

STATE MEET RECORD INFORMATION

Corrected and updated June 4, 2013

Performances recorded in tenths are hand-timed rounded to the next nearest tenth per timing regulations.

Those performances in hundredths are fully automatic.

Converted yardage time to a metric time appears in parenthesis for meets prior to the 1978 State Meet

Yardage times have been preserved and retired in the All-Time Best lists and appear below for interest sake only

State Meet Records & Class Records are those established at the State Meet.

An all-time best can be set in any sanctioned meet, from the student's first eligibility thru the summer of his senior year or college entry whichever is first. If an All-Time Best is set in such a meet outside of Iowa it is listed followed by the best performance recorded in Iowa.

100 METER DASH

Iowa State Meet Record: 10.5, Treye Jackson, Newton, 1981 prelims

100 Yd. Dash: 09.5 (10.4), Clyde Duncan, Des Moines North, 1964; James Kirby, Des Moines, North, 1967

Iowa All-time Best: 10.1, Adam Haluska, Carroll, 2002

100 Yd. Dash: 09.3, Clyde Duncan, Des Moines North, 1964

Class 4-A Record: 10.5, Treye Jackson, Newton, 1981 prelims

100 Yd. Dash: 09.5 (10.4), Clyde Duncan, Des Moines North, 1964; James Kirby, Des Moines, North, 1967

Class 3-A Record: 10.76, Adam Haluska, Carroll, 2002 prelims

100 Yd. Dash: 09.9 (10.8), Ron Davis, Perry, 1965; Jerry Lenz, Cherokee, 1966; Steve Wolpert, West Monona, 1970; Mike Shaw, Nevada, 1975 prelims

Class 2-A Record: 10.84, Jeff Nielsen, Britt, 1980

100 Yd. Dash: 09.9 (10.8), Jack Bintz, Sutherland, 1964; Ron Miller, English Valleys, 1965; Warren Johnson, West Lyon, 1967; Dave Harskamp, Sioux Center, 1968

Class 1-A Record: 10.84, Jeff Adam, Cardinal, Eldon, 1996

100 Yd. Dash: 09.7 (10.6), Jim Cave, Dexfield, Redfield, 1964

200 METER DASH

Iowa State Meet Record: 21.16, James Harrington, Cedar Falls, 2011

220 Yd. Dash: 21.4 (21.3), James Kirby, Des Moines, North, 1966; Dick Eisenlauer, Des Moines, East, 1971
Chute Start: 21.3 (21.2) Carl Nelson, Clinton, 1933; Gary Scott, Des Moines, North, 1949

Iowa All-time Best: 20.8, Tim Dwight, Iowa City, City, 1994; Tom Jennings, Marshalltown, 1955 (y)

Class 4-A Record: 21.16, James Harrington, Cedar Falls, 2011

220 Yd. Dash: 21.4 (21.3), James Kirby, Des Moines, North, 1966; Dick Eisenlauer, Des Moines, East, 1971

Class 3-A Record: 21.56, Adam Haluska, Carroll, 2002

220 Yd. Dash: 21.7 (21.6), Mike Shaw, Nevada, 1976

Class 2-A Record: 21.78, Jeff Nielsen, Britt, 1980

220 Yd. Dash: 22.1 (22.0), Steve Hodges, Laurens, 1966

Chute Start: 21.8 (21.7), Gary Snow, Marcus, 1967

Class 1-A Record: 21.80, Lee Elbert, Bishop Garrigan, Algona, 2003

220 Yd. Dash: 22.2 (22.1), Bruce McDonald, Scranton, 1964; Vic Lochman, Alden, 1976

Chute Start: 22.0 (21.9), Fran Long, Irwin, 1967

400 METER DASH

Iowa State Meet Record: 47.33, Yawusa Kinda, Des Moines Roosevelt, 2004

440 Yd. Dash: 48.0 (47.7), Roger Colglazier, Davenport, Central, 1968; Chuck Curtis, Clinton, 1970

Iowa All-time Best: 47.01, Calvin Davis, Iowa City, City, 2002 (6-16-02, Raleigh, NC); 47.1, Ryan Kedley, North Cedar, 2000

Class 4-A Record: 47.33, Yawusa Kinda, Des Moines Roosevelt, 2004

440 Yd. Dash: 48.0 (47.7), Roger Colglazier, Davenport, Central, 1968; Chuck Curtis, Clinton, 1970

Class 3-A Record: 48.11, Greg Offerman, Charles City, 2005

440 Yd. Dash: 49.0 (48.7), Tom Dovel, Red Oak, 1973; Mike Norton, Anamosa, 1976

Class 2-A Record: 47.43, Ryan Kedley, North Cedar, Stanwood, 2000

440 Yd. Dash: 49.0 (48.7), Gary Hollingsworth, English Valleys, 1960

Class 1-A Record: 48.32, Jordan Cornilsen, Preston-East Central, 2007

440 Yd. Dash: 49.7 (49.4), John Pollock, Havelock-Plover, 1965

800 METER RUN

Iowa State Meet Record: 1:50.97, Joseph Kiptanui, Indianola, 1990

880 Yd. Run: 1:52.1 (1:51.4), David Korir, Cedar Rapids, Washington, 1975

Iowa All-time Best: (1:49.3), 1:50.0, David Korir, Cedar Rapids, Washington, 1975 (y)

Class 4-A Record: 1:50.97, Joseph Kiptanui, Indianola, 1990

880 Yd. Run: 1:52.1 (1:51.4), David Korir, Cedar Rapids, Washington, 1975

Class 3-A Record: 1:53.74, Isaac Wendland, Charles City, 2008
880 Yd. Run: 1:55.2 (1:54.5), Jim McGuire, Centerville, 1976
Class 2-A Record: 1:51.17, Aaron Stockstell, Mid-Prairie, Wellman, 2008
880 Yd. Run: 1:55.4 (1:54.7), Mike Elliott, West Branch, 1977
Class 1-A Record: 1:54.04, Beau Dielschneider, BCLUW, Conrad, 2007
880 Yd. Run: 1:57.2 (1:56.5), Tom Christensen, Ventura, 1975

1,600 METER RUN

Iowa State Meet Record: 4:10.14, Jason Thomas, Dowling Catholic, 2013
Mile Run: 4:13.8 (4:12.2), Joe Burke, Columbus Catholic, Waterloo, 1975
Iowa All-time Best: 4:10.14, Jason Thomas, Dowling Catholic, 2013
Mile Run: 4:07.2 (y); (4:05.6), Ed DeLashmutt, Fort Madison, 1976
Class 4-A Record: 4:10.14, Jason Thomas, Dowling Catholic, 2013
Mile Run: 4:13.8 (4:12.2), Joe Burke, Columbus Catholic, Waterloo, 1975
Class 3-A Record: 4:15.65, Chandler Austin, Boone, 2013
Mile Run: 4:18.6 (4:17.0), Dennis Modracek, Prairie, Cedar Rapids, 1967
Class 2-A Record: 4:16.99, Lance Elliott, Montezuma, 1989
Mile Run: 4:20.1 (4:18.5), Dennis Reed, Anita; Rex Karamitros, Newman Catholic, Mason City, 1977
Class 1-A Record: 4:20.35, Paul Barnhart, Gehlen Catholic, LeMars, 1986
Mile Run: 4:21.9 (4:20.3), Jerome Howe, Treynor, 1967

