East	8:17.6
	A-Clarinda	8:21.6
	B-Albert City	8:29.9
	C-College Springs	8:44.5
54	AA-Des Moines, North	8:16.3
	A-Audubon	8:23.5
	B-Albert City	8:23.0
	C-College Springs	8:30.7

TWO MILE RELAY CHAMPIONS cont'd

55	AA-Ames	8:18.2	A-Chariton	8:12.7
	A-Humboldt	8:49.5	B-Carlisle	8:17.6
	B-Lake City	8:19.6	C-Central Webster, Burnside	8:22.9
	C-Quimby	8:24.0	72 AA-Sioux City, East	7:56.3
56	AA-Des Moines, North	8:03.9	A-Forest City	8:18.5
	A-Clarinda	8:09.8	B-Montezuma	8:13.4
	B-Manning	8:28.0	C-Central Webster, Burnside	8:11.2
	C-Primghar	8:23.3	73 AA-Ames	7:53.4
57	AA-Ames	8:25.5	A-Mount Pleasant	8:07.9
	A-Eagle Grove	8:32.9	B-Mount Vernon	8:07.8
	B-Manning	8:22.1	C-Hamburg	8:09.9
	C-Schleswig	8:29.1	74 AA-Cedar Falls	7:49.7
58	AA-Sioux City, Central	8:13.8	A-Lewis Central	8:01.4
	A-Cherokee, Washington	8:16.6	B-Britt	8:05.6
	B-Tripoli	8:23.1	C-Hamburg	8:12.0
	C-Menlo	8:36.4	75 AA-Cedar Rapids, Washington	7:55.9
59	AA-Des Moines, Tech	8:09.6	A-St Albert, CB	8:03.4
	A-Cherokee, Washington	8:23.8	B-Maurice-Orange City	8:18.1
	B-Johnston	8:27.4	C-Hamburg	8:11.6
	C-College Springs	8:44.3	76 AA-Davenport, West	7:55.8
60	AA-Ames	8:15.9	A-Davis County, Bloomfield	8:02.5
	A-North Scott, Eldridge	8:34.4	B-Belmond	8:10.0
	B-Glenwood	8:22.6	C-Wellsburg	8:16.0
	C-Sioux Rapids	8:34.1	77 AA-Davenport, West	7:47.0
61	AA-Newton	8:11.5	A-Davis County, Bloomfield	8:06.5
	A-Cherokee, Washington	8:23.4	B-North Linn, Coggon	8:08.7
	B-Alta	8:35.5	C-Greene	8:13.3
	C-Sioux Rapids	8:22.9		
62	AA-Valley, West Des Moines	7:59.6		
	A-Prairie, Cedar Rapids	8:18.7		
	B-Prairie, Gowrie	8:30.5		
	C-Moville	8:25.5		
63	AA-Davis County, Bloomfield	7:59.4		
	A-West Monona, Onawa	8:09.9		
	B-Sheffield-Chapin	8:21.8		
	C-Prairie City	8:39.0		
64	AA-Ames	8:05.9		
	A-Eagle Grove	8:16.9		
	B-Woodbine	8:15.4		
	C-Fredericksburg	8:19.8		
65	AA-Ames	8:02.2		
	A-Eagle Grove	8:13.1		
	B-Woodbine	8:18.7		
	C-Pocahontas	8:30.9		
66	AA-Sioux City, Central	7:47.4		
	A-Shenandoah	8:08.5		
	B-Carlisle	8:13.4		
	C-Schaller	8:23.3		
67	AA-Des Moines, Roosevelt	8:05.0		
	A-Westwood, Sloan	8:09.6		
	B-Prairie, Gowrie	8:13.4		
	C-Lincoln Central, Gruver	8:19.7		
68	AA-Sioux City, Central	8:01.7		
	A-Westwood, Sloan	8:07.4		
	B-Prairie, Gowrie	8:18.6		
	C-Graettinger	8:52.4		
69	AA-Des Moines, North	7:51.6		
	A-Emmetsburg	8:08.4		
	B-Rockwell City	8:16.4		
	C-Lincoln Central, Gruver	8:28.4		
70	AA-Clinton	7:49.3		
	A-Prairie, Cedar Rapids	8:08.7		
	B-Grundy Center	8:12.0		
	C-Pocahontas, Catholic	8:36.7		
71	AA-Clinton	7:56.0		

4 x 800 METER RELAY

(Relay was called 3200 Meter Relay, 1978-83)