3,200 METER RUN

Iowa State Meet Record: 9:05.25, Kevin Lewis, Ottumwa, 2011
Two Mile Run: 8:58.8 (8:55.4), Jim Eicken, Davenport, Central, 1974
Iowa All-time Best: 9:04.33, Jon Thomas, Des Moines, Roosevelt, 2005
Two Mile Run: 8:52.0, Jim Eicken, Davenport, Central, 1975 (y)
Class 4-A Record: 9:05.25, Kevin Lewis, Ottumwa, 2011
Two Mile Run: 8:58.8 (8:55.4), Jim Eicken, Davenport, Central, 1974
Class 3-A Record: 9:07.06, Wally Duffy, Shenandoah, 1979
Two Mile Run: 9:20.3 (9:16.9), Mike Cregen, Clarinda, 1974
Class 2-A Record: 9:20.42, Mark Hammons, Iowa Valley, Marengo, 1989
Two Mile Run: 9:36.3 (9:32.9), Jim Hansen, Dike, 1976
Class 1-A Record: 9:18.22, Paul Barnhart, Gehlen Catholic, LeMars, 1986
Two Mile Run: 9:36.8 (9:33.4), Mark Hughes, Delwood, Elwood, 1974

110 METER HIGH HURDLES

Iowa State Meet Record: 14.09, Jordan Mullen, Atlantic, 2009
120 Yd. High Hurdles: 14.0 (nc), Greg Rumples, Urbandale, 1974
Iowa All-time Best: 13.8 by Bill Betterton, Carlisle, 1992; 13.6, Randy Elliott, Charles City, 1977 (y)
Class 4-A Record: 14.1, Chris Wycoff, Ames, 1993
120 Yd. High Hurdles: 14.0 (nc), Greg Rumples, Urbandale, 1974
Class 3-A Record: 14.09, Jordan Mullen, Atlantic, 2009
120 Yd. High Hurdles: 14.2 (nc), Steve Casey, Cherokee, Washington, 1971
Class 2-A Record: 14.1 Matt Zuber, Iowa Valley, Marengo, 1985
120 Yd. High Hurdles: 14.5 (nc), LeRoy McCuen, Corning, 1977
Class 1-A Record: 14.41, Cory Woods, Treynor, 1997
120 Yd. High Hurdles: 14.5 (nc), Ross Thiedeman, Ar-We-Va, 1977

400 METER HURDLES (30" hurdle height)

Iowa State Meet Record: 50.96, Dustin Avey, Ames, 1996
Iowa All-time Best: 50.96, Dustin Avey, Ames, 1996 (low hurdle height)
Class 4-A Record: 50.96, Dustin Avey, Ames, 1996
Class 3-A Record: 51.35, Greg Offerman, Charles City, 2005
Class 2-A Record: 51.62, Brent MacLagan, Jefferson-Scranton, 1995
Class 1-A Record: 52.85, Nick Efkamp, Madrid, 2011

400 METER INTERMEDIATE HURDLES (36" hurdle height - not contested in Iowa)

Iowa All-time Best: 50.61 by Greg Offerman, Charles City at Nike National Meet (Greensboro, NC, 6-17-05)

4 x 100 METER RELAY

- Iowa State Meet Record:** 41.88, Des Moines East (Amara Sama, Aaron Jordan, Kirk Carter, Neil Issa), 2007
440 Yard Relay: 42.2 (42.0), Des Moines, Tech (Mike Anderson, Nate Butts, Willis Humphry, Ricardo Duncan), 1975 (p)
- Iowa All-time Best:** 41.33, Iowa City, City (Dan McMahon, Jason Ringena, Mike Richards, Merrill Coleman), 1996
(6-14-96; Raleigh, NC); 41.7, Iowa City, City (Sumaster Newell, Calvin Davis, Matt Wooldrik, Hakim Hill), 2000
- Class 4-A Record:** 41.84, Waterloo, West (Jamie Medina, Dequayvious Martin, Jason Millert, Lance Dunn, Jr.), 2013
440 Yard Relay: 42.2 (42.0), Des Moines, Tech (Mike Anderson, Nate Butts, Willis Humphry, Ricardo Duncan), 1975 prelims
- Class 3-A Record:** 42.18, Xavier, Cedar Rapids (Derek Kramer, Derek Wollner, Corey Reed, Bryce Colston), 2008
440 Yard Relay: 43.7 (43.5) Glenwood (Dick Keith, Pando Markuly, Kent Asmussen, Kenny Hunter) 1966 prelims; Storm Lake (Alan Bowles, Art Lande, Jim Jorgensen, Gene Lyster), 1967; West Monona (Bob Bisbee, Dave Brink, Steve Wolpert, Jack Comfort), 1969
- Class 2-A Record:** 42.82, Beckman, Dyersville (Rob Brown, Sam Scherrman, Kyle Troutman, Mike Rahe), 2005 prelims
440 Yard Relay: 43.8 (43.6), Maurice-Orange City (Darwin Vermaat, David Woodward, Garry Brumels, Dan DeKoter), 1973 prelims
- Class 1-A Record:** 43.01, Lisbon (Marquis Stephens, Nick Dains, Matt Murphy, Derek Stephens), 2003 prelims
440 Yard Relay: 44.1 (43.9), Terril (Dan Opolen, Bill Gerdeman, Mike Cranston, Steve Olson), 1973 prelims