78	AA-Davenport, Central	7:54.71
	A-Iowa Falls	8:02.59
	B-Prairie, Gowrie	8:07.51
	C-Bridgewater-Fontanelle	8:10.79
79	AA-Muscatine	7:48.01
	A-Iowa Falls	7:55.87
	B-Woodbine	8:04.42
	C-Treynor	8:15.31
80	AA-Dowling Catholic, WDM	7:47.57
	A-Davis County, Bloomfield	7:55.1
	B-Sioux Center	8:02.78
	C-Treynor	8:03.13
81	AA-Muscatine	7:48.88
	A-Tipton	7:57.20
	B-NUH, Cedar Falls	8:01.17
	C-Sidney	8:09.50
82	4A-Spencer	7:52.31
	3A-Sheldon	7:56.15
	2A-Sioux Center	7:55.45
	1A-Aurelia	8:13.58
83	4A-Ames	7:49.89
	3A-Western Christian, Hull	8:00.60
	2A-West Branch	8:04.89
	1A-Allison-Bristow	8:08.82
84	4A-Cedar Rapids, Kennedy	7:51.4
	3A-Tipton	8:03.05
	2A-West Branch	8:06.0
	1A-Earlham	8:18.2
85	4A-Marshalltown	7:46.52
	3A-Tipton	8:02.36
	2A-Northwood-Kensett	8:06.8
	1A-Earlham	8:15.7
86	4A-Marshalltown	7:47.66
	3A-Glenwood	8:01.45

4 X 800 METER RELAY CHAMPIONS cont'd

	2A-Central, Elkader	8:03.49		1A-Greene	8:06.37
	1A-CAL, Latimer	8:06.72		03 4A-Ankeny	7:55.88
87	4A-Ames	7:44.06		3A-Benton, Van Horne	8:01.65
	3A-Clear Lake	7:57.86		2A-Roland-Story	8:08.50
	2A-Garner-Hayfield	8:01.91		1A-Turkey Valley, Jackson Jct	8:11.04
	1A-CAL, Latimer	8:03.59	04	4A-Linn-Mar	7:48.26
88	4A-Dubuque, Senior	7:56.51		3A-Decorah-North Winneshiek	8:04.21
	3A-Sheldon	8:00.89		2A-West Liberty	8:06.83
	2A-Woodbine	8:00.69		1A-Turkey Valley, Jackson Jct.	8:11.78
	1A-Pomeroy	8:09.21	05	4A-Linn-Mar	7:48.55
89	4A-Spencer	7:50.7		3A-Wahlert, Dubuque	8:03.02
	3A-Storm Lake	8:01.23		2A-West Liberty	7:56.03
	2A-Gehlen Catholic, LeMars	8:07.31		1A-Riverside, Oakland	8:10.00
	1A-Woodbine	8:06.5	06	4A-Marshalltown	7:58.47
90	4A-Valley, West Des Moines	7:48.88		3A-Knoxville	8:05.86
	3A-Sheldon	8:04.91		2A-Monticello	8:04.55
	2A-Woodbine	8:10.53		1A-BCLUW, Conrad	8:03.06
	1A-Greene	8:13.21	07	4A-Iowa City West	8:01.85
91	4A-Ames	7:58.41		3A-Knoxville	8:05.63
	3A-Benton Comm, Van Horne	8:05.50		2A-Monticello	7:59.66
	2A-Belmond-Klemme	8:10.82		1A-BCLUW, Conrad	8:09.99
	1A-Iowa Mennonite, Kalona	8:09.15	08	4A-Waukee	7:53.52
92	4A-Iowa City, City High	7:55.55		3A-Spirit Lake	8:00.56
	3A-Sheldon	7:57.73		2A-West Liberty	8:00.89
	2A-Williamsburg	8:07.40		1A-Northeast, Goose Lake	8:09.99
	1A-Dike	8:08.63	09	4A-Waukee	7:53.88
93	4A-Dubuque, Senior	7:57.96		3A-Algona	8:01.05
	3A-Forest City	8:03.08		2A-St. Edmond, Fort Dodge	7:57.59
	2A-St Albert, Co. Bluffs	8:00.80		1A-Belmond-Klemme	8:13.33
	1A-West Bend-Mallard	8:14.18	10	4A-Cedar Rapids Washington	7:48.70
94	4A-Dubuque, Senior	7:56.68		3A-Algona	7:55.65
	3A-Storm Lake	8:08.29		2A-Monticello	7:58.57
	2A-Belmond-Klemme	8:01.38		1A-North Iowa, Buffalo Center	8:04.51
	1A-West Bend-Mallard	8:04.87	11	4A-Prairie, Cedar Rapids	7:54.56
95	4A-Iowa City, City High	8:00.17		3A-Spirit Lake Park	7:49.07
	3A-Prairie, Cedar Rapids	8:02.70		2A-St. Edmond, Fort Dodge	7:55.76
	2A-Gilbert	8:07.60		1A-BCLUW, Conrad	8:04.40
	1A-Riverside, Oakland	8:05.51	12	4A-Waukee	7:49.79
96	4A-Ankeny	7:52.16		3A-Decorah	7:56.34
	3A-Centerville	7:59.79		2A-Mount Vernon	7:57.66
	2A-Garner-Hayfield	8:05.47		1A-St. Albert, Council Bluffs	8:13.46
	1A-Woodbine	8:06.16			
97	4A-Iowa City, City High	7:58.56			
	3A-Centerville	8:00.42			
	2A-Unity Christian, Ornge Cty	8:05.52			
	1A-Collins-Maxwell-Baxter	8:07.90			
98	4A-Cedar Falls	7:55.75			
	3A-Cedar Rapids, Regis/LaSalle	7:56.31			
	2A-Collins-Maxwell-Baxter	8:02.56			
	1A-Madrid	8:09.34			
99	4A-Ames	7:57.20			
	3A-Waverly-Shell Rock	7:57.61			
	2A-Beckman, Dyersville	8:01.84			
	1A-Calamus-Wheatland	8:11.28			
00	4A-Iowa City, City	7:52.85			
	3A-Waukon	7:55.61			
	2A-Tipton	7:53.67			
	1A-Lawton-Bronson	8:06.50			
01	4A-Iowa City, City High	8:00.12			
	3A-Forest City	7:58.21			
	2A-Tipton	8:08.57			
	1A-Greene	8:13.97			
02	4A-Valley, WDM	7:50.81			
	3A-Columbus Catholic, Waterloo	8:00.25			
	2A-Tipton	7:57.85			