4 x 200 METER RELAY *(Chute start listed if faster)*

- Iowa State Meet Record:** 1:27.02, Des Moines East (Daiyon Daniels, London Hayes, Paris Thomas, Robert Thompson), 2004
880 Yard Relay: 1:27.9 (1:27.4), Cedar Rapids, Washington (Varrick Wilson, David Facien, C.C. Moore, Vernon Brown), 1977
- Iowa All-time Best:** 1:26.4, Iowa City, City High (Nikolai Hill, Jesse Holland, Jason Dwight, Jason Ringena), 1997
- Class 4-A Record:** 1:27.02, Des Moines East (Daiyon Daniels, London Hayes, Paris Thomas, Robert Thompson), 2004
880 Yard Relay: 1:27.9 (1:27.4), Cedar Rapids, Washington (Varrick Wilson, David Facien, C.C. Moore, Vernon Brown), 1977
Chute Start: 1:27.6 (1:27.1), Des Moines North (George Nichols, Reggie Kaiser, Connie Jones, Gary Scott), 1948
- Class 3-A Record:** 1:28.40, Central Clinton (Chris Campbell, Joe Feldspausch, Chris Lubben, Brandon Jasper), 2011
880 Yard Relay: 1:29.8 (1:29.3), Eagle Grove (Gerald Page, Dave Stockdale, Mike Asche, Mike Koepke), 1973 prelims; Nevada (Mike Leeper, Earl Stoeffler, Marc Andresen, Mike Shaw), 1975 prelims
- Class 2-A Record:** 1:28.43, West Marshall (Aaron Arment, Tysen Streeter, Drake Ferch, Dalton Ferch), 2010
880 Yard Relay: 1:31.2 (1:30.8), Maurice-Orange City (Garry Brumels, David Woodward, Doug DeHaan, Dan DeKoter), 1973 prelims
- Class 1-A Record:** 1:29.62, Panorama, Panora (Justin McDermott, Bob McFadden, Shaun Moylan, Travis Geopfert), 1997
880 Yard Relay: 1:31.1 (1:30.6), Terril (Dan Opolen, Bill Gerdeman, Mike Cranston, Steve Olson), 1973 prelims

4 x 400 METER RELAY

- Iowa State Meet Record:** 3:13.80, Valley, WDM (Bryan Collins, Zac Sandvig, Ryan Keairnes, Brandon McSkimming), 2006 prelims
Mile Relay: 3:17.7 (3:16.6), Indianola (Dick Fromm, Steve Patrick, Jim Crawford, Phil Kuehl), 1970
- Iowa All-time Best:** 3:13.80, Valley, WDM (Bryan Collins, Zac Sandvig, Ryan Keairnes, Brandon McSkimming), 2006 (p)
- Class 4-A Record:** 3:13.80, Valley, WDM (Bryan Collins, Zac Sandvig, Ryan Keairnes, Brandon McSkimming), 2006 prelims
Mile Relay: 3:17.7 (3:16.6), Indianola (Dick Fromm, Steve Patrick, Jim Crawford, Phil Kuehl), 1970
- Class 3-A Record:** 3:18.24, Bishop Heelan, Sioux City (Preston Ives, Michael Malloy, Nate Berger, Brendan Dougherty), 2009
Mile Relay: 3:23.4 (3:22.3), Cherokee, Washington (Byron Reed, Jon Hantsbarger, Tom Graves, Don Woods), 1967
- Class 2-A Record:** 3:20.32, Saint Edmond, Fort Dodge (Josh Madsen, Joey Flattery, Patrick Flattery, Brian Sandvig), 2009
Mile Relay: 3:27.3 (3:26.2), Manson (Tom Sigler, Del Rost, Jim Walstrom, John Walstrom), 1966
- Class 1-A Record:** 3:22.13, North Linn, Troy Mills (Ty Sherman, T.D. Holub, Justin Waring, Seth Schuhmacher), 2006
Mile Relay: 3:27.2 (3:26.1), Hamburg (Tom Arzana, Charles Dovel, Joe Livengood, Jeff Barrett), 1977

4 x 800 METER RELAY

- Iowa State Meet Record:** 7:44.06, Ames (John Burriss, Mike Spencer, Marc Peterson, Brett Carney), 1987
Two Mile Relay: 7:47.0 (7:44.2), Davenport West (Jeff Werthmann, Mike Oberhaus, Ken Buesing, Ricci Washburn), 1977
- Iowa All-time Best:** 7:44.06, Ames (John Burriss, Mike Spencer, Marc Peterson, Brett Carney), 1987
- Class 4-A Record:** 7:44.06, Ames (John Burriss, Mike Spencer, Marc Peterson, Brett Carney), 1987

Two Mile Relay: 7:47.0 (7:44.2), Davenport, West (Jeff Werthmann, Mike Oberhaus, Ken Buesing, Ricci Washburn), 1977

Class 3-A Record: 7:49.07, Spirit Lake Park (Alec Baldwin, Keith Byers, Kayne Feldick, Will Norris), 2011

Two Mile Relay: 8:01.4 (7:58.0), Lewis Central (Andy Everson, Ed Croson, Don Woods, Boyd Nansel), 1974

Class 2-A Record: 7:53.46, Monticello (Brian Turnis, J.J. Frawley, Ben Ahlrichs, Dallas Lumpa), 2013

Two Mile Relay: 8:05.6 (8:02.8), Britt (Dave Zrostlik, Dave Howlett, Jim Dummett, Doug Pooch), 1974

Class 1-A Record: 8:03.06, BCLUW, Conrad (Luke Higgins, Marcus McLean, Nick Eckerman, Beau Dielschneider), 2006

Two Mile Relay: 8:09.9 (8:07.1), Hamburg (Ray Aranza, Tom Alstrove, Mark Fletcher, Jay Kilby), 1973

1,600 METER MEDLEY RELAY

Iowa State Meet Record: 3:26.16, Mid-Prairie, Wellman (Tanner Miller, Cody Bontrager, Lance Silbaugh, Aaron Stockstell) 2008

Mile Medley Relay: 3:27.0 (3:25.8), Cedar Rapids, Washington (Tim Lodwick, Jim Nissen, Ken Hopkins, David Korir), 1975

Iowa All-time Best: 3:22.69, Iowa City, City (Sumaster Newell, Hakim Hill, Calvin Davis, Jeremy Mims), 2001 (June 13-01; Nike Invitational; Raleigh, NC); 3:27.0 (3:25.8), Cedar Rapids, Washington (Tim Lodwick, Jim Nissen, Ken Hopkins, David Korir), 1975 (y)

Class 4-A Record: 3:26.51, Pleasant Valley (Bruce Clark, Ellis Robinson, Mike Hemming, Blake Irwin), 2008 and Indianola (Brian Atwood, Wouter Hertzberger-Scott Beall, Joseph Kiptanui), 1990

Mile Medley Relay: 3:27.0 (3:25.8), Cedar Rapids, Washington (Tim Lodwick, Jim Nissen, Ken Hopkins, David Korir), 1975 (y)

Class 3-A Record: 3:27.65, Assumption, Davenport (Ben Irmen, Joe Conklin, Mike Craddick, Brett Adams), 2004

Mile Medley Relay: 3:32.5 (3:31.3), Anamosa (Bill Burhans, Tom Michels, Mike Norton, Kevin Burke), 1975

Class 2-A Record: 3:26.16, Mid-Prairie, Wellman (Tanner Miller, Cody Bontrager, Lance Silbaugh, Aaron Stockstell) 2008