ONE-MILE MEDLEY RELAY

35	Valley Junction	3:42.3
36	Valley Junction	3:42.4
37	Fort Dodge	3:44.3
38	Ames	3:35.6
39	Iowa School for Deaf, Council Bluffs	3:44.5
40	(Tie) Ames & Iowa School for Deaf, C. Bluffs	3:42.6
41	Ames	3:41.7
42	Des Moines, Lincoln	3:41.1
43	Des Moines, East	3:43.2
44	Des Moines, East	3:41.7
45	Sioux City, Trinity	3:40.8
46	Cedar Rapids, Wilson	3:43.1
47	Iowa City, City	3:39.9
48	A-Newton	3:39.2
	B-De Witt	3:43.4
49	A-Des Moines, East	3:42.0
	B-Corydon	3:50.2
50	A-Des Moines, Tech	3:48.1
	B-Nevada	3:52.1
51	A-Des Moines, North	3:41.5
	B-Rock Rapids	3:49.9

ONE MILE MEDLEY RELAY CHAMPIONS cont'd

52	A-Davenport	3:40.3	B-Prairie, Gowrie	3:43.4	
	B-Albert City	3:48.2	C-Armstrong	3:47.2	
53	AA-Decorah	3:44.2	69	AA-Fort Dodge	3:30.3
	A-Jefferson	3:47.5		A-Saint Albert, Co. Bluffs	3:38.3
	B-Albert City	3:44.4		B-Manning	3:35.4
	C-West Branch	3:51.6		C-Miles	3:42.7
54	AA-Des Moines, North	3:36.2	70	AA-Indianola	3:30.2
	A-Atlantic	3:46.0		A-Eagle Grove	3:43.0
	B-Albert City	3:45.0		B-Oakland	3:40.5
	C-Elliott	3:45.6		C-Elk Horn-Kimballton	3:43.6
55	AA-Des Moines, Roosevelt	3:46.3	71	AA-Davenport, Central	3:36.7
	A-Hampton	3:50.9		A-Eagle Grove	3:36.9
	B-Albert City	3:41.8		B-Central Decatur, Leon	3:34.9
	C-Primghar	3:46.6		C-Dexfield, Redfield	3:46.1
56	AA-Des Moines, North	3:38.0	72	AA-Sioux City, East	3:33.3
	A-Clarinda	3:45.1		A-Eagle Grove	3:35.6
	B-Johnston	3:45.9		B-Tripoli	3:41.7
	C-Primghar	3:43.7		C-Central Webster, Burnside	3:37.8
57	AA-Des Moines, East	3:42.8	73	AA-Valley, West Des Moines	3:34.3
	A-Hampton	3:44.5		A-Central Clinton, DeWitt	3:39.3
	B-Britt	3:47.1		B-West Monona, Onawa	3:40.7
	C-Hedrick	3:49.2		C-Central Webster, Burnside	3:44.9
58	AA-Cedar Rapids, Jefferson	3:38.1	74	AA-Davenport, Central	3:30.8
	A-Eagle Grove	3:41.4		A-Central Clinton, DeWitt	3:33.9
	B-Tabor	3:47.9		B-Columbus, Columbus Jct	3:39.0
	C-Primghar	3:47.7		C-Titonka	3:37.1
59	AA-Cedar Rapids, Jefferson	3:31.5	75	AA-Cedar Rapids, Washington	3:27.0
	A-Eagle Grove	3:39.5		A-Anamosa	3:32.5
	B-Moville	3:44.0		B-Greene	3:34.0
	C-Primghar	3:46.7		C-Meriden-Cleghorn	3:36.9
60	AA-Iowa City	3:39.1	76	AA-Davenport, Central	3:29.1
	A-Saydel	3:44.6		A-Anamosa	3:36.2
	B-Glidden-Ralston	3:40.1		B-Sac City	3:34.7
	C-LuVerne	3:44.7		C-West Harrison	3:37.9
61	AA-Valley, West Des Moines	3:38.7	77	AA-Columbus Catholic, Waterloo	3:28.4
	A-Cherokee, Washington	3:47.9		A-Central Clinton, De Witt	3:35.8
	B-Carlisle	3:44.8		B-Manson	3:38.8
	C-Bayard	3:44.2		C-Hamburg	3:38.2
62	AA-Cedar Rapids, Jefferson	3:37.2			
	A-Ankeny	3:42.8			
	B-Charter Oak-Ute	3:45.3			
	C-Moville	3:48.0			
63	AA-Valley, West Des Moines	3:33.0			
	A-Sheldon	3:41.2			
	B-Anita	3:45.2			
	C-Havelock-Plover	3:49.7			
64	AA-Ames	3:42.7			
	A-Eagle Grove	3:40.4			
	B-Seymour	3:35.9			
	C-Scranton	3:40.3			
65	AA-Ames	3:37.6			
	A-Eagle Grove	3:42.0			
	B-Sutherland	3:44.5			
	C-Pomeroy	3:42.5			
66	AA-Sioux City, Central	3:34.9			
	A-Glenwood	3:40.6			
	B-Lynnville-Sully	3:40.3			
	C-Treynor	3:47.5			
67	AA-Sioux City, Central	3:32.6			
	A-Prairie, Cedar Rapids	3:36.6			
	B-Lynnville-Sully	3:41.0			
	C-Treynor	3:40.8			
68	AA-Des Moines, Tech	3:41.0			
	A-Humboldt	3:42.0			

1600-METER MEDLEY RELAY

78	AA-Davenport, Central	3:31.13
	A-Centerville	3:34.23
	B-Maurice-Orange City	3:34.83
	C-Hamburg	3:33.95
79	AA-Clinton	3:27.2
	A-Algona	3:33.09
	B-Pekin	3:35.44
	C-Hamburg	3:40.28
80	AA-Cedar Rapids, Washington	3:29.65
	A-Sumner	3:32.65
	B-Sac City	3:36.35
	C-Treynor	3:38.76
81	AA-Des Moines, East	3:30.80
	A-Davis County, Bloomfield	3:34.02
	B-NUH, Cedar Falls	3:33.48
	C-Moravia	3:38.73
82	4A-Cedar Rapids, Washington	3:32.03
	3A-Sheldon	3:33.95
	2A-Sioux Center	3:36.99
	1A-Treynor	3:41.72
83	4A-Davenport, Central	3:31.46
	3A-Tipton	3:36.09
	2A-Northwood-Kensett	3:38.07