Mile Medley Relay: 3:34.0 (3:32.8), Greene (Byron Davis, John Van Eschen, Rich Allison, Brian Frevert), 1975

Class 1-A Record: 3:32.4, West Marshall (Brian Karsjens, Bob Kilker, Richard Affeldt, Brian Smith), 1994

Mile Medley Relay: 3:36.9 (3:35.7), Meriden-Cleghorn (Brian Ruppi, Jerry Biezuns, Mike Hurd, Pete Stevenson), 1975

4 x 110 METER SHUTTLE HURDLE RELAY (33" hurdles – new in 2009)

Iowa State Meet Record: 56.66, Valley, WDM (Rahul Suddapalli, Deandre Johnson, Scott Oman, Benton Lindaman), 2010

Iowa All-time Best: 56.09, Cedar Rapids Kennedy (Cameron Bradley, Mike Martino, Ryan Dusil, Jake Losch), 2010

Class 4-A Record: 56.47, Waukee (Noah Larrison, Josh Brdicko, Riley Gray, Jared Brdicko), 2013

Class 3-A Record: 56.74, Waverly-Shell Rock (Cole Chestnut, Jackson Litterer, Blake Willson, Eric Larson), 2011

Class 2-A Record: 58.17, North Polk (Cory Clay, Jordan Nathan, Austin Williams, Russell Greene), 2013 (prelims)

Class 1-A Record: 58.48, Madrid (Nick Novotny, Tanner Adams, CJ Manthe, Jeremy Johnson), 2012 prelims

DISCUS

Iowa State Meet Record: 192-06, Nick Brayton, Iowa City West, 2007

Iowa All-time Best: 207-08, Scott Crowell, Mason City, 1978

Class 4-A Record: 192-06, Nick Brayton, Iowa City West, 2007

Class 3-A Record: 187-09, Tyler Hovey, Atlantic, 2012

Class 2-A Record: 186-02, Allan Walz, Bondurant-Farrar, 1991

Class 1-A Record: 185-04, Scott Phelps, Kingsley-Pierson, 1986

SHOT PUT

Iowa State Meet Record: 65-11.5, Doug Lane, Cedar Rapids, Jefferson, 1968

Iowa All-time Best: 70-11, Doug Lane, Cedar Rapids, Jefferson, 1968

Class 4-A Record: 65-11.5, Doug Lane, Cedar Rapids, Jefferson, 1968

Class 3-A Record: 64-07.75, Drew Clark, Marion, 2009

Class 2-A Record: 61-11.25, Jeff DeVilder, B-G-M, Brooklyn, 1977

Class 1-A Record: 60-10.25, Bob Feuerbach, Preston, 1975

HIGH JUMP

Iowa State Meet Record: 7-03.5, Brian Tietjens, North Central, Manly, 1981

Iowa All-time Best: 7-03.5, Brian Tietjens, North Central, Manly, 1981

Class 4-A Record: 7-0, Andy Kohler, Ames, 1999

Class 3-A Record: 6-11, Colten Kelly, Anamosa, 2008

Class 2-A Record: 7-03.5, Brian Tietjens, North Central, Manly, 1981

Class 1-A Record: 6-11, Ehi Oamen, Hinton, 2006

LONG JUMP

Iowa State Meet Record: 24-03, Matt Zuber, Iowa Valley, Marengo, 1985

Iowa All-time Best: 24-09.50, Chris Walker, Davenport, Central, 1984 (Golden West Invitational; Sacramento, CA, June 9, 1984); 24-05 Kenny Gilmore, Davenport Central, 2011 & Chris Walker, Davenport Central, 1984

Class 4-A Record: 24-01, Jerry Westerfield, Davenport, North, 2012 and Chris Walker, Davenport, Central, 1983

Class 3-A Record: 23-04, Bryan Gilbreath, Waverly-Shell Rock, 1997

Class 2-A Record: 24-03, Matt Zuber, Iowa Valley, Marengo, 1985

Class 1-A Record: 23-02.50, Nick Efkamp, Madrid, 2011

STATE MEET WHEELCHAIR EVENT RECORDS

(Started in 1990 unless otherwise noted)

100

State Meet Record: 17.81, E. J. Runyan, Johnston, 2000

Iowa All-Time Best: 17.81, E. J. Runyan, Johnston, 2000

200

State Meet Record: 32.12, E. J. Runyan, Johnston, 1999

Iowa All-Time Best: 32.12, E. J. Runyan, Johnston, 1999

400 – New Event in 2003

State Meet Record: 1:04.87, Nathan Redlinger, English Valleys, North English, 2004

Iowa All-Time Best: 1:04.87, Nathan Redlinger, English Valleys, North English, 2004

SHOT PUT

State Meet Record: **37-09.75**, Alex Gudenkauf, Dubuque Senior, 2012

Iowa All-Time Best: **36-00**, Alex Gudenkauf, Dubuque Senior, 2012

DISCUS

State Meet Record: 85-10, Nick Lange, Wahlert, Dubuque, 2003

Iowa All-Time Best: 85-10, Nick Lange, Wahlert, Dubuque, 2003

STATE MEET RECORDS of DISCONTINUED EVENTS

HAMMER THROW (1906-1910)

State Meet Record: 164-5, Gayle Weiss, Marion, 1910

Iowa All-Time Best: 164-5, Gayle Weiss, Marion, 1910

JAVELIN (1927-1941)

State Meet Record: 195-08.25, Bruce Erickson, Traer, 1939

Iowa All-Time Best: 195-08.25, Bruce Erickson, Traer, 1939

FOOTBALL THROW (1942-1963)

State Meet Record: (Point System) 350, Mickie Miller, Cherokee & Gerald Dawson, Sigourney, 1942
(Miller won a throw-off)

(Distance Record) 259-05, Stanley Whitman, Iowa Falls, 1963

Iowa All-Time Best: 266-05, Gary Eggers, Audubon, 1963

Class 4-A Record: 244-08, Steve Soesbe, Ames, 1963

Class 3-A Record: 259-05, Stanley Whitman, Iowa Falls, 1963

Class 2-A Record: 238-09.5, Glen Banks, Ainsworth, 1963

Class 1-A Record: 248-00.5, Roger Larson, Underwood, 1963

POLE VAULT (1906-1989)

State Meet Record: 15-06.5, Preston Schmidt, Bettendorf, 1983

Iowa All-Time Best: 15-06.5, Preston Schmidt, Bettendorf, 1983 (Schmidt vaulted 16-06.5, indoors in 1984)