1600 METER MEDLEY RELAY CHAMPIONS cont'd

	1A-Boyden-Hull	3:39.27	00	4A-Marshalltown	3:32.81
84	4A-Marshalltown	3:30.40		3A-Mount Pleasant	3:34.82
	3A-Tipton	3:35.40		2A-Beckman, Dyersville	3:37.94
	2A-Northwood-Kensett	3:37.2		1A-Regina, Iowa City	3:43.58
	1A-Fredericksburg	3:42.6	01	4A-Iowa City, City High	3:31.40
85	4A-Cedar Rapids, Kennedy	3:28.55		3A-Waverly-Shell Rock	3:30.15
	3A-Central Lee, Argyle	3:36.39		2A-East Marshall, LeGrand	3:32.11
	2A-Iowa Valley, Marengo	3:36.4		1A-Pleasantville	3:36.33
	1A-Earham	3:40.6	02	4A-Iowa City, City	3:31.58
86	4A-Marshalltown	3:29.47		3A-Perry	3:31.45
	3A-Western Christian	3:35.46		2A-Preston-East Central	3:32.42
	2A-NUH, Cedar Falls	3:37.91		1A-Pleasantville	3:33.07
	1A-Aplington	3:36.30	03	4A-Valley, WDM	3:31.18
87	4A-Ames	3:27.66		3A-Assumption, Davenport	3:29.38
	3A-Pella	3:35.38		2A-Panorama, Panora	3:33.82
	2A-Garner-Hayfield	3:37.47		1A-Turkey Valey, Jackson Jct.....	3:38.03
	1A-CAL-Dows	3:36.70	04	4A-Iowa City, City	3:28.75
88	4A-Burlington	3:31.94		3A-Assumption, Davenport	3:27.65
	3A-Storm Lake	3:34.52		2A-Monticello	3:34.51
	2A-Dike	3:36.19		1A-Turkey Valley, Jackson Jct	3:34.97
	1A-Gehlen Catholic, LeMars.....	3:36.67	05	4A-Cedar Falls	3:28.71
89	4A-Clinton	3:31.58		3A-Wahlert, Dubuque	3:33.73
	3A-Centerville	3:37.12		2A-Unity Christian, Orange City	3:30.28
	2A-South Hamilton, Jewell	3:37.75		1A-North Linn, Troy Mills	3:35.49
	1A-North Mahaska, New Sharon.....	3:39.12	06	4A-Marshalltown	3:27.75
90	4A-Indianola	3:26.51		3A-Charles City	3:32.28
	3A-Alta-Aurelia	3:35.85		2A-Mid-Prairie, Wellman	3:32.18
	2A-West Bend.....	3:34.87		1A-BCLUW, Conrad.....	3:33.15
	1A-North Mahaska, New Sharon.....	3:38.68	07	4A-Pleasant Valley	3:27.95
91	4A-Ames	3:31.00		3A-Charles City	3:35.96
	3A-Cherokee, Washington	3:33.90		2A-Mid-Prairie, Wellman	3:32.97
	2A-LDF-Semco	3:34.70		1A-BGM, Brooklyn	3:37.60
	1A-Lawton-Bronson.....	3:40.20	08	4A-Pleasant Valley	3:26.51
92	4A-Fort Dodge	3:31.16		3A-Charles City	3:30.87
	3A-Adel-DeSoto-Minburn	3:30.95		2A-Mid-Prairie, Wellman	3:26.16
	2A-Belmond-Klemme	3:36.61		1A-BCLUW, Conrad.....	3:36.41
	1A-Woodbine	3:34.40	09	4A-Cedar Rapids Kennedy	3:28.08
93	4A-Iowa City, City High	3:30.70		3A-Algona	3:31.15
	3A-Algona	3:31.60		2A-Northeast, Goose Lake	3:32.58
	2A-St Albert, CB	3:35.22		1A-George-Little Rock	3:38.52
	1A-West Bend-Mallard	3:36.67	10	4A-Marshalltown	3:29.72
94	4A-Iowa City, City High	3:28.92		3A-Bishop Heelan Catholic, Sioux City.....	3:31.99
	3A-Cherokee, Washington	3:33.47		2A-Mid-Prairie, Wellman	3:33.05
	2A-West Hancock, Britt	3:31.28		1A-North Iowa, Buffalo Center	3:35.98
	1A-West Marshall	3:32.40	11	4A-Marshalltown	3:30.97
95	4A-Urbandale.....	3:31.20		3A-Spirit Lake Park.....	3:30.25
	3A-Cedar Rapids, Regis	3:32.59		2A-St. Edmond, Fort Dodge.....	3:34.08
	2A-West Hancock, Britt	3:35.52		1A-Manson-Northwest Webster	3:34.40
	1A-West Marshall	3:32.58	12	4A-Prairie, Cedar Rapids	3:28.88
96	4A-Mason City	3:27.95		3A-Centerville	3:30.33
	3A-Humboldt	3:34.14		2A-St. Edmond, Fort Dodge.....	3:31.19
	2A-Garner-Hayfield	3:35.92		1A-Lisbon	3:35.48
	1A-Gehlen Catholic, LeMars.....	3:36.23			
97	4A-Indianola	3:28.77			
	3A-Fairfield	3:32.91			
	2A-Eldora-New Providence	3:34.02			
	1A-Pleasantville	3:34.13			
98	4A-Valley, WDM	3:30.88			
	3A-Decorah	3:31.15			
	2A-Garner-Hayfield	3:33.87			
	1A-Woodbine	3:34.58			
99	4A-Dubuque, Senior.....	3:28.59			
	3A-Mount Pleasant	3:31.54			
	2A-Garner-Hayfield	3:34.26			
	1A-Sioux Central, Sioux Rapids.....	3:36.62			