Class 4-A Record: 15-06.5, Preston Schmidt, Bettendorf, 1983

Class 3-A Record: 15-00.5, Tom Pratt, Cherokee, Washington, 1976

Class 2-A Record: 14-02, Doug Atwood, Pekin, Packwood, 1984

Class 1-A Record: 13-11.5, Darrell Crawford, Lamoni, 1976

220 YARD LOW HURDLES (1906-1934)

State Meet Record: 24.1, Francis Layden, Davenport, 1931

Iowa All-Time Best: 24.1, Francis Layden, Davenport, 1931

200 YARD LOW HURDLES (1935-1950)

State Meet Record: 22.4, Bob Morris, Clarion, 1940

Iowa All-Time Best: 22.4, Bob Morris, Clarion, 1940

180 YARD LOW HURDLES (1951-1977) – chute start times listed only if faster than record

State Meet Record: 19.4, Randy Elliott, Charles City, 1977

Chute Start: 19.0, Denny Murphy, Assumption, Davenport, 1971

Iowa All-Time Best: 18.8, Dan Wierson, Ames, 1972

Class 4-A Record: 19.4, Randy Elliott, Charles City, 1977

Chute Start: 19.0, Denny Murphy, Assumption, Davenport, 1971

Class 3-A Record: 19.6, Chris Nady, Nevada, 1977

Chute Start: 19.1, Ron Davis, Perry, 1964)

Class 2-A Record: 19.6, LeRoy McCuen, Corning, 1977

Class 1-A Record: 19.9, Ross Thiedeman, Ar-We-Va, Westside, 1977

Chute Start: 19.4, Duane Miller, New Sharon, 1955

165 METER LOW HURDLES (1978)

State Meet Record & Iowa All-Time Best: 20.3, Jon Hutch, Clinton, 1978

4 x 110 METER SHUTTLE HURDLE RELAY (30" hurdles – 2007, 2008)

Iowa State Meet Record: 56.15, Iowa City West (Aaron Martin, Peter Dolan, Leonard Sula, Dan Davis), 2008

Iowa All-time Best: 56.15, Iowa City West (Aaron Martin, Peter Dolan, Leonard Sula, Dan Davis), 2008

Class 4-A Record: 56.15, Iowa City West (Aaron Martin, Peter Dolan, Leonard Sula, Dan Davis), 2008

Class 3-A Record: 57.30, Atlantic (John Cord, JD Reason, Alex Schelling, Jordan Mullen), 2008

Class 2-A Record: 57.09, Hudson (Matt Finn, Tanner Wright, Jeff Dunwald, Channing Puls), 2008

Class 1-A Record: 58.15, WACO, Wayland (Doug McIntyre, Tad Morrow, Chase Roth, Austin McBeth), 2008

Wheelchair 800 METERS (1990-2002)

State Meet Record: 2:06.79, E. J. Runyan, Johnston, 1999

Iowa All-Time Best: 2:06.79, E. J. Runyan, Johnston, 1999

OTHER STATE MEET RECORDS

Most Team Championships Won By a School

20 – Ames

14 – Davenport, Davenport, Central

11 – Des Moines, East

11 – Iowa City, City

Most Team Championships Won By a Coach

10 – John Raffensperger, Iowa City, City

9 – John Sletten, Ames and Mike Augustine, Des Moines, East

8 – Hi Covey, Ames

7 – Ira Dunsworth, Davenport; Davenport Central

Most Consecutive Team Titles Won By A School

6 - Ames (1986-91); Iowa City, City (1992-97)

5 - Des Moines, West (1910-1914); Cedar Rapids (1921-25)

4 - Ames (1955-58); Hamburg (1974-77)

Most Team Points Scored By a Championship Team

Class 4-A: 81 – Davenport Central, 2005

Class 3-A: 100.50 – Xavier, Cedar Rapids, 2008

Class 2-A: 96 – Monticello, 2013

Class 1-A: 74 – Madrid 2011

School Winning All Five Relays, Single Meet

Davenport (1952)
Prairie, Gowrie (1968)
Iowa City, City (2001)

School With Most Consecutive Relay Victories

10 – Iowa City, City (2000-2002)

School With the Most State Meet Event Champions

118 – Ames
112 – Davenport, Davenport Central
97 – Des Moines East
81 – Iowa City; Iowa City, City

School With Most Individual Running Event Champions

44 – Des Moines East

School With the Most Relay Champions

44 – Ames

School With the Most Field Event Champions

43 – Davenport, Davenport, Central

School Winning Same Event 6 or More Consecutive Years

6 years – Des Moines North – 100 yard dash & 220 yard dash, 1962-67

School Winning Same Relay, 5 Consecutive Years

Hamburg – Mile Relay (1973-74-75-76-77)

Four Event Individual Champions, Single State Meet

1907 – Carl Harris, Des Moines West (100, 220, 440 and Long Jump)
1926 – Vane Snorf, Des Moines Roosevelt (100, High Hurdles, Low Hurdles, Long Jump)
1956 – Bob Brandt, Denison (100, 220, Low Hurdles, Long Jump)
1976 – LeRoy McCuen, Corning (High Hurdles, Low Hurdles, High Jump, Long Jump)
2002 – Adam Haluska, Carroll (100, 200, 400, Long Jump)
2011 – Nick Efkamp, Madrid (Long Jump, 400 hurdles, 110 Meter High Hurdles, 100 Meter Dash)

Wheelchair 4 Event Champions, Single State Meet

4 Years, 4 First Each Year

1997, 98, 99, 2000 each – E.J. Runyan, Johnston (100, 200, 800, Discus)

4 Event Wins, Same Year

1992 – Tom Rodruck, Winfield-Mt. Union (100, 200, 800, Discus)
1996 – Mark Hauschildt, Nodaway Valley, Greenfield (100, 200, 800, Discus)

Individuals, Schools Winning Same Event 4 Consecutive Years

Randy Thompson, Corwith-Wesley-LuVerne - (100 Meters Dash, 1991-92-93-94)
Nate Smith, West Hancock, Britt - (100 Meter Dash, 1991-92-93-94)
Tim Dwight, Iowa City, City - (200 Meter Dash, 1991-92-93-94)
Rob Brock, Dubuque Senior - (3,200 Meter Run, 1994-95-96-97)
Isaac Wendland, Charles City - (1,600 Meter Run, 2005, 06, 07, 08)
Conner Smock, Lisbon - (3,200 Meter Run, 2009, 10, 11, 12)
Albert City - (Mile Medley Relay, 1952-53-54-55)
Iowa City, City - (4 x 200 Meter Relay, 1994-95-96-97)
St. Edmond, Fort Dodge - (4 x 400 Meter Relay, 2007-08-09-10)
Madrid – (400 Hurdles, 2009-10-11-12)

Wheelchair Individuals Winning Same Event 4 Consecutive Years

E. J. Runyan, Johnston - (Wheelchair 100, 200, 800, & Discus: 1997-98-99-2000)

Schools Winning Four or More Relays in Same State Meet

Won All Five Relays

1952 - Davenport (440, 880, Mile, 1,600 Meter Medley, Two Mile)