SHUTTLE HURDLE RELAY
(2007-2008 - 30 in. hurdles)

07	4A-Valley, WDM	57.15
	3A-Mount Pleasant	57.37
	2A-Beckman, Dyersville	57.84
	1A-Riceville	59.26
08	4A-Iowa City West	56.15
	3A-Atlantic	57.30
	2A-Hudson	57.09
	1A-WACO, Wayland	58.15

SHUTTLE HURDLE RELAY CHAMPIONS- CONT'D

SHUTTLE HURDLE RELAY

(new in 2009 - 33 in. hurdles)

09	4A-Cedar Rapids Kennedy	57.85
	3A-Clear Creek-Amana	59.37
	2A-Beckman, Dyersville	58.99
	1A-Southern Cal, Lake City	1:00.21
10	4A-Valley, WDM	56.66
	3A-Waverly-Shell Rock	57.99
	2A-Eddyville-Blakesburg	58.41
	1A-Belle Plaine	58.79
11	4A-Urbandale	56.74
	3A-Waverly-Shell Rock	56.74
	2A-Collins-Maxwell-Baxter	58.20
	1A-Madrid	59.45
12	4A-Iowa City, City High	56.78
	3A-Mount Pleasant	58.24
	2A-Beckman Catholic, Dyersville	58.47
	1A-Earlham	58.63

STATE RELAY EVENTS CHAMPIONS PER SCHOOL

A-D-M, Adel	1	Carroll	2
Albert City-Truesdale	9	Castana	1
Alburnett	1	Cedar Falls	7
Algona	7	Cedar Rapids	5
Allison-Bristow	2	Cedar Rapids, Franklin	4
Alta; Alta-Aurelia	19	Cedar Rapids, Jefferson	6
Altoona	1	Cedar Rapids, Kennedy	4
Ames	44	Cedar Rapids, Regis; CR,Regis/LaSalle	2
Anamosa	2	Cedar Rapids, Washington	15
Anita	1	Cedar Rapids, Wilson	1
Ankeny	9	Centerville	6
Aplington	2	Central, Clinton, DeWitt	10
Armstrong	1	Central Decatur, Leon	1
Assumption, Davenport	7	Central, Elkader	1
Atlantic	2	Central Lee, Argyle/Donnelson	3
Audubon	1	Central Lyon, Rock Rapids	8
AvoHa, Avoca	1	Central Webster, Burnside	4
Ballard, Huxley	2	Chariton	1
Bayard	2	Charles City	4
BCL, Conrad; BCLUW, Conrad	9	Charter Oak-Ute	1
BeckmanCatholic, Dyersville	16	Cherokee, Washington	12
Bedford	1	Clarinda Academy	1
Belle Plaine	3	Clarinda	5
Belmond-Klemme	6	Clarion	2
Benton Community, Van Horne	2	Clay Central, Royal	2
BGM, Brooklyn	1	Clear Creek-Amana	2
Bishop Garrigan, Algona	2	Clear Lake	5
Bishop Heelan Catholic, Sioux City	8	Clinton	12
Bondurant-Farrar	1	Clinton, St. Mary's	2
Boone	1	Colfax	1
Boyden-Hull	2	College Springs	3
Bridgewater-Fontanelle	1	Collins-Maxwell-Baxter	3
Burlington	4	Colo-NESCO	1
Calamus-Wheatland	1	Columbus Junction, Columbus	2
CAL-Dows, Latimer	7	Columbus, Waterloo	2
Carlisle	5	Corning	2

SCHOOLS WITH RELAY CHAMPIONS cont'd

Corydon	1	Iowa City, City High	32
Council Bluffs, Abraham Lincoln	1	Iowa City, West	6
Crestland, Early	1	Iowa Falls; Iowa Falls-Alden	9
Creston	1	Iowa Mennonite School, Kalona	4
Dallas Center-Grimes	2	Iowa School for Deaf, Co. Bluffs	5
Davis County, Bloomfield	7	Iowa Valley, Marengo	2
Davenport; Davenport, Central	35	Irwin	1
Davenport, West	3	Janesville	1
Decorah; Decorah-North Winneshiek	6	Jefferson	5
Denison	1	Johnston	4
Des Moines, East	40	Kalona	1
Des Moines, Hoover	3	Kanawha	5
Des Moines, Lincoln	2	Kingsley-Pierson	1
Des Moines, North	28	Kingsley-Pierson/Woodbury Central	1
Des Moines, Roosevelt	14	Knoxville	3
Des Moines, Tech	8	Lake City	8
Des Moines, West	10	Lake Mills	3
Dexfield, Redfield	6	Lake View-Auburn	1
Dike	3	LaPorte City	2
Dowling, West Des Moines	2	Lawton-Bronson	2
Dubuque, Senior	8	LDF-Semco, LeGrand	1
Eagle Grove	18	LeMars	2
Earlham	5	Lewis Central, Council Bluffs	1
East Buchanan, Winthrop	1	Lincoln Central, Gruver	2
East Marshall, LeGrand	1	Linn-Mar, Marion	2
Eddyville-Blakesburg	2	Lisbon	1
Eldora-New Providence	1	Louisa-Muscatine, Letts	2
Elk Horn-Kimballton	1	LuVerne	2
Elliott	2	Lynnville-Sully	4
Emmetsburg	3	Madrid	10
English Valleys, North English	4	Manning	4
Essex	1	Manson; Manson-Northwest Webster	8
Fairfield	3	Maquoketa	1
Farragut	2	Marion	2
Fayette	1	Marshalltown	15
Forest City	3	Mason City	11
Fort Dodge	6	Maurice-Orange City	10
Fort Madison	3	Mediapolis	4
Fredericksburg	3	Meriden-Cleghorn	2
Galva-Holstein	1	Meservey-Thornton	2
Garner-Hayfield	8	Mid-Prairie, Wellman	7
Gehlen Catholic, LeMars	6	Miles	1
George-Little Rock	1	Monroe	1
Gilbert	1	Montezuma	2
Gilmore City-Bradgate	1	Monticello	4
Glenwood	8	Moravia	2
Glidden-Ralston	2	Mount Pleasant	13
Goldfield	1	Mount Vernon	1
Graettinger	1	Moville	5
Greene	5	Muscatine	2
Grinnell	4	Nevada	6
Griswold	5	New Hartford	3
Grundy Center	1	New London	2
Hamburg	12	Newton	5
Hampton-Dumont	7	Nishna Valley	1
Harlan	2	North Fayette, West Union	1
Hartley	1	North Iowa, Buffalo Center	2
Havelock-Plover	1	North Linn, Coggon	3
Hawarden	1	North Mahaska, New Sharon	8
Hedrick	1	North Scott, Eldridge	4
Hubbard-Radcliffe	1	Northeast, Goose Lake	2
Hudson	1	Northwood-Kensett	5
Humboldt	6	Northern University High & Teachers, Cedar Falls	20
Ida Grove	4	Okoboji, Milford & Milford	2
Indianola	11	Osage	1

SCHOOLS WITH RELAY CHAMPIONS cont'd

Oskaloosa.....	2	Toledo Juvenile Home	1
Ottumwa.....	5	Traer	1
Panorama, Panora.....	7	Treynor	11
Paullina	6	Tripoli	3
Pekin	1	Tri-Center, Neola	2
Pella	3	Turkey Valley, Jackson Jct	4
Perry	6	Twin Rivers, Bode	1
Pleasant Valley	3	Unity Christian, Orange City	5
Pleasantville	5	Urbandale	2
Pocahontas Area	2	Valley Jct.; Valley, WDM	29
Pocahontas, Catholic.....	1	Ventura	1
Pomeroy	4	Villisca	3
Postville	1	WACO, Wayland.....	1
Prairie City.....	1	Wahlert, Dubuque	3
Prairie, Cedar Rapids	7	Wall Lake	4
Prairie, Gowrie	9	Wapsie Valley, Fairbank	2
Preston-East Central	1	Washington	6
Primghar	10	Waterloo, Central	2
Quimby.....	1	Waterloo, East.....	4
Red Oak	4	Waterloo, West.....	6
Regina, Iowa City	2	Waukee.....	3
Reinbeck.....	1	Waukon.....	1
Riceville	1	Waverly-Shell Rock.....	8
Riverside, Oakland	4	Webster City.....	2
Rockwell City	3	Wellman	2
Roland-Story	4	Wellsburg.....	1
Ruthven	1	West Bend-Mallard	4
Sac City	5	West Branch.....	8
Saint Ansgar	1	West Chester	3
Saydel.....	2	West Delaware, Manchester	1
Schaller	3	West Hancock, Britt.....	13
Schleswig.....	1	West Harrison, Mondamin	2
Scranton	6	West Liberty	2
Sergeant Bluff-Luton	1	West Lyon.....	5
Seymour	2	West Marshall, State Center.....	9
Sheffield-Chapin	2	West Monona, Onawa	11
Sheldon	6	Westwood, Sloan	2
Shenandoah.....	5	Western Christian, Hull	2
Sibley	1	Williamsburg	3
Sidney.....	3	Winterset	1
Sioux Center.....	8	Woodbine	10
Sioux City.....	2	Woodward-Granger	3
Sioux City, Central.....	12	Xavier, Cedar Rapids	5
Sioux City, East	6	YJB, Jamaica	3
Sioux City, Trinity.....	1		
Sioux City, West	1		
Sioux Rapids; Sioux Central	4		
Solon.....	1		
South Central Calhoun	1		
South Hamilton, Jewell	1		
South Tama County	4		
Southern Cal, Lake City	1		
Spencer	3		
Spirit Lake; Spirit Lake-Park	7		
St. Albert, Council Bluffs	11		
St. Edmond, Fort Dodge	10		
Storm Lake	13		
Stuart-Menlo	1		
Sumner	1		
Sutherland.....	3		
Tabor.....	2		
Terril	10		
Titonka	4		
Tipton	10		