1968 - Prairie, Gowrie (440, 880, Mile, 1, 600 Meter Medley, Two Mile)

2001 - Iowa City, City High (4x100, 4x200, 4x400, 4x800, 1,600 Meter Medley)

Won Four Relays

1951 - Des Moines, East (440, 880, Mile, Two Mile)

1957 - Ames (440, 880, Mile, Two Mile)

1965 - Eagle Grove (880, Mile, Medley, Two Mile)

1966 - Glenwood (440, 880, Mile, Mile Medley)

1974 - Davenport, Central (440, 880, Mile, Mile Medley)

1981 - NUH, Cedar Falls (800, 1600, Medley, 3200)

1997 - Iowa City, City High (4x100, 4x200, 4x400, 4x800)

2000 - Iowa City, City High (4x100, 4x200, 4x400, 4x800)

ATHLETES WHO WON THREE INDIVIDUAL EVENTS IN A SINGLE STATE MEET

1907	Merle Alderman, Marion.....	12 lbs Hammer Throw, Shot Put, Discus
1912	Charles Hoyt, Greenfield.....	100, 220, 120 High Hurdles
1921	Morgan Taylor, Sioux City.....	120 High Hurdles, 220 Low Hurdles, Long Jump
1924	Frank Cuhel, Cedar Rapids	100, 120 High Hurdles, 220 Lows
1949	Gary Scott, Des Moines, North	100, 220, 440
1951	Les Stevens, Lovilia	180 Lows, 120 High Hurdles, High Jump
1953	Tom Ecker, Waverly	180 Lows, 120 High Hurdles, Long Jump
1953	Bob Ash, Oelwein	220, 440, 880
1954	Tom Burrows, Belle Plaine	100, 220, 440
1954	Ted Harvey, Toledo Juvenile Home	100, 120 High Hurdles, High Jump
1955	Tom Burrows, Belle Plaine	100, 220, 440
1957	Ron Walter, Farragut	180 Lows, 120 High Hurdles, Shot
1961	John Pletcher, Clarion	100, 180 Lows, 120 High Hurdles
1962	Clyde Duncan, Des Moines, North	100, 220, 440
1963	Clyde Duncan, Des Moines, North	100, 220, 440
1963	Harry Alley, Winterset	100, 220, 440
1963	Jon Reimer, George	220, 180 Lows, 120 High Hurdles
1964	Clyde Duncan, Des Moines, North	100, 220, 440
1965	Ron Davis, Perry	100, 220, Lows
1966	Jim Kirby, Des Moines, North	100, 220, 440
1966	Jerry Lenz, Cherokee, Washington	100, 220, 440
1974	Greg Capell, Fayette	180 Lows, 120 High Hurdles, Long Jump
1977	Rich Van Pelt, Panorama, Panora	100, 220, 440
1977	LeRoy McCuen, Corning	180 Lows, 110m High Hurdles, Long Jump
1978	Owen Buckley, Sioux City, North	100m, 200m, Pole Vault
1980	Scott Harms, Wellsburg	100m, 200m, 400m
1981	Trey Jackson, Newton	100m, 200m, 400m
1981	Keith Willey, Osage	100m, 200m, 400m
1981	Tim Wilson, Clarke, Osceola	800m, 1600m, 3200m
1985	Matt Zuber, Iowa Valley, Marengo	400m Lows, 110m High Hurdles, Long Jump
1986	Paul Barnhart, Gehlen Catholic, LeMars	800m, 1600m, 3200m
1987	Rob Wise, West Liberty	100m, 200m, 400m
1989	Darwin VandeHoef, Rock Valley	400m Lows, 110m High Hurdles, High Jump
1990	Jamie Leonard, Dallas Center-Grimes.....	100m, 200m, Long Jump
1991	Bill Betterton, Carlisle	400m, 110m High Hurdles, High Jump
	Enrique Flores, Wapello	200m, 110m High Hurdles, Lows
1992	Tim Dwight, Iowa City, City High.....	200m, Lows, Long Jump
1993	Randy Thompson, CWL, Corwith	100m, 200m, 400m
1998	Chris McCullough, Pleasantville	200m, 400m, Long Jump
	Mike Pope, West Burlington, Arnold	100m, 200m, 400m
2001	Jason Nolting, Preston-East Central.....	100m, 200m, 400m
	Adam Haluska, Carroll	100m, 200m, Long Jump
2003	Dylan Davis, ADM, Adel.....	800m, 1600m, 3200m

	Jordan Crosby, Fort Dodge.....	110m High Hurdles, 400m Low Hurdles, Long Jump
2004	Jake Berns, MFL, MarMac.....	800m, 1600m, 3200m
2005	Nick Kuchel, Kingsley-Pierson.....	110m High Hurdles, 100m, 200m
	Greg Offerman, Charles City.....	200m, 400m, 400m Low Hurdles
2008	Aaron Stockstell, Mid-Prairie, Wellman.....	200m, 400m, 800m
2012	James Harrington, Cedar Falls.....	100m, 200m 400m

SCHOOLS THAT WON THREE RELAYS IN A SINGLE STATE MEET

1940	Des Moines, East	440, 880, Mile
1948	Des Moines, North	440, 880, Mile
1955	Des Moines, Roosevelt	440, Mile, Mile Medley
1956	Ames	440, 880, Mile
1956	Primghar	880, Medley, Two Mile
1956	Clarinda	Mile, Medley, Two Mile
1959	West Chester	440, 880, Mile
1962	Moville	Mile, Medley, Two Mile
1963	Dexfield, Redfield	440, 880, Mile
1965	Pomeroy	880, Mile, Mile Medley
1966	Sioux City, Central	440, Medley, Two Mile
1966	Manson	440, 880, Mile
1967	Villisca	440, 880, Mile
1970	Clear Lake	440, 880, Mile
1974	Iowa Falls	440, 880, Mile
1974	Britt	440, 880, Two Mile
1975	Hamburg.....	880, Mile, Two Mile
1977	Cedar Rapids, Washington	440, 880, Mile
1979	Kanawha	4x100, 4x200, 4x400
1983	Davenport, Central	4x100, 4x200, 1,600 Meter Medley
1984	Marshalltown	4x200, 4x400, 1,600 Meter Medley
1986	Maurice-Orange City	4x100, 4x200, 4x400
1987	Ames.....	4x100, 4x800, 1600 Meter Medley
	CAL-Dows	4x400, 4x800, 1,600 Meter Medley
1989	North Mahaska, New Sharon	4x100, 4x200, 1,600 Meter Medley
1990	North Mahaska, New Sharon	4x100, 4x200, 1,600 Meter Medley
1991	Ames	4x400, 4x800, 1,600 Meter Medley
1994	Iowa City, City High	4x200, 4x400, 1,600 Meter Medley
	Cherokee, Washington	4x200, 4x400, 1,600 Meter Medley
1996	Garner-Hayfield	4x400, 4x800, 1,600 Meter Medley
1997	Panorama, Panora	4x100, 4x200, 4x400
1999	Mount Pleasant.....	4x200, 4x400, 1,600 Meter Medley
	Beckman, Dyersville.....	4x200, 4x400, 4x800
2004	Treynor.....	4x100, 4x200, 4x400
2005	Wahlert, Dubuque	4x200, 4x800, 1,600 Meter Medley
2007	Beckman, Dyersville.....	4x100, 4x200, Shuttle Hurdle
2009	St. Edmond, Fort Dodge	4x200, 4x400, 4x800
2010	Bishop Heelan Catholic, Sioux City	4x200, 4x400, 1,600 Meter Medley
2012	Manson Northwest Webster.....	4x100, 4x200, 4x400
2013	Manson Northwest Webster.....	4x100, 4x200, 4x400

3-Event Wheelchair Winners – Single State Meet

1990	Tony Ramirez, Bishop Heelan, Sioux City	100m, 800m, Discus
1993	John Jeter, Iowa City, West	100m, 200m, 800m
1995	Mark Hauschildt, Greenfield, Nodaway Valley	200m, shot, Discus
2001	Brian Wauters, Marshalltown.....	100m, 200m, 800m
2002	Brian Wauters, Marshalltown.....	100m, 200m, 800m
2003	Brian Wauters, Marshalltown.....	100m, 200m, 400m
2004	Nathan Redlinger, English Valleys.....	100m 200m, 400m
2005	Nathan Redlinger, English Valleys	100m, 200m, 400m
2006	Cory Behrendt, Boone.....	100m, 200m, 400m

2007	Cory Behrendt, Boone.....	100m, 200m, 400m
2010	Jon Litzkow, Waterloo West.....	100m, 200m, 400m
2011	Jon Litzkow, Waterloo West.....	100 m, 200m, 400m
2012	Jordan Houdeshell, Linn-Mar.....	100m, 200m, 400m
2013	Jon Litzkow, Waterloo West.....	100 m, 200m, 400m

Individuals & School Relay Teams Winning the Same State Event 3 Consecutive Years

Individual Events

Plato Redfern, Council Bluffs & DM West.....	Mile Run	1908, 09, 10
Charles Hoyt, Greenfield.....	100 Yd. Dash.....	1911, 12, 13
	220 Yd. Dash.....	1911, 12, 13
Glenn Tenny, Des Moines West.....	Mile Run	1912, 13, 14
Theodore Packer, Marshalltown.....	120 High Hurdles.....	1914, 15, 16
Harrison Barnes, Cedar Rapids.....	880 Yd. Run.....	1919, 20, 21
Hoyer Jensen, Cedar Rapids.....	Mile Run	1919, 20, 21
Orville Madsen, Ames.....	High Jump	1930, 31, 32
John Graves, Cherokee.....	880-Yard Run	1932, 33, 34
Bruce Erickson, Traer.....	Javelin.....	1937, 38, 39
Joe Paulsen, Davenport.....	Football Throw.....	1945, 46, 47
Dean Deuel, Cherokee.....	Low Hurdles	1946, 47, 48
Larry Strickler, Sigourney.....	Discus	1959, 60, 61
Joel Harris, Carroll.....	Shot Put	1961, 62, 63
Clyde Duncan, Des Moines, North.....	100-Yard Dash	1962, 63, 64
	220-Yard Dash	1962, 63, 64
	440-Yard Dash	1962, 63, 64
Bruce McDonald, Scranton.....	220-Yard Dash	1962, 63, 64
Tom Tiernan, Allison-Bristow.....	One Mile Run	1962, 63, 64
Jim Kirby, Des Moines, North.....	220-Yard Dash	1965, 66, 67
Phil Wertman, Villisca.....	Pole Vault	1965, 66, 67
Jerome Howe, Treynor.....	One Mile Run	1966, 67, 68
Doug Lane, Cedar Rapids, Jefferson.....	Shot Put	1966, 67, 68
Doug Smith, Sioux City, Central.....	One Mile Run	1966, 67, 68
Tom Dovel, Red Oak.....	440-Yard Dash	1972, 73, 74
Brent Geringer, Mount Ayr.....	Shot Put	1972, 73, 74
Mark Hughes, Delwood, Elwood.....	Two Mile Run	1973, 74, 75
Jeff DeVilder, BGM, Brooklyn.....	Shot Put	1975, 76, 77
Chuck Locke, Davis County, Bloomfield.....	Shot Put	1975, 76, 77
Rick McKean, Missouri Valley.....	One Mile Run	1975, 76, 77
Darrell Crawford, Lamoni.....	Pole Vault	1976, 77, 78
Chris Nady, Nevada.....	Low Hurdles	1976, 77, 78
Jeff Nielsen, Britt.....	100-Meter Dash.....	1978, 79, 80
Brad Bartelt, West Branch.....	400-Meter Dash.....	1982, 83, 84
Chris Walker, Davenport, Central.....	Long Jump	1982, 83, 84
Darwin VandeHoef, Rock Valley.....	High Jump	1987, 88, 89
Nate Smith, Britt.....	100 Meters.....	1991, 92, 93
Phil Hasenkamp, Saint Albert, Co. Bluffs.....	1600-Meter Run	1991, 92, 93
Aaron Egbert, Mediapolis.....	400-Meter Run	1992, 93, 94
Tim Dwight, Iowa City, City.....	Long Jump	1992, 93, 94
Brent MacLagen, Jefferson-Scranton.....	400 Meter Low Hurdles	1993, 94, 95
Cyrus Nichols, Des Moines Roosevelt.....	110m High Hurdles.....	1997, 98, 99
Pat O'Hea, Wahlert, Dubuque.....	Wheelchair Shot Put.....	1998, 99, 2000
Adam Haluska, Carroll.....	Long Jump.....	2000, 01, 02
Dylan Davis, ADM, Adel.....	3,200 Meter Run.....	2001, 02, 03
	1,600 Meter Run.....	2001, 02, 03
Brian Wauters, Marshalltown.....	Wheelchair 100.....	2001, 02, 03
Brian Wauters, Marshalltown.....	Wheelchair 200.....	2001, 02, 03
Kiel Uhl, Des Moines Roosevelt.....	3,200 Meter Run.....	2003, 04, 05
Greg Offerman, Charles City.....	200 Meter Dash.....	2003, 04, 05
	400 Meter Low Hurdles.....	2003, 04, 05
Nick Lange, Wahlert, Dubuque.....	Wheelchair Shot Put.....	2003, 04, 05
Nick Kuchel, Kingsley-Pierson.....	110m High Hurdles.....	2004, 05, 06