SCHOOLS WITH THE MOST RELAY TITLES

Ames	44
Des Moines, East.....	40
Davenport; Davenport, Central.....	35
Iowa City, City High.....	32
Valley, West Des Moines	29
Des Moines, North	27
Northern Univerity High & Teachers, Cedar Falls	20
Alta; Alta-Aurelia.....	19
Eagle Grove	18

NATIONAL HIGH SCHOOL RECORDS*

100-Meter Dash: Henry Neal, Greenville, TX	:10.15	1990
<i>100-Yard Dash: Houston McTear, Baker, FL</i>	<i>9.0</i>	<i>1975</i>
200-Meter Dash: Roy Martin, Dallas Roosevelt, TX	:20.13	1985
400-Meter Dash: Aldrich Bailey, Mansfield Timberview H.S., TX	:45.19	2012
800-Meter Run: Michael Granville, Bell Gardens, CA	1:46.45	1996
1600-Meter Run: Alan Webb, Reston South Lakes, VA	3:59.51	2001
<i>Mile Run: Jim Ryun, Wichita East, KS</i>	<i>3:58.3</i>	<i>1965</i>
3200-Meter Run: German Fernandez, Riverbank, CA	8:34.23	2008
<i>Two Mile Run: Steve Prefontaine, Coos Bay Marshfield, OR</i>	<i>8:41.5</i>	<i>1969</i>
110-Meter High Hurdles: Dennis Brantley, Houston Worthing, TX	:13.1(HT)	1980
FAT - Chris Nellons, Dunbar HS, Dayton, OH	:13.30	1990
<i>120-Yard High Hurdles: Renaldo Nehemiah, Scotch Plains-Farnwood, NJ.</i>	<i>:12.9</i>	<i>1977</i>
400-Meter Intermediate Hurdles: Kenneth Ferguson, Mumford, Detroit, MI	49.38	2002#
300-Meter Intermediate Hurdles: Reggie Wyatt, Riverside La Sierra HS, CA	:35.02	2009
Long Jump: James Stallworth, Tulare, CA	26-04.75	1989
High Jump: James White, Kansas City Grandview HS, MO	7-05.75	2009
Discus: Mason Finley, Alamosa Buena Vista HS, CO	236-06	2009
Shot Put: Michael Carter, Dallas Jefferson, TX	77-0	1979
4 x 100 Meter Relay: Fort Worth O.D. Wyatt, TX	39.76	1998
4 x 200 Meter Relay: Fort Bend, Hightower, TX	1:23.92	2007
4 x 400 Meter Relay: Hawthorne, CA	3:07.40	1985
4 x 800 Meter Relay: Warrington Central Bucks South HS, PA	7:33.48	1982
1,600-Meter Medley Relay: Hawthorne, CA	3:21.15	1985#
Shuttle Hurdle Relay: Westside HS, Anderson, S.C.	56.32	2004#

* Listings are the national records kept by the NFHS unless the event is not one they sanction. States must submit marks for verification. To qualify the **performance must be set against high school** competition.

Some media groups that list high school records may include better performances but they were established against non-high school competition.

denotes event not included in NFHS national record-keeping since it is not contested in all states, but the events are run in Iowa. SHR nationally is 4 x 110m HH.