Matt Banse, Starmont, Arlington	Shot Put	2005, 06, 07
Aaron Stockstell, Mid-Prairie, Wellman	400 Meter Dash	2006, 07, 08
	800 Meter Run	2006, 07, 08
Isaac Wendland, Charles City	800 Meter Run	2006, 07, 08
Jordan Mullen, Atlantic	110m High Hurdles	2007, 08, 09
Kenny Gilmore, Davenport Central	Long Jump	2009, 10, 11
Nick Efkamp	400 Meter Hurdles	2009, 10, 11
Kyle Dunn, Linn-Mar, Marion	400 Meter Low Hurdles	2009, 10, 11
James Harrington, Cedar Falls	200 Meter Dash	2010, 11, 12
Alex Gudenkauf	Wheelchair Shot Put	2011, 12, 13

Relay Events

Cedar Rapids	880 Yard Relay	1921, 22, 23
Cedar Rapids	Mile Relay	1921, 22, 23
Des Moines, North	880-Yard	1934, 35, 36
Des Moines, East	880-Yard	1938, 39, 40
Des Moines, Roosevelt	One Mile	1944, 45, 46
Lake City	One Mile	1950, 51, 52
Albert City	Two Mile	1952, 53, 54
Valley, West Des Moines	440-Yard	1953, 54, 55
Ames	880-Yard	1955, 56, 57
Ames	440-Yard	1956, 57, 58
Ames	One Mile	1956, 57, 58
Davenport, Central	One Mile	1966, 67, 68
Indianola	One Mile	1969, 70, 71
Eagle Grove	Mile Medley	1970, 71, 72
Hamburg	Two Mile	1973, 74, 75
NUH, Cedar Falls	800-Meter	1980, 81, 82
Saint Albert, Council Bluffs	400-Meter	1982, 83, 84
Woodbine	4 x 800	1988, 89, 90
North Mahaska, New Sharon	4 x 200	1989, 90, 91
Davenport, Central	4 x 100	1992, 93, 94
Mediapolis	4 x 100	1992, 93, 94
Gehlen Catholic, LeMars	4 x 200	1993, 94, 95
Beckman, Dyersville	4 x 200	1997, 98, 99
West Lyon, Inwood	4 x 100	1998, 99, 2000
Iowa City, City High	4 x 400	1999, 2000, 01
Iowa City, City High	4 x 200	2000, 01, 02
Tipton	4 x 800	2000, 01, 02
Ankeny	4 x 400	2002, 03, 04
Beckman, Dyersville	4 x 200	2005, 06, 07
Valley, WDM	4 x 400	2005, 06, 07
Charles City	Medley	2006, 07, 08
Mid-Prairie, Wellman	Medley	2006, 07, 08
West Marshall	4 x 200	2010, 11, 12

Most Individual State Event Championships in a Career

9 – Clyde Duncan, Des Moines North (1962-64)

(100, 220, 440 in 1962-63-64)

8 – Tim Dwight, Iowa City, City (1991-94)

(200 in 1991; 200, 400 H, LJ in 1992, 200, LJ in 1993; 200, LJ in 1994)

8 – LeRoy McCuen, Corning (1975-77)

(HJ in 1975; 120 HH, 180 LH, HJ, LJ in 1976; HH, LH, LJ in 1977)

8 – Adam Haluska, Carroll (2000-2002)

(LJ in 2000; 100, 200, LJ in 2001; 100, 200, 400, LJ in 2002)

7 – Conner Smock, Lisbon (2009-12)

(3,200 Meter Run, 2009, 10, 11, 12; 1,600 Meter Run 2009, 10, 12)

7 – Aaron Stockstell, Mid-Prairie, Wellman

(400 in 2006, 07, 08; 800 in 2006, 07, 08; 200 in 2008)

7 – Isaac Wendland, Charles City

(1,600 in 2005, 06, 07, 08; 800 in 2006, 07, 08)

7 – Nick Kuchel, Kingsley-Pierson

(110 M HH, 2004, 05, 06; 100m – 2004, 2005; 200m – 2005, 2006)

7 – Randy Thompson, Corwith-Wesley-LuVerne (1991-94)

(100 in 1991; 100, 200 in 1992; 100, 200, 400 in 1993; 100 in 1994)

7 – Greg Offerman, Charles City, 2002-05

(400H in 2003, 04, 05; 200 meters in 2003, 04, 05; 400 meters in 2005)

7 – Dylan Davis, ADM, Adel (2000-03)

(3,200 meters in 2001, 02, 03; 1,600 meters in 2001, 02, 03; 800 meter in 2003)

7 – Charles Hoyt, Greenfield (1911-13)

(100, 220 in 1911, 12, 13; 120 HH in 1912)

6 – James Harrington, Cedar Falls

(100 in 2011, 12; 200 in 2010, 11, 12; 400 in 2012)

6 – Nick Efkamp, Madrid

(400 H in 2009, 10; 100, 110 M HH, 400 H, LJ in 2011)

6 – Tom Burrows, Belle Plaine (1953-55)

(100, 220, 440 – 1954; 100, 200, 440 - 1955)

6 – Bob Brandt, Denison (1954-56)

(180 LH, LJ in 1955; 100, 220, 180 LH, LJ in 1956)

6 – James Kirby, Des Moines, North (1965-67)

(100 – 1966, 1967; 220 in 1965, 66, 67; and 440 in 1966)

6 – Darwin Vande Hoef, Rock Valley (1987-89)

(HJ in 1987, 88, 89; 110 m High Hurdles 1988, 89; 400 m Hurdles in 1989)

6 – Rob Brock, Dubuque Senior (1994-97)

(1,600 meters in 1996; 800 meters in 1997; 3,200 meters in 1994-95-96-97)

Most Individual Wheelchair State Event Championships

16 – E.J. Runyan, Johnston (1997-2000)

(100, 200, 800, Discus 1997-98-99-2000 each)

9 – Jon Litzkow, Waterloo West (2010-11)

(100, 200, 400 each in 2010, 2011, 2013)

9 – Brian Wauters, Marshalltown (2001-2003)

(100 meters and 200 meters, in 2001, 02, 03; 800 in 2001, 02; 400 meters in 2003)

7 – Mark Hauschildt, Nodaway Valley, Greenfield (1994-96)

(SP, Discus, 200 in 1995; 100, 200, 800, Discus in 1996)

6 – Tom Rudruck, Winfield-Mt. Union (1991-92)

(Discus, 800 in 1991; 100, 200, 800, Discus in 1992)

6 – Nathan Redlinger, English Valleys, North English

(100-200-400 meters in 2004, 05)

6 – Cory Behrendt, Boone

(100-200-400 meters in 2006, 07)